




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 OFFICE CLOSED  <small>New Year's Day</small>	2 OFFICE CLOSED 10am Diamond Art GR 1pm Meditation & Wellness GR	3	4 10:30am Life Enrichment Meeting BR 4pm Wii Bowling Party BR	5 10:30am Dementia Support Group by EC Hospice KFC 11am Blood Pressure Checks Lobby	6 8am, 12pm, 6pm Weekend Movie! <i>Million Dollar Baby</i> 8am – 10pm Breakfast Food Truck: Beachy Queen CP
7 8am, 12pm, 6pm Weekend Movie! <i>Million Dollar Baby</i> SHRED WEEK! Drop off your papers to be shredded in Activities this week from 8a-5p!	8 11am-1pm Bake Sale Lobby 2pm Johnny C. Trivia BR***	9 10am Diamond Art GR 1pm Meditation & Wellness GR 2pm Bingo BR	10 10am Jam Lady BR 3:30 Emerald Coast Music Alliance BR	11 12pm Garden Club GR	12 10:30 Coffee Talk KFC 2pm Music Bingo BR***	13 8am, 12pm, 6pm Weekend Movie! <i>Chicago</i>
14 8am, 12pm, 6pm Weekend Movie! <i>Chicago</i>	15 OFFICE CLOSED <small>Martin Luther King Jr. Day</small>	16 10am Diamond Art GR 1pm Meditation & Wellness GR 2pm Bingo BR	17 10am VITAS – Laughter is the Best Medicine KFC 2:30pm Resident Council BR 3pm-6pm Food Truck: Beachy Queen CP 3:30pm Bingo Eglin AFB***	18 1pm Card Making GR 2:30 Long Term Asset Protection Class KFC	19 11am Grief Support KFC 11am Blood Pressure Checks Lobby	20 8am, 12pm, 6pm Weekend Movie! <i>Pure Country</i> 9am Shopping Outing: Burlington Coat Factory & Lunch at Applebee's Crestview
21 8am, 12pm, 6pm Weekend Movie! <i>Pure Country</i> <small>Activity Professionals Week</small>	22 10am United Way Volunteering GR 1pm Alzheimer's & Dementia Class KFC 2:30 CenterWell Health Briefing: Arthritis KFC 3pm Movie Monday <i>Phantom of the Opera</i> BR***	23 10am Diamond Art GR 1pm Meditation & Wellness GR 2pm Bingo BR	24 3:30pm Bingo Eglin AFB*** 4:45 Dinner Outing: Golden Corral FWB \$*** <small>Tu B'Shevat Begins</small>	25 1pm Healthy Day Brief with Kay GR 1:30pm Bunco KFC 2pm Sip N Paint "Pour Painting" BR \$***	26 11:30 Book Club KFC 3pm-5pm Happy Hour BR <small>Australia Day (Observed)</small>	27 8am, 12pm, 6pm Weekend Movie! <i>I Can Only Imagine</i>
28 8am, 12pm, 6pm Weekend Movie! <i>I Can Only Imagine</i> 3pm BHV Jammers Performance BR	29 1:30 Writing Club GR	30 10am Diamond Art GR 1pm Meditation & Wellness GR 2pm Bingo BR	31 3:30pm Bingo Eglin AFB***	 <div> JANUARY 2024 BR Ballroom P Commons Parking Lot CP Commons Pool GR Game Room GB Gates Building S Sophie Room HH Hawthorne House G Garden KFC Kellogg Fitness Center *** Sign Up Required \$ Fee </div>		

AFEV Important Phone Numbers

Headquarters Main
(850) 651-3766

Bob Hope Village Main
(850) 651-2635
M-F 7am-5pm, except holidays

BHV Maintenance
(850) 613-2054

Hawthorn House Main
(850) 609-2550

Security Guard Cell
(850) 685-2532
M-F 4pm-7am, weekends, & holidays

Air Force Sergeants Assoc.
Alan Clineman (AFEV resident)
(561) 301-6080

If front desk phone is not working, please call Security Guard's Cell phone listed above.

EMERGENCY: 911

Hours of Operations

General Store Hours
Monday - Friday
10:00AM - 2:00PM

Beauty Salon
Monday—Friday
By Appointment Only
(850) 613-6791

Pebbles (Nail Technician)
(205) 790-1076
Beauty Salon is by Appt only,
walk-ins are not available! Please
schedule appt. 2-3 weeks prior!

Nails by Neicy (Denise)
903-522-2103

Kellogg Fitness Center
6 am—10 pm

Pools
6 am—10 pm

JANUARY 2024
BHV NEWSLETTER



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Inserts:	*Knife's Edge Menu *Activities Calendar *Wellness Calendar

30 Holly Ave.
Shalimar, FL 32579
850-651-2635
www.afev.us

Director's Highlights



The BHV Commons hallways and front carpeted area will be getting a facelift (Luxury Vinyl Plank) starting on 1 January 2024. We will place signs that will reroute foot traffic as needed.

