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The official route of the 2025 Tour de France has been announced, with the race starting from Lille on July 5th. The route includes a return to the Col de la Loze and a spotlight on Northern France, Mont Ventoux, and Hautacam. The peloton will also face an uphill time trial at Peyragudes.The 112th edition of the Grande Boucle will feature four mountain ranges - Alps, Pyrenees, Massif Central, and Jura - and will cross 11 regions and 34 dpartements. There will be six individual time trials, five summit finishes, and 44 km of flat stages.One notable aspect is that there will be a rest day on Tuesday (July 15th), before arriving in the Alps. The Northern Alps will be highlighted with the queen stage, finishing at the summit of the Col de la Loze.The route is expected to be dense, with little rest time due to many hilly stages and long transfers. However, sprinters are expected to have fewer opportunities this year, with a maximum of six stages for sprint finishes. The Toulouse-Toulouse stage will likely favor puncheurs over sprinters.Below is the profile of the 21 stages:1. Saturday, July 5th: Lille - Lille (185 km) - A flat stage to kick off the race.2. Sunday, July 6th: Lauwin-Planque - Boulogne-sur-Mer (209 km) - An accidented stage through the Pas-de-Calais region.3. Monday, July 7th: Valenciennes - Dunkerque (172 km) - A flat stage along the French-Belgian border.4. Tuesday, July 8th: Amiens - Rouen (173 km) - A hilly stage connecting the Somme and Seine-Maritime regions.5. Wednesday, July 9th: Caen - Caen (33 km) - An individual time trial around Caen.6. Thursday, July 10th: Mr de Bretagne (km not specified)7. Friday, July 11th: Massif Central (km not specified)8. Saturday, July 12th: Pyrenees (km not specified)9. Sunday, July 13th: Hautacam (km not specified) - A summit finish.10. Monday, July 14th: Rest day11. Tuesday, July 15th: Rest day12. Wednesday, July 16th: Peyragudes (km not specified) - An uphill time trial.13. Thursday, July 17th: Pyrenees (km not specified)14. Friday, July 18th: Massif Central (km not specified)15. Saturday, July 19th: Mr de Bretagne (km not specified)16. Sunday, July 20th: Normandy (km not specified) - A flat stage.17. Monday, July 21st: Rest day18. Tuesday, July 22nd: Hautacam (km not specified) - A summit finish and the final stage.19. Wednesday, July 23rd: La Plagne (km not specified)20. Thursday, July 24th: Alps (km not specified)21. Friday, July 25th: Final stage in Lille (km not specified).The Tour de France 2025 route is presented in stages from Bayeux to Mont Ventoux, covering various regions and terrain types. Stage 7 takes place on July 11th and features a challenging finish with a short but steep climb that could benefit puncheurs and leaders in the general classification. The following stages are flat plains suitable for sprinters (Stages 8 and 9). Stage 10 is the only mountain stage in the Massif Central, featuring a summit finish at Puy de Sancy and passes through the Col de la Croix Saint-Robert.The rest of the stages are a mix of mountainous and flat terrain. Stage 11 takes place on July 16th, with a flat course around Toulouse that could be tricky for sprinters. The Pyrenees stages begin with Stage 12 on July 17th, featuring a challenging finish at Hautacam and passes through several cols.Stage 13 is an individual time trial on July 18th, which will be crucial for the favorites. Stage 14 takes place on July 19th, with a mountainous course that includes climbs like Col du Tourmalet, Col d'Aspin, and Col de Peyresourde before finishing at Superbagnres.The final stages include a hilly ride from Muret to Carcassonne (Stage 15), followed by a rest day. The next stage takes place on July 22nd, featuring the legendary ascent of Mont Ventoux. Stage 17 is a flat course with opportunities for sprinters and stage-hunters. The final stage, tape 18, features an alpine route with a finish at Col de la Loze, considered the Queen's Stage of the Tour de France 2025.The stages culminate in a challenging finale that will test the riders' endurance and skill.La Grande Boucle du Tour de France 2025 : un percorso impegnativo et incroyablement difficileLa prossima tappa del Tour de France sar una sfida per i corridori: la 7 tappa si terr a Mr de Bretagne Guerldan, dove Mathieu van der Poel ha vinto nel 2021. La corsa partir da Ennezat e andr fino a Le Mont-Dore (Puy de Sancy), con 4400 metri di dislivello positivo. Il giorno dopo, la citt posta ai piedi dei Pirenei sar anche sede di partenza e arrivo della tappa numero 11, con un strappo di Pech David a 8 chilometri dallarrivo.The Tour de France is set to conclude with a thrilling finale. Fans are already speculating about the next big challenge between Tadej Pogacar and Jonas Vingegaard. Let's dive into the route of the Grande Boucle. Stage one (Saturday, July 5): Lille Lille (185 km) This first stage in Upper France will be suitable for sprinters: plenty of determination for all the sprinters to fight for the first yellow jersey of the 112th edition of the Grande Boucle. Few altitude difficulties will be placed far from the finish line. Stage two (Sunday, July 6): Lauwin-Planque Boulogne-sur-Mer (212 km) This stage may already deliver great entertainment with its arrival in Boulogne-sur-Mer. The final climbs with double-digit gradients at Saint-Etienne au Mont and Outreau will be highly selective and could see the men of the classification move early. Stage three (Monday, July 7): Valenciennes Dunkerque (178 km) After Sunday's fireworks, it'll be the sprinters' turn again for a flat stage with only a brief GPM at around 30 kilometers from the finish line. Stage four (Tuesday, July 8): Amiens Rouen (173 km) The fourth stage will be very challenging with a finale suited