



caring mill by aura



Revive Deep Muscle Pain Relief Device

Model No. AR40

User Manual



**Thank you for purchasing
Revive Deep Muscle Pain Relief Device.**

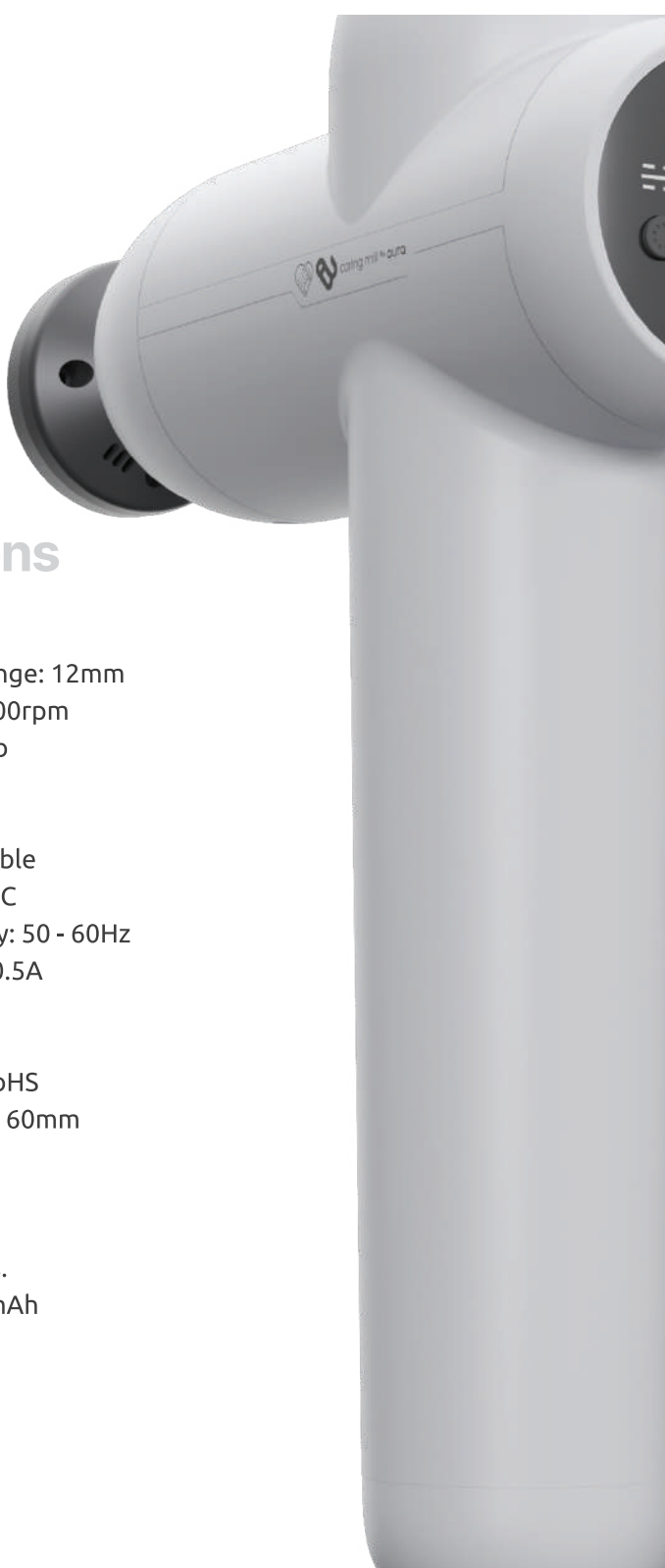
The Caring Mill by Aura develops and manufactures high-end medical and health focused devices designed to effect positive change in people's lives.

We always strive for innovation.

We work hard to be a step ahead of the current market leaders in terms of design, technology, consumer health and satisfaction.

