				a en	See See	756
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BR Ballroom P Commons Parking Lot CP Commons Pool GR Game Room GB Gates Building S Sophie Room HH Hawthorne House G Garden KFC Kellogg Fitness Center ***Sign Up Required \$ Fee ! More Walking Required	All Fools' Day	1pm Meditation & Wellness GR 2pm Bingo BR	Knitting Social Group GR*** 11am Piano Pam BR 3pm-6pm Food Truck: Tiana's Lunchbox P 3:30pm Bingo Eglin AFB***	10:30am Life Enrichment Meeting GR	Support Group by EC Hospice KFC 11am Blood Pressure Checks Lobby	8am, 12pm, 6pm Weekend Movie! Queen Bees
8am, 12pm, 6pm 7 Weekend Movie! Queen Bees	2pm Music Bingo BR*** 8	10am Diamond Art GR 9 1pm Meditation & Wellness GR 2pm Bingo BR	12pm-3pm Crochet/ 10 Knitting Social Group GR*** 3:30pm Bingo Eglin AFB***	4:45pm Dinner Outing: 1' The Shack FWB \$4***	1 10:30am Coffee Talk hosted by USO KFC***	8am, 12pm, 6pm 13 Weekend Movie! Bull Durham 10:30am Garden Club Outing: Valparaiso Nursery Valparaiso \$4***
Weekend Movie! Bull Durham	10:30am Women's Vet Meeting S 1pm Alzheimer's & Dementia Class KFC 3pm Movie Monday: The Color Purple BR***	10am Diamond Art GR 16 1pm Meditation & Wellness GR TBD Movie Theater Outing: Arthur the King FWB \$4*** NO BINGO		1pm Card Making Class 18 KFC 2:30pm Asset Management/ Long Term Care Preparation Class BR	11am Grief Support KFC	8am, 12pm, 6pm Weekend Movie! Gettysburg
Weekend Movie! Gettysburg	Craft GR*** 2:30pm CenterWell: The Importance of Sleep KFC Passover Begins		11am Piano Pam BR 24 12pm-3pm Crochet/ Knitting Social Group GR*** 1:30pm FREE Amplified Phones Presentation BR (limited space)*** 3:30pm Bingo Eglin AFB***	1pm Healthy Day Brief 29 with Kay: Using Laughter as Medicine GR 1:30pm Bunco KFC***	Services Brief KFC*** 11:30am Book Club KFC	8am, 12pm, 6pm 27 Weekend Movie! The Chronicles of Narnia 9am Shopping Outing: Destin Outlets Destin \$4*** 1
8am, 12pm, 6pm Weekend Movie! The Chronicles of Narnia 3pm BHV Jammers BR	1:30 Writing Club GR 29	10am Diamond Art GR 30 1pm Meditation & Wellness GR 1pm Oatmeal Cookie Day L 2pm Bingo BR		_	1 2024 Vellness Calendar	

AFEV Important Phone Numbers

Headquarters Main (850) 651-3766

Bob Hope Village Main (850) 651-2635 M-F 7am-5pm, except holidays

> **BHV Maintenance** (850) 613-2054

Hawthorn House Main (850) 609-2550

Security Guard Cell (850) 685-2532 M-F 4pm-7am, weekends, & holidays

Air Force Sergeants Assoc. Alan Clineman (AFEV resident) (561) 301-6080

If front desk phone is not working, please call Security Guard's Cell phone listed above.

EMERGENCY: 911

Hours of Operations

General Store Hours

Monday - Friday 10:00AM - 2:00PM

Beauty Salon

Monday—Friday By Appointment Only (850) 613-6791

Pebbles (Nail Technician)

(205) 790-1076

Beauty Salon is by Appt only, walk-ins are not available! Please schedule appt. 2-3 weeks prior!

> **Nails by Neicy (Denise)** 903-522-2103

Kellogg Fitness Center

6 am—10 pm

Pools

6 am—10 pm

APRIL 2024 BHV NEWSLETTER



30 Holly Ave. Shalimar, FL 32579 850-651-2635 www.afev.us



Page

Contents

- 2 Director's Highlights Staff Birthdays
- 3 Birthdays Anniversaries
- 4 Director of Maintenance
- 5 Adopt-A-Wing Schedule Adopt-A-Wing Info Honey Do Day Daylight Savings Time Welcome & Farewell
- 6 Bus Schedule
- 7 Spiritual Information Resident Name Tag Info
- 8 Important Numbers Hours of Operations

Inserts: *Knife's Edge Menu *Activities Calendar

*Wellness Calendar

Director's Highlights

New Pick-up dates for meds from Eglin Satellite:

- Meds are picked up on Tuesdays & Fridays now
- Meds submitted by 1:30 pm on Tuesday will be picked up on the following Friday. Meds submitted by 1:30 pm on Friday will be picked up on the following Tuesday.

