



www.dignityonline.org.uk

Maziko 1:

Moyo Uyamba

Walongesheli Sarah Small,
Jon Paul Witt,
Alan Scantlebury
na Jo Kimball



Maziko 1

Moyo Uyamba

*'Adzatchedwa thundu la chilungamo,
kubzala kwa Ambuye
pa chiwonetsero cha ulemerero wake.'*

Yesaya 61:3

Maziko 1: Moyo Uyamba, Kope Loyamba, Okutobala 2017

Copyright © Dignity 2017. Maumwini onse ndi otetezedwa.

Kulemekezedwa

Ndi positi: 6 Barlow Moor Road, Didsbury, Manchester, M20 6TR, UK

Ndi imelo: admin@dignityonline.org.uk

Pafoni: +44 (0)161 434 8841

Zikomo

Dignity ukuyamikira Yesu chifukwa cha moyo womwe amapereka kuti tidziwe m'bukuli. Dignity umayamika munthu aliyense komanso kudalira amene watipatsa ntchitoyi.

Ntchito ya Dignity

Dignity ndi omwe ali kunja kwa anthu omwe amakhala kunja kwa anthu komanso kuwalimbiksango moyo ndi madera osinthika kuti abweretse umphawi kudzera pa ubale ndi Yesu. Tinatsogolera Mabungwe Yamoyo, Achikristu omwe amapangitsa anthu kuti aziyenda pafupi ndi Yesu ndikuwonetsa chikondi chake kwa iwo omwe ali pafupi nawo. Kudzera mu ntchito yathu timakhala ndi anthu okhala ndi moyo komanso kukhala m'gulu la zozizwitsa za tsiku ndi tsiku. Dzilani zambiri pa www.dignityonline.org.uk

Gulu kumbuyo kwa Maziko

Okonza: Sarah Small, Jon Paul Witt, Alan Scantlebury ndi Jo Kimball

Owerenga Zachikhaliidwe: Cornelius Chalwe, Gervas Chalwe ndi

Dorothy Jikubi

Vomerezi: Rachel Warner, Mark Vermes, ndi Elisabeth Cartwright

Mawu a M'baibulo

Babulo mu chi Chewa, olembedwa kapena yo falisidwa Buku Lopatulika. Bible Society ya Malawi. Kusewenzesedwa ndi chilolezo colemba ndi kusindikizidwa.

Zizindikiro Zowongolera

Zizindikiro Zowongolera zomwe Zidapangidwa ndi Studio 5 Lofalitsidwa ndi SyncFusion. Zizindikiro zomwe zimagwiritsidwa ntchito ndi chilolezo.

Maziko

Maziko ndi njira yomwe imathandizira anthu kufufuza ndi kukula mu ubale wawo ndi Mulungu ndipo amawalimbikitsa kuti atumikire dera lawo. Zinaleembedwa kuti zizipereka zida zapamwamba kwambiri zomwe zitha kugwiritsidwa ntchito m'malo osiyansiyana okhala ndi magulu azikhaliidwe padziko lonse lapansi. **Maziko** ndi gulu la mabuku anayi, chilichonse chomwe chimakhala ndi magawo khumi ndi atatu ogwirizana.

Maziko alembedwa ndi olemba alendo odzipereka a alendo ochokera padziko lonse lapansi ndikulemba komanso kusintha mwa Dignity.

Maziko 1: Moyo Uyamba ndi amene ali ndi chikhulupiriro chatsopano kapena ayi. Kuchokera pazoyamba zosavuta zimatsogolera anthu omwe amatsatira chikhulupiriro komanso kumudziwa Mulungu.

Maziko 2: Moyo Umakula umakhazikitsa maziko omwe chikhulupiriro chimatha kukula ndikupereka chidziwitso chothandiza kugwiritsa ntchito Baibulo komanso kupemphera.

Maziko 3: Moyo Umamupanga kuti azichita nawo chilengedwe cha ophunzirira. Mkristu wathanzi mwachilengedwe amafalitsano moyo womwe apatsidwa m'dera lawo ndi anthu ena.

Maziko 4: Moyo Wachikulire umawona kuti ndi Achikristu okhwima bwanji. Buku ili limanyamula mitu ya mndandanda wina wonsewo koma ndikukulitsa.

Kulemba

Maziko 1: Moyo Uyamba kulembedwa ndi olemba odzipereka ochokera padziko lonse lapansi. Olemba omwe adathandizira m'bukuli adalembedwa pano motsatira zilembo za zilembo. Wolemba Gawo 3 akufuna kuti akhalebe osadziwika.



Cornelius Chalwe ndi Mtsogoleri wa Gulu Lokhala ndi Dignity, wansembe wa Anglican, kusintha wothandizira ndi kukopa kwa kukhwima ndi kupulumutsidwa kwa anthu a Mulungu. Amakonda Mulungu, amakhulupirira kuti Mawu Ake amabweretsa ufulu ndipo amatsegula madera ndi nyumba kwa Mulungu.

Gawo 11

Alan de Wet amadzifotokozena ngati mainjiniya wowoneka bwino, kulima, amuna, abambo ndi mnzake yemwe amalalikira, amaphunzitsa ndipo tsopano alemba. Timamudziwa kuti ndi munthu amene amakonda Mulungu ndipo amagawana moyo wa Mulungu kupereka kudzera m'mawu ake.

Gawo 6



Kurt Francis ndi m'busa wa ku Ruthin Wachikhristu ku Wales. Ali wokwatiwa ndi Ann, ali ndi ana 3 akulu ndipo tsopano ndi agogo onyada. Amakonda kuwerenga ndi kukhala ndi nthawi komanso abale komanso nthawi zina kupaka nsomba.

Gawo 2



Mary Hardy adakhulupirira ndi chikhulupiro mwa Khristu pomwe anali wophunzira ku Manchester, England. Ali wokwatiwa ndi Randall kuti akakweze ndipo adalemba zaka zambiri m'banja lawo ana 6, kuphunzitsa kusukulu Yachikhristu tsopano kuphunzitsa kunyumba. Amakonda kuti azilumikizana ndi banja lake, kuwerenga, kulima, chilankhulo ndi mbiri.

Gawo 7 ndi 8



Jo Kimball yakhala gawo la timu Dignity kuyambira 2008, kuyenda kwambiri ku Zambia kuti agwire ntchito ndi Mabungwe Yamoyo ndi magulu. Ndi wokonzanso komanso kulimbikitsa amene amasangalala kuona ena akuchita zinthu ndikuphunzira tanthauzo la kukondedwa ndi Yesu.

Gawo 5



Ben Jeffery ndiye mtsogoleri wa Soul City, mpingo womwe adaunjikira ndi mkazi wake Emma ku Stockport, UK. Ali gawo la ntchito yatsopano yomwe ikupanga gulu lomwe likuyambitsa 10,000 zipatso pofika 2020.

Gawo 1



Tobbias Ngala ndiye m'busa wotsogolera wa Trinity Chapel ku Mombasa, Kenya. Atakwatirana ndi Joyce ndipo adalitsidwa ndi ana aakazi awiri, amalakalaka kubzala matchalitchi komanso amawona moyo wopatsa mpingo m'mizinda yonse ya Africa. Amachita bwino popanga zitsamba ndi atsogoleri.

Gawo 10



Sarah Small anakula ku Yorkshire ndiye kuti Zipembedzo ndi Zamulungu mu Manchester. Pambuyo pa zaka 10 akugwira ntchito yodzifunira ku UK ndi Africa, tsopano akugwira ntchito muukadaulo ku UK. Amachita utsogoleri wa tchalitchi cha junks, ntchito yodzifunira komanso moyo wabanja ndi ana awiri ndipo posachedwapa adamaliza Maphunziro a Ufumu.

Gawo 4, 9 ndi 13



Jon Paul Witt ali woyambitsa Dignity ndipo wagwira ntchito ndi mpingo m'maiko ambiri. Ndiwoganiza, mpainiya, mlaliki ndi mmishonale. Jon ali wokwatiwa ndi Judith ndipo ali ndi ana atatu. Amakhala pakati pa Zambia ndi UK. Kukonda kwa Jon ndikuwona anthu akudziwa Yesu komanso kuti akhumudwitse anthu awo.

Gawo 12

Zopezekamo

Momwe Mungagwiritsire Ntchito Bukuli.....	1
Kusunga ana kuli Kotetezeka kwambiri pa Mabungwe Yamoyo.....	6
1: Moyo Watsopano Kuchokera kwa Mulungu.....	8
2: Moyo wa Mulungu mwa Ife	20
3: Moyo Watsopano Umakula	30
4: Kugawana Moyo Watsopano	40
5: Kukula M'banja la Mulungu	50
6: Pamalo Abwino ndi Mulungu.....	60
7: Kodi Baibulo ndi Lotani?	70
8: Momwe Mungaphunzirire Baibulo	82
9: Kodi Pemphelo ndi Chiyani?	92
10: Kupemphera Limodzi	102
11: Kupembedza Pamodzi.....	110
12: Mzimu Woyer Amapereka Moyo	120
13: Chidule Gawo	130

Momwe Mungagwiritsire Ntchito Bukuli

Bukuli lakonzedwa kuti ligwirtsidwe ntchito ngati kafukufuku wa gulu. Munthu yekhayo amene akutsogolera gawo amafunikira bukulo. Muyenera kuyesa kumaliza gawo lililonse mkaati mwa 1.5 - 2 maola. Ngati mukupeza kuti mufunika nthawi yayitali, mutha kumaliza gawo limodzi patatha milungu iwiri.

Momwe mungayendetsere gawo

Ndikofunikira kuti mulowetse aliyense mu magawo. Sizovuta kuwerenga gawoli komanso kuwauza anthu zomwe ayenera kuchita. Tikhulupirira kuti munthu aliyense ali ndi china chake chapadera kuti athandizire komanso kuti Mulungu amatiphunzitsa kudzera mwa iwo. Chifukwa chake, magawo alembedwa mwanjira yoti anthu onsewa azikhudzidwa. Pali ma vesi okumbukira, mafunso, masewero, nkhani zomwe zingafunike aliyense kutenga nawo mbali.

Monga mtsogoleri wa gululi muyenera kuyambitsa zokambiranazo ndikuthandizira kupita ku njira yoyenera, koma simuyenera kuchita zonse.

Muyenera kulimbikitsa anthu achisoni komanso odekha kuti ayesere ndikulankhula momwe angathere. Muyenera kulimbikitsa anthu omwe ali olankhula komanso okonda kupatsa anthu ena mwayi wogawana nawonso malingaliro awo.

Zomwe mukufuna gawo lililonse

Magawowo adapangidwa kuti akhale osavuta ndipo safuna zinthu zambiri. Mudzafunikira:

- Kope la bukuli kwa munthu amene akutsogolera gawoli
- Baibulo (ndizothandiza ngati anthu ochepta mgululi angabweretse Baibulo, koma sikofunikira)

- Zolembera ndi pepala, zomwe nthawi zambiri zimagwiritsidwa ntchito pochita. Muyenera kulimbikitsa anthu kuti abweretse izi kunyumba

Momwe mungagwiritsire ntchito bukuli ngati china chilichonse chikufunika, izi zidziwika kumapeto kwa gawoli ndizofunikira. Muyenera kukonzekera zinthu izi pasadakhale.

Zizindikiro zokuthandizani

Kukuthandizani kutsogolera magawo omwe timaphatikizapo zizindikilo kuti ndikuuzeni gawo lililonse gawo lililonse. Zizindikirozi zikuwonetsedwa pansipa ndi tanthauzo lawo. Tengani kanthawi tsopano kuti mudziwe tanthauzo lililonse losonyeza kuti muwone magawo angapo ndikuwona momwe zizindikiritso zimagwiritsidwira ntchito. Izi zidzakuthandizani kuti muzikhala osavuta mukamatsogolera gawo.



Kukonzekela

Kuonetsetsa kuti gawo lirilonse limayenda bwino pali zinthu zina zomwe mungachite pokonzekera. Izi zikuphatikiza kuwonetsensa kuti muli ndi zinthu zomwe mukufuna kuti gawo lanu likonzekere ndikupanga antchito odzipereka musanakumane. Muyenera kuyang'ana masiku ochepta musanayambe gawo lanu kuti mukhale ndi nthawi yochita zomwe zikufunika kuchitika.



Kulunjika

Gawo lirilonse limayamba ndi cholinga. Izi zikukupangitsani zomwe mukuphunzitsa gululi komanso zomwe aliyense ayenera kumvetsetsa akachita gawo. Nthawi zonse muyenera kukumbukira izi nthawi zonse ndikudzifunsa ngati mukuthandiza anthu kuwafika. Ndibwino kuyamba kutenga nawo gawo ndi gululi.



Vesi Loloweza

Aliyense ayenera kuphunzira vesi lokumbukira ndipo amatha kubwerezanso kumapeto kwa gawoli. Muyenera kuwaphunzitsa powerenga vesi lokumbukira komanso kutchula Baibulo mokweza gulu. Kenako werenganinso koma nthawi ino werengani pang'ono

pang'ono, m'magawo ang'onoang'ono, kupangira gulu kuti mubwerezze gawo lililonse mukatha. Bwerezani izi, pang'onopang'ono kuwerenga magawo a nthawi zonse ndi gulu lobwerezza gawo lililonse mpaka aliyense angathetse vesi lonse. Limbikitsani anthu ena kuyesa ndikubwerezza okha.

Nkhani



Mankhani ndi njira yabwino kwambiri yodziwitsira maphunziro ndikuphunzira kuchokera ku chinthu chomwe chimadziwika. Aliyense amasangalala ndi nkhanzi zomwe amamva ndipo ndi zosavuta kukumbukira! Mukamauza gululi m'gululi, muyenera kuwapeza kuhala moyo mwa kudabwitsa. Ngati pali wina m'gulu lanu amene ali wabwino kunena nkhanzi zingakhale bwino kuwafunsa kuti anene nkhanzi. Muyenera kuwafunsa gawoli lisanafike pokonzekera.

Vunga la Baibulo



Gawo lililonse limakhala ndi vesi limodzi 1 kuti liwerenge, ena ali ndi zambiri. Ngati pali anthu mgulu lanu omwe ali owerenga abwino omwe mungawafunse kuti akuwerengereni. Muyenera kuwafunsa pasadakhale kuti azitha kuchita kapena kunena kuti sakufuna kuwerenga. Kumbukirani kuti anthu ena sangathe kuwerenga kuwafunsa pamaso pa anthu pomwe sangathe kunena kuti ayi.

Kulankhula



Pali magawo omwe amafunika kuwerengedwa mokweza m'bukuli. Mukakumana ndi izi muyenera kupuma nthawi ndi nthawi, makamaka ndi mfundu zofunika, ndipo mufunzeni anthu ngati amvetsetsa zomwe mukunena zomwe mukunena. Ngati alibe, mungafunike kubwerezza gawo kapena kukambirana china kuwathandiza kumvetsetsa.

Kukambirana ndi Mafunso



Kuyankha mafunso ndi kukambirana zinthu kumathandiza anthu kuphunzira komanso kudzifufuza kena kake. Izi zimawathandiza kukumbukira. Mukawona chizindikiro chofunsira kuti ndikofunikira

kuti mufunse funsoli mafunso ndikulimbikitsa anthu osiyanasiyana angapo kuti ayankhe. Nthawi zina mafunsowo ndi omwe amakambirana m'magulu ang'onoang'ono. Ngati gawoli likukuwuzani, muyenera kugawanitsa anthu m'magulu atatu kapena anayi ndikuwapatsa nthawi yokambirana funsoli. Gulu lonse litabweranso limodzi muyenera kuloza nthawi kuti gulu lirilonse ligawane limodzi kapena awiri mwa mfundo zazikulu zomwe amakambirana.

Ngati pali mafunso ambiri kapena Baibulo lomwe anthu amafunikira kuti mulimbikitse wina kuchokera ku gulu lirilonse kuti atenge chithunzi cha foni kapena kukonzekera pasadakhale mafunso.



Zochita

Anthu amaphunzira mosangalala komanso pochita zinazake. Zochita zimathandizira izi kuchitika. Muyenera kukhutitsa aliyense pantchitozo ndikuwalimbikitsa kuti azisangalala pomwe akuchita!



Pemphero

Zomwe Mulungu anena mwachindunji kwa anthu ndizofunika kwambiri. Tikufuna kulimbikitsa gulu lanu kuti lizipemphererana ndi wina ndi mnzake ngati zingatheke. Mukawona chizindikiro ichi muyenera kufunsa anthu kuti azipemphera. Pali njira zosiyanasiyana zopemphereramo ku bukhu ili. Nthawi zina gulu limapemphedwa kuti lipemphere tonse pamodzi, nthawi zina m'magulu ang'onoang'ono ndipo nthawi zina awiriawiri. Nthawi zina anthu amafunsidwa kufuula mokweza kwa Mulungu ndipo nthawi zina anthu amafunsidwa kuti apemphere chete. Ndikofunikira kuti muchoke nthawi yokwanira kupemphera ndikulimbikitsa anthu kuti amvere zomwe Mulungu akunena.



Zochita sabata ino

Sabata iliyonse pali homuweki yoti anthu azichita. Muyenera kufotokozena mosamala kuti anthu amvetsetse ndikulimbikitsa anthu kuti azichita izi mkaati mwa sabata. Kumayambiriro kwa gawo lililonse, muyenera kulolera anthu nthawi kuti adyetse ngati adachita ntchito yomwe adapatsidwa.



Mboni

Ndikofunikira kuti tisonyeze chikondi cha Yesu kwa iwo omwe ali pafupi nafe. Titha kuchita izi m'njira zambiri. Gawo lirilonse limatipatsa lingaliro la momwe tingachitire izi. Muyenera kufotokozerwa pagululo mosamala pagululo ndikulimbikitsa aliyense kuti achite izi mkatia mwa sabata. Tikamaonetsa chikondi cha Yesu kwa iwo omwe timakhala nawo tikakhala nawo timakhulupirira kuti Yesu asintha miyoyo ndi kubweretsa ufulu. Kungakhale bwino kulimbikitsa mamembala a gulu kuti ayankhe za anthu omwe amalankhula nawo komanso kuwalimbikitsa kuti apitilize kupempherera anthu amenewo.

5 Nthawi

Mphindi M'malo ena tidaphatikiza nthawi yayitali yomwe ntchito kapena zokambiranwa ziyenera kutenga. Izi zikuthandizani kuti musunge magawo omwe ali mkatia mwa nthawi yonse.

Mavesi a Baibulo

Mukawona dzina ndi manambala omwe ali pa Masalimo 1:4-6 akupereka gawo la m'Baibulo. Ili ndi njira imodzi imatanthawuza kuti muyenera kuwerenga kuchokera m'buku la Masalimo, vesi 1 mpaka 6.

Kusunga ana kuli Kotetezeka kwambiri pa Mabungwe Yamoyo

Tonse tinkabwera ndi malamulo osavuta kuti ana athu akhale otetezeka ngakhale ali kunyumba kapena nafe Bungwe Lamoyo. Malamulowa ndi abwino kugwirtsira ntchito madera ena miyoyo yathu. Kaya tikugwira ntchito m'minda yathu, kutchalitchi kapena ndi abwenzi, Mulungu akufuna ife kuonetsetsa kuti ana athu ali otetezeka.



Aliyense amene amapezekapo gulu ayenera kuonetsetsa kuti ana awo azikhala otetezeka kunyumba ndi kusamalira munthu wodalirika kapena kubweretsa ana awo.



Atsogoleri amgulu ayenera kukumbukira mamembala amgulu kuti atsimikizire kuti ana awo ndi otetezeka kunyumba ndikusankhidwa ndi munthu wodalirika komanso amapangitsa kuti ana alandire gulu.



Aliyense mgulu akugwira ntchito ndi ana sayenera kugwira ntchito yekha koma ndi anthu ena kapena awiri. Ngati ndi anthu awiri, sayenera kuchokera ku banja lomwelo. (Ayenera kukhala ochokera m'mabanja osiyansasiyana.)



Omwe akugwira ntchito ndi ana mgulu ayenera kuti anali kupita ku gulu kwa miyezi itatu.



Atsogoleri a mabungwe ndi mamembala sayenera kujambula ana akamachita nawo mu Bungwe Yamoyo la anthu.



Ngati ana akugawana nawo chakudya kumisonkhano yamagulu, onetsetsani kuti ali oyenera kudya.



Mamembala a mu bungwe omwe amayendera mabanja mderalo ayenera kupita awiriawiri, mwachitsanzo amuna 2 kukacheza ndi bambo kapena akazi awiri kuti acheze mkazi.

Zolemba

1

Moyo Watsopano Kuchokera kwa Mulungu



'Ndabwera kuti akhale
ndi moyo, ndikukhala
nazo mokwanira.'
Yohane 10:10b



Kukonzekela

Zomwe mukufuna kuti muganizire:

- Cholembera ndi pepala kwa inu ndi ena paberekezerani wina aliyense sabweretsa zawo

Ukhale nayo:

- Adafunsa wina m'gululi kuti awerenge nkhaniyi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?
- Anafunsa aliyense kuti abweretse cholembera ndi pepala lina?



Kulonjera

5
Mphindi

Ndizotheka kuti anthu mgululi samadziwana. Muyenera kuyamba sabata ino pouza aliyense dzina lanu ndikufunsa ena kuti anenere gululo. Muyenera kuthokoza aliyense chifukwa chobwera ndikufotokozena zomwe zidzachitike mgululi.

Nenani pemphero lalifupi, losavuta lothokoza.



Kulunjika

Cholinga cha phunziroli sabata ino ndikumvetsetsa kuti kusatila Yesu zikutanthauza kuti titha kupanga zatsopano; pakhoza kukhala chiyambi chatsopano m'miyoyo yathu. Zakale zimakhululukidwa kwathunthu. Tisanadziwe za Mulungu; tsopano tikudziwa Mulungu.



Vesi Loloweza

5
Mphindi

Werengani vesi lokumbukira kukumbukira ndi kutchula Baibulo mokweza gulu. Werenganiniso m'magawo ang'onoang'ono, kupangira gulu kuti mubwerezze gawo lililonse mukatha.

Pang'onopang'ono kuwerenga magawo ambiri ndi gulu kubwerezza pang'ono mpaka aliyense angathetse vesi lonse. Limbiksani anthu ena kuyesa ndikubwerezza okha.

Ndabwera kuti akhale ndi moyo, ndikukhala nazo mokwanira.

Yohane 10:10b



Nkhani

Werengani nkhani yotsatira pagululi.

Hetty Green adatchedwa 'American Yayikulu Kwambiri'. Woipa ndi munthu amene amazonkhanitsa chuma, amasunga ndalamama zambiri koma amawononga ndalamama zochepa.

Ngakhale kuti ali ndi ndalamama zambiri, Hetty adakhalamo ambiri kuti anali wosauka chifukwa sankafuna kugwiritsa ntchito ndalamama zomwe anali nazo. Anati anadya pori wozizira chifukwa amaganiza kuti anali okwera mtengo kwambiri kuti azitenthetsa madziwo kuti azitentha. Mwana wake wamwamuna anali ndi vuto loopsa koma anakana kulipiritsa chithandizo komanso mwendo wake umadulidwa. Adamwalira atangokhalira kukangana kwambiri chifukwa chamkaka wamkaka wodulidwako ndi wabwinoko chifukwa unali wotsika mtengo.

Pamene Hetty adamwalira mu 1916 chilichonse chomwe ali nacho chinali chamtengo wapatali pa \$100 miliyoni. Limenelo linali ndalamama zambiri mu 1916 ndipo zilipo. Kodi mungaganizire kukhala ndi ndalamama zochuluka koma ngati mulibe zokwanira? Hetty anali ndi zonse zomwe amafunikira koma sanali moyo yemwe akanakhala ndi moyo.



Kukambirana

Funsani gulu lomwe angachite ngati atengera ndalamama zambiri?

3

Mphindi

Lolani aliyense kuti apereke lingaliro.



Vunga la Baibulo

Werengani Aefeso 2:1-9 ku gulu:

¹*Chifukwa cha inu, mudafa chifukwa cha zolakwa zanu ndi machimo anu, ²ndimwe mudakhala moyo mudatsata njira za dziko lapansi ndi wolamulira wa ufumu wa mlengalenga, mzimu woyerwa tsopano akumvera. ³Ndionse ife timakhalana pakati pawo nthawi ina, ndikukondweretsa ma curvings a thupi lathu ndikutsatira zilakolako zake. Monga enawo, tinali ndi chilengedwe choyenera mkwiyo. ⁴Koma chifukwa cha chikondi chake chachikulu kwa ife, Mulungu, amene ali ndi chifundo*

chochuluka,⁵ mide ife tili ndi moyo ndi Khristu, pamene tidapulumuka ochimwa – ndi mwa chisomo mudapulumutsidwa.

⁶Ndipo Mulungu anatiukitsa limodzi ndi Khristu natikhala ndi lye mu malo akumwamba mwa Khristu Yesu, ⁷ndi dongosolo la m'badwo wakudzanso lye momwe lye angawonetsera, chuma chake chosayerekezeka kwa ife mwa Khristu Yesu.

⁸Pakuti mwapulumutsidwa mwa chisomo, mwa chikhulupiriro – ndipo sikuchokera kwa inu nokha, ndi mphatso ya Mulungu – ⁹ndi ntchito, kuti pasadzitamandire.



Titha kumvetsera nkhani ya Hetty Green ndikuganiza kuti sitikhala ngati iye, koma chowonadi ndichakuti mphaso ya Mulungu mu umoyo kwambiri kuposa chilichonse chomwe tikutha kugula, koma monga ngati sitinapatsidwe mphatso yayikulu ngati imeneyi.

Vesi la Bukhu la Aefeso lomwe tawerenga pamwambapa ndi gawo la kalata yopita ku Turkey. Mmenemo Paulo, wolemba, akufotokoza kuti munafa, koma tsopano muli ndi moyo. Mwalandira moyo. Ndipo izi ziyanera kusintha chilichonse.

Koma kodi zikutanthauza chiyani kuti Mulungu watipatsa moyo watsopano? Njira imodzi yosavuta yomvetsetsa izi ndikugwiritsa ntchito chithunzi ndi mabwalo 3.¹

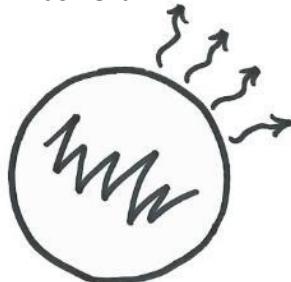
Fotokozerani kuti mujambula chithunzi mukamawerenga gawo lotsatir.

(Pezani pepala, chokulirapo, ndikutulutsa gawo lililonse la chithunzi mukamawerenga gawo lotsatira.)

Linga 1 - Kusweka

¹ Mabwato atatu ozungulira Amachokera ku Mpingo wabanja ku West Palm Beach, Florida. Ndi gwero lotseguka lomwe lingapangidwenso kwaule.

Kusweka



Tikayang'ana padziko lonse lapansi, titha kuona kuti zinthu sizabwino. Tikuwona kuti zinthu zasweka. Anthu amadwala, maukwati ndi mabanja amaphwanya, anthu amapweteketsana wina ndi mnzake, kunama wina ndi mnzake ndikubera wina ndi mnzake.

Anthu ena amakhala ndi zochulukirapo ndipo ena alibe zokwanira. Pali zivomezi ndi kusefukira kwamadzi. Anthu ndi mayi amitundu akumenyana.

Tikamadziyang'ana tokha, tikudziwa kuti ifenso sitili angwiyo. Titha kuwona zolakwa zomwe timapanga ndi njira zomwe tasweka.

Kukambirana

Funsani gululo ngati akuwona chilichonse chomwe chimasweka kapena padziko lapansi kuzungulira?

?

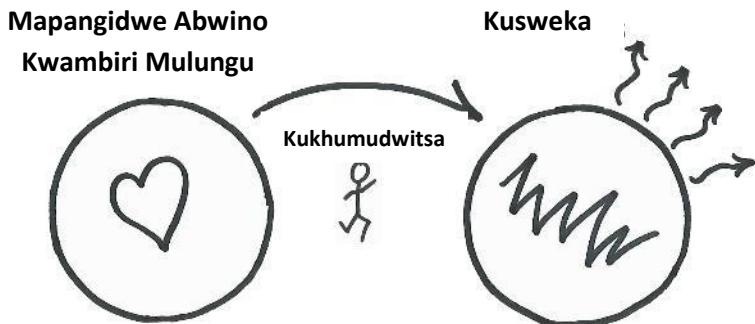
3
Mphindi

Limbikitsani aliyense kuti apange malingaliro.



Linga 2 – Mapangidwe Abwino Kwambiri Mulungu

(Tsopano jambulani ma bits otsatirawa pazithunzi patsamba lanu.)



Baibulo imatiuza kuti Mulungu atalenga dziko lapansi silinawonongeke. **Mulungu anapanga** dziko labwino komanso lodabwitsa. Amati mu Genesis 1:31 kuti:

Mulungu adawona zonse zomwe adazipanga, ndipo zinali zabwino kwambiri.

Timaonabe zinthu zambiri zangwiro za Mulungu padziko lapansi komanso anthu otizungulira – zonse zomwe zili m'gulu la Mulungu ndi gawo limodzi.

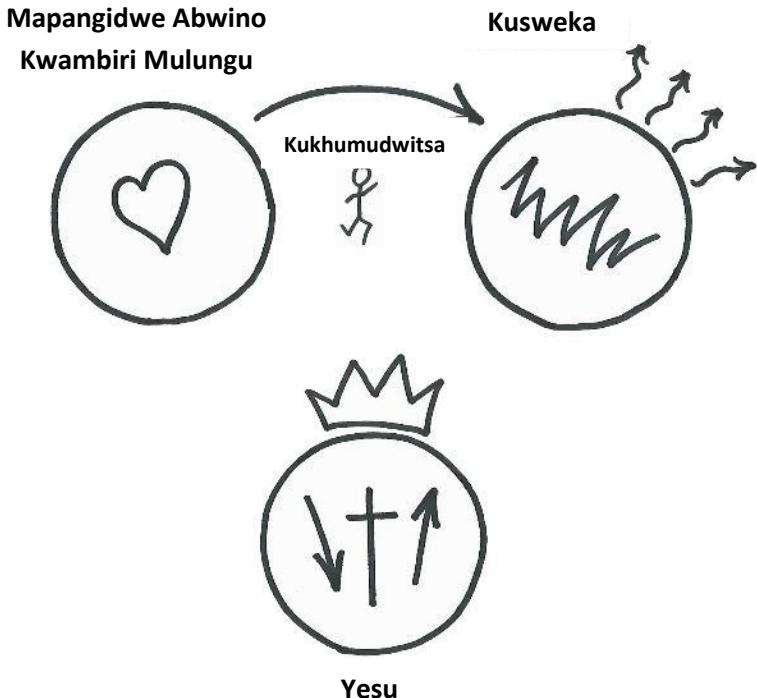
Baibulo ikupitilizabe nkhani ya momwe mawonekedwe angwiro a Mulungu anagwera chifukwa anthu oyamba omwe Mulungu **anamukhululukira** namchotsera. Pakadali pano, uchimo unalowa m'dziko lapansi.

Tchimo ndi chilichonse chomwe chimatilekanitsa ndi Mulungu. Tchimo limatanthawuza kuti ubale pakati pa Mulungu ndi ife wasweka ndipo kuti dziko la Mulungu lakonzedwa. Tikuwona izi mu choncholo chomwe takambiranana.

