Exposure to harmful noise can happen at any age. People of all ages, including children, teens, young adults, and older people, can develop NIHL.

1/3 of all hearing loss is attributed to noise exposure and another 1/3 is attributed to age.

The effects of noise damage add up over a lifetime. If you are around loud sounds regularly, the risk for damaging your hearing increases with age.

Extremely loud bursts of sound can rupture the eardrum or damage the bones in the middle ear. This kind of NIHL can be immediate and permanent.

600 million people worldwide have hearing loss and 400 million of them have disabling hearing loss.
60% of hearing loss in children can be prevented.

Your distance from the source of sound and length of exposure to sound are important factors in protecting your hearing.

1 in 5 people have hearing loss and it is estimated to grow to 1 in 4 by 2050.

NIHL is the only type of hearing loss that is completely preventable. If you understand the hazards of noise and how to practice good hearing health, you can protect your hearing for life.