

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Activities and Event Locator</u> A Abbey B Beaujolais C1 Chateau 1 C2 Chateau 2 VDR Villa Dining Room CT Coterie Theatre LM Le Marche' CH Commons Hallway ND Nurses Desk FQ French Quarter LC Le Cinema MWC Monterey Warren Chapel V Villa VC Villa Courtyard GRL Grand Riviera Lounge CM Café Mondial WC Wellness Clinic				Questions about activities? Call Kelly Taylor 918-491-5258	Cox Cable HD Channel NBC 709 CBS 706 ABC 708 ESPN 720 PBS 711 FOX SPORTS 722 ANIMAL PLANET 739 NAT'L GEOGRAPHIC 741	
1 10:00 Catholic Mass (MWC) 11:00 Boston Ave Church on TV (Ch 8) 11:30 Protestant Church Service (MWC) 2:00 Netflix Movie: 6:00 Netflix Movie: (B)	2 10:15 Boost Your Basics (CT) 10:30 Lunch Outing: Red lobster * 1:00 Chair Yoga (CT) 2:15 Bingo (FQ) 3:30 Basic Balance Class (FQ) 6:00 6:00 Netflix Movie: (B)	3 9:45 Better Balance (ES) 10:00 Catholic Mass (MWC) 10:30 Balance & Tai Chi (Ch 1960) 2:00 Resident Council (FQ) 3:15 Cookies and Conversation (FQ) 4:30 Dinner Outing: Chopsticks* 6:00 Netflix Movie: (B)	4 10:00 Catholic Mass (MWC) 1:00 Chair Yoga (ES) 10:30 Basic Balance with Kim (VDR) 2:00 Scenic Drive and Sweet Treat 3:00 Midday Movie (B) 6:00 Netflix Movie: (B) 7:00	5 9:30 Better Balance (ES) 10:00 Catholic Mass (MWC) 10:30 Balance & Tai Chi (Ch 1960) 1:00 Meditation Hour (MWC) 2:00 Bingo (FQ) 3:15 (FQ) 6:00 Netflix Movie: (B) 7:00	6 10:00 Catholic Mass (MWC) 10:30 Balance Class (VDR) 11:00 Devotions with Kim (B) 1:00 Chair Zumba (ES) 2:00 Hangman Game (VDR) 4:30 Music with Dave Jackson (VDR) 6:00 Netflix Movie: (B)	7 10:00 Puzzle Group (Puzzle Table) 1:30 Card Games, Brain Teasers, Crossword and Word Search Puzzles Available in the FQ 3:30 Netflix Movie: (B) 4:30 Catholic Mass (MWC) 6:00 Netflix Movie: (B)
8 10:00 Catholic Mass (MWC) 11:00 Boston Ave Church on TV (Ch 8) 11:30 Protestant Church Service (MWC) 2:00 Netflix Movie: 6:00 Netflix Movie: (B)	9 10:15 Boost Your Basics (CT) 10:30 Lunch Outing: Charleston's* 1:00 Chair Yoga (CT) 2:15 Bingo (FQ) 3:30 Basic Balance Class (FQ) 6:00 Netflix Movie: (B)	10 9:45 Better Balance (ES) 10:00 Catholic Mass (MWC) 10:00 Color Me Calm (FQ) 10:30 Balance & Tai Chi (Ch 1960) 2:00 Villa Town Hall (FQ) 3:00 Food & Beverage Meeting/ Culinary Explorations (FQ) 6:00 Netflix Movie: (B)	11 10:00 Catholic Mass (MWC) 1:00 Chair Yoga (ES) 10:30 Basic Balance with Kim (VDR) 2:00 Uno Card Game (FQ) 3:00 (B) 4:15 Champagne Birthday Party (VDR) 6:00 Netflix Movie: (B) 7:00	12 9:30 Better Balance (ES) 10:00 Catholic Mass (MWC) 10:30 Balance & Tai Chi (Ch 1960) 11:30 Grand Riviera Lounge Luncheon: (GRL)* 2:00 Bingo (FQ) 3:30 Book Club: Short Stories (B) 6:00 Netflix Movie: (B) 7:00	13 10:00 Catholic Mass (MWC) 10:30 Balance Class (VDR) 11:00 Devotions with Kim (B) 1:00 Chair Zumba (ES) 2:00 Cleo's Story: Two Boys (VDR) 6:00 Netflix Movie: (B)	14 10:00 Puzzle Group (Puzzle Table) 1:30 Card Games, Brain Teasers, Crossword and Word Search Puzzles Available in the FQ 3:30 Netflix Movie: (B) 