

Westbury World

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A Continuing Care Retirement Community*

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Getting to Know the CEO

In December 2007, Jeannie Shiley became President/CEO of SVWC. She started working at SVWC in 1999 as Director of Accounting and was promoted to Nursing Home Administrator in 2003.

Any way you measure it, the position of President/CEO of SVWC is a formidable one. The major responsibilities start with the oversight of 380 residents and 320 staff, the administration of a lofty budget, the monitoring of multi million dollar expansion and renovation projects, and the maintenance of a close working relationship with the Board of Trustees. Then there are the myriad daily requirements--the many meetings, personnel problems, social activities, outside travel commitments, and so on.

In successfully carrying out these tasks, Jeannie's leadership has been marked by a policy of openness and two-way communication. Her weekly Coffee with Administration meetings with all residents, where program and service information is shared and residents can voice their concerns, may not be unique, but probably are rarely found in other retirement communi-

ties. She also holds quarterly meetings with ladies' and gentlemen's groups and also meets periodically with Residents Association officers. Her open-door policy extends to the halls of SVWC, where she often converses with residents, staff, family members, and visitors.

Jeannie was born in Hamilton, VA. In 1988, after receiving a degree in accounting from Shepherd College in Shepherdstown, WV, she worked for 10 years as an accountant for a manufacturing concern in Hagerstown, MD, and then for a year for a local Winchester firm. A member of LeadingAge Virginia, Jeannie is serving as chair of its board.

In 2012, Jeannie and her family moved to an old (1797) farm in Bunker Hill, WV. Ted, her husband of 33 years, works in Macy's maintenance department in Martinsburg and takes care of the farm's 40 beef cattle. They have two grown sons, two grandsons, a granddaughter, and another en route. Jeannie is an avid reader and is plugged into the Hallmark channel.

When asked what she likes best about her job, Jeannie said it is the people--residents and staff--at SVWC. The hardest part is losing some of them.

Paul Arnold



Photo by Sue McKenzie

Timber Ridge School Teams with SVWC Firewood Project

On Saturday, February 15, boys from the Timber Ridge School pitched in with residents Bill Huehn and Tom Horton on the preparation of firewood for donation to needy families.

For many years, Bill Huehn and his team have delivered firewood cut and split from fallen trees and other available timber from around SVWC to the Congregational Community Action Project for distribution. About three-dozen pickup truck loads are donated every year, although this year there may be up to 50.

Once a year, as a community service project, students from the school help with the work. The school, located in Cross Junction, VA, serves emotionally disturbed and behaviorally disordered adolescent boys between the ages of 10 and 21 and in grades 6 to post-secondary, with a goal of reuniting them with their families and communities. This year, five boys and their supervisor helped with moving and stacking wood for splitting, with a break for lunch in the Bistro.

Bill Young



Photo by Bill Young

Bill Huehn, on right, and Tom Horton, second from right, supervise and assist the Timber Ridge team in splitting firewood.

Card and Game Party Results

The Fellowship Committee for Special Events sponsored its Card and Game Party on Thursday, February 27. Approximately 80 participants filled the Commons, Abbey, Activities Room, and Private Dining Room playing bridge, mah jongg, dominoes, chess, and Shanghai rummy. The event raised just over \$1,900 from ticket sales and donations. All proceeds benefited the Fellowship Fund.

Photo by Bill Cook



Football fans at Super Bowl Party

New Assistant Director of Health Services

Muriel Mullins joined SVWC's clinical leadership team on February 24 as Assistant Director of Health Services. She will support Michelle Thomas with the overall management of the Health Services department with emphasis on Wappacomo and Blue Ridge Halls. In addition to offering leadership support to the clinical team, she will help coordinate resident services with Stephanie Campbell, Health Care Coordinator.



Muriel started out as a Certified Nursing Assistant at the Lynn Care Center in Front Royal. She worked at Winchester Medical Center after obtaining her RN license, as well as with a local home health agency, where she started taking on more leadership responsibilities.

Muriel's passion brought her back to senior living, where she worked in leadership capacities at nursing communities in Warrenton and Martinsburg before accepting the position at SVWC.

Michael Williams

Next Exhibit Highlights Resident's Photography

The coming exhibit in Lawrence Gallery will feature the amazing photography of graphic artist Charles R. Thorne.

