

Human Redo

“A methodology for how to
restart as a human”

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Introduction

This book is a guide to the universal truth, told through my own personal experiences. It is also a guide to help you overcome the difficulties you are facing in your life now and to achieve true happiness.

When we are faced with great sorrow or fatal suffering in life, we are forced to change our way of life and wish to make a fresh start. At such times, one turns unconsciously or with clear will to a "transcendental being" beyond human knowledge, hoping for a solution to the great obstacles that stand in the way of one's destiny.

So, in order to live a new life, people will decide to try a "Human Redo" and begin their life journey in search of a way of life based on the "transcendental existence".

Strangely enough, however, despite the fact that, humanity has a history of millions of years, there is still no universal system of values based on a transcendental existence.

It is true that religions are similar to this, but at the time when I was seeking a thorough "Human Redo", and pursuing "universal truth", I saw that some of them are confined to a self-righteous world that places them at the center of the world, and a closed, exclusive world that does not accept other religions, and therefore they are forcibly creating their own value system that lacks universality. Others seemed to be "placing Gods or Buddha, which should be absolute, in a view that is in conflict with demons and evil spirits, and as a result, these lost their absoluteness and fall into a world of relative values, which loses much of its appeal.

At the time, I was despairing of the fact that many religions had lost the universality of truth and had

become self-righteous by claiming absoluteness without universality, and that they existed only in a truly arrogant and incomplete form.

At the very beginning of my search for a transcendental being, I had already run into this most essential contradiction, and I was already suffering because I noticed that it could not be resolved within the scope of religion.

If you are a person who is honest about the truth, even if you are not me, you will get fed up with the self-righteous and self-centered worldview of religions after spending some time with them, and you will want to get away from this worldview at any cost.

At that time, I was the kind of person who was extremely dissatisfied with their idea of taking the "transcendental being", which should be an absolute universal being, into their power, abandoning the universality of the truth and settling down in self-

righteousness, strengthening their faith by doing so, inventing self-serving theories and being strangely grateful to God, and trying to obtain salvation by immersing themselves in a sense of superiority in comparison with others.

On the other hand, in talking with many people who are seeking the way of life and true happiness, I have also found that there are many people who intuit a "transcendental existence" beyond human knowledge, but never approach religion.

In other words, there are a surprisingly large number of intelligent people who are somewhat negative and even disgusted at religion, but who are clearly aware of a transcendent existence and are living sincerely. This is probably because they are troubled by the same problems with religion that I was at the time.

Do the many religions of today have the power and universality to provide essentially consistent solutions to such people who are sincerely seeking

the path and true happiness?

At that time, when I was searching for universal truth and trying to overcome fateful difficulties with "Human Redo," I was sure somewhere in my heart that there was a "transcendent existence" that surpassed human knowledge, which is why I kept strongly believing that if there was a value system based on a "transcendent existence," it should not be a self-centered worldview or self-righteous values like some religions have, but that it must be universal and not exclusive. Thus, what I was looking for at that time could no longer be called a religion.

Since then, I have been convinced that the "transcendental being" who will bring about a universal value system for humanity, cannot be found in religion any longer, and I had been praying earnestly for a yet unseen "transcendental being" to show me the way to resolve these questions, to show

me the absolute universal value system of the "transcendental being," and to show me the way to "Human Redo" in accordance with that value system.

As a result, my prayers were fulfilled in the most essential way.

It was not in the style of being taught by books or words which was what I had expected at first, but actually, it was performed under the direct and strong guidance of a "transcendental being". I was led to an unexpected destiny that I was able to cultivate the path of obtaining the universal truth, and by practicing "Human Redo" along that path, I was able to master the methodology of obtaining true happiness.

Speaking from the results, as I was convinced, the "transcendental being" existed outside the religion with dignity.

After I gained the universal truth, I realized that there were naturally wonderful religions in the world, and even religions that appeared to be self-righteous were fully functioning in their own part of the culture. These religions, however, still remain arrogant and dangerous, and are yet unable to establish their own position in the culture as a whole. There is no religion in the world that does not preach of a "transcendental being. There is no religion that does not teach the importance of love. There is no religion in the world that does not teach the necessity of reflection. And if you are a person who is trying to live life seriously, how can you not know the importance of being loving? How can you not know the necessity of right actions? How can you not know the necessity of reflection?

If a person is told by a religion full of words of truth that "this is what love is" or "this is the right way," and is able to achieve it simply as told, he or she is

already saved.

For those who are not honest in their hearts, their vanity hides their inability to do so, and they act as if they are doing so because of the knowledge they have gained, and they think they are doing so, and they are satisfied when people say they are good people. For these people, the only thing that matters is what other people think of them, not what God thinks of them. They live only in comparison with others, and they even seem to be doing their best to practice religion for that purpose.

If you have been shown what love is, and shown the right path, and if you are one of the happy-go-lucky people who can perceive that you have already "done it" by understanding it as knowledge, you will be satisfied with that religion.

And above all, if the person who preaches "what is love" and the "right path" does not have a clear view of their own selves, they will think of themselves as

a special person and preach things that they can never do, without knowing it, to the people around them. In this way, they end up creating a world of vanity and accumulating more and more hypocrisy and self-contradiction.

However, an honest person would be, in the same place, struggling in the face of their own inability to be loving in the midst of trying to live life seriously. They are struggling to find a way to be loving.

We all know that we need to do the right thing, but the problem is that we cannot always do the right thing. We may think we are living a reflective life, but we despair when we are confronted with the fact that nothing has fundamentally changed.

The truth is that it is only when we are confronted with this reality of our helpless self that we can have real faith.

And whether or not those who are confronted with their "helpless, useless selves" are able to practice

and achieve true salvation, will reveal whether their religion is a true religion or a false religion that confines people to a self-righteous worldview that gives them a sense of superiority over others, and a temporary safe haven... ..and whether it is a false religion that only provides collective euphoria, self-gratification, and vanity.

I have devoted much of the limited space in this book, not to explaining the importance of love, but rather to explaining the methodology of how to become a loving person.

Love is always talked about in all religions, but for those who are serious about living, the importance of love and compassion is too obvious to be taken for granted.

The importance of love and compassion is too obvious for anyone who wants to live a serious life, and even a three-year-old child knows the need to do the right thing.

What I want to say in this book is: "After having taken for granted the importance of love, how can we practice real love, without being hypocritical – or just in order to show it to others? What does it mean to love from the bottom of your heart, not for the sake of vanity, not for the sake of yourself or others? And what do we do when we find ourselves unable to do so?" And even if we say it is right and just, it is extremely difficult to correctly judge what is right and just in this age where justice and righteousness collide. In fact, in this day and age, we can rarely judge what is right.

And in order to obtain true and correct judgment and maintain consistent principles of action, we must at least practice the "training" indicated in this book and obtain transcendental thinking.

In writing this book, I purposely avoided the use of bipolar expressions such as right and wrong, good and evil. This is because I fear that if I use such

symbolic words as love and peace, good and evil, right and wrong, they will lose their concrete meaning and become mere words of incantation, and because there is a limit to preaching the truth within the conflict between good and evil.

In this book, I have tried to present some practical "training" as a methodology to reach the first stage of "personal salvation". In particular, based on my own experience, I have focused on "self-enlightenment training" which involves looking directly at one's own reality, thoroughly assessing it, and clearly defining one's own starting point for salvation.

In order to balance the two sides of humanity, the light and the dark, the great potential of humanity and the ugliness of reality, without "self-enlightenment training" to identify and deal with one's reality, no matter how high the ideal is raised or how passionately one talks about love, it will be

out of touch from the reality, and human beings will suffer in that gap between that the ideal and reality. In other words, the "Human Redo" will not succeed without "self-enlightenment training" of carefully dealing with each ugliness of one's own reality that one faces.

I do not want this book to be seen as a religious book, because I despaired of religion and sought a "transcendental existence" outside of it. As a man of culture, I have tried to write a book about the spiritual culture that keeps us alive.

Nevertheless, I am sure that those who have had religious experience for many years will find much in this book that overlaps with religion.

This time you should be able to face without fear the "reality of your own inability to be loving, even though you tried in the past", which you have been hiding even from yourself.

There, for the first time, you will discover a new

starting point for your own "Human Redo" and this time you will have the hope and realization of true salvation.

In this book, I have summarized the path to truth that I have taken through spiritual practice under the direct guidance of "transcendental being" and the methodology that led me there and improved it so that you can practice it in your daily life. For this reason, I have written this book from the standpoint of thoroughgoing realism. Therefore, if there are people who read this book and think it is idealistic, then unfortunately they do not understand my purpose at all.

This book is positioned as an introductory book, and the subject matter has been narrowed down to the issue of the salvation of the soul, the religious "salvation of the individual," as "Human Redo".

Furthermore, I have decided to leave the task of pointing out the ultimate ideal of the human being

and the methodology to reach it to my four previous books (see the end of this volume) and to the next volume, as well as the problems of society and the state, of peoples and history, of organizations and of humanity, as "Whole Redo" which are to be considered after the "Human Redo".

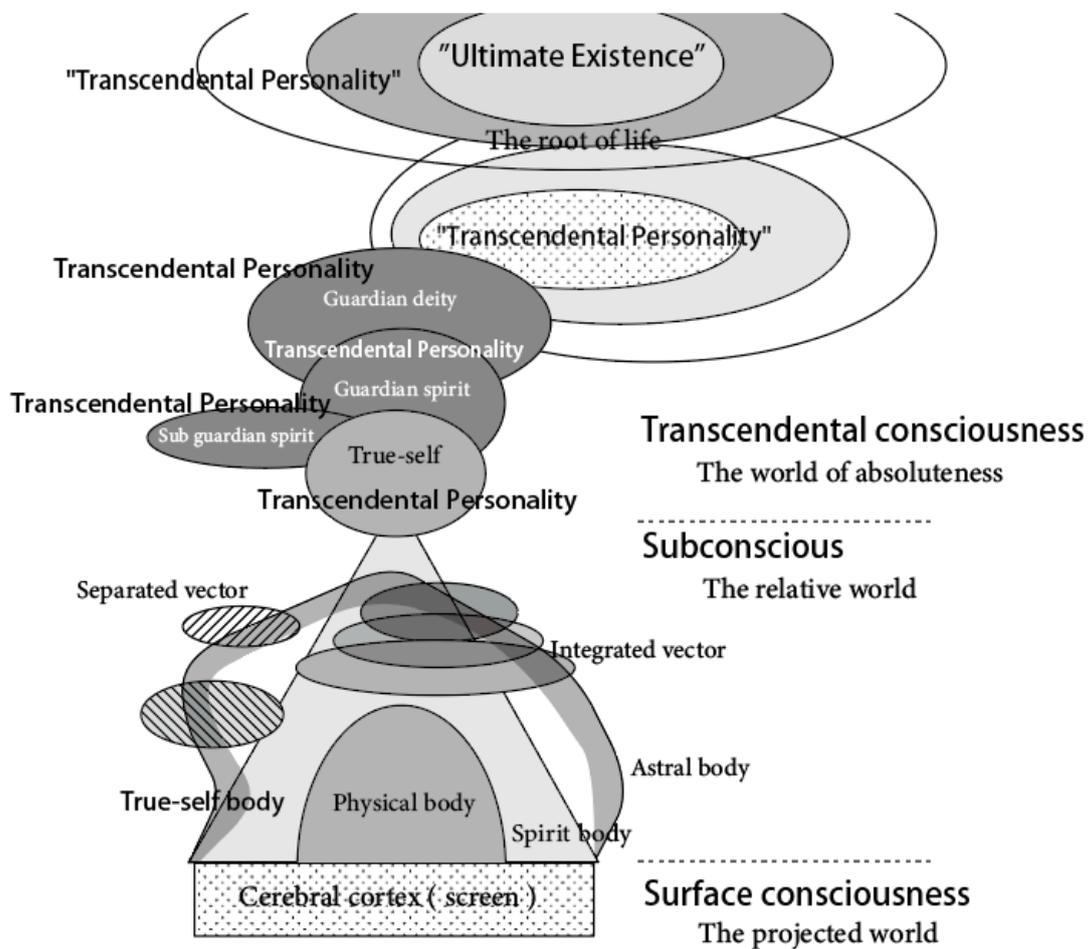


Figure 1. Multi-layered structure of human consciousness

Human consciousness consists of the surface consciousness, subconscious and transcendental consciousness, in which the various personalities are reflected in the surface consciousness. The state in which the consciousness of transcendental consciousness, which is the True-self, is projected straight onto the surface consciousness without interference from the subconscious, is the true state of human beings, and the person who maintains this state is called an Integrated personality.

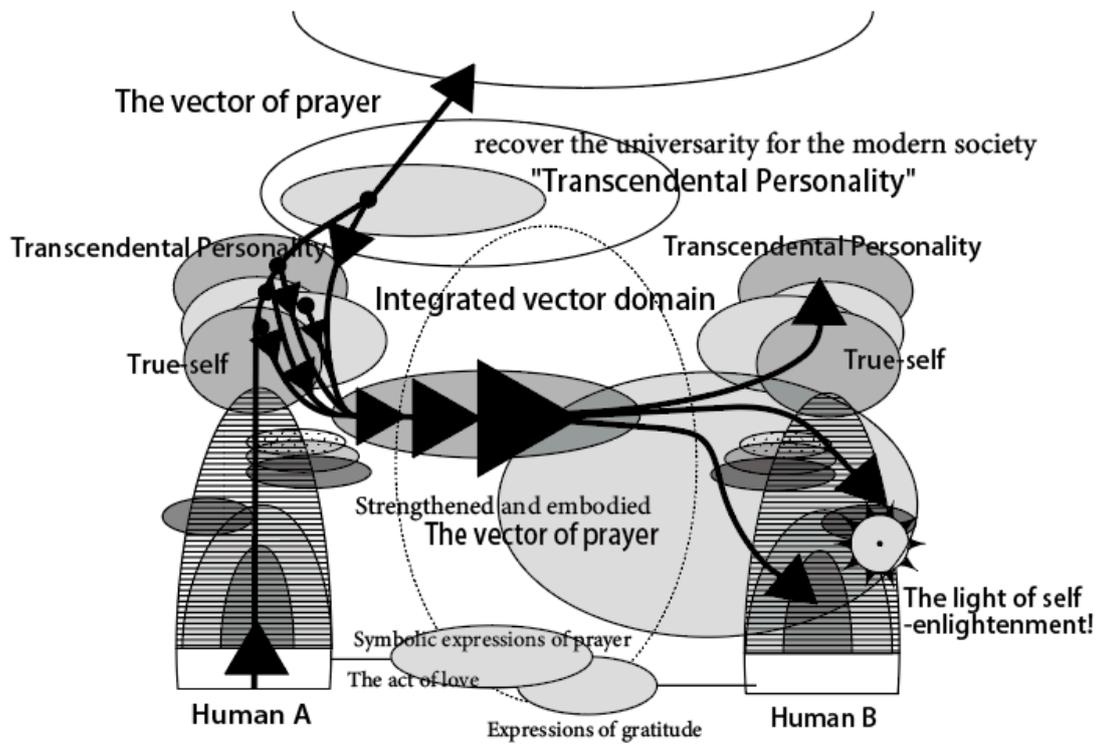


Figure 2. Prayer and gratitude (See also Figure 1.)

In all of the multi-layered human structures shown in Fig. 1, human interaction takes place, but at its root, there is a True-self-True-self interaction, and the surface consciousness is enough to express it symbolically with prayer and gratitude.

Human A's 'Prayer of Love for Humanity' (see text) is intensified in the integrated vector domain and reaches the "Transcendental Personality". Moreover, if you pray for the progress and harmony of the other person with the True-self of the other person in mind, the vector of your prayer will materialize and your prayer will reach the transcendent personality of the other person.

Human B responds to it with gratitude, which is transmitted to human A on the opposite course of the vector of that gratitude.

Chapter 1

A Story of Autobiographical Truth Search.

Section 1

Ninety-nine percent atheism.

001. First, I sought truth in natural science.

I have been searching for the “universal truth” for many years. So, I would like to tell the story of how I got there.

I majored in physics at university, and later I also studied engineering at a national research institute.

I started out as a seeker of truth, exploring the natural sciences and becoming a scientist. Later I

worked at the interface between medicine and engineering, for example in the study of human vision.

At that time, I was a materialist and an atheist, probably due to my pride as an academic researcher.

But in my case, what made my atheism somewhat different from ordinary atheism was that it was ninety-nine percent atheism, and I was always leaving the possibility of one percent of God's existence in my mind.

I thought that "with ninety nine percent certainty, God does not exist", but also thought "the fact that there has been no evidence of God's existence until now, does not prove God's nonexistence in scientific terms. God must either exist or be nonexistent, there cannot be a half existent God".

I assumed that, if God existed, it would be as follows:

"Even if a God does exist, if it is a half-baked God

that is little smarter than human beings, it could not be called 'God', and it is not an existence in which to entrust our destinies. And does not hold enough value to justify a serious search. Such a God would be equal to being nonexistent."

And "If God really existed, they would never shut himself within the framework of religion, and never deny people intolerantly. And if it so does, then it would be just a weird creature and not a God at all."

I thought that "If God really exists, it must govern the law of the universe as a perfect being. As an absolute being, it must transcend good and evil, regardless of the frame of religion as a universal being. Gods other than that are not worth their existences at all. "

When I was a student, I strove to become scientist, I always tried to think and act as an atheist. Even when I was discussing with friends, I was always on the side of atheism.

002. Thorough materialistic point of view.

At the time, I consciously disregarded God and deliberately followed through with thorough materialism.

If I recall that time and wrote....

The universe was suddenly created by the Big Bang, and the solar system and the earth are nothing but accidental products.

The life activities carried out in it, are also products of coincidence, and the existence of human beings is the result of the evolution of living things over hundreds of millions of years through coincidence. How tiny a being I am within these accidental activities. No matter what this little being thinks, it is totally meaningless in the vast universe.

There is no absolute good or absolute bad actually, those are just creations by human beings trying to keep public order and justice; religion, and the like

are merely concepts of good or bad.

Love, sympathy, honesty etc.... Love and peace are also just man-made concepts created for human convenience to keep public order. Even claims of the dignity of life or respect for life, what meaning would they have in a world without God?

I do not want to debate concepts like love and peace if they do not mean absolute goodness. It is better to leave such arguments to others.

On the other hand, how come you can say, "killing people is bad". If the goodness is not absolute, there is no reason for the absolute denial of evilness. Therefore, we can never judge murder or theft. Human spirituality is simply a product of cerebral cortex activity, and what would be the worth of love and caring etc.

All the truth, goodness, and the beauty that some people cherish, are nothing more than mere cerebral cortex activity, and they have no absolute meaning.

003. The limits of materialism.

On the other hand, no matter how much coincidence happens, no matter how much time passes; is it possible for the universe to be created, the solar system and the earth to be produced and life forms to suddenly be generated there? And then some life forms evolved and developed to become human beings, and is it possible for them to become aware of their own existences and conceive of something?

In the first place, it is hard to understand that the genes that make the genetic traits which all organisms transmit from their parents to their offspring, exist using only one system of DNA. There should be several different genetic trait systems in existence if it all happened by coincidence. It would be strange if there are no groups of such organisms. The fact of existence of only one genetic system means, we must assume that the occurrence of life form happened only once in

the long history of the earth.