Anthu ambiri amayesa ndikupeza njira zomwe mungapangire chosweka chomwe amakumana nacho koma sangathe kukonza.

Linga 3 – Chikonzero cha Mulungu chobwezeretsa kudzera mwa Yesu

(Tsopano jambulani ma bits otsatirawa pazithunzi patsamba lanu.)



Tchimo lathu ndi kuwonongeka komwe timakumana ndi kumatanthauza kuti tapatukana ndi Mulungu, ndipo sitingathe kudziwa zambiri mu chidzalo chake chonse. Komabe, Mulungu anatumiza mwana wake Yesu kuti atipulumutse ku choterecho.

Yesu adabwera kudziko lapansi ngati munthu wangwiyo, ndipo adakhala moyo wangwiyo. Adalipira mtengo wa choterera chathu ndi kuchimwa ndi moyo wake, kumwalira m'malo mwathu. Koma sanakhale akufa. Pambuyo pa masiku atatu adauka kwa akufa, ndikupha imfa yomwe. Nsembe yake inatipanga njira yoti tipewe mu ubale wathu ndi Mulungu, kuti tikhululukidwe, komanso kuti tizikhala moyo monga momwe zidapangira kale.



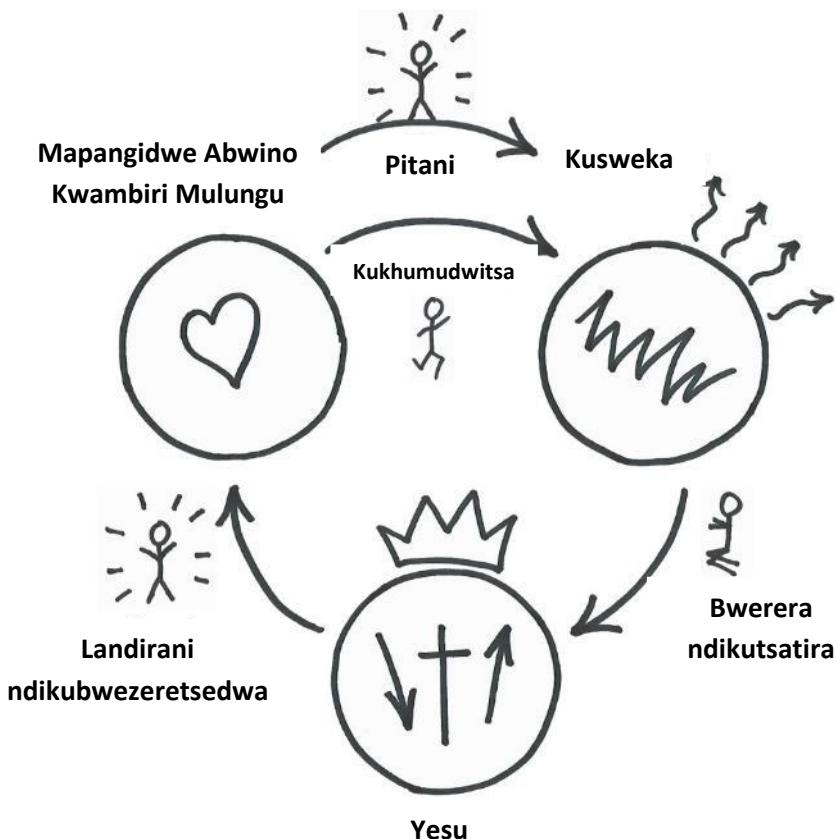
Zochita

Funsani gulu kuti lifotokozere vesi la kukumbukira lomwe tinaphunzira kale. Onani ngati anthu ochepa anganene pawokha.



(Tsopano jambulani zingwe zomaliza za chithunzicho papepala lanu.)

Taphunzira kuti Mulungu adapanga dziko langwiro koma kuti lidasweka ndiuchimo. Taphunzira kuti Yesu ndi Mulungu ndipo anabwera kudzikzo lapansi, anaphedwa ndipo anauka. Lero Yesu ali wamoyo ndipo ali kumwamba ndipo amatipatsa mphatso yaulere: moyo womwe wadzaza ndi wathunthu.



Aliyense wa ife ayenera kusankha ngati tikufuna **kulandira** mphatso yomwe Yesu amatipatsa kapena kuti timuyendere ndikukhalabe mu chosweka.

Kulandira mphatso ya moyo pali zinthu ziwiri zosavuta zomwe timafunikira kuti tichite.

- Siyani tchimolo komanso kukhala ndi moyo njira yathu **ndikubwerera** kwa Yesu.
- **Sankhani kutsatira** Yesu ndikukhala moyo momwe amatifunira.

Tikamachita izi Yesu akulonjeza kuti **adzabwezeretsanso** mwa njira yabwino yomwe tinapangira. Amatipatsa mphatso ya moyo mpaka zonse zomwe tiyenera kungolandira. Izi zikutanthauza kuti titha kukhala paubwenzi ndi Mulungu nthawi yomweyo komanso kuti Mulungu amabwera kudzakhala mwa ife.

Zimatanthauzanso kuti padziko lapansi padziko lapansi Yesu atithandiza kukula paubwenzi wathu ndi Mulungu ndikutisINTA kuti tikhale monga lye. Tidzakhala ndi moyo mokwanira!

Titango **landira** mphatsoyo kuchokera kwa Yesu, Yesu akutifunsa kuti **tipite** kwa ena mdziko lapansi omwe akukhalabe mu chonchnine kuti amve momwe angayandikirire kwa Mulungu.

Osadandaula ngati simumvetsetsa zonse zomwe takambirana. Chithunzi cha ma 3 ozungulira ndi chida chothandiza chomwe chimatiwonetsa chithunzi chachikulu. Tiona mwatsatanetsatane malingaliro aliwонсе omwe talankhulapo tikamagwiritsa ntchito m'mbuku a **Maziko**.

Zochita



Onetsetsani kuti chithunzi chanu chikuwonetsa mabwalo atatu ndi kwinakwake aliyense amatha kuwona.

Aliyense adzasowa chidutswa ndi cholembera. Ngati pali ena omwe

ali ndi vuto kulemba izi atha kuchitika mawu.

- Pezani gululi kukhala awiriawiri.
- Munthu wina pagulu lililonse ayenera kujambula zojambula zitatu, ndikufotokozeria kuzungulira kulikonse komwe kumakoka kwa munthu yemwe amachedwera nawo.
- Akamaliza, munthu wachiwiriyo mwa aliyense azichita zomwezo.

Muyenera kuti mukumbukire aliyense amene akuvutika kukumbukira magawo ndi zomwe akutanthauza.

Kukambirana

Ena mwa ife tidasankha kale kutsatira Yesu. Talandira mphatso ya moyo mpaka Yesu apereka.

Ena mwa ife tidasankha kutsatira Yesu koma sitinalandiredi mphatso ya moyo mpaka chifukwa chake tikukhala ngati tikuweka. Tili ngati Hetty Green mu nkhani yathu omwe anali ndi ndalamama zambiri koma amakhala ngati anali wosauka.

Ena mwa ife mwina sakanasankha kutsatira Yesu ndikulandira mphatso ya moyo mpaka pano.

Awiriawiri, kambiranani mafunso otsatirawa:

- Kodi mwasankha kutsatira Yesu ndikulandila mphatso ya moyo wathu?
- Ngati muli ndi, nkhani yanu yakukumana ndi Yesu iti? Yesani kuyankha lirlonse la mafunso awa mu mphindi imodzi yokha.
 - Kodi moyo wanu udali wotani usanakumane ndi Yesu?
 - Mukukumana bwanji ndi Yesu?
 - Moyo wanu ndi wotani kuyambira pomwe mudakumana ndi Yesu?
- Ngati simunasankhe kutsatira Yesu panobe, tsopano ndi nthawi yabwino kuvomereza mphatso ya moyo mpaka yonse ndikumuyitanira m'moyo wanu. Yesani kugawana momwe



5

Mphindi

moyo wanu uliri ndi chifukwa chake mukufuna kudziwa Yesu. Tidzapemphera limodzi kumapeto kwa gawoli. Mutha kuwapemphera ndi mtsogoleri ndikuyitana Yesu m'moyo wanu.

Werengani pemphelo lotsatirali ku gululi. Werengani m'magawo afupiafupi ndikufunsa aliyense kuti abwerez gawo lililonse mutatha kudziwa Yesu kapena kumudziwa bwino.

Zikomo Yesu chifukwa chomwalira m'malo mwanga.

Zikomo kuti mwandipatsa moyo watsopano.

Pepani machimo onse ndi kusweka m'moyo wanga.

Ndimasankha kusiya izi.

Popeza chilichonse chomwe mwandichitira

Ndisankha kukutsatirani ndipo ndimapereka zonse zomwe ndili nazo kwa inu!

Ndithandizeni kukhala ndi moyo wanu mokwanira.

Ameni.

Apatseni nthawi kuti anthu apitirize kupemphelera wina ndi mnzake m'manja mwawo zokambirana zomwe adakambirana omwe adakambirana omwe adakambirana. Alimbikitseni kuti amvere zomwe Mulungu akunena kwa iwo.



Zochita sabata ino

Sabata iliyonse pali homuweki yoti tichite. Sabata ino, lembani chilichonse chomwe chasweka m'moyo wanu. Yambirani kuthokoza Mulungu chifukwa cha zonse zomwe adasinthia ndikupanga zonse.



Mboni

Tengani kwanu mabwalo 3 omwe mudakonzero. Yesezani kujambula izi kuti mutha kuzikumbukira. Tipempherere mnzanuyo ndipo kenako ugawane nawo 3 mabwalo atatuwo, kukambirana zomwe mabwalo amatanthauza kwa inu ndi zomwe mwapeza. Funsani mnzanu kuti akuganiza kuti ali mkati ndipo ngati angafune kuti muwapemphere nawo. Pitilizani kuti muwapemphere sabata yonseyo.

Phunziro Linanso

Ngati anthu ali ndi Baibulo ndipo akufuna kuwerenga nkhani ya momwe Mulungu adalenga dziko lapansi ndi momwe adathyoledwa pomwe uchimo udalowa mdziko lapansi, amatha kuwerenga izi mu Genesis 1-3.

Ngati anthu akufuna kuwerenga zomwe Yesu adachita atabwera kudziko lapansi, amatha kuwerenga buku la Marko m'Baibulo.
(Mateyu, Luka ndi Yohane akunenanso nkhani ya nthawi ya Yesu padziko lapansi.)

Moyo wa Mulungu mwa Ife



'Ine pano! Ndayimirira pakhomo ndikugogoda.
Ngati wina amva mawu anga ndi atatsegula
chitseko, ndidzalowa ndi kudya ndi munthu
ameneyo, ndipo iwowa ndi ine.'

Chivumbulutso 3:20



Kukonzekela

Ukhale nayo:

- Adafunsa wina m'gululi kuti awerenge nkhanzi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?



Takulandirani & Mayankho

5
Mphindi

- Athokozeni aliyense kuti abwere pagululi.
- Yambani ndi pemphero lalifupi, losavuta.
- Funsani gulu kuti achitepo kanthu 'Zochita sabata ino' ndi 'Mboni' kuchitira umboni kuyambira sabata yatha.
- Pemphani anthu kuti agawane chilichonse chomwe aphunzira kapena adziwa ntchito imeneyi.



Kulunjika

Cholinga cha gawo sabata ino ndikumvetsetsa kuti kusatila Yesu zitanthauza kuti Mulungu amabwera mkati mwathu. Amakhala nafe nthawi zonse ndipo amatisintha kuyambira kunja.



5
Mphindi

Vesi Loloweza

Werengani vesi lokumbukira kukumbukira ndi kutchula Baibulo mokweza gulu. Werenganininso m'magawo ang'onoang'ono, kupangira gulu kuti mubwerezze gawo lililonse mukatha. Pang'onopang'ono muziwerenga m'magawo aatali ndi gululi kubwerezza chilichonse mpaka aliyense angathetse vesi lonse. Limbikitsani anthu ena kuyesa ndikubwerezza okha.

Ine pano! Ndayimirira pakhomo ndikugogoda. Ngati wina amva mawu anga ndi atatsegula chitseko, ndidzalowa ndi kudya ndi munthu ameneyo, ndipo iwowa ndi ine.

Chivumbulutso 3:20



Nkhani

Werengani nkhanzi yotsatirayi ku gululi:

Anthu nthawi zambiri amati, 'Kukongola ndi khungu lakuya'. Makhaldwe nthawi zambiri amaikidwa pa anthu ndi zinthu malinga ndi mawonekedwe akunja okha.

Ku Japan, pali mawonekedwe aluso otchedwa Doradango (omwe amatanthauza 'mipira yamatope'). Ojambula amapanga mipira yabwino kwambiri m'nthaka ya nthaka. Amayamba ndi dothi lonyowa ndikupanga mawonekedwe a mpira. Amawalola kuti iume pang'ono kenako pang'onopang'ono kwa masiku angapo otsatirawa amayamba kuwonjezeku dothi labwino komanso labwino kwambiri mpaka atapanga mpira wangwiyo wa nkhonya yanu. Izi zitha kuwoneka zachilendo, koma zomwe akuchita ndi zachilendo.

Isanawume konse wojambulayo amatenga nsalu ndikuyamba kupukuta nthaka. Maola ndi maola ochepa ozungulira omwe ali ndi nsaluyo amapanga zowala bwino. Mipira yamadzi yoneyezimira ikamalizidwa, imayikidwa pachipata chaching'ono chamatabwa kuti aliyense asirire.

Ngakhale zingawonekere bwanji, momwe mbuyeyo waluso wakhalira kapena wakhala woneyezimira, adapangidwabe matope. Ndi mpira wamatope woneyezimira, wopangidwa kuti asamalidwe koma osagwiritsa ntchito kwina.

Ikani mumtsuko wamatope ndipo posakhalitsa muwona kuti zakhala zomwe zinali choncho, dothi lokha, palibe china.

Lero tikuphunzira kuti Mulungu akufuna kutipangitsa kukhala okongola pokhala ife. Mulungu amatidziwa ndipo titha kuwona kudutsa kwakunja kwakunja, kuzindikira zomwe tili nazo. Samangofuna kupukuta zakunja monga kupukutira kumapukutira mipira yamatope yoneyezimira. M'malo mwake, Mulungu wasankha kukhala mwa ife kuti atisinthe kuchokera mkati.

Izi zikutanthauza kuti titha kukhala osiyana kwambiri ndi mpira yamadzi yoneyezimira yomwe imawoneka bwino kunja koma ikadali matope mkati. Tikapempha Mulungu kuti akakhale mkati mwathu, tili ndi mwayi wokhala kwambiri komanso kukhala wokongola kwambiri mkati komanso kunja.

Vunga la Baibulo



Werengani 2 Akorinto 4:1-12 kwa gululi:

¹*Chifukwa chake, popeza kudzera mwa chifundo cha Mulungu tili nacho utumiki uwu, sititaya mtima.* ²*Ter, tasiya njira zachinsinsi ndi zochititsa manyazi; sitigwiritsa ntchito chinyengo, kapena kutchula mawu a Mulungu.* M'malo mwake, pokhazikitsa chowonadi momveka timadzilemekeza tokha kwa chikumbumtima cha aliyense pamaso pa Mulungu. ³*Ndipo ngakhale uthenga wathu waphimbika, waphimbidwa kwa iwo amene akuwonongeka.* ⁴*Mulungu wa m'badwo uno wachititsa khungu khungu malingaliro a osakhulupirira, kuti asawone kuwala kwa uthenga wabwino womwe uziwonetsa ulemerero wa Khristu, ndiye chifanizo cha Mulungu.* ⁵*Pakuti ndi zomwe tife sali tokha, koma Yesu Kristu monga mbuye, ndi ife monga akapolo anu chifukwa cha Yesu.* ⁶*Pakuti Mulungu, amene anati, 'Muwalikitse kuwala kwake mumtima,' mwathu kuti atipatse kuunika kwa ulemerero wa Mulungu.*

⁷*Koma tili ndi chuma ichi m'mbulu la dongo lofunika kwambiri limeneli ndi lochokera kwa Mulungu osati kwa ife.*

⁸*Mudabwitsika mbali zonse, koma osaphwanyika;* ⁹*odandaula, koma osataya mtima; kupulumutsidwa, koma osasiyidwa; adakumana, koma osawonongedwa.* ¹⁰*Nthawi zonse we kwezani mu thupi lathu kufa kwa Yesu, kuti moyo wa Yesu uwululidwenso mthupi lathu.* ¹¹*Popeza ife amene tili moyo timaphedwa nthawi zonse chifukwa cha Yesu, kuti moyo wake uwululenso m'thupi lathu.* ¹²*Ndipo tsono, imfa ili ku ife, koma moyo uli kuntchito inu.*

Tili ngati mtsuko zopangidwa dongo



Ndime lero linalembedwa ndi Paulo, mmodzi wa atsogoleri a Mpingo woyambirira. Paulo anagwiritsa ntchito chithunzi mtsuko, odzichepetsa ndipo dothi wamba zadothi, chotengera zipolopolo mu uvuni. A mtsuko dongo mwina sangakhale kwambiri kuyang'ana. Mwina opembedza amaoneka zomveka wamba koma angagwiritsidwe ntchito ali ndi kusunga wapatali ndi zofunika zinthu monga mafuta, vinyo, chakudy kapena zikopa kapena nthawi zina

chuma cha golide ndi siliva.

Paulo anagwiritsa ntchito fanizo la mtsuko dongo chithunzi cha iyeyo ndi ife.

Yesu ali ngati chuma mwa ife

Ife ndife ngati botolo, osalimba ndi breakable. Paulo anati kuti Mulungu adatuma Yesu kuti akhale chuma mkatи mwathu.

Nthawi zina tikhoza kuyang'ana ngati ndife wapadera. Mulungu anali kugwiritsa Paulo mwamphamvu koma mu fanizoli Paulo anasonyeza kuti si luso lake kapena kuti mphamvu kumupanga iye wamkulu. M'malo mwake amanena kuti chuma kuti Mulungu anaika mkatи mwake kumupanga iye wamkulu.

Paulo anali kunena si za mmene timaonekera kapena momwe ife tikudziwira. M'malo mwake ndi za *amene* tikudziwa – Yesu.

Kukhulupirira Yesu, ndi chuma mkatи mwa ife, ndiye kuti Yesu tokha.

Paulo ankafuna mpingo kumvetsa kuti chinthu chofunika kwambiri ndi Yesu ndipo moyo wake ntchito mwa ife mwa ife. Ndipotu, Afilipi 2:13 iye anati:

Pakuti nikwa Mulungu wakuchita mwa inu kufuna ndi kuchita pofuna kukwaniritsa cholinga chake chabwino.

Mulungu akufunafuna anthu odzichepetsa kuti chumacho wake mkatи. Iye anatilenga ndi cholinga apamwamba pontho asafuna pasa ife chuma chake mu mitima yathu – Yesu.

Kodi inu ngati mtsuko dongo?

Ngati mwaika chigwa dongo mtsuko pafupi ndi wokongola woumba, dongo mphika zadothi adzayang'ana kwambiri wapadera.
(Mungasonyeze anthu cithunzithunzi ici thandizo kupanga mfundo imeneyi.)



Chigwacho dongo mtsuko sichitsata wapadera kwambiri. Izo ziribe kanthu kuti inu mukukhulupirira izo ndi wokongola. Likhoza amanenanso za chuma mkati yokha.

The chokongoletsedwa zadothi mtsuko atchule yako kumbali palokha ndipo chidzachitika ulemerero. Inu mukhoza konse mkati.

Anthu ena kukhazikika kuyang'ana abwino kunja, kuthamangitsa kukongola, nzeru, chuma chawo kapena chuma. Amangokhala ngati mbiya zadothi kapena mipira matope mu nkhanu yathu lero. Iwo amakhala ndi cholinga china kuposa awatame (kupanga okha kumawoneka bwino). Iwo amvela uthenga wa Yesu, koma musalole kuti mumtima mwawo. Izi yochepa woona. Patapita nthawi, zinthu chonyezimira amakhala kugwazidwa, wosweka ndi wosasamala.

Anthu ena nkhwawa kwambiri za mmene iwo amayang'ana kunja ndi wokhuzidwa kwambiri chimene chili mkati. Iwo amakhala ngati mtsuko kumveka dongo. Iwo kuitana Yesu kuti alowemo moyo mkati mwake. Ichi ndi chinthu choposa: izi ndi kukongola konse chimazilala ndipo adzaupereka kwa Yesu! Miyoyo awa andilemekeza Yesu ndi ake.

Kukambirana

M'magulu a 3 kapena 4 fotokozerani mafunso otsatirawa. Yesetsani kukhala oona mtima pa mayankho anu.

- Kodi timayamikira zinthu kapena anthu momwe amawonekera panja kapena pazomwe ali mkgati?
- Kodi timayamikira anthu omwe ali ndi ndalamama zambiri kapena zinthu kuposa anthu omwe ali ndi zochepa?
- Kodi mawonekedwe akunja kapena mawonekedwe ofunikira kwambiri kapena kodi Mulungu adatilenga kuti tipeze zinanso?
- Mulungu atalenga zoposa izi, kodi angafune kuchita zinthu ziti kudzera mwa ife?



Yesu akufuna kukhala mwa inu

Yesu akufuna kuti abwere ndi kukhala mwa inu. Timawerenga za izi m'magawo osiyanasiyana a Baibulo.

M'buku la Chivumbulutso 3:20, Yesu akuti:

Ine pano! Ndayimirira pakhomo ndikugogoda. Ngati wina amva mawu anga ndi atatsegula chitseko, ndidzalowa ndi kudya ndi munthu ameneyo, ndipo iwowa ndi ine.

Ngati mungamumve, Yesu akuti, 'Ndikufuna ndibwere ndi kukhala m'moyo wanu.'

Ngati Yesu akhala mwa ife, amasimtha zochita zathu, malingaliro, mawu ndi malingaliro athu. Amatipanga ife kukhala athunthu komanso abwino. Nayi njira ina yomwe izi zikufotokozedwera.

Mu Yohane 15:5 Yesu akuti:

Ine ndine mpesa; ndinu nthambi. Mukakhala mwa ine ndi ine mwa inu, mudzabala zipatso zambiri; kusiyana ndi ine simungathe kuchita kalikonse.

Chodabwitsa ndichakuti Mulungu wapangitsa kuti Yesu akhale mwa

ife. Chinthu choyamba chomwe chimachitika kwa ife ndikuti Mulungu amatiyeretsa ndikupangitsa mitima yathu kukhala yatsopano. Mu 2 Akorinto 5:17 Paulo akufotokoza kuti Yesu akalowa mu moyo wathu, timasinthidwa. Iye akuti:

*Chifukwa chake, ngati wina aliyense ali mwa Khristu,
cholengedwa chatsopano chafika: wakaleyo wapita,
watsopano ali pano!*

Popita nthawi Yesu amasinta momwe amachitira ndi malingaliro athu. Mu 1 Akorinto 3:16 timawerenga kuti Mulungu akufuna kukhala mwa anthu ake kuti dziko lapansi limuwone kudzera mwa ife:

*Kodi sukudziwa kuti inu nokha ndinu kachisi wa Mulungu ndipo
kuti Mzimu wa Mulungu umakhala pakati panu?*

Zochita



5
Mphindi

Khala pansi awiriawiri ndikugawana zomwe mumawona za Khristu wina ndi mnzake. Khalani okoma mtima koma owona mtima. Mayankho angawuluke komanso kulimbikitsa.

Pemphero



10
Mphindi

Pezani gulu kuti lizibwereza vesi lokumbukira. Perekani anthu ena mwayi wonena izi ngati akumva.

*Ine pano! Ndayimirira pakhomo ndikugogoda. Ngati wina
amva mawu anga ndi atatsegula chitseko, ndidzalowa ndi
kudya ndi munthu ameneyo, ndipo iwowa ndi ine.*

Chivumbulutso 3:20

Ndikofunikira kupatsa anthu mwayi woyankha zomwe Mulungu wanena kwa iwo lero. Funsa ngati pali wina amene angafune kuyitanitsa Mulungu kuti atumize Yesu kuti akhale mkatwi mwawo? Ngati pali, aziwatsogolera mu pemphero losavuta ili.

Ambuye Yesu, zikomo kwambiri kuti mukufuna kukhala mkatwi

mwanga. Zikomo kwambiri kuti ngakhale ndili ngati dokotala wowoneka bwino womwe mukufuna kukhala chuma mkati mwanga. Masiku ano, ndikulola chuma ichi, moyo watsopanowu ndi kufunsa kuti mwabwera kudzandisinha kuchokera mkati mwathu. Bwerani mudzakhale mumtima mwanga. Pepani chifukwa ndakhala ndikukhala komanso kuyambira tsopano ndikufuna kukukhalirani moyo. Ameni.

Tsopano, mu magulu omwewo ngati ntchitoyi, afunseni gulu kuti apempherere wina ndi mzake potengera zokambirana zomwe anali nazo. Alimbikitseni kuti amvere zomwe Mulungu akunena kwa iwo.



Zochita sabata ino

Sabata iliyonse pali homuweki yoti tichite.

M'mawa uliwonse sabata ino, pemphani Mulungu kuti akupatseni mwayi wolola ena kuti awone ndi kukumana ndi Yesu mwa inu. Khazikani mtima pansi; Mulungu samakonda china kuposa kugwiritsa ntchito iwo amene ali ofunitsitsa!



Mboni

Sabata ino itenga nthawi yolankhula ndi munthu yemwe mungathe kupewa chifukwa cha mawonekedwe ake kapena mawonekedwe awo. Mverani mosamala kwa iwo ndikuwalimbikitsa kuti Mulungu aziwakonda. Fotokozerani za chuma mumtima mwanu, Yesu mwa inu. Gawanani nawo kuti akufuna kuwapatsa moyo. Dziperekeni kuti muwapemphere nawo.

Pakati pa sabata lonse pempherani mnzanu amene mudagawana mabwalo 3 ndi sabata yatha ndi anthu omwe mudalankhula nawo sabata ino.

Zolemba

Moyo Watsopano Umakula



'Ndikuthokoza Mulungu wanga nthawi iliyonse ndikakumbukira inu... ndikukhulupirira izi, kuti iye amene adayamba ntchito yabwino mwa inu adzathamangira kufikira tsiku la Kristu Yesu.'

Afilipi 13&6



Kukonzekela

Ukhale nayo:

- Adafunsa wina m'gululi kuti awerenge nkhanzi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?



Takulandirani & Mayankho

5
Mphindi

- Athokozeni aliyense kuti abwere pagululi.
- Yambani ndi pemphero lalifupi, losavuta.
- Funsani gulu kuti achitepo kanthu 'Zochita sabata ino' ndi 'Mboni' kuchitira umboni kuyambira sabata yatha.
- Pemphani anthu kuti agawane chilichonse chomwe aphunzira kapena adziwa ntchito imeneyi.



Kulunjika

Cholina cha gawo sabata ino ndikumvetsetsa kuti monga mwana amakula kakhala mwana kenako munthu wamkulu, motero timakula m'moyo wathu watsopano ndi Mulungu. Timakhala monga Yesu, ndipo zomwe tikuganiza ndi zochita zathu zimakhala ngati Yesu.



5
Mphindi

Vesi Loloweza

Werengani vesi lokumbukira kukumbukira ndi kutchula Baibulo mokweza gulu. Werenganiniso m'magawo ang'onoang'ono, kupangira gulu kuti mubwerezze gawo lililonse mukatha. Pang'onopang'ono muziwerenga m'magawo aatali ndi gululi kubwerezze chilichonse mpaka aliyense angathetse vesi lonse. Limbikitsani anthu ena kuyesa ndikubwerezza okha.

Ndikuthokoza Mulungu wanga nthawi iliyonse ndikakumbukira inu... ndikukhulupirira izi, kuti iye amene adayamba ntchito yabwino mwa inu adzathamangira kufikira tsiku la Kristu Yesu.

Afiliyi 1:3&6



Nkhani

Werengani nkhanzi yotsatirayi yokhudza mwana wotchedwa Peter Pan kwa gululi:

Peter Pan anali ana, adathawa kunyumba ndikupita ku Khalani ndi Moyo ku Neverland, komwe sadzakalamba kapena kukalamba. Anakumana ndi ana ena omwe amakhala kumeneko ndikukhala akung'ono, monga momwe lye angafunire. Ana onse adasewera limodzi. Analì ndi maulendo ambiri ndipo analì ndi chizungulire Neverland pamodzi. Chilichonse chinali chosangalatsa kwambiri ndipo palibe amene amawauza zomwe amayenera kuchita.

Tsiku lina Peter anabwerera kudziko lomwe anabadwira ndipo anakumana ndi ana atatu: Wendy, John ndi Michael. Adakhala abwenzi ndipo Peter adawapempha kuti abwere Neverland ndi iye.

Ana onse aku Neverland atakumana ndi Wendy anali okondwa ndikumupempha kuti akhale mayi awo. Wendy adawona kuti palibe wina yemwe anali ngati mayi kwa ana chifukwa palibe amene adakula koterò kuti adagwirizana. Wendy anachita zabwino zake zonse, koma anali yekha wachichepere ndipo sanakhale ndi zokumana nazo.

Tsiku lina Wendy adauza ana onse nkhanì – ndi nkhanì yake. Anauza ana momwe mtsikana ndi abale ake awiri anali atachoka kwavo ndikuthawira kulibe ku Neverland. Anaphonya mayi ndi abambo awo ndipo anadziwa kuti makolo awo asoweka.

Wendy anakhumudwa atanena nkhaniyi ndipo anaganiza inali nthawi yoti iye ndi abale ake azipita kwavo. Anaitanitsa Peter ndi ena onse kuti abwere nawo.

Onsewa adabwerera kwavo ndipo makolo a Wendy anavomera kuti atenje ana onse, kuphatikizapo Peter. Ana onse anali okondwa kukhala ndi banja latsopano, kuti aphunzire zinthu zatsopano ndipo patapita nthawi kuti akule ndi kukhala achikulire okha. Koma Peter anali wachisoni. Amafunu kubwerera ku Neverland ndipo sanadzale. Amafunu kukhala achichepere mpaka kalekale. Peter adasankha kusiya abwenzi ake onse ndikubwerera ku Neverland. Kuti mukhalebe achichepere, Peter adayiwala za maulendo ake ndi abwenzi ake komanso zomwe adaphunzira padziko lonse lapansi. Peter Pan ndi nkhanì yolembewda ndi J.M. Barrie mu 1904. Mbale

wa Peter Pan yemwe adaganizira kuti akhazikitsidwe J.M.Barrie pa ngozi ali ndi zaka 14 ndipo chifukwa chake sanakhalepo ndi mwai wokula. Ngakhale Peter Pan anali ndi maulendo ambiri ndipo zonse zimawoneka ngati zosangalatsa, nkhani yake imatiwonetsa kuti pamapeto pake, ndizachisoni kwambiri ngati ana sakukula.



Vunga la Baibulo

Werengani Aefeso 4:11-15 mgulu:

¹¹Ndi chifukwa Kristu iye anapatsa atumwi, aneneri, alaliki, abusa ndi aphunzitsi, ¹²kuti asinthe anthu ake a ntchito za utumiki, kuti thupi la Khristu lidzalimbikitse ¹³tonsefe tidzafika Mwana wa Mulungu ndi kukhwima, kufikira muyeso wonse wa chidzalo cha Kristu.

