

SAMPLE MENU

Applies to Assisted Living/Memory Care and dinner for Independent Living Residents. Independent Living Residents can enjoy a continental breakfast and a served dinner, similar to those offered in Assisted Living/Memory Care.

Each community provides an always available menu with basic food options for residents during breakfast, lunch, and dinner.

BREAKFAST

BEVERAGE OPTIONS:

Coffee, milk, water, hot chocolate, and/or apple, cranberry, and orange juice

MAIN ENTREE:

Belgian waffles, sausage links, fresh fruit

LUNCH

BEVERAGE OPTIONS:

Coffee, milk, water, hot chocolate, and/or apple, cranberry, and orange juice

MAIN ENTREE:

Philly Cheese Steak, southern potato salad, creamy broccoli soup

DESSERT:

Cookie

DINNER

BEVERAGE OPTIONS:

Coffee, milk, water, hot chocolate, and/or apple, cranberry, and orange juice

MAIN ENTREE:

Baby Back Ribs, roasted red potatoes, honey glazed carrots

DESSERT:

Lemon Bar