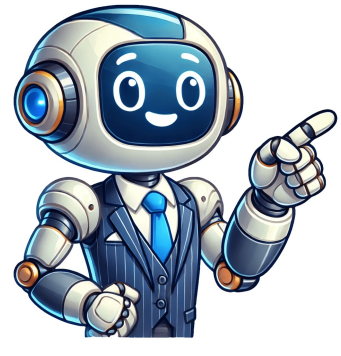


I'm not a robot



Consumer reports treadmill buying guide

Get trusted ratings and reliability info on thousands of products with Consumer Reports Mobile. Enjoy access to ConsumerReports.org on your mobile device.* Plus, utilize the Build & Buy Car Buying Service for a transparent car-buying experience. Get accurate car repair pricing estimates and explore Price & Shop for reliable online electronics and appliance purchases. Stay healthy with up-to-the-minute health information, including drug, insurance, and equipment ratings. Moreover, Consumer Reports (CR) prioritizes exercise as crucial to overall well-being. To help you find the best home exercise equipment, CR tests and rates treadmills from various brands like Bowflex, Horizon Fitness, Landice, LifeFitness, Nautilus, NordicTrack, Peloton, Precor, Sole, True, and Xterra. CR's treadmill evaluations focus on ease of use, construction quality (including design, noise, feel, and durability), ergonomics (how well the machine accommodates different users), exercise range, and user safety. To measure exercise range, CR assesses factors like treadmill speeds, incline ranges, stability, cushioning, and more. For durability testing, CR uses custom-built rigs with giant metal drums covered in rubber "feet" that simulate a runner's shoe. These rigs run along each treadmill for 25 hours to mimic half a year of use. The results are compiled into comprehensive treadmill ratings and recommendations. For details on how CR tests treadmills, see the treadmill buying guide.

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