



## **Nashville Dental Implants & Laser Periodontics**

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### **ORAL SEDATION INSTRUCTIONS – TRIAZOLAM (HALCION)**

For your safety, these instructions should be strictly followed.

#### **Appointment**

- Take the Triazolam (Halcion) as prescribed one hour prior to your appointment time.
- Bring the remaining tablet with you.
- You are welcome to bring a book to read while you wait, and your favorite music playlist to listen during the procedure.

#### **Eating and Drinking**

- Stop eating and drinking three hours before your appointment time.
- NO CAFFEINE (coffee, tea, sodas, etc.) for 6 hours before or after taking this medication.
- Avoid grapefruit in the hours before and after taking Triazolam (Halcion).

#### **Changes in Health History or Medications**

- Please notify our staff ahead of time about any changes in your health or medications.

#### **Designate a Driver / Companion**

- A responsible adult should be with you from the time that you take the medication until you recover from the effect of the medication.
- You should be supervised at all times, and should not go up or down stairs unattended.
- These instructions should be read by your driver / companion before you take your medication.

#### **Monitoring**

- Please wear loose clothes so we can place a blood pressure cuff.
- Avoid colored nail polish or fake nails on at least two fingers so we can attach a pulse oximeter monitoring device.

## **After Your Appointment**

- You may be sleepy and lethargic for the rest of the day.
- You should be attended and not left alone for the next hours after the appointment regardless of your apparent level of alertness.

## **Medications**

- Take your regular prescription medications, unless otherwise advised by your physician or by Dr. Deweese.

## **Alcohol and Recreational Drugs**

- Taking street drugs or alcohol together with the sedative that we prescribed could lead to serious, potentially life threatening, complications.

## **Activity After Appointment**

- Under NO circumstances may you drive or operate potentially hazardous equipment for the next 12 hours after the appointment or until the effects of the medication have completely subsided.
- Your judgment may be impaired during the next hours after taking the medication; do not make critical decisions until fully recovered.
- A responsible person should be with you until you are fully recovered. This person should walk you by the arm to prevent a fall.

## **Questions**

- If you have any questions contact our office at [615-316-9872](tel:615-316-9872).

**Patient**

**Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_