**How loud is too loud?**

- **≤ 80 dB**: Leaves rustling (30 dB), Normal Conversation (60 dB), Vacuum cleaner (75 dB)
- **80–90 dB**: Noisy restaurant (85 dB), Hair dryer (94 dB)
- **96–100 dB**: Shouted conversation (96 dB), Tractor (100 dB)
- **101–125 dB**: Chainsaw (112 dB), Emergency siren (120 dB)
- **125 dB**: Jackhammer (130 dB), Shotgun (150 dB)

**dB = Decibels**

80–90 dB is the level at which sustained exposure may result in hearing loss.

125 dB is the threshold level of noise that is painful and causes immediate damage.