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**SAN YSIDRO  
HEALTH**

**E-NEWS**

Over 145,000 reasons to give...



## Thank You Senator Steve Padilla for Allocating \$2 Million to Fight Food Insecurity in Rural San Diego





Senator Steve Padilla (D-San Diego) has successfully secured **\$2 million in the 2023/2024 state budget towards combating food insecurity in rural San Diego County in partnership with San Ysidro Health**. The funds will be used to establish a much-needed refrigerated food distribution center at Camp Lockett in Campo, a region currently lacking fresh food markets.

Rural communities face significant challenges in getting healthy and nutritious meals. In San Diego alone, nearly **1 in 4 residents are nutrition insecure**, and with contributing factors like inflation, programs like ours hope to close the "meal gap" for our rural community. The new facility will serve over 1,100 households in its first year of operations, benefiting communities historically underserved in terms of food access. With the support of Feeding San Diego, **San Ysidro Health aims to provide at least 2 million pounds of food annually**, alleviating the impact of food insecurity heightened by the pandemic.

## San Diego Gives Campaign Honoring Our Founding Mother Starts Now!

**CARMEN MARTINEZ**  
FOUNDING MOTHER

**San Ysidro Health**

**San Diego Gives**

**Celebrating 100 Years**



On Thursday, September 7th, the SYHealth community will come together for 24 hours of unprecedented philanthropy for the third annual San Diego Gives! This year, we are raising funds to honor Founding Mother, Carmen Martinez as she turns 100 years old.

Throughout the next few weeks, we will shine a spotlight on our 54-year history in San Diego, from our early days to our present accomplishments through the eyes of our long-standing employees. Join us in celebrating a historic milestone as we pay tribute to Mrs. Martinez. She is one of the incredible driving forces behind our humble beginnings, and we are happy to announce her upcoming **Centennial Birthday on September 25!**

[Learn More About This Campaign](#)

## Going the Extra Mile: CDBG Team Enrolls 1,000 Individuals in Rural East County



Over the past year, the CDBG team (Community Development Block Grant) has provided COVID-19 education and resources to individuals with chronic conditions in East County. Given the challenges of rural communities, eg. lack of transportation, wifi, and phone signal, the team's goal (to enroll 1,000 unique individuals) seemed daunting; however, our incredible Health Educators and Care Coordinators, led by a fantastic Program Supervisor, worked tirelessly, and recently **met the goal of 1,000 individuals with over 2 months to spare!**

The team has spearheaded efforts to increase visibility, awareness, and recognition of SYHealth in the East region. Over the past year, the CDBG team participated in a total of 53 outreach events in the East region, interacting with an estimated **1,300 community members**, and building trust and familiarization with SYHealth and the services we offer.

## Spring 2023 SYHealth Manager Seminar Series



SYHealth has exceeded the NIH-established enrollment target for Phase VI of the All of Us Research Program. Enrolling **510 new participants**, surpassing the 491-goal, and maintaining a remarkable **71% retention rate**, **SYHealth leads as the top-performing FQHC in both enrollment and retention rates nationwide.**

All of Us is working to improve health care through research. Unlike research studies that focus on one disease or group of people, All of Us is building a diverse database that can inform thousands of studies on a variety of health conditions, aiming to reflect the diversity of the United States and to include participants from groups that have been underrepresented in health research in the past.

Through the collaboration and dedication of the All of Us team, we congratulate them on their commitment to innovative strategies to make a significant impact on health research and the communities they serve. Congratulations to the All of Us team!

## Reach Out and Read is Nurturing Young Minds



Reach Out and Read (ROaR) is a national early-literacy program where medical providers encourage daily reading by providing free book at their well-child visits.. Many of the families that ROaR serves do not have any books at home. At the end of the program, every ROaR child has a home library of books—each given with the advice to families that they are their child's first and most important teacher. As they read and spend time together, families form lasting connections and children learn new skills that serve them well throughout their lives.

SYHealth has participated in ROaR for nearly 10 years and gives nearly 10,000 books out per year. There are currently 16 clinics enrolled in the ROaR program and we provide books in Creole, Arabic, Tagalog, Spanish, and English. Reading with your child for at least 15 minutes per day starting at birth greatly improves language skills and builds a strong social-emotional foundation.

A very special thank you to our generous ROaR supporters including The Parker Foundation, South Bay Community Services, Aetna, Healthy Americas Foundation, FALCK, Seven Mile Casino, The Liwerant Family Fund of the Jewish Community Foundation, and Cindy Phillips.

For more information regarding the program, please reach out to Program Supervisors, Sarah Vaughan [sarah.vaughan@syhealth.org](mailto:sarah.vaughan@syhealth.org) or Valeria Castorena [valeria.castorena@syhealth.org](mailto:valeria.castorena@syhealth.org)

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## CLÁSICO DE GOLF

2023 Co-Title Sponsors | **A&A Elevated Facility Services & CFS Transportation!**

The 17th Annual Clásico de Golf will be held on Monday, September 25, 2023, at the San Diego Country Club. All proceeds raised support San Ysidro Health's vital senior health services throughout San Diego County.

Thank you to all of our generous supporters

AMR, American Eye Associates, Aston Carter, BCS, California Bank & Trust, Cardiovascular Institute of San Diego, City National Bank, Clinica Sierra Vista, Consolidated Contracting, Family Pharmacy, Green Shredding, Health Net, Heart & Wellness Center, The Hebets Company, Kafri Heart & Vascular Clinic, Kevin & Cindy Mattson, Marsh McLennan, and Southern Caregiver Resource Center.

## Thank You To Our Corporate Citizenship Partners

Our Corporate Citizenship Partners program offers our members an opportunity to align their philanthropic objectives with our core mission of enhancing the health and well-being of the communities we serve, ensuring access for all.

### 2023 Corporate Citizenship Partners







# SAN YSIDRO HEALTH IN THE NEWS

- July 17, 2023 | [Senator Padilla Secures Funding In Budget For San Ysidro Health Food Distribution Center](#) ([sentate.ca.gov](http://sentate.ca.gov))

## Open Positions at SYHealth

At San Ysidro Health, we are fueled by our passion for our patients, our practice, and our people. We take pride in the difference we make in our patients' lives and our communities. In this spirit, we are growing and are excited to announce our current job openings.

Help us spread the word about these opportunities:

- [HIS Specialist - Santee Clinic](#)  
120 Town Center Pkwy, Santee, CA 92071 • Req #6720
- [PACE Transition of Care Nurse Case Manager \(RN\)](#)  
1601 Precision Park Ln, San Diego, CA 92173 • Req #6498
- [Supervisor Registered Nurse \(Campo\)](#)  
1388 Buckman Springs Rd, Campo, CA 91906, USA • Req #6686
- [Patient Services Representative \(Bilingual Tagalog/English\)](#)  
2400 E 8th St, National City, CA 91950 • Req #6435

[Check Out Full List Of Current Openings](#)

*San Ysidro Health is an equal-opportunity employer. All qualified applicants will receive consideration for employment without regard to race, color, religion, sex, sexual orientation, gender identity, national origin, age or protected veteran status and will not be discriminated against on the basis of disability. [Learn more.](#)*

Check out the new and improved  
[SYHealth.org](http://SYHealth.org)

better serve you!

The mission of San Ysidro Health is to improve the health and well-being of the communities we serve with access for all.

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San Ysidro Health is proud to have earned prestigious seals of transparency from Charity Navigator and Candid/GuideStar, demonstrating our unwavering commitment to best fundraising practices and transparency.





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