GREETINGS!
It is the most wonderful time of the year and soon families will be gathering as people travel home for the holidays. Around Hermitage Roanoke, we will have many reasons to celebrate as we inch closer to Christmas Day. Between our holiday events, team member get together, and resident Christmas party, we have a busy month ahead. December 3rd also marks the beginning of our 3rd Annual Festival of Lights. Our ever-growing collection of Christmas lights will be on display until new years day and we encourage you to invite your friends and families to visit us as we light up the campus. This year we will have our “biggest” addition yet, so you don’t want to miss out! Merry Christmas and Happy Holidays!

James

HERMITAGE HERO
Our Hermitage Hero program was started to recognize our team members who go out of their way to improve the lives of our residents and make positive impacts on our community. This program allows residents, families, and team members to nominate whomever they feel is truly making a difference here at Hermitage Roanoke. Each month, we select a “Hero of the Month” who will ultimately be eligible to win the “Hero of the Year” award each August. Our Hermitage Hero for December is Julia Hendrix! Julia has been employed at Hermitage Roanoke since June of 2022. She moved to the Roanoke area from her home state of Pennsylvania where she spent her early career as a Social Worker supporting children with Autism. She now is focusing on her art portfolio, and you can find her smiling at our Concierge desk Friday-Sunday. She is always so friendly, welcoming, helpful to all residents, family members, team members and visitors and has been such a wonderful addition to the administrative team. We are so happy to have her here at the Hermitage!
Have you considered a year-end gift to the Samaritan Program? Samaritan Program gifts may be designated to any of our Pinnacle Living communities. Undesignated gifts are used where the need is greatest. One hundred percent of your contribution will go directly to the financial support of the residents in need and will not be used for operational, capital, or administrative costs.

On behalf of our residents who rely upon this support and good will, thank you for honoring the heritage of Pinnacle Living and the legacies of the individuals who call our communities “home” with your gift. To make an online gift to the Samaritan Program by credit or debit card, visit the Pinnacle Living website at www.pinnacleliving.org, our community website or on the Facebook pages for Pinnacle Living or our community. Checks may be delivered to the Business Office. Make the check payable to Pinnacle Living or to Hermitage Roanoke. Please note “Samaritan Program” in the memo line and designate the gift to the community or where the need is greatest.
December is upon us, and while the nights grow longer and the days feel shorter, there is a Light that beckons us to reflect on all this holy season births for us and within us.

For Christians, we are beginning our “new year” with the season of Advent, a time of preparation for the birth of the Holy Child and his return. As we live in-between, each Sunday during our Vespers service, we light a candle commemorating part of the journey. On Christmas Day, we celebrate Jesus’ birth and how God’s love is made known in us.

For Jews, December marks the celebration of Chanukah (or Hanukkah). Starting at nightfall on December 18, and ending with nightfall on December 26, these eight days “mark the miraculous victory of the Maccabees, Jewish freedom fighters, over the Seleucidian Greek occupiers in the year 139 BCE. After recapturing Jerusalem’s Holy Temple, which had been converted into a place of idol worship, they searched for pure oil with which to light the Temple menorah. They found just enough to burn for one day, but miraculously it burned for eight days until more oil could be brought.” (Chabad.org)

To celebrate Chanukah, on each of the eight nights Jewish people light special menorahs (candelabras), adding another flame each night, until on the eighth night eight flames are burning brightly. The lighting takes place at home, in a doorway or near a window, and is performed after brief blessings are recited.

I love seeing our beautiful Hermitage transformed into a winter wonderland of light and love during this Christmas season. As we begin December with our Festival of Lights, we carry the Light within us as we remember that in God’s love is light and love is the light of the world.

Happy Chanukah and Merry Christmas!

Blessings,
Rev. Joe Cobb
Chaplain
FESTIVAL OF LIGHTS
Tuesday, December 6th at 5:45 PM
Meet at the Front Canopy
We have beautiful lights displayed on the Front Lawn here at Hermitage! Come take a ride on the Bus to see how the displays bring out Hermitage's glow. We will be driving several groups so everyone has a chance to see them! We may even have a special visitor joining us!

MAKING GINGERBREAD HOUSES
Sunday, December 4th at 1:15 PM in the Maple Tree Lane Sunroom
The gingerbread man need a home for Christmas too! Come help us build him a home!

Great American Composers Show
Wednesday, December 7th at 10:30 AM in the Virginia Room
Come listen to Bob and Libbie Colia perform a show filled with the Great Composers, like Cole Porter, Richard Rogers, and Irving Berlin just to name a few along with a little narration on their lives!

