

HERMITAGE

ROANOKE

October 2022

GREETINGS!

Did you know that Hermitage Roanoke participates in the annual Walk to End Alzheimer's? Each year our team, the Hermitage Hikers, partakes to raise awareness and fund research which will one day provide a cure for this debilitating disease. In 2020, there were over 150,000 Virginians living with Alzheimer's and that number is expected to increase by nearly 27% to 190,000 people affected by 2025. With more people being diagnosed every day, it is increasingly important for us to support research. Please consider joining our team (donations are not required) and walking with us this year at Longwood Park in Salem on 10/1/22. If the event is rained out, it will be held on 10/29/22. Thank you for being a part of our family!



-James

HERMITAGE HERO

Our Hermitage Hero program was started to recognize our team members who go out of their way to improve the lives of our residents and make positive impacts on our community.

This program allows residents, families, and team members to nominate whomever they feel is truly making a difference here at Hermitage Roanoke. Each month, we select a "Hero of the Month" who will ultimately be eligible to win the "Hero of the Year" award each August.

Tamara Young is our Hero for October! Tamara has been a Housekeeper with us for almost one year now. Dedicated to her work, Tamara is a team member in everything she does, cleaning big messes without question or complaint. She is very good at involving residents in her housekeeping and anticipates their needs. Her service always exceeds expectations! Tamara's sweet personality and willingness to help make her a super special person! Congratulations, Tamara!



SAMARITAN PROGRAM

This summer, you will begin to see a new image associated with the Samaritan Program – a shock of wheat.



SAMARITAN PROGRAM

For almost 70 years, contributions to the Samaritan Program have helped residents of the communities of Pinnacle Living when they are most vulnerable. The Samaritan Program provides financial assistance to those who, through no fault of their own, become unable to meet the full cost of our services. In Fiscal Year 2022, a total of \$338,137 was provided through the Samaritan Program, bringing to total amount provided in benevolent care support in the last ten years to \$7,029,024. 83 percent of the recipients in FY 2022 were women. 50 percent resided in health care households and neighborhoods. You can make an online gift to the Samaritan Program through the Pinnacle Living website (www.pinnacleliving.org), our community website or Facebook page, or deliver a check or cash to the Business Office. Please remember to designate your gift to this community if you so choose; otherwise, your gift will be used where the need is greatest.

CHAPLAIN'S CORNER

The temperatures are cooling, the air is crisp and clear, the nights are growing longer, and the leaves are starting to reveal their vibrant veins of autumn hues.

I love this time of year. This is the threshold from summer into fall, from the strength of summer harvest into the dormancy of the fields and landscape. It is also the time when we often enter a deeper reflection into our lives – our purpose, our dreams, our losses, our relationships.

This is a time to reflect on our journey of life, the highways and the detours, the hidden trails and the mountain tops.

Every moment is sacred, and every sacred journey is a meeting of heaven and earth, the divine and the human.

Many of us are experiencing transitions as we move from our homes into a new home at Hermitage. Some of us are going through the depths of grief, its' waves sometimes knocking us over and sometimes bringing us calm as we remember with gratitude the lives we have shared with those we love.

Some of us are struggling with our physical health, and some of us are wrestling with God trying to make sense of why certain things are happening in our lives.

In and through this all, we are on a sacred journey. We are spiritual beings, created in the image of God, and good and beloved in God's love.

May this truth carry us through.

Peace,

Rev. Joe Cobb, Chaplain

PROGRAMS & EVENTS

HAUNTED HALLOWEEN PARTY



**THURSDAY, OCTOBER
27TH @ 2:30 PM IN
THE VIRGINIA ROOM
TRICK OR TREAT
YOURSELF TO A
LITTLE FUN. COME
HAVE A GOURD TIME
WITH US!**

TOOTSIE POP GHOSTS

Wednesday, October 19th
10:30 AM in the Assembly Room
Come get in the October spirit and
make some Tootsie pop ghosts!



HALLOWEEN PAPER LANTERNS

Monday, October 24th at 10:30
AM in the Assembly Room
Come help light up Halloween by
making some paper lanterns.



