

Nurturing care meets inspired living.

The Providence, in the heart of Fairfax, Virginia, provides an Assisted Living and Memory Care community with a portfolio of amenities and experiences as vibrant and distinctive as the surrounding MetroWest neighborhood. From enrichment activities through our award-winning Watermark University to signature wellness programs and dining, The Providence offers relaxation and renewal.

Located near Washington, D.C., residents have easy access to top arts and cultural venues, upscale shopping and dining, nature walks at Fairfax County parks, even local sporting events.

The Providence offers more than an inviting home for our Assisted Living, The Bridge, and Memory Care residents—it provides an inspiring setting where they can thrive.







Assisted Living, done in style.

The Providence is designed for elegant, modern lifestyles, from sleek interiors with open living areas to expansive outdoor balconies and sweeping views.

Here, there is something for everyone to savor: wine tasting with a sommelier; interactive classes led by local artists in the art studio and gallery; cooking instruction from our classically trained chef; enrichment classes and symposiums; as well as a spa, salon, and state-of-the-art fitness center. Beyond the resort-style amenities, the community also features customizable care.

And in addition to an unrivaled commitment to the health and well-being of residents, The Providence is itself a "healthy building." Built with sustainability in mind, it is LEED Silver-certified by the U.S. Green Building Council and offers a host of innovations.

It's also built for convenience along with comfort—
The Providence's on-site concierge and valet services
make it easy to take full advantage of the abundant
opportunities in our vibrant community.

Welcome home.

The studios, one- and two-bedroom residences in our new seven-story LEED-certified building offer spacious floor plans with upscale touches, including stainless-steel appliances, granite countertops, and large bathrooms with walk-in showers. The U-shaped building surrounds an elevated outdoor courtyard, designed as a place for residents to connect with nature.



ASSISTED LIVING

Our Assisted Living residences feature comfortable interiors with modern kitchenettes, high ceilings, and refined finishes; some also include expansive balconies with large windows framing tranquil views. And every resident has access to our serene rooftop terrace, which offers sun-soaked gardens and a beautiful backdrop to enjoy the fresh air.

With additional amenities such as a state-of-the-art wellness and fitness center, robust enrichment programs, and a full-service spa and salon—as well as exceptional, thoughtful care—The Providence is designed to keep both mind and body active and thriving.

THE BRIDGE

A seamless blend of Assisted Living and Memory Care,
The Bridge features private residences in a nurturing
environment that provides customizable care along with
additional guidance and flexible programming. From social
events to unique culinary experiences, along with a host
of integrated wellness amenities including educational
programs through Watermark University, The Bridge offers
an ideal combination of enrichment and engagement.

MEMORY CARE

Our groundbreaking Thrive Memory Care program takes a unique holistic approach: Led by our "Nayas" (named after the ancient Sanskrit word for "guide" or "person of wisdom"), this community provides customizable care and a loving atmosphere for those with specialized needs. In addition to tailored personal care, Memory Care residents have dedicated dining options, wellness programs, amenities, and services. Most important, they have a place that feels like home.

Exceptional dining awaits.

At The Providence, every culinary experience is elevated.

Here, two distinct restaurants feature menus crafted by classically trained chefs—with sommelier-crafted wine pairings serving as the perfect accompaniment. A private dining room and catering options are available for celebrations and milestone occasions, while inresidence dining is always popular as well.

And for pre-dinner cocktails with friends and family, or a nightcap after the perfect evening, our rooftop terrace offers sweeping views and an incomparable atmosphere.





WOLF TRAP BISTRO & LOUNGE

Enjoy bistro dining in a lively setting. Wolf Trap Bistro & Lounge offers casual dining with a focus on breakfast and lunch favorites, from fresh-brewed coffee, tea, and pastries to sandwiches and quiches.

GREAT FALLS

Farm-to-table dining with an open-hearth oven and exhibition kitchen, overseen by our chef, Great Falls showcases exquisite fare—with a bit of culinary theater! A private Chef's Table experience is available for special celebrations as well.

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Personal training sessions are available for meeting and maintaining personalized wellness goals.

Opportunities for all to thrive.

From guided meditations and sunrise yoga to educational workshops and revitalizing workouts, The Providence provides a wealth of avenues for mind and body wellness.



VITALITY FITNESS CENTER

Residents have access to a wide variety of options in our state-of-the-art fitness center, which offers modern equipment for cardio and strength-building, group classes, and even one-on-one personal training for those seeking tailored instruction.

Wearable fitness trackers also are available to monitor progress toward specific goals.



INDULGE SALON & SPA

Offering a full-service menu of signature facial and body treatments, our spa provides visitors with pure relaxation as expert therapists melt away stress and help restore vibrance—while salon services from our team of stylists include haircuts and coloring, manicures, and pedicures.

ADDITIONAL WELLNESS AMENITIES

At The Providence, wellness offerings extend well beyond the fitness center and spa: Residents can book sessions with visiting specialists and connect with primary care physicians via telemedicine; circadian lighting helps with the body's natural rhythms; and a robust menu of activities, experiences, and excursions are available through Watermark University and other programs.

Plenty of ways to get out and about.

One simple truth lies at the heart of everything we do: A life in balance is key to health, happiness, and well-being. At The Providence residents at every level of care—Assisted Living, The Bridge, and Memory Care—will find activities and experiences to savor.

