

Minimize your time on the phone. Visit Healthplex.com to easily access the most recent updates about our dental panel, your dental coverage, and other important and interesting information about your oral health.

In order to locate participating providers in the Comprehensive Network, please follow the instructions listed below.

- 1. Go to www.healthplex.com
- 2. Click on "Our Dentists" to view the most current listing of participating providers available to you.
- 3. Under the "Prospective Members" section on the left-hand side:
 - Click on "Managed Care Panels"
 - Click on "Comprehensive Panel"
 - Choose "General Practice" or "Specialty"
 - Enter either your Zip Code or City/County and State

In order to locate participating providers in the **Capital PPO Network**, please follow the instructions listed below.

- 1. Go to www.healthplex.com
- 2. Click on "Our Dentists" to view the most current listing of participating providers available to you.
- 3. Under the "Prospective Members" section on the left-hand side:
 - Click on "PPO Panels"
 - Click on "Capital Panel"
 - Choose "General Practice" or "Specialty"
 - Enter either your Zip Code or City/County and State

If you have any questions or need further assistance, please contact Customer Service at 800-468-0600.

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