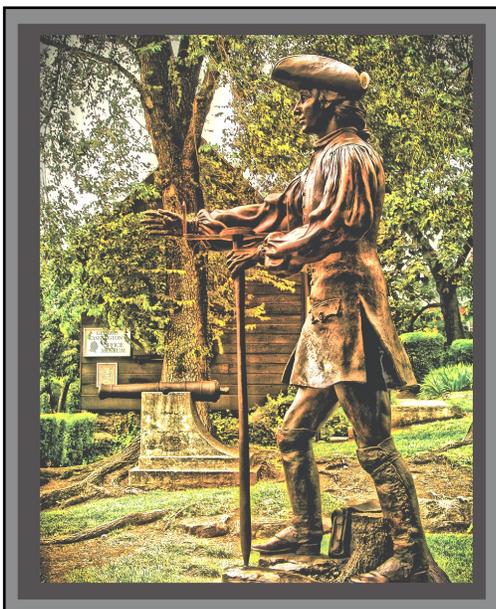
Charlie grew up in the small village of Fishers Hill, VA, where he drew on windows, walls, floors, and sometimes paper ever since he was old enough to hold a crayon. After Art School at the Corcoran Gallery in Washington, D.C., he was drafted and assigned as combat illustrator for the 11th Airborne Division.

Leaving the Army and searching several cities on the East Coast for a good place to settle down, he chose the Shenandoah Valley. He took a job with Winchester Printers as a graphic designer and illustrator. Later, he opened his own industrial design and illustration studio, which he ran for over 30 years.

Charlie's photographs are "slices" of the Valley, but are not normal snapshots. The original digital photos are taken from various positions such as lying on the ground or standing on a truck. Each are shot from various angles, times of day, and atmospheric conditions. The final limited-edition print is an image on canvas that resembles an oil painting with an extra creative touch that makes this exhibit, "One Inch Beyond Reality." The opening reception will take place at 5:30 p.m. on Friday, March 13. The exhibit will remain open until May 10.

Loretta Johnston

Photo by Charles Thorne



Sculpture by Malcom Harlow

Candidates Needed for Residents Association Elections

The Residents Association annual elections will be held in May. There are several positions open which offer an opportunity for residents to become involved and help guide our community. The secretary and treasurer are finishing their two-year terms, and we also need to elect four members-at-large. In addition, we need four nominees for Board of Trustee committee positions. The Nominating Committee is working to identify residents who would like to serve. Although the president and vice president are both incumbents and willing to serve another year, there is no prohibition on others running for those positions.

The Board of Trustees committee positions are nominated by the Nominating Committee but elected by the RA Executive Committee:

- Two Property and Planning representatives to the Board of Trustees, one of whom agrees to chair the RA committee of Buildings and Grounds.
- One Finance Committee representative, who also chairs the RA committee of the Finance Committee.
- One Representative of Winchester Hall to the Interiors subcommittee.

There has to be at least one candidate for each position. The by-laws (available at the front desk upon request or on the portal) outline the responsibilities for each position. If you are interested in serving, contact Nominating Committee Chair Sam Worsley or a committee member (Ruth Carter, Barbara Dunn, Bill Young or Frank Brauch) by email or written notice.

Cari Sherwood



Photo by Peggy Jackson

If Girl Scouts are selling cookies, can Spring be far behind?



Library News — March Acquisitions

FICTION

A Long Petal of the Sea (LP)	Isabel Allende
Lady Clementine	Marie Benedict
Welcome to the Pine Away Motel and Cabins	Katarina Bivald
American Dirt	Jeanine Cummins
The Wives	Tarryn Fisher
Long Bright River	Liz Moore
Under Occupation (LP)	Alan Furst
The Family Upstairs	Lisa Jewell
Lost (LP)	James Patterson
Dear Edward	Ann Napolitano
Such a Fun Age (LP)	Kiley Reid
Moral Compass (LP)	Danielle Steel
Treason	Stuart Woods

NON-FICTION

Range: Why Generalists Triumph in a Specialized World	David Epstein
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New Library Policy on Donations

The Library Committee has adopted a new policy on donations. Thanks to a legacy, the library is able to buy new books, and donations are no longer needed to develop the collection. However, donations may be accepted under certain circumstances.

Donated books have to be in pristine condition with no markings, damage, or odor. Donated books have to have sufficiently large type to be judged readable. Books should be of interest to residents. Donations are accepted with the understanding that the library may choose to add them to the collection or donate them to a charity.

Donations of no more than five books should be placed in the donations basket.

Marcia Greene



SVWC's Mighty Wurlitzer

Thanks to the generosity of resident Margaret Toxopeus, the Canterbury Café now features a magnificent Wurlitzer jukebox.

