# WindsorMeade

WILLIAMSBURG

# WHISTLER



#### THE WINDSORMEADE LEADERSHIP TEAM

Andrea Staskiel Executive Director Lori Kaisand Administrator Health Services Kevin Early
Director
Dining Services

Tammy Johnson-Candia Director of Nursing Holly Hunt Director Lifestyles & Wellness Steven Nelson
Director Maintenance
Engineering & Support Services

Lydia Earhart Director Marketing & Sales Kesha Nowell Manager Business Office

## Community Events



## Jessie Ball duPont Champagne Brunch

Tuesday, November 1 | 10:00 am | Kensington Room

Your gift today can go even further in making a lasting impact. The Jessie Ball duPont Fund has generously agreed to match donations made on 11/1. World-renowned pianist, Ted Cornell, will provide entertainment. Minimum \$100 donation per person. Please turn in your postdated check for 11/1/22 and sign up with the Concierge before 10/31. Your postdated check will be your RSVP.

## **Fall Bocce League Finals**

Tuesday, November 1 | 12:00-3:00 pm | Bocce Court Friday, November 4 | 2:00 pm | Bocce Court

Support your WindsorMeade friends and neighbors in their final fall Bocce League games. Cheer for your favorite team and see who moves on to the Championship game on November 4 at 2:00 pm. Special thanks to Charlie Cote and all who participated this season.

## **Jewish Art presents:**

Marc Chagall's Biblical Images

Thursday, November 3 | 2:00 pm | Kensington Room Tuesday, November 15 | 2:00 pm | Kensington Room

Join Jonathan Homrighausen as he presents this series of etchings that Chagall created based on biblical stories.

## **DMV Connect**

Monday, November 7 | 9:30 am | Windsor Corner

Mark your calendars because DMV Connect is returning to WM! They will be equipped to process all DMV transactions. Sign up in the Message Center for your desired time slot.

## **Classic & Antique Car Show**

Monday, November 7 | 11:00 am-1:00 pm | Parking Lot A

The Classic Cruisers Car Club and Antique Automobile Club of America return to WM with some of the finest automobiles around. Club members are dedicated to the collection and preservation of vintage automobiles. Don Chido's food truck returns with lunch, compliments of the Lifestyles team. Enjoy lunch, talk to the owners, and cast your vote for your favorite automobile. Sign up in the Message Center before 11/3.

## **Musical Mondays**

Monday, November 7, 14, & 21 | 1:00 pm | KR

Take in a timeless classic from the golden age of music with musical Mondays featuring The Wizard of Oz, Mary Poppins and Walt Disney's masterpiece, Fantasia.



## **Quarterly Birthday Celebration** Wednesday, November 9 | 3:00 pm | Kensington Room

Celebrate your friends and neighbors with birthdays in September, October, and November. Everyone is encouraged to wear a nametag, sit with a stranger and make a new friend! Special thanks to the WM social committee!

## **Caregivers Support Group** Thursday, November 10 | 10:30 am | Windsor Corner

This forum is for those struggling and their loving caregivers. Together, we can combat social isolation and connect with others in a supportive environment.



The WM Veterans Committee will present a program rich in tradition for all to enjoy. Doors open at



12:30 pm, We Three performs at 12:40 pm and the ceremony begins at 1:00 pm. Our special keynote speaker is CAPT Don Troast, USN (Ret.). Help us honor the military service and commitment of our residents, team members and loved ones. Everyone is invited to enjoy cake after the ceremony.

## **Tony Mata Performs** Wednesday, November 16 | 6:00 pm | Parlor

B.Y.O.B. and enjoy the music with guitarist, Tony Mata. Tony is known for his thoughtful interpretation of jazz standards ranging from Bebop to classics from the Great American Songbook.

## Virginia's Indigenous Peoples Thursday, November 17 | 10:00 am | Kensington Room

Welcome Jamie Helmick, Director of Community Engagement, from the Jamestown-Yorktown Foundation. For 20 years, she has educated the public on the history of the settlement of Jamestown, the American Revolution, and the Indigenous peoples that live in our area. Jamie's tribal affiliation is Sault Ste. Marie Tribe of Chippewa Indians. Join us for this Public Insights presentation.

## **Arlington Field of Honor** & The Canteen Spirit

Friday, November 18 | 2:00 pm | Kensington Room

National Geographic takes an inside look into history and traditions of Virginia's Arlington National Cemetery.

## **Cultural Explorations**

Monday, November 21 | 1:00 pm | Windsor Corner

"Relationships and connection are at the heart of what it means to move through this life together," stated author, Brené Brown. How do our perceptions of the past impact the present? Participants are encouraged to share an object, image or food of cultural significance in November.

