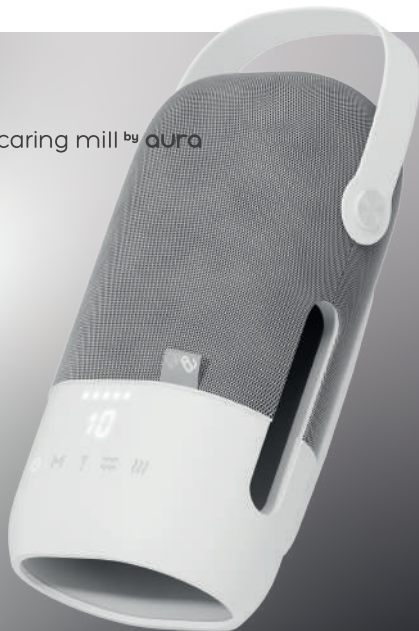




caring mill by **aura**



Palm

Cordless
**Hand Therapy
Device**

Model No. CT40

User Manual



**Thank you for your purchase of the innovative
Caring Mill by Aura Cordless Hand Therapy Device,
featuring a fusion of heat, air compression, intensity
adjustment, and vibration.**

This specially crafted device is designed to provide unparalleled relief for individuals experiencing sore hands, muscle pain, arthritis, numbness, and enhancing blood circulation.

With cutting-edge technology and thoughtful design, this product effectively relieves the stress and tension accumulated from daily activities, offering exceptional benefits and improved well-being.

Contents

Safety Guidelines	4
Package Contents	5
Product Overview	6
Instructions for Use	6
Control Pad	8
Device Features	9
Care, Maintenance & Cleaning	11
Troubleshooting	12
Technical Data/ Specifications	13
Customer Service	14
FCC Compliance Information	14

Save this user manual for future reference

If this User Manual is damaged, or if you no longer have the User Manual in your possession, please contact customer service.

Please note that technical improvements may be incorporated into future manual versions without prior notice. In the event of any alterations to the product's appearance or color, the actual product shall take precedence.

Safety guidelines

Carefully read and adhere to the following safety instructions and precautions when using this device:

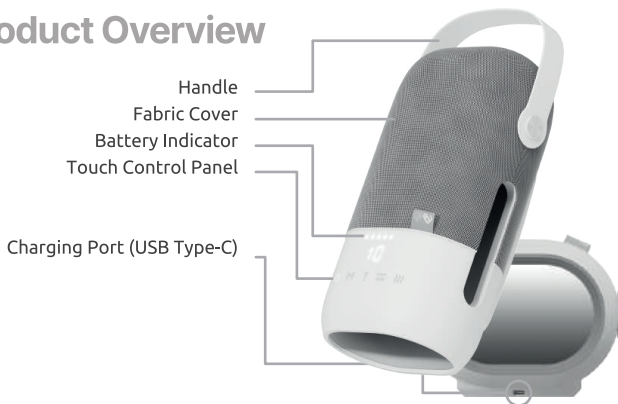
- To maintain hygiene, ensure you clean your hands before each use of the device.
- If you notice indentations on your hand after using the device, there's no need to be alarmed. These indentations are caused by the airbag cover and will typically disappear within half an hour.
- For those with sensitive skin, it's advised to stick to L1 intensity to sidestep any possible discomfort.
- Abstain from wearing any hand or wrist jewelry while using the device.

- If you're dealing with medical conditions such as diabetes, inflammation, blood clotting, recent surgeries, pregnancy, heart disease or osteoporosis, please seek your doctor's advice prior to using this product.
- Supervision is required for children or individuals unable to independently operate the device.
- Refrain from using the device while driving.
- Avoid using the device continuously for more than 30 minutes.
- This device has a heated surface and must be used with caution by individuals who are sensitive to heat.
- To prevent potential overheating, do not cover the device during use.
- Steer clear of using the device in damp or humid rooms, areas with high temperature, or near corrosive gases.
- If you experience any pain, it is advisable to refrain from using the device for a few days to allow for the pain to subside.

Package content

- 1x Cordless Hand Therapy Device
- 1x USB Charging Cable
- 1x User Manual
- 1x Warranty Card

Product Overview



Instructions for Use

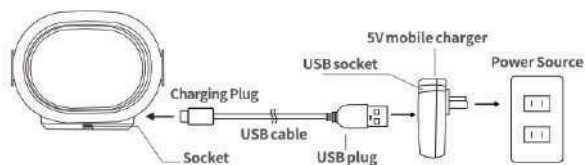
Charging the Device

Use only 5V chargers with an output of 1-4 amperes. Chargers with 6V or higher output are not compatible.

Caution: Cease device usage immediately and seek professional assistance if the battery fails to charge or appears damaged. Please refrain from attempting self-replacement of the battery and instead, contact the manufacturer for replacement or repair.

Prior to first use, charge the device for approximately 3.5 hours. The device cannot be used while charging.

- 1 Use a 5V or 5V2A mobile charger. Avoid fast charging to prevent damage to the device.
- 2 Insert the USB cable into the mobile charger's socket.
- 3 Gently plug the Type-C connector into the device, ensuring it's inserted correctly.
- 4 Plug the charger into a power source.
- 5 While charging, the battery LED indicator will illuminate in RED. When charging is complete, the LED indicator will turn BLUE.
- 6 A flashing RED light indicates low battery.
- 7 An incompatible charger will cause the indicator to flash in red cautioning the user to change the power output.



