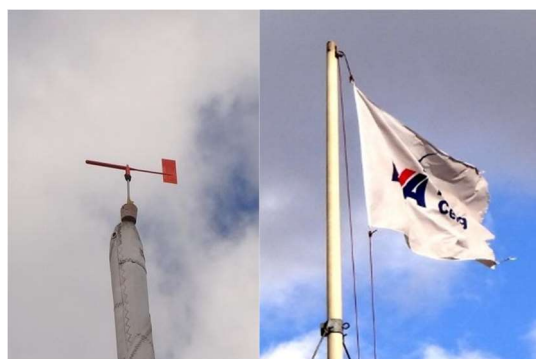


Worksheet three: Simple sailing tips

Where is the wind coming from?

Sailors always need to know where the wind is coming from, and have various methods for working it out:

- Feeling the wind on the face and ears is the quickest and easiest, with practice. If you aren't sure, turn your face from side to side until you can feel the wind equally on both ears.
- Some of the other methods you can use for working out the wind are:
- Mast head wind indicator
- Other sailing boats- if they are sailing well, you can work out where the wind is coming from
- Flags and surrounding trees
- Waves on the water



*Wind indicator Flag
Two methods to check wind direction*

The wind is always changing direction, particularly if you sail in more enclosed water with trees or buildings. You will need to use all these methods at some point, and they all get easier with practice.

If it is not too cold or wet, it is better not to sail with a hood so that your ears can feel the wind, particularly if you are sailing with the wind behind you.



On the next page try circling which images show methods for working out the wind

Methods for working out the wind

Using what you have learnt on page one, circle the images which show methods for working out the wind