¹⁴Ndipo sitidzakhalanso ana, naponyedwanso ndi mafunde, ndi kuwombera apa ndi mphepo iliyonse yophunzitsa ndi kusasitsa kwa anthu pakuchita chiwembu. ¹⁵Ndipo, kuyankhula zowona cikondi cikondi, tidzakula kuti tikhale mu lemekezani thupi lokhwima la iye amene ali m'mutu, ndiye, Khristu.



Ana ndi kolakalakika, koma iwo sakuyenera ana muyaya. A mwana wathanzi akukula ndipo amaphunzira zambiri luso latsopano.

Ngati muli ndi ana muzakumbukira chisangalalo cha tsiku pamene iwo anayesetsa chawo choyamba. Iwo sanali wangwiro. Zinali wobbly ndipo mwina inatha mu kugwa. Koma zinali mphindi kwambiri. Ngati muli ndi mwana amene waphunzira nkhani, kodi inu mukukumbukira zimene mawu oyamba anali mwana wanu analankhula? Zinali 'Mayi' kapena 'Bambo'? Zimakondweretsa mtima kholo pamene mwana wawo akuzindikira zinthu zatsopano. Timasangalala pamene kukula ndi kukhala. Timafuna kuchita bwino.

Pamene ife Mkhristu timavomereza mphatso ya Mulungu ya moyo watsopano. Baibulo likuti kukhala obadwa kachiwiri.

(Mungawerenge Yohane 3:1-8 zambiri pa izi.) Thupi si adzabadwanso monga koma ife timabädwa mu moyo wa uzimu

watsopano. Mu njira yomweyo imene mwana ukukula komanso kusintha, koteri ife kukula ndi kusintha moyo wathu wauzimu pambuyo mfundo imeneyi.

Pamene ana amabadwa, matupi awo kwathunthu otukuka. Poyamba kukula ndi mkaka wakumwa; akamakula amaphunzira kudya chakudya cholimba ndi matupi awo kwambiri koteri iwo akhoza kukhala paokha ndipo kenako kuima kenako kuyenda ndi kuthamanga. Ubongo awo amakula kwambiri. Khalidwe lawo kukhala ndi momwe kulankhula ndi ena.

Kukula izi sizichitika palokha. Zimatengera LOT kudya ndi kumwa ndi LOT kuphunzira ndi kuchita kwa mwana kukhala munthu wamkulu. Kuposa chilichonse zimatenga nthawi kukula. Palibe munthu amene amakhala usiku wamkulu. Nthawi zambiri mwana sazindikira kuti ikukula. Koma ife monga makolo zindikirani chifukwa iwo kukula zovala zawo. Ana athanzi kukula.

Izi likusowa kuchitikira mu moyo wathu wauzimu pamene tinabadvanso kwatsopano. Ife amayamba ngati mwana wamng'ono, osasowa mkaka. Pamafunika nthawi kukula ndi zambiri kudya ndi kumwa zokuthandizani kupanga kukula kuchitika.

Mu 2 Akorinto 13:9 Paulo akupemphera kwa Akhristu zochokera ku Korinto, Greece. Iye anapemphera kuti:

pemphero lathu ndi lakuti mukhoza kubwezeretsedwa kwathunthu.

Mawu Achigiriki amene Paulo ntchito njira kwathunthu kubwezeretsedwa kulimbiksidiwa ndi changwi. Mulungu akufuna ife kukula. Mulungu safuna kukhala ana auzimu.

Mu Ahebri 5:12-14 wolemba Wakhumudwa ndi okhulupirira achiyuda iye akulemba kuti. Iye anati:

¹²Ngakhale, ndi nthawi tuyenera kukhala aphunzitsi, inu kusowanso kuti wina aphunzitse inu choonadi chiyambidwe cha

*mawu a Mulungu kachiwiri. Inu amafuna mkaka, osati chakudya chotafuna!*¹³Aliyense amakhala pa mkaka, pokhala akadali khanda, si bwino kuphunzitsa za chilungamo.¹⁴Koma chakudya chotafuna chiri cha okhwima, amene ndi zones munawaphunzitsa okha kusiyanitsa chabwino ndi choipa.

Iye anawauza kuti iwo akhala okhulupirira kwa nthawi yaitali kwambiri ndipo tsopano iwo ayenera kuphunzitsa ena. Koma kwenikweni, ndi ana okha, komabe kumwa mkaka ndipo lifunika kusamaliridwa. Paulo akufuna kuti iwo amakula Akristu amphanmvu amene kudziwa kusiyana kwa chabwino ndi choipa. N'zomvetsa chisoni Mulungu ayenera akaona mmodzi wa ana ake kukula.



¹⁰
Mphindi

Zochita

M'magulu a 3 kapena 4, werengani Aefeso 4:11-15. Funsani gulu lirilonse kuti muwone ngati angapeze mawu awa kapena mawu otsatirawa:

- Omangidwa
- Kukulira
- Mpaka tonse tifike
- Kukhala
- Makanda
- Okhwima

Afunseni kuti akambirane mawu kapena mawu amatanthauza.

Pakatha mphindi 5, abweretse maguluwo kuti afotokozere malingaliro awo pankhani ya mawuwo.

Mukuyang'ana mayankho omwe amalankhula za njirayi, kusunthira kutsogolo kapena kupita patsogolo ndikulankhula za nthawi ndi kusintha.



Amati mu Aefeso 4:15 kuti kukhala okhwima ndi kukhala ngati Yesu. Izi ndi zomwe tikufuna kukhala - monga Yesu.

Ambiri aife timafuna kukula ndikukula. Ambiri a ife timafuna kukhala ngati Yesu, koma nthawi zambiri sitikudziwa momwe tingakulire. Maphunziro onse m'bukuli adapangidwa kuti akuphunzitseni ndikuthandizani. Ali ngati chakudya ndi zakumwa kuti mukhale ndi moyo wa uzimu kuti muwonjezere.

Kukambirana

Funsani gululi kuti mwana ayenera kuchita chiyani kuti akule? Pamene amabwera ndi mayankho (onani pansipa) mutha kugwiritsa ntchito malongoledwewa posonyeza momwe timafuniranso zinthu izi m'moyo wathu wauzimu.

- Idyani zakudya ndi zakumwa – M'moyo wathu wa uzimu tiyenera kudya ndikumwa Mawu a Mulungu. Pumulani mpweya – Kupumira mu moyo wathu wa uzimu womwe tiyenera kuza Mulungu ndi kulandira kuchokera kwa Mzimu Woyerwa wa Mulungu.
- Landirani chikondi – Tiyenera kukondedwa ndi kusamaliridwa ndi banja lathu lauzimu (Akhristu ena).
- Kuchita masewera olimbitsa thupi ndi kukhala ogwira ntchito – Tiyenera kugwiritsa ntchito minofu yathu pochita zinthu zauzimu pochita zinthu zauzimu, zinthu monga kupatsa, kutumikira ndi kupembedza Mulungu.



Izi zonzezi, tifunika kukumbukira kuti ndi Mulungu amene amagwira ntchito m'miyoyo yathu kudzera mwa Mzimu wake Woyerwa kuti titipangitse kukula mu uzimu; ichi sichinthu chomwe tingachite tokha.

Ngati tikudziwa Baibulo LONSE lapansi, kukhoza kukhalabe chidziwitso m'mutu mwathu, koma moyo wathu wa uzimu ndi wocheperako ndipo timakhala pang'ono pokhapokha Mzimu Woyerwa ngati Mulungu watipangitsa kuti tikule bwino.

Ngati tili gawo la mpingo ndipo timaperekira, ndipo timalalikira, koma Mzimu Woyerwa wa Mulungu sukugwira ntchito m'miyoyo yathu, ndiye kuti sitinakulire kwathunthu m'moyo wathu wa uzimu.

Moyo wathu wa uzimu umangokulira ngati tichita chilichonse ndi chikhulupiriro mwa Mulungu komanso cholina chathu chimakhala pa Mulungu osati pa luso lathu. Ngati mukudzidalira kuti izi zisachitike sizichitika.

Mukamawerenga Baibulo lanu, muyenera kuliwerenga m'chikhulupiriro kuti Mulungu adzakuphunzitsani ndi kukuthandizani kukula. Mukamapemphera, muyenera kupemphera mwachikhulupiriro kuti Mzimu Woyerwa Mulungu umakumverani komanso kuti amapereka mphoto kuti am funefune, akukulimbikitsa iwe, ndikukuyeretsani iwe—ndiyekuti, Mzimu wake Woyerwa uzimitsa mtima wako mwala kukhala mumtima mwanu. Mukamakonda ndi kutumikira ena, muyenera kuchita kuti mulemekeze Mulungu komanso m'chikhulupiriro kuti mukhulupirire kuti akupangani inu kukhala ngati Yesu. Mukamalambira Mulungu ndi zonse zomwe mumapanga kuti minofu yauzimu imakula.

Yesu anaphunzitsa ophunzira ake mu Luka 11:1-13 kupemphera. (Simuyenera kuwerenga ndimeyi tsopano, koma mutha kulimbikitsa anthu kuti aziwerenga kunyumba mkatimwa sabata.) Yesu akuti Mulungu akupatsirani Mzimu wake Woyerwa mukamufunsa. Yesu akuti Mulungu akupatsirani mzimu wake woyerwa mukamufunsa. Ali ngati bambo wabwino ndipo amadziwa kupereka mphatso kwa ana ake. Tidziwa zambiri za Mzimu Woyerwa Mulungu nthawi yophunzira pambuyo pake.

Pemphero



Kuti mwana azikula, ndiyewoyamba kubadwa; ziri ndi chikhulupiriro chathu. Ngati tikufuna kukula ndikuyamba kukhala ndi chikhulupiriro, choyamba choyamba tiyenera kufunsa Mulungu kuti atithandizire kuti 'tisamudwenso.' Funsani ngati pali aliyense mgululiler. Ngati pali pemphero lomwe likutsatirali:

Ambuye Yesu, zikomo kwambiri pondipatsa mphatso ya moyo watsopano. Masiku ano, ndikufuna kulandira mphatsoyo. Ndimatembenuka kutali ndi moyo wanga wakale ndikupemphani kuti mubwere ndikukhala mwa ine,

ndikundithandiza kukhala ngati inu. Ameni.

Kenako, m'magulu a anthu atatu kapena anayi, afunseni anthu kuti azipemphera limodzi. Apatseni nthawi kuti anthu azipemphera pang'onopang'ono komanso mozama pamene akuganiza momwe Mulungu akugwirira ntchito m'moyo wawo.

Munthu aliyense ayenera:

- Tithokoze Mulungu chifukwa cha mbali iliyonse ya moyo wanu komwe wakuthandizirani kukula.
- Funsani Mulungu kuti akuwonetseni kulikonse komwe akufuna kukulirani.
- Funsani Mulungu kuti atumize Mzimu wake Woyera kuti ukugwira ntchito mwa inu ndi kukuthandizani kukula mwauzimu.

Bweretsani gululi limodzi ndikuyandikira ndi pempheroli.

Zikomo Ambuye kuti ndinu bambo wabwino komanso kuti mumakonda kutipatsa zonse zofunka kuti tikhale monga mwana wanu Yesu. Mulole Mzimu wanu Woyera ugwire ntchito m'miyoyo yathu kuti tikule, kuti tisadye 'mawu' anu ndipo 'kupumira' Mzimu wanu Woyera kuti Ufumu wanu ubwere m'miyoyo yathu. M'dzina la Yesu, ameni.



Zochita sabata ino

Sabata iliyonse pali homuweki yoti tichite. Sabata ino, pezani munthu wokhwima m'chikhulupiriro chawo kuposa inu ndipo amakhala nawo nthawi yayitali. Afunseni momwe Mulungu wakhala akugwirira ntchito m'miyoyo yawo ndikuyika chinthu chimodzi chomwe amangonena mu moyo wanu.



Mboni

Sabata ino, uzani munthu wina zomwe Mulungu wachita m'moyo wanu. Gawanani momwe wayambira ntchito yabwino komanso zomwe akuchita mwa inu pakadali pano. Izi zitha kukhala bwenzi lomwe mudagawana mabwalo atatu ndi kapena munthu yemwe

mudalankhula naye sabata yatha kapena winawake.

Kugawana Moyo Watsopano



'Chifukwa chake pitani mukapange ophunzira a
mitundu yonse, kuwabatiza iwo mu Dzina la
Atate ndi la Mwana ndi Mzimu Woyer'a.
Mateyo 28:19



Kukonzekela

Ukhale nayo:

- Adafunsa wina m'gululi kuti awerenge nkhaniyi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?



Takulandirani & Mayankho

5
Mphindi

- Athokozeni aliyense kuti abwere pagululi.
- Yambani ndi pemphero lalifupi, losavuta.
- Funsani gulu kuti achitepo kanthu 'Zochita sabata ino' ndi 'Mboni' kuchitira umboni kuyambira sabata yatha.
- Pemphani anthu kuti agawane chilichonse chomwe aphunzira kapena adziwa ntchito imeneyi.



Kulunjika

Cholinga cha gawo sabata ino ndikutithandiza kumvetsetsa kuti pamene tikuyamba kutsatira Yesu, timakhala gawo la cholinga cha Mulungu chofikira anthu ena. Moyo wathu watsopano ndi chitsanzo kwa ena mwazomwe Mulungu angachite, ndipo amatifunsa kuti titembere nkhanji yathu ndi uthenga wabwino wa Yesu, ndi anthu otizungulira.



5
Mphindi

Vesi Lolweza

Werengani vesi lokumbukira kukumbukira ndi kutchula Baibulo mokweza gulu. Werenganininso m'magawo ang'onoang'ono, kupangira gulu kuti mubwerezze gawo lililonse mukatha. Pang'onopang'ono muziwerenga m'magawo aatali ndi gululi kubwerezze chilichonse mpaka aliyense angathetse vesi lonse. Limbikitsani anthu ena kuyesa ndikubwerezza okha.

Chifukwa chake pitani mukapange ophunzira a mitundu yonse, kuwabatiza iwo mu Dzina la Atate ndi la Mwana ndi Mzimu Woyeria.

Mateyo 28:19



Nkhani

Werengani nkhanji yotsatirayi ku gululi:

Thandiwe ndi miyezi 9 ndipo mwana wake ali ndi tsiku lililonse. Thandiwe amadziwika mdera lake. Mwamuna wake wa Chimwemwe ndi wamkulu wolemekezeka ndipo amagwira ntchito limodzi kuti athandizire gulu lawo. Onsewa amakondedwa ndi aliyense m'dera lawo.

Pamene Thandiwe ndi Chimwemwe adauza anthu kuti akuyembekezera mwana nthawi yayitali. Aliyense anali wokondwa chifukwa cha mwana woyamba kubadwa. Adadzifunsa ngati mwana watsopanoyu adzatsogolera gulu lawo tsiku lina? Anthu amafuna kudziwa kuti Thandiwe anali kumva bwanji pa nthawi yake. Kodi anali bwino? Kodi anali kudwala? Kodi mwana akadakankhabe?

Anthu adadzifunsa ngati mwanayo angakhale mwana wamwamuna kapena wamkazi. Adayesa kulosera dzina lake likanapatsidwa. Kodi zingayambike mochedwa kapena mochedwa ndipo kodi zingakhale zotetezeka? Pamene nthawi idayamba kukhala okondwa kwambiri. Tsopano Thandiwe ndi chifukwa chobala tsiku lililonse anthu ammudzi amafunitsitsa kumva nkhani.

M'mawa kwambiri mwana wamng'ono amawona gulu la azimayi akuyenda mwachangu kwa a Thandiwe ndi Chimwemwe. Mnyamatayo amathamangira kukauza amayi ake omwe amaganiza kuti khandalo likuyenda ndipo azimaiyo adayitanidwa kuti athandize. Amauza mnzake, yemwe amauza mnzake ndi zina. Posakhalitsa unyinji ukusonkhana kunja kwa nyumba ya wamkulu. Anthu akufuna kukhala oyamba kumva uthengawo ndipo mwina angawone mwana watsopanoyo. Amadikirira mwakachetechete kunja, wamanjenje koma anasangalala.

Pakati pa masana a Thandiwe ndi Chimwemwe kutuluka m'nyumba zawo, onse akuwoneka wotopa komanso wokondwa. Mwambo wa Chimwemwe ndi mwana wawo wamkazi watsopano, wokutidwa mosamala mu nsalu yokongola ndikumenya ndikufuula kuti aliyense awone ndi kumva! Pali chisangalalo chachikulu ndipo anthu amayamba kujambula zithunzi pamafoni awo.

Posakhalitsa nkhani yachimwemwe imafalikira mwachangu anthu

ammudzi onse. Kwa sabata yonse komanso anthu ambawera kudzakondwera ku Thandiwe ndi Chimwemwe ndikukondwerera nawo. Aliyense akufuna kudziwa za mwana wamkazi watsopano ndikuyesera ndikumuuwona. Atolankhani am'deralo amatumiza chithunzi ku Nthawi za Lusaka. Kufika kwake ndi nkhanzi yabwino!



Tikakhala ndi nkhanzi yabwino tikufuna kuuza anthu za izi. Tikufuna kugawana chisangalalo ndi chisangalalo ndi anzathu ndi mabanja. Moyo watsopano womwe Mulungu amatipatsa ndi nkhanzi yabwino! Tikalandira mphatso yochokera kwa Mulungu ndi chilengedwe kufuna kuuza anzathu abwino ndi anzathu, abale ndi anthu otizungulira. Tikamacheza ndi nkhanzi yathu ndikulankhula za moyo watsopano womwe Mulungu watipatsa, anthu amatha kuona kuti Mulungu ndi wabwino bwanji ndi zomwe Yesu wachita m'miyoyo yathu. Adzachitira umboni za uthenga wabwino uno m'miyoyo yathu.



Vunga la Baibulo

Werengani Yohane 4:4-30 gulu:

⁴*Now anayenera kupita pakati pa Samariya. ⁵So anadza kwa tauni ya Samariya dzina lake Sychar, pafupi ndi munda nthaka Yakobo anapatsa mwana wake Yosefe bwino. ⁶Yakobo anali kumeneko, ndipo Yesu, atatopa monga iye anali ndi ulendowo, anakhala pansi pa chitsime. Iyo inali pafupi masana.*

⁷*When mkazi Wachisamariya anafika kudzatunga madzi, Yesu anati kwa iye, 'Kodi inu mungandipatse ine chakumwa?'
⁸(Ophunzira ake anali atalowa mu mzinda kukagula chakudya.)*

⁹*The mkazi Wachisamariya anamuuza kuti, 'Iwe ndiwe Myuda ndipo ine ndine mkazi Wachisamariya. Kodi ukandipempha chakumwa?' (Pakuti Ayuda satero kucheza ndi Asamariya.)*

¹⁰*Jesus adayankha iye, 'Ngati iwe ukanaadziwa mphatso ya Mulungu ndi amene ndiye akufunsa madzi akumwa, mukanam'pempha iye ndipo akanakupatsani madzi amoyo.'*

¹¹'Sir,' mkaziyo anati, 'inu mulibe chotungira ndipo chitsimechi nchakuya. Kodi mudzatenga kuti madzi a moyo? ¹²Kodi Inu ndinu wamkulu ndi atate wathu Yakobo, amene adatipatsa ife chitsimechi, izo yekha monga mmene anachitira ana ake ndi ziweto zake?'

¹³Jesus anayankha, 'Yense wakumwako madzi awa adzamvanso ludzu, ¹⁴koma iye wakumwa madzi amene Ine ndikuwapereka iwo ludzu. Ndithudi, madzi Ine ndikuwapereka iwo adzakhala iwo kasupe wa madzi otumphukira m'moyo wosatha.'

¹⁵Ndipo anati kwa iye, 'Ambuye, ndipatseni madzi amenewo kuti ine sindifika ludzu ndi kusunga kubwera kuno kudzatunga madzi.'

¹⁶He kuti, 'Pitani, kaitaneni mwamuna wanu ndi kubwerera.'

¹⁷I mwamuna ndiribe,' iye anayankha.

Yesu ananena naye, 'Inu mukulondola pamene inu mukuti ndiribe mwamuna. ¹⁸Ndipotu ndi, munakwatiwapo ndi amuna asanu, ndipo mwamuna amene mukhala tsopano sali mwamuna wako. Zomwe inu mwanena basi ndi zonna ndithu.'

¹⁹'Sir,' mkaziyo anati, 'Ndikuona kuti ndinu mneneri. ²⁰Our makolo ankalambeira m'phiri ili, koma inu Ayuda amadzinenera kuti malo tiyenera kulambira ku Yerusalem.'

²¹'Woman,' Yesu anayankha, 'khulupirira Ine, ikudza nthawi imene simudzalambira Atate kapena mphiri ili kapena ku Yerusalem. ²²Asamariya mulambira chimene sindikudziwa; timalambira chimene tichidziwa, pakuti chipulumutso kwa Ayuda. ²³pomw ikudza nthawi ndipo tsopano wayamba imene olambira wowona adzalambira Atate mu Mzimu ndi mu choonadi, pakuti iwo ndiwo mtundu wa olambira Atate afuna. ²⁴God ndiye Mzimu, ndipo omlambira iye ayenera kulambira

mu Mzimu ndi mu choonadi.'

²⁵*Mkazi anati, 'Ndikudziwa kuti Mesiya' (wotchedwa Khristu) 'akubwera. Pamene iye abwera, iye kufotokoza zonse kwa ife.'*

²⁶*Yesu anati, 'Ine, amene akuyankhula kwa inu – ndine.'*

²⁷*Ndiye kuti ophunzira ake anabwera ndi tinadabwa kupeza iye akulankhula ndi mkazi. Koma palibe wina anafunsa kuti, 'Kodi mukufuna' kapena 'N'chifukwa chiyani mukulankhula naye chiyani?'*

²⁸*Then, kusiya mtsuko wake wa madzi, mkaziyo anapita ku mzinda ndipo anati kwa anthu,²⁹ bwelani, mudzamuwone munthu yemwe wandiuza ine chirichonse chimene ine ndinayamba ndachitapo. Kodi uyu ali Mesiya?³⁰ ana bwera kunja kwa mzinda ndipo anayenda kwa iye.*

Zochita – Nkhani Zabwino



10
Mphindi

Aliyense m'gululi akuyenera kuganiza za uthenga wabwino wouza gulu lonselo. Ayenera kusankha njira yabwino kuuza ena uthengawu, mwachitsanzo amangouza anthu, ndikuimbira nyimbo yokhudza izi, lembani mawuwo, jambulani chithunzi kapena njira zina zofotokozena. Alimbikitseni kuti akhale organiza.

Pamene akugawana uthenga wabwino kulimbikitsa gulu kuti liwomedwe! Ndi bwino kuuza ena uthenga wabwino!



M'nkhani yathu ya m'Baibulo lero Yesu akuyenda ndi ophunzira ake. Amalowa m'tauni momwe anthu ndi Asamariya. Nkhaniyi ikamatiuza, anthu Achisamariya sayanjana ndi anthu Achiyuda (monga Yesu). Komabe, Yesu amatenga mwayi wocheza ndi mkazi wa ku Samariya pomwe akudikirira chitsime. Izi sizinali zachilendo chifukwa anthu sankalankhula ndi akazi. Izi zikulongosola chifukwa chake mayiyo adadabwa Yesu atamuza ndikumufunsa chifukwa chamwa madzi.

Yesu atapeza mwayi womuphunzitsa za 'madzi amoyo.' Iyi ndi njira ina yolankhulira za moyo womwe amapereka komanso modabwitsa

amuuza kuti madziwa ndi kwa iye, ngakhale ali ndi mkazi, Msamariya ndi wochimwa. Amakondwera ndi nkhaniyi ndipo amadabwa ndi kuzindikira kwa Yesu pa moyo wake molunjika molunjika kupita kumudzi kwawo kukawauza onse kuti akomane ndi Yesu.

M'ndimeyi mkaziyo anafunsa Yesu ngati iye ndi Mesiya. Mesiya adamveka kuti ndi munthu amene adzatumizidwe kwa Mulungu kuti apulumutse anthu ake. Amaganiza kuti Mesiya yo adzakhala mtsogoleri wankhondo yemwe adzagwetse ufumu Wopondereza wa Roma wa nthawi ndi kumasula anthu Achiyuda. Komabe, Yesu akuuza mayi ameneyo ndiye Mesiya, koma ndi wosiyana ndi zomwe zimayembekezeredwa. Wabwera kudzapulumutsa anthu onse, osati Ayuda okha, ndipo omwe angaoneke ngati moyo watsopano amapatsidwa moyo watsopano wopatsidwa moyo watsopano kwa Yesu.

Kukambirana

15
Mphindi

Mu Gavo 1 la buku lino, tidamva za moyo watsopano womwe Mulungu amatipatsa. Mu Gavo 2 taphunzira kuti Mulungu amakhala mkatи mwathu, monga chuma m'mwala wadongo. Mu Gavo 3 tidazindikira tanthauzo la kukula m'miyoyo yathu ya uzimu.

Tidzabwereza ntchito kuchokera pa Gavo 1 tsopano. Yesani kuphatikiza zina mwazinthu zomwe taphunzira mpaka pamayankho omwe mumaperekwa.

Funsani anthu kuti akhale awiriawiri ndikuchita izi ponena nkhanii yawo pogwiritsa ntchito mafunso otsatirawa. Ayenera kuyesa kuyankha lirilonse la mafunso awa mumphindi limodzi.

- Kodi moyo wanu unali bwanji musanakumane ndi Yesu?
- Kodi mwakumana ndi chiyani Yesu?
- Kodi moyo wanu ndi wotani popeza munakumana ndi Yesu?

Pambuyo pa mphindi 6 kapena 7, afunseni anthu kuti agwirizane limodzi m'magulu a 4. Fotokozani kuti tikuganizira momwe zinthu

zatsopano za Mulungu za moyo wabwino zilili mu gawo la m'Baibuloli. Afunseni kuti akambirane mafunso otsatirawa.

- Kodi zimakupangitsani bwanji kuti mukhale moyo watsopano wa Mulungu ndi wa aliyense, osati okhawo amene ali ngati ife, kapena omwe angaoneke ngati oyenera?
- Kodi anthu m'dera lanu ndi ndani omwe angakhale omwe sangakwanitse kwambiri moyo watsopano wa Mulungu?
- Fotokozerani njira zomwe mungawathandizire kwa anthu awa ndikugawana ndi moyo watsopano wa Mulungu. Izi zitha kuphatikizango kugawana nkhanu yanu.



Pemphero

M'magulu anu zikomo Mulungu chifukwa cha moyo watsopano womwe mwalandira kuchokera kwa Mulungu. Ngati pali anthu a m'gulu omwe sanalandirebe mphatso ya moyo yatsopanoyi ndiyepatsa mwayi wotero tsopano. Ngati akufuna kuyankha ndikuvomera mphatsoyi pemphani kuti apemphere pempheroli ndi inu:

Ambuye Yesu, zikomo kwambiri chifukwa cha mphatso yanu ya moyo watsopano. Zikomo kuti ngakhale sindiyeyenerera, mwandilanditsanso. Masiku ano, ndikulola moyo watsopanowu ndikufunsa kuti mwabwera kudzandisinta kuchokera mkti. Bwerani mudzakhale mumtima mwanga. Pepani chifukwa ndakhala ndikukhala komanso kuyambira tsopano ndikufuna kukukhalirani moyo. Ameni.

Tsopano yeserani nthawi yopempherera omwe mudakambirana omwe mungawaone ngati osalandira moyo watsopano wa moyo watsopano wa Mulungu. Funsani Mulungu kuti akupatseni mwayi wogawana nawo nkhanu yanu ndi kuwawonetsa momwe Mulungu amawakondera.



Zochita sabata ino

Sabata iliyonse pali homuweki yoti tichite. Sabata ino, onetsetsani

kuti mwakumbukira vesi lero ndikubwereza tsiku lililonse. Mukamabwereza vesi funsani Mulungu kuti akuwonetseni momwe ‘mungayendere’ ndikupanga ophunzira a ‘mitundu yonse chifukwa cha mitundu yonse’.

Mboni

Kumbukirani anthu omwe mudakambirana kale ndi njira zomwe mwanena kuti mungayesere ndikuwakwaniritsa. Pitani mukawawone anthu amenewo, kuyika mapulani anu kuti agwiritse ntchito sabata ino. Mwina awaitane kuti alowe nawo gulu lanu kapena muwone ngati angafune kuyambitsa yatsopano. Pempherani musanapite.

Zolemba

Kukula M'banja la Mulungu



'Ndipo tiyeni tikambirane momwe
tingapangirena wina ndi mnzake kuloza
chikondi ndi zabwino, osasiya kukumana,
monga ena ali ndi chizolowezi chochita,
koma kulimbikitsana wina ndi mnzake.'

Ahebri 10:24-25a



Kukonzekela

Ukhale nayo:

- Adafunsa wina m'gululi kuti awerenge nkhaniyi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?



Takulandirani & Mayankho

5
Mphindi

- Athokozeni aliyense kuti abwere pagululi.
- Yambani ndi pemphero lalifupi, losavuta.
- Funsani gulu kuti achitepo kanthu 'Zochita sabata ino' ndi 'Mboni' kuchitira umboni kuyambira sabata yatha.
- Pemphani anthu kuti agawane chilichonse chomwe aphunzira kapena adziwa ntchito imeneyi.



Kulunjika

Cholinga cha gawo sabata ino ndikumvetsetsa kuti moyo wathu wa Mulungu amatanthauza kuti tili nawo m'banja lake: ndiyе Atate wathu ndipo ndife ana ake. Tiyeneranso kuchita nawo gawo lathu m'banjali kuti tiziphunzira komanso kukula mwa Mulungu.



5
Mphindi

Vesi Loloweza

Werengani vesi lokumbukira kukumbukira ndi kutchula Baibulo mokweza gulu. Werenganininso m'magawo ang'onoang'ono, kupangira gulu kuti mubwereze gawo lililonse mukatha. Pang'onopang'ono muziwerenga m'magawo aatali ndi gululi kubwereza chilichonse mpaka aliyense angathetse vesi lonse. Limbikitsani anthu ena kuyesa ndikubwereza okha.

Ndipo tiyeni tikambirane momwe tingapangirena wina ndi mnzake kuloza chikondi ndi zabwino, osasiya kukumana, monga ena ali ndi chizolowezi chochita, koma kulimbikitsana wina ndi mnzake.

Ahebri 10:24-25a



Nkhani

Werengani nkhani yotsatira pagululi.

Miriam, Ruth, Simoni ndi Yakobo amakhala m'mudzi waung'ono ndi makolo awo. Tsiku lililonse imayamba ndi kuyenda banja osati zitsime zokumba zogwirtsa pamodzi. Iwo kusonkhanitsa monga madzi ambiri monga iwo angakhoze ndikabwerera kunyumba. Pambuyo Miriam, Ruth ndi Simoni onse kupita ku sukulu. Yakobo ndi mwana koteri iye amakhala kunyumba ndi mayi komanso bambo ake.

Pamene ana anabwera kunyumba kuchokera kusukulu iwo onse thandizo mayi ndi bambo awo ndi ntchito zosiyansiyana. Miriam kumathandiza kukonza chakudya. Amalimbikira ndi mayi ake ankamuphunzitsa mmene kusakaniza oonetsera ndi kuphika bwino. Ruth amawathandiza ntchito koma nthawi zambiri amaoneka pambuyo Yakobo.