RESIDENT COUNCIL ELECTIONS

Absentee Ballots can be obtained at BHV Front
Desk after 10 am on
Monday, 15 April & will close on Monday, 29 April at 5 pm.

Get your votes in!



Spiritual Information Dolores Hope All Faiths Chapel

Protestant

Chaplain Beth Bateson: 740-438-9790

Sunday School Class: Sunday 9:30AM

Church Service: Sunday 10:30AM

Protestant Prayer Vigil: Wednesday 10AM Bible Study (V5 Clubhouse): Monday 2PM Ch. Tom Azar: 914-960-5171

Catholic

Father Nelson Toledo

Rosary: Tuesday 10AM Mass: Saturday 4:30PM

Staff Birthdays

Betty Hartley 4/2
Randy Brown 4/14
Dar Savage 4/17
Skippy Lytle 4/22
Keegan Trivett 4/25
Carrie Knife 4/29
Sue Krewson 4/30

To BHV Residents:

I wanted to take a moment to express how grateful I am for your support. From the very beginning you've all been patient as I learned the process; and kind and forgiving when I spelt your names wrong and continue to talk to me the next day even after I called you by the wrong name.

It has been an amazing first year! I can't wait to see what the future holds.

Thank you for allowing me this time to get to know each one of you.

I am blessed.

—Betty

Bus Schedule

First Come, First Serve on Bus Runs! Come to Commons & get on the bus!

DAY	DATE	TIME	LOCATION
Mondays	April 1, 8,	9:00 AM	Eglin Commissory
Mondays	15, 22, & 29	12:30 PM	Eglin Commissary
2nd & 4th Tuesdays	April 9 & 23	12:30 PM	Dollar Tree/Joann Fabric/Uptown Station
Wednesdays	April 3, 17,	9:00 AM	Walmart FWB
Wednesdays	& 24	12:30 PM	w annart 1 w D
2nd Wednesday	$ \Delta nri 10 + 9.00 \Delta$		Walmart & Aldi—Niceville
1st & 3rd Thursdays	April 4 & 18	9:00 AM	Post Office & Credit Union
2nd Thursday	April 11	9:00 AM	Hurlburt BX
1 at Enidory	A mail 5	9:00 AM	Dublin & Dig Lots
1st Friday	April 5	12:30 PM	Publix & Big Lots
2nd & 4th	April 12 &	12:30 PM	Kohl's &
Fridays	26		Publix/Aldi in Sun Plaza
3rd	April 10	9:00 AM	Publix
Friday	April 19	12:30 PM	r uulix

Resident Birthdays—April



	-		
Joyce	Landbeck	204-1	4/2
Jewel	Lovin	304-E	4/3
Mary	Walden	402-H	4/4
Linda	Matthews	1110-207	4/4
Evan	Darrow	1050-114	4/5
Debra	Kosche	1100-308	4/5
John	Shull	1100-105	4/7
Lu	Hanson	404-D	4/8
Debra	McDonald	302-K	4/8
Reedus	Haraway	1110-304	4/11
Chuck	March	1120-206	4/16
Barbara	Wood	1050-105	4/16
Stacie	Lee	103-E	4/16
Georgie	Ramby	1050-303	4/17
Judy	Lea	103-D	4/17

Eileen	Weikel	1050-212	4/20
Debbie	Barney	103-J	4/20
Dan	Atkinson	1050-305	4/21
Shirley	Gordon	101-F	4/22
Don	Clemons	302-H	4/22
Dianna	Germundson	401-K	4/22
Michiko	Biangardy	203-J	4/23
Dixie	Williams	1050-107	4/27
leanne	Compton	1130-107	4/28
Caroline	Bonini	1100-106	4/28
Gail	Nelson	1110-306	4/29
Anita	Doan	202-P	4/29
Margaret	Risner	404-J	4/29
Walker	Hollingsworth	1050-210	4/30
Neil	Simpanen	1050-314	4/30



Patrick Elbert &	Joan	Pratt	1130-202	4/1
James &	Theresa	King	1050-204	4/2
Tom &	Jessie	Craft	403-B	4/4
Alan &	Carolyn	Reck	401-B	4/18
Brad &	Marisa	Bradshaw	104-K	4/22
Kenny &	Denise	Shultz	301-D	4/22
Jim &	Marti	Hilton	1120-106	4/27
David &	Marion	Bonts	1050-312	4/28

Maintenance Notes & Updates

Hopefully the warmer temperatures are here to stay, please make sure to set your thermostat at a comfortable temperature. In addition, make sure the thermostat is in "cool" and the fan is in "auto" mode. If the fan is left in the "on" mode, the blower fan will stay on continuously allowing the humidity from outside to come in the apartment.