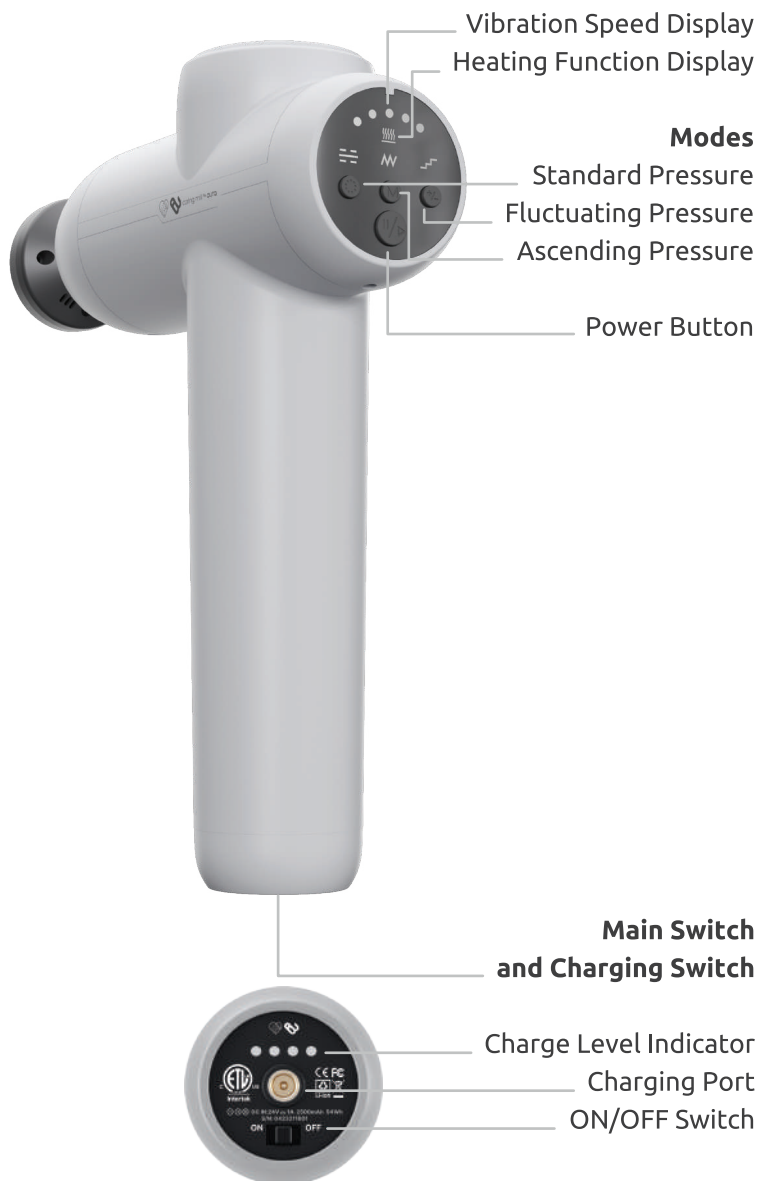
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Specifications

- Vibration Amplitude Range: 12mm
- Speed Range: 1100 - 3500rpm
- Decibel Range: 40 - 60db
- Rated Voltage: 24VDC
- Rated Power: 18W
- Speed: 5 speeds adjustable
- Charging Voltage: 24VDC
- Input Voltage Frequency: 50 - 60Hz
- Rated Output Current: 0.5A
- Plug: US/UK/AU etc.
- Warranty: 12 months
- Certification: CE/FCC/RoHS
- Dimensions: 160 x 213 x 60mm
- Weight: 1.1kg
- Accessories: 8pcs.
- Charging Time: 2 - 3hrs.
- Operation: Approx. 3hrs.
- Battery Capacity: 2600mAh
- Model no: AR40



Using the device

Before initial use we recommend charging the device for about 3 hours. To recharge, please connect the unit with the supplied AC power cable to the charging port located on the bottom of the unit.

We recommend recharging the device when the battery level indicator displays only 1 light.

Turn on the device by moving the switch at the bottom of the unit. When the switch is in the ON position the device can be switched to the first intensity level by pressing the POWER button on the back of the device. To increase the intensity continue pressing the POWER button as needed.

The device has a unique heat feature for deep muscle relief. Please note that the heating feature is only available with the HEAT HEAD accessory. Insert the head and ensure a tight fit with the unit. Power on the device and press the STANDARD PRESSURE mode TWICE or until the HEATING FUNCTION light turns on.

