

SPRING / SUMMER

2024

# PROGRAM GUIDE



234-719-5000



[deepfreezeicearena.com](https://www.deepfreezeicearena.com)



# PROUD HOME OF



## Welcome Deep Freeze Ice Arena

Deep Freeze Ice Arena the Official practice facility of the Youngstown Phantoms and Home of Extreme Air Trampoline Park! Deep Freeze Ice Arena, owned by Black Bear Sports Group, Inc. is an ice facility located on McClurg Road in Youngstown, Ohio. Our arena measures 90,000 square feet where you will find unique ice hockey, figure skating, and other programs. The facility includes one Olympic sized ice rink operating year round. This ice rink are complimented by a concession area as well as two meeting/party rooms that support a variety of corporate and community functions as well as group outings/field trips. Deep Freeze Ice Arena's surfaces provides for a host of programs, program drop ins, leagues, and themed events. The facility is home to many user groups as along with a variety of on-site businesses including Extreme Air Trampoline Park.





# PUBLIC SKATING



Hit the ice and see for yourself why ice skating at Deep Freeze Ice Arena is one of Youngstown's favorite activities for people of all ages! Whether you are with friends, family, on a date or just out for some exercise, ice skating is a great activity for all occasions. Deep Freeze Ice Arena hosts numerous public skating sessions each week, as well as multiple special skating events throughout the year. Budget-friendly and always fun, public ice skating is great for all ages and experience levels, and a perfect addition to a healthy lifestyle. Don't worry if you don't have skates, we have rentals for a small fee. Join us for our Cosmic Ice Skating on Fridays & Saturdays! Disco lights, music and more!

Schedules are subject to change.



## WE ARE THE ULTIMATE BIRTHDAY PARTY DESTINATION FOR BOTH CHILDREN AND ADULTS!

Come and experience the Youngstown's number one birthday party destination. Offering multiple, value packed birthday party packages, you simply cannot find a better valued party option out there. Our staff works hard to assure each party is hassle free for the organizers, and that each guest has fun from start to finish. Must book 3 weeks in advance.

Prices and options available online.

Scan For  
Public Skating



Scan For  
Birthday Parties





# LEARN TO SKATE



## The Beginning of Your Journey

Deep Freeze Ice Arena follows the Learn to Skate USA curriculum developed by industry experts from USA Hockey, US Figure Skating and US Speed Skating. With the goal of putting FUN in fundamentals, these group classes teach the basics needed for hockey, figure skating, speed skating or more enjoyable recreational skating.

Check our website for dates and to register!

Scan For  
Learn To Skate



## The Aspire Program

THE "NEXT STEP" FOR SKATERS IN LEARN TO SKATE

- For skaters in Basic 4 or above.
- Helps transition between affordable group lessons and more expensive private lessons.
- Teaches good practice habits on and off the ice. Will include on and off ice practice schedules.
- Introduces skaters to moves in the field, edge classes, program components, choreography, beginner spins, beginner jumps and other skating disciplines.
- Gives skaters the opportunity to learn from a variety of our senior coaches.
- Provides parental involvement and education of the figure skating world.

Check our website for dates and to register!

Scan For  
Aspire Program



## Open Freestyle Figure Skating

Freestyle Figure Skating sessions are designed to give figure skaters and skating coaches the freedom to use the ice for distraction-free practice and preparation.

Open freestyle sessions are perfect for:

- Practicing routines
- Private lessons

Check our website for dates and to register!

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Freestyle





# LEARN TO PLAY HOCKEY



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LTPH



Scan For  
Little Phantoms



Scan For  
Junior Phantoms



The non-competitive and positive atmosphere not only makes a child's first experience with hockey positive, but also creates an environment that they can excel. Participants will not only learn the skills and game of ice hockey, but will also develop self-esteem and self-confidence. The program operates under the premise that if a player's introduction to the sport is positive, they will develop a lifetime love of the game. The Learn to Play Hockey Program includes FREE EQUIPMENT for first time players.

Check our website for dates and to register!

## LITTLE PHANTOMS ROOKIE LEAGUE

Upon completion of the Rookie Program, kids 5 and up move into the Little Phantoms Rookie League. The combination of skills classes and game play allows a seamless transition to getting ready for league play.

## JUNIOR PHANTOMS

Our purpose is to benefit youth on the development of skating ability, fundamental hockey skills, knowledge of the rules of ice hockey, character, and sportsmanship. The Junior Phantoms are a member of the PAHL Hockey as well as USA Hockey, Mid American District. We adhere to the PAHL and USA Hockey rules on conduct, teams, equipment, penalties, officials and playing rules.

# PLAY THE

# GREATEST GAME ON EARTH!



## Hockey Progression Chart



### Additional Skating and Training Opportunities

#### Public Ice

- Public Skating
- Try Hockey for Free
- Stick Time
- Private Lessons



#### Clinics

- Power Skating
- Stick Handling
- Passing/Receiving
- Body Contact/Checking

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3v3 Cross Ice League



## YOUTH 3V3 CROSS ICE LEAGUE

Youth 3v3 cross ice league is the perfect way for youth players to remain active in the off-season, have fun, and work on their skills in a fast paced game environment. The program is non checking/body contact, requires full hockey equipment and includes a jersey for each player. This is a "draft style" league, so players must register as an individual, and all teams will be chosen at the first game. Placement is done according to skill levels.

Scan For  
"Stay Sharp"



## "STAY SHARP" SKILLS PRACTICE

Join us and stay sharp with age appropriate skill development and games throughout the Spring. This once a week clinic/practice schedule will focus on skill development and will include a heavy dose of small area games that emphasize transferable skills via puck touches and decision making. Players can register as an individual or as a team.

Levels: ADM/Squirt - Peewee/Bantam - U18 Midget/High School

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Sticktime



## STICKTIME

Sticktime sessions are where players can come out and practice their skills or start a pick up game. These are open to players of all ages, and take place year round. All attendees must wear full hockey equipment, and space is limited for all sessions. Only Deep Freeze Ice Arena authorized instructors may conduct lessons during these times, no other coach or instructor may perform lessons.

Scan For  
Hockey Private Lessons



## HOCKEY PRIVATE LESSONS

A full professional staff is available for private lessons, whether you are interested in beginning skills, advanced figure skating, power skating (for figure skating or hockey) or hockey skills. Before registering for your ice slot, you must set up your lesson time directly with your approved Instructor.





Foundry Adult Hockey is the largest and most comprehensive adult hockey organization in the U.S.A. With Foundry Adult Hockey, you can Play Your Game... As a hockey enthusiast, you can learn the game and or play the game whenever you want, wherever you want, and at any level you want.



Open to adults 18+ who have never played hockey. It will combine on-ice skills sessions with instructional games. During this program, participants will learn the fundamental skills of ice hockey, including how to skate if they've never done so before.

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Get In The Game



Have you just completed our Get in the Game program? Do you feel intimidated about joining your first adult league? The Novice Draft League is the place for you. This league is designed to introduce newer players to the wonderful game of hockey.

Scan For  
Draft League



Whether you are a former professional player or coming out of our Novice Draft League, Foundry has a league for you. We have professional organized competitive leagues for all skill levels. Seamless registration. Leading edge real time game scoring with GameSheet's live stats, standings, and leaderboards.

Scan For  
Adult League



Learn More at [FoundryAdultHockey.com](http://FoundryAdultHockey.com)





**WWW.DEEPFREEZEICEARENA.COM**

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