### **Adventures with Watercolor** Tuesday, November 22 | 10:00 am | Windsor Corner

Join Pam Taylor from Visiting Angels and explore the art of watercolor. Create a one-of-a-kind watercolor greeting card. Art supplies, stencils and instruction provided. Space is limited. Sign up in the Message Center by 11/15.

## America ~

### **Imagine the World Without Her** Friday, November 25 | 2:00 pm | Kensington Room

Through reenactments of landmark events in America's history and insightful interviews with leading historians, this is a thought-provoking documentary you will not want to miss.

## Jessie Ball duPont Fundraiser

Tuesday, November 29 | 10:00 am | Kensington Room

As the month of November comes to a stop, let us give the Jessie Ball duPont fundraiser one last drop. Together, we can make a difference. Details coming soon!



Dr. Umit Ergin.....Nov. 12

Dola Allen ......Nov. 25

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Touchtown can be viewed on Channel 1960.  Channel 1960.  Health Pro Services #941-4639	Salon Hours Tuesday & Thursday - Carol 9:00 am-2:00 pm/Windsor Hall Call Carol at 941-3659 to schedule your appointment! Wednesday - Tamara 9:00 am-3:00 pm/Bedford Terrace Call Tamara at 941-3649 to schedule your appointment!	10:00 am Jessie Ball duPont Champagne Brunch - KR 10:00 am-12:00 pm Supervised Fitness/ Onboard Training w/Appointment - FC 12:00-3:00 pm Fall Bocce League Finals - Bocce Court	1:00 pm Urban Poling - Depart WH 3:30 pm News & Views - WC	10:00 am-12:00 pm Supervised Fitness/ Onboard Training w/Appointment - FC 10:30 am-12:00 pm WRL - Library 1:00 pm Bible Study - WC 2:00 pm Jewish Art presents: Marc Chagall's Biblical Images - KR 2:30 pm Diamond Art - WC 5:10 pm Center Street Grill - Depart WH	1:00 pm Dixieland Jam Band - WC 2:00 pm Fall Bocce League Championship - Bocce Court 5:00 pm TGIF - CR 6:45 pm Williamsburg Symphony Orchestra - Depart WH	9:30 am Peace Hill Farm Fall Festival - Depart WH 1:00-3:00 pm William & Mary Volunteers - Library 1:30-3:00 pm Ping Pong - FC 4:00 pm Movie Matinee presents: Dog - KR
9:30 am Virtual Worship Service - WC 4:00 pm Worship Service - KR 6:00-7:00 pm Bingo - Bistro  Daylight Saving ends at 2 a.m. Set clocks back 1 hour	9:30 am DMV Connect - WC 11:00 am-1:00 pm Classic & Antique Car Show - Parking Lot A 1:00 pm Musical Mondays presents: The Wizard of Oz - KR	9:00 am-3:30 pm Election Day Shuttle to the Polls - Depart WH 10:00 am Resident Association Meeting - KR 10:00 am-12:00 pm Supervised Fitness/ Onboard Training w/Appointment - FC 1:30 pm Power of Art - KR 7:00 pm Kingsmill Choraliers - KR	9 1:00 pm Urban Poling - Depart WH 3:00 pm Quarterly Birthday Celebration - KR 3:30 pm News & Views - WC	9:00 am Williamsburg Symphony Orchestra	8:45 am Line Dancing - FC 12:30 pm Veterans Day Ceremony - KR 5:00 pm TGIF - CR	1:30-3:00 pm Ping Pong - FC 4:00 pm Movie Matinee presents: Ride the Eagle - KR
9:30 am Virtual Worship Service - WC 4:00 pm Worship Service - KR 6:00-7:00 pm Bingo - Bistro	1:00 pm Musical Mondays presents:  Mary Poppins - KR 3:00 pm On Your Own Crafts - WC	10:00 am-12:00 pm Supervised Fitness/ Onboard Training w/Appointment - FC 11:30 am Touchtown Tech Assistance - WC 2:00 pm Jewish Art presents: Marc Chagall's Biblical Images - KR 7:15 pm Chamber Music Society - Depart WH	1:00 pm Pie in the Park - Depart WH 3:30 pm News & Views - WC 6:00 pm Tony Mata Performs - Parlor	10:00 am Virginia's Indigenous Peoples - KR 10:00 am-12:00 pm Supervised Fitness/ Onboard Training w/Appointment - FC 1:00 pm Bible Study - WC 2:30 pm Diamond Art - WC 5:00-7:00 pm Laughs - CH 6:15 pm Virginia Symphony Orchestra - Depart WH  * Laughs	1:00 pm Dixieland Jam Band - WC 2:00 pm Arlington Field of Honor & The Canteen Spirit - KR 5:00 pm TGIF - CR 7:00 pm Bach's St. John Passion at St. Bede - Depart WH	9:00 am Williamsburg Holiday Bazaar - Depart WH 1:00-3:00 pm William & Mary Volunteers - Library 1:30-3:00 pm Ping Pong - FC 4:00 pm Movie Matinee presents: 12 Mighty Orphans - KR
9:30 am Virtual Worship Service - WC 4:00 pm Worship Service - KR 6:00-7:00 pm Bingo - Bistro	21 10:00-11:30 am iPhone/iPad Users Group - KR 1:00 pm Musical Mondays presents: Fantasia - KR 1:00 pm Cultural Explorations - WC 3:00 pm On Your Own Crafts - WC	10:00 am Adventures with Watercolor - WC 10:00 am-12:00 pm Supervised Fitness/ Onboard Training w/Appointment - FC	10:30 am-2:00 pm Holiday Crafts On Your Own - WC 3:30 pm News & Views - WC	24 THANKSGIVING  Happy Thanksgivring!  No Fitness Classes or Transportation	8:45 am Line Dancing - FC 1:00 pm Dixieland Jam Band - WC 2:00 pm America, Imagine the World Without Her - KR 5:00 pm TGIF - CR  No Fitness Classes or Fitness Team	26 1:30-3:00 pm Ping Pong - FC 4:00 pm Movie Matinee presents: Hope Gap - KR
9:30 am Virtual Worship Service - WC 4:00 pm Worship Service - KR 6:00-7:00 pm Bingo - Bistro	10:00 am-1:00 pm Game Day On Your Own - WC 3:00 pm On Your Own Crafts - WC	10:00 am Jessie Ball duPont Fundraiser - KR 10:00 am-12:00 pm Supervised Fitness/ Onboard Training w/Appointment - FC 5:15 pm Meyhane Kitchen & Bar - Depart WH	12:00 pm Tech Talks - CH 1:30 pm Tech Talks - KR 3:30 pm News & Views - WC	November Birthdays Kay FoxNov. 1 Raymond StokesNov. 6 Judith BowersNov. 7 Shirley MitchellNov. 9 Tom BartschNov. 11	Ali NajjarNov. 18 Judy JohnsonNov. 18 Dr. Howard Robins .Nov. 20 Martha HardmanNov. 21 Bill SmithNov. 21 H. Donald NelsonNov. 23	Susan Hinderleider .Nov. 25 Carol BischoffNov. 27 Tom HaleNov. 29 Paul LongneckerNov. 30 Al ErmalinskiNov. 30