Talking in terms of probability, it would be like trying to make a television in the following way: put all the raw materials of a television in one box and shake it continually, and one day unexpectedly all the parts are made, connected correctly, and a television receiver of the NTSC system is completed, and an image projected on the screen. And the stranger thing is, why the NTSC system? Shouldn't there be many choices like PAL or RGB systems?

The occurrence of human beings is much more cryptic, and the probability of its occurrence would be much lower than that of a television.....

And even more mysterious is the existence of the consciousness that makes us human beings.

It may be too unnatural to explain the awareness of consciousness of self and others, as part of the physical interaction of matter..... It was an unsolvable question for the ninety-nine percent of

myself.

And even when I was taking the stance of the ninety-nine percent, I thought over how the recognition of this concept of "coincidence" and positioning of the existence of "consciousness" was a diverging point that separates atheism and theism.

If God exists, this coincidence must be under God's perfect control, and "consciousness" must have come from God. Therefore, I was leaving one percent of the possibility in there.

The idea of this "one percent" sometimes came to mind but usually it lay within in the depth of my mind quietly.

On the other hand, since ninety nine percent of me ruled my daily life and made my values and views of life, it was naturally influenced by both human relations and my friendships.

In such circumstances, I made friends and sometimes had discussions with them all night.

However, from the view of ninety-nine percent of me, my choice of future destiny was completely coincidental, since people's encounters are only coincidence. Also, I often thought at that time that friendship, sentiments, love and sincerity, are nothing more than activities of the cerebral cortex. I thought that everything would disappear together with one's consciousness if one died.

I also liked music, so I remember often bought records of classical music and listened to them with a tube OTL amplifier that I made as a hobby.

However, no matter how intoxicated and impressed with the music I became, I treated it as a mere matter of the cerebral cortex.

At that time, I had no reason to know that my nihilistic way of life "everything is just the activity of cerebral cortex", would be of great help later.

I presume that people around me thought I was a very strange person because of my way of life.

If I consider it now, that was a really difficult period in my life.

Section 2

Awakening of one percent.

004. Awakening of one percent.

Ninety-nine percent of me believed that there was truth in physics and natural sciences, and I tried to find my way of life there. But the more I committed myself to materialistic atheism, the more I was attacked by nihilism, and my anxiety for the future also increased.

Eventually, my materialistic point of view reached its limit, and I could not go any further.

Right after I got a job and joined society, I tried to focus on materialistic atheism. On the other hand, gradually I was concerned about the existence of God.

Around at that time, I started a long-awaited job as an academic researcher. My research work had

started, but suddenly I got sick, and was hospitalized, leaving my laboratory equipment and my tasks unfinished. And at such times, difficult events occurred to me one after another, both in work and in my personal life.

For the first time when faced with such a difficult fate, I understood myself to be a person who was suffering.

Even when I was hospitalized, I was full of worries about my research work that had been left incomplete, and there was also anxiety about my future, such as "what should I do if the hospitalization is prolonged and my path to becoming a researcher is closed off?" Anxiety about my future became bloated, and at that time I realized that I had no control over my mental anxiety at all.

I realized for the first time that I was a person who needed to be saved.

On that occasion, before the searching for the truth, I

realized that nothing could be done unless I was saved.

For this reason, I felt a strong urge to be reborn and restart my life.

In other words, it was the biggest problem that could not be solved by the conventional ninety nine percent. I was finally forced to change my values and attitudes towards life.

At that time, it concluded that I had no choice but to bet on that mere one percent of myself that was left deep within my heart.

At that time, I was able to wager my whole life for the possibility of that one percent, because I had been betting on the possibility of ninety-nine percent thoroughly for nearly a decade, because I had lived in thorough atheism. In other words, the ninety nine percent of the possibility in me had already been experimented with. I knew more than anyone else that it was full of contradiction.

That is why I was able to wager my whole life on the remaining one percent without hesitation.

Such was the beginning of my "Human Redo".

005. I was not satisfied with the halfway Gods and sought the universal truth thoroughly.

I am the kind of person who does things thoroughly if I am absorbed in doing something, sometimes I even forget eating and sleeping while I am focused on something. Then I changed my attitude drastically to life on the premise of God's existence.

When I had discussions with friends, I totally changed my position, I thoroughly denied atheism, so my friends were astounded by my transformation.

When I went to a bookstore, I always bought some books of philosophy and religion. However, none of the books were essential in fulfilling my concept of "transcendental existence". In other words, from my

point of view, the Gods written about within them were halfway Gods, and neither the truth nor the philosophies preached within seemed to be absolutely universal, nor did they seem to be "simple and beautiful" at all.

I thought that God could not be an existence merely for one specific person, it had to be an existence that provided all life according to each person. And the truth should not be based on academic knowledge, it should not be too difficult, it must be simple and beautiful.

But when I examined many religions. Some built self-righteous theories such as 'the truth exists only in our religion'. Some were forcing forcible dissemination methods, and some were demanding unreasonable fundraising.

In particular, in monotheistic religions, they created a world view of a bipolar structure in which God and the devil conflict with each other, and one truth by

one God is only accepted by one religion. Extreme self-righteousness, such as, making inconvenient existences into evil spirits, and the fact that the same God is seen as a devil by other religions, further confounded me at that time.

In this way, there was no way I could accept such a figure as a God of "transcendental existence", even though they preached what seemed like wonderful words to guide people's lives. And I eventually gave up seeking such a figure of God and continued to seek a more universal figure that is more understandable as a "transcendental existence".

As long as God exists, if that God created a world where the God confronts the devil, or even other Gods, that would never be an existence that could be called God by me. God had to be a "universal truth" for me and at the same time an "absolute truth". And "universal truth" must transcend good and evil and must be the basis of an absolute universal value

system that is valid for the whole universe, therefore "universal truth" must be "simple and beautiful" for me.

At that time, I felt it was extremely intolerable of religion that had a discordant relationship with other religions, even as the religion stressed love and harmony.

Especially, self-righteous religions and monotheism whose arrogance did not acknowledge anything else; this was something that I could not accept at all.

No matter how many wonderful words of love and truth were scattered around within. Needless to say, it was impossible for me to step into such a contradiction.

It was not easy for believers to understand my questions even when I asked people who were passionately involved in such religious groups.

It seemed as if I was a unique person with such a strong sense of awareness and a tendency to make

things into problems.

In response to queries posed by me, religious enthusiasts always answered, "Why do you need to be so strict?" or "That's not a big deal," "Why it is such a big problem? "Religion is originally this way". I felt constantly disappointed at their lack of awareness.

During those days when I was seriously working on the problem, the attitudes of their faith seemed so impure.

It seemed they were pulling God “who should be universal” down to their own level and making a God for their own convenience and thanking it arbitrarily for their own ends.

Their attitudes such as “be saved, be faithful, use polite words of gratitude” seemed so hypocritical to me, and made me further frustrated.

When I met them, I felt strongly, "They cannot get to the truth with such an impure attitude. Of course,

they won't be saved."

And started to feel strongly that, "I am fed up, I don't need salvation from such contradictory, opportunistic, self-righteous, halfway Gods."

I did not care about my job or marriage issues, but I definitely did not want to deal with any compromise with regard to "truth" and "God".

The God that I sought had to be an absolute universal being as long as it existed. Not a God that suited someone's own convenience. It should not be one which exists within the realm of human conflict. And it had to be an existence that makes human beings live in harmony.

I was seeking such an absolute God, also I was seeking the universal truth.

Section 3

Spiritual training started.

006. I prayed to the absolute God who was invisible as yet.

As long as an absolute-universal God exists, that God must not be in the confrontation of good and evil. So, an absolute-universal God cannot exist within religion, and I was convinced that the absolute-universal truth must be simple and beautiful. As a result, my feelings were already essentially prayer in themselves.

And I continued to pray seriously with words, toward the absolute-universal God that I had not yet seen.

I prayed continuously, "If the absolute universal God really exists, please let me confirm it" and "Please show me the God who transcends good and evil and

transcends religion. And show me that truth that is simple and beautiful". And also "Please show me the absolute value system that is based on the beautiful truth in order to construct an order for the future of the earth"

Every day, at all hours of the day, my mind was occupied with this issue. I was always asking for it, always praying for it.

I would grab a religious person and ask him or her questions about this issue, and I would harshly criticize their self-righteousness, which often ended up in a fight.

And after a short time,

007. Suddenly, I received a revelation to start spiritual training.

It was a day when I was twenty-seven years old. I was preoccupied with that issue as always. Suddenly I heard the voice, "It's you who solves the issue.

From now on, spiritual training will begin, be prepared." It was from the guardian deity using a spirit voice. First, I was told to buy a set of calligraphy tools for automatic writing. I rushed to the city and bought them all.

I remember what I wrote by automatic writing at the very beginning, was a wonderful "calligraphy" written "無碍自在 Mughe Jhizhai" (means a free mind that is not fettered by all things). And this word has since become a great help when I was in the crucial moment during the spiritual training.

This was the beginning of my spiritual training.

At first, the guardian spirit gave me spiritual guidance such as telepathy, automatic writing, spiritual vision, spiritual voice, spiritual dream. After that, I was gradually receiving various instructions directly from the guardian deity.

In important situations, the guardian deity always came and gave me strict advice, encouraged me

strictly, and strongly indicated me to the direction of my future destiny.

I felt astonished and moved by such experiences, and I felt that my sense of mission and eagerness was pushing me at that time.

In the very beginning, the training lasted until 4 o'clock in the morning and my sleeping time just only 2 to 3 hours, but I did not feel tired.

And while experiencing spiritual phenomenon that appeared one after another, I thought that the “universal truth” that I was seeking will appear in the meantime, so I continued to wait.

I wrote splendid words as "calligraphy" using automatic writing. I guided people around me with it as the form of a message from the guardian deity. Sometimes I predicted the future... I learned many things about the afterlife and the words of truth from the spiritual voice and through telepathy. And one time, I purified historical events and people,

sometimes I prayed in the city, walked around the city and purified the surroundings, and sometimes I woke up in the middle of the night and was instructed to go to a certain town. Then I went to the house that I had seen in a spiritual vision and prayed in front of the gate and purified something there.

These things were often unnatural and unbelievable, so I thought this was a cleansing for my subconscious.

After a while after the spiritual training began, I was told by the guardian deity that "You are the successor of the Great spirit group of Salvation who were sent to the earth from God's world," and my big mission was revealed to me.

Immediately after that, I was given some evidence that supported these facts, I forgot the details, but it was related to some symbolic meaning of the date of my birth.

After a while, the skin of my palms was peeled, and

I was surprised that the palms line of both hands changed in a short period.

One palm reader who happened to see my palm's line said to me that, "You are authentic, you have the qualification of the messiah!"

008. I never became self-righteous or arrogant even when I was praised.

However, even when I was told such things, I did not believe them. And I never got carried away with such words and never talked about it to others. I was far from being the kind of person who believes in such spiritual things like the strange coincidence of a birthday and unnaturally changed palm lines.

I heard there are many religious leaders and seekers who, even though they have talents, are easily entranced by such spirit voices and spiritual phenomena, and thereby fall into self-righteousness and arrogance, and end up wasting their talents.

Therefore, I always told myself that I should never become a self-righteous or arrogant person. I thought that if I started to say things like, "I am the reincarnation of Buddha" or "I am the reincarnation of Jesus", my life would be over.

I felt I had perceived the gist of a test from my guardian deity, "This must be clearly a test from a guardian deity, trying to tempt me into self-righteousness and arrogance," so that I tried to deny and ignore such content.

And another reason for denying these spirit words was that, at this point it had not yet been clearly proved that this guiding spirit was my guardian spirit and that there was a guardian deity behind it.

For someone like me who strove to remain non-arrogant, if something put me into such a position and such conditions are given, the "universal truth" that I sought would eventually be conditioned, and on the contrary, lose its value. My true feeling at that

time was, "Oh I'm in trouble, this is not what I wanted. I am just seeking the universal truth. I don't want to organize a religious group; much less be a founder of a religion...".

009. I continued to ignore them, even though I got a revelation of my mission.

Human beings are extremely vulnerable to spiritual authority, especially those who are interested in spiritualism and religions. Even more so, if they are spiritually suggested words of fate, they quickly believe them and go with it.

I was a man of intelligence. I knew about the reality of such a spiritual spell before having any experience of spiritual practice. Even if I heard "I am God" spoken to me in a spiritual voice or in a spiritual vision, I knew very well that it would almost never be a God, and I know very well that there is no absoluteness in most spiritual phenomena.

So, I did not fall into this temptation.

Above all, what I strongly sought was not to become a special position, and neither a spiritual person nor a spiritual authority. I was just seeking “universal truth” without self-righteousness.

A short time after the beginning of the spiritual training, it was announced to me by the guardian deity that I was to prepare for 8 years of training. At the time that it happened, I was driving in my car alone. I felt a light suddenly penetrated my spine while I was steering the wheel. After that, I sensed a cooling sensation like the taste of mint leaves, so I could not continue driving any more, and I unintentionally stopped my car on the road shoulder and let things go for a while.

Then, I heard the voice of the guardian deity. I was told that "Your mission is to carry out the great work that the Buddha and Jesus could not do in this crisis of humanity."

At that moment, I remember that I was stunned more by the sudden anomalous experiences than the meaning of the revelation, and I kept praying in the car for a few minutes until my body returned to normal.

After my body recovered somewhat, I recalled the meaning of the revelation carefully. So, I told the guardian deity that, "I am just looking for the universal truth that is valid for the modern day, because I'm not satisfied with Buddhist scriptures or the Bible that had remained until the present age. However, I have not obtained anything yet, so it would be a great burden if my mission is decided in this way."

I was strongly aware that I could not fall into self-righteousness and arrogance. Therefore, I realized that it was dangerous for me to be made and positioned as some kind of special person by such spiritual words, and if I accepted this, I might start a

self-righteous religion. So, I was trying to ignore such words as much as possible.

This very first ordeal, if I try to confirm the semantic content with the guardian deity now, it would be a perfect training of how not to fall into the pitfalls of self-righteous and arrogance. However, it was also a test of my purity feeling for the "universal truth".

And this test was also a test to the aptitude of the spirit training itself.

This was probably the first course of spiritual training.

When I think about it now, with regard to the revelation of my mission by guardian deity, it would have been okay if I had not denied it all as vehemently as I did, but that is merely wisdom through hindsight. So, if you receive such a revelation during your spiritual training, you should strongly refuse it – that is the correct course of action. And as a rule, that you should deny any kind

of spirit words. If you ever sense feelings of self-righteousness, arrogance, or vanity, then a false God is resonating behind this sensation and waiting to come out, and when it does, it will try to create a self-righteous world of self-satisfaction that is full of vanity without any universality. There are far too many such examples.

So, I have been thinking that "The way I am being led should not be a special way for only me to be saved. If I am saved as a special person, not as an ordinary person, and if I am not able to live a loving life, I will not have developed the universal 'way'. I represent those who have the desire to seek the 'way' in spiritual practice, and it must be a 'way' that everyone can follow, as long as they have the desire to seek it. And if the path is only for me as the chosen one that can be saved, it does not mean that I have mastered the 'universal truth'."

And further, "if a person preaches salvation, but is

perfect and never sins, rather like a God, or is a naturally born great human, then the method of salvation preached would not be realistic for ordinary people. I felt strongly that, the "way" to real salvation should be pioneered when a person who recognizes their own weaknesses and suffering as an ordinary person honestly, reaches the transcendental world through overcoming suffering through their own experiences on the way to the "universal truth". Furthermore, at that time, I prayed constantly not only for my own personal salvation, but I also cherished a feeling of love for the human race and prayed for the permanent peace of humanity. And I sought continually for order in the future of the earth seriously.

I was expecting that, it would be given through the spiritual training.

I was seriously looking for a system of absolute values that would be applicable to our time, because

such a wish could not be fulfilled by conventional religion.

010. Prayer for seeking the absolute value system that creates the order for the humanity in the future.

My usual prayer at that time was, "Please give me the absolute value system."

Around that time, I climbed Mt. Fuji and I was worshiping the sunrise, when God appeared to me and said, "I will grant you one wish". I was so happy that without a moment's hesitation, the words "Give me the absolute value system" came out of my heart at once.

It was clear from the prayers sprang up in that instant that I was not seeking spiritual authority, I was not seeking a special position, but my strong and pure desire for universal truth, for a system of absolute values necessary for the realization of

permanent peace for mankind, was naturally conveyed to my guardian deity.

Thus, I passed the first aptitude test of spiritual training and a test of the purity of my desire for the “universal truth”, and the first course of the spiritual training was successfully completed.

From this point on, I received further guidance of this kind from the guardian deity, it suggested my destiny or pointed towards my future. And I often experienced realizations of this kind too, for many years after. As time went on, I grew to be able to receive them naturally without rejection and without hesitation.

My worries of being trapped in the belief of spirit words and being drawn into self-righteousness and arrogance disappeared.

011. The revelation of mission had repeated many times.

After that, I had numerous such supernatural experiences of “revelations of my mission”.

One that I still remember was....

I was shown a spiritual vision in the form of a caricature.

The story was.

Four "persons" were sent from heaven to earth to save humanity in this chaotic world, I am the third of the four, and the first and second have accomplished a great deal but have failed to reach their ultimate goal. Therefore, I, the third, have absorbed as much as I could from the achievements of the first and second. I also discovered that the reason why the first two failed to achieve their ultimate goal was because they failed to establish an effective corrective mechanism for both leadership and organizations, sacrificing the universality of truth in

an attempt to assert an absolute position, and failed to discover the principle that harmonizes the "individual" and the "whole".

Therefore, I pursued purely the universality of truth away from religion, and only by thoroughly eliminating self-righteousness was I able to transcend the limits of religion and restore the universality of truth. I then developed an absolute value system derived from this system and mastered the theory and methodology of harmonizing the "individual" with the "whole", which I carried with me to humanity, and finally succeeded in paving the way for permanent peace for mankind.

Furthermore, there were other experiences following these revelations.

On waking one early morning, I heard a sudden revelation in a loud voice echoing in the sky and the earth with the majesty of the guardian deity, "You are the son of David, the son of Solomon, and the

son of Herod ...".

At that time, I didn't know what it meant, and I tried not to think deeply about it, but if I think about it now, it means that "You are the successor of king of Judea".

I was born in Japan, and I have never been deeply involved in the world of the Bible, but this revelation suggests a relationship to Jewish issues from a standpoint of permanent peace and the future order of humanity. When I wrote about these revelations, they seemed to be disjointed experiences experienced over a decade. But by putting them side by side in this way, surprisingly I notice that they all point in a consistent direction and are being expressed in a multi-faced manner.

At the time though, such “revelations of my mission” and the significant meaning they seemed to have, were merely something to brighten my mind, and in daily life I promptly forgot about them.

These "revelations of the mission" have never been a premise for my life.

And I have never used these kinds of spiritual experiences as a signboard for guiding people.

Because for me, only the "universal truth" that I'm seeking, the absolute value system that should be derived from it, and the contents of the methodology for practicing it has always been the most important of my concerns. And I continue to seek just that to this day, and everything else was secondary.

In addition to the above, several hours after the great religious leader Mr. Masahisa Goi died, he appeared suddenly in front of me, hundreds of kilometers away, and I was asked by him to succeed his position. One of the reasons why I was not able to accept his request honestly at that time was that if I accepted it and became someone's successor, I would be sorted into that group from that point on and was worried that the universality of truth would

break away and become gradually lost.

I was indeed grateful for those revelations and requests, although, I absolutely prioritized keeping the universality of the truth purely in a position that clearly distinguishes it from religions and established powers.