Lions Club Christmas Party
Thursday, December 15th at 2:00 PM in the Virginia Room
Enjoy some music from John Moore as he plays the piano and leads us in holiday sing-a-longs. This program is sponsored by Roanoke Valley Breakfast Lions Club!

HOT CHOCOLATE SOCIAL
Saturday, December 3rd at 4:00 PM in the Rotunda
It is hot chocolate weather! Come join us! Fill your day up with happiness and overflow it with hot cocoa!
New Year’s Eve Party with Ron Downing
Friday, December 30th at 2:30 PM in the Virginia Room
What better way to celebrate the new year than with a party? Come have some fun listening to some folk/light rock and old-time classics while Ron Downing tells stories about the music.

The Brothers Young Perform
Thursday, December 8th at 3:30 PM in the Assembly Room
Join us for a spectacular Christmas show prepared for us by two gifted young men. Sit back and enjoy the dynamic duo strum some of Appalachia’s best bluegrass.

Scrooge: One Man Show
Monday, December 19th at 1:30 PM in the Assembly Room
Get taken back to Christmas in the mid 1800s with David Browning as he performs a dramatic One-man Presentation of "A Christmas Carol".

Floating Candle Craft
Thursday, Dec. 1st at 3:00 PM in the Assembly room
Come light up your day by learning how to make candles float.

Vinton Christmas Parade
Thursday, December 1st
Bus leaves at 6 PM for parade at 7 PM
Join us on the Bus to Vinton for the Annual Christmas Parade! Ride on the Bus while some of our Hermitage Team Members walk alongside the Bus in the parade! The event starts at 7 PM. We will be leaving Hermitage at 6 PM. Please call Sam if you are interested, or sign up in the activity outing book!

Manicures
Come get your nails filed and painted!
Monday, Dec. 5th @ 10 AM
Monday, Dec. 19th @ 10 AM
Monday, Dec. 26th @ 10 AM in the Assembly Room
OUTINGS & EVENTS

SHOPPING TRIPS

Dec. 2nd at 10:00---Valley View
Dec. 5th at 1:30---Lakeside
Dec. 12th at 1:30---Lakeside
Dec. 19th---No Lakeside Shopping
Dec. 23rd at 1:30---Tanglewood
Dec. 26th at 1:30---Lakeside

DINNER OUT

The Bus leaves from the Front Canopy at 4:15 PM sharp and returns by 7:00 PM. Please sign up in the activity book in the Rotunda if you plan on going!

- No Dinner Out on Tuesday, Dec. 6th
- Tuesday, Dec. 13th at 5:00 PM:
  - Bonsack Chik-Fil-A
- Tuesday, Dec. 20th at 4:00 PM:
  - Liberty Station
- Tuesday, Dec. 27th at 4:15 PM:
  - Montano’s

CHIK FIL A DINNER & LIGHTS

Join Melody, Dan and Charnice as they take you on adventure to Bonsack Chik-Fil-A to view the Christmas Lights! We'll then take our dinner back to Hermitage to eat.

Tuesday, December 13th at 5:00 PM on the Bus

RESIDENT CHRISTMAS LUNCH

We will be providing a special Christmas lunch for all of our wonderful hermitage residents! Louise Miller will be playing piano during lunch for all to enjoy.

Wednesday, December 21st at 12:00 PM

Lunch at Hotel Roanoke

Sign up for a fun trip to Hotel Roanoke for lunch! Please bring $35 for your meal (lunch, gratuity) Sign up in the book if you are interested in going.

Lunch at Mountain Lake Lodge

Join us for lunch at Mountain Lake Lodge!
Place where Dirty Dancing was filmed
Look around at all of their Christmas decorations after our meal
Announcements

Know Your Resident Rights

- To be informed of your rights, rules and regulations governing your care, conduct and responsibilities.
- To be informed of available services and related charges.
- To be informed of your medical condition and to be involved in planning your treatment.
- To be informed of any reasons for transfer or discharge and to be given reasonable advance notice.
- To voice grievances and recommend changes in policy.
- To manage your personal financial affairs.
- To be free from mental and physical abuse and to be free from unauthorized chemical and physical restraints.
- To have confidential treatment of your personal and medical records and approval or refusal of their release.
- To be treated with recognition of your dignity, individuality, and privacy.
- To not be required to perform services for the facility.
- To have private communication with persons of your choice and to send and receive unopened mail.
- To participate in social, religious and community activities.
- To maintain and use personal clothing and possessions as space permits.
- To have privacy for visits with your spouse.
- To have the rights and responsibilities of residents available in an easily accessible place in the facility.