Thursday, October 13th
1:30 PM in the Virginia Room
Come join us at our first annual Talent
Show! Everyone has a hidden talent.
Show us your talent and we'll make it
shine!



PROGRAMS & EVENTS

Pig Visit: Farmer Minor & Daisy

Thursday, October 6th at 1:30 PM in
the Assembly Room

Come have a good time sharing
noises, treats and stories about Daisy
the pig!



Baking Cookies



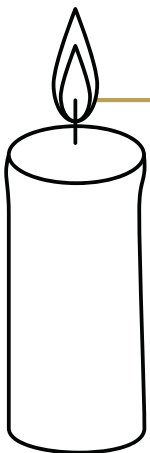
Wednesday, October 5th at
10:30 AM on Dogwood
Lane

What time is it? It's cookie
time! Come bake and enjoy
a delicious treat for today.



ALL SAINTS MEMORIAL SERVICE

Every November, we pause near
November 1st to remember and
honor our saints--those beloveds
among us who have died in the
past year. Please join us in
remembering them on Tuesday,
November 1st at 3:00 PM in the
Virginia Room



Breast Cancer Awareness Bracelets/Necklaces

Saturday, October 15th at 10:00 AM
in the Florida Room

October is Breast Cancer Awareness
month. Come join us make some
necklaces and bracelets to show your
support!



Fall Craft with Christina!

Wednesday, October 26th at 1:30 PM
Join Christina as she helps you decorate
this adorable fall owl! No sign up
required.



OUTINGS

SHOPPING TRIPS

October 3rd at 1:30--Lakeside
October 10th at 1:30--Lakeside
October 14th at 1:30--Valley View
October 18th at 1:30--Lakeside
October 25th at 1:30--Lakeside



Ikenberry Orchards

Ikenberry Orchards is a 5th generation family-owned and operated farm and orchard that's provided the people of Daleville and the surrounding communities with apples, peaches, and vegetables for nearly 100 years!

Thursday, October 20th at 1:30 PM

Sign up in the outing book if you are interested!

MANICURES

Come get your nails filed and painted!

Monday, October 3rd @ 10 AM
Monday, October 17th @ 10 AM
Monday, October 31st @ 10 AM
in the Assembly Room



MEALS OUT

The Bus leaves from the Front Canopy at 4:15 PM sharp and returns by 7:00 PM. Please sign up in the activity book in the Rotunda if you plan on going!

- **Tuesday, October 4th at 4:15 PM:**
 - Mamma Maria's
- **No Dinner Out Tuesday, Oct. 11th**
- **Tuesday, October 18th at 4:15 PM:**
 - Montano's
- **Tuesday, October 25th at 4:15 PM:**
 - Hollywood's

FALL LEISURE RIDE

Friday, October 14th @ 10 AM
on the Bus

Join us for a relaxing ride around on the bus to enjoy the fall weather and scenery.



ANNOUNCEMENTS



NEWSLETTER MAILING LIST



If you have relatives or friends who would like to receive the newsletter each month, or wish to be taken off the list, you can email Sam Swanberg at sswanberg@pinnacleliving.org.



BILLIARDS ROOM



Did you know that we have a Billiards Room? It is located on the Top Floor! You take a left off of the elevator and it is at the very end of the hall.

Residents are free to use this room at any time!

VOTING/ABSENTEE BALLOTS

The November Election is coming up! If you are interested in filling out an absentee ballot, please contact Mary Craddock at 540-767-6803. The last day to apply to vote absentee by mail is Oct. 28th. The last day to register to vote is Oct. 17th.

****Reminder:** anyone who just moved in should make sure their new address is registered with Roanoke City voter registration. You can do this on the absentee ballot application form too.

We will also be taking the Bus to the polls on 11/8 at 9 AM.

Please sign up in the book if you would like to go.

COUNCIL MEETINGS

The Resident Council meets the third Tuesday every other month at 1:00 PM.
Your representatives are: Bobby Bohon, Ann Holloman, and John Leslie

The Wesley Place Council meets the third Tuesday every other month at 2:00 PM.