She acquired the jukebox in 1990. It was originally configured for 45 rpm records, but she had it reconfigured so that it now holds 100 CDs, with a vast inventory of classic rock and roll and other great sounds from the past. It used to reside in a room above her garage, where it was a centerpiece of parties.

A visit to Charlottesville for repairs and the installation of new speakers prepared the Wurlitzer for its new home in the café. With the special addition of two discs of dance music along with its existing inventory, it has already been featured at a sock hop here at SVWC. A complete catalog of the music it contains, along with instructions on how to operate the jukebox, will be available in the café for anyone hankering to shake a leg, or just listen to some old favorites.

Bill Young



Photo by Bill Young



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Chaplain's Message

As we enter the Lenten season, we are beckoned to retreat into reflection and prayer. Jesus, after his baptism, did likewise in order to contemplate what might be next for him before he set out on his ministry and living out his Father's will. Jesus's time in the wilderness was not to contemplate sinfulness or wretchedness, and neither is our time of Lent. This is a time to take stock of ourselves. It is a time to reflect on where we have been in our faith journey and to weigh where Christ would have us go next.

Our beginning point is God's grace. By grace, God has brought us to faith. By grace, God forgives our failures. By grace, God loves us, redeems us, and frees us from the bondage of sin. By grace, we are free to live as instruments of grace for others.

In his book, **Les Miserables**, Victor Hugo depicts the struggle of a life lived in grace and justice. Jean Valjean, the main character, was a man whose life of hardship, desperation and imprisonment had left him hopeless, lost, and angry. Through an encounter with a wise and compassionate priest, he was offered the grace of God. From then on, Valjean sought to share that grace and hope with all whom he encountered. Through selfless acts of grace for even those who sought his life, Valjean became a man of hope rather than despair, grace rather than vengeance, and justice rather than self-interest.

By reflecting on what God has done for us, how might we be transformed in the ways we live out our lives with God and others? This time of Lent is our opportunity to embrace God's grace in fresh ways in our own lives and to ponder who we want to be in the world and how we might be instruments of grace for others. May God renew our own experience of his grace and transform our ability to offer that grace to others.

Elizabeth Lewis

Mission Statement

Shenandoah Valley Westminster-Canterbury is a not-for-profit, intimate, church-related continuing care retirement community that is committed to enabling residents to use their gifts fully, live their lives richly, and enjoy with dignity the years God has given them.

Absent-minded Art Exhibit

Doodles can be defined as scribbled figures drawn while thinking about something else. As demonstrated by the current doodle exhibit in the Bridge Gallery, some could even qualify as real art.

The exhibit features the work of three doodlers. Resident Peter Gates (as shown below) has a colorful variety of "desktop" doodles, SVWC art instructor Gale Bowman-Harlow's doodles were drawn during prayer, and her husband Malcolm did his doodling on restaurant napkins.

Art students' doodles are fixed on the windows of the art studio.

Paul Arnold



DMV Visit

The DMV Connect mobile office will be in the Activity Room on Monday, March 9, from 10:00 a.m. to 3:00 p.m. The mobile unit offers REAL ID, driver's license, identification card, disabled parking placard, vehicle title, address change, vehicle registration and more.

Survey Kick-off

SVWC is conducting a confidential resident assessment survey this month and is holding a survey kick-off event on Monday, March 16, in the Commons from 9 a.m. to 1 p.m. Complete the survey at the kick-off event and your name will be entered into a drawing to win an Amazon gift card.

SVWC's Most Senior Resident

On February 21, Jane Campbell reached her 104th birthday, making her SVWC's leading centenarian. She was born near Chicago but lived most of her early years in Kansas City, MO. Jane is a graduate of the University of Kansas. Twice widowed, she had three children, one of whom has survived. Her son is retired and lives in Mexico.



Photo by Kitty Zuckerman

Jane was always been active in civic affairs, in volunteer work, and in supporting her church. In 2006, she was named Citizen of the Year in Clarke County, VA.

In honor of her birthday, a collection of her watercolors is now on exhibit in the Wappacomo Gallery near the chaplains' offices. As a result of her mother's teaching, Jane has been painting all her life. Some of her watercolors were shown at an exhibit in Richmond.

Jane moved from Berryville, VA, to SVWC in 2008.