### **Center Street Grill**

Thursday, November 3 | 5:10 pm | Depart WH Activity Level I

Join your friends and neighbors for dinner at Center Street Grill where traditional tastes are fueled with new world flavors. Dinner is on-your-own. Sign up in the Message Center by 11/1. Space is limited!

# Peace Hill Farm Fall Festival Saturday, November 5 | 9:30 am | Depart WH Activity Level III

Join Peace Hill Farm for their fall festival complete with live music, food, crafts, farm tours and more! Admission is free, but all purchases from vendors are on-your-own. Sign up in the Message Center by 11/1.

## **Election** Day Shuttle

Tuesday, November 8 | 9:00 am-3:30 pm | Depart WH All Activity Levels

WindsorMeade will provide an election day shuttle to/from the polls starting at 9:00 am. The last shuttle will leave at 3:30 pm. Participants should sign up in advance with the Concierge. On election day, please check in at the Concierge desk and wait in the lobby for the voting shuttle to arrive.

## Williamsburg Symphony Orchestra Encore Affair

Thursday, November 10 | 9:00 am | Depart WH Activity Level II

A ferry ride over the James River and through the woods to St. Lukes Church we go! This WSO fundraiser offers a docent-led tour of St. Lukes Church in Smithfield followed with lunch at The Smithfield Inn. Cost is \$60, charged to your account. Space is limited so be sure to sign up in the Message Center by 11/4. No refunds after this date.

## Bach's St. John Passion at St. Bede Friday, November 18 | 7:00 pm | Depart WH Activity Level I

Bach's Masterworks will be performed by the orchestra and chorus of the International Bach Academy of Stuttgart. This superb German ensemble has been praised for their "emotional élan and virtuoso accuracy." Cost is \$42-\$55, charged to your account. Space is limited! Sign up in the Message Center by 11/11. No refunds after this date.



## Williamsburg Holiday Bazaar Saturday, November 19 | 9:00 am | Depart WH Activity Level III

The Annual Holiday Bazaar is back! This traditional event will have something for everyone on your holiday shopping list! There will be amazing hand-crafted fabric creations, gourmet soups from local Williamsburg restaurants, fantastic raffle prizes, homemade baked goods, gift baskets, and much MORE! All proceeds benefit the homeless pets at Heritage Humane Society. Sign up in the Message Center by 11/12.