Iye akumuthandiza kuphunzira kuyenda pa nthawiyo iye akuyamba kunena mawu ochepta! Simon ndi amphanmu ndipo amathandiza bambo ake kumunda. Atate wake wasonyeza iye pamene kudzala mbewu zosiyana, zomwe fetereza zofunikira ndi mmene madzi kupereka mbewu zosiyansiyana.

Banja lonse ntchito molimbika, kugwira ntchito zosiyansiyana. Kumapeto kwa tsiku lililonse, iwo anakhala pansi pamodzi ndi chakudya chawo. Iwo amalankhula za tsiku ndi nthawi yomvetsera kwa zimene zachitika. Mwina wina analankhula kovuta kapena chidwi ndi anthu. Mwina munthu akudwala lero. Mwina Yakobo wanena mawu atsopano ndi iwo onse angathe kukondwerera pamodzi. Mwina ana ena amanena ndi mzake ndipo muyenera kupepesa kwa wina ndi mzake. Mwinamwake mmodzi wa ana achikulire mayeso kusukulu. Mwina mayi awo kapena bambo akuwauza nkhani ya ana.

Zonse kudutsa mu tsiku Miriam, Ruth, Simoni ndi Yakobo kuphunzira kuchoka kwa mzake ndi kwa makolo awo. Iwo akuphunzira momwe ntchito pamodzi ndi akuphunzira maluso ofunika kuti tikhale ndi moyo mwa moyo. Iwo kuphunzira kumvetsera nkhani wina ndi mzake ndi momwe kulimbikitsana. Iwo akudziwa kuti iwo sangakhoze kuyankhula kwa makolo awo pamene

iwo ali achimwemwe kapena achisoni ndipo iwo akhoza kulankhula zinthu zabwino ndinso zoypa m'miyoyo yawo.

Monga banja ntchito pamodzi ndi amathera nthawi pamodzi onse kuphunzira kuchoka kwa mzake.



Monga ana anayi a m'nkhani ya lero, tikabadwa nthawi zambiri zimakhala banja la mtundu wina. Izi zingaphatikizepo makolo, agogo, abale, azamalume. Tikakhala achichepere tikufunika banja lathu kuti atiteteze, kuti atithandizire kukula komanso kutiphunzitsa.

Tikamakula titha kukhala ndi gawo lothandiza kwambiri kuthandiza ena m'banjamo, kusamalira anthu achichepere kapena achikulire, kuwathandiza munthawi yamatenda kapena mavuto. Tikamakula timayamba kubweretsa zopereka zapadera kukhala moyo wabanja, zimapangitsa kukhala bwino komanso zamphamu kuposa kale. Timayambanso kuyimira banja la ena. Timalankhula ndi kuchita bizinesi m'malo mwa banja.

Ichi ndi chithunzi chothandiza kwa ife tikamaganiza potsatira Yesu. Tikasankha kutsatira Yesu, Mulungu akutiyitanira ana ake aamuna ndi aakazi, timalandiridwa m'banja la Mulungu. Tizifufuza izi limodzi powerenga za anthu ena omwe adasankha kutsatira Yesu.



Vunga la Baibulo

Werengani Mateyo 4:18-22 ku gulu:

¹⁸*Ndipo Yesu anali kuyenda pafupi ndi Nyanja ya Galileya, anawona abale awiri, Simoni anacha Petulo ndi m'bale wake Andireya. Iwo anali kuponya ukonde munyanjayo, chifukwa anali asodzi.* ¹⁹*"Bwerani, unditsate,"* Yesu anati, *"ndikutumiza inu kukawedza anthu."* ²⁰*Tikasiya makoka awo ndi kumutsatira.*

²¹*Pofika kumeneko, anawona abale ena awiri, Yakobo mwana wa Zebedayo ndi m'bale wake Yohane. Iwo anali m'boti limodzi ndi abambo awo za Zebedayo, kukonza maukonde awo. Yesu adawaitana,* ²²*pomwepo adachoka m'bwatomo ndi atate*

wawo namtsata.



M'machaputala otsatira a buku la Mateyo, timawerenga za zomwe zimachitika Petro (amatchedwa Simoni), Andireya, Yakobo ndi Yohane ndi ophunzira ena ndi ophunzira ena anayamba kutsatira Yesu. Timawerenga kuti Yesu achiritsa anthu omwe anali odwala ndi kutulutsa ziwanda. Timawerenga za zomwe amaphunzitsa amuna anayiwo, ophunzira ake ena ndi anthu ambiri omwe anasonkhana momuzungulira. M'malo amodzi timawerenga kuti Yesu anapita kunyumba ya Petro ndikuchiritsa apongozi ake. Timawerenga za momwe anali m'ngalawa ndi ophunzira ake pamene naphunzirawo mkuntho wamphamu ukabwera. Ophunzirawo anali owopsa koma Yesu adalamulira namondwe kuti akakhale, ndipo zinali.

Yesu akhala nthawi ndi Petro, Andireya, Yakobo, Yohane ndi ophunzira ena. Amawaonetsa momwe amachitira zinthu zomwe amachita ndipo amawauza. Amayendera nyumba zawo ndikupita nawo. Ali ndi iwo akamawopa ndipo amawaonetsa kuti angadalire Mulungu.

Tsopano tikuwerenga za mphindi ina yofunika kwambiri mu nkhani ya Petro, Andireya, Yakobo ndi a Yohane ndi ophunzira ena.



Werengani Mateyo 10:1 ndi 7-8 kwa gululi:

¹*Ndipo Yesu anaitana ophunzira ake khumi ndi awiri kwa iye, nawapatsa iwo mphamu yothamangitsira zodetsa ndi kuchiritsa nthenda ndi matenda aliwонse.*

⁷*Ndipo pita ukalengeze uthenga uwu: 'Ufumu wa kumwamba wayandikira. Mwaulere mwalandira; perekani. ⁸Ndipo odwala, kwezani akufa, yeretsani iwo amene ali ndi khate, atulutse ziwanda. Mwaulere mwalandira; perekani.*



Popeza anali kugwiritsa ntchito ophunzira ake ndi kuwaphunzitsa, Yesu awauza kuti akafike kwa anthu ena ambiri. Munjira zambiri Petro, Andireya, Yakobe ndi Yohane adakhala ngati

banja kwa Yesu. Anakhala ndi iye, naphunzira kwa iye monga momwe timaphunzirira kwa makolo athu ndi abale athu. Pamene anayamba kukula kumvetsetsa ndi chikhulupiriro Yesu anawatumiza kuti apitirize ntchito yomwe iye anali atayamba. Yesu sanafune kugwira ntchito ya Mulungu yokha; amafuna kuchita izi ndi anthu ena. Anaitanitsa ophunzira ake ndipo tsopano akutiuba kuti tikhale mbali ya banja lake komanso kuti tizigwira naye ntchito limodzi.

Kukambirana

Ndikofunika kukumbukira kuti sikuti aliyense ali ndi zokumana nazo zabwino komanso kuti anthu ena atha kukhala opanda banja.

M'magulu a anthu 3 kapena 4, kambiranani mafunso otsatirawa:

- Kodi zimakupangitsani bwanji kuti Yesu acitila kwa ophunzira ake ankakonda ophunzira ake ngati banja, ndikugwiritsa ntchito nthawi, akuwonetsa zinthu ndi kuwaphunzitsa?
- Kodi muli ndi zokumana nazo zabwino kapena zoypa za banja m'moyo wanu ndipo mukuganiza kuti izi zingakhudze bwanji momwe mumaganizira banja la Mulungu?



Tikayamba kutsatira Yesu akutiuba m'banja la Mulungu. Ichi ndi banja la uzimu, wapadzikio lonse lapansi lomwe limafikira pakapita nthawi. Sitikudziwa aliyense mu banja lino chifukwa ndizachikulu kwambiri, koma Yesu amatipatsa anthu otizungulira kuti tigawane tsiku ndi tsiku. Izi zitha kukhala anthu mu mpingo wathu, Bungwe Lamoyo kapena gulu lina laling'ono.

Ndikofunikira kuti ticheze ndi anthu awa omwe akutsatirano Yesu. Tingaphunzire kwa wina ndi mnzake komanso zokumana nazo zosiyanasiyana zomwe aliyense ali nazo. Padzakhala anthu omwe atsatira Yesu kwa nthawi yayitali ndipo akhoza kukhala ngati makolo auzimu kwa ife.

Tikamakula m'chikhulupiriro, padzakhala anthu omwe tiyenera kukhala makolo auzimu. Titha kulimbiksana wina ndi mnzake ndikupemphererana. Izi zitha kutithandiza tikamamva kutali ndi

Mulungu kapena tikufuna kulangidwa. Pamodzi titha kugwirizirana wina ndi mnzake.

Monga abale ndi alongo, nthawi zina timatsutsana komanso nthawi zina timakhala tikulimbana wina ndi mnzake, koma monga banja lilonse ndikofunikira kuti tikhale mwamtendere wina ndi mnzake. Pamodzi titha kukhala banja lauzimu lolimba, kutsatira Yesu ndikuwapempha ena kuti alove nawo banja.

Mwina mwazindikira kuti ngati simupeza nthawi yowona mabanja ndi abwenzi, mumachoka kwa iwo, pang'onopang'ono osamva bwino. Zilipo ndi banja lathu lauzimu. Ngati siticheza limodzi tidzachoka kwa wina ndi mnzake. Tidzakhala osateteze ka komanso ofooka, mosavuta kapena kusokeretsa. Izi sizitanthauza kuti sikulakwa kukhala ndi Mulungu nokha. Ichi ndi chinthu chofunikira kuchita ndipo tidzapeza zambiri mu gawo lotsatira.

Titha kukhala ndi nthawi limodzi monga mbali ya banja la Mulungu m'njira zosiyanasiyana. Titha kuimba limodzi, kuwerenga Baibulo limodzi, pempherani limodzi kapena kumangofunsa Mulungu modekha kuti alankhule nafe. Titha kudya limodzi, kuthandiza osauka mdera lathu pamodzi kapena kugwira ntchito limodzi. Pali njira zambiri zomwe tingakhalire ndi banja lauzimu.

Tizikumbukira nthawi zonse kuti moyo wathu watsopano mwa Mulungu umatipangitsa kukhala mbali ya banja latsopano. Timafunikira banja chimenecho pamene tikukula m'chikhulupiriro chathu ndipo banja lathu zimatifunikiranso.



Zochita – Masewera Opera

M'banja, nthawi zambiri timaphunzira pochita zinthu limodzi.

Timayang'ana momwe wina angachitire kanthu kena kake kalikonse kamene tingawatengere akuti tikusewera masewera kuti atithandizire kukumbukira izi!

Gawani aliyense awiriawiri. Mwa aliyense aliyense ayenera kutsogolera, kupanga zochita, ndipo winayo ndi kutsatira potengera zomwe achite. Fotokozani kuti opambana masewerawa ndi awiri

omwe angathe kuchita masewera olimbitsa thupi!

Sonyezani izi popeza odzipereka ndikuwafunsa kuti akope zonse zomwe mumachita kwa mphindi imodzi. Mutha kutembenuka pamalopo, dziperekeni pamutu, kudumphadumpha ndikutsika, kuthamanga mozungulira chipinda kapena kukoka nkhopre yoseketsa! Itha kukhala yopusa momwe mungafunire.

Aliyense ali wokonzeka, kufuula "kupita" ndikupatsa aliyense mphindi 2 kapena 3 kusewera masewerawa.

Kumbukirani kuyang'ana zinthu zodekha kuti mutha kusankha wopambana kumapeto.

Kukambirana

M'magulu a 3 kapena 4, kambiranani mafunso otsatirawa:

- Tangokhala ndi zosangalatsa kutengera wina ndi mnzake. Kodi mutha kugawana nawo zitsanzo za nthawi yomwe mwaphunzirapo kanthu potsatsa munthu?
- Kodi mutha kugawana nawo zitsanzo za nthawi yomwe mumavutika ndi banja lanu kapena anzau kapena anzau omwe amakulimbikitsani komanso kukuthandizani kupitilirani kapena kuthana ndi mavuto omwe mudakumana nawo?
- Kodi pali nthawi yomwe mwakhala mukulimbikitsidwa ndi kungokhala ndi banja kapena anzau?

Pemphero

Tikhala nthawi yayitali ndikupemphera ndi wina ndi mnzake tsopano. Kukhalabe m'magulu a anthu 3 kapena 4, yambani mwa kupempha anthu kuti ayankhe mafunso awa.

- Kodi pali chilichonse chomwe mungafune kuchita polimbikitsa banja lanu lauzimu?
- Kodi pali chilichonse chomwe mukulimbana ndi kuti mukufuna banja lanu lauzimu kuti likulimbikitseni?

Lolani anthu kukhala ndi nthawi yomvera Mulungu ndi wina ndi mnzake komanso kuuza ena momasuka komanso moona mtima. Anthu akanakhala ndi nthawi yokambirana mafunso amenewa, afunseni kuti azipemphererana m'magulu awo.

Tsopano bweretsani gulu lonse limodzi. Limbikitsani aliyense kuti ayime mozungulira ndikugwirana manja ndi anthu mbali zonse za iwo. Tikhala nthawi yayitali kuti tikuthokoza Mulungu wa banja lathu.

Pemphani aliyense kuti anene mapemphero achidule a Mulungu chifukwa cha banja lomwe watipatsa. Pakapita kanthawi, kutseka nthawi ya pemphero ndi pemphero lanu.



Zochita sabata ino

Sabata iliyonse pali homuweki yoti tichite. Sabata ino sankhani munthu m'modzi mgululo ndikudzipereka kuti agwirizane ndi wina ndi mzake gawo lotsatira la nyama kuti lilimbikitsana wina ndi mnzake.

Ngati pali wina mgulu lanu amene mumasemphana naye, iyi ndi mwayi wodzipereka kuti akomane nawo ndikupanga mtendere. Mungafunike kupepesa ndikukhululukirana. Izzi zitha kuwoneka zovuta koma ndichofunikira kuchita mu banja lathu la uzimu.

Musanakhalepo nthawi yayitali ndikuwapempherera ndi kupempha Mulungu pa china chake chomwe mungawalimbikitse, mwina gawo la lembali, nyimbo kapena mawu ena okongola okha omwe angawathandize kumudziwa bwino.

Mukakumana, limbikitsanina, werengani wina ndi mnzake zomwe akukumana nazo kenako upemphere limodzi ndikupempha Mulungu kuti akuthandizeni kuthana ndi mavutowa. Mutha kugawana ndemanga iliyonse pa sabata ya sabata yamawa.

Mboni

Mukamacheza ndi Mulungu, adzalankhula nanu. Mupempheni kuti

akuthandizeni kulimbikitsa munthu yemwe sanakhale m'banja la
Mulungu ndikuwapempha kuti alowe nawo gulu sabata yamawa.
Mufunseni yemwe muyenera kuyankhula, mwina amene
mwamufikira sabata yatha.

Pamalo Abwino ndi Mulungu



'Khalani chete, ndipo dziwani kuti ine
ndine Mulungu.'

Masalimo 46:10a



Kukonzekela

Ukhale nayo:

- Adafunsa wina m'gululi kuti awerenge nkhanzi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?



Takulandirani & Mayankho

5
Mphindi

- Athokozeni aliyense kuti abwere pagululi.
- Yambani ndi pemphero lalifupi, losavuta.
- Funsani gulu kuti achitepo kanthu 'Zochita sabata ino' ndi 'Mboni' kuchitira umboni kuyambira sabata yatha.
- Pemphani anthu kuti agawane chilichonse chomwe aphunzira kapena adziwa ntchito imeneyi.



Kulunjika

Cholina cha gawo sabata ino ndikumvetsetsa kuti kuti ayandikire kwa Mulungu ndikukhala ofanana ndi iye, tiyenera kukhala chete ndi iye.



5
Mphindi

Vesi Loloweza

Werengani vesi lokumbukira kukumbukira ndi kutchula Baibulo mokweza gulu. Werengani kuwerenganso kuti gululo lizibwerezza pambuyo pa inu mpaka aliyense athetse vesi lonse. Limbiksani anthu ena kuyesa ndikubwerezza okha.

Khalani chete, ndipo dziwani kuti ine ndine Mulungu.

Masalimo 46:10a



Nkhani

Werengani nkhanzi yotsatirayi ku gululi:

Daniel anali wachichepere wokhala m'mudzi komwe adakumana ndi Comfort, mtsikana wokongola wokongola yemwe amagwira ntchito yogulitsa. Anamukonda ndipo amafuna kumukwatila, koma anali kudziwa kwambiri kuti ayenera kumudziwa asanamudziwe.

Anapita naye tsiku lililonse ku shopu komwe amagwira ntchito ndipo

adakambirana nthawi iliyonse yomwe akanatha, koma inali yoweta ndipo sipanatenge nthawi kuti kasitomala wina asanafike ndipo amayenera kumuthandiza kuti athandize kasitomala. Komanso, mwini malo a shopu sanakonde kuwaona atakhala akucheza koteru amamupeza ntchito zowonjezera kuti achite ngati shopuyo idakhala chete. Anayesa kuyankhula pamene amagwira ntchito koma zinali zovuta pamene malingaliro ake anali pantchito yake osalankhula.

Daniel adazindikira kuti safuna kuziba Comfort pa shopu, motero adakonza zoti azikhala pa malo ogulitsira khofi atatha ntchito yobwerera kwavo. Komabe, malo ogulitsira khofi anali shopu yotanganidwa ndipo abwenzi awo ambiri ankangogulitsa malo ogulitsira khofi ndipo amabwera ndikuwayanjana nawo patebulu lawo. Komanso, nyimbozo nthawi zonse zimakhala mokweza kwambiri koteru kunali kovuta kumvana wina monga momwe amalankhulira.

Danieli adatzakhala wokhumudwa chifukwa chosakhala ndi nthawi yocheza ndi Comfort omwe amamukonda, koteru adaganiza kuti adzamuchezera kunyumba kwa makolo ake. Koma pamene iye anali komweko anayenera kukhala mu chipinda chokhalamo atawonera TV.

Atate anakondedwa ndi Danieli ndipo amalankhula naye za masewerawa omwe anali kuwonera. Amayi a wotontha za amalumikizana nawo ndipo amakonda kulankhula, kuwafunsa za tsiku lawo ndi malingaliro awo. Comfort chinali ndi abale achichepere omwe amasewera ku chpinda cokhalamo, ndipo nthawi zonse ankafunsa kuti Daniel kuti azisewera nawo, zomwe anachita chifukwa amakonda abale ndipo anafunanso Comfort.

Danieli adayamba kukhumudwa pamene adazindikira kuti ngakhale anali kuwononga nthawi yambiri pa kukhalapo kwake, sanali Comfort. Kulikonse komwe adakumana nawo panali zosokoneza, zosokoneza, komanso phokoso lomwe limawaletsa kuti asamacheze ndi m'modzi. Adazindikira kuti pali yankho limodzi lokha. Anamupempha kuti achoke kuntchito ola limodzi, ndipo adakumana ndi mtsinje uliwonse pomwe padalibe zosokoneza kapena komwe

phokoso linali mtsinje woyenda bwino ngati adacheza wina ndi mnzake.

Posakhalitsa anadziwana bwino ndipo chikondi chawo pa wina ndi mnzake chinakula kwambiri tsiku ndi tsiku. Sipanatenge nthawi kuti Danieli asanapemphe bambo Comfort chifukwa cha dzanja lake muukwati.



10
Mphindi

Zochita

Gawani gululi kukhala awiriawiri. Limbikitsani anthu kuti azisonkhana ndi munthu yemwe sakudziwa bwino. Aliyense azifunikira kuti azigwirizana ndi gulu lina, koteru padzakhala magulu a anthu 4.

M'gulu lirilonse, aliyense aliyense amapatsidwa mphindi ziwiri kuti adziwe zambiri za wina ndi mnzake momwe angathere. Zinthu monga: ali ndi zaka zingati, momwe adabadvira, zomwe amachita kamoyo, chakudya chomwe amakonda kwambiri.

Ngakhale akucheza, enawo 2 omwe ali pagulu lawo ayenera kuyesa kuzisokoneza, kuwafunsa mafunso, kuwafunsa pama foni awo kapena kuchita chilichonse chomwe angawalepheretse kuyankha.

Ayenera kusintha maudindo ndipo wachiwiri wa awiri ayenera kuyesa kudziwana wina ndi mnzake. Pawiri lililonse limapeza mwayi wopereka ndemanga pazomwe amadziwa za wina ndi mnzake. Onani awiriwa omwe akwanitsa kudziwana bwino kwambiri pamikhaldidwe.

Bweretsani aliyense pamodzi ndikufunsa ngati ndizosavuta kudziwa munthu pakati pa zovuta zambiri.



Vunga la Baibulo

Werengani Maliko 1:21-39 mgulu:

²¹*Ndipo anamuka ku Kapernao, ndipo Sabata itafika, Yesu analowa m'sunagogue nayamba kuphunzitsa.* ²²*Anthu*

*adadabwa ndi chipunzitso chake, chifukwa adawaphunzitsa
monga mwini ulamuliro, osati monga aphunzitsi a chilamulo.*
²³Pamene mwana m'sunagoge mwawo anakhumudwitsidwa,

²⁴'Nafunafuna nafe, Yesu waku Nazareti? Kodi mwabwera
kudzatiwononga? Ndikudziwa kuti ndinu ndani m'modzi wa
Mulungu!'

²⁵'Mberanitu!' anatero Yesu molimba. 'Tulukani!' ²⁶Mzimu
wopanda pake udagwedeza mwaciwawa natuluka mwa iye.

²⁷Anthu onse anali odabwitsa kwambiri anafunsana wina ndi
mnzake, 'Kodi ichi ndi chiyan? Chipunzitso chatsopano –
komanso ndi ulamuliro!' ²⁸Nya za iye anafalikira kudera lonse
la Galileya.

²⁹Atachoka m'sunagoge, anapita ndi Yakobo ndi Yohane
kunyumba kwa Simoni ndi Andireya. ³⁰Apolisi a Simoni anali
atagona ndi malungo, ndipo nthawi yomweyo anauza Yesu za
iye. ³¹Ndipo iye anamuka kwa iye, namgwira dzanja namlola
iye. Malungo adamleka ndipo adayamba kudikirira.

³²Ndipo pamapeto pake, anthu atatu abwera kwa Yesu onse
akudwala ndi ogwidwa ndi ziwanda. ³³Pomwe tawuni yonse
inasonkhana pakhomo, ³⁴ndipo Yesu anachiritsa ambiri amene
analı ndi matenda osiyansasiyana. Anatulutsanso ziwanda
zambiri, koma sanalole ziwanda kuti zilankhule chifukwa
amadziwa kuti lye anali ndani.

³⁵M'mawa kudakali mdima, Yesu adanyamuka, nanyamuka
m'nyumba napita kumalo kopanda pake, komwe
adapemphera. ³⁶Simon ndi amzake adamfunafuna, ³⁷ndipo
m'mene anampeza, anati: 'Yense wakufuna iwe!'

³⁸Ndipo Yesu anati, 'Tipite kwina – kumidzi yapafupi – kuti
ndilalikirenso komwe. Chifukwa chake ndabwera.' ³⁹Pomwe iye
anayendayenda ku Galileya, nalalikira m'masunagoge awo ndi
kuthamangitsa ziwanda.



M'gawo loyamba la lembali tikuwona chithunzi cha tsiku limodzi la Yesu. Tsiku lotsatira Yesu anadziwa kuti ndizofunika kwambiri kuti iye athe kukhala ndi nthawi yocheza ndi abambo ake kuti atsitsimutse mwauzimu, kuposa momwe amayenera kukhalira nthawi yopumira. Amadziwa kuti amafunikira nthawi chete ndi Mulungu.

Yesu anadziwa kuti anthu ena akangodzuka ndipo dzulo anayamba kumene sadzakhala yekha ndi Atate wake. Titha kuwona izi m'mavesi 36 mpaka 39 pomwe ophunzira ake adampeza ndikumuza kuti aliyense akumufunafuna. Khamu la anthu lifuna kuwona Yesu. Adafuna kukhala ndi lye. Anafuna kuti machiritso ndi chiwongole, ndi kumva chiphunzitszo chake. Sakanamupumula, ndipo akanakhala paulendo wathu, akuyenda m'midzi kupita ku chiphunzitszo cha kumudzi ndi kutumikira anthu kumeneko.

Vesi 35 limatiuza kuti Yesu adapita kumalo kopanda payekha ndipo 'anapemphera'. Titha kulakwitsa kuganiza kuti amangopereka Mulungu mndandanda wa zosowa ndi zopempha. Koma mawu ot 'kupemphera' zogwiritsidwa ntchito apa akutanthauza zambiri kuposa izi: zimaphatikizapo kupembedza, kuthokoza, kupembedzera (kupembedzera pempho ndi zopempha), kwa Mulungu Atate wake.

Kudikirira ndi mawu omwe amagwiritsidwa ntchito pofotokoza kuti atakhala mwakachetechete pomumvera kuti ayankhule nanu. Ndipo Yesu anadziwa kuti iwo amene akuyembekezera Ambuye adzakonza mphamvu zaho (Yesaya 40:31) ndipo anazichita! Amadziwa kuti utumiki wake ukhoza (ndipo mwina mwina) angalephere ngati sanatero.

Panthawi yake yautali ndi Atate wake, Yesu akanasonyeza kuti amakonda Mulungu ndi kuthokoza Mulungu wake.

Akadapempherera zosowa kapena zochitika zina komanso kuti akhale ndi ulamuliro, mphamvu ndi mphamvu yopitiliza utumiki wake.

Akadakhala kuti adadikirira Mulungu, kumvetsera zosonyeza kuti Mulungu amamukonda, komanso malangizo ndi malangizo a tsiku lomwe ili patsogolo. Tikuwona kuchokera pa vesi 38 kuti Yesu anali ndi dongosolo lomveka bwino tsiku litakhala ndi abambo – kuyenda kuchokera pamalowo kupita kumalo oyandikana nawo.

Ngati Yesu, Mwana wa Mulungu yemwe anali ndi ulamuliro ndi mphamvu, amafuna nthawi yotsitsimula ndi Mulungu, kuli bwanji nthawi yomwe timafunikira?



5
Mphindi

Zochita

Kukhala ngati Yesu ndikukhala nthawi yocheza ndi Mulungu kumafuna kutilandire. Tonse tikupanga dongosolo lomwe lingatithandize kuchita izi. Funsani gulu kuti ligwere awiriawiri kukambirana mafunso otsatirawa. Munthu aliyense ayenera kusankha pa yankho, lawo ndikugawana zomwe akwanitsa kusankha kwawo kuwathandiza.

- Kodi malo omwe mungakhale yekha, kuti ndi inu ndi Mulungu? Malo awa ayenera kukhala malo opanda phokoso pomwe simudzasokonezedwa, kusokonezedwa, kapena kusokonezedwa. Ziyenera kukhala penapake kuti mutha kukhala tsiku lililonse.
- Kodi ndi liti nthawi yabwino patsiku lanu kuti muike nthawi yokhala chete ndi Mulungu? Ganizirani za zochitika zanu za tsiku ndi tsiku ndikusankha nthawi yabwino kwa inu. Anthu ambiri amawona kuti nthawi yabwino kwambiri iyi ndi chinthu choyamba m'mawa. Mutha kuyamba ndi mphindi 10 ndikuwonjezera nthawi mukamazolowera chizolowejzichi.

Limbikitsani anthu kulemba mapulani awo ngati angathe. Izzi ziwathandiza kukumbukira.



5
Mphindi

Awiriawiri, afunseni anthu kuti azipemphererana. Dziwani mwachindunji m'mapemphero, kutchula malowa ndi nthawi yomwe munthu aliyense akhala chete ndi Mulungu ndikupempha Mulungu

kuti awathandize kukakumana naye mwanzeru.



Poyamba zitha kuwoneka ngati zovuta komanso zopanda chilengedwe. Satana amayesa kukukhumudwitsani pokuuzani kuti ndikuwononga nthawi komanso kuti simungamve Mulungu. Koma musataye mtima. Pitilizani kuyenda ndipo masiku atatembenukira kwa milungu idzakhala yachilengedwe komanso yeniyeni. Mudzakhala ndi masiku omwe mumamvano paupi kwambiri ndi Mulungu, kenako masiku omwe mukumva kuti muli kutali ndi iye. Osataya mtima. Maubwenzi amatenga nthawi komanso khama. Yesetsani kuhala pamalo opanda phokoso ndi Mulungu.

Zochita

15
Mphindi

Fotokozerani kuti tikhala ndi nthawi yokhala chete tsopano. Funsani gulu kuti litsatire izi. Muyenera kuziwerenga kamodzi, ndikulola nthawi kuti anthu azichita gawo lililonse.

- Sankhani malo mu chipinda chomwe mungakhale kapena kuyimirira chete.
- Yatsani foni yanu.
- Kugwedeza malingaliro anu kuti muchotse malingaliro onse, nkhwawa kapena malingaliro omwe akuthamanga pamenepo. (Kugwiritsa ntchito nthawi ndi Mulungu chinthu choyamba m'mawa pamaso panu kumatha kuhala otanganidwa kwambiri.)
- Khalani chete. Khalani chete. Osasunthika ndikuyenda mozungulira.
- Yambani mwa kupembedza ndi kuphunzitsa Mulungu. Fotokozerani kuti mumamukonda. (Lolani mphindi zochepa za izi ndi masitepe otsatira.)
- Vomerezani tchimo lililonse lomwe mumazindikira ndikumupempha kuti akuwonetseni aliyense amene mungawanyalanyaze. Khalani ndi Mulungu.
- Kuwononga nthawi yomuthokoza chifukwa cha zabwino zake komanso zonse zomwe wakuchitirani.
- Afunseni kuti akwaniritse zosowa zanu ndikupereka

zopempha zilizonse zomwe muli nazo kwa iye.

- Kutha pokhala ndi nthawi 'kudikira Mulungu'. Werengani mavesi ena kuchokera m'Baibulo. Mutha kuyamba ndi Masalimo 46 lero. Werengani pang'onopang'ono. Werengani mosamala. Werengani pemphelo. Pempherani malemba kubwerera kwa Mulungu.
- Mukamawerenga, mverani mwachidwi. Lembani chilichonse chomwe mumva kapena malingaliro aliwонse omwe mungakhale nacho kuchokera kwa iye. (Mukakhala nokha, ngati mungapeze malingaliro anu, werengani mokweza. Izzi zikutithandiza kuyang'ana kwambiri.)

Bweretsani gululi limodzi ndikufunsa ngati wina angafune kugawana chilichonse.



5
Mphindi

Pemphero

Lowani gululi mu pempheroli. Werengani sentensi imodzi nthawi ndikufunsa kuti gulu lizibwereza mzere uliwonse mutatha:

Wokondedwa Ambuye Yesu, ndimakukondani ndipo ndikufuna kukudziwani bwino tsiku lililonse. Chonde ndiphunzitseni kukhala chete, kuti ndikhale chete komanso kuti ndikhale ndi nthawi yochepa ndi inu ndi ine. Ndithandizeni kuti ndipange gawo ili la tsiku langa tsiku lililonse. Chonde nditetezeni ku Satana pamene akufuna kutisokoneza ndikusokoneza maulendo athu limodzi. Ndimakukondani Ambuye Yesu, ndithandizeni kuti ndiyende pafupi nanu, ameni.