Notice: Please do not hang flyers/posters/signs with scotch tape on windows in any common areas. We are finding leftover tape on windows, and it's become an eye sore. Thank you!

The office will be closed in observance of the following holidays:
Monday & Tuesday, 1 & 2 January—New Year's & Family Day
Monday, 15 January—MLK Jr. Day

Spiritual Information Dolores Hope All Faiths Chapel



Protestant

Chaplain Beth Bateson: 740-438-9790

Sunday School Class: Sunday 9:30AM

Church Service: Sunday 10:30AM

Protestant Prayer Vigil: Wednesday 10AM

**Bible Study (V5 Clubhouse): Monday 3PM
(starting Jan 8, 2024)**

Ch. Tom Azar: 914-960-5171

Catholic

Father Nelson Toledo

Rosary: Tuesday 10AM

Mass: Saturday 4:30PM



Murphy &	Suk	Adcock	303-B	1/3
Chris &	Maria	Andrejcek	104-P	1/9
Tom &	Mary	Azar	1120-304	1/12
Roger &	Cindy	McIntosh	1130-205	1/14
Richard &	Alice	Miller	302-C	1/23
Joe &	Zora	Adams	104-A	1/27
Ray &	Cathy	Dove	103-H	1/30

Bus Schedule

First Come, First Serve on Bus Runs! Come to Commons & get on the bus!			
DAY	DATE	TIME	LOCATION
Mondays	Jan 8, 22, & 29	9:00 AM 12:30 PM	Eglin Commissary
2nd & 4th Tuesdays	Jan 9 & 23	12:30 PM	Dollar Tree/Joann Fabric/Uptown Station
Wednesdays	Jan 3, 17, 24, & 31	9:00 AM 12:30 PM	Walmart FWB
2nd Wednesday	Jan 10	9:00 AM	Walmart & Aldi—Niceville
1st & 3rd Thursdays	Jan 4 & 18	9:00 AM	Post Office & Credit Union
2nd Thursday	Jan 11	9:00 AM	Hurlburt BX
1st Friday	Jan 5	9:00 AM 12:30 PM	Publix & Big Lots
2nd & 4th Fridays	Jan 12 & 26	12:30 PM	Kohl's & Publix in Sun Plaza
3rd Friday	Jan 19	9:00 AM 12:30 PM	Publix

Resident Birthdays—January



Ann	Lefever	1110-302	1/1	Eileene	Stevens-Shull	1100-105	1/15
Pia	Neldon	102-P	1/1	Josie	Sullivan	201-A	1/16
Ann	Decker	103-B	1/2	John	Riffe	1050-217	1/17
Laura	Sims	404-P	1/3	Margaret	Avery	1050-321	1/19
Richard	Miller	302-C	1/3	Allie	Van Etten	401-O	1/20
Tania	Cortes	301-K	1/5	Gloria	Krajewski	304-A	1/21
Susie	Baker	301-I	1/6	Jodie	Nelson	1110-306	1/21
Mary	Sinkula	303-I	1/7	Jim	Matthews	1120-107	1/21
Linda	Angerer	401-C	1/7	Diane	Flanagan	402-G	1/21
Bobbie	Paladini	204-B	1/8	Judy	Woodall	1120-102	1/22
Rosemary	Rott	1050-311	1/8	Ray	Booth	1050-112	1/24
Jimmy	Jordan	1050-116	1/8	Ray	Dove	103-H	1/27
Edith	Gibb	1120-206	1/9	Kathryn	Bridwell	202-F	1/27
Rick	Morrison	1050-211	1/10	Anna	Slapar	101-A	1/28
Helga	Hascher	304-H	1/11	Minnie	McCoy	401-M	1/28
Helga	Howard	203-M	1/13	Johnnie	McGill	1050-206	1/28
Linda	Alberson	302-F	1/13	Mike	Wilbur	1050-201	1/29
Diane	Jernigan	403-H	1/13	Cindy	McIntosh	1130-205	1/30
Judy	Spahr	302-P	1/14	Fred	Clark	1050-208	1/31
Tom	Wood	1050-105	1/15	Judy	Goff	303-D	1/31

Staff Birthdays

Chris Day	1/4
Sharon	1/24
Vern	1/31

Maintenance Notes & Updates

Happy New Year to everyone! Hopefully, this is the best year yet! This is the best group of Maintenance guys and gals I have had since coming on board in 2015. Moreover, I would like you all to congratulate John Taylor when you see him. He was recognized as AFEV's Employee of the Year!

The beginning of 2024 will bring back unit inspections with the initial focus on Villages 5 & 6. Please do not worry, this is a low threat look see to ensure units' safety, cleanliness, and functionality is being maintained.

Also, January presents cold temperatures. If you are turning up your thermostat, please do it one degree at a time. This will reduce the amount of emergency heat used. Emergency heat is an electric coil in your air handler that supplements your heat pump and can run your electricity bill up.