Furthermore, at that time, my first priority was to be saved. At such time, even if I was told "you are my true successor. Please follow after me", or "You will save the crisis of humanity", I did not have the content, the conditions or the awareness to accept it at all.

I was aware of the reality of myself. So, I was not in a position to accept them at that time, although I accepted them only as a light to brighten the future, from now on looking back, it was a humble attitude that I understood myself, and I can say that it was an exemplary answer.

If I accumulate more spiritual training, someday I

will have enough of the appropriate conditions, the "revelations of the mission" that I have received so far, will have great meaning.

012. Test of the trust in the guardian deity.

Well, going back to the story; I finished the first course without difficulty, and even enjoyed the spiritual training for a while, but the most dangerous test soon came after.

Suddenly, I was told by the guardian deity, "We have finished the training in this world, so we will immediately shift to the spirit world from now on (meaning death)". And I was instructed to commit suicide with a cord of Tanzen (cord for a kimono) by strangulation.

At that time, I sensed the existence of the guardian deity behind the guardian spirit that had been giving me guidance. And since I had already completely entrusted my fate to the guardian deity, and thought,

"If I am to die by the guardian deity's judgment, I will die," and I strangled my neck with that cord.

It was a very strong-looking band of cord. I wrapped it around my neck once and a half times, held the ends of the cord in my left and right hands, and pulled it with all my might, then it snapped right down the middle and my life was saved.

It was a test of my attitude to follow the guardian deity as an absolute existence and of my attitude to leave my fate completely to God.

But that was a very dangerous gamble.

In my case, it was fine because the spiritual training itself was under the jurisdiction of the strong guidance of the guardian spirit and the guardian deity. But it's very dangerous, please never imitate this.

At that point, I was able to think, "If I am to die here in this way, I will die. Even if the voice behind me is not the guardian deity, but an evil spirit trying to kill

me, I do not mind dying".

But at that time, I felt a strong conviction that "I will not die here", which came from the bottom of my heart. So, there was no fear of death.

It was as if my guardian spirit was supporting me from behind, saying "don't worry, don't worry, you will never die", when I was being driven to the brink of life and death by the strict guidance of my guardian deity.

It was the support of guardian spirit, that led me to the conviction and confidence that "I will not die here, but if I need to die, I will die anytime" came from the fact that my attitude to seek the truth was not halfway.

It was because I was truly aware that what I was seeking was not a temporary wish, but a really crucial thing that was worth risking my whole life on, and I noticed that it was a search for the truth that risked my whole spirit.

And the background of which I sought the “universal truth” was not only salvation for myself but the endless desire for the eternal peace of humanity, the order of the future of the world, and there was a backing of the pure love of humanity that came forth from my heart.

It was a yearning to find the universal God of truth that had not yet been seen, it was not a semi-God found in religions, but a universal God as a cosmic existence, and a sincere attitude to seek that God. It was an essential desire that came from within, backed by a strong feeling that even my life was not important for that purpose.

Through this experience, the feeling of seeking my own “universal truth” led me to a strong awareness that it is earnest within me, and a feeling of seeking “universal truth” that grows stronger and greater.

013. The thing that supported me finally, was the attitude of seeking.

“The revelations of the mission” that had started during the first program were experienced many times over the following decade. If I ask the guardian deity now in my mind about those experiences, I sensed that "It was urging an awareness in the deepest part of my consciousness, and while creating clues so that even if I forgot the lesson, I could recall the memories when I needed them".

The second program made me confirm that I had been seeking the "universal truth" without self-righteousness, with a mind of pure love for humanity, and that I was purely driven by it. And it convinced me that my spiritual training had begun in the form of a guardian deity to respond to my pure wishes, and therefore I accepted this spiritual training with full affirmation and gratitude.

What finally proved to me that it was not a false god, but absolutely a guardian deity, was not the miracles, nor the voice, nor the figure of the guardian deity, but it was only my own pure search for the "universal truth", which I confirmed myself.

Through this life-threatening experience, I felt that "I established a strong trust to the guardian deity ..." but I received a test to force myself towards further reliance.

The guardian deity suddenly as if shaking my trust and said that "I'm not a guardian deity. Actually, I am a goblin cat", and imitated the cat call close to my ear.

I was shocked for a moment. But at that time, I had already had a place to return.

The place where I go back to was, "I have only sought universal truth and a non-self-righteous God". And "I have been praying for this seriously, my prayers will be realized, and nothing that I do not

seek will ever be given." After confirming in my mind, the purity wishes of seeking a selfless God, I answered with confidence, "I will never be fooled by a goblin cat. You are absolutely the guardian deity".

Then I felt the blessing of the guardian deity, "Yes that's right. Welcome here".

Since then, it has become possible to even ignore such destabilization.

Passing this test of the guardian deity, I finished the second program of the spiritual training.

When I think back to it, I am able to understand now that the program was the guardian deity preparing me for the purpose of giving me true awareness and true confidence.

Through this experience I was able to confirm for myself that my absolute trust in my guardian deity and spirit, my courage to risk death in order to obtain the truth, and my unwavering desire for what I wanted were real.

This gave me a real confidence.

This confidence has been a strong support for my spiritual practice ever since.

014. Being impatient because it was difficult to obtain "universal truth"

For a while, whenever I asked the guardian spirit something, I would learn a lot of things that I needed. Those were certainly fun days.

The guardian deity appeared when I called, the guardian spirit appeared when I called, and my questions were answered.

All were plausible answers, but there seemed to be few things that convinced me. It seemed like the answers were taken from my subconscious for the purpose of purifying my subconscious by the guardian deity.

And of course, there were many wonderful words of truth, but the amount of information was so small

that it was far from what I had hoped for, and I was left dissatisfied.

Through such a spiritual mysterious experience, I gradually start thinking that "Getting to know the truth or to understand the truth might be completely different from what is taught in this form", and I questioned my direction.

In the beginning, I was moved by the spiritual phenomenon, and surely there was a time when I helped some people and lead them spiritually and found value in my life in doing that. But after a year, gradually I noticed that "I had continued to rely on spiritual phenomenon, but I couldn't get what I wanted at all".

In other words, the teacher side and the learner side were separated, and the amount of information was too small to convey the truth in words (including spiritual words, spiritual visions, and telepathy), therefore it was difficult to reach true understanding,

no matter how I tried.

And gradually noticed that, if I continued to act by being commanded by the spirit behind me, it became a posture increasingly dependent on the spirit or an attempt to be enslaved by the spirit. And it was the same as hoping to be God's marionette, and it was an attitude akin to throwing away my individuality and independence.

If I say from a current conclusion, becoming God's marionette is not the true human form. And God does not want that for human beings.

But in order to teach me about that, first, the guardian deity did not tell me "Do not become a marionette of God" by using spiritual words or telepathy but pulled me into a situation in which I became such a marionette and made me think and notice that this was not the original human form. Then, the guardian deity allowed me to clear that hurdle myself.

Thus, while I was pursuing spiritual phenomena, the guidance policy of the guardian deity was to let me pursue the spiritual phenomena as much as possible. The spiritual phenomena continued by providing me with experience after experience, until I finally said, "I'm tired of spiritual phenomena".

And, a person can only graduate from the experiences, if the person is clearly aware that it is not the direction that they or human beings are aiming for.

I thought I understood that degree of my knowledge, but if spiritual ability is useful to guide the fate of a person, in the midst of it they don't notice that they are caught within the spiritual phenomenon.

At that time, I was in a state of confusion and frustration further because I was in such a hurry to seek the truth, which was not easily available.

One day, gradually I felt it was stupid for me to pursue spiritual phenomena and rely on them and to

be swayed by spiritual things. And I was able to realize clearly that "If I try to rely on spiritual phenomena to learn universal truth and act after waiting for commands from the spirit, I will eventually never get to the universal truth that I sought".

I had been swayed by spiritual things in such a spiritual world for more than a year, until I realized from the bottom of the heart that "I will never get to the universal truth unless I get out of this spirit world".

If I think about it now, the method of transmitting information by means of spiritual visions, spirit voices, telepathy, automatic writing, etc. is not enough to receive deep contents related to "universal truth". Regardless of whether it is good or bad, it was extremely lacking in the amount of information that could be transmitted, and it did not possess the amount of information that could fulfill the depth

of truth I sought.

For me at that time, I hesitated to accept it as "universal truth." My attitude to seeking for an even deeper truth meant that from the perspective of the guardian deity, the third program of my spiritual training was near completion.

It turned out that knowledge of the truth does not mean entry such spiritual worlds, nor being taught by the spirit, nor being commanded and moved by the spirit.

"To know the truth" is "To embody the truth." With words we can only understand superficial things. Realization is true understanding. Realization is the way to get to the infinite amount of information of "universal truth". And we cannot understand the truth other than through realization.

The guardian deity had been waiting for a long time for me to reach such a recognition from the beginning.

It was transmitted to my heart keenly that the guardian deity and guardian spirit had blessed that state of my mind when I finally reached that point.

I can still remember well that feeling of gratitude welling up from inside.

There was one thing that helped me during my spiritual practice. It was becoming able to see into people's hearts clearly. But it was very difficult. The inside of a person's mind is never clean. Even if they keep their mouths shut, I can hear all kinds of criticism of myself. If I am not careful, I will fall into the world of good and evil and fight against them. This alone is painful, but they treat me with an attitude that is contrary to their heart.

It was hard for me to react to the other person's mind individually. At such times, in order to get out of the pain, I kept thinking of how to look only at the goodness of the opponent, how to ignore other person's negative thoughts, how to get rid of the

mind which responded to the person's negative thoughts and how to get away from the world of good and evil.

And at that time, I was trying to use all the fate and environment that appeared in events around me, as material for my spiritual practice, whether the opponents were bad or good, I felt that they were necessary for my growth and that "everything was my problem".

When I think back on it now, I was trying to use myself as an experiment and trying to develop the "training" shown later.

Section4

Beyond subconscious.

015. It was still the entrance of the entrance.

The program of so-called seeing and hearing of spiritual training was completed in about two years, and after that the spiritual phenomenon disappeared. In fact, it was the beginning of my true spiritual training.

The fact was the spiritual experiences up until then were nothing more than the entrance to the training. It was just about going into the subconscious from a surface consciousness. Such a spiritual experience is very mysterious to human beings, but it has nothing to do with the existence of God in particular, and it does not provide any evidence of the existence of God.

Furthermore, speaking from the conclusion, not

becoming too involved in these relative worlds of the subconscious, and going beyond the subconscious to reach the transcendent consciousness, in other word, the world of absolute universality, was the most important subject of the training. It was the most difficult thing to go beyond the involvement of the subconscious. If you get stuck at this entrance, you will misunderstand yourself as "I'm someone's reincarnation" or "There is a God behind me" ... and you will misunderstand the “truth” you receive from seeing or hearing something. And you will try to teach people by some spiritual authority, or you will go on to claim your own legitimacy. It seems that there are many spiritual leaders who are stuck at this initial entrance of spiritual practice and cannot go beyond it.

016. Going beyond the spirit world by own will, with the perfect reliance for the guardian deity.

Reaching the recognition that "realization is true understanding" meant the end of the third program of spiritual training.

This third program is important for spiritual people, so let's back up a little.

The third program of spiritual training is: While having absolute trust in the guardian deity, you should keep in your mind that there is no truth in the contents of the dialogue, and you should not accept such shallow truth as the truth.

There is no truth in the words or their meaning. The truth is in the words before the words, and the truth cannot be acquired if the words before the words cannot be understood.

Also, until then, I had tried to follow the orders from the guardian spirit, but humans are inherently not the

beings who move according to God's orders.

I knew the truth that, "Human beings have not realized it yet, but they are essentially Gods themselves", but until that time it was nothing more than knowledge. But through the program, I gradually became aware of it.

And above all, it was the task of the third program to go beyond the spirit world, with absolute trust in the guardian deity without fear of death.

In retrospect, it was very helpful for me since I was an atheist, I had studied physics and been a science researcher. So, when it came to scientific reasoning and scientific objectivity, I was quite trained, so no matter what kind of plausible thing I was told, no matter what miracle I was shown, I did not believe it as it was. I did not lose the vision that tried to look at things without subjectivity at any time.

017. Driven into a dead end and decided to start from scratch.

Guardian spirit taught me various things in words, but it seemed that I had rarely exceeded the content that I had already known as knowledge. Also, the content beyond my knowledge was often outrageous and I could not accept it as it was. If I think about it now, in order to make me understand that words have no truth, the guardian spirit spoke a lot of words resembling truth on purpose.

And above all, the amount of information in the spiritual words, spiritual vision, telepathy, and automatic writing was extremely lacking and it was extremely irritating.

Even when I heard fragments of human history and truth that seemed plausible, I could not believe nor accept them. "I cannot accept anything as truth that has not been proven or was unfounded," or "what I'm seeking is not that how to understand and believe

in something taught unilaterally”.

I was not able to hold back the feeling of doubts coming out more and more against the work of the guardian spirit.

The guardian spirit did not answer all these doubts, but it was reflected in my heart that the guardian spirit was very pleased by the transformation of my mind.

By the time I reached a clear recognition within the third program, I had always been asking myself, "How can I say anything is correct?", "What is understanding of the truth in the first place?" "Is there any proof of the truth that I was taught?", "What kind of things convinced me of this truth?" or "How can I prove that this is the truth?", I questioned myself and the guardian spirit. In the meantime, my interest in the spirit world and such was gone. Also, words from the guardian spirit and the telepathy gradually disappeared, and I gradually

heard nothing. Dialogue with the spirit was also lost, and the mysterious spiritual phenomena were also lost.

However, after the absence of spiritual phenomena, the sense of unity between me and the guardian spirit became perfect, and firmly connected deeper inside, and I could feel the presence of guardian deity continuing to watch over me silently and warmly. At that time, I was already feeling that I could not advance any further without solving the most fundamental way of “understanding” or “proving”.

And I had already understood that there was nothing more along the way I had come. Moreover, I had no idea how to go back, even if I tried.

I had come to the point where I felt that I would not be able to overcome this great barrier unless I abandoned all deductive 'understanding', all thought and speculation, all attempts to understand the

'universal truth' in dialogue with the spirit.

Finally, I decided to discard all the common sense and religious knowledge that I had gained so far, forgot everything I was taught in words from the guardian spirit, and I decided to start all over again.

018. Determination to abandon all judgments.

Discarding all knowledge, experiences, and ways of life that I had accumulated so far, required a great deal of determination.

To that end, throwing away just one's knowledge and common sense was totally useless. You must throw away your whole self, or that which you have thought of as yourself so far.

It was to give up any judgment that came from myself and not to think at all. I gradually became aware that there was no way other than to go along with this rather desperate way of “understanding

without thinking”.

It was very strange how I reached such awareness of absolute understanding by "thinking nothing". But it should be said that the strong will of the guardian deity was behind this.

And, of course, it was also the guardian deity that had driven me to the impasse, and it was the guiding policy of the guardian deity that made me decide to give up judgment.

The choice to get "true understanding" and "absolute recognition" by giving up all the judgment is like choosing to drive a car blindly in a city, and at the beginning it was a hard decision to make. However, I made that determination because there was an unwavering absolute trust in the guardian deity that "absolutely nothing could go wrong" which came from the experience of the “strangling cord” during my spiritual training.

From that point on, all guidance was given through

my own experiences and awareness, beyond my judgment, without passing through any spiritual phenomena.

At last, I started to walk a "way" towards understanding "universal truth" while embodying it.

019. Achieving absolute recognition by giving up judgment.

At the time, I was already practicing the fourth program of spiritual training.

Under the guidance of the guardian deity, with inner unification, the way of understanding by embodying the “universal truth” was the deepest form of "understanding" directly connected to the abyss of the universe. There was already no need for words (spirit words, spirit visions, telepathy, etc.).

As I said before, when I was devoted to materialism for several years, I kept saying that “my feeling and judgment, and my underlying values, etc. are merely

activities in the cerebral cortex". This already had a profound meaning in terms of the training to abandon judgment.

In that sense, my materialistic period was a necessary one, and I can say that it was part of my spiritual practice.

That is why, in my case, the basic practice of giving up judgment had already been done in the days of thorough materialistic theory. So, judgment renunciation was carried out thoroughly without hesitation until it was almost perfect.

The meaning of this abandonment of judgment was to throw away all the "pseudo-truths" that I had built up so far, and to reach "the world of absolute recognition" on the other side of the relative world.

In this way, I was able to reach beyond the surface consciousness and subconscious without difficulty and reach the world of transcendence which was my goal by training in judgment abandonment.

Thus, the fourth program ended safely.

020. What I thought after having reached the transcendental consciousness.

What I felt after completing the fourth program was that transcendental consciousness is the original habitation of human beings. It is a unified universe, and it is the only life form that transforms greatly without beginning and ending.

And my essence is my true heart of transcendental consciousness, what I call my "True-self", and from the point of my "True-self", even this body is not my property, and of course it is not myself.

The physical body and all the consciousness related to the body, is the transport vehicle of the principle of "True-self", and it was like a spaceship that moves back and forth through the conscious space of the universe. Therefore, the physical body and physical consciousness were borrowed temporally

from the sole existence of transcendental consciousness, i.e., the "Ultimate Existence" and the creator of the universe. And I felt that, in the future, that it should be returned to the "Ultimate Existence". Furthermore, the "True-self" that lives as part of the "Ultimate Existence" is a true freedom existence. Human beings were "equal" only in the truth that they have been divided from the "Ultimate Existence" which is the root of life and will eventually return to the "Ultimate Existence". Moreover, the judgment of the transcendental consciousness is absolute universal judgment. However, observing the reality of many human beings, the judgment from this transcendental consciousness is mostly pushed away, and the decision of fake humans who live in the subconscious and surface consciousness was prioritized and dominant. Even the words of truth and good deeds of many

people were events in which subconscious and surface consciousness were prioritized.

There, the subconscious, and the surface consciousness make a plausible value system, and pretend that a true human was making judgments, yet these are convenient judgments made not for the real but for fake humanity.

Words like freedom, equality, peace, love, cherishing yourself, living honestly in oneself, living with your identity, that we used to say so plausibly and proudly...But they were claims of "pseudo-truth" prioritizing fake humanity within the subconscious and surface consciousness. It ignores all of the transcendental consciousness, or largely distorts true human purpose within the transcendental consciousness.

Especially within modern people who try to cherish self-assertion and independence, but in fact are in a situation akin to slavery to the subconscious that is

quite contrary to their expectations. That is, modern people who value liberty, self-assertion, and identity, have suppressed the philosophy and identity of the "True-self" who is the True-self of transcendental consciousness, the essence of human beings. Not only that, but they also misunderstand that the state of slavery that is cursed by the energy of the subconscious, which is the cause of oppression, is their freedom or self-reliance.

And in my case as well, I realized that my judgments and my values that I had thought and cherished until then were, in fact, far from true ones.

Furthermore, any activities by the subconscious or surface consciousness were under the perfect control of transcendental consciousness. The transcendental consciousness was silently allowing for their tyrannical behavior while preserving the big picture. Since then, the training of abandonment of judgment expanded its content to giving up all words, all

intuition, all emotions, all desires, all thoughts.

In fact, this training of giving up judgment had a decisive meaning that goes beyond the framework of the values that had made my life so far. It is no exaggeration to say that the main meaning of spiritual training was to regain my true form and establish my true identity through the practice of this enlarged judgment abandonment.

