

# Dental Questionnaire

## ***Oral Hygiene***

•How would you rate your oral health?  
1   2   3   4   5   6   7   8   9   10

•Where would you like it to be? \_\_\_\_\_

•How often do you brush? \_\_\_\_\_

•How often do you floss? \_\_\_\_\_

•How often do you clean your tongue?  
\_\_\_\_\_

•Do your gums bleed when you brush?

☐ yes   ☐ no

•Have you noticed bad breath, taste or odor?

☐ yes   ☐ no

•Have you been treated for Periodontitis?

☐ yes   ☐ no   If yes, when? \_\_\_\_\_

•Have your parents experienced gum disease or tooth loss?

☐ yes   ☐ no

•Have you experienced tooth loss?

☐ yes   ☐ no

If yes, how did that make you feel?  
\_\_\_\_\_

•Do you feel that it is possible to keep your teeth for a lifetime?

☐ yes   ☐ no

## ***Biting Surface***

•Do you have any of these TMJ or jaw symptoms when you chew?

☐ Popping/Clicking   ☐ Clenching/Grinding

☐ Soreness/Discomfort

☐ Limited jaw opening/Stiffness/Locking

•Is your bite comfortable? \_\_\_\_\_

•Do your teeth fit together when you bite?  
\_\_\_\_\_

•Have you noticed any wear on your teeth?  
\_\_\_\_\_

## ***Clinical***

•Do you have any teeth that are:

☐ Missing   ☐ Broken/ Chipped   ☐ Loose

☐ Sensitive   ☐ Missing Restorations

•Have your wisdom teeth been removed?  
\_\_\_\_\_

•Have you whitened your teeth? \_\_\_\_\_

## ***Cosmetic***

•What are your goals concerning your oral healthcare and your smile?

☐ Function   ☐ Esthetic   ☐ Both

•Looking in the mirror, how would you rate your smile?

1   2   3   4   5   6   7   8   9   10

•Where do you want it to be? \_\_\_\_\_

## ***Sleep***

•Have you been told that you snore?

☐ yes   ☐ no

•Have you ever been diagnosed with Sleep Apnea?

☐ yes   ☐ no

•Are there any experiences in your dental history you would like for us to know?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

•What would you like us to focus on?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Name: \_\_\_\_\_ Date: \_\_\_\_\_