Accessories



Heating Head can promote blood circulation more effectively



Fork Head suitable for both sides of the spine



Lotus Head suitable for the soles of your feet



Round Head suitable for the shoulders and neck



Five-Claw Head for muscles bulging such as calf muscles



Mace Head suitable for large muscles such as hips and legs



Bullet Head suitable for local pain points and small muscle groups



Shovel Head suitable for both sides of the spine

Caution

- Do not immerse in water. Keep away from liquids or heat sources.
- Keep ventilation ports free from dust and debris.
- Do not remove screws or attempt to disassemble.
- Do not operate continuously for more than one hour.
- Allow the device to rest for 30 minutes before reusing.
- Unplug the charger from the device after charging or prior to use.
- For adult use only. Do not use if injured.
- Consult your doctor before using this product.

Safety Instructions

WARNING: TO REDUCE RISKS OF ELECTRIC SHOCK, FIRE AND PERSONAL INJURY, THIS PRODUCT MUST BE USED IN ACCORDANCE WITH THE FOLLOWING INSTRUCTIONS!

- Use only on a dry clean surface of the body, over clothing, by lightly pressuring and moving across for approximately 60 seconds per region.
- Use the Revive only on the body's soft tissue, as desired, without causing pain or discomfort.
- Do not use on your head or any hard or bony portion of your body.
- Use only the accessory heads that provide the best desired effect.
- Bruising can occur regardless of the control setting or pressure applied.

- Check treated areas frequently and immediately stop at the first sign of pain or discomfort.
- Keep fingers, hair or any other body part away from the shaft an backside of the device as pinching may occur.
- Do not place any objects into the ventilation holes of the device.
- Do not immerse in water or allow water to enter the ventilation holes.
- Do not drop or misuse the device.
Only charge with the supplied charger.
- Carefully examine the device and battery before each use.
Do not tamper with or alter the device in any way.
Never leave the device unattended while chargin or operating.
- Use a slightly damp towel to clean the device and dry with a soft cloth.

Warning

PLEASE DO NOT USE THE DEVICE OR ANY VIBRATION TOOL WITHOUT OBTAINING MEDICAL APPROVAL!

- Use cautiously and consult a medical professional before using with pregnancy, diabetes with complications such as neuropathy or retinal damage, pace-makers, recent surgery, epilepsy or migraines.

- Use caution with herniated disks, spondylosis or similar conditions, recent joint replacements or LUD's, metal pins, plates or any concerns about your health. Frail individuals and children should be accompanied by an adult when using any vibration device.
- Ongoing research is being done regarding the effects of vibration exercises for specific medical disorders. This will likely result in the shortening of the list of contraindications mentioned above.
- Practical experience has shown that integration of vibration exercises into a treatment plan is advisable in a number of cases. This must be done on the advice of and in the presence of a doctor, specialist or physiotherapist.

How to replace the battery pack

- The estimated life of our Lithium-Ion battery pack is about two to three years or 300 to 500 charge cycles, whichever occurs first. One charge cycle is a period of use from fully charged, to fully discharged, and fully recharged again.
- To replace your battery pack, simply squeeze the two indented sides inwards and pull down.
- Insert a new battery pack by aligning it with unit and sliding up to attach.

**Warning: Do not attempt to repair or open the battery pack.
This may result in severe bodily injury.**

Warranty

**IF WITHIN ONE YEAR FROM THE DATE OF PURCHASE THIS
PRODUCT FAILS DUE TO A DEFECT IN MATERIAL OR
WORKMANSHIP, WE WILL REPAIR OR REPLACE THE PRODUCT
OR NECESSARY COMPONENTS, FREE OF CHARGE.**

THE WARRANTY EXCLUDES:

- Damage caused by accident, abuse, mishandling or transport.
- Units subjected to unauthorised repair.
- Units not used in accordance with the instructions.
- Damage exceeding the cost of the product.
- Deterioration of the delivered product resulting from abnormal storage and/or safeguarding conditions by the client.
- Failure to provide a dated proof of purchase.

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