Zochita sabata ino

Sabata iliyonse pali homuweki yoti tichite. Sabata ino, ikani pochita dongosolo lomwe mudapanga kale. Pitani kumalo komwe mudasankha nthawi ya tsiku lomwe mwasankha. Pitani kamodzi tsiku lililonse ndikutsatira njira zosavuta zomwe tidadutsamo lero. (Mungafunike kukumbutsa anthu awa.) Dzipani kuchita izi ndikulimbiktsa awiri pagulu lanu kuti achite izi mkati mwa sabata.

Funsani anthu kuti adziwe kuchuluka kwa nthawi yomwe

amasokonezedwa, kapena kusokonezedwa, kapena kusokonezedwa nthawi yawo ndi Mulungu sabata yonse. Afunseni kuti aganize za zomwe zikuwasokoneza kapena kuwasokoneza, kenako kuganiza zomwe angachite kuthana ndi zosokoneza izi ndi kusokoneza.



Mboni

Ganizirani za anthu onse omwe mudalankhulapo kale ndikufunsa Mulungu ngati pali munthu wina amene akufuna kuti mulankhulenso sabata ino kapena ngati pali wina watsopano. Pitani mukauze munthu amene Mulungu amakumbukira kuti mudzakhala nthawi yokhala chete. Fotokozerani kuti mukupanga nthawi yolankhula ndi Mulungu komanso kumva kuchokera kwa iye. Auzeni zomwe mwaphunzira lero ndikupempha kuti achite.

Kodi Baibulo ndi Lotani?



'Malembo onse ndi Mulungu opumira ndipo ndi othandiza pophunzitsa, kudzudzula, kukonza ndi kuphunzitsira chilungamo, kuti mtumiki wa Mulungu akhale wokonzekera bwino ntchito iliyonse yabwino.'

2 Timoteo 3:16-17



Kukonzekela

Gawoli lidzafuna mamembala a gulu la gulu kukhala ndi mwayi wofika m'Baibulo. Muyenera kulumikizana ndi anthu ndikuwafunsa kuti abweretse Baibulo ngati ali ndi imodzi. Mu gawo lino, chonde onetsetsani kuti Mabaibulo amagawidwa m'gululi komanso kuti aliyense amene sangathe kuwerenga amathandizidwa ndi winawake yemwe angathe. Ngati wina aliyense sangathe kugwiritsa ntchito intaneti pafoni yawo amatha kupeza zolemba za Mabaibulo onse pa intaneti. (Onani gawo lachuma kumapeto kwa gawoli ngati mukufuna zitsanzo za komwe mungapeze.)

- Ukhale nayo:
- Adafunsa wina m'gululi kuti awerenge nkhaniyi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?
- Adafunsa aliyense kuti abweretse Baibulo ngati ali ndi imodzi?



Takulandirani & Mayankho

5
Mphindi

- Athokozeni aliyense kuti abwere pagululi.
- Yambani ndi pemphero lalifupi, losavuta.
- Funsani gulu kuti achitepo kanthu 'Zochita sabata ino' ndi 'Mboni' kuchitira umboni kuyambira sabata yatha.
- Pemphani anthu kuti agawane chilichonse chomwe aphunzira kapena adziwa ntchito imeneyi.



Kulunjika

Cholinga cha gawo sabata ino ndikutidziwitsa Mawu a Mulungu, Baibulo. Baibulo imakamba nkhanzi ya Mulungu ndi anthu ake ndipo imatithandiza kumudziwa bwino.



Vesi Loloweza

Werengani vesi lokumbukira kukumbukira ndi kutchula Baibulo mokweza gulu. Werenganiniso m'magawo ang'onoang'ono, kupangira gulu kuti mubwerezze gawo lililonse mukatha. Pang'onopang'ono muziwerenga m'magawo aatali ndi gululi kubwerezza chilichonse mpaka aliyense angathetse vesi lonse.

Limbikitsani anthu ena kuyesa ndikubwereza okha.

Malembo onse ndi Mulungu opumira ndipo ndi othandiza pophunzitsa, kudzudzula, kukonza ndi kuphunzitsira chilungamo, kuti mtumiki wa Mulungu akhale wokonzekera bwino ntchito iliyonse yabwino.

2 Timoteo 3:16-17



Nkhani

Werengani nkhanzi yotsatirayi ku gululi:

Zoposa 200 zapitazo kunali ankakhala Wales mtsikana wotchedwa Mary Jones. Iye anachokera ku banja losauka koma bambo ake ndi mayi anali okhulupirira Achikhristu. Mariya anabwera chikhulupiriro mwa Khristu pamene iye anali pafupi eyiti. Anaphunzira Baibulo kuyambira ali wamng'ono, koma Mary analakalaka kuliwerenga awowo. Koma panali mavuto ena kugonjetsa. Choyamba, sankatha kuwerenga; chachiwiri kodi iye kupeza m'Baibulo, ndipo kodi iye anayamba kugula wina?

Vuto loyamba anali linatha pamene sukulu anatsegula m'mudzi pafupi ndi nyumba yake. Mary akanatha kuwerenga pambuyo pa zonse! Iye anali kuyenda kumeneko ndi kumbuyo tsiku lililonse mu nyengo zonse, koma iye anapirira. Iye anachita kale ntchito zapakhomo kunyumba, koma Mary anayamba ntchito owonjezera anthu ena, pofuna kupulumutsa mmwamba pang'ono ndi pang'ono. Adasambitsa zovala, iye anapitiriza nkuku, ndipo iye anagulitsa mazira. Nthawi iliyonse apeza phindu wamng'ono, iye kusungidwa izo bwinobwino, ndikuganiza za tsiku pamene iye akanati angafikire mulingo wake.

Pambuyo ndalamazi zaka zisanu ndi chimodzi iye adawerengedwa iye anali ndi ndalama zokwanira. Mary anafunsa mtsogoleri tchalitchi za kugula Baibulo. Iye ankadziwa aliyense, koma anamuuzza iye za munthu wotchedwa Thomas Charles pa Bala - 26 kutali. Iye nthawi zina Mabaibulo zogulitsa. Wales Mabaibulo anali osowa masiku amenewo, koma Mary anatsimikiza. Choncho pa zaka 14 iye anauyamba kuyenda mitunda italiitali. Iye anali kuwoloka mapiri

aatali pakati pa nyumba yake ndi mudzi wa Bala. momwe anali waukali ndiponso miyala ndipo iye anayenda wopanda nsapato, koma iye izo.

Pamene iye anagogoda pakhomo Mr Charles anali otopa ndi akuda, koma maso ake anali owala ndi chisangalalo. 'Kodi muli Mabaibulo zogulitsa, bwana?' anafunsa kupuma. Mr Charles sankadziwa choti anene. Mabaibulo ake onse anali kaya atagulitsidwa kapena kale analonjeza munthu wina. Koma apa anali izi wofunitsitsa mtsikana ndi misozi mmaso, amene anapulumutsa kwa nthawi yaitali ndipo anayenda kutali. Ndithudi iye akanakhoza amatembenuzidwira chimanjamanja. Mr Charles anaganiza mwamsanga. 'Ine ndidzakupatsani inu wotsiriza wanga,' iye anamuua iye, 'ndi kupeza mmalo makasitomala anga ena.'

Mariya ali Baibulo ndipo anapitiriza kuliwerenga moyo wake wonse. Izo zinali mu Malo azioneselo koma wabwerera Wales tsopano, ndi nkhani ya momwe iye anali zalembedwa kumbuyo mu zolemba wake. Ndipo Mr Charles? Chabwino, iye anali wakhudzidwa ndi mtima wa msungwana wamng'ono uyu ndipo anaganiza Kuyambitsa ndi Baibulo mudela kuti anthu ambiri akhoza kukhala ndi Mabaibulo awoawo. Mary Jones kukonda Baibulo ndi Mulungu wa m'Baibulo anasonryeza dalitso osati yekha ndi banja lake, koma kwa anthu ambiri komanso.



Vunga la Baibulo

Werengani 2 Timoteo 3:14-17 kwa gululi:

¹⁴*Koma monga iwe, pitilizani mu zomwe mwaphunzira, mwakhala mukukhulupirira, chifukwa mudziwa iwo amene mudawaphunzira,* ¹⁵*ndiomwe mudadziwa Malemba Opatuko, ndipo mudakupangitsani kukhala anzeru pakupulumutsa mwa chikhulupiriro Kristu Yesu.* ¹⁶*Ndipo Malemba ndi Mulungu opumira ndipo ndi othandiza pophunzitsa, akudzudzula moyenera,* ¹⁷*kuti mtumiki wa Mulungu akhale wokonzekeretsa bwino ntchito iliyonse yabwino.*



Baibulo ndi buku lamphamu. Monga momwe ndimasonyezera, titha kusinthidwa tikamatenga choonadi m'mitima yathu. Lili ndi nkhani ya Mulungu: njira zingapo zingapo zopangira dziko lapansi, mbiri yake mpaka pano, chikondi chomwe amakonda kwa anthu ake, chikonzero chake chotipulumutsa kudzera mwa Mwana wake Yesu, komanso zochitika zomaliza za mbiriyakale.

Nkhani ya Mary Jones ikuwonetsa kufunika kokhala ndi Baibulo lomwe timatha kuwerenganso chilankhulo chathu. Mwina, monga Mary, simunakhalepo ndi Baibulo lako. Bwanji osasankha masiku ano kuti mupemphere kwa Mulungu ndikumupempha kuti akuthandizeni kuti muchepetse ndikupeza wina ndi banja lanu mutha kuwerenga limodzi.



Kukambirana

Mwa mafunso aliwonse otsatirawa, limbikitse anthu amodzi kapena awiri kugawana zomwe akuganiza kuti yankho ndi. Anthu atalankhula mafunso awo, werengani mayankho apa.



Kodi Baibulo ndi chiyani?

(Kumbukirani kuti munthu m'modzi kapena awiri akusonyeza mayankho kaye.) Baibulo ndi mgwirizano wapadera wa zolemba kapena *Malembu*. Liwu loti *Baibulo* limachokera ku dzina lachi Greek lolemba zojyambirira, *buku* lomasuliridwa. Makamaka mabuku 66, adalemba nthawi zosiyanasiyana komanso kwa owerenga osiyanasiyana. Lagawidwa m'magawo awiri:

- Chipangano Chakale chimapangidwa ndi mabuku 39 omwe adakhalapo Yesu asanabadwe.
- Chipangano Chatsopano chimapangidwa ndi mabuku 27 (ambiri omwe ali makalata), kuphimba kubadwa kwa Yesu mpaka kumalekezero adziko lapansi.

Chithunzi chomwe chili patsamba lotsatira chikuwonetsa mitundu yosiyanasiyana ya mabuku a m'Baibulo ndi momwe amakhalamo pakati pa magulu osiyanasiyana. Mu Chipangano Chakale mabukuwo agawidwa m'magulu asanu:

- Lamulo: Mabukuwa amawuzani nkhanzi ya Mulungu ndi anthu ake ndikukhazikitsa njira yomwe adawapempha kuti akhale ndi moyo.
- Mbiri iyi: Mabukuwa amasula zaka zambiri ndikupitiliza nkhanzi ya Mulungu ndi anthu ake, nthawi zina mtundu wonse, nthawi zina banja laling'ono kapena munthu wina.
- Ndakatulo: Kugwiritsa ntchito ndi kusiyanitsa zakukhosy kwathu mabukuwa kumatithandiza kumvetsetsa chidzalo cha moyo.
- Aneneri akulu ndi tating'ono: M'buku lililonse timawerenga mawu a Mulungu kwa anthu ake panthawi zina kuti azitsutsa kapena kuwalimbikitsa. Tingaphunzire zambiri za mkhalidwe wa Mulungu komanso anthu m'mabuku amenewa.

Mu Chipangano Chatsopano mabuku amagawidwa m'magulu anayi:

- Mauthenga: Mabukuwa aleembedwa zomwe zinachitika pamene Yesu anali padzikolo lapansi.
- Tchalitchi Choyambirira: Yesu atachoka padzikolo lapansi, anthu omwe adamtsata lye akuuza ena za lye. Nkhanzi yawo yaleembedwa pano.
- Makalata: Atsogoleri a m'banja loyambirira analemba makalata m'magulu ambiri a okhulupirira kuti awalimbikitse. Zilembozi zalembedwa pano.
- Ulosi: Monga ndi mabuku aulosi a Chipangano Chakale, bukuli limafotokoza uthenga wa Mulungu kwa anthu ake. Kudzera mchilankhulo chophiphiritsa timapatsidwa chenjezo komanso lotonthoza.

Chipangano Chakale	Lamulo	Mibili	Yoswa	Ndakatulo	Yobu	Ananeli Angono Angono	Hoseya
			Oweruza		Masalimo		Yowele
			Rute		Miyambo		Amosi
			1 Samuele		Mlaliki		Obadiya
			2 Samuele		Nyimbo ya Solom		Yona
			1 Mafumu				Mika
			2 Mafumu				Nahumu
			1 Mbiri		Yesaya		Habakuku
			2 Mbiri		Yeremiya		Zefaniya
			Ezara		Maliro		Hagai
			Nehemiya		Ezekiele		Zekariya
			Esthere		Daniele		Malaki

Chipangano Chatsopano	Mupingo Oyamba	Uthenga	Mateyu	Makalata	Aroma	Makalata	Yakobo
			Marko		1 Akorinto		1 Petro
			Luka		2 Akorinto		2 Petro
			Yohane		Agalatiya		1 Yohane
					Aefeso		2 Yohane
					Afilipi		3 Yohane
			Machitidwe a		Akolose		Yuda
			Atumwi		1 Atesalonika		Chivumbulutso
					2 Atesalonika		

Tsopano ikumasuliridwa ambiri a zinenero dziko, Baibulo mpaka pano mabuku ake bwino kugulitsa.

Amene analemba mawu a m'ndime wathu?

(Kumbukirani kuti tiyeni mmodzi kapena awiri amati mayankho choyamba.) Paulo, mtsogoleri mu mpingo woyambirira, analemba mawu amenewa kalata Timoteyo. banja Timoteyo anamuphunzitsa Malemba (liwu lina Baibulo) adakali wamng'ono. Patapita Paulo anakumana naye ndipo anamutenga ndi kupita naye pa maulendo ake kuphunzitsa anthu za Mulungu ndi kulimbikitsa okhulupirira. Paulo anali m'ndende chifukwa cha chikhulupiriro chake mwa Yesu, ndipo mwa kalata, tsopano chakumapeto kwa moyo wake. Iye analemba kuti alimbikitse mthandizi wake wamng'ono kuditiriza chikhulupiriro chake mwa Yesu komanso kukumbutsa iye kufunika m'Malemba.

N'chifukwa chiyani wapadera Baibulo?

(Kumbukirani kuti tiyeni mmodzi kapena awiri amati mayankho choyamba.) Paulo anauza Timoteyo kuti Malemba anauziridwa ndi Mulungu, kapena kuti 'Mulungu anapumira'. Ngakhale masitaelo a mabuku zosiyanasiyana, pali kugwirizana chodabwitsa pakati pa iwo ndi mawu ofunikira kwambiri, mfundu ndi maganizo nsalu mu nkhani yonse. Ndipotu, ndi mbiri yeniyeni ya dziko lenileni timawadziwa komanso amakhala.

Baibulo chiyani?

(Kumbukirani kuti tiyeni mmodzi kapena awiri amati mayankho choyamba.) Baibulo angatipatse kumvetsa za Mulungu – Atate, Mwana ndi Mzimu Woyer. Chimatipatsa maganizo ake pa dziko, kuyambira koyambirira mpaka kumapeto. Limafotokoza kumene anthu anachokera ndipo n'chifukwa moyo wonse wa mavuto. Komanso kutipatsa chithunzi chachikulu, limatisonyeza zimene tili monga anthu. Limatiuzanso chifukwa chake ife anakhala wopatuka kwa Mulungu, zimene wachita za kuti vuto ndi momwe ife kukhala mbali imodzi ya kupulumutsidwa dongosolo lake.

Kodi Baibulo kuchita?

(Kumbukirani kuti tiyeni mmodzi kapena awiri amati mayankho choyamba.) Tiyenera kudziwa bwinobwino zimene Paulo analembaba kuti: Nzeru kufikira chipulumutso ‘mwa chikhulupiriro cha mwa Khristu Yesu.’ Malemba ungaithandize ngakhale lili ndi mawu a moyo, payokha Baibulo sangapereke aliyense moyo wauzimu. Moyo umene umabwera kwa ife kuppolera mwa Yesu Khristu, tikaika chikhulupiriro chathu mwa iye. Baibulo amazipanga zothandiza kwa ife, koma kuti apeze chipulumutso tiyenera kuika chikhulupiriro chathu mwa Yesu, amene ali Mawu amoyo. Ndipotu, timawatcha Baibulo chikwangwani chosonyeza, akutiua pamodzi njira yolondola kwa munthu woyenera, Yesu, amene angatipulumutse ife ku machimo athu ndi kutipatsa moyo watsopano.

Kodi Malemba amatithandiza bwanji?

(Kumbukirani kuti tiyeni mmodzi kapena awiri amati mayankho choyamba.) Paulo akunena kuti Malemba othandiza kuti, 'chiphunzitso, chitsutsano, kukonza ndi kulangiza za chilungamo.' Iwo akutionetsa kumene tili atapita cholakwika, ngati yowala mumdima ngodya mitima yathu ndi maganizo athu. Amatipatsa zitsanzo kutsatira komanso zitsanzo kupewa. Malemba kutipatsa ife chiyembekezo, kusonyeza kuti Mulungu akhoza kumugwiritsa ntchito aliyense, ziribe kanthu momwe olakwika poyamba iwo anakhulupirira iye.

Baibulo kumathandizango kutiphunzitsa m'chilungamo – zilibi mwachibadwa kwa ife! Mzimu Woyer (mthandizi amene Yesu anatumiza ophunzira ake ataukitsidwa) amalankhula kwa mitima yathu ndi chikumbumtima kuti ife tikufunitsitsa moyo wachiyero ndi woyer. Iye zambiri Malemba amatilimbikitsa kumafano izi.

Pomaliza, Paulo analimbikitsa Timoteyo okhwima mu ubale wake ndi Mulungu. Iye ananena za munthu wa Mulungu kukhala *wangwiyo*. Mulungu ali ndi ntchito zabwino kwa ife tonse kuchita. M'kalata yake yopita kwa Aefeso Paulo akuti:

Pakuti ife ndife ntchito ya manja a Mulungu, olengedwa mwa

*Kristu Yesu, kucita zabwino ntchito, zimene Mulungu
anazipangiratu, kuti tiyende kuchita.*

Aefeso 2:10

Tidzakhala bwino zoyenera kuchita izi ngati ife tipite monga ophunzira ndi kudziwa bwino Mulungu. Onse Malemba ndi Mzimu Woyeru ndi mbali yaikulu kusewera mu ndondomeko imeneyi – mphatso yamtengo wapatali.

Zochita



10
Mphindi

Kuthyola magulu a anthu atatu kapena 4 ndikuyesera kuyankha mafunso otsatirawa:

- Kodi pali amene adaganizapo kuti Mulungu akulankhula ndi iwo kudzera mu vesi kapena ndime ya m'Baibulo?
- Ndi iti?
- Kodi izi zidakupangitsani kusiyana kwa inu?
- Kodi mwachita chiyani?

Pemphero



10
Mphindi

Khalani m'magulu anu ang'onoang'ono ndipo mukamapemphera limodzi, kuthokoza Mulungu chifukwa cha mphatso yake ya m'Baibulo.

Mutha kumufunsa:

- Kukuthandizani kuti mumvetsetse ndikumudziwa bwino chifukwa chowerenga kapena kumvetsera.
- Kukuthandizani kuti muzimvera zomwe akukufunsani kudzera mwa iwovo.
- Kukupatsani mwayi ndi kulimba mtima kuti muuzeko za chowonadi chomwe mumaphunzira kuchokera m'Baibulo ndi ena.

Pempherani kudzera mwa vesi lero kwa munthu aliyense, kupempha Mulungu kuti akonzekere bwino ntchito zabwino pamene amawerenga mawu ake.



Zochita sabata ino

Sabata iliyonse pali homuweki yoti tichite. Sabata ino, mukawona msewu kapena chikwangwani, tithokoza Mulungu pokulolani Yesu Kristu. Muthokozeni chifukwa cha mphatso yake ya m'Malemba kuti kukupulumutsireni.

Kaya nokha kapena ndi 1 kapena 2 kuchokera pagululi Werengani buku lalifupi la Bayibulo. Zili ndi buku lomwe mwawerenga. Ngati mukukayikira koti mukayambenso kuyesa Yakobo, 1 Petro kapena 1 Yohane, makalata oleembedwa ku mpingo woyamba. Buku la Marko ndi malo abwino kuyamba. Ndi nthawi yayitali ndipo imafotokoza nhhani ya zomwe zinachitika pamene Yesu anali padziko lapansi.

Ngati wina alibe Baibulo kapena sangawerenge kuti alimbikitseni kuti akomane ndi munthu wina m'gulu lomwe ali ndi Baibulo ndipo amatha kuziwerenga.



Mboni

Atapempha Mulungu kuti akhale ndi mwayi wogawana zoona zochokera m'Baibulo, amangoganizira za mwayi womwewo ndi kuyankhula akabwera!

Ganizirani za anthu onse omwe mudalankhulapo kale monga gawo la ntchito yathu ya mboni. Funsani Mulungu ngati pali wina amene walankhulapo naye kuti akufuna kuti mulankhulenso kapena ngati akufuna kuti mulankhule ndi wina sabata ino. Mulungu adzaika wina kuti ayankhule nawo. Mutha kugwiritsa ntchito zojambula 3 zozungulira, gawani vesu lokumbukira kapena chitani china chake monga njira yolalikirira chowonadi kuchokera m'Baibulo. Mutha kuuzanso mayankho a pemphero ndi gulu nthawi ina.

Zolemba

Momwe Mungaphunzirire

Baibulo

'Lamulo la Ambuye ndi labwino,
kutsitsimutsa mzimu.

Malangizo a Ambuye ndi odalirika,
kupanga zinthu zosavuta.

Ndiwofunika kwambiri kuposa golide,
kuposa golide woyenga bwino kwambiri;
Amakhala okoma kuposa uchi,
kuposa uchi kuchokera ku uchi.'

Masalimo 19:7&10





Kukonzekela

Zomwe mukufuna kuti muganizire:

- Mabaibulo 3 kapena 4

Ukhale nayo:

- Adafunsa wina m'gululi kuti awerenge nkhanzi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?
- Anafunsa anthu 3 kapena 4 kuti abweretse Baibulo ngati ali ndi imodzi?



Takulandirani & Mayankho

5
Mphindi

- Athokozeni aliyense kuti abwere pagululi.
- Yambani ndi pemphero lalifupi, losavuta.
- Funsani gulu kuti achitepo kanthu 'Zochita sabata ino' ndi 'Mboni' kuchitira umboni kuyambira sabata yatha.
- Pemphani anthu kuti agawane chilichonse chomwe aphunzira kapena adziwa ntchito imeneyi.



Kulunjika

Cholinga cha gawo sabata ino ndikuphunzira momwe mungaphunzirire Baibulo. Izi zimaphatikizapo malingaliro a komwe muyenera kuyamba ndi njira zina zokumana ndi Mulungu ndikugwiritsa ntchito mawu ake m'miyoyo yathu.



5
Mphindi

Vesi Lolweza

Werengani vesi lokumbukira kukumbukira ndi kutchula Baibulo mokweza gulu. Werenganininso m'magawo ang'onoang'ono, kupangira gulu kuti mubwereze gawo lililonse mukatha. Pang'onopang'ono muziwerenga m'magawo aatali ndi gululi kubwereza chilichonse mpaka aliyense angathetse vesi lonse. Limbikitsani anthu ena kuyesa ndikubwereza okha.

*Lamulo la Ambuye ndi labwino,
kutsitsimutsa mzimu.*

*Malangizo a Ambuye ndi odalirika,
kupanga zinthu zosavuta.*

*Ndiwofunika kwambiri kuposa golide,
kuposa golide woyenga bwino kwambiri;
Amakhala okoma kuposa uchi,
kuposa uchi kuchokera ku uchi.*

Masalimo 19:7&10



Nkhani

Werengani nkhani yotsatira pagululi. It is the story of King David from the Bible.

Nthawi ina panali mwana wamwamuna mu Israeli wotchedwa Davide. Analı mbusa. Adakhala nthawi yambiri kunja kusamalira nkhosa zake kapena kugwira ntchito za atate wake. Analı mwana wamwamuna wachichepere ku banja la Jese ndi abale ake sanaganize kuti ali ndi zochuluka – pang'ono chabe. Koma Davide anakonda Mulungu ndi chowonadi chake. Ankakonda kuyang'ana padziko lonse lapansi womuzungulira ndikuthokoza Mulungu pazomwe adapanga. Amakondanso nyimbo. Amatha kusewera zeze ndi kulemba ndakatulo, ndipo ena mwa awa adakhazikitsidwa nyimbo.

Pakapita nthawi banja la Davide lidababwa kwambiri. Mneneri wina wotchedwa Samuelei anabwera ndipo anafuna kuti awone anyamata onse – Mulungu analı atamuua kuti adzoze mmodzi wa ana a Jese monga mfumu yamtsgolo ya Israyeli. Kodi angasankhe ndi uti? Wakale? Olimba kwambiri? Wowoneka bwino kwambiri? Sanasankhe iliyonse mwa awa – Mulungu analı atamuua Samuelei kuti asayang'ane maonekedwe awo akunja akunja, mtima wa munthuyo. Chifukwa chake, Davide wachichepere adasankhidwa.

Analı mynamata wolimba mtima, ndipo chikhulupiriro chake ndi kulimba mtima kwake zidayesedwa posachedwa. Muyenera kuti mudziwe momwe adagondera chimphona chachikulu cha munthu wotchedwa Goliyati pogwiritsa ntchito malo okhala ndi miyala yake mumtsinje. Davide anapirira zovuta zambiri chifukwa mfumu yapitayo (Sauli) anachita naye chomuchitira nsanje ndipo amafuna kuti amuphe, koma pomaliza dongosolo la Mulungu lidayandikira ndipo Davide adalengeza kuti adalengeza. Ufumu wake unakula ndi

Mfumu Davide wokulirapo. Koma sanayiwale Mulungu. Anapemphera ndipo amakuyimbira nyimbo zamuyamikire nthawi zabwino ndi zoypa. Masalimo ena m'Maphunziro athu masiku ano amalembedwa ndi Davide yemweyo, ndipo athandiza Akhristu pazaka zonsezo kuti akweze mitima yawo ndikulemekeza Mulungu, nthawi zonse amakhala wolamulira komanso wokhulupirika nthawi zonse.

Nyimbo zathu lero zimachokera ku Limodzi la Masalimo a Davide. Tiona momwe amawakondera mawu ndi njira zake ndipo tipeza madalitso oterewa powamvera.



Vunga la Baibulo

Werengani Masalimo 19:7-11 ku gulu:

⁷*Lamulo la Ambuye ndi langwiyo,
kutsitsimutsa mzimu.*
*Malangizo a Ambuye ndi odalirika,
kupanga zinthu zosavuta.*
⁸*Zumitundu ya Yehova nkulondola,
kupatsa chisangalalo pamtima.*
*Malamulo a Ambuye ali owala,
kupereka kuwala pamaso.*
⁹*Kuopa Yehova ndi koyera,
kupirira mpaka kalekale.*
*Malamulo a Yehova ndi okhazikika,
ndipo onse aiwo ndi olungama.*
¹⁰*Ndipo ndi wamtengo wapatali kuposa golide,
kuposa golide woyenga bwino kwambiri;
amakhala okoma kuposa uchi,
kuposa uchi kuchokera ku uchi.*
¹¹*Ndiri mtumiki wanu aceleredwa;
powasunga kuti alipo mphoto yayikulu.*



Kodi tiyenera kuyamba kuti?

Zingakhale zovuta kudziwa komwe mungayambire mu Baibulo; ndiye buku lalikulu. Kuwerenga kuyambira pachikuto mpaka kubisa

sikoyenera nthawi zonse kuyambira; pambuyo pake tikufuna kuwerenga Bayibulo lonse, koma timakwanitsa mpaka zimenezo. Bwanji osayamba ndi umodzi wa Mauthenga Abwino (Mateyo, Marko, Luka kapena Yohane) kenako kusunthira pamoyo Zochita kuti aphunzire za moyo wa Mpingo woyamba. Tembenukirani ku Masalimo kuti mupeze nyimbo ndi ndakatulo zokutira mbali zonse za moyo ndi zomwe wakumana nazo, kapena Genesis kuti mudziwe momwe Mulungu adalenga dziko lapansi.

Kodi Mulungu angalankhule bwanji kwa ife kudzera mu Baibulo?

Nthawi zina mutha kuwerenga Bayibulo ndipo palibe chomwe chikuwoneka kuti chikukulirani. Osadandaula. Mukuyenerabe kuchita zowona, ndipo pakapita nthawi zimakupangitsani momwe mumawonera pamoyo. Choonadi M'baibulo umagwira ntchito kwa ife mosasamala momwe tikumvera. Kuwerenga pafupipafupi kwa Baibulo lonse kudzakuthandizani kuzindikira 'chithunzi chachikulu' cha zomwe Baibulo limanenanso, komanso kuwerenga magawo ang'onoang'ono ake mozama. Mukayamba kuwerenga buku la Baibulo, yesani kudziwa komwe muli m'nhhani yayikulu yomwe ili. *Ndani adalemba bukulo, liti ndipo ndi chifukwa chiyani?*

Nthawi zina, mudzapeza kuti mukuwerenga gawo lina ndipo mawuwo akuwoneka kuti amalumphira patsamba kuti asangalale ndi inu. Izi zikachitika, tuyenera kuzindikira, kuganiza mosamala za momwe amagwiritsira ntchito pamoyo wanu, malingaliro anu ndi vuto lanu. Kodi ndi yankho la mapemphero omwe munapemphera posachedwa? Kodi Mzimu Woyeru umakulimbiksani kuchita china chake, kupita kwinakwake, kuti musinthe kena kake? Kodi akukudzudzulani kuti mukhale ndi malingaliro olakwika mumtima mwanu?

Tipemphere kuti Mulungu akuthandizeni kumvetsetsa zomwe mukuwerenga. Osakhumudwitsidwa ndi zigawo zovuta. Ingopitirirani. Nthawi zina munganene kuti, 'O, ndaona tsopano!' monga zinthu zomwe mumawerenga pambuyo pake pamawu omwe simunamvetsetse kale.

Baibulo lili ngati mgodi. Zinthu zina zamtengo wapatali zimakhala pansi kapena pafupi kwambiri. Ndiosavuta kunyamula. Koma zinthu

zina zamtengo wapatali ndizomwe mobisa, ndipo moyenera kuyesetsa kuzikwaniritsa. Ichi ndichifukwa chake limalankhula za kusinkhasinkha, kuganizira komanso kuganizira zomwe mwawerenga.

Simudzadziwa zonse m'mphindi 5 koma nthawi iliyonse tikamawerenga, kupempha Mulungu kuti atithandize, tikumanga zowonadi zake m'mitima yathu ndi m'malingaliro athu. Pang'onopang'ono Mzimu Woyeramatha kukonzanso malingaliro athu, kutipangitsa kuti tizigwirizana ndi zomwe amafuna kuti tikhale. (Mutha kuwerengera Masalimo 119:9-11 kuti mufufuze izi.)

Musataye mtima! Koma tizilumikizana ndi okhulupirira ena. Gawanani nawo zomwe mukuphunzira m'Baibulo. Iwo kudzawalimbikitsa, ndipo tsiku lina iwo angalimbikitse inu.