Your Wesley Place representatives are: John Cahoon, Heather Reid, and Kathy Lewis.

If you have any concerns that need to be addressed, please see your representatives.

CALLING ALL HERMITAGE VETERANS!

Please provide us with a picture of you during your service. We would like to have one for a special event in November!

You can email pictures to Sam at sswanberg@pinnacleliving.org



ADDITIONAL ANNOUNCEMENTS

REOCCURRING PROGRAMS

Game Fest/UNO:

Mondays at 2:00 PM Assembly Room

Chocolate Bingo:

Tuesdays at 10:00 AM Assembly Room

Trivia Tuesday:

Tuesdays at 3:00 PM Assembly Room

Bingo:

Wednesdays at 3:00 PM Assembly Room

Healthy with HealthPRO:

Thursdays at 10:00 AM Assembly Room

Memory Jogging:

Fridays at 3:00 PM Assembly Room

Men's Club:

Fridays at 1:15 PM Assembly Room

Vespers:

Sundays at 3:00 PM Assembly Room



**Shirley Surbaugh
Kenneth Surbaugh
Ethel Ledbetter
David Justis
Mel Hollandsworth
Jennie Mace**

PUMPKIN DECORATING

**Friday, October 21st
10:30 AM in the
Assembly Room**

**Hey there pumpkin!
Orange you pumped for
autumn? Come join us for
a little fun and decorate
some pumpkins**



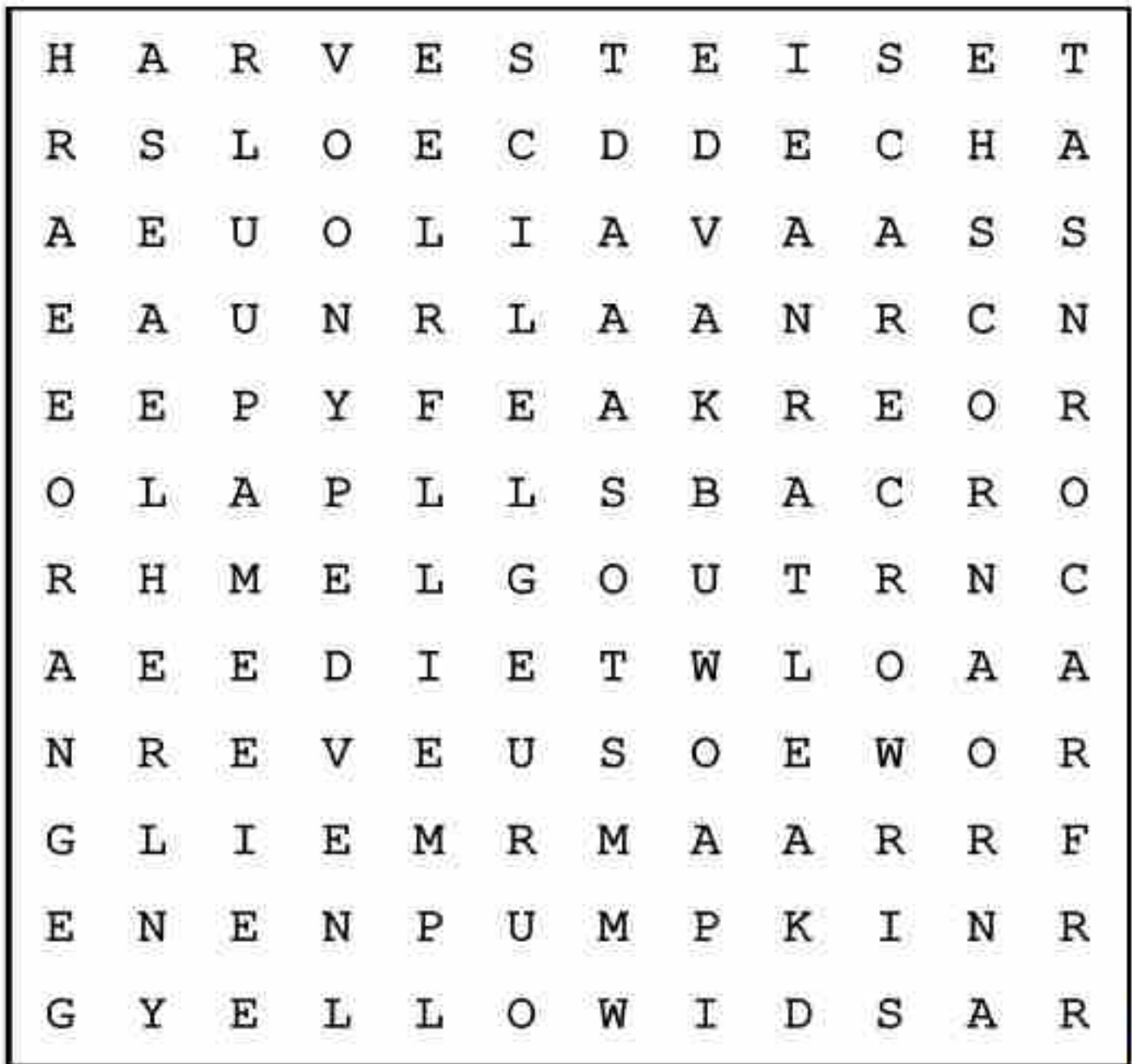
OCTOBER BIRTHDAY PARTY!