Using the Device

- 1 Ensure the device is on a flat and even surface.
- 2 Position your hand with your palm facing downward into the hand

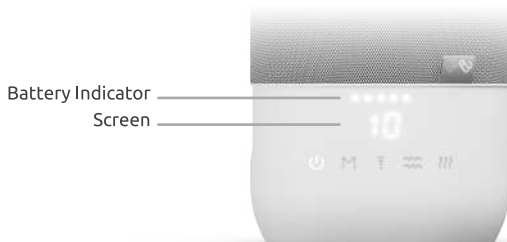
massager before switching on the device. Ensure that your palm fits inside appropriately. If you experience discomfort, adjust your hand until you find a comfortable position. The side openings of the device is designed to offer enhanced comfort and maximum ventilation.

- 3 Long hold to power the device ON.
 - 4 Press the Massage Modes button to commence the massage. You can adjust intensity, vibration, or heat. Refer to different Massage Modes in the next section.
- Long hold to turn the device OFF. The built-in airbags will gradually deflate.

Note: The device has a default run time of 15 minutes, after which it will automatically power off. If you wish to start a second session, simply power on the device again.

- If you have particularly sensitive hands, we strongly recommend using the device at the lowest intensity level (L1) to avoid discomfort.

Control Pad





Power



Massage
Modes



Intensity



Vibration



Heat

Device Features



Power Button

- Long hold to power the device ON or OFF.



Massage Modes

- The device defaults to program mode M1. A total of four massage modes, ranging from M1 to M4, are available for your selection.
- Each mode is designed to relieve pressure on varying parts of the wrist, palm, and fingers, taking into account your unique hand shape. Two airbags in the device control the distribution of pressure. This ensures a personalized experience for each individual.



Airbag 1 Focus
Palms & Fingers

Airbag 2 Focus
Wrist

- The Massage Modes are as follows.
 - M1: Comprehensive Mode
 - Average rate between M2 and M4 modes.
 - M2: Balanced Mode
 - Each Compression duration: ~ 19 seconds.
 - Airbag 1 and Airbag 2 separate working time: Medium.
 - M3: Extended Therapy Mode
 - Each Compression duration: 60-80 seconds.
 - Airbag 1 and Airbag 2 separate working time: Longest.
 - Vibration Therapy is ON by default in this mode.
 - M4: Rapid Relaxation Mode
 - Each Compression duration: 16-17 seconds.
 - Airbag 1 and Airbag 2 separate working time: Shortest.
- Please note: Heat is on by default on all modes. Press the heat icon to disable the heat feature.



Intensity

- Total of 3 Levels; device defaults to L2 (medium intensity).
- Short hold to switch between levels.
 - L1: Weak intensity
 - L2: Medium intensity
 - L3: Strong intensity



Vibration

- Device defaults to Vibration setting turned off.
- Short hold to activate this setting and to switch between two modes.
- This device offers two distinct vibration modes: a pulsating mode (white backlit) and a continuous mode (blue backlit).

}}} Heat

- Device defaults to Heat setting turned ON.
- Short hold to activate or deactivate the heat function.
- The heat function will reach its optimal temperature after approximately five minutes of use. The temperature range is from 100 to 113F.

Care, Maintenance & Cleaning

- When not in use, store the device in a location that is cool and dry.
- Avoid immersing the unit in any kind of liquid.
- Keep the device clear from all types of solvents and strong detergents.
- After each use, clean the device gently with a soft, damp cloth, ensuring to use only non-abrasive cleaners.

Troubleshooting

Problem	Possible Cause	Solution
Unable to power the unit	Massage Mode was not selected	Select Massage Mode on unit
	Battery is low	Recharge the unit
Pressure is too low	Intensity level is too low	Increase intensity level
	Battery is low	Recharge the unit
Pressure is too strong	Intensity level is too high	Decrease intensity level
	Hands are not correctly positioned in the unit	Adjust your hand positioning in the unit
Device suddenly stopped working	The unit automatically shuts off after 15 minutes of use	Power the device back on
	Device turned off because of overheating protection	Use the unit again after the motor has been naturally cooled
Faint sounds during operation	The air pump is working	Normal behavior - no action needed
Air bags are not inflating	Battery is low	Recharge the unit. If problem persists, contact customer service

Problem	Possible Cause	Solution
Red light not visible during charging	The device may not be charging correctly due to an improper connection between the USB port and the USB cable	Make sure the USB cable is placed entirely into the USB port
Unit turns on for a few seconds, then all the lights flash and it powers down	The power adapter is higher than 5V 2A	Power adapter must not exceed 5V 2A

Technical data/ Specifications

Name: Caring Mill by Aura Cordless Hand Therapy Device

Model No: CT40

Power : 5W

Voltage: DC 3.7V

Battery: Lithium

Charging time: 5V/1A: Approx 3.5 hours

Operational duration: Normal Use: Approx 3h;

With Heat & Vibration: Approx 2h

Weight: 2.5 lbs

Dimensions: 11.8x6.3x4.7 in

Manufactured for:
Aura Medical LLC
2 Skillman St.
Suite 512
Brooklyn, NY 11205

Customer Service

For support or inquiries please contact us at:
support@aura-medical.com

FCC Compliance Information



Caring Mill by Aura Cordless Hand Therapy Device CT40

FCC Compliance Statement

This device complies with part 15 of the FCC Rules.