Kumbukirani zimene Davide ananena pa Masalimo 19:11 – kusunga njira za Mulungu pali mphoto yaikulu. Ife tonse ngati lingaliro mphotho, koma ichi chimakhala zimatha. Si monga ndalamaka kapena mphatso zabwino – ndi omangirika mphamvu mu chikhulupiriro chathu ndi chikondi kwa Mulungu wamoyo, kuti timudziwe bwino.

Davide ananena mawu a Mulungu kuhala chokoma kuposa uchi ndi chiposa golidi, akutikumbutsa kuti zinthu ake a mtengo wapatali kuposa zinthu zimene ankasangalala ndi kwambiri ofunika m'dziko lino.

Zochita



15
Mphindi

Tikhala ndi mphindi 15 kuphunzira njira imodzi yophunzirira Baibulo. Gawani gululo m'magulu ang'onoang'ono kapena anthu 3-4, onetsetsani kuti munthu aliyense mgulu lililonse ali ndi Baibulo lomwe amatha kuwerenga molimba mtima.

M'magulu awo, pemphani anthu kuti achite izi:

Werengani: Munthu m'modzi amawerenga mokweza Marko 6:30-44, 'Yesu adyetsa zikwi zisanu'.

Reterall: Anthu ena omwe ali mgululi amatanthauza nkhanayo m'mawu awoawo.

Ganizirani: Aliyense akufotokoza mafunso otsatirawa ndi mayankho awo:

- Kodi ndimeyi ikutiua chiyani za Mulungu?
- Kodi ndimeyi ikutiua chiyani za ife?
- Kodi pali chilichonse chomwe tiyenera kuchita chifukwa chowerenga nkhaniyi?

Kubwereza: Sankhani m'gulu lomwe mamembala aliwonse adzachita chifukwa cha kuwerenga lembalo, kukambirana mafunso enanso.



Titha kukhala tikuwerenga Baibulo paupipafupi ndi Mulungu mwakachete. Zimatithandiza kumudziwa bwino ndipo ndi njira imodzi yabwino kwambiri yomwe angayankhulire nafe.

Ndikofunkanso kuti tichitenso ndi ena zomwe takhala tikuphunzira pa kuphunzira kwathu Baibulo, komanso kuti tigwirizirena wina ndi mnzake zomwe timapanga chifukwa chowerenga mawu a Mulungu. Ndimodzi lero, kuphatikiza vesi lathu lokumbukira, limatiwonetsa kuti pali maubwino ambiri powerenga mawu a Mulungu.

Zochita

5
Mphindi

Gawani gulu lanu awiri ndikusankha mtsogoleri (wowerenga wolimba mtima) kwa theka lililonse. Onetsetsani kuti munthu aliyense akutsogolera gulu ali ndi Baibulo ndipo ali wokonzeka kuwerengera Masalimo 19:7-11.

- Akulimbikitsidwa ndi mtsogoleri wawo, gulu limodzi limawerengera mokweza gawo loyamba la banja lililonse (vesi 7-10), mwachitsanzo: 'Lamulo la Ambuye ndi labwino.'
- Gulu linalo likafika mokweza gawo lomaliza, mwachitsanzo: 'chotsitsimula cha moyo.'
- Werengani kudzera mu vesi 7-10 mwanjira iyi.
- Kenako, magulu onsewa amakamba mbali yomaliza (vesi 11)

onse pamodzi kuchokera kwa 'mtumiki wanu
amachenjezedwa...'



5

Mphindi

Kukambirana

Pezani aliyense m'magulu a anthu atatu kapena 4.

Nenani kuti vesi lomaliza (Masalimo 19:11) amalankhula za mphotho yayikulu pakusunga njira za Mulungu. Funsani magulu kuti muwone zomwe angapeze zomwe angapeze m'mavesi akale.

Pakapita mphindi zochepa, pitani mozungulira m'chipindacho ndikupempha gulu lirilonse kuti ligawane mphoto imodzi yomwe adapeza mpaka onse atagawidwa.



10

Mphindi

Pemphero

M'magulu ang'onoang'onowo, zikomo Mulungu kuti Baibulo lasungidwa kudzera mwa zaka ndi kuti ifenso titha kuwerenga apa.

Tipemphere kuti atithandizire kumvetsetsa zomwe tawerenga.

Muthokozeni chifukwa cha madalitso omwe timalandira tikamawerenga ndikumvera zomwe Mzimu Woyeru umatisonyeza.

Mupempheni kuti atisonyeze chilichonse chomwe anganene za mdera lathu, zinthu kapena zosowa zathu.



Zochita sabata ino

Sabata iliyonse pali homuweki yoti tichite. Sabata ino, khalani ndi nthawi yoyang'ana kudzera mu Baibulo (kapena kumvetsera kwa Baibulo) ndikusankha nkhani imodzi kapena ziwiri kuti tichite njira yomwe tagwiritsa ntchito lero: Werengani, Reterall, Ganizirani, Kubwerezza.



Mboni

Mulungu akamalankhula nanu kudzera mu Baibulo kapena mayankho mapemphero anu, khalani olimba mtima! Uzani ena

zomwe Ambuye wakuchitirani.

Kumbukitsani nokha za mavesi omwe mwaphunzira mpaka pano. Mukakhala ndi chidaliro kuti mukudziwa mavesi oyamba, gawani ena – ingopititsani!

Chuma

Pali zinthu zambiri zapaintaneti zomwe zingatithandize kuti tizitha kupeza Baibulo ndipo phunzirani zambiri za izi. Ngati muli ndi intaneti yomwe mungayang'ane:

- www.biblegateway.com
Opezeka pa Baibulo Pamasiku osiyanasiyana osiyanasiyana kuphatikizapo kudzimvetsera
- www.youversion.com
Pulogalamu yomwe mutha kutsitsa foni yanu kapena kompyuta ndi Baibulo lonse ndi kuwerenga zomwe zili pamenepo, kuphatikizapo mawu akuti kudzimvetsera
- www.thebibleproject.com
Chidule cha makanema aulere a mabuku a m'Baibulo ndi mitu yake yayikulu
- www.easyenglish.bible
Baibulo ya pa intaneti inalembedwa mosavuta kuwerenga Chingerezi

Zolemba

Kodi Pemphelo ndi Chiyani?



'Mudzipereke nkhawa zanu zonse chifukwa
amakuderani nkhawa.'

1 Petro 5:7



Kukonzekela

Ukhale nayo:

- Adafunsa wina m'gululi kuti awerenge nkhanzi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?



Takulandirani & Mayankho

5
Mphindi

- Athokozeni aliyense kuti abwere pagululi.
- Yambani ndi pemphero lalifupi, losavuta.
- Funsani gulu kuti achitepo kanthu 'Zochita sabata ino' ndi 'Mboni' kuchitira umboni kuyambira sabata yatha.
- Pemphani anthu kuti agawane chilichonse chomwe aphunzira kapena adziwa ntchito imeneyi.



Kulunjika

Cholinga cha gawo sabata ino ndikumvetsetsa kuti pemphero ndi lotani. Kulumikizana ndi Mulungu. Zili ngati mwana kuphunzira chilankhulo cha kholo ndipo kumafuna kuyankhula ndi kumvetsera.



5
Mphindi

Vesi Loloweza

Werengani vesi lokumbukira kukumbukira ndi kutchula Baibulo mokweza gulu. Werengani kuwerengano kuti gululo lizibwerezza pambuyo pa inu mpaka aliyense athetse vesi lonse. Limbikitsani anthu ena kuyesa ndikubwerezza okha.

Mudzipereke nkhawa zanu zonse chifukwa amakuderani nkhawa.

1 Petro 5:7



Nkhani

Werengani nkhani yotsatirayi ku gululi:

Mwana wamkazi wa munthu wapempha m'busa wa komweko kuti abwere kudzapemphera ndi atate wake. M'busayo atafika, anapeza kuti bamboyo atagona pabedi ndi mutu wake utakhala pachipata awiri ndipo mpando wopanda kanthu pabedi lake. Wansembeyo anaganiza kuti munthu

wokalambayo anali atadziwitsidwa za kubwera kwake.

'Ndikuganiza kuti mumandiyembekezera,' adatero.

'Ayi, ndiwe ndani?'

*'Ndine mnzanga watsopano kutchalitchi kwanu,' m'busayo
adayankha. 'Nditaona mpando wopanda kanthu,
ndinazindikira kuti ukudziwa kuti ndiwonekera.'*

*'Eya, mpando,' anatero munthu wogona. 'Kodi mungaganize
zotsekera pakhomo?' Zidabwisa, m'busayo atseka chitseko.
'Sindinamuuzepo aliyense amenewa, ngakhale mwana wanga
wamkazi,' anatero bamboyo. 'Koma moyo wanga wonse
sindinadziwe momwe ndingapempherere. Kutchalitchi
ndimakonda kumva m'busa amalankhula za pemphero, koma
nthawi zonse chimapita pamutu panga.'*

*Mkuluyo anati: 'Ndinkasiya kuyesayesa kulikonse. Kufikira tsiku
limodzi pafupifupi zaka zinai za zapita mzangaanati kwa ine,
"Joe, zomwe ndikupereka. Khalani pansi pampando, ikani
mpando wopanda kanthu pamaso panu, ndipo
mwachikhulupiriro tiwona Yesu pampando. Sizopanda
tanthauzo chifukwa lye analonjeza kuti, 'Ndikhala nanu nthawi
zonse.' Kenako ingoyankhulani ndi iye nthawi zonse, kenako
ingoyankhulani ndi iye ndi kumvetsera momwemo momwe
mukuchitira." Chifukwa chake, ndidayesera ndipo ndazikonda
kwambiri kotero kuti ndimachita maola angapo tsiku lililonse.
Ndine wosamala. Ngati mwana wanga wamkazi adandiwona
ndikulankhula pampando wopanda kanthu, amakhala ndi vuto
lamanjenje kapena kunditumizira famu yoseketsa.'*

*M'busayo adakhudzidwa kwambiri ndi nkhaniyi ndipo
adalimbikitsa nkhalamba kuti ipitirize ulendowu. Kenako
anapemphera ndi iye, nabwerera ku mpingo.*

*Madzulo awiri pambuyo pake mwana wawo wamkazi
adayitanitsa m'busayo kuti abambo ake amwalira masanawa.*

'Kodi akuwoneka kuti akufa mwamtendere?' adafunsa.

'Inde, nditatuluka mynymba nthawi yachiwiri ndi 2 koloko, anandiitanira pafupi ndi kama wake, anandiua munthu m'modzi mwa nthabwala zake za anyani, ndipo ndinandipsompsona patsaya. Nditarwerako pamalo ogulitsira ola limodzi pambuyo pake, ndinamupeza wamwalira. Koma panali china chachilendo. M'malo mwake, kupitirira zodabwitsa – mtundu wa zodzikonda. Zikuwoneka kuti bambo asanamwalire, adatsamira ndikupumula mutu pampando pafupi ndi kama.'²



Vunga la Baibulo

Werengani Mateyo 6:9-13 mgulu:

⁹Ndiye, kuti, muyenera kupemphera:

'Atate wathu wa kumwamba,

Woyeretsa ukhale dzina lanu,

¹⁰ndipo Ufumu ubwere,

kufuna kwanu kuchitike,

popeza kumwamba kuli kumwamba.

¹¹Popeza ife lero chakudya chathu chatsiku ndi tsiku.

¹²Ndipo mutikhululukire mangawa athu,

monga ifenso takhululukira amangawa athu.

¹³Ndipo musatitengere kokatiyesa,

koma mutipulumutse kwa woyipayo.'



Kodi pemphero ndi chiyani?

Anthu ambiri amapemphera, ngakhale kuti pemphero silingakhale zoposa, 'Thandizo!' Pemphero ndiye njira yachilengedwe kwambiri yolankhulirana ndi Mulungu. Ndi 'njira yathu' kwa Mulungu

² Osadziwika (osadziwika). Mpando wopanda kanthu [pa intaneti] kupezeka ku: www.storiesforpreaching.com/an-empty-chair/ [Ovembala 29 Novembala 2017]

komanso njira yofunika kwambiri yofotokozerwa chikhulupiro chathu. Palibe njira yofalitsira. Pemphero silikhala ndi kapangidwe kake, ndipo ndi chinthu chomwe tingakule ndikuyamba pamene tikukula m'chikhulupiro chathu.

Pemphero lingakhale:

- Kufuula kwa Mulungu munthawi yamavuto.
- Phokoso lalitali lalitali losangalala, chifukwa choperekedwa ndi mphatso.
- Kupemphera m'malo mwa zosowa za ena.
- Kupembedza nthawi ndi Mulungu.
- Nthawi yongomvetsera pa Kukhalapo kwa Mulungu.
- Kukhala ndi nthawi yongolandira chikondi cha Mulungu.

Monga tamva m'nhkani ya munthu wachikulire, pemphero lingaoneke ngati lovuta poyamba, koma tikazindikira kuti Yesu ali nafe ndipo titha kulankhula naye mwachindunji. Tikamayesetsa, mapemphero athu amatha kukula ndikukula. Timaphunzira kuyankhulana ndi Mulungu za kudzimva kwathu, mikhalidwe yomwe timapezeka kuti ndi dziko lapansi. Mapemphero athu amagwira ntchito ndipo amapanga zosiyana.

Yesu anapemphera

Yesu adakhala nthawi yayitali kupemphera kwa Atate Mulungu wake. Mu gawo la Baibulo ili amaphunzitsa otsatira ake pemphero lomwe timatcha 'Pemphero la Ambuye'. Komanso kutiphunzitsa momwe tingapempherere, zimatiphunzitsa zinthu zomwe kumveranso. Pemphero ndikofunikira ngati tikufuna kukulitsa ubale wathu ndi Mulungu.

Kodi Pemphero la Ambuye likutiuba chiyani?

Tiona mawu a Pemphero a Ambuye kuti awone zomwe zimatiuba.

- '*Atate wathu wa kumwamba'*
Izi zikutiuza kuti tizikumbukira kuti Mulungu ndi ndani, komanso momwe tingamulembe. Monga Atate wathu, Kumwamba. Iye si Atate wa Yesu chabe, koma ndi wathunso

wathu ndipo zikutanthauza kuti amatisamalira: amafuna kuti amve kwa ife.

- '*woyeretsa*' (*Woyerera*) '*akhale dzina lanu*'
Izi zikutiua kuti Mulungu ndi Woyerera, ndiye Atate wathu koma ndi mlengi wa dziko lapansi, wamkulu kuposa momwe tingaganizire.
- '*ufumu wanu uchitike*'
Izi zikutiua kuti ali ndi chikonzero ndipo tikuyenera kuupemphera. Yesu anaphunzitsa kuti Ufumu wa Kumwamba wayandikira; tikufuna Ufumu wake, nthawi imene ulamuliro wake pa zinthu zonse padziko lapansi uli wathunthu, kubwera posachedwa.
- '*kufuna kwanu kuchitika, padziko lapansi monga kumwamba*'
Kumwamba chifuniro cha Mulungu chachitika, koteri ife tikupemphera kuti izo sizingakhale padziko – dziko lapansi kuti asandulike.
- '*mutipatse ife lero chakudya chathu cha*'
Izi zikutiua kuti tithe kukhulupirira Mulungu chifukwa cha zimene tiyenera tsiku ndi tsiku. Kutu njira tikhale kudalira pa iye ndipo osati mphamvu zathu.
- '*mutikhululukire ife mangawa athu, monga ifenso takhululukira amangawa athu*'
Izi zikutiua kuti Mulungu watikhululukira. Izi ndi nkhanu yayikulu koma chikhululukiro imeneyi iyenera tinatengera kwa amene watikhumudwitsa kapena amene amatilakwira kwambiri.
- '*musatitengere ife kokatiyesa, koma mutipulumutse kwa woipayo.*'
Izi zikutiua kupempherera chitetezo mayesero ndi kupulumutsidwa kwa Satana.

Awa ndi mapemphero onse chachikulu pempherani: akutiphunzitsa kuti Mulungu ndani, ndife ndani, zinthu zofunika zake ndi ziti thandizo tiyenera kwa iye. Yesani kupemphera Pemphero la Ambuye nthawi zonse. Kupemphera kudzera mu chiganizo chilichonse pang'onopang'ono, kupempha Mulungu kuti awulule

yeni yeni zinthu aliyense akufuna kukuuzani m'dera lili lilonse.



Zochita

3
Mphindi

Funsani aliyense ngati angakumbukire vesi lokumbukira. Pezani gulu kuti lizinena mokweza.



Pemphero la Adani

Yesu akuphunzitsa pankhani ya pemphero nthawi zambiri kumavuta. Adatinso:

⁴³*Mudamva kuti kudanenedwa kuti, 'Wokonda mnzako, ndipo akudana ndi mdani wanu.'* ⁴⁴*Koma ndikukuuzani, kondani adani anu, ndi kupempherera iwo amene akukuzunzani.*

Mateyo 5:43-44

Kupempherera adani athu kungaoneke ngati zovutirapo kwa ife, koma tiyenera kuchita nawo maphunziro awa. Mulungu amakonda aliyense, ndipo amafuna kuti onse akhale ndi moyo watsopano womwe tapeza; chifukwa chake tiyenera kukhala achangu popempherera ngakhale anthu ovuta kwambiri.



3
Mphindi

Pemphero

Funsani aliyense kuti apemphere mwakachetechete kwa mphindi zochepa kwa adani awo: izi zitha kukhala ndi zomwe sizingakonde kapena zangotsutsa kapena sizingogwirizana nazo. Alimbikitseni kuti apemphere Mulungu kuti awathandize kukonda munthu amene amamukonda komanso kuchiritsa ubalewo.



Kodi Mulungu amayankha mapemphelo athu onse?

Pali zinthu zambiri zomwe titha kupempherera ndipo Mulungu samangokhala ndi mapemphero athu. Komabe, pali nthawi zambiri momwe zimawonekera ngati mapemphero athu sayankhidwa. Mulungu amamva mapemphero athu onse koma amangoti INDE mapempherowo omwe akugwirizana ndi zofuna zake zabwino komanso zangwiyo m'miyoyo yathu komanso dziko lapansi. Zitha kukhala zovuta tikamaganiza kuti mapemphero athu sayankhidwa, zikaoneke ngati Mulungu satimvera. Muzinthu izi tiyenera

kukumbukira kuti Mulungu amadziwa bwino komanso kumufunsanso kuti atithandizire kupemphera mogwirizana ndi zomwe akufuna. Nthawi zina izi zikutanthauza kuti tiyenera kupitilizabe kuperirabe kupemphera, nthawi zina tingafunikire kusintha kuti tikupempherera chiyani.

Kukambirana – Momwe mungapempherere?

Gawani m'magulu a anthu atatu kapena 4. Funsani magulu kuti akambirane mafunso otsatirawa:

5
Mphindi

- Ndi zinthu ziti zomwe mwawonapo anthu amachita akamapemphera kapena kuti mumawerenga za anthu kupemphera mu Baibulo (mwachitsanzo, pitani mozungulira, kufuula, kuyimba)?
- Kodi mumamva bwanji kuti mukupemphera?
- Ndi njira ziti zina zoti mupemphere kodi mukuganiza kuti mungafune kuyesa?

Zochita

15
Mphindi

Kupemphera Machitidwe (ACTS) – lyi ndi njira yomwe tingapangire mapemphero athu kwa Mulungu.

Mutule m'magulu awiri kapena atatu ndikupemphera kudzera mu Njirayi:

- **A: Adoration (Kupembedza)**
Muuzeni Mulungu momwe mukumvera za iye, sonyezani kuti mumamukonda kumutamanda. Ngati mukuvutikira mawu amayang'ana m'buku la Masalimo kuti udzozedwe.
- **C: Confession (Kuulula)**
Muuzeni Mulungu za zinthu zomwe mwachita kapena madera a moyo wanu zomwe mumamvera chisoni. Mufunseni kuti akusuleni kuchokera mkati.
- **T: Thanksgiving (Kulingalila)**
Kumbukirani zonse zomwe Mulungu wakuchitirani kapena amene wakupatsani, kumbukirani kuti lye ndi ndani komanso zomwe watichitira tonse ndi kumuthokoza.

• **S: Supplication (Pembeli)**

Izi zikutanthauza kupempha Mulungu pazomwe timafunikira tokha komanso dziko lapansi lotizungulira (onani Afilipi 4:6 kuti mumve zambiri).

Mutha kupemphera monga m'magulu kapena kwanu, mutha kupemphera mokweza kapena m'mutu mwanu komanso m'chinenedwe chilichonse. Mutha kulembanso ngati izi zikuthandizani kuyang'ana.



Pemphero

5
Mphindi

Pempherani Pemphero la Ambuye monga momwe limaphunzirira pa nkhani yathu ya Baibulo. Khalani ndi anthu ambiri momwe mungafunire kupemphera mzere. Alimbikitseni kuti aphunzire kupempherayo pamtima ndi kuti akaupempherere panthawi yawo.



Zochita sabata ino

Sabata iliyonse pali homuweki yoti tichite. Sabata ino, khalani ndi nthawi pambali ndi Mulungu kuti mupemphere kudzera (ACTS) mu njira yomwe tagwirtsa ntchito. Mukamapemphera kwa Mulungu, khalani ndi nthawi yomvera iye mwakachede. Amatha kukuyankhani kudzera palemba lalemba, mawu m'malingaliro anu, chinthu chomwe mumachiwona mozungulira inu, munthu wina kapena m'njira zambiri zosiyanasiyana. Mupempheni kuti akuthandizeni kuti mumumveni bwino ndikuzindikira mawu ake.

Lembani chilichonse chomwe Mulungu wanena kwa inu sabata ino.



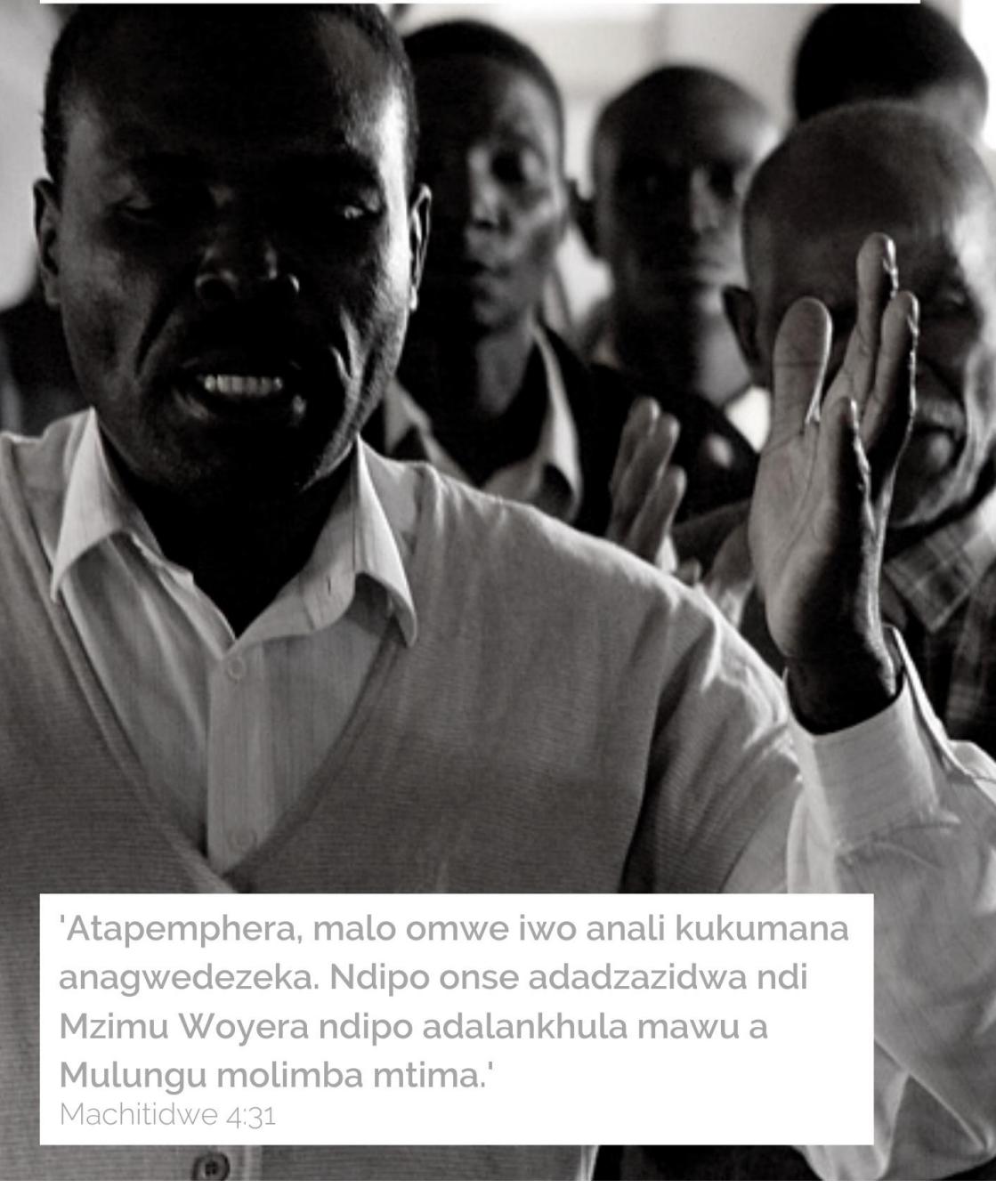
Mboni

Sabata ino tengani mwayi wopemphera ndi munthu amene mumakumana naye. Simuyenera kupemphera kwanthawi yayitali mapemphero, ingopempha Mulungu kuti akhale nawo komanso kutsogolera mapemphero anu. Dzina bwino kwa azimu mukamakumana za momwe zidayendera.

Tengani nthawi kuti mukumbukire anthu onse omwe mudalankhulapo kale monga gawo la ntchito ya mbonyi. Tipempherere aliyense. Tengani kanthawi kuti mukhale chete

ndikumvetsera kwa Mulungu. Amatha kukuthandizani kuti mupite kukachezanso munthu ndikupemphera nawonso.

Kupemphera Limodzi



'Atapemphera, malo omwe iwo anali kukumana
anagwedeze ka. Ndipo onse adadzazidwa ndi
Mzimu Woyera ndipo adalankhula mawu a
Mulungu molimba mtima.'

Machitidwe 4:31



Kukonzekela

Zomwe mukufuna kuti muganizire:

- Cholembera ndi pepala kwa inu ndi ena paberekezerani wina aliyense sabweretsa zawo

Ukhale nayo:

- Adafunsa wina m'gululi kuti awerenge nkhaniyi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?
- Anafunsa aliyense kuti abweretse cholembera ndi pepala lina?



5
Mphindi

Takulandirani & Mayankho

- Athokozeni aliyense kuti abwere pagululi.
- Yambani ndi pemphero lalifupi, losavuta.
- Funsani gulu kuti achitepo kanthu ‘Zochita sabata ino’ ndi ‘Mboni’ kuchitira umboni kuyambira sabata yatha.
- Pemphani anthu kuti agawane chilichonse chomwe aphunzira kapena adziwa ntchito imeneyi.



Kulunjika

Cholinga cha gawo sabata ino ndikuphunzira za kufunika kopemphera limodzi m'banja lathu latsopano.



5
Mphindi

Vesi Loloweza

Werengani vesi lokumbukira kukumbukira ndi kutchula Baibulo mokweza gulu. Werenganiniso m'magawo ang'onoang'ono, kupangira gulu kuti mubwerezze gawo lililonse mukatha.

Pang'onopang'ono muziwerenga m'magawo aatali ndi gululi kubwerezze chilichonse mpaka aliyense angathetse vesi lonse. Limbikitsani anthu ena kuyesa ndikubwerezza okha.

*Atapemphera, malo omwe iwo anali kukumana anagwedezeaka.
Ndipo onse adadzazidwa ndi Mzimu Woyeria ndipo adalankhula
mawu a Mulungu molimba mtima.*

Machitidwe 4:31



Nkhani

Werengani nkhanzi yotsatirayi ku gululi:

Uganda adadziwika kuti ndi anthu omwe amapanga mapangano ndi milungu ya mafuko kudzera mu nsembe ya anthu. Khalidwe ili lachipembedzo ichi linapangitsa mzimu wa imfa ndi chiwonongeko pa dziko lonyansa ili. Kubwezeretsani utsogoleri wa Iddi Amin Dada, Milton Obote, ndipo ena adasiya munthu wambayo poopa tsiku ndi tsiku. Mu 1984 kumangidwa, kuzunzidwa, ndipo imfa inatumizidwa kutchalitchi kunkhondo: miliyoni anafa. Pamwamba pa izi, World Health Organisation idalengeza kuti pofika 1997, gawo limodzi la anthu atatu a anthuwa lidzafafanizidwa ndi Edzi.

Inali chizunzo ichi chomwe chinapangitsa kuti misonkhano yapemphero ya mapemphero ipite ku Uganda. Mipingo yonse yadzikoli idayamba kugwirizana ndi chiyembekezo chopemphera champhamu, kuti Mulungu asonyeze kuti aimfa ndi kuleka imfayo ndi chiwonongeko.³

Chifukwa cha pempheroli Daniel Bernard (wolemba buku la bukhu lomwe tangowerengapo kuchokera ku) limachitira umboni kuti mtengo wandale uja udatsika, monganso HIV ndi Edzi idachitika ku Uganda. Pemphelo limapanga kusiyana, makamaka pamene magulu a anthu amasonkhana.



Vunga la Baibulo

Werengani Machitidwe 4:23-31 mgulu:

²³Ndipo anamasulidwa, Petro ndi Yohane anabwerera kwa anthu a iwo okha nanenanso zonse za akulu ndi akulu adanena kwa iwo. ²⁴Pomva iwo adanenapo, mawu awo kwa Mulungu. 'Ambuye Mfumu,' iwo anati, 'munapanga zakumwamba ndi dziko lapansi ndi nyanja, ndi chiwalo chilichonse mwa iwo. ²⁵Ndipo analankhula ndi Mzimu Woyera mwa mkamwa mwa

³ Daniel Bernard, *Praying up a Storm* (Shippensburg, PA.: Destiny Image Publishers Inc., 2004), p122.

mtumiki wanu, atate wathu Davide:

*'Chifukwa chiyani amitundu amakwiya
ndipo anthu ali pachabe?*

²⁶*Mifumu ya dziko lapansi
ndi olamulira gulu limodzi
ndi Ambuye
ndi wodzoza wake.'*

²⁷*Ndipo Herode ndi Pontiyo Pilato anakumana pamodzi ndi Akunja ndi Amitundu Aisraeli ndi ana a Israyeli mumzinda mwanu Yesu, amene iwe unampanga.* ²⁸*Ndipo munachita mphamvu yanji ndipo udzasankhidwa kukhala kale.* ²⁹*Tsopano, Ambuye, aganizire zowopseza zawo ndikupangitsa kuti atumiki anu ayankhule mawu anu molimbika mtima.* ³⁰*Tambasula dzanja ndi ku chitchilisa ndi kutchita zozisiswa ndi zozitswa kupyolela mdzina la Mdzimu Woyela muutmiki wa Yesu.*

³¹*Ndipo iwo anapemphera, malo kumene anali kukumana nako kugwedezeaka. Ndipo onse adadzazidwa ndi Mzimu Woyeria ndipo adalankhula mawu a Mulungu molimba mtima.*



Ambiri aife nthawi zambiri timapemphera yekha ndipo timakonda kuchita izi chifukwa zimatithandiza, komabe tikadzafika pamaso pa abale ndi alongo kuti tizipemphera limodzi kuti palinso mphamvu ya anthu wamba.