021. Freedom from the subconscious by going beyond feelings of fear and anxiety.

In the practice of expanded judgment abandonment, I was attacked by various temptations, thoughts of fear and anxiety, and faced desperate difficulties of fate. It was the time of the hardest birth pains in the process of spiritual training, and it was an indescribably extreme inner training.

The practice of abandoning feelings and the judgment within thoughts means ignoring all

emotions and thoughts that attack you, and it means "abandonment of reflections" in the state of absolute unification with the guardian deity. If you try to concern yourself with the thoughts coming out of there, and try to reflect on something, it will quickly become a tug of war between good and evil. And you will get caught up in the thoughts of fear and anxiety, and you will fall into a bottomless pit.

I got over this hard trial over a period of three to four years with strong desire to seek absolute unification with the guardian deity, and with the great patronage of the guardian deity.

Through this training, I gradually became free from all thoughts and desires as a human being. However, even if I say liberation, those emotions or desires never disappeared completely, but are liberated from the control of subconscious. And all emotions and desires exist more vividly than before under the control of the "True-self" who is the true me within

the transcendental consciousness.

Because I had reached transcendental consciousness, my judgment, emotions, thoughts, desires, words, and actions were all under the rule of transcendental consciousness, and everything became affirmative spiritual functions. Everything consisted of things that keep others alive, and everything consisted of things that beautifully decorate life. And that is my, or more precisely, the original human form. What a wonderful world it is! How can I express it to you?

022. You cannot be reborn without giving up judgment.

The fourth program of spiritual training shown here is a very important phase for all who seek the truth. Perfect judgment abandonment is the same as completely ignoring the emotions, thoughts, judgment and behavior of surface consciousness and

subconscious. And by blocking interference from the relative world to reach transcendental consciousness that is the recognition of the “truth”, and to abandon the sense of values of “pseudo-truth” that has been built up so far. It means to live without judgment, and leave your thoughts, and ideas under the control of the “True-self” which is the essence of yourself.

I have completed judgment abandonment in terms of materialism and spiritual practice, but this is a barrier that cannot be avoided by all who seek the truth. This is a natural thing if you think about it a little.

In other words, it is obviously a contradiction to try to accept a "truth" without abandoning the "pseudo-truths" that you have built by yourself. Therefore, whether you reach transcendental consciousness and attain absolute recognition, depends on how far you can throw away the "pseudo-truths" you have built so far

It means completely abandoning your senses and judgment and being reborn.

You should know that no matter how hard you try to improve upon the "pseudo-truths" you have built up using relative judgment, by trying to fiddle it or by accumulating other knowledge without obtaining transcendental thinking (described later), you will never reach absolute recognition.

No matter how devout you work for a religion, or no matter how much you pray or how much good you do, you will not be able to reach transcendental consciousness if you cannot give up your judgment.

It is impossible to go beyond the relative world without throwing away the "pseudo-truths" that you have built completely, without throwing away what you are feeling and thinking, without throwing away judgment, without throwing away all of yourself.

023. How to overcome the uncertainty of the human five senses.

A person who speaks confidently of his own judgments and is quick to judge things is equivalent to saying, "I am God," or claiming, "I live in a world of absolute perception". It must be said that it is a great delusion to lay claim to living in an absolute world while living in the relative world. Many people live in the relative world without any doubt and holding on each of their convenient "pseudo-truths" tightly, but do not even know that they are doing so.

People who are so arrogant and refuse to believe in the existence of God often say things like, "If there is a God, let him show himself. I'll believe it when it comes out here in visible form". But, in my opinion, even if a white-haired God with a halo on his head and a long cane came out of the sky, it would be hard to say he was God. Even if you "saw it", it

doesn't mean that you can believe in God.

I am a person who thoroughly examines these things. One of the reasons is, because I have been researching the topic of human perception and our judgment function professionally. Here is an example to illustrate this.

Everyone knows that the human eye functions in the same way as a camera in principle.

Therefore, the characteristics of the human eye are “Objects that are nearer look big, objects in the distance look small. We cannot see objects that are in the dark, nor those which are too large to observe like the earth and neither can we see small objects like bacteria.

In other words, the eye sees only a small part of the three-dimensional world projected onto the two-dimensional retina, and while thinking in various ways, it imagines and judges and recognizes the three-dimensional space somehow. It is a very good

mechanism that cannot be imitated by modern human technology, but it is still a very incomplete recognition. In other words, eye recognition is not the recognition of existence in itself, but only the recognition of a shadow of existence. Besides, eyes cannot see the human mind, nor can they envision God or the truth. The eye is a very imperfect cognitive function to judge the truth. Seeing, hearing, feeling, etc. are only what comprise human perception and judgment functions.

So how can we put absolute trust in human perception and judgment and say that God exists because we saw God? Who could guarantee that? Even if we mobilized all five senses, our cerebrum would not be able to correctly recognize the world beyond time and space.

Human perception and judgment functions cannot be relied upon at such fundamental awareness. Even if we saw it or heard it, it would be an illusion of the

shadow of the entity or impalpable shadows, and it would be merely that which the perception produced. The truth must exist in another place. We must seek the truth in a place beyond the five senses, or even beyond the sixth sense.

It was the end of the fourth program that I pioneered a way to reach absolute recognition beyond the five senses and the sixth sense.

If we discuss it strictly now, these two problems must be solved; "how we can reach such an absolute recognition" or "before that, how can we understand there is any absolute recognition beyond the five senses and the sixth sense?". The details on this point require quite a dense argument, so I'll leave it to my previous book ("When a Human being Becomes a Man"). And the existence of God, transcendental consciousness, and "universal truth", if you want it badly enough, you have to prove it by yourself inductively, as I have done, using yourself

as an experiment.

Section5

Attainment to the Universal God.

024. Attainment of the transcendental consciousness beyond the subconscious.

My true training after that was connected directly to the transcendental consciousness that is the root of life even deeper than that of the subconscious, and to become completely integrated with the “True-self” that is human essence.

The training from that point onward was internally integrated with the guardian spirit and supported by the guardian deity and reached transcendental consciousness directly, regardless of the surface consciousness and the subconscious, regardless of the spirit world. It can be said that it was the training to live real daily life in unison with the “True-self” while keeping the mind in the transcendental

consciousness.

This can be said to be the beginning of the fifth program of spiritual training.

In this program, I coped with various tasks in my daily life.

Every day I was tasked with various difficulties and took these on upfront.

It was a tough but fulfilling period.

If nothing happened in a whole day, I had felt like I wasted a day.

I was told the spiritual practice would take eight-years, but as it turned out, it was almost eight years before the fifth teaching, "Personal salvation". In addition, it took another eight years before I could clearly convince my surface consciousness that I was directly connected to transcendental consciousness.

I was led to a transcendental consciousness, searching for a universal God, and finally discovered

the form of a universal God without self-righteousness that I had been seeking. I had arrived at the universal God.

And I am allowed to call that universal God the term, the "transcendental personality". This transcendental personality is the universal God that I have sought for many years. It is an absolute God because it is universal, it is an "absolute universal truth."

(I often write the shortened phrase, "Transcendental personality", when I am referring to "the Ultimate Existence" of the absolute universal existence, and "the Transcendental personality of the function that restores universality" which is a direct branch from "the Ultimate Existence". See Figure 1 and Figure 2). Why was I able to go beyond the world of the subconscious that is full of temptations? Because I was not a religious man originally. I was somewhat critical of religion, and even had an aversion to it. I think it was really fortunate for me to have been this

way.

Besides, I had learned enough scientific logicity from my experience as a researcher from a young age, and was seeking universal truth with a sincere attitude, not hoping to gain any spiritual authority. I had been seeking a universal God seriously, also had been seeking a pure mind with love for all humanity, seeking a future world order based on permanent peace for all humanity and an absolute value system. I was always humble towards the truth. Even if I saw or heard something, I rarely thought "I understand this".

The training didn't end even after I reached transcendental consciousness. After that, understanding the world of transcendental consciousness in a practical manner, and I was descending to the surface consciousness while being unified and matched with the "True-self", and translating and expressing the world of the

transcendental consciousness to the surface consciousness. At that time, I was already a true "human".

As described above, a completed unity with the "True-self", and the state in which the inner order is aligned, is regarded as the original form of human beings, and it is called a "completed Integrated personality" (described later).

025. I was very happy to be scolded.

In the beginning of my spiritual practice, when I was given too many obstacles in harsh environments that appeared one after another, I had only one moment when the thought "This is so harsh!" flashed through my mind. At that time, the guardian deity who had been in the background suddenly came out and scolded me "You idiot!", "It is not *that* difficult you know!" with loud voice.

It was very strict, but I was really happy about it.

It was such a joyful experience for me. So, at that time it was not the words "I'm sorry" rather the feeling of "thank you so much" that came out first.

From being scolded at the instant my mind arrived at that thought, I realized that the guardian deity was diligently watching me, and that, it was a sure proof that it was always guiding me.

And I felt a deep love from the guardian deity behind the strict words, and strongly I felt the presence of my guardian deity who was watching over me without leaving me even for a second.

For me, I was so grateful from the bottom of my heart.

I felt that only I had such a great experience of getting scolded and felt it was unfair and felt sorry for everyone else. And I asked the guardian deity seriously, "Isn't it unfair that only I was scolded?"

026. I had a stronger wish to seek truth than anyone else.

However, I learned through teaching people that getting advised is a great pain for ordinary people.

For people who are thinking along the lines of fundamental contradictions, such as trying to get salvation without changing themselves, or trying to gain the truth through knowledge alone, or those who have no sense of seeking at all, then accepting advice is very painful and disgusting. If they are so advised, they do not want to admit it and they try to repel it and deny it, or they will think that they have failed as a person and feel depressed and darken their minds. I realized that they would find excuses and quibbles then try to run from it.

From my point of view, I think it's an extremely arrogant attitude when advised and that advice darkens one's mind. And when one begins to think "I have failed as a person". I want to ask them, "Who

do you think you are?"

Those who rebel against advice are, on the contrary, those who have always thought that they are good people, and they are rebellious and depressed because their expectations have been betrayed.

They are so ignorant of their own reality that when they are told what they are, they become depressed and try to deny it. If you know what you are, being scolded is nothing to be ashamed of. It is not a denial of yourself. Being scolded makes one's own reality stand out, and it is possible to purify one's heart and grow greatly. It means that a chance has come to fix that point that has been scolded. So being scolded should be a delightful experience.

In the universe, you are never given what you do not sincerely want. So later I understood that it was not unfair because I was the only one who took pleasure in being advised.

In that respect, since I had been aware of my actual

condition from the beginning as in, I knew that "I cannot help others unless I have been saved". Therefore, being scolded was a form of growth, it was to approach salvation one step at a time, and I had truly appreciated it from the bottom of my heart. I was a person who could see every corner of my mind, so I knew my reality very well, and I was more eager to seek it more than others.

And no matter how much I was scolded, there was no time for being depressed.

One of my strengths is that I am willing to pursue a goal and never give up, even if I am being scolded at the time. I had an extreme aptitude for severe spiritual training.

That is why I was recognized by the guardian deity, and selected for spiritual practice, and was able to accomplish that severe training to the end.

However, if I interpret from the viewpoint of transcendental consciousness, I was born with such a

destiny. I was born with all the preparations for my spiritual training, and at one time I devoted myself to materialism, learned intelligence and logic, and abandoned judgment, sought the universal truth, at that time entered into spiritual training. And I am following it in a planned manner now.

027. The essence of every event is in the transcendental consciousness.

The fifth program was to live extremely internally, with the body in the surface consciousness, while letting the mind live in the transcendental consciousness. It was a practice that meant watching the movement of mind, watching it so as not to miss even a moment, learning how to live, understanding the truth within events and practicing it as "training". What I was trying to understand when I went back and forth from the transcendental consciousness to surface consciousness was the essence of destiny

and the environment of human beings that appeared around me as events.

In the fifth program, I dealt with the question of where the root cause of the events that lie in the surface consciousness, subconscious, and transcendental consciousness.

What I learned in this program was that, in the first place, the cause of destiny and the environment was within the world of surface consciousness within common sense. However, not only that, but also the cause was in the subconscious and in the transcendental consciousness.

Above all, I was convinced that the underlying essence of events is never caused in the surface consciousness, and not caused in the subconscious, but that the cause always exists in transcendental consciousness.

Finally, I regarded every event as a multi-layered structure, and I understood that "the cause of the

event exists in the surface consciousness, the subconscious, and in the transcendental consciousness simultaneously in a connected form and in a multi-layered manner, but the essence is in the transcendental consciousness".

The "essential cause of the event" in the transcendental consciousness was in God's guiding principle that always protects and leads people to grow and accomplish their life activities, and the providence of God, and the guidance of God's love. And this truth has become the basis of my theory since.

028. I confirmed that everything is the guidance of God's love.

This theory was not obtained instantly, but its original form was already in my mind since the beginning of my spiritual training.

My theory was still only a hypothesis at the

beginning but confirming and demonstrating it, was my strong wish.

And I was able to confirm it in the fifth program and demonstrate it empirically.

Even events that seemed to have direct causes in the surface consciousness and subconscious, through the experience of coming and going from the transcendental consciousness to the surface consciousness, I found that they are largely affirmed, and present in the principle of God and divine providence, and I have confirmed that “the essence of all events is in transcendental consciousness”.

From that point onward, I was aware of the wonderful truth clearly, and pushed the theory to the front as a "training", applying it to every single event in daily life, and empirically demonstrating it. It was the biggest task of this fifth program.

I tried it out on my daily life events without exception.

I tried it for not only good events, but I did not judge any inconvenient fate and environment as good or bad and did not probe the cause with surface consciousness or subconscious. I just recognized and accepted them as "everything is necessary and given", which is extremely simple, and it was already a recognition that transcended good and evil. It was already a theoretical understanding that I had understood sufficiently, so I gradually became accustomed to it without resistance.

In this way, my days of living with gratitude for God's love continued for several years.

029. Guidance of God's love which you can experience.

Let's take a look at the fifth lesson, "Affirm everything and accept everything with gratitude as God's love," as a simulated experience for you.

For example, a child throws a ball, and it hits you on the head, causing a bump. You immediately accept it and say, "Thank you, God".

This is the way you are expected to accept the event. If you are kind to children, you may be able to do this.

However, what about the following situation?

What if you discover that a close friend, whom you have always regarded as your best friend and confidant, has been betraying you behind your back, even though he has always appeared to be on your side?

And you are at a crossroads in your life because of this.

In such a situation, you would feel as if you were stabbed in the chest with a dagger or feel frenzied as if all the blood rushed to the head. But then you instantly must think, "This is good. This is God's

love. Thank you, God."

You are now required to accept the situation with heartfelt affirmation.

030. I had already been saved when I noticed.

I was able to do that. And I found that I was already able to love even those who were against me. When I see people, I was also positively watching their "True-selves" consciously and affirmatively.

It was a totally different mental reaction from the previous ninety nine percent of me, and I was glad to find such a self, and I realized that I was steadily changing from the inside.

If I think about it, when I was hospitalized, what I prayed for was not, "Please cure my sickness", but "Please give me a stable mind that cannot be made unstable by sickness", and the usual prayer was "Please give me a stable mind to keep honesty", and I remembered that I had written "stable mind" using

automatic writing at that time and noticed that the prayer was already fulfilled at that time. And thanks to the guidance of the guardian deity and the guardian spirit, I was filled with a sense of gratitude as I finally came to understand this point. I was already saved.

Through the fifth program, I have proved empirically and inductively the theory that "the essence of events is in the transcendental consciousness, and everything is the guidance of God's love".

I had regarded the universality of truth as the most important thing from the beginning of my training. I was gradually noticing that it was something in my heart which was strict and never negotiable. It was directly related to my mission, so I felt an unstoppable energy coming from inside. That was the end of the fifth program.

031. Completing becoming an Integrated personality by the honest mind to see one's own naked mind.

Even in the fifth program, the guardian deity gave me many spiritual difficulties and trials. They were seemingly impossible things for me to overcome. But after learning how to accept the guidance of God's love, it has become much easier to go beyond those difficulties.

I accepted the ordeal with gratitude as God's love without any fear, and if I went headlong towards my destiny without deterring, the obstacle strangely resolved itself, or often the next environment developed a new, and better destiny.

Gradually, my mind remained stable no matter what obstacle in fate appeared, and I always found myself peaceful and at that time I realized that a "stable mind" had been given to me.

During the spiritual training, initially some of my

religious knowledge contributed to it, but as the spiritual training grew deeper, I stepped into deep places far from religious knowledge. And such halfway knowledge was rather an obstruction for me there.

There was no preliminary knowledge and no clues. Nevertheless, I was given fateful challenges, spiritual difficulties, and spiritual trials without any notice one after another, but I overcame all these critical situations by myself.

In retrospect, these challenges were extremely internal, requiring a strong trust in myself, guided by my guardian deity, and a fine mental balance, as if I were climbing an unprecedented precipice alone with my bare hands.

Faced with the danger of being pushed into the abyss and becoming a cripple if I made one mistake, I was able to overcome all these challenges in solitude. In retrospect, it all seemed so strange.

I would have lost my mind if I failed at even one of the trials.

I never gave up or felt like throwing it in even when confronted with obstacles or difficulties. When I had difficulties, I was able to think confidently that “Everything is the guidance of God’s love”,” In the future, the situation has already been solved. The results of the resolution have already been prepared, what I need to do is just to discover it. The guardian deity would never give me an impossible test.”

What I needed at that time, was a strong feeling to seek, a strong trust in the guardian deity, courage in the face of the difficult fates, and a sincerity to try to tackle everything headfirst, pure love for humanity, and sophisticated intelligence.

By the way, this may make you think that I am a particularly courageous person, but when we are faced with such a difficult destiny, we are all capable of summoning up the courage to face such a destiny.

Because there is no other choice to live other than that.

So, I was led by a guardian deity down a road to which there was no escape, and that led to the strong courage that came out. Others can do this too, not only me. However, the one thing I can understand after teaching many people is that I have a special advantage that many people do not have.

That is, I was able to see my mind clearly. Therefore, I was a person who can never lie to myself, and I had the sincere mind to look straight and honestly at my own reality.

It requires true courage to assess yourself without fear, and this courage correctly identifies various personalities in the mind and positions them under the transcendental personality with unification. Thereby making an inner order which is integrated in multiple layers, and finally I reached the “complete Integrated personality”, which is the

original form of human beings.

Section 6

Becoming an Integrated personality.

032. There is a truly natural figure there.

In order to realize its philosophy, the creator of the universe, the "Ultimate Existence" creates a container called the universe, and divides himself into several Transcendental personalities, and develops life activities in the universe. (See below).

Here, I am allowed to refer to the "Ultimate Existence" as the "Transcendental personality", and the divided functions are called "Transcendental personality" too.

The "true-self" is a ray of light and a living form that has been separated from the creator of the universe, who is the "Ultimate Existence," and has been entrusted with a heavenly mission as a true-self mission (light here does not mean physical light, but

a symbolic expression of life energy). “True-self” is a transcendental personality that sometimes rides in a spacecraft called a physical body, uses freedom and creativity, descends to the surface consciousness and conducts life activities.

An Integrated personality means; the state in which the “True-self” has secured human independence, projected the order of the universe into multiple layers onto the inner order of the human being, and has restored the unification between the surface consciousness and the “True-self”. And a person who completes the process of becoming an Integrated personality is called an integrated person, and a person who is yet to become an Integrated personality is called an un-integrated person.

And if an integrated person looks at an un-integrated person, they appear to be a truly abnormal, lost independence, disordered, unnatural, and full of artifice.

