

## SAMPLE MENU

*Applies to Assisted Living/Memory Care and dinner for Independent Living Residents. Independent Living Residents can enjoy a continental breakfast and a served dinner, similar to those offered in Assisted Living/Memory Care.*

Each community provides an always available menu with basic food options for residents during breakfast, lunch, and dinner.

### BREAKFAST

• **BEVERAGE OPTIONS:**

• *Coffee, milk, water, hot chocolate, and/or apple,*  
• *cranberry, and orange juice*

• **MAIN ENTREE:**

• *French toast made with cinnamon bread, bacon*

### LUNCH

• **BEVERAGE OPTIONS:**

• *Coffee, milk, water, hot chocolate, and/or apple,*  
• *cranberry, and orange juice*

• **MAIN ENTREE:**

• *Stuffed shells, festival blend veggies, cornbread*

• **DESSERT:**

• *Turtle Pie*

### DINNER

• **BEVERAGE OPTIONS:**

• *Coffee, milk, water, hot chocolate, and/or apple,*  
• *cranberry, and orange juice*

• **MAIN ENTREE:**

• *Chili with toppings, coleslaw, cornbread*

• **DESSERT:**

• *Chocolate Eclair*