

FALL / WINTER PROGRAMS

2023 - 2024



www.proskatenj.com







PROUD HOME OF













Welcome

To ProSkate Ice Arena

Pro Skate Ice Arena, owned by Black Bear Sports Group, Inc. is a multi-purpose sports facility located in South Brunswick, New Jersey. Opened in 2000, the 75,804 square-foot facility houses one NHL-sized and one Olympic-sized rinks. Additionally, the facility is home to a number of on-site businesses including Tony Loco's Snack Bar. The facility provides the community with various hockey and skating programs, public skating, drop-ins, leagues, and private rentals. We are the home of the Mercer Chiefs youth hockey club, the Mercer Chiefs NCDC junior hockey team and the Princeton Tiger Lilies girls hockey club.



PUBLIC SKATING

Hit the ice and see for yourself why ice skating at ProSkate is a favorite activity for people of all ages! Whether you are with friends, family, on a date or just out for some exercise, gliding out on the ice is a unique experience for all!

ProSkate hosts numerous public skating sessions each week, as well as multiple special skating events throughout the year that are budget-friendly and always fun!

Check our public skating page on our website to view the latest public skating calendar! *Schedules are subject to change.*

BIRTHDAY PARTIES

Put your birthday party on ice! Held during our public skating sessions, our birthday parties include your own party room, plus pizza and drinks and more! Our staff works hard to assure each party is hassle free for the organizers, and that each guest has fun from start to finish.

Prices and options available online.



Scan For Public Skating



Scan For Birthday Parties







Strength. Confidence. Achievement. Experiences. Memories.

Discover this and more with our Learn to Skate program.



The Beginning of Your Journey

Whether you wish to pursue hockey or figure skating or just be able to enjoy the occasional arena visit with family and friends, Learn to Skate classes are the first step to success!

Our very talented skating professionals are qualified to teach all levels from beginner recreational to advanced competitive!

Through our updated curriculum and our certified, passionate instructors, we build solid skill progression to grow self esteem in both children and adults while providing them the resources to reach their hopes and dreams.

Check our website for dates and to register!

Questions - Please email our Skating Director: laureenatproskate@gmail.com

Scan For Learn To Skate



Open Freestyle

Freestyle sessions are designed to give figure skaters and skating coaches the opportunity to use the ice for undistracted practice and preparation.

Open freestyle sessions are perfect for:

- Practicing routines
- Private lessons

Check our website for dates and to register!

Scan For Freestyle



LEARN THE **GREATEST GAME ON EARTH**



LTP ROOKIE PROGRAM

Scan For



The Learn to Play Hockey Rookie Program includes a hockey equipment starter kit for first time players. The gear is provided through the rink and will be available at the rink prior to the first on-ice session. Guardians must include their child's height, weight and birthday upon registration as this information will be used to issue the equipment. Set Includes: helmet, shoulder pads, elbow pads, gloves, pants, shin guards, stick and jersey. A program director will contact registered players with specific details relating to the gear distribution.

Check our website for dates and to register!

JR CHIEFS HOUSE LEAGUE

Scan For Jr Chiefs



Upon completion of the Rookie Program, players will move into the Jr. Chiefs House League!

The House League is for players who are looking for a fun recreational setting with player development professional coaching provided. This is the next step for players who have moved through a learn to play hockey program looking to join a fun recreational league! The general commitment level is 2 practices a week and games on Sunday. ProSkate has the the ultimate recreational youth hockey league - perfect for players ages 6-16 years.

Questions - please email Scott Buzney: scottbuzney@gmail.com









The Mercer Chiefs proudly play in the Atlantic Hockey Federation ("AHF"), a USA Hockey Sanctioned Elite Tier-II Youth Hockey League that facilitates high quality games and showcases throughout the Mid-Atlantic for its club members and families. Each team practices twice a week and game counts vary by age level.

PRINCETON TIGER LILIES U





The Princeton Tiger Lilies - Girls proudly play in the Atlantic Girls Hockey Federation ("AGHF") and the National Girls Hockey League ("NGHL") to provide opportunity for girls to play across the Mid-Atlantic region. Program features 8U-19U teams.

Scan For Mercer Chiefs





Public Ice

- - Stick Time
- Open Hockey Private Lesson



Scan For PTL







Foundry Adult Hockey is the largest and most comprehensive adult hockey organization in the U.S.A. With Foundry Adult Hockey, you can Play Your Game... As a hockey enthusiast, you can learn the game and or play the game whenever you want, wherever you want, and at any level you want.



Open to adults 18+ who have never played hockey. It will combine on-ice skills sessions with instructional games. During this program, participants will learn the fundamental skills of ice hockey, including how to skate if they've never done so before.



Have you just completed our Get in the Game program? Do you feel intimidated about joining your first adult league? The Novice Draft League is the place for you. This league is designed to introduce newer players to the wonderful game of hockey.



Whether you are a former professional player or coming out of our Novice Draft League, Foundry has a league for you. We have professional organized competitive leagues for all skill levels. Seamless registration. Leading edge real time game scoring with GameSheet's live stats, standings, and leaderboards.

Scan For Get In The Game



Scan For Draft League



Scan For Adult League





IMPORTANT CONTACTS



Denise Cattani	ProSkate General Manager	cattani09@gmail.com
Laureen Valentino	Skating Director	laureenat proskate@gmail.com
Tim Chase	Mercer Chiefs Tier II Hockey Director	tim@proskatenj.com
Scott Buzney	Director of House Leagues & Adult Hockey	scottbuzney@gmail.com
Rebecca Morse	Hockey Director of PTL	rmorse@proskatenj.com

PHONE: (732) 940-6400 WWW.PROSKATENJ.COM 1000 CORNWALL ROAD, MONMOUTH JUNCTION, NJ 08852