I have completed the process of becoming an Integrated personality by unifying the internal order into multi-layers and have returned to the "True-self". And this state is the most ordinary form as a human being, and it is the true human form.

If I am to explain the nature of the multi-layered and integrated structure of the consciousness figuratively: If you only see me as a friend, you will only see me as a friend, but if you see me as a Transcendental personality, I will appear as a transcendental personality.

And if you see me as the "Ultimate Existence", it means that the "Ultimate Existence" of me appears.

I described this human multi-faced as a multi-layered structure of consciousness (see Figure 1).

By unifying and coordinating my inner order, my essential inner contradiction disappeared, and I was able to accept the guidance of the transcendental personality naturally. All my thoughts, actions and

fateful experiences have been universally affirmed without exception, and my life activities have been carried out smoothly in progress with harmony.

My "True-self" is in the transcendental consciousness and is directly connected to my surface consciousness and gives me life. Now my thoughts and actions are always backed by the transcendental consciousness. It means that there is absoluteness and universality within my thoughts and actions.

In other words, I have transcended the common sense of the times, know everything about the world and the universe, and have been foreseen and calculated everything from ten years to a hundred years, or even a thousand years in the past to a thousand years in the future.

No matter how it looks to humans, my thoughts and actions have a cosmic meaning. I am always in harmony with the universe and living with the

universe. I am responsible for some of the life activities of the "Ultimate Existence" and live in the whole universe as my world.

What I do is the universe's doing, and what the universe does, I do. And I live in the universe as myself, and not only do, "I know everything", but "I am creating everything" in the universe.

033. Spiritual training continues.

Even though I finished the fifth program in eight years and was able to become an Integrated personality by getting "individual salvation", I noticed however that I hadn't obtained what I really wanted.

Finally, from the sixth program, my life became a life for the fulfillment of my heavenly mission (my true-self mission). There, I changed from the "position of being alive" to the "position of making things alive" (descending path, see below),

established the absoluteness of truth based on the universality of truth, and developed the theory and methodology of "perfection of the individual" using myself as a test subject, while greatly expanding both theoretically and methodologically. I then developed the theory and methodology of the "salvation of humankind," - the seventh course. And based on this theory, I developed the eighth course, which is the construction of the absolute value system. In addition, the training will continue on to the ninth program which will be the fulfillment my own True-self mission.

I should add here is that the classification from first program to ninth program, I was able to understand and classify while confirming with the guardian deity at the time of writing. It was a training in which some parts were continuous without interruption, and sometimes parallel, and sometimes occurred intermittently with progress spread over a

period of several years.

The contents shown in the following chapters are the contents of the "individual salvation" mainly at the "position of being alive" (ascending path, described later) in the easy-to-understand part of my spiritual training up to the fifth program.

In this book, I have avoided giving detailed explanations after the sixth program. This is because, if you have not mastered the fifth program correctly, it will generate the arrogance and self-righteous illusions that comes from ignorance, or it is difficult for an intellectual understanding of the contents.

(See "When Humans Become Space Humans" for a part of the contents of the sixth, seventh, eighth program.)

Section 7

What I thought after having realized all my prayers.

034. The discovery of the significant truth.

I reached the Transcendental personality after over twenty years of spiritual training and gained the "universal truth", at the same time I have developed a methodology for salvation based on my experience. And an absolute value system based on the "universal truth" had already been given to me, and the basic form of the theory to harmonize "individual" and the "whole" which are indispensable to the permanent peace and the order construction of humanity had been finished. During the process of training, I discovered the following significant truths:

"Only by thoroughly pursuing the universality of truth can the absoluteness of truth be secured."

"The universality and absoluteness of the truth are inseparable."

It is true that "to pursue the universality of truth is have humility towards the truth."

And the next truth led from there.

"If the one claims an absolute position without universality, it becomes self-righteous against the truth."

The truth is, "This self-righteousness is arrogance towards the truth and is the most serious sin against the truth."

This truth is the most important for anyone who seeks the truth and speaks the truth, people who speak the truth must practice it before talking about love, before talking about peace, before talking about God.

And I must convey this truth to all religious leaders and truth seekers.

035. Serious determination to accept the revelation of mission.

Well, for the purpose of writing this book, I looked back on each of the events at that time, following the thread of memory, and I realized that all my prayers at that time were already realized, and I was greatly surprised.

In addition, the writing of this book unexpectedly reminded me of some of the "revelations of mission" that I had forgotten, even though I had received them many times from the guardian deity throughout the

course of my spiritual practice. The result brought back vivid memories to my current self, and I delved deeply into the importance of its meaning.

For me, who has recalled that memory, continuing to ignore "revelation of the future" is an attempt to escape from the task in front of me, which will become a great unfaithfulness to the guardian deity who led me so far.

And that forces me to make a serious decision inevitably.

So, I accept here the main gist of the "revelation of the mission", which I have received so many times.

Here, the mission given to me is directly related to the work of the "transcendental personality" which gives humanity the absoluteness and universality, and it has a very important meaning which gives a finishing touch to the history of humanity.

In other words, it is to make all truth seekers, and truth-seeking organizations, establish a correct

position in the universe by giving them the universality of truth, and in addition, the absoluteness of the truth that is gained as a result of universality. And it is a mission given only to me who sought the universality of the truth by risking my life.

I will work for human beings through prayer and transcendental thinking (described later) with everyone who relates to me, and fulfill the mission given to me.

Chapter 2

Universal appearance of the “Transcendental personality”.

Section 1

**“The Transcendental personality” that I
have attained.**

This section is the conclusion of my spiritual training. However, it might be difficult for many readers. If you feel it is difficult to understand, please skip this section and start reading from Section 2 first, and then read this Chapter.

By reading this book over and over again, you will

gradually see the appearance of the “Transcendental personality”.

036. The absolute universal existence is the “Transcendental personality”.

Regarding 8 years of exploration for the truth, I have already mentioned some easy-to-understand parts up to the fifth program. After that, I spent another eight years on the sixth, seventh and eighth programs. Then, I finally reached the absolute universal God. I refer to the “God” as the “Transcendental personality”. And the “Transcendental personality” that I have reached is the “Transcendental Existence” that I had been seeking.

What we should confirm here as an important recognition is that...

Rather than “whether or not the Transcendental personality is really a universal existence” ...

The truth is, “The result of seeking the absolute

universal existence, led me to the “Transcendental personality”.

And “Transcendental personality” is not a God who occupies a single religion, but a transcendental being that transcends religion, and works for humanity.

This is the “Transcendental personality”.

037. New function that arises from the “Transcendental personality”.

Truth is absolutely universal and is not constrained or limited by anything.

Therefore, if the truth is expressed limited to one form, of course it will lose its own absoluteness and universality, and will no longer be the truth in itself.

However, one concrete new "function" will be produced by that limitation, and the life activity of the universe progresses by the function that is being fulfilled.

That is to say, the "function" of True-self mission,

which we receive from the “Transcendental personality”, is always born from truth, restricts truth to a form, secures a position by limiting and expressing truth, and has cosmic meaning and achievement by positioning it correctly in the universe and establishing that position.

Therefore, if a person who speaks the truth expresses the truth in one form as "this is the truth", it will have one "function" in the universe, but in any case, it is not the "universal truth" itself, but it's just an expression of one side of the truth. And that means that a part of the philosophy of “Transcendental personality” is expressed in a limited way. Therefore, we must know that there is neither absolute nor universality.

The next thing we need is, somehow to recover the lost universality as much as possible.

What we can do to recover it, which is to humbly reposition what is expressed as "this is just one

expression of the truth". The "parts" that have lost their universality and become isolated, are connected to the “whole”, and thus establish a position as a part of the truth, and restore universality, as a result, restore absoluteness and completeness. Thereby in harmony with the “whole” and fulfilling the function of the True-self mission.

038. Religion is given one "function" by limiting the truth.

Religion is especially important for the truth. So, an important recognition here is...

Religion is born from the truth, and that truth is limited to one form. Therefore, in any religion, it is already an aspect of the expression of truth, not the truth itself, and it is just the work of the “part” of the “whole” of the universe”. This recognition expresses humility towards the “universal truth”, and it is an absolute condition that everyone involved in religion

must always keep this in mind. And of course, it is a recognition that all religions should have originally. And this means "mankind needs many religions, not just one".

In other words, by humbly seeking the mission and position of each "part", each religion is affirmed and positioned by the "Transcendental personality" in the universe, and religions as a whole construct a multifaceted methodology towards salvation, thus securing universality. Only then can the conflicts and contradictions between religions be resolved, and the existence of each religion be given cosmic meaning.

Explaining this metaphorically, blank paper bundles have an infinite number of possibilities, but if you bind them and write "journal" on the cover, one "function" is born by so doing. By keeping a diary every day, the function is fulfilled. And in time, the possibilities of the blank paper will be limited,

which means that it is no longer paper for writing letters or drawings, which means that the universality of the blank paper is lost.

This book, which writes about “universal truth” with special care, is no exception. In a precise sense, what is systematized and expressed in one logic and in one methodology cannot be a universal truth in itself.

039. The “Transcendental personality” transcends good and evil.

“Transcendental consciousness” is the ultimate universal world, an absolute world, and therefore a world that transcends good and evil. There is already no conflict there, and all beings are affirmed and positioned within the philosophy of “Transcendental personality”, given a position and is already unified with the individuality and function.

Naturally, the “Transcendental personality” is the “Ultimate Existence” that created the universe, so it

affirms all, not only the parts of the universe that seem good, but also the parts that seems evil.

Whether it looks good or evil from a narrow human point of view, the essence of all beings is in the “Transcendental consciousness”, and the “Transcendental personality” allows them to exist. And this truth means that there is no waste in life activities in the universe.

The order of the universe is never created by confrontation between good and evil. There is evil for the process of leading us toward good, for the progress of life activities. Furthermore, it is not uncommon for even the good which seems good to humans but is actually greater bad, if it is viewed from the greater good. In other words, "even if good is good and evil is evil, if it is positioned in a appropriate position in the process of evolution, and the position is established humbly, its existence is fully affirmed by the “Transcendental personality”.

On the contrary, even what appears to be good, if it deviates from its position, will have a strong evil effect and disturb the order of the universe. Therefore, the Transcendental personality seldom judges what appears to be evil to us, as we expect it to. If the Transcendental personality was to judge all evil, then all human beings would have to disappear. This is because there is no such thing as a person without evil in the world.

040. The “Transcendental personality” does not admit the conflict between God and the Devil.

When the time comes when mankind holds a strong desire for the arrival of an absolute universal being without self-righteousness, the "Transcendental personality" will descend upon mankind as an idea. Only then will good and evil be united under the philosophy of the "Transcendental personality", the

bipolar opposites will be dissolved, the order of the universe will be restored and there will be great harmony.

In concrete terms, the “Transcendental personality” will position all people and all organizations by giving them a position of a True-self mission and positively affirm their existence by making them establish their position.

Therefore, every being discovers their True-self mission given to them by the “Transcendental personality”, establishes his position by discovering his position, is blessed by the “Transcendental personality” and is given a true purpose in life that makes his individuality shine and attains eternal life.

The "Transcendental personality" never denies what appears to be evil from the human point of view in a way that excludes it "outside" of itself.

“Transcendental personality” positions good and evil by incorporating it “inside”, giving a position to

those who have a sense of unification, letting them establish a position by positioning themselves within the “Transcendental personality”, and affirm their existence.

The confrontation between good and evil is ultimately described as the confrontation between God and the devil, but this confrontation between God and the devil is a human illusion.

The “Transcendental personality” recognizes even such an extreme illusion as a process of life activity, does not deny it completely, and unifies the confrontation into a Transcendental Consciousness, correctly positioning it, and giving it a place.

The “Transcendental personality” is not a God that opposes the devil and does not accept the existence of the devil from the beginning, it transcends good and evil, and does not exist in the composition of the bipolar conflict between good and evil from the onset.

So, projecting the philosophy of the “Transcendental personality” into this real world is not to defeat evil that opposes good, but "to establish a standpoint for the truth, including both good and evil". This is quite remarkable.

The future of humanity is not left to the confrontation between God and the devil.

Because the universe has never admitted the conflict between good and evil, nor the conflict between God and the devil from the beginning. The philosophy of “Transcendental personality” is monism. All things, those that look good and those that appear to be bad, are all affirmed in the will (philosophy) of “Transcendental personality”.

In social norms, morals, and religion, good and evil or God and the devil are often in confrontation. Within the nature of human beings, if we stand between God and demons, we will always feel tense, and desperately trying to go to God's side.

The religious effect that comes from this tension is tremendous, but you will never be able to escape the threat of the devil and reach true salvation.

In addition, the cause of self-righteousness in religion is also held within the composition of this good and evil conflict. As a convenience, the proper positioning is required for this serious illusion of good versus evil or the God versus the devil.

If you can reach the true unified love world of “Transcendental personality” that transcends good and evil, you will gain true salvation and be provided peace of mind for the first time.

041. The "Transcendental personality" restores absoluteness and universality to all the gods of history.

Historically, all peoples have had their own gods. But no people have ever sought a universal God and have always sought a self-righteous God who

protects only them and is convenient for their own people.

God, by the way, reveals himself to us according to our needs, according to the extent of our needs, according to the stage of our prayer. Moreover, there is a rule that when God guides human beings, God never reveals what humans do not want. Therefore, if man does not want universality from God and does not ask for it, God will not manifest it.

God by nature has universality and is a "Transcendental personality", but if man wants a self-righteous God who is only good for himself, God will only manifest himself in the self-righteous way that man expects.

And if we drag God down into the relative world of the balance of power between men and races, we place him also in the conflict between the powers. In this way, all the gods of history have lost their universality largely because of the selfish prayers

and hopes, and the selfish reasons and interpretations of human beings.

That is why all the gods of history have not yet revealed their true nature.

The Absolute and the Transcendental beings spoken of in various religions are all originally "Transcendental personalities" separated from the "Ultimate Existence" as functions, and it is natural that they should have universality, but because human beings do not seek universality in these Transcendental beings, or because there has been no need to seek it in the past, they have not yet revealed their universality. And this shows, moreover, that the absoluteness which is the authority of God is not yet the real thing. But in our time, when the world is smaller, God's true universality and absoluteness are potentially required. Therefore, for the first time in human history, the "Transcendental personality" will make its appearance.

So, first I embodied the philosophy of “Transcendental personality”, wrote the "Series of books about Transcendental Thinking". Then the universal philosophy that transcends the good and evil of the “Transcendental personality”, and the prayers that resonate with the philosophy have been shown to humanity.

Therefore, now mankind must pray seriously for all Gods to restore universality.

All the Gods around the world will appear in their original universality to mankind, if all people devote themselves to the “Transcendental personality” and if the human side strongly prays to restore universality.

In reality, this means praying for the restoration of universality directly to the “Transcendental personality” or praying by superimposing the “Transcendental personality” with the name of the God you believe and devoting yourself to the

“Transcendental personality”. Then, for the first time, all the Gods will resolve self-righteousness, restore true absoluteness, and return to their original form.

However, the real meaning of “by devoting yourself to the Transcendental personality” means that “the philosophy of Transcendental personality is projected into you, and universality is restored within you. Which in turn will mean that, God as an original universal form will be able to appear in front of you”.

In this way, all the Gods who created the history of humanity, from ancient times to the present day, will recover their universality, establish their absoluteness, and come together as the “Transcendental personality” to reappear for humanity and work for permanent peace. The “Transcendental personality” is a being of such principle and power.

What is needed in this critical scene where

“Transcendental personality” is “giving universality to all Gods” is not traditional religious power, but the philosophy of the “Transcendental personality” and the force derived from it. That is the principle of the cosmic order in which absoluteness and universality are expressed, and also the power to create it.

042. The “Transcendental personality” severely denounces self-righteousness and arrogance against truth.

The power derived from the philosophy of the “Transcendental personality” acts on humanity for a definite reason. It is a force which seeks to establish the position of all beings in the cosmic order and to restore universality to it. And the meaning of the force is reflected as “a great blessing by the Transcendental personality” for those who want to restore universality, and it acts as a powerful force

that creates a wonderful fate led by the “Transcendental personality”.

On the other hand, from the point of view of a being who has not yet established a universal position in the cosmic order, it means "a severe judgment by the Transcendental personality".

This truth is particularly important. Therefore, no matter how it looks to humans, the “Transcendental personality” practically denounces "evil pretending to be good" that has not established a position, "pseudo-goodness" that has not established a position, and the forces that interfere with the function of the “Transcendental personality” as it tries to recover universality.

This judgment by the “Transcendental personality” is an act of special strong love by the “Transcendental personality” that attempts to restore order when the disorder of the universe reaches a situation that cannot be completely handled by

human power.

Truth must be unlimited and universal.

So do not try to monopolize the truth by interpreting it to your convenience. Therefore, those who speak the truth are never allowed to be self-righteousness or arrogant about the truth.

This means that those who speak the truth must be extremely careful. No matter how good the person who speaks the truth looks to humans, or actually does many good acts, if one becomes somewhat self-righteous, arrogant towards the truth, or tries to monopolize the truth by interpreting it in a narrow self-centered way, or placing themselves at the center of the world without being able to discover their “partial position” given by the “Transcendental personality”, or builds an idea of a self-righteous theory that dominates the world, or makes an existence that is inconvenient to oneself into a devil, or becomes exclusive, or creates an arrogant position

that looks down on others; these acts are very contrary to the philosophy of “Transcendental personality” and are extremely disliked by the “Transcendental personality”.

The “Transcendental personality” attaches the greatest importance to the universality of truth. Therefore, self-righteous persons, organizations and beings who speak the truth but deviate from their own position and claim absoluteness in the guise of the truth, are the ones who most greatly contradict the truth and will be severely judged by the “Transcendental personality”.

These beings who are to be judged are: -

"Those who, instead of pursuing the universality of God, have become self-righteous in asserting only their own absoluteness, or in seeking to maintain the absolute position of their own faith, and have thus fallen far short of the truth.

Furthermore, if they lose humility and build an

arrogant position by being self-righteous, they will create a world of extreme illusions, which will generate an enormous energy of order destruction in the universe.

Therefore, in fields that directly related to the truth, if people or organizations assert that "I am the Ultimate Existence", or they deny the universal acts of "Transcendental personality" even though they have lost their universality due to their own "pseudo-goodness" of self-righteousness; they are denounced severely by the "Transcendental personality".

"Pseudo-goodness" of self-righteousness arises from asserting absoluteness without universality.

If one really wishes to stand in the absolute position of the "Transcendental personality", to assert the absoluteness of the "Transcendental personality", to secure the position of the "whole", then one must thoroughly pursue universality and embody it. For

those who claim absoluteness, it is always essential to thoroughly pursue universality.

043. The “Transcendental personality” restores universality of religion.

As I have already mentioned, when God recovers his universality, religion will also recover its universality. In reality, however, a situation will arise in which religions will not accept their universal God, and they themselves will be judged by that God.

In religion in particular, there are many examples of people who, even if they speak the truth, preach love and peace, and save many people, make self-serving interpretations that suit themselves, such as "the world will be saved when our religion is propagated throughout the world" or "only what is preached in our religion is the truth, the rest is not the truth", or make self-righteous, self-centered interpretations of

human history, or make deliberately narrow interpretations of truth that should be universal. This is an extremely arrogant way of thinking, of trying to keep the truth to themselves, and will eventually be judged harshly by the "Transcendental personality". In particular, extreme arrogance, such as refusing to acknowledge the "Transcendental personality" or interfering with the work of the "Transcendental personality" in restoring universality, even in the slightest way, can be fatal. And if that self-righteousness and arrogance is backed up by the authority of God, it is even worse and become more painful.