Council Meetings

The Resident Council meets the third Tuesday every other month at 1:00 PM.

Your representatives are: Bobby Bohon, Ann Holloman, and John Leslie.

The Independent Living Council meets the third Tuesday every other month at 2:00 PM.

Your Independent Living representatives are: John Cahoon, Heather Reid, and Kathy Lewis.

If you have any concerns that need to be addressed, please see your representatives.

Christmas Spirit Week!
December 19th through 25th is Christmas Spirit Week! We will be posting a flyer with special themes for each day for residents and team members to participate!

Newsletter Mailing List

If you have relatives or friends who would like to receive the newsletter each month, or wish to be taken off the list, you can email Sam Swanberg at sswanberg@pinnacleliving.org.

Roanoke League of Older Americans (LOA)
(540) 345-0451
REOCURRING PROGRAMS

Game Fest/UNO:
Mondays at 2:00 PM Assembly Room

Chocolate Bingo:
Tuesdays at 10:00 AM Assembly Room

Trivia Tuesday:
Tuesdays at 3:00 PM Assembly Room

Bingo:
Wednesdays at 3:00 PM Assembly Room

Healthy with HealthPRO:
Thursdays at 10:00 AM Assembly Room

Memory Jogging:
Fridays at 3:00 PM Assembly Room

Men’s Club:
Fridays at 1:15 PM Assembly Room

Vespers:
Sundays at 3:00 PM Assembly Room

Christina’s Retirement

As many of you have already heard, Christina Schnabel from our Lifestyles and Wellness Department is retiring. While we are going to miss her, but we are excited for her next adventure! Join us for her Retirement Party on Thursday, December 22nd at 1:30 PM in the Assembly Room. Christina’s official last day is Friday, December 23rd.

Thank You

DECEMBER BIRTHDAY PARTY!

Our December Birthday Party will feature the Director of Music and Worship from Raleigh Court United Methodist Church, Mrs. Debra LeBrun. She will be ringing solo handbells, playing Christmas pieces. She also accompanies herself on the piano, which is on a CD player. The UMW of the church will provide the refreshments. You won’t want to miss this very special treat!

Tuesday, December 13th at 2:00 PM in the Virginia Room
AT YOUR SERVICE

Immediate Dining Assistance 767-6825
Dining Services Michael Steptoe, 767-6823
Sous Chef Karen Klink, Chef, 767-6824
Executive Director James Stovall, NHA, 767-6810
Business Office Mgr. Kristen Testerman, 767-6804
Sales & Marketing Director Wade Tallant, 767-6818
Sales Counselor Stacey Corbitt, 767-6815
Social Services Mary Craddock, MSW, 767-6803
Environmental Services Barry Perkins, 767-6820
Director of Nursing Christy Thornton, 767-6833
Lifestyles & Wellness Director Sam Swanberg, 767-6813
Chaplain Rev. Joe Cobb, 767-6883
Front Lobby Margie Lindsey, 767-6800
Lead Concierge Stephanie Jackson, 767-6801
Beauty Salon Renee Jones, 767-6806
Transportation Dan Levesque, 520-9716
Lifestyles & Wellness Office Charnice, Christina, 767-6819
Assistant Director of Nursing Amanda Long, 767-6829
Assisted Living Clinical Leader Brittany Potter, 767-6882
Assisted Living Nurses Station 767-6811
HealthPRO Heritage Rehab 767-6817
Dogwood Nurses Station 767-6816
Security (5 PM-5 AM) 525-1363
3rd Annual Drive-Thru Festival of Lights

YOU’RE INVITED TO OUR FESTIVAL OF LIGHTS

WHEN:
DECEMBER 3, 2022 - JANUARY 1, 2023

TIME:
6-9 P.M.

LOCATION:
1009 OLD COUNTRY CLUB ROAD, ROANOKE, VA 24017

WARM UP THE CAR, gather the family, and explore the magic of the holidays illuminated by thousands of twinkling lights on the opening night of our third annual drive-thru FESTIVAL OF LIGHTS celebration!

- Free admission
- Grand illumination celebration begins December 3 from 6-9 p.m. with goodies gifted to the first 500 children by Santa Claus
- Special appearances from Rudolph & friends
- Nightly lights until New Year’s Day

In the giving spirit? Help us support Feeding Southwest Virginia by bringing one or more canned goods for our food drive on opening night!