INSTRUCTIONS FOR USE

YUSIMRY™ (Ue sim’ree)

(adalimumab-aqvh)
40 mg/ 0.8 mL
SINGLE-DOSE PREFILLED SYRINGE

YUSIMRY Single-Dose Prefilled Syringe

Do not try to inject YUSIMRY yourself until you have been shown the right way to give the injections and have read and understand this Instructions for Use. If your healthcare provider decides that you or a caregiver may be able to give your injections of YUSIMRY at home, you should receive training on the right way to prepare and inject YUSIMRY. It is important that you read, understand, and follow these instructions so that you inject YUSIMRY the right way.

It is also important to talk to your healthcare provider to be sure you understand your YUSIMRY dosing instructions. To help you remember when to inject YUSIMRY, you can mark your calendar ahead of time. Call your healthcare provider if you or your caregiver have any questions about the right way to inject YUSIMRY.

Important Information You Need to Know Before Injecting YUSIMRY

Do not use the prefilled syringe and call your healthcare provider or pharmacist if:

- Liquid is cloudy, discolored, or has flakes or particles in it
- Liquid has been frozen (even if thawed) or left in direct sunlight
- Expiration date has passed
- The prefilled syringe has been dropped or crushed

Keep the needle cover on until right before your injection.

How should I store YUSIMRY?

- Store YUSIMRY in the refrigerator between 36°F to 46°F (2°C to 8°C).
- Store YUSIMRY in the original carton until use to protect it from light.
- Do not freeze.
- Refrigerated YUSIMRY may be used until the expiration date printed on the YUSIMRY carton, dose tray or prefilled syringe.
- If needed, for example when you are traveling, you may also store YUSIMRY at room temperature up to 77°F (25°C) for up to 14 days.
- Throw away YUSIMRY if it has been kept at room temperature and not used within 14 days.
- Record the date you first remove YUSIMRY from the refrigerator in the spaces provided on the carton and dose tray.
- Do not store YUSIMRY in extreme heat or cold.

Keep YUSIMRY, injection supplies, and all other medicines out of reach of children.
Take YUSIMRY out of the refrigerator.
- Leave YUSIMRY at room temperature for 15 to 30 minutes before injecting.
- Do not remove the needle cover while allowing YUSIMRY to reach room temperature.
- Do not warm YUSIMRY in any other way. For example, do not warm it in a microwave or in hot water.
- Do not use the prefilled syringe if liquid has been frozen (even if thawed).

Check expiration date on the prefilled syringe label. Do not use the prefilled syringe if expiration date has passed.

Place the following on a clean, flat surface:
- 1 single-dose prefilled syringe
- 1 alcohol swab (not included)
- 1 cotton ball or gauze pad (not included)
- Puncture-resistant sharps disposal container (not included). See Step 8 at the end of this instructions for Use for instructions on how to throw away (dispose of) your prefilled syringe.

Wash and dry your hands.

Choose an injection site:
- On the front of your thighs or,
- Your abdomen (belly) at least 2 inches from your navel (belly button).
- Different from your last injection site.

Wipe the injection site in a circular motion with the alcohol swab.
- Do not inject through clothes.
- Do not inject into skin that is sore, bruised, red, hard, scarred, has stretch marks, or areas with psoriasis plaques.

Hold the prefilled syringe in one hand. Gently pull the needle cover straight off with the other hand.
- Throw the needle cover away.
- Do not touch the needle with your fingers or let the needle touch anything.
- You do not need to remove the air bubble from the syringe.

Hold the body of the prefilled syringe in one hand between the thumb and index fingers. Hold the prefilled syringe in your hand like a pencil.

Do not pull back on the plunger at any time.
Gently squeeze the area of cleaned skin at your injection site with your other hand. Hold the skin firmly.

Insert the needle into the skin at about a 45-degree angle using a quick, dart-like motion.
- After the needle is in, let go of the skin.
Slowly push the plunger all the way in until all of the liquid is injected and the prefilled syringe is empty.

When the injection is completed, slowly pull the needle out of the skin while keeping the prefilled syringe at the same angle.
After completing the injection, place a cotton ball or gauze pad on the skin of the injection site.
- Do not rub.
- Slight bleeding at the injection site is normal.

How should I dispose of the used YUSIMRY prefilled syringe?
- Put your used syringes in a FDA-cleared sharps disposal container right away after use. Do not throw away (dispose of) syringes in the household trash.
- If you do not have a FDA-cleared sharps disposal container, you may use a household container that is:
  - made of a heavy-duty plastic,
  - can be closed with a tight-fitting, puncture-resistant lid, without sharps being able to come out,
  - upright and stable during use,
  - leak-resistant, and
  - properly labeled to warn of hazardous waste inside the container.

When your sharps disposal container is almost full, you will need to follow your community guidelines for the right way to dispose of your sharps disposal container. There may be state or local laws about how you should throw away used syringes. For more information about safe sharps disposal, and for specific information about sharps disposal in the state that you live in, go to the FDA’s website at: http://www.fda.gov/safesharpsdisposal.
- Do not dispose of your used sharps disposal container in your household trash unless your community guidelines permit this. Do not recycle your used sharps disposal container.

The needle cover, alcohol swab, cotton ball or gauze pad, dose tray, and packaging may be placed in your household trash.

Questions About Using the YUSIMRY Prefilled Syringe

What if I have not received in-person training from a healthcare provider?
- Call your healthcare provider or 1-800-483-3692 or visit YUSIMRY.com if you need help.
Always keep the prefilled syringe and the sharps disposal container out of the reach of children.
- Keep a record of the dates and locations of your injections.
- To help you remember when to take YUSIMRY, mark your calendar ahead of time.