Project updates:

1. Village 2 window replacement project is at 70%. The crew from Glass Ventures is on the last wing. Once finished, we will do a punch list for minor repairs. Thank you all for your patience.
2. The new glass doors for the Chapel and Gates have been installed and look great! The front chapel doors are being fabricated and expected installation is May 2024.

This month the Commons pool will be closed for monthly maintenance on January 8 & 22. Village 6's pool will be closed on January 15 & 29. They are heated, so don't let the cold weather stop you.

As always, there are many ways to get your request in. Emergency or urgent type work, please call maintenance at 850-613-2054. If after hours, please call Security, and they will contact the maintenance on-call person as needed. For routine work or honey do request, please submit the request in the boxes at the laundry rooms, TouchTown, or Maintenance Care.

Tune into the In-House Cable **TV Channel 1993** for village updates.

Adopt-A-Wing Schedule					
Wing	Date	Time	Wing	Date	Time
V1	Jan 19	8AM-12PM	401	Jan 4	10AM-2PM
201	TBD	8:30AM-12:30PM	402	TBD	9AM-1PM
202	TBD	9AM-1PM	403	Jan 9	8:30AM-12:30PM
203	Jan 17	8AM-12PM	404	Jan 12	8AM-12PM
204	Jan 17	8AM-12PM	V5	Jan 31	8:30AM-12:30PM
V3	Jan 4	10AM-2PM			

Adopt-A-Wing Info: Any wings that don't have a set date will get an alert when the date is set up.

Honey-Do Day	
Date	Time
Jan 20	8AM-12PM



Faye Foster 104-D
Ronald & Joyce Landbeck 204-I
Annie Hill 202-A



Leah Regan 1120-108

kellogg fitness center daily classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8am – Various Exercises Class	8am –Various Exercises Class	8am – Various Exercises Class	8am - Various Exercises Class	8am – Various Exercises Class
10am - Pickleball	8:55am - Chair Yoga	10am - Pickleball	8:55am - Chair Yoga	10am - Pickleball
9am – Exercise Class	9am - Water Aerobics	9am – Exercise Class	9am - Water Aerobics	9am - Exercise Class
9am - Water Aerobics	10am - Chair Tai Chi	11am - Water Aerobics	10am - Chair Tai Chi	9am - Water Aerobics
11am - Water Aerobics	11am - Water Aerobics	12:30pm - Zumba	11am - Water Aerobics	11am - Water Aerobics
10am - Yoga	11:15pm - TOPS Weight Loss	2pm - Hula	11am - Balance Class	
	12:30pm - Balance Class			

Gym & Pool Hours 6am-10pm

January

MON. – FRI. 11AM-1PM



30 HOLLY AVE.
SHALIMAR, FL 32579
(850) 376-1916
CALL FOR AFEV CAMPUS
DELIVERY

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<div>1</div> <div>*CLOSED*</div>	<div>2</div> <div>PORK TENDERLOIN, collards, Hoppin John & cornbread</div>	<div>3</div> <div>MEATLOAF, mashed potatoes & veg</div>	<div>4</div> <div>SPAGHETTI & MEATBALLS, bread & side salad</div>	<div>5</div> <div>FISH & CHIPS</div>	<div>6</div>
<div>7</div>	<div>8</div> <div>GYRO PLATE & Greek salad</div>	<div>9</div> <div>CHICKEN QUESADILLA, rice & beans</div>	<div>10</div> <div>BEEF STEW & side salad</div>	<div>11</div> <div>CHICKEN POT PIE & side salad</div>	<div>12</div> <div>MAHI SANDWICH fries & coleslaw</div>	<div>13</div>
<div>14</div>	<div>15</div> <div>CHICKEN FRIED STEAK, mashed potatoes & veg</div>	<div>16</div> <div>CHICKEN & DUMPLINGS, & side salad</div>	<div>17</div> <div>PORK CHOPS, baked potato & veg</div>	<div>18</div> <div>CHICKEN PARMESAN, spaghetti & salad</div>	<div>19</div> <div>CRAB CAKES, rice pilaf & vegetable</div>	<div>20</div>
<div>21</div>	<div>22</div> <div>CHICKEN TERIYAKI BOWL</div>	<div>23</div> <div>STUFFED PEPPERS mashed potatoes & salad</div>	<div>24</div> <div>LIVER AND ONIONS mashed potatoes & vegetable</div>	<div>25</div> <div>FRIED CHICKEN, mac-n-cheese & vegetable</div>	<div>26</div> <div>SHRIMP ALFREDO & side salad</div>	<div>27</div>
<div>28</div>	<div>29</div> <div>PULLED PORK SANDWICH & potato salad</div>	<div>30</div> <div>BEEF TACOS, chips & queso and guacamole salad</div>	<div>31</div> <div>LASAGNA, garlic bread & salad</div>			