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# Interdisciplinary Collaboration – The Core of Effective Patient Care

April 15, 2016

With the move towards patient-centric care, there comes the need to collaborate between the patient's providers like never before. How can we ensure that effective interdisciplinary collaboration takes place?

Here are a few things to focus on:

### Communication

Effective communication between the differing care components within the patient care cycle has been shown to increase levels of satisfaction and reduce hospital costs as well as hospital stays. While sharing responsibilities, working cooperatively in problem solving situations and carrying out care plans seems like a common sense approach, it is not easily carried out without proper collaboration.

### **Define The Outcome**



Understanding the type of care needed and the duration will help to keep readmission to a minimum. The physician, nurse and other patient care providers must understand the need properly in order to set the standard for the patient care and effect the outcome. A proper understanding of the plan in place and the collaboration to follow it through, can ease the concerns of the patient and the family, easing minds all the way around and work to eliminate costs, increase education, increase support and sustain the well-being of the care-giver.

### **Understanding The Team**

So many groups come together to make the whole care scenario successful and no one person or organization is better than another. Each individual piece must understand their part and the parts of the other organizations, if success is to be the key. Making sure that tired care-givers get adequate rest and attention to their own needs is important to the longevity of the care should it prolong. Tensions can arise, so remember that everyone is committed to a common goal in providing quality care to a patient in need.

No single provider can do it all, but we must all do our part to help everyone succeed.

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