

[View this email in your browser](#)**SAN YSIDRO
HEALTH****E-NEWS**

Over 145,000 reasons to give...



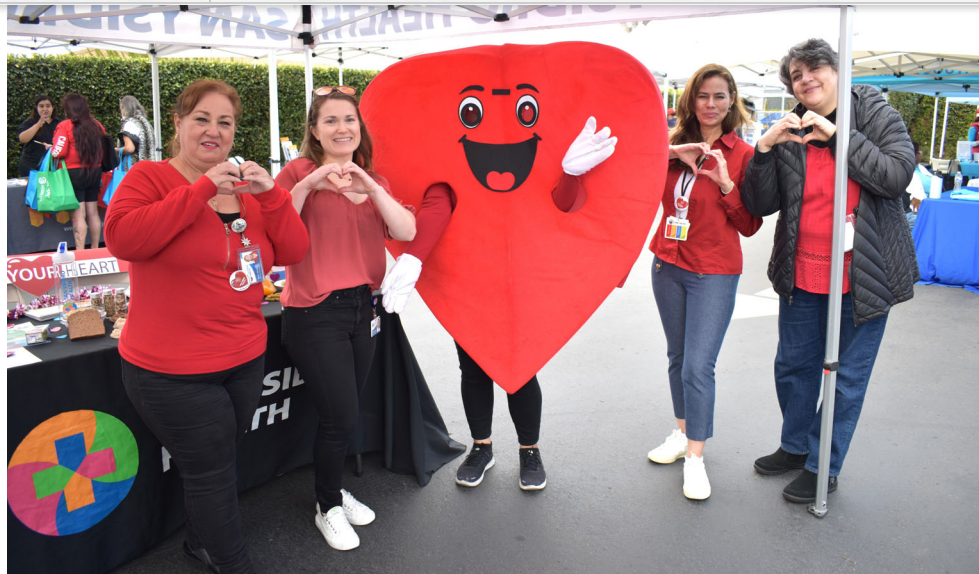
Celebrate LGBTQIA+ Pride with Team SYHealth



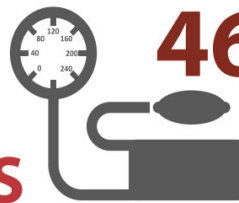
Pride Month is an entire month dedicated to the uplifting of LGBTQ+ voices, a celebration of LGBTQ+ culture, and support of LGBTQ+ rights. Nationwide throughout the month of June, there are parades, protests, drag performances, festivals, and live theater, as well as memorials and celebrations of life for members of the community who lost their lives to HIV/AIDS. It is part political activism, part celebration of all the LGBTQ+ community has achieved over the years. During June, SYHealth highlighted some of our employees for National Pride Month....



Love Your Heart 2023 Annual Report



**KNOW
OUR
NUMBERS**



46,365

Total Blood Pressure
Screenings Online and
In-Person at
368 Sites Across U.S.
and Mexico

4,481

Total Blood Pressure
Screenings In-Person at **157**
Sites Across San Diego County



82

Total Blood Pressure
Screenings **Submitted Online**

40,018



—Total Blood Pressure Screenings at **201 Sites** Across Mexican Border Region—

The 2023 County of San Diego Live Well Love Your Heart Report was just released! Love Your Heart is an annual event where organizations, including SYHealth, provide FREE blood pressure screenings to empower the public to know their blood pressure numbers and take control of their heart health and prevent heart disease and strokes. As of Summer 2023, through the efforts of our dedicated clinic, program, and plant support staff, **we distributed over 600 blood pressure monitors and over 200 large cuffs to patients throughout San Diego County – including South Bay, rural East County, North County, and Julian.**

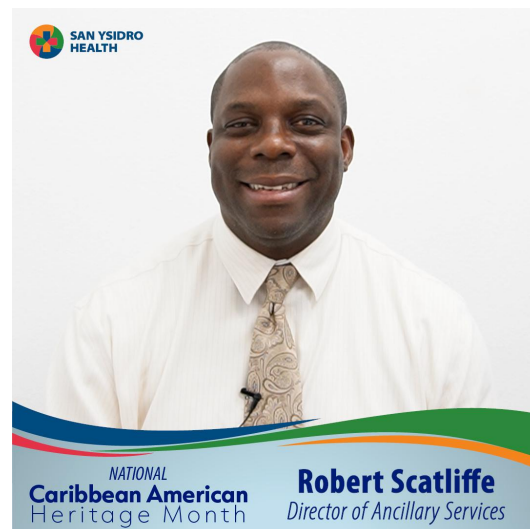
We are so proud to be a champion for Love Your Heart and together, we are creating a heart-healthy region so that all can have the opportunity to live their best life for years to come.

[Read the full report here.](#)

June is National Caribbean Heritage Month



June is Caribbean American Heritage Month, an opportunity to celebrate the history and cultures of individuals from the various Caribbean islands. The contributions that the Caribbean community has made to our society, culture, and history are incredibly important and only make us stronger. In support of the month and its mission to promote and celebrate various cultures, see our employee highlights....



Spring 2023 SYHealth Manager Seminar Series



The Manager Seminar Series is SYHealth's development program for people leaders. It covers topics from strategic planning to interviewing to creating psychological safety on a team. Successful completion takes commitment, engagement, and perseverance. Congratulations to all of our graduates!