Join the Saxy Keys as they help us
celebrate our October Birthdays!
Tuesday, October 4th at 2:30 PM
in the Virginia Room



FUN FALL WORD SEARCH

Find each of the fall words hidden below.



WORDS TO FIND:

| | |
|-----------|--------------|
| pumpkin | harvest |
| yellow | apples |
| scarecrow | hayride |
| autumn | red |
| leaves | Thanksgiving |
| sunflower | football |
| acorns | orange |
| corn | |



HERMITAGE

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AT YOUR SERVICE

| | |
|---------------------------------|---|
| Immediate Dining Assistance | 767-6825 |
| Dining Services | <i>Michael Steptoe, 767-6823</i> |
| Sous Chef | <i>Karen Klink, Chef, 767-6824</i> |
| Executive Director | <i>James Stovall, NHA, 767-6810</i> |
| Business Office Mgr. | <i>Kristen Testerman, 767-6804</i> |
| Sales & Marketing Director | <i>Wade Tallant, 767-6818</i> |
| Sales Counselor | <i>Stacey Corbitt, 767-6815</i> |
| Social Services | <i>Mary Craddock, MSW, 767-6803</i> |
| Environmental Services | <i>Barry Perkins, 767-6820</i> |
| Director of Nursing | <i>Christy Thornton, 767-6833</i> |
| Lifestyles & Wellness Director | <i>Sam Swanberg, 767-6813</i> |
| Chaplain | <i>Rev. Joe Cobb, 767-6883</i> |
| Front Lobby | <i>Margie Lindsey, 767-6800</i> |
| Lead Concierge | <i>Stephanie Jackson, 767-6801</i> |
| Beauty Salon | <i>Renee Jones, 767-6806 (M, Tu, 9-4)</i> |
| Transportation | <i>Dan Levesque, 520-9716</i> |
| Lifestyles & Wellness Office | <i>Charnice & Christina, 767-6819</i> |
| Assistant Director of Nursing | <i>Amanda Long, 767-6829</i> |
| Assisted Living Clinical Leader | <i>Brittany Potter, 767-6881</i> |
| Assisted Living Nurses Station | 767-6811 |
| HealthPRO Heritage Rehab | 767-6817 |
| Dogwood Nurses Station | 767-6816 |
| Security (5 PM-5 AM) | 525-1363 |



Hermitage Roanoke
1009 Old Country Club Rd.

**Join us for our Trunk or Treat event on
Friday, October 28th from 4-6 PM
in our Front Parking Lot!**

Friends, family members and neighbors of
Hermitage Roanoke are welcome!
Kids, please bring a trick or treat bag to fill
and wear a costume!

**Residents and team members are
eager to hand out candy!**

1009 Old Country Club Rd. Roanoke, VA 24017 540-767-6800 *Fax 540-767-6830

HERMITAGE

ROANOKE

PINNACLE LIVING

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