During the month of April, Bobbi Jo and I will continue unit inspections. Below is the dates and wings:

April 5 - Wing 401

April 12 – Wing 402

April 19 – Wing 403

April 26 – Wing 404

When using the hoses to wash your car in the RV lot, please roll them back up onto the hose reels.

This month the Commons pool will be closed for monthly maintenance on April 1 & 15 for; Village 6 is currently shut down. The pool temperature is too cold and we are collaborating with Cox pools on how to attack the cracks that have re-emerged.

As always, if there is an emergency or urgent work order please call maintenance at 651-8562 during duty hours (7am-5pm), call security after hours. For routine work or honey do request, please submit maintenance request in the boxes, Touchtown, or Maintenance Care.

Tune into the In-House Cable TV Channel 1993 for village updates.

	Adopt-A-Wing Schedule						
Wing	Wing Date Time		Wing	Date	Time		
V1	Apr 20	8AM-12PM	401	TBD	10AM-2PM		
201	TBD	8:30AM-12:30PM	402	TBD	9AM-1PM		
202	TBD	9AM-1PM	403	Apr 9	8:30AM-12:30PM		
203	Apr 17	8AM-12PM	404	Apr 12	8AM-12PM		
204	Apr 17	8AM-12PM	V5	Apr 24	8:30AM-12:30PM		
V3	Apr 4	9AM-1PM					

Adopt-A-Wing Info: Any wings that don't have a set date will get an alert when the date is set up.

Honey-Do Day				
Date	Time			
April 20	8AM-12PM			

<u>V5 & V6 Residents</u>: Please include your building number with your apt number when submitting your maintenance or volunteer requests. —Thank you!



Rinda Ruppel Margaret Ackley-Shirley T Smith 304-F

404-O

kellogg fitness center daily classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8am – Various Exercises Class	8am –Various Exercises Class	8am – Various Exercises Class	8am - Various Exercises Class	8am – Various Exercises Class
10am - Pickleball	8:55am - Chair Yoga	10am - Pickleball	8:55am - Chair Yoga	10am - Pickleball
9am – Exercise	9am - Water	9am – Exercise Class		9am - Exercise
Class	Aerobics	9am - Water Aerobics	9am - Water Aerobics	Class
9am - Water Aerobics	10am - Chair Tai Chi	10am - Water Aerobics	10am - Chair Tai Chi	9am - Water Aerobics
10am - Water Aerobics	10am - Water Aerobics	12:30pm - Zumba	10am - Water Aerobics	10am - Water Aerobics
10am - Yoga	11:15pm - TOPS Weight Loss	2pm - Hula	11am - Balance Class	
	12:30pm - Balance Class			

Gym & Pool Hours 6am-10pm



MON. – FRI. 11AM-1PM



CATERING AND SPECIALTY CUISINE

30 HOLLY AVE.
SHALIMAR, FL 32579
(850) 376-1916
CALL FOR AFEV CAMPUS
DELIVERY

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	CLOSED	CHICKEN CORDON BLEU,	POT ROAST,	BEEF BURRITO,	CRAB CAKES,	
		rice & vegetable	potatoes & carrots	rice & beans	rice pilaf & vegetable	
7	8	9	10	11	12	13
	GYRO PLATE	PULLED PORK,	MEATLOAF,	HAM & TORTELLINI	CHICKEN SALAD	
	& Greek salad	beans & coleslaw	mashed potatoes & veg	ALFREDO	CROISSANT	
				& side salad	& potato salad	
14	15	16	17	18	19	20
	CHICKEN FRIED STEAK,	RUEBEN SANDWICH	GRILLED CHICKEN	CHICKEN TERIYAKI BOWL	SHRIMP ETOUFFEE,	
	mashed potatoes	& French fries	THIGHS, roasted		rice & salad	
	& vegetable		potatoes & tomato salad			
21	22	23	24	25	26	27
	SHEPHERD'S PIE	CHICKEN PICCATA,	LASAGNA,	GRILLED CHICKEN	COOKOUT	
	& side salad	orzo pasta & vegetable	garlic bread & salad	CLUB SANDWICH	grilled burgers & dogs	
				& French fries	(no regular menu)	
28	29	30				
	PORK FRIED RICE	SWEDISH MEATBALLS,				
	& egg roll	egg noodles & vegetable				