

# The PHH Teaching Family Model & youth mentors work together for successful youth outcomes

The PHH treatment process was developed by the Bureau of Child Research at the University of Kansas and is widely recognized as an effective method of treating troubled youth.

It's the cornerstone of the PHH program model. Its three tools include social reinforcement of behavior from caring and consistent Teaching Parents, a token economy appropriate to the child's age that promotes positive achievements, and a guidance system that allows youth to participate while also learning about self-governance.

A PHH youth mentor supplements the family-based and clinical treatement by providing support and friendship.

"I've been a PHH mentor for 7 years.
Working with youth is rewarding as we watch them grow and achieve their dreams."
-current PHH youth mentor

## 67 years of experience caring for Alaskan youth

In 1957, Mrs. Mable Rasmussen opened her home to girls coming from rural Alaskan areas as a safe place to start out in Fairbanks society. These girls are now teachers, legislators, and leaders of their communities.

Today PHH is a 'faith-friendly' traditional foster care program for individualized care to address mental health and behavioral challenges of youth 3 to 23 years old. Like Mrs. Rasmussen, PHH creates safe spaces for Alaskan youth to rest, heal, and be successful as a part of Alaskan society.



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A Member of the United Way of the Tanana Valley





## Youth mentoring can change a life

Presbyterian Hospitality
House, or PHH, is an
Alaskan 501c3 that provides
mental health and
behavioral treatment in a
community-based program
as an alternative to
institutional or juvenile
detention placement

www.phhalaska.org



### You can help encourage the emotional and behavioral growth of a youth in foster care

Thousands of youth are in foster care in Alaska every year. Most youth are removed from their homes due to alcohol and drug addiction, or mentalhealth and behavioral disorders.

Presbyterian Hospitality
House welcomes some of
these youth to its licensed
group homes and
therapeutic treatment
homes to provide the
clinical treatment and
family-based teaching
model to heal and learn
the life skills required to
live healthy and
productive lives.

As a PHH Mentor, your active listening skills and ability to communicate helps youth to practice the life skills they learn from their Teaching Parents. As a role model, mentors will help youth set and maintain healthy relationship boundaries, as well as practice interpersonal communication and problem solving skills.



- · 18 years of age or older
- Able to work flexible hours
- CPR and First Aid Certification
- Valid Driver's License and Proof of Insurance
- Provide 3 references; 2 professional and 1 personal

#### **Mentoring benefits**

- · Hourly wage
- · Valuable free training
- Potential for personal and professional growth
- Improve the well-being of your community

#### **Mentor expectations**

- Maintain confidentiality
- Ensure reliable transportation
- Engage in fun, outdoor activities away from the youth's foster home
- Maintain clear communication with the youth's Teaching Parents
- Provide encouragement and guidance

### PHH is a diverse team driven by their love of helping Alaskan children and their families in a unique and rewarding atmosphere

Every day we forge a sense of belonging and celebrate the cultural richness from the diverse backgrounds of our staff, youth, and their families. We work in the best interests of each youth to offer assistance, even after they leave our programs.

If you have skills and interest to improve the lives of Alaskan youth and their families, please join us.

#### Apply for a part-time, entry-level role as a PHH Youth Mentor today!

Email your resume to humanresource@phhalaska.org

Visit www.phhalaska.org to learn more

"Being a PHH mentor proves that while it takes a village to raise a child, my daily efforts make a difference when working with such great peers and managers." -current PHH youth mentor