Our Spring 2023 graduates are: *Jeffrey Besch, Dr. Ivan Rosado, Veronica Rodriguez, Dr. Mark Macaoay, Arlene Villa, Michael Marquez, Sandra Hamett, Barbara Massa, Dr. Brianna Campbell, Jennifer Davis, Dr. David Kaufer & Dr. Levon Tchakmakjian.*

SYHealth Celebrates Graduates of AT Still University





We are proud to celebrate the recent graduation of nine students from AT Still University, who completed their three-year education program here at SYHealth. On May 26, 2023, these dedicated students successfully earned their Doctor of Osteopathic Medicine titles, marking a significant milestone in their medical careers.

Among the 9 graduates, we proudly announce that two students will be continuing their medical journeys with us through our residency programs. Carlos Carriedo will be furthering his training in our SYHealth Internal Medicine Residency Program, while Kathleen Douangchak, will be continuing her journey in our Scripps Medicine Residency Program at our partner institution, Scripps Health.

Once again, we congratulate all the graduates for their remarkable achievements, and we express our gratitude for their dedication, especially during these challenging times. We are immensely proud of their accomplishments and look forward to witnessing their continued success in the medical field.

**Trauma-Informed Care Trainings to Better
Serve Our Community**



San Ysidro Health continues collaborating with Mental Health of America, San Diego to train and certify employees to improve their trauma-informed approach to adults who are experiencing a mental health crisis. In 2023, over 120 employees completed Mental Health First Aid, an 8-hour curriculum that improves our understanding of mental illness and how to respond during psychiatric emergencies.

SYHealth will be hosting 4 additional virtual training sessions in 2023, to enroll

Email: cheryl.badaracco@syhealth.org

Our Adolescent Health staff also offers Question, Persuade, Refer (QPR) training, a one-hour suicide prevention training to learn how to assist people experiencing suicidal thoughts to become a certified QPR Gatekeeper please

contact: valeria.castorena@syhealth.org

SYHealth Black SOUL Employee Resource Group Hosts Annual Community Sports Physical Event



On June 18 SYHealth's Black SOUL Employee Resource Group partnering with Aaron Majors, Board President of San Diego Skyline Youth Football and Cheer Organization, held a free community sports physicals event at Morse High School.

SYHealth rallied a team of **25 dedicated volunteers who passionately administered 87 comprehensive sports physicals to children in the community**, safeguarding their health and preventing injuries. Along with educational resources provided by SYHealth, Bowlegged B.B.Q (a local Black-owned restaurant), staff volunteered their time to provide lunch for the event.

This impactful event was made possible by the efforts of the Black SOUL ERG, who served as the hosts, and the dedicated volunteers who support the health and wellness of our local community. Thank you for your commitment and compassion that exemplifies the spirit of unity and care that defines SYHealth's mission.

**SAN YSIDRO
HEALTH**

CLÁSICO DE GOLF

This year's SYHealth Clasico de Golf Tournament is brought to you by **A&A Elevated Facility Services & CFS Transportation!**

[Thank you to all of our generous supporters](#)

AMR, American Eye Associates, Aston Carter, California Bank & Trust, Cardiovascular Institute of San Diego, City National Bank, Clinica Sierra Vista, Consolidated Contracting, Family Pharmacy, Green Shredding, Health Net, Heart & Wellness Center, The Hebets Company, Kafri Heart & Vascular Clinic, Kevin & Cindy Mattson, Marsh McLennan, and Southern Caregiver Resource Center.

Thank You To Our Corporate Citizenship Partners

Our Corporate Citizenship Partners program offers our members an opportunity to align their philanthropic objectives with our core mission of enhancing the health and well-being of the communities we serve, ensuring access for all.

2023 Corporate Citizenship Partners





SAN YSIDRO HEALTH IN THE NEWS

- June 11, 2023 | [ADVANCING HEALTHY COMMUNITIES: RURAL HEALTH COALITION TAKES CARE OF BACKCOUNTRY RESIDENTS](#) (*East County Magazine*)
- June 15, 2023 | [A self-guided tour of 12 meaningful murals in San Diego County](#) (*San Diego Union Tribune*)
- June 27, 2023 | [Conrad Prebys Foundation Grants \\$8.1 Million To 18 Local Health Clinics](#) (*Times of San Diego*)

Open Positions at SYHealth

At San Ysidro Health, we are fueled by our passion for our patients, our practice, and our people. We take pride in the difference we make in our patients' lives and our communities. In this spirit, we are growing and are excited to announce our current job openings.

Help us spread the word about these opportunities:

- [Geriatric Speech Therapist](#)
3364 Beyer Blvd, San Ysidro, CA 92173 USA • Req #6360
- [IT Security Analyst \(Hybrid\)](#)
1601 Precision Park Ln, San Diego, CA 92173 • Req #6567
- [Research Manager of the Residency Programs](#)
1601 Precision Park Ln, San Diego, CA 92173 • Req #6128
- [Patient Services Representative \(Bilingual Tagalog/English\)](#)
2400 E 8th St, National City, CA 91950 • Req #6435

[Check Out Full List Of Current Openings](#)

San Ysidro Health is an equal-opportunity employer. All qualified applicants will receive consideration for employment without regard to race, color, religion, sex, sexual orientation, gender identity, national origin, age or protected veteran status and will not be discriminated against on the basis of disability. [Learn more.](#)

Don't forget to check out the new and improved [SYHealth.org](https://www.sanysidrohealth.org)

The mission of San Ysidro Health is to improve the health and well-being of the communities we serve with access for all.

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San Ysidro Health is proud to have earned prestigious seals of transparency from Charity Navigator and Candid/GuideStar, demonstrating our unwavering commitment to best fundraising practices and transparency.



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