Photo by Peggy Jackson

The Power of Words *Word of the Month*

Person-directed
(instead of staff-directed, facility-directed or hospital model)

2019 History on Sale

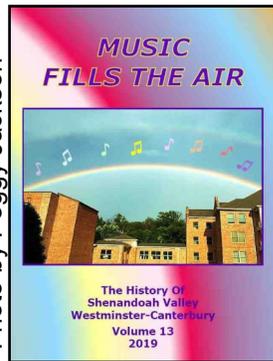


Photo by Peggy Jackson

The new 2019 History book will go on sale this month. The title is **Music Fills the Air** and will feature the History of Music at SVWC, History of Chapel Music, History of Music Therapy and 2019 Music Photo Gallery. Other articles include Resident and Staff Memories (2002-2003), Residents involved with Nature, Resident Artists, Resident Activities, and Resident and Staff Reports. Lots of pictures on 132 pages at the price of \$10.00 per book. It will be sold at the Gift Shop, Coffee with Administration and various locations to be posted.

Getting Ready for Gardening

Last year, the residents' garden was substantially improved with the construction of several new raised beds. The grounds crew recently upgraded the garden again by adding more raised beds. As a result, more residents have the opportunity to grow lovely flowers or delicious vegetables.



Photo by Bill Cook

It is easy to get started as a gardener. All you need is enthusiasm. The garden shed has the rakes, hoes, and trowels you will need. Power tilling is available to prepare for planting. A collection of wire tomato cages is stacked beside the shed for anyone to use. Several faucets with long hoses are situated around the garden so you never have to haul water. A cart in the shed is perfect for carrying weeds to the compost pile.

If you are interested in a plot in the garden, please contact Bill Cook, garden coordinator, at 794.

Bill Cook

Fireside Recitals to Present The Heimat Quartet

Fireside Recitals will feature an evening of Mozart and Mendelssohn performed by The Heimat Quartet on Wednesday, March 11, at 7:30 p.m. in the Bistro. Quartet members Patrick Shaughnessy and Aubrey Holmes play the violin, Ivan Mendoza plays the viola, and Brendon Phelps plays the cello.

Publicity Photo



The foursome founded the quartet in Boston in 2014. They took the name “Heimat” from a German word meaning homeland. German philosopher Johann Gottfried Herder, who was associated with the Enlightenment, is credited with saying, “Heimat is where you don’t need to explain yourself.”

The Strad, a UK-based monthly classical music magazine about string instruments, reviewed the quartet as “performing with a warm sound and much joy... a quartet that both takes music seriously and enjoys it...sincere...vivacious.”

Quartet members live in Winchester and are affiliated with Shenandoah Conservatory. The quartet’s primary mentors have included members of the Audubon Quartet, the Shanghai Quartet, and the Miami String Quartet.

Highlights from the 2018-2019 season included the quartet’s Carnegie Hall debut, performances of the Mendelssohn Octet with the Shanghai Quartet, and the inaugural season of The Heimat Chamber Series. In 2017, the quartet made their European debut in Hamburg, Germany, at the International Mendelssohn Festival, followed by participation at Lunenburg Academy of Music Performance in

Nova Scotia.

The next recital on April 8 will feature the vocal students of Shenandoah Conservatory.

John Kirby Tribute Bistro Concert

John Kirby, a Winchester-born jazzman, will be celebrated in the second tribute Bistro Concert on Friday, March 20. Kirby made significant contributions to the development of American jazz in the 1930s and 1940s.

Kirby deserves to be better known in Winchester. He was born in 1908 not far from SVWC. When still a small child, he was adopted by a couple in their sixties who knew classical music as well as ragtime and southern Gospel. Young Kirby learned music from them, played trombone in high school, left Winchester, and landed in New York City taking up the double bass.

Kirby soon began playing with some of the top jazz musicians of the day. He displayed skill in writing, arranging, and playing the latest trends in jazz. By 1936, he had his own band. Before 1940, he hosted the first national radio show devoted to jazz. His early training in classical music led to his creation of “classical jazz” which has recently been rediscovered and praised by jazz historians.

A sextet led by Bob Larson, chair of jazz studies at Shenandoah Conservatory, will recreate Kirby’s best-known group, the Onyx Club Band. Larson will offer an appreciation of Kirby’s role in American jazz.

A CD recording of last year’s Tribute Concert will be available for purchase for \$10. Proceeds will benefit a John Kirby Award to be offered by Shenandoah Conservatory to assist a student who “follows in the pathways of John Kirby.”

The program begins at 7:30 p.m. Admission is \$10 at the door. The proceeds help support the Fellowship Fund. Atlantic Union Bank sponsors the series.

The Bistro Concert on April 17 will feature “Bridging the Gap,” featuring the Marine Corps soloists, Peter Wilson (violin) and Aaron Clay (double bass) in their fourth Bistro Concert appearance.

Bob Sherwood

Photo by Peggy Jackson



Card and Game Event

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