



GRIEF SUPPORT RESOURCES

****LAST REVISED 6.2.2023****

Resource Type	Resource Provider	Contact Person	Contact Information	Program Details
Grief Counseling - Individual & Family	Anchor of Hope Counseling	Kelly Roberts - MEd., LPC, LMHC	360 Town Plaza Avenue, Ste. 315-E, Ponte Vedra, FL 32081 / 904.606.9566 / kelly@anchorofhope counselor.com	kellyrobertscounselor.com

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Grief Counseling - Individual & Family [continued]	Mandarin Christian Counseling Center	Peggi Wegener, LMHC / Stuart Whitlow, LMHC / Melissa Whitlow, LMHC	2950 Halcyon Lane, Suite 204, Jacksonville, FL 32223 / 904.262.1900	https://jaxchristiancounseling.com/
	Cowan Counseling & Disability Group P.C.	Lori Cowan	12724 Gran Bay Parkway, Jacksonville, FL 32258 / 904.298.6814	https://cowancounseling.com/
	Counseling for Family Health	Eileen Crawford	360 Town Plaza Avenue, Suite 315-A, Ponte Vedra, FL 32081 / 407.680.1758	https://www.eileencrawford.com/
Family Support Groups	The Vinson Foundation:			Support materials provided / Can join at any point / Confidential Membership / Available 24/7 at 904.509.2749 / https://thevinsonfoundation.org/

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Family Support Groups [continued]	Jacksonville San Jose - Duval County	Gloria Vinson, Peer Facilitator	8613 Old Kings Rd. S., Unit 403, Jacksonville, FL 32217 / 904.509.2749 / gloriavinson@comcast.net	<p>All ages welcome / Meeting Days/Times: Last Thursday of each month at 6:00 PM; In-Person & Via Zoom</p> <p>Zoom Link: https://us02web.zoom.us/j/83868236204?pwd=RUdwU3pWOC8rOXFMV0UreC8yVCtSdz0 </p> <p>Call in – 1-929-205-6099 / Meeting ID – 838 6823 6204 / Passcode - 131704</p>
	Ponte Vedra Beach - St. Johns County	Melanie Harris, Peer Facilitator	St. Johns County Library - 101 Library Blvd., Ponte Vedra Beach, FL 32082 / 904.803.6011 / shoehousestudio@yahoo.com	<p>All ages welcome / Meeting Days/Times: Second Tuesday of each month at 6:00 PM; In-Person & Via Zoom</p> <p>Zoom Link: https://us02web.zoom.us/j/89802032337?pwd=VDB5aFpqZFUwVTBvYWNBZ2NyRTVadz09 </p> <p>Call in – 1-929-205-6099 / Meeting ID - 898 0203 2337 / Passcode - 715321</p>

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Family Support Groups [continued]	Jacksonville Riverside - Duval County	Brett Walden, Peer Facilitator	711 Margaret St., Jacksonville, FL 32204 / 912.481.6797 / brett1584@gmail.com	All ages welcome / Meeting Days/Times: First Wednesday of each month at 6:00 PM; In-Person Only
	Fernandina Beach - Nassau County	Starting Point Behavioral Health - Kayla Woodle, Facilitator	The Journey Church - 95707 Amelia Concourse, Fernandina Beach, FL 32034 / 904.225.8280, ext. 473 / kwoodle@spbh.org	All ages welcome / Meeting Days/Times: Second Tuesday of each month at 5:30 PM; In-Person Only
	Christ's Church Episcopal:			https://ccpvb.org/connect/christ-church-cares/ministries/ 8-week, Christ-centered bereavement & grief support program; a non-denominational, non-profit ministry working with Christ Church / Open to the community at large; In-Person Only / Fall Session begins in Sept. and participants will need to begin at week 1; \$60 nominal fee for materials
	<i>"Walking The Mourner's Path"</i>	Terri Brice, Pastoral Care Coordinator	904.285.7390, ext. 228 / tbrice@ccpvb.org	

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Family Support Groups [continued]	Christ-Centered Advance Care Planning	Brian Mickley	brianmickley@comcast.net	1 1/2 hour, quarterly workshop; focus on health care directives, calling a financial planner & benefits of doing so, funeral pre-planning / Upcoming Dates: August 17, 2023 and November 16, 2023 at 6:30 - 8:00 p.m.
	The Compassionate Friends		https://www.compassionatefriends.org/	support for bereaved parents, siblings, or grandparents following the death of a child / In-Person & Online Chat
	Grief Share	see designated host church & facilitator on search result	https://www.griefshare.org/findagroup	In-Person
	GRASP - Grief Recovery After A Substance Passing:			http://grasphelp.org/jacksonville-chapter/
	The Amber GRASP Chapter - Jacksonville	Stacy Williamson, Facilitator	(904) 553-4201 / ambersgrasp.jax@gmail.com	Meeting Days/Times: Tuesdays at 5:00-6:30 pm / In-Person; Contact group facilitator for exact location
Daily Emails	Grief Share	N/A	https://www.griefshare.org/dailyemails/recipes/new	

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Jewish Families / Remembrance Resources				
Yahrzeit Calendar	ReformJudaism.org	N/A	https://reformjudaism.org/yahrzeit-calculator	