Amakhala amphanmu kwambiri pamene okhulupirira amazonkhana ndikupemphera limodzi. Kuwerenga kwathu Baibulo kumamveketsa bwino izi.

Zambiri zakumbuyo

Ndime yathu ya m'Baibulo idalembedwa pa nthawi yomwe inali yovuta kwambiri kutchalitchi. Mpingo unali kuzunzidwa ndi olamulira.

Kukambirana

Funsani gululi ngati akudziwa za mikhaldwe yomwe tikupeza Petro ndi Yohane.

- Alimbikitseni kuti ayang'ane m'mbuyo gawo loyamba la Machitidwe 4 kuti mumvetsetse zomwe zachitika.
- Funsani anthu ochepta kuti agawane zomwe aphunzira za momwe Petro ndi Yohane alili.

Fotokozani zokambirana ponena kuti Petro ndi Yohane, atsogoleri a mpingo nthawi imeneyo, anali pachiwopsezo ndipo anali atamasulidwa kundende. Iwo anali atapanikizika kwambiri kuti asiye kuyimira Yesu Kristu. Munthawi iyi, Petro ndi Yohane anali ndi mpingo wowachirikiza, ndipo kumasulidwa kwawo kunaphatikizaponso okhulupirira ena m'pemphero.



Vesi 23 limatikumbutsa za kufunika kokhala ndi anthu omwe amatiganizira, ndipo anthu awa amapanga thupi (kapena banja) la Khristu. Petro ndi Yohane pano anali ndi gulu la anthu omwe amakhulupirira ndikutsatira Khristu. Anthu amenewo amalumikizana nawo pazomwe timatcha mapemphero akampani. Anagwirizana mosangalala chifukwa chomasulidwa komanso kuuza ena zovala zavo. Palibenso chinthu chokulirapo chomwe akanatha kukhala nacho kuposa abale ndi alongo odalirika omwe amawathandiza.

Mu vesi 25 ndi 26 tikuona kuti okhulupilira amapemphera Masalimo 2:1-2 palimodzi. Mu vesi 27 - 29 adatenga gawo la m'malemba ndikuwapemphera kuti awombeni, akudzikumbutsa okha kuti ziwembu zilizonse zotsutsana ndi Mulungu, kapena kukana naye pachabe. Choonadi ichi chiwalimbikitsa iwo asadakhale mapemphero awo otsatira.

Mavesi 29 ndi 30 atilole kumva zomwe amapempherera. M'mapemphero awo timawona zinthu zitatu zosiyana:

- **Anapempherera Mulungu kuti awalowerere m'malo mwake.**

Adazindikira kuti ali ndi mphamvu kwambiri; lye ndi

WOLAMULIRA (ali ndi mphamvu zazikulu). Iye ali pamwamba pa zonse, ndipo akuwona ndipo amadziwa zomwe zikuwopseza.

- **Anapemphera kuti alimbitse mtima kuti athe kulankhula mawu a Mulungu.**
Mwachilengedwe tikadawayesa kuti apemphere kuzunzidwa kapena kupempha kuti atiteteze miyoyo yawo, napita nayo ndi Mzimu Woyerayo, adapemphera kuti alankhule MOLIMBIKA kunja uku mochuluka.
- **Anapemphera kuti zozizwitsa zozizwa ndi m'manja mwa Yesu Khristu.**
Zikuwoneka kuti pakuwopsezedwa, nthawi zonse adachita zinthu zomveka: apa adapemphera kuti Mulungu achite ZOZIZWITSA kwambiri kudzera mwa iwo. Izi zitha kukulitsa umodzi zomwe zozizwitsa za Mulungu zimawoneka pakati pathu.

Petro, Yohane ndi otsatira onse a Yesu adapemphera kuti tikapeze mipata yambiri yolengeza za Ufumu wa Mulungu, ngakhale atatsutsidwa kwambiri. Amadziwa kuti anthu adzavomereza Yesu ngati angamve za iye ndikumuwona akuchitapo kanthu. Palibe chomwe chikanakhoza kuyimirira motsutsana naye ngati izi zikanachitika. Mu vesi 31 tikudziwa yankho lokha pa pemphero lawo chifukwa tikamapemphera, Mulungu amamva.

Timauzidwa kuti zinthu ziwiri zidachitika:

- **Choziwitsa**
Malo omwe iwo anali kukumana nawo anali atagwedezeza: chimenecho ndi chozizwitsa. Ndi chinthu chachindunji cha Mulungu mkatи mwa dziko lapansi.
- **Yankho mwachindunji pa pemphero**
Anapemphera kuti alimbitse mtima ndipo analandira izi kudzera mu kudzazidwa ndi Mzimu Woyerera.

Ponseponse timawona mpingo womwe umatisonyeza kufunika komanso mphamvu yopemphera limodzi. Tikukhulupirira tsopano kuti mchitidwe wopemphera limodzi umatibweretsa kukhalapo

pamaso pa Mulungu mosiyana, nthawi zambiri kwambiri kuposa momwe timapempherera yekha.

Kukambirana

Funsani gululi zomwe akuganiza kuti ndi mapindu ena opemphera limodzi.

Apatseni nthawi kuti anthu afotokozere mayankho awo, ndipo anthu akangogawana malingaliro awo, lembani mfundu zomwe zili pansipa, polemba mfundu zomwe zakhala zikuchitika.

- Kupemphera limodzi kumatanthauza kuti mapemphero ambiri apemphereredwe. Unikani mwayi wapadera pa pemphero liilionse mkatı mwa mgwirizano.
- Kupemphera limodzi kumathandiza kwambiri pagulu. Zimandikumbutsa kuti sindili ndekha; ndikuona kuti ndine gawo lofunika kwambiri.
- Kupemphera limodzi kumakula chikhulupiriro changa pamene ndikuwona kudzipereka kwa ena ndikumva zomwe Mulungu akuchita mwa ena.
- Kupemphera limodzi kumandipatsa mwayi wokonda ena ndikamawapatsa nkhawa zawo popemphera.

Funsani gululi nthawi yanji m'miyoyo yawo pamene akuganiza kuti kupemphera limodzi kudzakhala chinthu choyenera kuchita. Alimbikitseni kuti azigawana zitsanzo popereka zitsanzo zanu.

Zochita

Funsani aliyense kuti apeze pepala ndi cholembra.

Funsani aliyense kuti alembe kapena kujambula chithunzi cha zitsanzo zitatu m'dziko lathuli masiku ano kumene anthu ali pachiwopsezo chifukwa cha kuyimirira Khristu. Akhoza kukhala china chake chomwe adamva kuchokera kwa mnzake kapena kumva.



Pemphero

Aliyense atamaliza ntchitoyo, afunseni aliyense kuti agawane ndi

zitsanzo zawo zitatu ndikutenga nthawi kuti gulu lipempherere anthu pamikhaliwe imeneyi.

Funsani aliyense kuti atenge mndandanda wa zitsanzo zitatu kunyumba kunyumba ndikupita nawo sabata yonseyo ndi chikumbutso kuti mupitirize kupemphela anthu omwe ali pachiwopsezo.



Zochita sabata ino

Sabata iliyonse pali homuweki yoti tichite. Sabata ino, ikani nthawi yopemphera kwa mphindi 30 monga gulu kapena magulu a abwenzi mukudziwa. Sankhani zinthu zosachepera zitatu zomwe mukufuna kupempherera molimba mtima. Pempherani limodzi m'chikhulupiriro ndikuwona zomwe Mulungu achite. Onani mavesi m'Baibulo omwe angakhale abwino kukuthandizani kupemphera limodzi. (Masalimo ndi malo abwino kuyamba.)



Mboni

Monga gawo lokhala wowona pazomwe tangophunzira, onetsetsani kuti anthu 1 kapena awiri amvetsetse kufunika kopemphera limodzi. Sankhani wina yemwe si membala wa gulu lanu, mwina wina yemwe mudalankhulapo naye, ndikukonzekera kukumana nawo sabata ino kuti mucheze za pemphero.

Kupembedza Pamodzi



'Chifukwa chake, ndikupemphani inu, abale ndi alongo, poganzira chifundo cha Mulungu, kupereka matupi anu ngati nsembe yamoyo, yopatulika ndi kukondweretsa Mulungu – ndiye kupembedza kwanu komanso koyenera.'

Aroma 12:1



Kukonzekela

Zomwe mukufuna kuti muganizire:

- Kuthandiza gululi kuyenda bwino, lembani maumboni a mavesi a m'Baibulo a gulu lirilonse papepala. Mutha kupereka mafotokozedwe oyenera pagulu lililonse.

Ukhale nayo:

- Adafunsa wina m'gululi kuti awerenge nkhaniyi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?
- Anafunsa anthu 5 kuti abweretse Baibulo kuti agwire ntchito?



5
Mphindi

Takulandirani & Mayankho

- Athokozeni aliyense kuti abwera pagululi.
- Yambani ndi pemphero lalifupi, losavuta.
- Funsani gulu kuti achitepo kanthu 'Zochita sabata ino' ndi 'Mboni' kuchitira umboni kuyambira sabata yatha.
- Pemphani anthu kuti agawane chilichonse chomwe aphunzira kapena adziwa ntchito imeneyi.



Kulunjika

Cholinga cha gawo sabata ino ndikuphunzira za kufunika kopembedza Mulungu limodzi m'banja lathu latsopano. Tidzapeza njira zomwe tingapembedzere pobwera pamodzi ndikumalemekeza gwero la moyo watsopano tonsefe timagawana nawo.



5
Mphindi

Vesi Loloweza

Werengani vesi lokumbukira kukumbukira ndi kutchula Baibulo mokweza gulu. Werenganininso m'magawo ang'onoang'ono, kupangira gulu kuti mubwerezze gawo lililonse mukatha. Pang'onopang'ono muziwerenga m'magawo aatali ndi gululi kubwerezza chilichonse mpaka aliyense angathetse vesi lonse. Limbikitsani anthu ena kuyesa ndikubwerezza okha.

*Chifukwa chake, ndikupemphani inu, abale ndi alongo,
poganizira chifundo cha Mulungu, kupereka matupi anu ngati*

*nsembe yamoyo, yopatulika ndi kukondweretsa Mulungu –
ndiye kupembedza kwanu komanso koyenera.*

Aroma 12:1



Nkhani

Werengani nkhanzi yotsatirayi ku gululi:

Korneliyo anakulira m'mudzi momwe anthu adzasonkhana ndi kupembedza fano dzina lake 'Chibne Cikumkuluka' (Mwala Waukulu Womwe Ukusilira). Amakhulupirira kuti Mwala Waukulu Womwe Ukusilira nsomba zowonjezera munyanja nthawi iliyonse yomwe itakhazikika m'madzi. Panali gulu la anthu omwe amagwira ntchito ngati ansembe a fano. Amalemekezedwa kwambiri ndipo amasonkhanitsa anthu limodzi ndikukonzekera miyamboyo. Mwambo ukachitika, mowa umakhala wokonzeka ndipo chakudya chimakonzedwa kukondwerera nsomba zowonjezera zomwe zingakololedwe kunyanja. Inali mwambo wotchuka.

Kuti ansembe akwaniritse miyambo ndi miyambo, amayembekeza kuti alipire kwa anthu ena mderalo; nthawi zambiri izi zidaperekedwa ngati malipro okoma mtima ndi anthu kukulitsa minda ya wansembeyo chifukwa cha iwo. Ngati ansembe sanakhutire ndi zolipira kapena kuona kuti sananyozedwe mwanjira iliyonse,akanachita miyambo, mwalawo sukanakhala kuti sipadzakhala nsomba yowonjezera.

Panthawiyo, wansembe wa Katolika atabwera ndipo analalikira motsutsana ndi kupembedza mafano, kunena kuti m'malo mwake anthu azilambira Yesu, Mulungu wowona. Amishonalewa adati anthu ayenera kusankha kuti akufuna kupembedza, Yesu kapena fano. Amishonalewa adagwiranso ntchito kukhazikitsa sukulu komanso chipatala kuti anthu am'deralo.

Panali kugawanika pagulu. Iwo omwe anali okhulupilika ku Mwala Waukulu Womwe Ukusilira, makamaka iwo amene apindula ndi miyambo, miyambo ndi zolipira sizinali zachimwemwe za uthengawu. Anaona kuti zikuwopseza ndalamama zawo. Komabe anthu ena ambiri amakhulupirira uthenga wabwino wa Yesu poona

momwe chikondi cha Yesu chinali chilili mdera lawo kudzera ntchito ya amishonale. Anthu adayamba kumvetsetsa kuti anthu onse akhoza kubwera kwa Yesu – sayenera kukhala wansembe, sanafunikire kupereka.

Popita nthawi, mawu a Mulungu amalankhula ndi anthu ambiri. Anthu adawona kusintha komwe kudabwera mdera lawo kudutsa sukulu ndi chipatala. Ngakhale ana a ansembe adalandiridwa m'sukuluyi ndipo izi zidayankhula mwamphamvu pagulu. Anthu anayamba kusankha kukhulupirira Yesu, napembedza iye ndipo sakupembedzanso Mwala Waukulu Womwe Ukusilira. Anthu ankadalira Mulungu kuti awaperekere zosowa zavo zonse komanso kuti asiye kupembedza mafano. Kumverera kwa umodzi ndi kumezana kunakula nthawi. Dongosolo lakale lotani mwakale momwe wansembe adagonjetsedwa ndi anthu adagonjetsedwa ndipo anthu onse adazindikira kuti iwo amakondedwa ndi ofanana m'maso mwa Yesu. Izi zinali ngati chozizwitsa pagulu.



Vunga la Baibulo

Werengani 1 Mbiri 16:23-27 kwa gululi:

²³*Rira kwa Ambuye, dziko lonse lapansi;
lengezani chipulumutso chake tsiku ndi tsiku.*

²⁴*Ndiponi ulemerero wake pakati pa amitundu,
zochita zake zodabwitsa pakati pa anthu onse.*

²⁵*Pakuti Yehova ndi woyenera kutamandidwa;
ayenera kuopedwa pamwamba pa milungu yonse.*

²⁶*Pakuti milungu yonse ya amitundu ndi fano,
koma Ambuye anapanga zakumwamba.*

²⁷*Kodi ali pamaso pake;
m'phamvu ndi chisangalalo zili pamalo ake okhalamo.*



Kodi mawu oti 'mawu akuti' amatanthauza chiyani?

Kulambira kwa mawu kunachokera ku mawu akale achi English 'amagwirizana' kwambiri ndi mawu amakono. Kupembedza ndikuvomereza kufunikira kwa munthu amene akulambira. Tikamalambira tikuwonetsa kuti timadzipereka komanso

kudzipereka kwathu.

Kupembedza kumatha kutenga mitundu yambiri ndikuwongolera zinthu zosiyanasiyana. Anthu akhoza kupembedza Mulungu, milungu yina (mafano) kapena zinthu zakuthupi monga ndalamana, banja kapena gulu la mpira. Miyoyo yathu imakonda kuwonetsa kuti ndi iti yomwe timalambira. Komwe timakhala komwe timakhala nthawi yathu, momwe timachitira ndi momwe timagwiritsira ntchito chuma chathu chimavumbula zinthu zowona za kupembedza kwathu.

Kodi Akhristu amapembedza ndani?

Monga Akhristu, timapembedza Mulungu wa m'Baibulo. Vesi lathu la Baibulo masiku ano limatiwonetsa gawo laling'ono la mkhalidwe wake ndipo timadziwa zambiri za iye wonse Baibulo lonse la Baibulo lonse.

Kukambirana

5
Mphindi

Funsani gulu kuti ayang'anenso pagawo la lero, 1 Mbiri 16:23-27 ndipo kambiranani mafunso awiriwa:

- Kodi ndimeyi ikutiuba chiyani za Mulungu ndi chikhalidwe chake?
(Yankho ikhale izi zakuti ndi wamukulu ndipomayenela matamando, aopewe pamwamba pa mafano ena, analenga miamba, ndiwa bwino, Walemekezeka, wamphamvu ndipo wachisangalalo.)
- Kodi ndimeyi ikutiphunzitsa chiyani?
(Mayankho ayenera kuimba kwa Ambuye, kulengeza za chipulumutso chake tsiku lililonse, kumalengeza ulemerero wake ndikunena za ntchito zake zodabwitsa kwa anthu onse.)



Kwa Akhristu, kupembedza ndi kulengeza kwa anthu komanso zachinsinsi za chikhalidwe chodabwitsa ndi ntchito za Mulungu. Tikhulupirira kuti ndiye mlengi wa dziko lapansi, wamphamvu kwambiri kuposa onse, ndipo Tate wachikondi Mulungu amene

adatumiza Mwana wake Yesu kuti atipulumutse ku machimo athu. Tikhulupirira kuti akupitiliza kugwira ntchito m'miyoyo yathu kudzera mwa Mzimu wake Woyerera.

Cholina cha kupembedza kwathu ndi kulemekeza Mulungu m'njira zambiri. Tikamalambira tiyenera kutero mwaulemu, kukumbukira kuti Mulungu ndani ndi malingaliro athu pamaso pake. Popembedza timabwera kwa Mulungu ndipo timazindikira kuti iye ndi woyerera, ndipo timadziperekira ndi moyo wathu kwa iye.

Kodi cholinga cha kupembedza Mulungu ndi chiyani?

Cholina chathu choyamba pamene Mulungu ali ndi ulemerero wa Mulungu. Kukhulupirika kwathu koyamba ndi kwa iye monga Mfumu ya Mafumu ndi Mbuye wa Ambuye, kupitirira ndi kukhulupirika kwina konse. Tikamalambira Mulungu tikumupatsa ulemu ndi kuvomereza kuti iye ndi woyenera. Munjira timakhudzidwano zauzimu. Tikamalambira Mulungu tikumupatsa iye malo omwe anali oyenera m'miyoyo yathu ndipo tidzayang'aniridwa ndi zofuna zake. Kupembedza kwathu kungakhale chiyambi cha ulaliki kwa anthu otizungulira.

Tiyenera kusamala kuti kupembedza kwathu kulibe matamando opanda pake kapena opanda pake. Ngati tiiwala kuyang'ana pa omwe tikulambira komanso kuyang'ana kwambiri zomwe tikuchita, tidzasiya kupembedza popanda kuvutitsidwa ndi Mulungu. Zikhala ngati kuita ku konsati kapena shopu!

Kodi tipembedyani?

Kupembedza kumatha kutenga mitundu yambiri. Titha kulemekeza Mulungu kudzera mu pemphero ndi kuthokoza, kuulula machimo athu, kupempherera ena ndi ntchito wamba kapena zosankha. Kupembedza kuyenera kukhala pakati pa miyoyo yonse ya Akhristu komanso limodzi tiyenera kukhala gulu lolambirira. Tikamapembedzana, wina ndithu.

Nsembe nthawi zonse yakhala gawo lopembedzera. Mu Chipangano Chakale nyama zinaperekedwa nsembe kuti anthu azilambira

Mulungu. Mwachitsanzo tikuwona Abrahamu akumanga guwa la Ambuye kuti apange nsembe (Genesis 12:8 ndi 13:3-4). Komabe sizikufunikirano chifukwa Yesu yekha pa mtanda wake pamtanda m'malo mwathu, kulola kuti tonsefe tizilambira Mulungu mwaulere ngati timakhulupirira lye kudziwa machimo athu kuti akhululukidwe. Kupembedza kumayankha ku chikondi cha Mulungu ndi moyo, ntchito ndi kuuka kwa Yesu.

Mu Chipangano Chatsopano, kuphatikizirano zinthu zotsatirazi: kuyamika, kupemphera, kulalikira, zopereka ndi sakrament (chochitika chowoneka chomwe timachita ngati chizindikiro cha chinthu chomwe Mulungu wachita m'kati mwathu chinthu chowoneka). Izi zidakali gawo la kulambira kwathu masiku ano chifukwa chake tiwona izi tsopano.



10
Mphindi

Zochita

Gawani gululi m'magulu asanu. Patsani gulu lililonse mwatsatanetsatane kuti alambre pansipa. Afunseni kuti awone zomwe Baibulo imatiphunzitsa za mtundu wopembedza umenewo poyang'ana mavesiwo ndi ena aliyense amene angaganize.

Patatha pafupifupi mphindi 5 abweretse maguluwo ndikuwafunsa kuti agawane zomwe aphunzira. Mukuyang'ana mayankho amtundu woperekedwa pansipa gulu lirilonse.

Gulu 1 - Pemphero: Tawonani pa Miyambo 15:8, 1 Atesalonika 1:2 ndi 1 Timoteo 2:1.

- Mapemphero atha kukhala mapemphero a kuthokoza, kuulula, kupembedzera ndi kupembedza pagulu.

Gulu 2 - Matamando: Tayang'anani pa 2 Samueli 22:50 ndi Akolose 3:16.

- Kutamandidwa kumatha kukhala kuyimba kwa nyimbo (chokorose) kapena masalimo
- Kungakhale kukufotokozerani zabwino za Mulungu ndi ukulu

Gulu 3 - Kulalikira/kuphunzira mawu a Mulungu: Tayang'anani pa

Masalimo 1:2-3 ndi Machitidwe 18:5.

- Timalangizidwa kuti tisangalale ndi mawu a Mulungu
- Titha kulemekeza Mulungu pophunzira mawu ake, ndikuloweza, kuphunzitsa ndi kuwalalikira komanso kuikira mu kumvera iye.

Gulu 4 - Zopereka: Tayang'anani pa 1 Akorinto 16:2, 2 Akorinto 8:1-4 ndi 2 Akorinto 9:7.

- Kupereka (almsgivits zopeleka), kupita ku ntchito ya anthu okhulupirika
- Kupatsa kopatsa ndi mokondweretsa

Gulu 5 - Sakaramenti: Onani pa Mateyo 28:18-20, 1 Akorinto 10:16 ndi 1 Petro 3:21.

- Ubatizo umathandizango kupembedza. Ndi chizindikiro chakunja kwa moyo wathu watsopano ndi Mulungu.
- Kugawana Mgonero Woyeria ndi njira yolambiriramo. Zimatimanga limodzi ngati gulu la chikhulupiriro komanso ubale wamuyaya ndi Mulungu.



Nthawi zambiri timayimba nyimbo zopembedzera, koma kupembedza sikongopeka chabe: monga momwe timawerengera vesi lathu lokumbukira, miyoyo yathu yonse iyenera kuhala mchitidwe wopembedza Mulungu.

Mika 6:6-8 ndi Amosi 5:21-24 gulu lolambira limapatsidwa ntchito yomveka bwino yosonyeza kuyera kwa Mulungu pazomwe amachita. Izi zikutanthauza kuti tiyenera kuwonetsa ulemerero wa Mulungu kudzera mu misonkhano yathu yachifundo yochitira chifundo kwa anansi athu (onani Mateyo 22:36-39 ndi Aroma 12).

Kudzicepeta ndi chiyambi cha kupembedza. Chifukwa chake tikaphunzira kutumikira Mulungu modzichepeta pomuchitira chifundo kwa anthu omwe timatilamulira.



Tsopano lembani zomwe mwaphunzira. Sankhani njira 1-2 zopembedzera ndikugwiritsa ntchito kuti azigwiritsa ntchito mphindi

10 ndikupembedza Mulungu limodzi.



Kukambirana

Monga gulu kukambirana mafunso otsatirawa:

- Kodi tingaphatikizepo bwanji aliyense pa kulambira kwathu?
- Kodi pali chilichonse chomwe chimatigawanika ndipo chimatiletsa kupembedza ngati gulu? Ngati ndi choncho, ndi chiyani? (Ngati pali chilichonse chomwe chidzawukitsidwa, ndibwino kulola nthawi kuti gululo lipereke limodzi, mwina powatsogolera mu pemphero la kulapa.)
- Kodi ndizotheka kuti madera athu akugogomezera ziphunzitso kapena zikhulupiriro m'malo mwa chikhulupiriro ndipo chimatha ndi kupembedza chabe?



Pemphero

Gawani gulu m'magulu a anthu atatu kapena anayi. Afunseni kuti azipempherera zinthu zotsatirazi:

- Muzipemphera wina ndi mnzake komanso mdera lathu, kuti tikhoze kulambira kwathu konse kwa Mulungu. Tipemphere kuti zifanizo zina zilizonse zidzaululidwa ndikuyika pambali.
- Kuulula machimo omwe anachita.
- Dziperekeni, ndikuchitapo kanthu, kupembedza Mulungu mogwirizana, kukondana wina ndi mnzake ndi kuchitira zinthu limodzi pakafunika kukhala.



Zochita sabata ino

Sabata ilyonse pali homuweki yoti tichite. Sabata ino, khalani ndi nthawi tsiku lililonse pakupembedza Mulungu. Onani ngati mutha kukumana ndi ena kuchokera pagulu kuti mulambire Mulungu limodzi. Funsani Mulungu kuti akuwonetseni zinthu zomwezikufunika kusintha m'moyo wanu kuti mukhale 'nsembe yamoyo.'



Mboni

Fotokozerani kuti tikamalambira Mulungu, akubwera ndi moyo watsopano. Kudzera mu kupembedza kwathu, anthu ena amatha kuwona ulemerero wa Mulungu ndipo amamudziwa iye, kupeza moyo watsopano mwa iye.

Sabata ino, pembedzani Mulungu mwa kuuza munthu amene mumamuona zabwino za Mulungu. Funsani Mulungu kuti akuthandizeni kudziwa munthu woyenera kuti mukalankhule naye. Mutha kukhala ndi munthu ngati ali ndi nkhanzi yokhudza zabwino za Mulungu kapena ngati akufuna kudziwa zambiri.

Apempheni kuti ayanjane nanu kutchalitchi kapena gulu lanu kuti mulambire Mulungu nanu.

Mzimu Woyer Amapereka

Moyo



'Imabatiza ndi madzi alape. Koma nditabwera munthu wamphamvu kuposa ine, yemwe sindiri woyenera kunyamula. Iye adzakubatizani ndi Mzimu Woyer Amapereka ndi Moto.'

Mateyo 3:11



Kukonzekela

Zomwe mukufuna kuti muganizire:

- Kudulikitsa kapena nthambi, pafupifupi 20cm, kwa aliyense m'gululi
- Bokosi la machesi

Ukhale nayo:

- Adafunsa wina m'gululi kuti awerenge nkhaniyi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?



5
Mphindi

Takulandirani & Mayankho

- Athokozeni aliyense kuti abwere pagululi.
- Yambani ndi pemphero lalifupi, losavuta.
- Funsani gulu kuti achitepo kanthu 'Zochita sabata ino' ndi 'Mboni' kuchitira umboni kuyambira sabata yatha.
- Pemphani anthu kuti agawane chilichonse chomwe aphunzira kapena adziwa ntchito imeneyi.



Kulunjika

Cholina cha gavo sabata ino ndikumvetsetsa kuti kakhala Mkristu sikuti pongodziwa za Yesu kapena kum'khulupirira. Yesu adalonjeza kuti adzatumiza Mzimu wake Woyeru kuti akakhale mkatyi mwathu ndipo kuti Mzimu Woyeru ukhale gwero la moyo watsopano m'mizimu yathu.



5
Mphindi

Vesi Loloweza

Werengani vesi lokumbukira kukumbukira ndi kutchula Baibulo mokweza gulu. Werenganininso m'magawo ang'onoang'ono, kupangira gulu kuti mubwerezze gavo lililonse mukatha.

Pang'onopang'ono muziwerenga m'magawo aatali ndi gululi kubwerezza chilichonse mpaka aliyense angathetse vesi lonse. Limbikitsani anthu ena kuyesa ndikubwerezza okha.

Imabatiza ndi madzi alape. Koma nditabwera munthu wamphamvu kuposa ine, yemwe sindiri woyenera kunyamula.



Nkhani

Werengani nkhani yotsatirayi ku gululi:

Chikhulupiroiro chimakhala pachilumba pakati pa Okavango Delta, Northern Botswana. Derali limadziwika ndi nyama zake zamtchire ndipo ndi imodzi mwa malo abwino kwambiri padziko lapansi kuti muwone mitundu yosowa ya mbalame. Chikhulupiroiro ndi banja lake zinakula mitundu yambiri zamasamba zomwe amagulitsa pamtunda. Masiku ake amakhala akufesa, ndikugulitsa ndikugulitsa zokolola kudyetsa banja lake.

Ngakhale panali malo otchuka kwambiri, moyo ndi zovuta kwa Chikhulupiroiro ndi banja lake. Katatu pa sabata Chikhulupiroiro chimafunika kuwoloka mtsinje wa delta, madzi ambiri, kugulitsa banja lake kumsika wam'deralo. Amayenda m'bawato laling'ono lamadzi lomwe lili ndi nyama ngati ng'ona ndi mvuu.

Bwato lake ndi laling'ono la makoro, lomwe linali losalala kwambiri ngati bwato. Amasuntha makoro pogwiritsa ntchito mapiritsi, opangidwa ndi nthambi zamatengo. Ndi ntchito yovuta ndipo ngati yotentha, ndiyovuta. Nthawi zambiri amatopa kwambiri pofika nthawi yayitali. Sangonyamula zokha, amakhalanso wonyamula zokolola. Chimate phwetekela amalemera kwambiri makoro ochepa.

Pali mphepo yambiri mu dera la Okavango. Tsiku lina pomwe akumva kutopa kwambiri, adamva kuti mphepo imatsuka nkhopo yake ndipo anali ndi lingaliro. Adadzifunsa ngati angagwiritsa ntchito mphepo yomweyo kuti ulendowo ukhale wosavuta. Kunyumba adapanga chidutswa chachikulu chachikulu kwambiri, ndikusoka icho pamodzi ndikuchimanga ndi chingwe ku bwato. Adaganiza kuti nthawi yotsatira mphepoyo idabwera iyesa china chake.

Tsiku lina, Chikhulupiroiro chinali chakuyenda kumadzi kupita kumsika ndipo kunabwera. Mphepo inali yamphamvu kwambiri

ndipo inali yoponya bwino. Mwansanga, adaponya nsaluyo ndipo idatsegulira mlengalenga. Kunali bwato lalikulu kwambiri kuti atulutse bwato. Mphepo idadzaza bwato ndikuyamba kukoka makoro. Kuyamba ndi kudali wamphamvu kwambiri kunatsala pang'ono kukokera makhoro mpaka m'madzi. Poyerekeza ndi kudekha kunali kwachangu kwambiri. Kwa nthawi yoyamba m'moyo wake anali kuyenda pa likilo m'malo monyamula bwato. Mphepo m'malo mwa manja ake anali kumangirira ulendo wake.

Monga Chikhulupiroiro titha kuvutika kuti tisinthe m'miyoyo yathu ndi dziko lapansi podalira ife mphamvu zathu zokha. Monga momwe Akhristu, timatha kulowa ndi Mzimu Woyerwa wa Mulungu, mphepo yake, kupereka mphamvu kuti tisinthe ndi kusintha kwa ife. Udindo wathu ndikungomuyitanira m'miyoyo yathu, kuti ayang'ane gulu kumphepo.



Vunga la Baibulo

Werengani Mateyo 3:11-17. Zimayamba ndi John Mbatizi kuyankhula.

¹¹'Imabatiza ndi madzi alape. Koma nditabwera munthu wamphamvu kuposa ine, yemwe sindiri woyenera kunyamula. Iye adzakubatizani ndi Mzimu Woyerwa ndi moto. ¹²Lembo la litakhomera lili m'manja mwake, ndipo adzagwedeza pansi pake, nasonkhanitsa tirigu wake m'khola ndi kuwotcha mankhusu ndi moto wosazimitsika.'