4:30 Catholic Mass (MWC) 6:00 Netflix Movie: (B)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 10:00 Catholic Mass (MWC) 11:00 Boston Ave Church on TV (Ch 8) 11:30 Protestant Church Service (MWC) 2:00 Netflix Movie: 2:30 Sunday Sundaes (LM) 6:00 Netflix Movie: (B)	16 10:15 Boost Your Basics (CT) 10:30 Lunch Outing: Society Burger* 1:00 Chair Yoga (CT) 2:15 Bingo (FQ) 3:30 Basic Balance Class (FQ) 6:00 Netflix Movie: (B)	17 9:45 Better Balance (ES) 10:00 Catholic Mass (MWC) 2:00 Needlework Gathering (FQ) 3:00 Snack and Chat (FQ) 5:00 Dinner and a Movie (CT) 6:00 Netflix Movie: (B)	18 10:00 Catholic Mass (MWC) 10:30 Basic Balance with Kim (VDR) 2:00 Outing: Oklahoma Aquarium* 3:15 Social Hour 4:00 Music with Sandy Knox (B) 6:00 Netflix Movie: (B)	19 9:30 Better Balance (ES) 10:00 Catholic Mass (MWC) 10:30 Balance & Tai Chi (Ch 1960) 12:00 Lunch in: * 1:00 Chair Yoga (ES) 2:00 Bingo (FQ) 3:30 Book Club: Short Stories (B)	20 10:00 Catholic Mass (MWC) 10:30 Balance Class (VDR) 11:00 Devotions with Kim (B) 1:00 Chair Zumba (ES) 2:00 Rummikub (FQ) 3:15 Drinks & Discussion (FQ) 6:00 Netflix Movie: (B) 7:00 (CT)	21 10:00 Puzzle Group (Puzzle Table) 1:30 Card Games, Brain Teasers, Crossword and Word Search Puzzles Available in the FQ 3:30 Netflix Movie: (B) 4:30 Catholic Mass (MWC) 6:00 Netflix Movie: (B)
22 10:00 Catholic Mass (MWC) 11:00 Boston Ave Church on TV (Ch 8) 11:30 Protestant Church Service (MWC) 2:00 Netflix Movie: (B) 6:00 Netflix Movie: (B)	23 10:15 Boost Your Basics (CT) 10:30 Lunch Outing: Ri Le's* 1:00 Chair Yoga (CT) 2:15 Bingo (FQ) 3:30 6:00 Netflix Movie (B)	24 9:45 Better Balance (ES) 10:00 Catholic Mass (MWC) 2:00 Needlework Gathering (FQ) 3:00 Snack and Chat (FQ) 5:00 HC Pizza Party (FQ)* 6:00 Netflix Movie: (B)	25 10:00 Catholic Mass (MWC) 10:30 Basic Balance with Kim (VDR) 12:30 Music with Mark Bruner (VDR) 2:00 Outing– Ice Cream Parlor 2:00 Netflix Movie: (B) 6:00 Netflix Movie: (B)	26 9:30 Better Balance (ES) 10:00 Catholic Mass (MWC) 10:30 Balance & Tai Chi (Ch 1960) 1:00 Chair Yoga (ES) 2:00 Bingo (FQ) 2:00 Movie :October Sky (B) 6:00 Netflix Movie: (B)	27 10:00 Catholic Mass (MWC) 10:30 Balance Class (VDR) 11:00 Devotions with Kim (B) 1:00 Chair Zumba (ES) 2:00 Hangman Game (FQ) 3:00 Drinks & Discussion (FQ) 6:00 Netflix Movie: (B)	28 10:00 Puzzle Group (2nd Fl) 1:30 Card Games, Brain Teasers, Crossword and Word Search Puzzles Available in the FQ Hearts (VDR) 3:30 (B) 4:30 Catholic Mass (MWC) 6:00 Netflix Movie: (B)
29 910:00 Catholic Mass (MWC) 11:00 Boston Ave Church on TV (Ch 8) 11:30 Protestant Church Service (MWC) 2:00 Netflix Movie: (B) 6:00 Netflix Movie: (B)	30 10:15 Boost Your Basics (CT) 10:30 Lunch Outing: White River Fish Market* 1:00 Chair Yoga (CT) 2:15 Bingo (FQ) 3:30 Basic Balance Class (FQ) 6:00 Netflix Movie: (B)	31 9:45 Better Balance (ES) 10:00 Catholic Mass (MWC) 10:00 Color Me Calm (FQ) 10:30 Balance & Tai Chi (Ch 1960) 2:00 Needlework Gathering (FQ) 3:00 Creating Heathy Snacks (FQ) 6:00 Netflix Movie: (B)				