



VENASEAL™ Procedure

Post-Op Patient Instructions

- ✓ Ambulate frequently (at least 30 minutes daily). Do not sit or stand for long periods of time
- ✓ Refrain from strenuous activities or heavy lifting until after your ultrasound
- ✓ **Take two Motrin (Ibuprofen) 200mg tablets (400mg total) every 4 hours while awake for 5 days with food**
 - If you are **unable to take Ibuprofen**: you may take Tylenol over the counter for any discomfort
- ✓ You may remove the bandage **after 48 hours**
- ✓ It is normal to experience bruising, tenderness, or a pulling sensation along the inside of your leg
- ✓ If you experience a tender red area along the superficial veins of the skin, it is likely phlebitis. This is common. Take Tylenol or Motrin over the counter, and use a warm compress on the affected area.
- ✓ A follow-up ultrasound within the first 72-96 hours will be scheduled in order to rule out the presence of DVT
- ✓ You should NOT swim or immerse your leg in water for 1 week following the procedure
- ✓ Call our office at **(978) 462-8006** with any questions or concerns

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