¹³Pomwepo m'mene Yesu anadza ku Galileya kumka ku Yordano kuti abatizidwe ndi Yohane. ¹⁴Bulu Yohane adayesa kumletsa, nati, 'Ndifunika kubatizika ndi inu, ndipo mumabwera kwa ine?'

¹⁵Ndipo Yesu anayankha, 'Zikhale choncho tsopano; m'poyenera kuchita izi kuti tikwaniritse chilungamo chonse.' Kenako Yohane anavomera.

¹⁶Posachedwa Yesu atabatizidwa, anakwera m'madzi.

*Pamenepo kumwamba kumeneku kunatseguka, ndipo iye
anawona Mzimu wa Mulungu ukutsika ngati nkhunda
kumutsitsa.¹⁷ Ndipo mawu ochokera kumwamba anati, 'Uyu
ndiye Mwana wanga, amene ndimamukonda; ndikondwera
naye.'*



Yohane M'batizi anatumidwa ndi Mulungu kulengeza kukakonzera anthu kudza kwa Yesu. Lembalimu Baibulo mu Mateyu analemba nkhani ya Yesu kubatizidwa mu Yordano ndi Yohane Mbatizi. Pali mapunziro kuti ife tingakhoze kupunzira kwa icho.

Yohane anadziwa Yesu anali

Yohane M'batizi anali munthu. Iye anali kuitana kwa Mulungu kulengeza Yesu koma iye ankadziwa malo wake m'dziko lino. Iye ananena kuti, 'pambuyo panga pakubwera wina amene ali wamphamvu kuposa I' (vesi 11). Yohane sanali Yesu; iye anali chabe kapolo wa Mulungu. N'chimodzimodzinso ndi ife. Nthawi zambiri anthu kumachita ngati iwo ndi amene angathandize kapena kupulumutsa anthu. Izisiziri zoona. Tiyenera kukhala amadziwa za moyo wathu pamene tikuyembekezera Mulungu kuti ntchito mwa ife ndi mwa miyoyo yathu. Ndi Mzimu Woyeram amene amapereka moyo kwa ife ndi kwa ena.

Mu uthenga wabwino wa Yohane, pamene Yesu anali akuyandikira mtsinje kuti abatizidwe, Yohane akufuula, 'Taonani, Mwanawankhosa wa Mulungu' (Yohane 1:36). Masiku ano, zikuoneka chinthu zododometsa kwambiri kunena. Zikutanthauza chiyani? Mwanawankhosa anali kale ntchito mu chipembedzo Chachiyuda nthawi monga nsembe ya machimo a anthu. Mwanawankhosa adzaperekedwa nsembe kwa Mulungu ndipo kupyolera mwa ndondomeko anthu ziyeretsedwe machimo awo bwino kachiwiri ndi Mulungu. Iwo sakana kuchita izo okha okha.

Mu njira yomweyo, Yesu anali mwana wa nkhosa wa Mulungu. Iye anali mmodzi amene Mulungu anamtuma kukhala nsembe chifukwa cha machimo a dziko. Yohane anadziwa zimenezi ndipo anakuwa kuti, 'Onani mwanawankhosa wa Mulungu.' Yohane anali

kumuzindikira kuti ndi ntchito ya Mulungu kuti chikadzavala ife mu malo bwino ndi Mulungu. M'chizungumo, Mzimu wa Mulungu amatipatsa moyo.

Yesu kubatizidwa ndi Mzimu Woyera ndi moto

Pamaso pa Yesu kunawathandiza ophunzira ake, iye analonjeza kuti adzawatumizira mphatso: Mzimu wace Woyela kukhala mkatı mwa iwo. Mzimu Woyera, monga Yesu, amadziwa Mulungu amabwera mu miyoyo yathu pa pempho lathu ndi kuvumbitsira pamaso pa Mulungu ndi mphamvu zathu kwa aliyense wa ife. Baibulo limanena za kubatizidwa, kapena kudzazidwa ndi Mzimu Woyera wa Mulungu.

Kodi zikutanthauza kuti Yesu amatibadwitsa ndi moto? Moto ndi chithunzi ntchito Baibulo kulankhula za Mzimu Woyera kukhala amphanmu ndipo ankakwiya kwambiri. Moto amaukolezano ndi sizingawononge. Mukaonera chitsamba moto kulikonse mu dziko, moto wotentha onse pamaso pa izo. Mphamvu ya Mulungu kutentha zizolowezi ndi maganizo amene tikhale kutali ndi Mulungu.

Chithunzi china kuti Baibulo limagwiritsa ntchito ndi mphepo yamphamvu. mawu amene Baibulo limagwiritsa ndi 'ruach,' ichitu aakulu kuwomba m'moyo wathu. Ife sanalenge tokha ntchito zonse mu moyo wathu. Ngati kupalasa Chikhulupiriro ku nkhanı yathu, moyo wathu ndi kudzazidwa ndi Mzimu wa Mulungu.

The pano Mzimu Woyera mu miyoyo yathu osati amatipatsa moyo, koma amatilola kupereka moyo kwa aliyense womuzungulira ife.

Zochita


5
Mphindi

Pa ntchitoyi mudzafunikira ndodo kapena kugwedeza katundu aliyense mgululi. Pamene ntchitoyi ikukhudzana ndi moto, chonde pitani kumalo otetezeaka kunja kwa nyumba. Ngati ana aliwonse akutenga nawo mbali mu ntchitoyi ayenera kutsagana ndi wamkulu ndi wamkulu.

- Tengani ndodo yanu ndikuyatsa moto ndi machesi kapena mafayilo oyendayenda.

- Pamene ndodo ikhale yowonekera bwino, fotokozani momwe izi ndizomwe Mulungu amachita ndi moyo wathu. Amayatsa moto ndi Mzimu Woyer. Moto umaimira umulungu ndipo tikukhala ndi moyo. Onetsetsani kuti aliyense akumvetsa izi.
- Kuyatsa ndodo ya munthu aliyense kuchokera kwanu. Mukamachita izi, fotokozani momwe umu ndi momwe Mzimu umaperekera moyo. Aliyense wa ife timadutsa pa uthenga wa Yesu kwa anthu ena nawonso atha kulantira mphatso ya moyo watsopano. Mzimu Woyer amabwera ndipo amatiyatsanso zonse.
- Funsani mmodzi kapena awiri pagululo kuti awonetsetse njiti ya ena komanso kuwonetsa kuti moyo utha kudutsa kwa munthu wina kupita kwina.

Yohane ndi Yesu amadziwa Mzimu

Kodi zikuwoneka kuti zachilendo kuti Yesu ndiye anafunika kubatizika? Yesu anali munthu kwathunthu ndipo mwamuna wathu ndi Mulungu, munthu ndi waumulungu. Nyimbo yakale yotchuka imati Mulungu 'adzikhuthulira yekha koma amakonda' kuti abwere mu mtundu wa Yesu kudziko lapansi ndi kutipulumutsa.

Koma Yesu, monga munthu aliyense, amafunikirabe Mzimu Woyer kuti akwaniritse zomwe Mulungu, Atate wake, adafuna kuti akwaniritse. Yesu atabatizidwa, Mzimu Woyer anatsikira pansi; anthu adaona zomwe zimawoneka ngati nkhunda. Ngati Yesu mwiniyo ndipo Yohane Mbatizi amafunikira moyo wa Mzimu Woyer, ndiye ifenso ife!

Zochita

Ngati Yesu mwiniyo anafunika kuti Mzimu Woyer ukhalepo ndiye kuti ifenso ndi zochuluka motani? Kuti mudzazidwe ndi Mzimu Woyer timafunikira koyamba kunena kuti 'inde' kwa Mulungu ndikumupatsa chilolezo kuti azikhala ndi moyo m'miyoyo yathu.

Funsani gululi ngati pali wina amene angafune kuchita izi. Ngati pali pempheroli ndi iwo powerenga mzere umodzi nthawi imodzi

ndikuwafunsa kuti abwerezze pambuyo panu.

*Ambuye Yesu, ndikufuna kudzazidwa ndi Mzimu Woyera wanu.
Zikomo chifukwa cha mphatso ya moyo watsopano womwe
mumandipatsa.*

Masiku ano, ndimasankha kalandira mphatsoyi.

*Pepani chifukwa cha njira zomwe ndakhala nazo;
chonde bwerani ndikukhala mwa ine*

*ndipo ndithandizeni kukhala moyo wanga wonse chifukwa cha
inu.*

*Ndidzazen i ndi Mzimu Woyera wanu ndikundipanga kukhala
watsopano.*

Ameni.

Kukambirana

Pali mafunso atatu oti mulankhule m'magulu 3 kapena 4.

Mukamaliza kukambirana, pangani nthawi yodyetsa gulu lonse
lonse. Ndi kofunika kuti aliyense aphunzire kwa wina ndi mnzake.

- Kodi mudakumana ndi Mzimu Woyera kale? Zinali bwanji?
- Ndi magawo ati m'miyoyo yathu omwe amatha kusintha
bwino ndi Mzimu Woyera?
- Kodi pali chimo lililonse m'moyo wathu lomwe tiyenera
kumasulidwa? Ngati sitikudziwa machimo omwe ali, funsani
ngati pali mbali za moyo wathu zomwe zimatipangitsa
kukhala olakwa kapena oyipa.

Onetsetsani kuti mukugwiritsa ntchito nthawi yayitali kukambirana
ndi gulu lonselo.

Pemphero

M'Baibulo akuti tiyenera kuyika manja wina ndi mzake
tikamapemphera. Aliyense m'gululi ayenera kupemphedwa m'modzi
ndi m'modzi. Funsani aliyense pagululo kuti asonkhane mozungulira
munthu amene akupemphereredwa ndi kuyika manja pa iwo.
Pamodzi, apempherere kuti abatizidwe (odzazidwa) ndi Mzimu
Woyera. Yembekezerani kuwona umboni wa Mzimu Woyera



10
Mphindi



15
Mphindi

ukudzazidwa anthu: ena angaseka, kulira, khalani, ndi mtendere kapena chisangalalo chonga kale. Landirani Mzimu Woyera kuti mugwire ntchito yake yabwino pagululi.

Gulu likamachita izi, mwina mungazindikire kuti anthu ena ali ndi vuto losayembekeze ka, kapena kusokonekera. Ena akhoza kuwakonda kwambiri. Mutha kuwona anthu ena akuyamba kuwonetsa machitidwe omwe siabwinobwino; zili ngati mzimu ukudzionetsera pawokha mwa iwo. Chilichonse chomwe chimachitika, kumbukirani kuti Ambuye Yesu Khristu amayang'anira. Musachite mantha kapena kuchita mantha. Ingodzudzulani mzimu kuti mukhale chete ndikuulamula kuti atuluke mwa munthuyu dzina la Ambuye Yesu. Sitingathe kuchita zinthu izi mu mphamvu zathu zokha; ndi mu mphamvu ya Yesu yokha.

Mzimu atachoka kapena munthu amene wakhumudwitsidwa agwada pansi, ndi nthawi yofunsa Mzimu Woyera kuti abwere kudzaza munthu ameneyo kuti adzasewerere. Izi ndizofunikira kwambiri ndipo zitsimikizire kuti munthuyu amapita paubwenzi wawo ndi Yesu.

Tipempherere aliyense mgululi, m'modzi m'modzi. Mutha kupemphererano mbali zonezi zomwe anthu akukumana nazo zomwe mwina zatchulidwa m'nhaniyi.



Zochita sabata ino

Sabata iliyonse pali homuweki yoti tichite. Tsiku lililonse muzipemphera nokha ndipo anthu onse omwe mwalankhula ndi ntchito ya mboni zomwe tachita, kuti Mzimu Woyera wa Mulungu abwere ndi kukupatsani moyo.



Mboni

Fotokozerani gulu kuti cholina cha Mulungu sichingobweretsa Mzimu Woyera womwe umangokhala moyo Wabwino M'miyoyo yathu. Ganizirani za anthu onse omwe mwalankhula nawo pazomwe tachita. Yesu akufuna kubweretsa moyo wake kwa onse ndi anthu ena ndi zochitika zavo. Izi ndi monga zinaliri ndi Yesu pamene anali

padziko lapansi. Mzimu Woyeru unabwera kwa iye ndi kwa anthu onse kudzera mwa iye.

Sabata ino, aliyense payekha kapena pagulu lanu, apemphe Mzimu Woyeru kuti afotokozere inu zonse zomwe mungathandize mdera lanu. Pempherani limodzi kuti Mzimu Woyeru wa Mulungu udzakhudzanso nkhaniyi ndikumufunsa zomwe muyenera kuchita pothetsa nkhaniyi.

Chidule Gawo



**'Chifukwa chake, ngati wina aliyense ali mwa
Khristu, cholengedwa chatsopano chafika:
wakaleywo wapita, watsopano ali pano!'**

2 Akorinto 5:7



Kukonzekela

Zomwe mukufuna kuti muganizire:

- Cholembera ndi pepala

Ukhale nayo:

- Adafunsa wina m'gululi kuti awerenge nkhaniyi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?
- Anafunsa aliyense kuti abweretse cholembera ndi pepala lina?



Takulandirani & Mayankho

5
Mphindi

- Athokozeni aliyense kuti abwere pagululi.
- Yambani ndi pemphero lalifupi, losavuta.
- Funsani gulu kuti achitepo kanthu 'Zochita sabata ino' ndi 'Mboni' kuchitira umboni kuyambira sabata yatha.
- Pemphani anthu kuti agawane chilichonse chomwe aphunzira kapena adziwa ntchito imeneyi.



Kulunjika

Cholinga cha gawo sabata ino ndikudzikumbutsa tokha pankhani zazikulu zomwe **Maziko M'buku 1** ndikuyang'ana m'tsogolo zomwe zikubwera mu Buku 2.



5
Mphindi

Vesi Loloweza

Werengani vesi lokumbukira kukumbukira ndi kutchula Baibulo mokweza gulu. Werenganiniso m'magawo ang'onoang'ono, kupangira gulu kuti mubwereze gawo lililonse mukatha. Pang'onopang'ono muziwerenga m'magawo aatali ndi gululi kubwereza chilichonse mpaka aliyense angathetse vesi lonse. Limbikitsani anthu ena kuyesa ndikubwereza okha.

*Chifukwa chake, ngati wina aliyense ali mwa Khristu,
cholengedwa chatsopano chafika: wakaley wapita,
watsopano ali pano!*

2 Akorinto 5:17



Nkhani

Werengani nkhanzi yotsatirayi ku gululi:

Pali tawuni yaying'ono ya m'mphepete mwa UK yotchedwa Whitby. Ndiotchuka chifukwa cha usodzi, pakati pa zinthu zina. Zaka zana zapitazo nyumba zambiri zidamangidwa mtawuni kuti zigwirizane ndi asodzi ambiri. Analu nyumba zazing'ono, zomangidwa pamtunda wotsika mtengo pafupi ndi m'mphepete. M'zaka zaposachedwa nyumbazi zakhala nyumba za tchuthi kwa alendo omwe akufuna kupita kuderali ndipo ali ndi lingaliro labwino la nyanja.

Mu 2012 padali mvula yambiri komanso nyengo yoyipa ndipo panali malo omwe panali malo omwe nthaka ija pafupi ndi nyumba zisanu pafupi ndi nyanja idayamba kupita. Nyumbazo zidayamba kugwa ndipo anthu okhala mkatu amayenera kutuluka mwachangu. Nyumba zonse zidawonongeka ndipo panali kuwonongeka kwinanso nyumba zoypandikana nazo pansi.

Ngakhale anali malo okongola okhala, tsopano ndi owopsa kwambiri kuti mukhale oyandikana nawo kwambiri ndipo ntchito yambiri ikuchitika kuti ayesere nyumba zina zapafupi.



Vunga la Baibulo

Werengani Mateyo 7:24-27 kwa gulu:

²⁴*Chifukwa chake aliyense amene amva mau angawa ndi kuitsatira ali ngati munthu wanzeru amene adamanga nyumba yake pathanthwe.* ²⁵*Mvula inagwa, mitsinje idakwera, ndipo mphepo zimawomba ndi kumenya nyumba ija; komabe sichinagwe, chifukwa inali itakhala maziko ake pathanthwe.* ²⁶*Koma aliyense amene amvera mau anga, ichi sazichita ali ngati munthu wopusa amene adamanga nyumba yake pamchenga.* ²⁷*Mvula inagwa, mitsinje idakwera, ndipo mphepo zidawomba ndi kumenya nyumba ija, ndipo zidagwa ndi ngozi yayikulu.*



5

Mphindi

Kukambirana

Funsani gululi ngati adziwapo nyumba.

- Kodi akanaganiza kuti malo abwino omanga kuti?
- Kodi pali malo oyipa omanga kuti?



Yesu anena nkhani ya amuna awiri, m'modzi womanga nyumba yake pa mchenga, ndi inayo amene amaimanga pathanthwe. Mphepo yamkuntho ikadzabwera, m'mene iwo amatsatira, nyumba yomwe idamangidwa pamchenga idawonongedwa, pomwe nyumba yomangidwa pathanthwe idakhalapo. Nkhani zathu zonse zimatiphunzitsanso phunziro lofunika kwambiri: ngati sitipeza maziko athu ndiye chilichonse chomwe tikumanga zidzagwa pomwe namondwe akubwera. Komanso kukhala malangizo abwino othandiza, imeneyi ndi malangizo auzimu kwa ife. Monga Akhristu timakhulupirira kuti ndikofunikira kumanga miyoyo yathu pamaziko olimba; m'malo mwake Mulungu amatchedwa 'Thanthwe' m'Baibulo. M'bukuli, ndipo nthawi yonseyi **Maziko** zonsezi tikuphunzira momwe tingapezere moyo watsopano mwa Mulungu, komanso momwe tингalimbiksire kuti moyo ndi maziko pathanthwe.

Zimatenga nthawi kuti mumange china pathanthwe, katalika kwambiri kuposa momwe zimakhalira pamchenga. Ichi ndichifukwa chake anthu ambiri amayesedwa kuti atenge msewu wamfupi. Koma Baibulo imatiuza kuti tizikhala mosiyana. Mu Mateyo 7:13-14 Yesu akuti:

¹³*Ndipo kudzera pachipata chopapatiza. Chifukwa chipata chiri pachipata chachikulu ndi chotakata chiri chotakata, ndipo ambiri alowamo.* ¹⁴*Koma kacika kakang'ono ndi chipata ndi chopapatiza njira yopita kumoyo, ndipo owerengeka ndiongopeza.*

Moyo wathu Wachikhrustu ndi ulendo, padzakhala tsoka, mavuto, mavuto ndi zikondwerero koma ngati tikhala okhazikika pathanthwe ndiye kuti titha kuthana ndi chilichonse.



Zochita

15
Mphindi

Ndikayang'ana m'gawo lapitalo lomwe mwaphunzira, mufunseni aliyense kuti agawane chinthu chimodzi chomwe aphunzira, adakumana ndi zovuta kapena zomwe zayamba kusintha momwe amaziganizira ndikuchita.



Kuyang'ana M'buku 1: Moyo Uyamba

Mu buku loyamba ili mu mndandanda, **Moyo Uyamba**, tinayambitsa lingaliro la moyo watsopano monga mphatso yochokera kwa Mulungu. Ndi chinthu chomwe ali nacho kwa aliyense wa ife, ngakhale tili ndi ndani kapena zomwe tachita. Monga vesi lathu lokumbukira limatikumbutsa:

*Chifukwa chake, ngati wina aliyense ali mwa Khristu,
cholengedwa chatsopano chafika: wakaley wapita,
watsopano ali pano!*

2 Akorinto 5:17

Tsopano popeza zatsopano zili pano zomwe zikuwoneka bwanji?

Mphatso ya moyo watsopano ikutanthauza kuti ngati timupempha, Mulungu amatimasulira ku moyo wathu wakale wauchimo ndi kuvutika. Sitikulekanitsidwanso ndi iye, koma amatibwezeretsa ku ubale wachikondi ndi iye, womwe ungakhale kwamuyaya. Amabwera kukhala m'mitima yathu ndikuyamba kusinthanso kuchokera mtkati. Amatikonda monga ifenso, koma zochuluka kwambiri kutilola kukhalabe. Pamene tikudziwira Mulungu ndi kuti inde kwa iye ndi zina zambiri, amatenga miyoyo yathu ndikuwapanga kuti tizikhala ofanana ndi lye.

Monga m'moyo timabadwira mu banja, momwemonso ndi moyo wathu mwa Mulungu: timalowa banja lake lonse. Tili ndi abale ndi alongo atsopano, komanso Atate watsopano wa kumwamba. Izi zikutanthauza kuti sitilinsu kukhalira ndi adani kwa aliyense; tiyenera kukhululuka omwe tidalimbana nawo. M'malo mwake pa Mateyo 5:44 Bayibulo limapitilira:

Kondani adani anu ndi kupempherera omwe akukuzunzani.

Monga tanena kale ilo lisanapeze nthawi yoti mumudziwe Mulungu komanso kuti tiyeni tichite nawo banja lathu latsopano. Timafunikira nthawi yake ndi iye ndi nthawi limodzi ndi banja lathu latsopano Lachikhristu. Titha kuchita izi popemphera kwa iye ndikumamumvetsera, kudzera mu kuwerenga ndi kuphunzira Baibulo, komanso pomupembedza yekha motayira kwathu komanso ndi banja lathu latsopano.

Pomaliza timadziwitsa munthu Mzimu Woyera kwa inu, kuti akuwonetseni kuti lye ndi yemwe amabwera kuti adzakhale m'mitima yathu tikamuitanira. Ndi Mzimu Woyera ndi amene amabweretsa moyo, wa Chikhulupiriro. Tinakhala nthawi yopemphera kuti Mzimu Woyera abwere kudzaza miyoyo yathu ndipo amatipatsa ubale womwewo kwa Mulungu.

Kuyang'ana M'buku 2: *Moyo Umamera*

M'buku lotsatira, ***Moyo Umamera***, tidzaphunzira zambiri za Mzimu Woyera ndi zomwe zikutanthauza kudzazidwa naye. Tiphunziranso zambiri za munthu wa Mulungu monga yemwe amatikonda, ndi momwe chikondi chimakhudzira malingaliro athu onse ndi zochita zathu. Tiyamba kumvetsetsa mwatsatanetsatane zomwe imfa ya Yesu pamtanda zimatanthauzanso ndipo momwe Mulungu amatichera.

Ilyonse ya magawowa imatithandizanso kufufuza zambiri za moyo watsopano watsopano womwe tapatsidwa, zidzatitsogolera pa mayendedewe athu, kuunirira malingaliro athu ndipo tikulimbikitsani mitima yathu. Tikukulimbikitsani kwambiri kuti mupitirize kugwirizana ndi ife chifukwa cha ***Maziko M'buku 1***.



Pemphero

Kukumbutsa gulu kuti mulandire mphatso ya moyo watsopano komanso chifukwa chilichonse chomwe aphunzira chikhale chowona kwa iwo ayenera kutenga gawo la chikhulupiriro, ndikupitilizabe kutsatira njira zachikhulupiriro zophunzirira kwa Mulungu. Funsa ngati pali aliyense amene akuphunzirapo kanthu koyamba pa

chikhulupiriro chovomerezera mphatso ya moyo wa Mulungu. Ngati pali pemphero lotsatirali:

*Zikomo Yesu chifukwa chomwalira m'malo mwanga.
Zikomo kuti mwandipatsa moyo watsopano.
Pepani chifukwa chauchimo wonse m'moyo wanga.
Popeza zonse zomwe mwandichitira ndidzakupatsa zonse
zomwe ndili nazo kwa inu!
Ndithandizeni kukhala ndi moyo wanu.
Ameni.*

Tengani kanthawi kuti muthokoze Mulungu pamodzi pazomwe gululi lagawana nthawi yawo yomwe ikuyang'ana **Maziko M'buku 1**.

Atayamika Mulungu ndi kumutamanda, yeserani nthawi yopemphera za zosowa ndi zovuta zilizonse zomwe anthu amgululi angakhal.



Zochita sabata ino

Sabata iliyonse pali homuweki yoti tichite. Pezani thanthwe, kaya pang'ono kuti mutha kugwira dzanja lanu kapena lalikulu lomwe mungakhale kapena kuyimirira. Khalani nthawi zina kuganizira za momwe mwalawo umakhalira wamphamvu. Kenako yambirani kuthokoza Mulungu kuti ndi wamphamvu kwambiri ndipo amamupempha kuti apitilize kumanga moyo wanu pa iye, 'Thanthwe.'



Mboni

Pempherani ndikupempha Mulungu kuti awonetse wina yemwe mungamuyitanire ku msonkhanwa gulu. Lotsatira mukamayamba kuchitira umboni, wina yemwe mudagawana molowera magawo atatu kapena kungopita kukalankhula. Auzeni kuchuluka kwa zomwe mwaphunzira kuchokera pagululo ndikuwafunsa kuti aganizire zokhudzana ndi nthawi ina.

Mavesi Oloweza

‘Ndabwera kuti akhale ndi moyo, ndikukhala nazo mokwanira.’

Yohane 10:10b

‘Ine pano! Ndayimirira pakhomo ndikugogoda. Ngati wina amva mawu anga ndi atatsegula chitseko, ndidzalowa ndi kudya ndi munthu ameneyo, ndipo iwowa ndi ine.’

Chivumbulutso 3:20

‘Ndikuthokoza Mulungu wanga nthawi iliyonse ndikakumbukira inu... ndikukhulupirira izi, kuti iye amene adayamba ntchito yabwino mwa inu adzathamangira kufikira tsiku la Kristu Yesu.’

Afilipi 1:3&6

‘Chifukwa chake pitani mukapange ophunzira a mitundu yonse, kuwabatiza iwo mu Dzina la Atate ndi la Mwana ndi Mzimu Woyer.’

Mateyo 28:19

‘Ndipo tiyeni tikambirane momwe tingapangirena wina ndi mnzake kuloza chikondi ndi zabwino, osasiya kukumana, monga ena ali ndi chizolowezi chochita, koma kulimbikitsana wina ndi mnzake.’

Ahebri 10:24-25a

‘Khalani chete, ndipo dziwani kuti ine ndine Mulungu.’

Masalimo 46:10a

‘Malembo onse ndi Mulungu opumira ndipo ndi othandiza pophunzitsa, kudzudzula, kukonza ndi kuphunzitsira chilungamo, kuti mtumiki wa Mulungu akhale wokonzekera bwino ntchito iliyonse yabwino.’

2 Timoteo 3:16-17

‘Lamulo la Ambuye ndi labwino, kutsitsimutsa mzimu.
Malangizo a Ambuye ndi odalirika, kupanga zinthu zosavuta.
Ndiwofunika kwambiri kuposa golide, kuposa golide woyenga bwino
kwambiri;
Amakhala okoma kuposa uchi, kuposa uchi kuchokera ku uchi.’

Masalimo 19:7&10

‘Mudzipereke nkhawa zanu zonse chifukwa amakuderani nkhawa.’

1 Petro 5:7

‘Atapemphera, malo omwe iwo anali kukumana anagwedeze ka. Ndipo onse
adadzazidwa ndi Mzimu Woyer a ndipo adalankhula mawu a Mulungu
molimba mtima.’

Machitidwe 4:31

‘Chifukwa chake, ndikupemphani inu, abale ndi alongo, poganzira chifundo
cha Mulungu, kuperekwa matupi anu ngati nsembe yamoyo, yopatulika ndi
kukondweretsa Mulungu – ndiye kupembedza kwanu komanso koyenera.’

Aroma 12:1

‘Imabatiza ndi madzi alape. Koma nditabwera munthu wamphamvu kuposa
ine, yemwe sindiri woyenera kunyamula. Iye adzakubatizani ndi Mzimu
Woyer ndi Moto.’

Mateyo 3:11

‘Chifukwa chake, ngati wina aliyense ali mwa Khristu, cholengedwa
chatsopano chafika: wakaley wapita, watsopano ali pano!’

2 Akorinto 5:17

Zolemba

Mndandanda wa Zithunzi

Chifanizo

Chivundikiro cha kutsogolo

Gawo 1 Tsamba Laudindo

Gawo 2 Tsamba Laudindo

p20: Mtsuko wa dongo

p20: Mphete ya Porcelain

Gawo 3 Tsamba Laudindo

Gawo 4 Tsamba Laudindo

Gawo 5 Tsamba Laudindo

Gawo 6 Tsamba Laudindo

Gawo 7 Tsamba Laudindo

Gawo 8 Tsamba Laudindo

Gawo 9 Tsamba Laudindo

Gawo 10 Tsamba Laudindo

Gawo 11 Tsamba Laudindo

Gawo 12 Tsamba Laudindo

Gawo 13 Tsamba Laudindo

Chivundikiro cha Kutsogolo

Chithunzi chojambulidwa ndi Crabtree pa Unsplash

Chithunzi chojambulidwa ndi Annie Spratt pa Unsplash

Chithunzi chojambulidwa ndi Igor Ovsyannikov pa Unsplash

Chithunzi chojambulidwa ndi PublicDomainPictures pa Pixabay

Chithunzi chojambulidwa ndi cocoparisienne pa Pixabay

Chithunzi chojambulidwa ndi Larry Li pa Unsplash

Chithunzi chojambulidwa ndi Benny Jackson pa Unsplash

Chithunzi chojambulidwa ndi Aman Shrivastava pa Unsplash

Chithunzi chojambulidwa ndi Johannes Plenio pa Unsplash

Chithunzi chojambulidwa ndi Jonas Verstuyft pa Unsplash

Chithunzi chojambulidwa ndi Enrique Vidal Flores pa Unsplash

Chithunzi chojambulidwa ndi Jeremy Yap pa Unsplash

Chithunzi chojambulidwa ndi Jon Paul Witt, used with permission

Chithunzi chojambulidwa ndi Jonatan Pie pa Unsplash

Chithunzi chojambulidwa ndi Joshua Newton pa Unsplash

Chithunzi chojambulidwa ndi Aaron Burden pa Unsplash

MAZIKO 1:

Moyo Uyamba

Maziko ndi njira yomwe imathandizira anthu kufufuza ndi kukula mu ubale wawo ndi Mulungu ndipo amawalimbikitsa kuti atumikire dera lawo. Zinalembedwa kuti zizipereka zida zapamwamba kwambiri zomwe zitha kugwiritsidwa ntchito m'malo osiyanasiyana okhala ndi magulu azikhaliidwe padziko lonse lapansi. Maziko ndi gulu la mabuku anayi, chilchonse chomwe chimakhala ndi magawo khumi ndi atatu ogwirizana.

Maziko alembedwa ndi olemba alendo odzipereka a alendo ochokera padziko lonse lapansi ndikulemba komanso kusintha mwa Dignity.

Maziko 1: Moyo Uyamba ndi amene ali ndi chikhulupiro chatsopano kapena ayi. Kuchokera pazoyamba zosavuta zimatsogolera anthu omwe amatsatira chikhulupiro komanso kumudziwa Mulungu.

Lumikizanani nafe pa

admin@dignityonline.org.uk kapena +44

(0)161 434 8841. Pamitengo yathunthu:

www.dignityonline.org.uk/publications.

Chewa Kope Loyamba
Mapangidwe: The Message Trust
Zithunzi: Crabtree/Unsplash



www.dignityonline.org.uk