# Holiday Events 😿

# Holiday Tea ~ Peace Hill Farm Thursday, December 1 | 10:45 am | Depart WH

Eat, drink and be merry! Indulge in delicious breads, scones, cookies, sandwiches and tea in a festive relaxed setting. Cost is \$26, charged to your account. Sign up in the Message Center by 11/10. No refunds after this date.

## Vienna Boys Choir Holiday Celebration

Tuesday, December 13 | 7:00 pm | Depart WH

The Vienna Boys Choir returns to Williamsburg and is scheduled to perform at St. Bede's. Cost is \$47, charged to your account. Space is limited! Sign up in the Message Center by 11/10. No refunds after this date.

# The Wagsters Christmas Spectacular Tuesday, December 20 | 5:30 pm | | Depart WH

Experience the magic of the holiday season with Wagsters magic show. Cost is \$32, charged to your account. Sign up in the Message Center by 12/12. No refunds after this date.

# Save the Dates!

## \* Holiday of Lights

Thursday, December 8 | 5:00-7:00 pm Windsor Hall

# \* Resident/Team Member Holiday Party

Friday, December 9 | 3:00-5:00 pm KR/MDR

## \* Riverside

## Christmas Spectacular

Friday, December 16 | 9:30 am Depart WH

(A reminder for those residents who signed up for this special holiday outing!)

## Out & About cont.

# Meyhane Kitchen & Bar Tuesday, November 29 | 5:15 pm | Depart WH Activity Level I

Meyhane culture began centuries ago during the Byzantine Empire, expanded during the Ottoman Empire and continues to flourish today in seaside communities along the Mediterranean Sea. This establishment serves Turkish, Balkan, and Greek traditional food. It is a must-taste kind of experience! Dinner is on-your-own. Space is limited. Please sign up in the Message Center by 11/22.



# Now Showing

## **Movie Matinees**

Saturdays | 4:00 pm | Kensington Room

November 5: Dog
November 12: Ride the Eagle
November 19: 12 Mighty Orphans
November 26: Hope Gap

## Musical Mondays

Mondays | 1:00 pm | Kensington Room

November 7: The Wizard of Oz November 14: Mary Poppins November 21: Fantasia

See insert for details.



# Randy's Reflections

# "Well done my good and faithful servant. ~ Matthew 25:21



November 11 is Veterans Day, a time to honor all veterans for their selfless service. We take this opportunity to thank God, gather to show our appreciation and remember those who gave the ultimate sacrifice. Thank you for defending our nation and freedom. May God bless and protect all active military and veterans.

God bless you,

- Chaplain Randy

Col Whitie Barrows, USAF (Ret.)

## Fitness

## **Turkey Trot Challenge**

November 1 - November 18 | Fitness Center

Gobble, gobble, wobble, wobble during our annual Turkey Trot Challenge.

Starting November 1st and ending November 18th, the CyberCycles will track your progress as you pedal away. Prizes will be awarded for those that go the distance.

Sign up in the Fitness Center with Kathy!

## **Urban Poling**

Wednesday, November 2 & 9 | 1:00 pm | Depart WH

Our Urban Poling fall season will conclude with two walks on the WM campus.

#### Pie in the Park

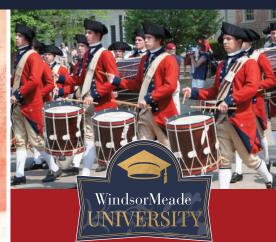
Wednesday, November 16 | 1:00 pm | Depart WH

Take in the cool breeze with autumn's golden leaves and enjoy a walk in the park. Afterwards, we will savor pie in the sunshine! Please sign up in the Message Center by 11/10.



## **Active Aging Week**

Thanks to all residents who participated in our annual Active Aging Week! From line dancing to laughter yoga and fall prevention tips to our trip to the Salt Spa, WM residents found enjoyable ways to become more active and improve their lifestyle.



#### Power of Art

Tuesday, November 8
1:30 pm | Kensington Room

Art has the power to transform, to illuminate, to educate, inspire, and motivate. Join WM resident, Bill Smith, and discover the Power of Art!

#### iPhone/iPad Users Group

Monday, November 21 10:00-11:30 am | Kensington Room

WM resident, Rick Chase, shares his expertise and enlightens you in this informative technology course. Bring your iPhone and/or iPad. From beginners to advanced everyone is welcome!

#### **Tech Talks**

Wednesday, November 30 12:00 pm | Clubhouse 1:30 pm | Windsor Corner

Join WM's Ed McMahon for an informative Tech Talk. Formerly called TED Talks, topics will focus on recent advances in physics, biology, astronomy and engineering.

May this Thanksgiving be full of joy and peace for you and those you love.



