

Breakfast

THE SWEET START

SPOON
FED

AVAILABLE BY THE DOZEN

SEASONAL SCONES

- lemon blueberry
- cranberry orange
- maple glazed pecan
- cherry chocolate chip
- pumpkin cranberry
- gingerbread with eggnog glaze

Large/Small \$36/\$24

OUR BUTTERMILK BISCUITS

served with honey butter & preserves

Individual/Mini \$36/\$24

SIGNATURE ICED CINNAMON ROLLS

By the dozen \$60

SEASONAL MUFFINS

- banana crunch (made with our homemade granola)
- double chocolate chip
- blueberry streusel
- cranberry cream cheese
- pumpkin cream cheese
- chocolate orange
- apple bran

By the dozen \$36

COFFEE CAKES

INDIVIDUAL \$4.50

- cream cheese streusel
- banana chocolate crumb

WHOLE CAKE

- classic NYC crumb
- NYC crumb with blueberries
- cream cheese streusel
- sour cream chocolate walnut with streusel

Serves 18-24 \$48

FRENCH TOAST Brioche Bread Pudding

- classic brown sugar, cinnamon & vanilla bean, served with maple syrup
- fresh blueberry, served with blueberry compote
- roasted banana & chocolate chip, served with chocolate sauce

Serves 12-15 \$70

OUR SPOONFED KITCHEN SIGNATURE GRANOLA

toasted oats with whole almonds, walnuts, pecans, cashews, pepitas, & coconut chips

By the pound \$15

GRANOLA YOGURT PARFAIT

yogurt, local honey & berries

Single Serving \$7.50

CHIA PUDDING PARFAITS

maple syrup, toasted coconut & berries (vegan)

Single Serving \$7.50

DRINKS

NATHALIE'S ORGANIC OJ 1 Gallon \$14

NATHALIE'S ORGANIC RUBY RED GRAPEFRUIT 1/2 Gallon \$9

OUR SIGNATURE BLEND

Folk's Cafe blend (regular) with all of the trimmings
96oz box serves 8 guests \$32

HOT CHOCOLATE

our signature rich chocolate ganache hot chocolate
96oz box serves 8 guests \$48

SEASONAL PANACEA KOMBUCHA

inquire for seasonal flavors
64oz Growler \$28

THE FINE PRINT

All custom orders are booked on a first come first serve basis. | Please call early to plan your event. A 72 hour notice is appreciated for placing catering orders. | Some of our ingredients come from local farmers and specialty vendors & require more notice. | We accept: Cash, Check, Visa, MasterCard, Discover & American Express. Pick up orders require pre-payment or credit card on file. | Delivery available for event catering only. | Prices & menu subject to change based on availability. | Please inquire about SpoonFête full service custom event and wedding catering.

Breakfast

BRUNCH APPETIZERS

SPOON
FED

SMOKED SALMON SPREAD

fennel, capers, lemon + fresh dill

\$30/quart

BY THE DOZEN

2 dozen minimum per item

Edible Bloody Mary's served with
herbed sea salt

\$15 per dozen

Bloody Mary Skewers | okra, pickled
Brussels, olives, salami, pepperoncini,
balsamic onions + cheese

\$30 per dozen

Deviled Eggs | pecan smoked bacon &
pickled jalapenos OR smoked salmon
with capers

\$25 per dozen

Bloody Mary Skewers | okra, pickled
Brussels, olives, salami, pepperoncini,
balsamic onions + cheese

\$30 per dozen

Buttermilk Biscuits | pimento cheese

\$25 per dozen

Jalapeno Cheddar Biscuits | North
Carolina smoked ham and pepper jelly
mayo

\$25 per dozen

SEASONAL QUICHES

- smoked ham
- leek & swiss
- broccoli cheddar
- spinach, feta, & roasted pepper
- marinated tomato, basil, & mozzarella
- sausage & cheese
- pecan smoked bacon & mushrooms

10" Deep Dish **\$36 each**
9" Pie **\$25 each**
3.5" Individual **\$4 each**

THICK CUT PECAN BACON

- salt and pepper
- pecan praline
- maple jalapeno

Minimum 12 people **\$5/pp**

RED, WHITE, AND BLUE SALAD

baby lettuces, mixed berries, sugared pecans
and fresh goat cheese in a poppy vinaigrette

8 person minimum **\$5.50/pp**

SUPERFOODS BREAKFAST SALAD

local greens, smoked salmon, quinoa,
grated egg, sliced apple, crisp
vegetables, goat cheese, & lemon &

8 person minimum **\$10/pp**

SPOONFED KITCHEN

1930 Eastwood Rd Suite 105
Wilmington, NC 28403

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