to attackers and finisseurs: the last 40 kilometers full of ups and downs. In particular, the historic Cte de Bonsecours, the Cte de Grand'Mare, and the most demanding climb of Saint-Hilaire with an average gradient of 15%, followed by a descent that will bring riders into Rouen's city center. Stage five (Wednesday, July 9): Caen Caen (time trial, 33 km) This will be the first of two time trials in the Tour de France and is perfectly suited for pure specialists: no altitude difficulties and 33 kilometers to be ridden at extremely high speed. Stage six (Thursday, July 10): Bayeux Vire Normandie (201 km) This stage will be really tough for riders. More than 3,500 meters of elevation gain. The Cte de Vaudry will be the focal point of the final part, just before the finale's bagarre…Gli ultimi 700 metri del Tour de France porteranno alla meta finale. La settima tappa si svolger a Saint-Malo Mr-de-Bretagne (194 km), ideale per le lunghe distanze in Bretagna. Il percorso passer attraverso le strade nate e cresciute Bernard Hinault, con la corsa che raggiunger la sua localit natale di Yffiniac. La Cte de Mr-de-Bretagne sar una doppia scalata ideale per chi cerca sfide nella seconda parte della tappa.La settima tappa si conclude con Saint Meen Le Grand Laval (174 km), dopo quattro tappe pi insidiose dell'altra. I velocisti torneranno ad essere protagonisti di una frazione pianeggiante senza particolari insidie n dal punto di vista del vento.La settima tappa si chiuder con la tappa di Chinon Chteauroux (170 km), fine settimana con un altro arrivo in volata di gruppo. La settima tappa si conclude dopo sette salite tra colline e passi di seconda categoria, tra cui il Puy de Dme che affronteranno i primi chilometri.La tappa si conclude a Toulouse Toulouse (154 km), praticamente pianeggiante con alcuni strappetti a met percorso. La tappa si conclude dopo un giorno di riposo, ma senza guastare l'arrivo in gruppo.La tappa di Auch Hautacam (181 km) sar una tappa dura e impegnativa sui Pirenei, con il Col du Soulor da affrontare in pochi chilometri. Il gran finale sar la salita di 13,6 km verso Hautacam al 7,8% di pendenza media.La tappa di Loudenvielle Peyragudes (cronometro, 11 km) sar una cronoscalata sui Pirenei per salire ai 1580 metri di altitudine. Il terzo passo sar a Pau Luchon-Superbagnres (183 km), con tre tappe di montagna consecutive durante la seconda settimana, tra cui il Col du Tourmalet via Luz-Saint-Sauveur.La tappa di Muret Carcassonne (169 km) sar molto interessante, con un totale di 2400 metri di dislivello e una Cte de Saint-Ferrol al 10% a met percorso.Che potrebbe favorire i velocisti. La sedicesima tappa del Tour de France la Montpellier Mont Ventoux (172 km) con una salita finale di 15,7 km al 8,7%. Dopo il giorno di riposo si salir a una delle salite pi storiche e iconiche del Tour de France: il Gigante della Provenza, il Mont Ventoux. Percorso molto semplice prima di arrivare allascesa finale. La diciassettesima tappa Bollne Valence (161 km) con possibili venti che potrebbero esserci negli ultimi 50 km. La diciottesima tappa Vif Courchevel / Col de la Loze (171 km), una frazione regina con 5500 metri di dislivello e cinque GPM. La diciannovesima tappa Albertville La Plagne (130 km) con una salita finale di 19,1 km al 7,2%. La ventesima tappa Nantua Pontarlier (185 km), l'ultima occasione per tutti i finisseur per firmare un successo di tappa. La ventunesima tappa Mantes la Ville Parigi (120 km) con una salita non scontata per i velocisti.Given article text here The 2025 Tour de France route has been announced, and it promises to be an exciting edition with a focus on French terrain. The stage list features 21 stages across 11 regions and 34 departments, with a mix of flat, hilly, and mountainous routes. The highest point of the tour will be the Col de la Loze at 2,304m.The route includes five mountain finishes, with Hautacam, Luchon-Superbagnres, Mont Ventoux, Courchevel Col de la Loze, and La Plagne Tarentaise being among them. The massif Central, Pyrenees, Alps, and Jura will be featured prominently in the climbs and summits.One notable aspect of this year's tour is that it won't venture beyond France's borders for the first time since 2020. This edition promises to showcase the country's diverse landscapes and offer a unique experience for cyclists.A total of 39 stage towns/locations will be joining the Tour club, with eight new additions to the list. The stages range from 11km to over 160km in length, providing a variety of terrain and challenges for the riders.The tour will feature two time trials, one of which is expected to be ideal for rouleurs who specialize in solo efforts. Time bonuses will also be awarded at the finish of each stage, with points awarded to the top three riders in each stage.The Tour de France will tackle its eastern flank from Courchevel for the first time in a long time, as the 1986 Pau > Luchon-Superbagnres stage has not appeared on the route in over 39 years. The 2025 race will feature an impressive total elevation gain of 52,500m.Two time trials are scheduled: one at Caen, where the riders will face a challenging solo effort over 33km; and another shorter TT at Peyragudes, totaling just 11km.In addition to individual stage wins, the riders can also benefit from time bonuses. Awarded upon stage completion, these bonuses range from 10 seconds for the leader to 4 seconds for third place.

Le tappe del tour de france 2025. Tour de france 2022 прохождение. Тур де франс 2020. Tappe del tour de france 2025. Tour de france 2025 le tappe. Тур де франс 2022 11 этап. Tour de france 2025 tappe italiane. Tour de france 2025 tappe altimetria. Tour de france 2025 tappe sito ufficiale. Stage 2 tour de france 2021. Tour de france 2022 игра. Tour de france 2025 tappe italia.