

Conscious Sedation Pre-Operative Instructions (Intravenous (I.V.) or Oral Sedation)

Patients who have had conscious sedation should not drive an automobile or operate machinery for the remainder of the treatment day.

It is suggested that the patient should have a responsible adult stay with him/her for the remainder of the day.

1. **DO NOT Eat** anything for at least **six (6) hours** prior to the scheduled appointment time. Please drink **water** up to **two (2) hours** prior to your scheduled appointment time. We will have to reschedule your appointment if you eat within the six hours before surgery.
2. **Do not use cannabis before your sedations**; it interacts with the sedation medications.
3. There must be a responsible adult to escort the patient home.
4. Minors (under 18 years of age) must be accompanied by a parent or legal guardian.
5. Clothing: Wear a shirt or blouse/top that is non-restrictive to the neck or arms (**preferably a short sleeved shirt**; we have blankets if you should get cold).
6. It is recommended that you remove your contact lenses prior to your appointment.
7. Please take your prescribed medication(s) as instructed by Dr. Grimard or your physician, unless instructed otherwise. Please take your blood pressure medication as normal.
8. **DO NOT** consume any alcoholic beverages, cannabis, or narcotic medications after your appointment. These substances have the potential to sedate you to dangerous levels when combined with the medications used during your conscious sedation appointment.
8. If you have a denture or partial always bring it to every appointment.

Do not hesitate to contact Dr. Grimard if any questions arise regarding your Pre-Operative instructions for conscious sedation. **You can contact the office at (719) 545-6485 or Dr. Grimard by phone/text message at (719)553-7167.**