

SAMPLE MENU

Applies to Assisted Living/Memory Care.

Each community provides an always available menu with basic food options for residents during breakfast, lunch, and dinner.

BREAKFAST

• **BEVERAGE OPTIONS:**

• *Coffee, milk, water, hot chocolate, and/or apple,*
• *cranberry, and orange juice*

• **MAIN ENTREE:**

• *Pancakes, bacon, fruit*

LUNCH

• **BEVERAGE OPTIONS:**

• *Coffee, milk, water, hot chocolate, and/or apple,*
• *cranberry, and orange juice*

• **MAIN ENTREE:**

• *Beef tips and gravy, mashed potatoes, balsamic*
• *brussels sprouts, dinner roll*

• **DESSERT:**

• *Key Lime Pie*

DINNER

• **BEVERAGE OPTIONS:**

• *Coffee, milk, water, hot chocolate, and/or apple,*
• *cranberry, and orange juice*

• **MAIN ENTREE:**

• *Stir fried chicken, white rice, vegetables, egg roll*

• **DESSERT:**

• *Iced Chocolate Cake*