

ClosureFast™ Procedure

Post-Op Patient Instructions

- ✓ Ambulate frequently (at least 30 minutes daily). Do not sit or stand for long periods of time.
- ✓ Refrain from strenuous activities of heavy lifting until after your ultrasound.
- ✓ **For pain**, take Tylenol or Motrin over the counter.
- ✓ It is normal to experience bruising, tenderness, or a pulling sensation along the inside of your leg.
- ✓ If you experience a tender, red area along the superficial veins of the skin, it is likely “phlebitis”. This is normal. Take Tylenol or Motrin over-the-counter and use a warm compress to the affected area.
- ✓ You may remove the leg wrap **after 48 hours**.
- ✓ After the leg wrap is removed, compression stockings should be worn **for two weeks** following the procedure. The steri-strips under the wrap will fall off on their own.
- ✓ A follow-up ultrasound within the first 72-96 hours will be scheduled in order to rule out the presence of DVT.
- ✓ You shouldn’t swim or immerse your leg in water for 1 week following the procedure.
- ✓ Call our office at **(978) 462-8006** with any questions or concerns

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