WATERMARK UNIVERSITY

Through our award-winning Watermark University, residents can choose from dozens of interactive courses and workshops on topics such as art, history, cooking, mindful meditation, and more. Residents and associates are encouraged to become instructors themselves, so they can share their knowledge and passions with the community, making the number of Watermark University offerings virtually infinite.

LOCAL ATTRACTIONS

Wolf Trap National Park for the Performing Arts is nearby, and the Meadowlark Botanical Garden is a beautiful backdrop for a garden tour or stroll. Through our Extraordinary Outings program, residents will enjoy organized excursions to exciting destinations and cultural hot spots.

ENGAGEVR

Our virtual reality program provides exceptional entertainment while helping to stimulate and strengthen the mind. EngageVR takes participants on journeys without borders or boundaries—from the Apollo 11 moon landing to a trek in the African bush.

ADDITIONAL AMENITIES AND SERVICES

Exceptional dining, including private catering options and in-residence meals

Spa, salon, and fitness center

Pantry Program in Memory Care neighborhood, stocked with residents' favorite items

Dedicated associates available 24 hours per day

Extensive program calendar including social events

Preventive health screenings and education programs

Global resident response system

Curated wellness services

Housekeeping and laundry services

Complete residence, building, and grounds maintenance services

Administrative services

Best Move of Your Life move-in coordination service

et-friendly environment

Stylish, serene living at every level.

With programs
created to care
for residents in
various stages of
independence, The
Providence offers
personalized services
that evolve along with
an individual's needs.

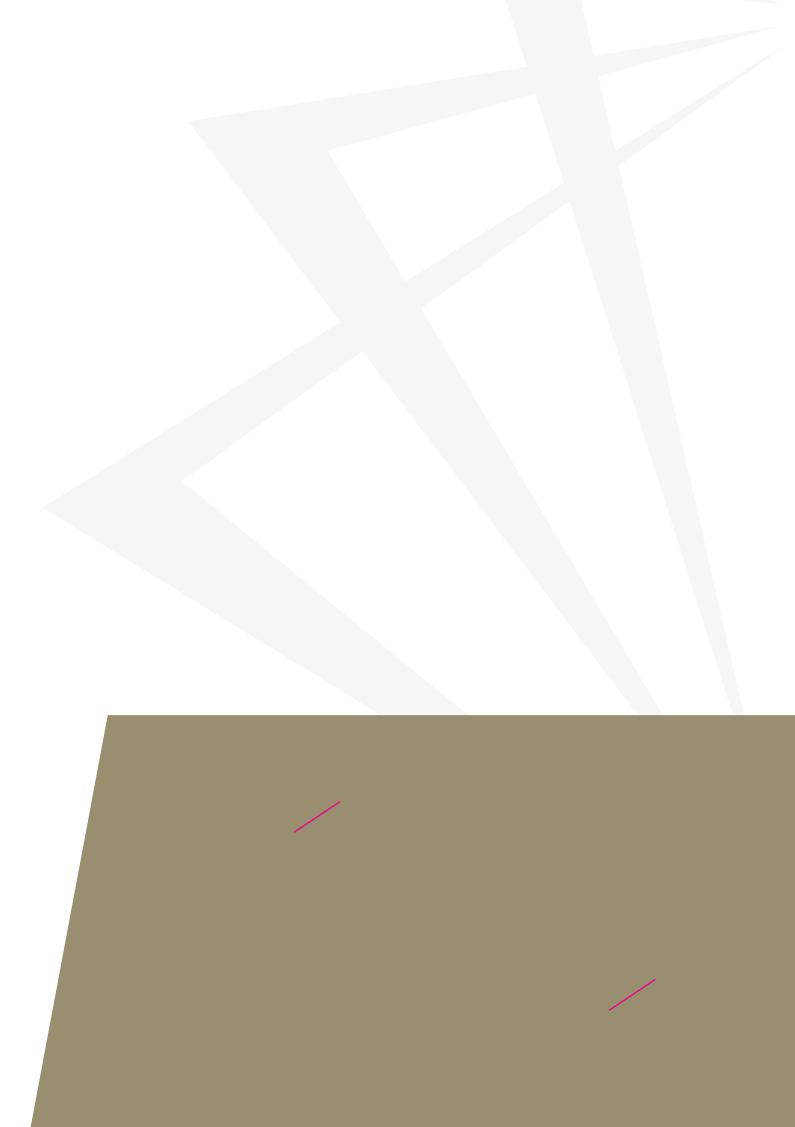
Our contemporary residences are designed with comfort, convenience, and care in mind.

With sleek interiors and spacious common areas, The Providence features ample opportunities to create meaningful connections.

Here, creating a full and vibrant lifestyle is easy, thanks to thoughtful and engaging programming that prioritizes health and well-being. We also utilize innovative technologies to help residents improve sleep, fitness, and nutrition.

At The Providence, thoughtful care and a strong sense of community allow each individual to thrive in their own way. And our kind, nurturing team is committed to enhancing our residents' lives every day.

Exceptional hospitality. An elevated quality of life. Enhanced well-being. It's all at The Providence.



SCHEDULE AN APPOINTMENT

To learn more and schedule a private consultation, please contact us at (571) 396-0500.



FAIRFAX
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ASSISTED LIVING • THE BRIDGE • MEMORY CARE
A SILVERSTONE/WATERMARK RETIREMENT COMMUNITY

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