However, if they realize their self-righteousness and arrogance towards the truth, publicly admit it, sincerely apologize for it to their God who has become a "Transcendental personality", who has already restored universality, and humbly return their position, then they will be truly forgiven by the

"Transcendental personality", recognized for their existence, be given their position and will be reborn. In this way, the "Transcendental personality" gives the greatest possible blessing and strength to beings who try to restore the universality of truth. Thus, the organization will be reborn as a multi-layered and unified organization, the order of the universe will be restored, and the universe harmonized by being included in the work of the "Transcendental personality".

044. The “Transcendental personality” has given us a great philosophy for our time.

In this way, the "Transcendental personality" has transcended good and evil, and in its own philosophy has unified and affirmed the existence of all beings, good and evil, and has revived in this our time with such authority and power that it has restored universality to God, and restored its original

function, and restored universality to religion.

This can only be done by the Absolute Universal "Transcendental personality", the creator of the universe.

It can be said that what is absolutely necessary for humanity from the present to the future, and what is decisively lacking from the past to the present, is not a conventional religious force, but the "thorough posture of pursuing the universality of truth".

And what is necessary to bring the philosophy of "Transcendental personality" into the real world is prayer.

My spiritual training begun with a prayer that restored the universality of truth to all these Gods.

And the prayer that I will present later will be a prayer that restores this universality.

And in order for me to reveal the existence of the "Transcendental personality" and to present its philosophy as a prayer, I must go far beyond the

saints of the past, in my continuous search for the philosophy of the “Transcendental personality” and in my pursuit of its absolute universality. Also, if I insist on being the reincarnation of a past saint here, it will not be profitable, but rather dilute the universal truth. I seriously sought such truth through spiritual training and realized and embodied it.

Since the future era requires the philosophy of the “Transcendental personality”, my sense of mission demanded it, and my True-self mission brought me to reach the “Transcendental personality”.

Section 2

The law of the universe, "Law of Thought-Determined Outcome".

045. The “Law of Thought-Determined Outcome” creates the universe.

This visible universe is the world of physical phenomena created by time and space, that is, the world of surface consciousness, from the viewpoint of human beings. Behind that is the subconscious world where spirit and phenomena are involved.

In the subconscious, the energy of all thoughts of human and humankind exists, all of the human experiences, knowledge, technologies, and thoughts are accumulated in a mixed state, both good and bad. And they are waiting for their turn as material to create the future fate of individuals, ethnic groups

and mankind.

There is no clear individual boundary in the subconscious, and homogeneous thoughts resonate and influence each other in the subconscious world of all mankind. Furthermore, the subconscious works on the surface consciousness to create the fate of individuals and humankind, but this is by no means the essence of fate. Many of the so-called spiritual phenomena are related to surface consciousness from this world. The subconscious looks like a mysterious world, but it is not the world of essential human nature.

Beyond the subconscious is the world of Transcendental Consciousness. In fact, that is the source world of human beings and the world of our essence. In other words, this world of transcendental consciousness is the world where absoluteness and universality exist, the world of true reality which creates the essence of destiny, which is what I was

looking for.

For convenience, the universe can thus be classified into three layers: the transcendental consciousness, the subconscious and the surface consciousness. Throughout this whole world of consciousness, the "Law of Thought-Determined Outcome" is in force.

046. The "Law of Thought-Determined Outcome" creates even the world of illusion.

If I describe the "Law of Thought-Determined Outcome" in a different manner, human beings are given "freedom" of "mind". Then, through the three layers of consciousness, thought gives birth to action, and a person draws the world of their thought into their subconscious by using the 'freedom of thought' on the basis of their ideas, and then, by using the 'freedom of action', they create their destiny by assembling the materials from their subconscious and develops their life activity by fulfilling their

True-self mission. Here, the energy of human thought is called a vector, which will be described in detail later.

Vectors are accumulated once in the subconscious, and when all the conditions such as time and place are met and the thoughts are realized, the thoughts are fulfilled and the energy (vector) of the thoughts disappears.

Also, since the subconscious of the individual is linked to the subconscious of the universe, “If you make your mind dirty, the mind of mankind will become dirty, and if you make your mind radiant, the mind of mankind will become radiant”.

It is this accumulation that has created culture and evolved mankind. So, to say that "we are free to think what we want" is too selfish.

The energy of the subconscious has a personality and acts on the surface consciousness. It is also possible to deliberately work with the subconscious

to concentrate its energy and exert enormous power over the surface consciousness if one so wishes.

This is a very dangerous force which has left the control of the Transcendental Consciousness. Demons and evil spirits are subconscious forces of this kind, not real but illusory, and even though they are illusions, if we admit them, they are powerful enough to play with human life.

In the previous section, we considered the conflict between God and devil in religion as a problem. If you belong to such a religion, in which the value is built on the premise of the existence of the devil. Because the order is based on that value, the devil certainly acts against God. It does not know the absolute universal Transcendental Consciousness, and the false perception that the subconscious is the real world implicitly creates demons by the "Law of Thought-Determined Outcome", and makes an illusion seem as if it is a real existence.

However, as I will describe later, the universe is perfect, and even if the powers of the subconscious move freely, subconscious is under the complete control of the “Transcendental personality”, so for those who know the “Transcendental personality”, it is never scary. Therefore, if the universe is viewed as a causal world in which the subconscious dominates without reaching Transcendental Consciousness, this world will be seen as a void world where the causality appears and disappears.

If I explain this subject with a concrete example, such as the difficult event like traffic accident. If you interpret it only with the surface consciousness, surely the person was driving too fast, and the oncoming car ignored the signal. Which can explain the cause and effect without any physical contradictions.

However, if we think about it including the subconscious, according to the law of cause and

effect, the person must have had a latent cause that would lead to an accident, which thus resulted in the accident, and then that cause disappeared.

Or, if the accident is interpreted as being caused by an influence of a possessive spirit or an influence of an evil spirit floating in the subconscious, it can be seen as a subconscious event.

However, as it will be described in detail later, even though it seems to be a surface consciousness, subconscious, or a devil's deed for humans, the “Transcendental personality” is always involved in the essence of the event.

And if you take away the illusion, you can recognize that all the events are within the integrity of the universe.

047. If you see this world as a world of monist love, you will create a world of monist love.

What I want to emphasize here is that if you position the universe as a world of monist love that is created by the “Transcendental personality”, you can see the development of a world of monist love created by the “Transcendental personality”.

And of course, if you remove all the illusions, all the events can be understood as events in the world of monist love by the “Transcendental personality”. This truth is one that is most significantly and directly connected to salvation. From this truth, to interpret the example of the car accident earlier, we can say: "The subconscious of the person has already known the correct subconscious cause of the accident, realizes its meaning by experiencing the accident, and if there is the point they should reflect on, they reflect without aware of it. And if there is a

cause in their surface consciousness, they will reflect on it of course. By doing this, the person will reborn, and their destiny will be greatly modified by the transcendental personality".

Understanding that "the universe is a world of monist love created by the Transcendental personality" is consistent with the universal philosophy of the Transcendental personality as will be described in detail later. So that it resonates with the Transcendental Consciousness, survives with the support of the "Eternal Real Existence", and it will have the function of projecting the world of the Transcendental Consciousness onto the earth.

This is the most important truth, and knowing this truth is the decisive key to true happiness. And knowing this truth will lead to a true permanent peace in the world.

I have been built all value systems based on this significant truth.

And in this book, I would like to talk about the “universal truth”, the world of monist love created by the Transcendental personality and descend them to the problems of life surrounding our daily lives.

Section 3

Humans suffer by the “Law of Thought-Determined Outcome”.

048. Your "thought" creates your destiny and environment.

Because the universe is a world dominated by the “Law of Thought-Determined Outcome”, for better or worse, your daily “thoughts” create your destiny, create your environment, and create your universe.

By the way, if the "Law of Thought-Determined Outcome" dominates, then when you look around you, everything must be exactly what you want.

However, reality does not seem so easy. It seems that the real world isn't quite what you want. I'm sure you must think, "If things are going according to my wishes, I don't need to do anything like this."

However, as seen from the conclusion, everything is as you wished, and the result is your present destiny and environment.

In order to understand it all, you would need to solve problems from your “previous lives”, but even if you do not go back that far, if you look closely, you can understand it.

There is a very simple law in our world, that says “bad thoughts produce bad results, good thoughts produce good results”.

049. Various contradicting thoughts are self-realized, and humans suffer.

A good destiny is a result of good thoughts, a bad environment is a result of bad thoughts. It can be said that the winners of life don't win by chance, but actually win at life because of accumulated thoughts of victory, on the other hand, the losers of life don't lose by chance, but actually lose because of

accumulated thoughts that cause failure.

It seems that there is confusion in the perception of happiness in the world. At first glance, gaining happiness would simply mean your fate and events just become what you wished for, but that is a big misunderstanding.

The illusion that all people become happy if they insist on freedom in the surface consciousness and keep hold of an identity in the surface consciousness is a concept that is prevalent in the present age. If what you really want is your own salvation and happiness, you only need to acquire psychokinesis through training.

And also, by insisting on self-interest and self-freedom, believing in what you think and sticking to what you think whatever happens, and if there is obstacle in your way, all you need do is to break through without fear of fighting.

But this is a serious mistake. In this way, it is

generally difficult to recognize what is happiness, so let's describe happiness here.

Human beings are composed of a "physical body" created mainly by the instinct of self-preservation, a "True-self" separated from the "Ultimate Existence" as a ray of light entrusted with a cosmic mission, and a "True-self body" as a container for the "True-self", and the activity of each consciousness is projected on the surface consciousness as a screen. It consists of a three-layered structure of consciousness: the subconscious, which accumulates various experiences and thoughts generated by the surface consciousness, and the Transcendental Consciousness, which is universal throughout the universe and universal to all mankind, i.e., the world in which the "Ultimate Existence" and the "True-self" exist. (See Figure 1)

And human beings are existences which conduct life activities by embodying the philosophy of the "True-

self" within the world of the surface consciousness.

Furthermore, originally human beings are personalities whose surface consciousnesses and subconscious are integrated with the "True-self" as the essence of oneself in Transcendental Consciousness. By the way, there can be a moment when a person is in an integrated state when acting unintentionally, and this state can be called an Integrated personality in a broad sense. But here I am defining a meaning somewhat narrower, thus, people who maintain a deeper integration status continuously are called integrated personalities.

In effect, the structure of human consciousness is not unified, but divided into the surface consciousness, the subconscious and the Transcendental Consciousness, and the subconscious is filled with the energy of thoughts that are contrary to the Transcendental Consciousness. There are various personalities in this subconscious, which are

disjointed, and each of them is in a state of unintegration seeking to realize themselves. And since these separated personalities are self-realized by the “Law of Thought-Determined Outcome”, each of them makes a big contradiction, and cause humans suffering.

Not only people who suffer from debt, or who are bedridden, or who are weak and unable to live unaided, but all people suffer by the “Law of Thought-Determined Outcome” without exception, and they all need to be saved.

And the only difference between the reality of human beings is whether they are, “aware of their own suffering or not?” And that is why the “Transcendental personality” provides us various ways of salvation. Indeed, you are now suffering and desperately seeking salvation.

First, that awareness is necessary. Nothing starts without that awareness.

050. Realizing what you want is not always happiness.

Happiness is by no means destiny becoming exactly what you want. And being saved does not mean that the actual self will dominate one's destiny.

If a “machine that realizes what you want” is invented, at first glance, it would be convenient, but it would not lead to happiness. If many people rely on such machines to get happiness, then the social order would break down greatly.

I would like you to think about it for a moment, if you look at the history of mankind, there are full of various “machines that realize what you want” in the present day. Information, transportation, science and technology, academics, and weapons have all been created for humanity to do what they want. As a result, the present age is a very convenient era, but as it is obvious to everyone, it has not led to the happiness or salvation of mankind. In reality, the

order of mankind has been greatly disrupted by these convenient machines.

If you are trying to get the environment that you want, by insisting on making yourself a victim and creating a situation that works for you, it means that you want to be a victim. This will eventually realize itself into a situation where you become a victim.

If a group collectively thinks like victims, a group will collectively create their own destiny to be victimized. As an example of this, there is an ethnic group in history which have chosen their fate to actually cause damage to themselves again and again by making out their people to be victims. And how can we call it happiness when the collective self-fulfillment of a desire to benefit only oneself leads to a competition for profit?

If you always think that an "opponent is bad", you will always have bad things caused by that opponent. That is because you wanted it. If you wish for the

misfortune of a person, you don't like and keep thinking about it, you will hurt your opponent, but the composition of like and dislike will naturally dominate you. It inevitably means realizing your own misfortune.

In other words, in reality, if unintegrated people are more strongly dominated by the “Law of Thought-Determined Outcome”, the unintegrated personalities in their minds will be self-realized individually and the world falls into shambles.

Also, doing what you want’, which satisfies the desires of the present, creates a debt from the future and deprives the future self of his freedom, which means that his future will be unhappy.

In addition, a person doing what they want then they are not an Integrated personality, creates a structure in which someone always loses in order for someone to gain, and this always results in taking away someone's freedom and causing them pain.

And of course, because of the "Law of Thought-Determined Outcome", this way of behaving also controls you, which in turn causes you the pain of having your freedom taken away.

Thus, we create a world in which conflicting thoughts and feelings within ourselves, conflicting freedoms and liberties between ourselves and others, and, to a large extent, conflicting principles and beliefs within peoples, and conflicting justice and righteousness between peoples, compete with each other for self-realization.

If you look at reality dispassionately, you will understand that this "Law of Thought-Determined Outcome" is making you and the world unhappy.

051. If one's position is not established, a separation vector is generated.

The accumulation of the energy of judgment, emotions and thoughts that are against the

philosophy of the “True-self” is called a separation vector (previously called “cause of unintegrated” or “unintegrated personalities”). On the other hand, harmonized energy that is integrated with the philosophy of the “True-self” is called an integrated vector (the word 'vector' is originally a physics term meaning “force with direction”, here it means conscious body that creates the direction of fate).

In other words, it can be said that the integrated vector works to advance the life activity of the universe and make best use of self and others along with one's True-self mission, and the separation vector undermines the freedom of self and other's True-self mission.

There are vectors that can be distinguished as integrated vectors or separation vectors from the beginning, and those that change depending on the situation at that time. And with the attitude of your mind, you can strengthen the integrated energy of a

vector, strengthen the separated energy, even extinguish the separation vector, or change it into integrated vector.

A vector disappears when it becomes a phenomenon, and the attitude of your mind that reacts to it creates a new vector and accumulates it in the subconscious.

Now, you have already been given a heavenly mission, the True-self mission, and it is your original position to live to fulfill it, and whether or not you can humbly find that position will determine whether or not you can establish your position on the truth.

And if you can humbly position yourself and establish your original position, it is a path filled with integrated vectors and a straight path to happiness. However, if you cannot be thus positioned, you will not be able to establish a position towards the truth, and this will always generate separation vectors, you will fight against

the fate of others, and compete for freedom.

Now the establishment of your most basic position is the establishment of your position in the universe, which is the establishment of your position towards the “Transcendental personality”. I will elaborate it as devotion later.

By the way, the order of the universe is a multi-layered structure, which is projected as a multi-layered structure in an imperfect manner in your environment. So, what comes after devotion is to establish your position in real life.

The practical meaning of establishing a position is mentally relinquishing yourself of all of your various positions given to you in the real environment. And continue to do this in every event. The place where you in let go of these positions mentally and spirituality is in the hands of the “Transcendental personality” and at the same time you relinquish the position to the personality that forms the actual order.

The personality referred to here is, the person who symbolizes the philosophy of the order in which you live, often it is the leader, or the head of the organization, the boss, and the symbolic personality of ethnic culture.

And even though “Transcendental personality” is "only one", but its function is "many", and as a formality, the place you give back your position is not necessarily "only one".

"Establishing your current responsible position means positioning these various positions in a multi-layered structure, always maintaining your attitude to always relinquish your position without trying to hold on to your own position. It means to cherish the position as the given True-self mission every moment and keep your sincerity.

In particular, a person who stands above others must always have the integrity to put aside their own position, their own interests, and their own integrity

in order to fulfill their position.

Establishing a position by relinquishing the position once, is called “unification”.

We call it that in the sense that in the end we will return to the position of the sole idea of the "Ultimate Existence".

And, as will be described in detail later, to unify directly to the “Transcendental personality” is called “devotion”.

Now, the most basic level of the environment where you live in reality is a culture that has been nurtured by ethnic groups over historical times.

All thoughts and experiences in the history of the people are accumulated in the subconscious, and it is unified with the Transcendental Consciousness, growing integrated vectors, gaining universality and becoming an ethnic spirituality within history. As the core of culture, it exists as a culture around you.

And looking at the order of the universe within that

culture and pursuing the establishment of the position as the field in which you live, is your real-life activity.

In ethnic cultures, there are various positions such as master-pupil relationship, parent-child relationship, marital relationship, national positions, positions as a member of the ethnic group, positions in humanity, etc. The establishment of your position will be made naturally by humbly re-accepting these positions.

Ethnic cultures are still imperfect because they include separation vectors, but establishing the position starts just by accepting it as it is by being convinced that there is always completeness behind the imperfections, on the premise of the perfection of universe.

Please think for a moment. All the problems of human relations are separation vectors that arise because there is no establishment of this position. So, if you can establish a position, all the fate will flow,

and you will be happy to generate integrated vectors.

Therefore, ethnic culture cannot be neglected.

Whether you are conscious of it or not, but you are living in a thought environment of culture that your ancestors have been built. You are living within culture while creating culture. And that is the meaning of life.

In this way, ethnic and human experiences are accumulated in the subconscious as vectors to create a culture.

However, if it is unified to Transcendental Consciousness and establishes a position, it becomes an integrated vector, and if it is not unified, it becomes a separation vector. (For details, see “Spell-bounded Japan” and “When the humanity becomes spacemen”).

Section 4

Becoming happy means becoming an Integrated personality.

**052. Only "realization" of "True-self" leads
to true happiness.**

Your "True-self", together with the "Transcendental personality", is in the transcendental consciousness and knows everything about you. It knows all about your wishes, your personality, your past and your future, and it creates your destiny.

The "True-self" always tries to give you a fate to fulfill your True-self mission. However, if the subconscious is dirty, it will interfere with the activities of the True-self mission, so even if a fate and environment that would fulfill your True-self mission are given to you right in front of you, the

surface consciousness would hate it and avoid it. Eventually, individuality is also suppressed, and it does not lead to the true purpose of life.

Purifying the separation vectors packed with subconscious and surface consciousness and converting them into integrated vectors is the “training” that is shown later, which leads to individual salvation.

When the separation vectors gradually disappear and the integrated vectors become dominant, it becomes suitable to be called an Integrated personality. So, for the first time, your personality will shine, and what you want will lead to your well-being.

The "True-self" is not a being far from you, it is the very essence of you. Do not place your “True-self” far from your real-self and tell yourself that the “True-self” is the true you.

053. Unintegrated personalities do not feel happiness even if the fate that is desired by the True-self appears.

If you are able to follow the guidance of the destiny created by your "True-self", you will be happy in no time. And this is the fulfillment of the True-self mission.

Therefore, only the fate of fulfilling the True-self mission leads to true happiness, radiates your original individuality, and leads to the true purpose of your life.

