

SUN	MON	TUE	WED	THUR	FRI	SAT
Types of Activities offered NA-Natural world SO-Social CO-Cognitive	OU-Outdoor PR-Productive SE-Sensory RE-Reflective Ph-Physical	<b>LOCATION KEY</b> AR - Assembly Room B - Bus DR - Dining Room DWL - Dogwood Lane FR - Florida Room H - Hallways	MT - Maple Tree Lane Ro - Rotunda VR - Virginia Room	10:00 Healthy with Healthpro Exercise (AR) <b>1</b> 10:00 Pet visits with Ellie <b>1:30 Skip-Bo! (AR)</b> <b>3:00 Floating Candles (AR)</b> <b>6:00 Vinton Christmas Parade! (B)</b>	8:30 YMCA (B) <b>2</b> <b>10:00 Shop Valley View (B)</b> <b>10:30 Jingo on Dogwood! (DWL)</b> 1:15 Men's Club (AR) 3:00 Memory Jogging (AR)	10:20 Healthy with Healthpro Exercise (Channel 1960) <b>3</b> <b>1:30 Movie Matinee (AR)</b> <b>4:00 Hot Chocolate Social (Ro)</b> <b>6:00 Opening Night: Spectacular Festival of Lights (Hermitage Driveway)</b>
7:00 Instrumental Hymns (Channel 1960) <b>4</b> 10:20 Healthy with Healthpro Exercise (Channel 1960) <b>1:15 Decorating Gingerbread Houses (MT)</b> 2:55 Vespers with Communion (Channel 1960 & Assembly Room)	<i>HB John Cahoon</i> <b>10:00 Manicures! (AR)</b> <b>5</b> 10:20 Healthy with Healthpro Exercise (Channel 1960) <b>1:30 Shop Lakeside (B)</b> 2:00 Game Fest! (AR) 3:15 Bridge Club! (AR) 4:00 Healthy with Healthpro Exercise (Channel 1960)	<i>HB Claudine Simpson</i> <b>6</b> <b>9:45 Hotel Roanoke Christmas Trees! (B)</b> 3:00 Trivia Tuesday (AR) <b>5:45 Hermitage Christmas Lights Outing (B)</b>	<i>Pearl Harbor</i> <b>7</b> 8:30 YMCA (B) <b>10:30 Great American Composers Show by Bob &amp; Libbie! (VR)</b> <b>1:30 Christmas Craft! (DWL)</b> 1:30 Playing Hearts! (AR) 3:00 BINGO (AR)	10:00 Healthy with Healthpro Exercise (AR) <b>8</b> <b>1:30 Reminisce with Kay! (AR)</b> <b>3:30 The Brothers Young Perform! (VR)</b> 4:00 Healthy with Healthpro Exercise (Channel 1960)	<i>HB Terry Shockley</i> <b>9</b> 8:30 YMCA (B) <b>10:00 Chocolate Bingo! (AR)</b> <b>10:30 Lunch at Mountain Lake Lodge (B)</b> 3:00 Memory Jogging (AR) 4:00 Healthy with Healthpro Exercise (Channel 1960)	10:00 Social Hour (FR) <b>10</b> 10:20 Healthy with Healthpro Exercise (Channel 1960) <b>1:30 Movie Matinee (AR)</b> 4:00 Healthy with Healthpro Exercise (Channel 1960)
<i>HB Alda Bower</i> <i>HB Barbara Brown</i> <b>11</b> 7:00 Instrumental Hymns (Channel 1960) <b>1:30 Puzzle Club! (Maple Tree Sunroom)</b> 2:55 Vespers (Channel 1960 & Assembly Room) <b>5:00 Jenna Performs on Violin! (DR)</b>	10:20 Healthy with Healthpro Exercise (Channel 1960) <b>12</b> <b>10:30 Snow Globes (AR)</b> <b>1:30 Shop Lakeside (B)</b> 2:00 Game Fest! (AR) 3:15 Bridge Club! (AR)	10:00 Chocolate Bingo! (AR) <b>13</b> <b>2:00 December Birthday Party! (VR)</b> 3:30 Trivia Tuesday (AR) <b>5:00 Chik Fil A Dinner To Go &amp; Christmas Lights! (B)</b>	<i>HB Steven Deacon</i> <b>14</b> <b>10:30 Hymns with Louise! (VR)</b> <b>10:45 Lunch at Hotel Roanoke: Regency Room (B)</b> <b>1:30 Community School Visits! (VR)</b> 3:00 BINGO (AR)	<i>HB Patricia Draper</i> <b>15</b> 10:00 Healthy with Healthpro Exercise (AR) <b>2:00 Lions Club Christmas