



# **Nashville Dental Implants & Laser Periodontics**

## **IV CONSCIOUS SEDATION PROTOCOL**

- **DO NOT** eat or drink anything for at least 6 hours prior to your scheduled surgery. If your appointment is in the morning, please refrain from all meals and beverages after midnight.
- Please have **ONLY ONE** responsible adult accompany you to your appointment. They must remain in the office during your procedure and drive you home afterwards. They are your nurse for the day!
- Do not wear jewelry or watches. Leave purses, wallets, keys, glasses, etc. with your escort. Of office is usually cold, so if you get cold easily wear long pants and shoes/socks; however, we need you to wear a short sleeve T-shirt so that we can have direct access to both arms for monitoring during surgery
- Remove finger nail polish prior to your arrival to allow accurate monitoring.
- If you are sick and are unable to make your appointment **PLEASE CALL** the office 48 hours before your scheduled appointment, as we have reserved this time for you only.
- **Daily/Routine Medications:** Patients taking daily medications may take their medications at their normal times with a few small sips of water.
- **Diabetic Patients undergoing Intravenous (IV) Sedation:** Patients with Diabetes should attempt to schedule their appointments in the morning when possible.
- **For Non-Insulin Dependent Diabetics undergoing Sedation:** All oral agents (Metformin, Glipizide, Glyburide, etc...) should be stopped the morning of surgery and may be resumed at their regular dose and time after surgery.
- **For Insulin Dependent Diabetics undergoing Sedation:** Take half the daily NPH Insulin dose the morning of surgery and do not take your regular insulin. After surgery, resume meals and normal NPH and Insulin regimens.
- **Following sedation: DO NOT** drive a car, drink alcohol or operate machinery/hazardous equipment for 24 hours.

Please sign and date below that you have received this and are well aware of your pre-op instructions. Thank you and we will be looking forward to seeing you at your appointment.

**Patient:** \_\_\_\_\_

**Date:** \_\_\_\_\_