

# **GLUTEN SENSITIVE LUNCH MENU**

Please let us know the level of your gluten sensitivity and a manager will consult with you to ensure your exceptional dining experience.

### **STARTERS**

DEVILED EGGS WITH SPICED PECANS & SUGAR CURED BACON....12

CRISPY POINT JUDITH CALAMARI...roast tomato & garlic butter sauces.....16

FRESH OYSTERS\*...with blood orange mignonette ...1/2 DZ...19

#### **SALADS**

**FIELD GREENS**...red grape tomatoes, sun dried cranberries, dates, pine nuts, champagne vinaigrette & spiced pecans blue or Laura Chenel goat cheese, add \$1.....8

CAESAR...hearts of romaine, baby greens & Reggiano parmesan.....9

**CHOPPED SALAD**...mixed greens, fresh corn off the cob, tomato, scallions, Tillamook white cheddar & buttermilk herb dressing .......10

**GOAT CHEESE & SPICED PECANS**...field greens, sun dried cranberries, pine nuts, dates, tomatoes & champagne vinaigrette ....11

MANGO CHICKEN & SPICED PECANS...mixed greens, grapes, mint, toasted almonds & sun dried cranberries w. ginger vinaigrette.......18

**ROAST CHICKEN**...field greens, fresh corn, grape tomatoes, sun dried cranberries, dates, pine nuts, Laura Chenel goat cheese & champagne vinaigrette.....18

**SESAME CRUSTED TUNA SALAD\***...drizzled with cilantro ginger sauce & served over field greens tossed with champagne vinaigrette, tomatoes, sun dried cranberries, dates & pine nuts...27

**WALDORF STEAK SALAD\*...** grilled filet tips, blue cheese, walnuts, apples, celery, dried cranberries, field greens & champagne vinaigrette...while it lasts......28

**LOBSTER CLUB SALAD**...lobster salad from a fresh Maine lobster....with field greens, red grape tomatoes, avocado, fresh corn off the cob, smoked bacon, a deviled egg & champagne vinaigrette.....market

**SANDWICHES**...Gluten free bread available, add \$1.50

CHICKEN GRILL...havarti, arugula, roasted peppers & Dijon mayo with fries...17
CHEDDAR CHEESEBURGER\*...CAB®, Tillamook, ketchup, pickles, Dijon mayo & fries...17
HICKORY BBQ BURGER\*...CAB®, Tillamook cheddar, Havarti, hickory bbq sauce & fries...17
BACON CHEESEBURGER\*...Certified Angus Beef®, pecanwood smoked bacon,
American cheese, wicked sauce & fries...19

#### SIDES

GRILLED BROCCOLINI...6 | SWEET POTATO FRIES...6 | CREAMY MASHED CAULIFLOWER...6 GREAT AMERICAN FRIES...5 | ROASTED CREMINI MUSHROOMS...5 | FRESH ASPARAGUS...6 CRISPY BRUSSELS SPROUTS W. BACON & SPICED PECANS...6



## **GLUTEN SENSITIVE LUNCH MENU**

These menu options are based on the most current ingredient information from our suppliers.

During normal operations involving shared cooking and preparation areas the possibility exists for food items containing gluten to come into contact with other food products. We are unable to guarantee that any menu items can be completely gluten free.

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## FROM THE PAN

CRISPY FISH TACOS....habanero slaw & corn tortillas w/ sweet potato fries....three for 18, two for 14

**PENNE PRIMAVERA**...broccolini, mushrooms, asparagus, tomatoes, baby greens, basil, garlic, olive oil & Reggiano parmesan...add chicken...\$4, add shrimp...\$4, add both...\$7.....19

**LOUISIANA PASTA**...chicken with crispy andouille sausage and gluten free penne pasta in a spicy Creole sauce...add shrimp...\$4 .......21

## FROM THE GRILL

**FRESH GRILLED FISH...**the best available, hand cut daily...with asparagus & creamy mashed cauliflower...market

**GRILLED CHICKEN**...with thin green beans, cremini mushrooms & brown butter on gluten free penne....20

BBQ BABY BACK RIBS...with Great American fries & cole slaw...30

**HANGER STEAK\***...hickory grilled, marinated Certified Angus Beef® hanger steak with mashed potatoes...30

SIMPLY GRILLED FILET MIGNON\*...cremini mushrooms & mashed potatoes...8 oz...44, 6 oz...37

5 STAR® RESERVE RIB EYE\*...mashed potatoes & roasted cremini mushrooms...44

## CARLYLE KIDS UNDER 12 ... served with fountain soda, milk, juice or lemonade

PENNE PASTA...with red sauce...6

CHEESEBURGER...choice of fries, applesauce or carrots......7

**TENDERLOIN STEAK...**mushrooms & choice of fries, applesauce or carrots...while it lasts ......12

## **SWEETS**

WARM FLOURLESS CHOCOLATE WAFFLE...vanilla ice cream......9

\* May contain raw or undercooked ingredients. Written information is available upon request regarding these items. 012424-09L