In this way, the "True-self" tries to make best use of the person according to the True-self mission and tries to give them the essence of fate that leads to happiness. However, the separation vectors always act for immediate convenience, and try to run from the essence of fate. But if they can unite with the "True-self" by unification, they become integrated vectors and will follow the "True-self" to help your

destiny.

If you become an Integrated personality in this way, your surface consciousness will be integrated with the will of the “True-self”, so you of your surface consciousness can be just satisfied by simply living according to the “Law of Thought-Determined Outcome”.

However, the Unintegrated personality (people in whom separation vectors are dominant) cannot feel happy, even if they always think good thoughts, helps others, do kind deeds, even if this virtue eventually returns to them, and even if the destiny and the hoped-for environment appears in front of them. In other words, if you are not seeking to become an Integrated personality and establishing the correct attitude to accept the destiny and the environment with that aim, even if you appear to be happy in your surroundings, you will suffer because of property, become selfish due to the compassionate

treatment from others, or become arrogant because of being over-blessed, and it is not possible to use your virtues to create happiness. So, if you are separated from the “True-self”, there's nothing you can do to make yourself happy.

When you are separated from the "True-self", all you think about is the selfishness of your surface consciousness, which ignores the whole, and as a result, all you do is contrary to the principle of the "True-self", and the more you exercise the freedom of your surface consciousness, the more your life activity is disturbed.

Without having established true individuality, which is directly connected with the "True-self" or True-self mission, a person who is separated from the "True-self" and who is an Unintegrated personality wields their freedom, and the more they attempt to show their individuality, the more separated worlds are created, which is contrary to the truth.

For example, some people may be attracted to and married to an inexplicable separation vector, as if the person is deliberately choosing a fate of unhappiness. Some people are also driven by the selfish separation vector of that person, and the attachment to him or her prevents the person from making important decisions. Some people may not like the person whom the transcendental personality is trying to give the person, even though he or she has a wonderful marriage partner in front of him or her. Or, even if the person marries him/her, the person is so dissatisfied with him/her, and the person does not feel happy about it. Some people may have a family environment that others envy, but the person doesn't feel happy about it. And it seems to be the basis of tragedy, especially because of the lack of distinction between loving and liking, and the mistaking of liking for loving. Of course, it is the best if love and like are the same, but, in fact “love” can mean that

you can love a person even you don't like that person. And loving the opposite sex is based on instinct, which is not necessarily love, but tends to satisfy your emotions and desires.

In this way, in the case of an Unintegrated personality, even if you choose an unfortunate fate on purpose or choose a good fate by chance, if there is no appreciation, it does not feel happy, and the fate itself loses its way and draws you into suffering.

054. Integrated personality can express necessary feelings when it necessary.

Therefore, in order to utilize the “Law of Thought-Determined Outcome” without contradiction, fate will not lead to happiness unless unification of the entire personality is realized.

Only when you are united with the "True-self" and become an Integrated personality, the "Law of Thought-Determined Outcome" will make you

happy. Therefore, in order to feel truly happy with the destiny of Integrated vectors, you have to be of the Integrated personality.

In other words, the conclusion is that the only way to be happy is to be of an Integrated personality and to have the feelings of the “True-self” and the feelings of the surface consciousness coincide.

Those who are not integrated have different personalities, and their feelings, thoughts and judgments come out without any unity according to the circumstances of the moment, and they are suffering because they are tossed about by them.

If you know that it is not good to be angry or frustrated, but you are still angry, you are suffering from a split between your angry self and the self that tries not to be angry. If you want to be kind to someone but you can't, it is also because you are separated. If you are given a good destiny and you are not happy about it, it is because the source of

your emotions is in your subconscious, which is separate from the “True-self”, and your judgment does not match your emotions.

In this way, an Unintegrated personality always judges their interests intuitively at a split standpoint from the “True-self”.

And in that position, emotions are automatically activated, and you feel happy, sad, and angry. This intuition is not Transcendental thinking (described later) and should be seen as mere subconscious thought.

Please note though that the feeling of getting angry is one of the expressions of emotions given to humans, so please don't say that it is bad. Emotions are not created by humans but given as necessities for life activities by the Transcendental personality.

The problem is created when one is angry against an integrated vector or happy with separation vectors within a separated state from the "True-self".

Since the Unintegrated personality does not have the judgment criteria of the “True-self” side, all intuition comes from latent thoughts derived from the subconscious, and disharmonious feelings appearing without control. This is the suffering of the Unintegrated personality.

Being an Integrated personality doesn't mean you won't get angry. If you face a serious situation that is largely contrary to the truth that interferes with the progress of life activities, you will be extremely angry, judging from the position of "True-self".

It means that even if you are at the mercy of some kind of separation vectors now, if those vectors are purified, you can become the opposite of the failed-self that is appearing now.

If you become an Integrated personality, you will cry, laugh, rejoice, and grieve in a unified state with the “True-self”.

The integrated person always has the criteria of

judgment from their “True-self” side. Their intuition is transcendental thinking derived from the “True-self”. Their emotion is also from their “True-self” position. The necessary emotions come appear as needed under the control of the “True-self”. In fact, integrated personalities are emotionally stronger than unintegrated personalities.

Therefore, their emotional expressions are also very rich and unique, and they are unified and universally affirmed. And not only their emotions, but also their individuality radiates brilliantly. Judgment, action, and instinct in all things is done from the standpoint of "True-self", that is, the fulfillment of life activities in the universe, beyond the position of your small self.

Don't you think it would be such a wonderful and natural way of life?

055. Having life within a grand plan along the dispensation of the Transcendental personality.

If you become an Integrated personality, your own “judgments and actions” from 10 years ago that you have already forgotten are linked to today's “judgment and actions” brilliantly.

In other words, there is way of living in the "present in which the past and the future are unified".

It means that even events before you were born are also integrated into perfect harmony. In other words, it means that the Integrated personality is integrated historically.

If you become an Integrated personality, various personalities within you will be connected from the past to the future, and also unified with events on the other side of the earth. You will fulfill your True-self mission while judging, thinking and acting integrally. In this way, you can live in the best way with

Transcendental Consciousness, without thinking about things forcibly that cannot be understood by the surface consciousness.

I have specially called this ultimate mode of thought and action, based on the absolute universal transcendental consciousness, transcendental thought or transcendental action.

It is as if the "True-self" and the Transcendental personality, are carrying out a grand plan in the transcendental consciousness, according to a planned table which takes into account the whole life of the person and the whole universe. And the person is judging only fragments of it in the surface consciousness. Of course, such an advanced way of life is not possible with the knowledge and skills of the surface consciousness.

I think you are beginning to understand what it means that to be an Integrated personality and how to be happy, radiate your individuality, become

saved, and return to the roots of life.

Therefore, showing the methodology to become Integrated personality is, showing a methodology that brings you happiness.

056. Transcendental thinking is the behavioral principle born from Transcendental Consciousness.

Transcendental thinking is the ultimate principle of action that results from becoming an Integrated personality, a direct link between the true self of the Transcendental Consciousness, your "True-self", and the surface consciousness.

If you reach Transcendental Consciousness, you can understand that all human beings are already connected to the "True-self" of the Transcendental Consciousness, but the subconscious is obstructing it and the surface consciousness is moving without control. If they can be directly connected to their

“True-selves” in the Transcendental Consciousness, everyone should be able to follow a great destiny.

The “True-self” “knows everything” to every corner of the universe and also “creates everything”.

Transcendental thinking is the behavioral principle obtained by connecting to one's “True-self” who knows everything and can create anything.

By the way, even if you don't get transcendental thinking and are tossed about by separation vectors, if you know that, there is an affectionate and perfect self in the being of your "True-self" poised behind you and waiting for its turn while giving you guidance on how to become a "Integrated personality". It will bring you great courage to live.

Transcendental thinking is a behavioral principle that is completely different from psychic power and similar powers. And if you reach transcendental thinking, even the psychic powers which were an obstacle in your training in the way, are positioned

under the transcendental thinking, and can be very useful as an assistive technique to express transcendental thinking.

Transcendental thinking is based on the "True-self" of the Transcendental Consciousness, under the behavioral principle of "True-self", keeping the subconscious under the complete control of Transcendental Consciousness, and obtains the universal thinking and behavior by directly connecting the Transcendental Consciousness and the surface consciousness.

As will be described in detail later, transcendental thinking is the ultimate behavioral principle that can be obtained by abandoning judgment within the surface consciousness by stating that "I cannot judge anything" while eliminating the disturbance from your subconscious and eliminating even psychic power as a matter of subconscious.

Naturally, transcendental thinking has various stages

from shallow to deep.

To put it the other way around, you can obtain a shallow level of transcendental thinking to some extent right away. First train yourself within familiar places, experience transcendental thinking experimentally, and you can further deepen the transcendental thinking.

In order to obtain transcendental thinking, you should live under the major premise of the existence of a “True-self” who knows you more than yourself. And you should strongly believe that the "True-self" not only knows everything, but also creates your destiny with the help of a Transcendental personality. Therefore, you should never face any event with immediate interest, never try to manipulate your destiny or surface consciousness, but always respond with sincerity, and abandon the judgment of your surface consciousness, by saying that "I do not know the truth".

Then, entrust your own destiny to your “True-self” and the Transcendental personality, and continue to be honest with each environment that appears in front of you.

And reaching this transcendental thinking is the same as becoming an Integrated personality, which is the same as radiating your true personality and getting happiness.

I have pursued this transcendental thinking, and I am writing this book with transcendental thinking.

Section 5

The universe was created by the philosophy of the “Transcendental personality”.

057. First, there was a philosophy of the “Transcendental personality”.

Because our human consciousness is within the surface consciousness and completely tied to the frame of time space, we cannot even imagine a world that transcends time space. So how can we say that only the world that we recognize is all there is?

Believing that there must be a world we cannot recognize, is a humble attitude.

The “All existence”, including Transcendental Consciousness, subconscious, and surface consciousness originally places its essence in a place

that transcends time and space. Here, this “All existence” is called the “universe”.

In the first place, the ultimate essence that existed at the beginning of the universe is the “Ultimate Existence”, which is the principle of the universe as a reality that never ends. And I called it the “Transcendental personality”. This “Transcendental personality” is what we should truly call God.

In other words, the principle of the universe is the “Transcendental personality” itself.

Here, the “Law of Thought-Determined Outcome” exists as a means of concretely expressing the philosophy of the “Transcendental personality”. The truth is not a series of cold laws with no personality, but actually resides inside the very warm “personality” of “Transcendental personality”. And the truth is the principle of love and creation of the “Transcendental personality”.

Of course, the love of the “Transcendental

personality” can be called the love of God or the mercy of Buddha.

058. Freedom for life activities expressing the principle of “Transcendental personality”.

The love of the “Transcendental personality” is the essence of truth, and the expression activity of the “Transcendental personality” is the life activity of the whole conscious space.

There is an original cause, "the principle" in the Transcendental Consciousness, and when it appears in the surface consciousness, various conditions are arranged spatially, and phenomena appear along the cause to realize an effect, according to the order of the flow of time.

From the perspective of the surface consciousness, how you express the principle in the expanse of space and the flow of time is “given freedom”.

However, the surface consciousness is a world restricted by time and space, and we can say that it is a freedom with very strict conditions. That is the true freedom of life activity given to man, and the freedom that forgets the pre-birth principles and pollutes the universe.

I can remember we had a riddle when I was a child.

“Who build Horyuji temple?” ... I thought the answer was Prince Shotoku, and when I answered that, the actual answer was “a carpenter”.

I think this is a very interesting example.

It is certainly a carpenter who built Horyuji temple but the idea of the Horyuji temple came from Prince Shotoku, there was a designer who designed it according to the prince's philosophy, and finally there was a carpenter who actually built it.

In other words, life activity is the way in which the "Ultimate Existence", the Truth, expresses itself and tries to fill it with the Truth, and the world created

for this purpose is the whole existence of the universe.

059. Truth seems difficult to describe, but in fact it is in a very simple place.

If I write it in this way, it seems very difficult, but what I'm saying is not that difficult, so I want you to feel at ease.

Truth is not an impersonal cold set of laws, but a Transcendental personality called the “Transcendental personality”. And since we have a personality, you should be able to understand the philosophy of truth to some extent.

For example, what if you were given all the freedom and creative power?

What would you do then? Whatever you do, it will inevitably be an expression of your philosophy. If you build a house, if you build a city, if you paint a picture, even the food you like...., your philosophy

would be expressed there.

Your creation process will continue until your world is fully filled with your philosophy. You will create various places to express yourself, and you will express your feelings in various ways.

And finally, you will go to that world by yourself to see and experience it.

Now I said, “What if you were given all the power of freedom and creativity...”, this is not in fact a “What if ...”.

Human beings are existences that are inherently free to express their philosophies originally. If human beings reach Transcendental Consciousness, they will take on the creative activities of the universe together with the love of Transcendental personality. A human being is actually a resident of such a world. In other words, humans are essentially creators of the universe.

Section 6

Life activities beyond dimensions.

060. Life activities are fulfilled by unifying the "descending path" and "ascending path".

The Transcendental personality, for the first time, will appear directly in places where the creation of the universe has advanced to a certain level. That is in we humankind, and the original form of human beings.

Humans have come in this world to express the ideas of the Transcendental personality directly with their own hands. To express the cosmic order as a vertical order in the world, including this phenomenal world, and to express in it a world full of love and sincerity.

By the way, as far as this physical body is concerned, there is no doubting fact that, humans have been reached their current state through genetic and evolutionary processes as mammalian primates. However, it should be viewed as the generation and evolution of life in the astronomical universe, far beyond the closed world of the earth.

But that explanation alone cannot explain the essence of human beings. It is already obvious to everyone that the meaning of a human being is not in its body but in its high spirituality.

It is human nature that makes the human spirit seek God, seek truth, seek spiritual freedom, seek love, and maintain integrity. This is a high spirituality given only to human beings, which is projected from the Transcendental Consciousness to the surface consciousness by the work of the Transcendental personality. And it is the fundamental human homing instinct to return to Transcendental

Consciousness.

In other words, the current state of human evolution (not physical evolution) is at a stage that the Transcendental personality descends directly to the physical body that evolved from the animal to the human body and is trying to integrate with it. To put it another way, the Transcendental personality has let the human mental structure evolve until the Transcendental personality is able to come down directly and become integrated if the human side strongly demands it. In other words, the human mental structure has evolved into a similar mental structure as the Transcendental personality.

What is required of humans now is to accept the strong impulse of the Transcendental Consciousness, to harmonize the various mental instincts, desires and emotions of the body evolved from animals as a vertical multi-layered order, and to arrange the inner order to the extent that can unite with the

Transcendental personality descending directly from the Transcendental Consciousness.

Now, if we look at the history of the human soul from the point of view of the evolution of its spirituality, the human "True-self" experiences the earth as a transit point, accumulating life activities and thus evolving into a higher spirituality.

On the other hand, "the school", the transit point of the human "True-self", that is, the culture of the earth and humanity, has both evolutionary and degenerative factors. In addition, the physical body as a container for the human spirit, and the spirit that accompanies it are not the essence of human beings, but are constantly being reincarnated on earth. Therefore, life activities for human beings who were born to one nation on the earth, are also seeking the evolution of mankind and ethnicity at the same time while each evolving of one's "True-self". Eventually graduating from there and heading to the next senior

school.

In this way, life activity of the universe begins as a complete “whole”, the “whole” creates a “part”, and then evolves from that “part” back to the “whole”. And a “part” when it reaches the stage of evolution to some extent, it consists of the “descending path” that goes down from the “whole” towards the “part”, and the “ascending path” is combined with the “descending path”, so that, an incomplete “part” becomes a part of a complete “whole”.

By repeating this process in a spiral, the universe expands and evolves. At the same time, this is the itinerary of the human soul and the essence of life activity.

**061. The essence of who you are is in the
"True-self" of Transcendental
Consciousness.**

Now, the will of the human "True-self" has been

projected onto our surface consciousness, and it moves our surface consciousness, but unfortunately it has not yet evolved to the point where it can unite with our surface consciousness and fulfill our true-self missions without any problems.

Therefore, being saved in reality means that the will of the “True-self” is fully incorporated within you and goes through you on the “ascending path” that tries to unify to your "True-self". In response to that, the “True-self” side aligns the Transcendental Consciousness with the surface consciousness, and a strong action is started through the “descending path” to unify the inner order into a multilayered structure.

The “True-self” as the “Transcendental personality” are your true intention, and your True-self mission related to the creation of the universe is given from the “Ultimate Existence”. From the perspective of the surface consciousness, the “True-self” of

Transcendental Consciousness is the master of your own destiny.

By the way, the reality is that the person who you think of as yourself, is the surface consciousness, and has not reached true consciousness in the Transcendental Consciousness. There is no problem if this surface consciousness projects your own Transcendental Consciousness obediently, but in reality, the influence of the subconscious is quite strong, and you are taking actions by thought that is separate from the Transcendental Consciousness. This cannot be called a creator of universe.

Therefore, in order for human beings to get real salvation, the first step is the work of increasing one's spirituality as one who has been given life, to overcome the interference of the subconscious, and bring order to the surface and subconscious. And that is to go through the “ascending path” that unifies to the Transcendental personality, using the

training centered on the self-enlightenment training described in the following chapters.

062. After death the "True-self" regains its original freedom as a Transcendental personality.

In the subconscious, the energy of thought that humans have generated up until now is accumulated as “vectors”, and the energy of that thought disappears when the meaning of that thought is actualized.

On the other hand, all the parts that have not yet been realized or made apparent are accumulated in the subconscious as “vectors” with the power to make destiny.

Therefore, the vectors accumulated in the subconscious, whether they are integrated vectors or separation vectors, do not disappear, even if the body perishes at the death of the human being.

After death, the “True-self” is released from physical restraint and regains its original freedom as a Transcendental personality.

The "True-self body", which is the garment for the activity of the True-self, consist of an astral body, which is the body of thoughts, and the spiritual body, which is the mind. The purified astral body assimilates with the spiritual body, and the spiritual body, unified with the True-self, returns to the Transcendental Consciousness and assimilates with the individuality of the True-self into the cosmic consciousness, creating a world full of integrated vectors there.

The world created by all the integrated vectors that were produced in human history is the world that established universality by the “Transcendental personality”, which is called the “Integrated Vector Realm” (previously described as “Integrated Thought Zone”). It is the place of the main life

activity of the “True-self”, and also the passage through which the “True-self” works with the subconscious and the surface consciousness. And through the “Transcendental personality, which works to restore universality”, the Integrated Vector Realm will eventually be projected onto the earth, and a world of permanent peace with universal order will be realized.

Now, the Integrated Vectors that man has produced in his lifetime will be the result of his life's work in this world, and he will have expanded the Integrated Vector Realm shared by mankind by that amount.

And since the “Integrated Vector Realm” is connected to the Transcendental Consciousness, it is always supplied with life energy and never disappears.

The human "True-self", freed from the restraints of the physical body, lives cheerfully with individuality as a Transcendental personality in the

Transcendental Consciousness, and when necessary, freely moves back and forth between the "Integrated Vector Realms", around the world of the integrated vectors that he has developed, and carries on the life activities of the universe.

And if the integrated vector that you have produced is big and powerful, you can act freely for the people who have a connection to you in this world and protect them through your integrated vector.

The integrated vector world that you created is the world of a spiritual culture that has a high degree of harmony that incorporates all thought and action experiences of you and humanity within the philosophy of "Ultimate Existence", and expressed your "True-self" through individuality.

