INSTRUCTIONS FOR USE
YUSIMRY™ PEN (ue sim’ ree)
(adalimumab—aqvh)
injection, for subcutaneous use
40 mg/ 0.8 mL Single-Dose Prefilled Pen

This Instructions for Use contains information on how to use the YUSIMRY Pen.

Before Injecting: Your healthcare provider should show you how to use the YUSIMRY Pen before you use it for the first time. Call your healthcare provider, 1-800-483-3692 or visit www.YUSIMRY.com if you need help.

YUSIMRY Single-Dose Prefilled Pen

Before Use

Do not use the prefilled pen and call your healthcare provider or pharmacist if the:

- liquid is cloudy, discolored, or has flakes or particles in it
- expiration date has passed
- liquid has been frozen (even if thawed) or left in direct sunlight
- prefilled pen has been dropped, crushed or damaged in any way

Your dose may require more than 1 injection. For questions, ask your healthcare provider.

Keep the clear cap on the prefilled pen until right before your injection.
Keep the YUSIMRY prefilled pen and all medicines out of the reach of children.

Questions About Using the YUSIMRY Single-Dose Prefilled Pen

What if I have not received in-person training from a healthcare provider?

- Call your healthcare provider if you need help.

Record Your Injections

- Keep a record of the date and locations of your injection sites.
- To help you remember when to take YUSIMRY, mark your calendar ahead of time.
Read All Instructions before Using the YUSIMRY Single-Dose Prefilled Pen.

Take YUSIMRY out of the refrigerator.
- Leave YUSIMRY at room temperature for 15 to 30 minutes before injecting.
- Do not remove the clear cap while allowing YUSIMRY to reach room temperature.
- Do not warn YUSIMRY in any other way. For example, do not warm it in a microwave or in hot water.
- Do not use the prefilled pen if the liquid has been frozen (even if thawed).

Check the expiration date on the prefilled pen label. Do not use the prefilled pen if the expiration date has passed.

Check the viewing window.
- Hold the prefilled pen with the clear cap facing down.
- It is normal to see 1 or more air bubbles in the viewing window.
- Make sure the liquid is clear and colorless.
- Do not use if the prefilled pen has been dropped, crushed or damaged in any way.

Place the following on a clean, flat surface:
- 1 single-dose prefilled pen
- 1 alcohol swab (not included)
- 1 cotton ball or gauze pad (not included)
- Puncture-resistant sharps disposal container (not included). See step 10 for instructions on how to throw away (dispose of) your prefilled pen.

Wash and dry your hands.

Choose an injection site:
- Choose the front of your thighs or your stomach (belly) at least 2 inches from your belly button (navel).
- Change (rotate) your injection site with each injection.
- Do not inject through clothes.
- Do not inject into skin that is sore, bruised, red, hard, scarred, has stretch marks, or areas with psoriasis plaques.

Wipe the injection site in a circular motion with the alcohol swab.

Pull the clear cap straight off.
- It is normal to see a few drops of liquid at the end of the needle.
- Throw away the clear cap.
- Do not replace the clear cap after it has been removed.
- Do not touch the gray needle guard.

Hold the body of the prefilled pen in 1 hand so you can see the viewing window.

Do not press the gray needle guard with your fingers. This could activate the prefilled pen too soon and cause a needlestick injury.

Place the gray needle guard straight against your skin at a 90-degree angle.

Press the prefilled pen firmly against the skin and you will hear the first “Click”.

The orange indicator will start to move along the viewing window.

Hold the pen firmly until the orange indicator stops moving and you hear the second “Click”.

After you hear the second “Click”, hold the pen in place and count to 5.

When the injection is complete, make sure the orange indicator has filled the viewing window before slowly pulling the pen away.

The gray needle guard will cover the needle tip. If there are more than a few drops of liquid on the injection site, call your healthcare provider.

After completing the injection, place a cotton ball or gauze pad on the skin of the injection site.
- Do not rub the injection site.
- Slight bleeding at the injection site is normal.

How should I dispose of the used YUSIMRY prefilled pen?
- Put your used pens in a FDA-cleared sharps disposal container right away after use. Do not throw away (dispose of) pens in the household trash.
- If you do not have a FDA-cleared sharps disposal container, you may use a household container that is:
  - made of a heavy-duty plastic,
  - can be closed with a tight-fitting, puncture-resistant lid, without sharp's being able to come out
  - upright and stable during use,
  - leak-resistant, and
  - properly labeled to warn of hazardous waste inside the container.
- When your sharps disposal container is almost full, you will need to follow your community guidelines for the right way to dispose of your sharps disposal container. There may be state or local laws about how you should throw away used pens. For more information about safe sharps disposal, and for specific information about sharps disposal in the state that you live in, go to the FDA’s website at: http://www.fda.gov/safesharpsdisposal.
- Do not dispose of your used sharps disposal container in your household trash unless your community guidelines permit this. Do not recycle your used sharps disposal container.

Important: Always keep the sharps disposal container out of the reach of children.

The clear cap, alcohol swab, cotton ball or gauze pad, and packaging may be placed in your household trash.