Party! (VR)</b> 3:30 Independent Living Christmas Social! (AR) <b>6:30 Me and Martha Perform! (VR)</b>	8:30 YMCA (B) <b>16</b> <b>9:00 Breakfast To Go &amp; Shopping at Hobby Lobby! (B)</b> <b>10:00 Pet Visits w/ Harvey (H)</b> 1:15 Men's Club (AR) <b>2:30 Richard &amp; Denise Kiser Perform! (VR)</b>	10:00 Men's Coffee Hour (AR) <b>17</b> 10:20 Healthy with Healthpro Exercise (Channel 1960) <b>1:30 Movie Matinee (AR)</b> 4:00 Healthy with Healthpro Exercise (Channel 1960)
7:00 Instrumental Hymns (Channel 1960) <b>18</b> 10:20 Healthy with Healthpro Exercise (Channel 1960) <b>1:30 Coloring Club! (Maple Tree Sunroom)</b> 2:55 Vespers (Channel 1960 & Assembly Room)	<i>Hanukkah</i> <b>19</b> <b>10:00 Manicures! (AR)</b> 10:20 Healthy with Healthpro Exercise (Channel 1960) <b>1:30 Scrooge: One Man Show! (AR)</b> 3:15 Bridge Club! (AR) 4:00 Healthy with Healthpro Exercise (Channel 1960)	10:00 Chocolate Bingo! (AR) <b>20</b> 1:55 Hymn Sing with Joe! (AR) 3:00 Trivia Tuesday (AR) 4:00 Healthy with Healthpro Exercise (Channel 1960) <b>4:00 Dinner Out - Liberty Station (B)</b>	8:30 YMCA (B) <b>21</b> 10:30 In the Kitchen! (DWL) <b>12:00 Resident Christmas Lunch! (DR)</b> 1:30 Playing Hearts! (AR) 3:00 BINGO (AR)	10:00 Healthy with Healthpro Exercise (AR) <b>22</b> <b>1:30 Christina's Retirement Party! (AR)</b> <b>3:00 Jeopardy! (AR)</b> 4:00 Healthy with Healthpro Exercise (Channel 1960)	8:30 YMCA (B) <b>23</b> <b>10:30 Balloon Volleyball! (AR)</b> 1:15 Men's Club (AR) 1:30 Shop Tanglewood (B) 3:00 Memory Jogging (AR) 4:00 Healthy with Healthpro Exercise (Channel 1960)	<i>Christmas Eve</i> <b>24</b> <b>10:00 Dirty Santa Game! (FR)</b> 1:00 Christmas Music (Channel 1960) <b>1:30 Movie Matinee (AR)</b> <b>5:00 Instrumental Christmas Music (Channel 1960)</b>
<i>Christmas Day</i> <b>25</b> 7:00 Instrumental Hymns (Channel 1960) 10:20 Healthy with Healthpro Exercise (Channel 1960) 2:00 Christmas Music (Channel 1960) <b>2:55 Christmas Vespers Service (Channel 1960 &amp; Assembly Room)</b>	<i>Kwanzaa</i> <b>26</b> <b>10:00 Manicures! (AR)</b> 10:20 Healthy with Healthpro Exercise (Channel 1960) <b>1:30 Shop Lakeside (B)</b> 2:00 Game Fest! (AR) 3:15 Bridge Club! (AR)	10:00 Chocolate Bingo! (AR) <b>27</b> 1:55 Hymn Sing with Joe! (AR) 3:00 Trivia Tuesday (AR) 4:00 Healthy with Healthpro Exercise (Channel 1960) <b>4:15 Dinner Out: Montano's (B)</b>	8:30 YMCA (B) <b>28</b> 9:30 Food Committee Meeting (AR) 11:00 Painting with Sam (AR) 1:30 Playing Hearts! (AR) 3:00 BINGO (AR)	10:00 Healthy with Healthpro Exercise (AR) <b>29</b> 1:30 Independent Word Searches Available (Ro) 3:00 In the Kitchen with Charnice! (DWL) 4:00 Healthy with Healthpro Exercise (Channel 1960)	10:30 Cornhole with Charnice! (AR) <b>30</b> <b>2:30 New Years Eve Party with Ron Downing! (VR)</b> 4:00 Healthy with Healthpro Exercise (Channel 1960)	<i>New Year's Eve</i> <b>31</b> 10:00 Social Hour (FR) 10:20 Healthy with Healthpro Exercise (Channel 1960) <b>1:30 Movie Matinee (AR)</b> 4:00 Healthy with Healthpro Exercise (Channel 1960)

# December 2022

Oak Tree

HERMITAGE  
ROANOKE