In this way, human reality is, the "True-self" gaining various experiences through the experiences of this world and the after world, thereby expanding and enlarging their acts as a True-self mission, radiating

individuality, and growing the soul stronger, deeper and higher. And living while creating a culture as a heritage in the earth world as a school that will eventually be graduated from.

In other words, the meaning of why you have born with flesh in this world is to gain the experience of the "True-self", sublimate the separation vectors, create an integrated vector world where you can act. Therefore, whether you get lost somewhere or are struggling now, the fact you are living now in this constrained world with flesh, is a precious experience, in fact, it is an irreplaceable and valuable experience for your "True-self's" life activity.

063. You came from the Transcendental Consciousness, by the physical body as spaceship.

When you recall, your individuality began when you

were given the function as a “True-self” from the “Ultimate Existence”.

And you came to this world of phenomenon by being separated as one single ray of light, to express the philosophy of the “Ultimate Existence” by fulfilling the life activities through your own individuality.

Because this world is so different in dimension from the Transcendental Consciousness, you had to come here by a dimensional conversion device which is the physical body, that is to say a spaceship prepared by the “Transcendental personality”.

However, because you have confined yourself to the spaceship, this has caused various problems. One was that the consciousness of the spacecraft worked preferentially over the "True-self", and the consciousness of the spaceship did not attempt to accept the mission of the "True-self".

There was a time, when you lived only for the

pleasure of the spaceship. There were times when you were struggling with the conscious of being isolated from the universe, and the illusion of living only by yourself.

However, the spaceship cannot demonstrate individuality as it is, it can never enjoy the purpose of life and happiness. You gradually realize that you cannot harmonize with other spacecraft, and eventually recognize the situation of yourself that you are being kept alive by the "True-self", and are unified to the "True-self", integrated with the consciousness by the "True-self", the pilot of spaceship. And eventually you come under the control of the "True-self" by yourself.

This elaborate spaceship of the physical body, has psycho-activity, its consciousness and even its will. And it can only act freely when it is aligned with and under controlled by the "True-self" who is originally its pilot.

Eventually, the spaceship will unify to the "True-self" of its own volition, unite with the "True-self" to fulfill its life activity, end spaceship's "True-self mission" by creating a true harmonious world, and return to the "Ultimate Existence" after death.

064. The "True-self" is reborn several times to fulfill the True-self mission.

After death, your "True-self" will live mainly within the integrated vector world that you have built. But, the dirty astral body that has incorporated the separation vector will not be unified with the "True-self". And even after death, some parts that divided from the "True-self" will remain in the subconscious, and the conscious body of the astral body and will stray and suffer.

Suffering arises when the "Law of Thought-Determined Outcome" reflects the world of the separation vector as it is in the subconscious. It is an

illusion and not an entity, but the separation vector that originally consisted of the illusion is projected on the astral body as an actual entity, and it suffers extremely.

So the majority of separation vectors that are left over in the subconscious will be left as your post-mortem job. In that case, the "True-self" leads the separation vector to the fate of the person who has a physical body and connection with you, with the understanding of the "True-self" of that person. You will promote unification with the "Transcendental personality" while protecting the person, and unify the remaining astral bodies into your original "True-self", convert the separation vectors into integrated vectors, and it will expand the "Integrated Vector Realm".

With these numerous human activities, the "Integrated Vector Realm" will be expanded, and at the same time, the number of people who acquire the

universality of truth will increase, the cultural sphere will be projected to the earth and expanded. The energy of the "Integrated Vector Realm" will get stronger. You may call that cultural sphere, paradise or heaven.

In this way, the Transcendental personality, in principle, uses all of the “vectors” that are our human experiences without wasting any, expanding the “Integrated Vector Realm”, and expressing the absoluteness and universality of truth there.

In this way, the “Integrated Vector Realm” is the best transcendental thinking cultural sphere of humanity (see “When humans become space humans”). And by projecting it on this earth, permanent peace in the world will be constructed.

By the way, the tradition of ancestral memorial service that is rooted in Japanese culture means letting these separation vectors unify to the original “True-self” and return to the Transcendental

Consciousness as integrated vectors. What must not be mistakenly understood here is, the truth that it is the separation vector that is suffering and is not the "True-self".

People who feel or see "vectors" because of their large astral bodies often think that the person's spirit is wandering because the vectors are often seen in the form of a person to whom they previously belonged and as an energy with a personality. However, what is lost after death is the separation vector that cannot be attributed to the "True-self", and the consciousness that surrounds it.

In addition, there is some confusion, because sometimes a vector is taken in by another person who is related to a person, and is born belonging to another "True-self", which is often perceived as a "person being reborn". In this case, the "True-self" who is the source of the vector becomes an assisting spirit (not a guardian spirit like the one written about

earlier in this book) by providing not only a separation vector but also an integrated vector to support the "True-self" in fulfilling his True-self mission. Also, the "True-self" who has parted from the physical body due to death, is of course reborn several times if it is necessary for the fulfillment of the True-self mission. At this time, the guardian deity and the guardian spirit never change, but for the sake of assistance, a deputy guardian spirit with special abilities will join to help fulfill the True-self mission in life.

Many of the "vectors" that we are born with as the material of our destiny are related to our own "True-self" or guardian spirit, but some are related to the lineage of our new guardian, sub-guardian spirits, some to the history of our people, some to our ancestors and parents, and so on. We are reborn with the numerous numbers of other's "vector" as our own garments. This means to receive the power, the

ability and the virtue of the integrated vectors that are necessary for the fulfillment of the True-self mission, and at the same time to cleanse and repay the separation vectors that have been entrusted to us.

065. Consciousness consistent with the universe, is the Integrated personality.

As mentioned, human beings are great and amazing beings that transcend life and death, transcend dimensions, and conduct life activities across the entire universe.

Your great “True-self” is in the Transcendental Consciousness, with the Transcendental personality, and knows everything in every corner of the universe. And you can create anything. You can create the world as you wish it to be.

And by reading this book, you are now remembering your truth little by little.

You, who are such a great being, now live here.

From that great point of view, what is happening in front of you right now is a quite tiny thing.

And what is more, from the point of view of the truth of this great being, you will see that your physical body and the mental effects associated with it are all temporary.

So, what should you actually do to reach the true you?

Under the direct guidance of the Transcendental personality, I have attained the True-self, and I have generalized it for you into the methodology which will be presented in the following chapters.

I will leave the details for later, but your consciousness can be unified with the "True-self" with the consciousness of a physical body, until you can connect to the original cosmic consciousness and become part of the "Ultimate Existence". But I do not want you to think that this is something special. Consciousness in alignment with the

universe, or Integrated personality, is a state in which the consciousness of the "True-self" is directly aligned with the surface consciousness, and the state that surface consciousness and the physical body move quite naturally.

066. The ideal of human beings is, you are given what you truly seek.

A more realistic description of the state of consciousness in alignment with the universe is... the truth is "what you want is what your True-self wants, and what the Transcendental personality wants to give you". And the fate and environment that the Transcendental personality gives you is what your "True-self" needs and what your surface consciousness wants.

The state that accords with this "ascending path" that you seek, and the "descending path" that you are given by yourself, is called "Jinen". In this way,

the “Jinen” that is given is what you really want and is the ideal that humans seek and is the path of truth that you should truly follow (hereafter "Jinen" is always depicted with the quotation marks to distinguish it from “shizen” which means nature).

Many modern people seem to think that "freedom" is the ideal for human beings, but the meaning of contemporary freedom that ignores the true form of human beings means the "freedom of the surface consciousness" that is far from the will of the "True-self". If we pursue the freedom of our surface consciousness that is not consistent with the universe, individuals will immediately oppose each other, order will be disturbed, the world will be scrambled, and the order of the universe will be disturbed, and in the end, it comes back to us, and we choke ourselves.

This is never aligned with the true freedom of the "True-self", no matter how far it goes.

Furthermore, the meaning of modern “equality” is to try to meet the conditions surrounding you in the same way as the surroundings, and this is not the human ideal.

What a human being who has attained a consciousness in harmony with the universe seeks is a True-self mission, in which the True-self's independence and individuality are respected to the maximum extent. If we respect individuality, eventually equality will be destroyed. It is a world of inequality, where the conditions necessary for the fulfillment of the True-self mission are secured with the highest priority. And this "inequality" must not be less than equality.

Naturally, it must be more than equal. The “Jinen” that you truly need and truly you seek are given in harmony, which is the ideal world that humans, and you really need to pursue.

"Jinen" is based on the correct understanding of the

universe, and is the most ideal human order derived from the alignment of "ascending path" and "descending path". And the order of "Jinen" is stable because it projects the cosmic order brilliantly. The order is multi-layered, multi-faceted, never fixed, and always changes.

And the life activity of the universe is developed in that transformation without any obstacles.

Each individual does not seek the same thing, they do not try to create the same thing. Seek what you truly want, respect each other's individuality, and give the other party what they really want. In the process of nurturing love and demonstrating honesty, individuals are in harmony, order flows without hindrance, and life activities progress smoothly.

Individuals do not have to fight for freedom in the surface consciousness, as is the case today, but can establish their own positions in relation to their True-self missions and experience happiness in the

environment given to them by "Jinen".

Happiness, that is derived from the "freedom in the surface consciousness" disappears easily. The "condition of equal" that was forcibly created, will collapse soon. If you try to maintain your position in order not to lose the happiness that you have gotten forcibly, and try not to collapse the equality, it is equivalent to trying to immobilize the order. If you do this, the life activities will be stuck, various contradictions will occur, and a greater force will be required to support it.

On the other hand, the happiness given by "Jinen" never goes away even if you do not try to hold on to it. Rather, environmental conditions change as the order changes steadily. If you can find the will of the universe in the change, discover the guidance of the Transcendental personality, identify the essence of the flow of fate and entrust your fate to the change, the content of your happiness will be further

enhanced, it will swell up to become a deeper and wider happiness.

Because we are in the present age, we should seek “Jinen” that is consistent with the universe as the human ideal, instead of pursuing “freedom and equality” which is led by the “logic of the individual”.

Because “Jinen” is the truth of the universe, and it respects the individuality of oneself and others. Since when you follow this advanced unifying philosophy, you will naturally understand that you do not want the same thing as others, thus throw away the force and strain and become relaxed. And then a flexible order will be completed naturally, and human relationships begin to move smoothly.

If you pursue "Jinen" as an ideal, your state of mind will become apparent to you, your surroundings will harmonize, and the order of the universe will be projected for you. In fact, the “descending path” has

already been displayed in front of you as a guide to the love of the Transcendental personality, but you just have not noticed it yet.

Therefore, all you have to do is to become aware as soon as possible of the happiness that is presented to you through the "descending path" shown below and learn to take the "ascending path" to receive it honestly.

In the ultimate path of “Jinen”, an ideal world of humanity that is in perfect harmony with the universe will unfold there. In fact, that path is the “way” that I am eventually trying to show. So, as you will see later, if you follow the path to become an Integrated personality and live with your life goals in prayer, all you have to do is just treat the things in front of you in good faith. There is no need for strategies or intentional thoughts. In this way, being an Integrated personality greatly reduces the burden of the surface consciousness and makes life

much easier.

If you read this book and realize that "I have been separated from my true will and have lived against my true will", your view of life will truly turn upside down. If you really understand this, you will be determined to achieve your "Human Redo".

Chapter 3

The guidance of the "Transcendental personality".

Section 1

Hand of salvation by the "Transcendental personality".

067. Transcendental personality is love itself.

Incidentally, even though the "Transcendental personality" has a transcended personality, it interacts with human beings according to the level of human beings. It can be explained as equivalent to the mother's attitude toward her child. When the

mother talks to her child, she bends her body down to the child's line of sight, speaks in children's words, feeling the child's mood, and raises the child according to the child's values and feelings.

This is the same attitude of Transcendental personality toward human beings.

To put it clearly again ...

The attitude of the "Transcendental personality" toward we human beings is "love".

This alone is enough to understand the "Transcendental personality".

Now, we human beings have come from the Transcendental Consciousness, and we are in the surface consciousness, the forefront of life activity. From the surface consciousness, it is difficult to see the transcendental consciousness, but from the Transcendental Consciousness, we are totally visible.

So, we should believe that there is no lack of guidance and energy supply from the “Transcendental personality” to us.

Actually, we are not only supplied energy from the "Transcendental personality", but our surroundings are a full supply depot. It is as if we are living in a supply depot. The energy supply is unilaterally replenished. The supply routes are completely secured.

The only difference is whether the surface consciousness notices it or not.

As guidance, the Transcendental personality always watches affectionately and guides human beings.

But unless you want it, there is a limit to energy supply. Because, for example, if the "Transcendental personality" gives money to humans and they use it in a direction that corrupts themselves, no matter how much money humans need, the Transcendental personality will never give them money.

From the perspective of the "Transcendental personality", it is important to lead people to become an Integrated personality rather than to immediate happiness or unhappiness for them. In other words, in order to lead people to become integrated personalities, if it is better not to have status or money, they will not be given. And if necessary, they will be given the status and honor. So, if you become an Integrated personality, fundamentally all your wishes will come true.

The rule when the "Transcendental personality" is guiding you, is to replenish energy only in the direction of completing becoming an Integrated personality, and another important rule is to guide you so that it does not violate the "Law of Thought-Determined Outcome".

In other words, you should know that giving what you do not want is against the "Law of Thought-Determined Outcome". But if you have a prayer, it is

not against the law to grant it.

The problem, by the way, is that if the human beings are not aware of the guidance of the "Transcendental personality", they will refuse to accept the good destiny and environment that has been given to them, because it does not seem good to them.

There are many cases where a person's destiny is difficult to open up because of their own rejection of the destiny and environment given to them by the "Transcendental personality". People who can only make their own decisions and who do not accept the advice of others, inevitably find it difficult to accept the guidance of the "Transcendental personality" in correcting their destiny and providing them with energy.

By the way, the "Transcendental personality" acts on the human conscious body through the whole conscious space that has a multi-layered structure, by infinite ability, infinite power and infinite

function...

The philosophy of the "Transcendental personality" is imperfectly projected onto our culture. Therefore, life activities progress by heightening that culture. And the "Transcendental personality" is guiding us through culture, not through religion. Culture is so important, and religion is part of culture.

Culture is far beyond religion, and religion does not exist in the ultimate ideal world of humanity, but culture exists strictly. The culture has its own prayers and rituals, and it may look religious, but it is not a religion, but the culture itself projects an "integrated vector field", there are prayers and ritual expressions and confirmation for the unique vectors of that culture. And it creates an order that is full of progress and harmony, supports it, and has the power to lead people to an Integrated personality by "Jinen".

Therefore, seemingly religious behaviors such as prayer, meditation, devotion, and appreciation are essential for the culture. Therefore, in this book, these seemingly religious words such as “prayer”, “meditation”, and “appreciation” are not used as religious words but used as important words as culture and related to integrated vectors.

068. The "Transcendental personality" uses separation vectors as a trigger for happiness.

You should try not to create any more separation vectors, and actively create integrated vectors by using the prayers shown later. By the way, please don't forget that separation vectors were what you wanted in the first place. So, the "Transcendental personality" once reveals the separation vector as your destiny and makes you experience and confirm what you wanted in the past.

At that time, if you have an “awareness of suffering” about that, then it means that you do not want that fate again, and you are denying the separation vector, so the "Transcendental personality" eliminates most of remaining separation vector, or incorporates the separation vector into an integrated vector.

But if you don't have an “awareness of suffering”, it means you still affirm that separation vector, and want that fate again.

And thus the "Law of Thought-Determined Outcome" takes effect, and most of the separation vectors remain intact and will appear again when the time comes.

In this way, the separation vectors are completely under the control of the "Transcendental personality", and are used as an opportunity to make your Integrated personality into a material of fate that leads you to happiness by having an "awareness of suffering" in your destiny.

It is used as a trigger for the path to your salvation.

If you can understand that, you should be able to accept all fate and the environment that appears through the “hands” of love of the "Transcendental personality". You should be able to live with honesty in reality by entrusting your future fate to the Transcendental personality without hesitation.

069. Even separation vectors are in the hands of the "Transcendental personality".

Originally, human consciousness is, the transcending consciousness, subconsciousness, and surface consciousness, integrated, and it is an existence that fulfills life activities according to the philosophy of one's "True-self" in the transcendental consciousness. However, as the surface consciousness gradually loses its unification with the “True-self” and uses the creative power of “freedom” given to human beings for purposes other than life activities. So, various

thoughts and actions of consciousness produce various separation vectors that go against the philosophy of the "True-self", and they are accumulated in the subconscious.

There are some vectors that have accumulated during the process of reincarnation several times in order to fulfill a True-self mission, and there are some vectors that have been received from the people who took care of you in a previous life which you pay them back by helping, and of course there are also some vectors that are just produced in the present.

However, from the point of view of the "Transcendental personality", the occurrence of separation vectors are also events within the scope of the "freedom" given to man by the "Transcendental personality", and the "Transcendental personality" makes the best use of all the "vectors" as the heritage created by mankind

without wasting anything in constructing man's destiny, unifying the separation vectors with the Transcendental Consciousness, leading man to become an Integrated personality, and further leading mankind to permanent peace by constructing a true culture unified with the Transcendental Consciousness.

By the way, regardless of transcendental consciousness, thoughts and actions accumulated as “vectors” in the subconscious will eventually be sublimated as an entire human experience, creating a culture and fate and environment, but if the human beings only live in this subconscious culture, humans are just a type of intelligent animal.

Originally human beings are living beings whose transcendental consciousness is their homeland, and only after they are unified with transcendental consciousness, can human beings be discriminated from animals and become a true “human”.

070. All destiny is in the “hands” of love of the "Transcendental personality".

The fulfillment of the True-self mission is human beings' reason to live. When humans live along the path towards their True-self mission, their individuality shines, and they were created to feel true security and happiness in such a moment.

The "Transcendental personality" knows all; the meaning of vectors and how many vectors there are in the human subconscious. The "Transcendental personality" uses those vectors as materials for each person's destiny, assembles the destiny of human beings while making effective use of all the vectors, and makes a lifelong plan.

By the way, a vector is energy that creates destiny, and the difference between a separation vector and an integrated vector is not always clear.

For example, a vector with a sharp brain and

sensibility will soon become a separation vector if it is used for quibbling or self-justification. On the other hand, if it's used for to express love or to discover one's own lie, it becomes an integrated vector.

The vector of gratitude is already an integrated vector, and the vector of dissatisfaction is already a separation vector. In addition, there are some things that appear to be separation vectors but are given to us of necessity in the course of our practice.

When human beings are born, they have already with many separation vectors, integrated vectors and some are still undefined vectors. If you are a strong person, the "Transcendental personality" will process large separation vectors at the beginning of your life and convert the rest of the vectors into integrated vectors, making the second half of your life stable. Or, if you don't seem to be able to withstand the temporary great release of a separation

vector, might be released little by little over a lifetime. It's best you leave it to a Transcendental personality who knows you better than yourself.

071. The approach of the "Transcendental personality" through a third party seems uncomfortable.

When you are obsessed with immediate interests, you are no longer accepting the approach of the "Transcendental personality". At such times, the "Transcendental personality" works on you through a third party's "conscious body" who has no interest to you, and speaks through that person.

At that time, the third person is of course an ordinary human being, so he is not exactly conveying the will of the "Transcendental personality", but the result of what he is saying is always correct.

Therefore, the advice of a disinterested third party, even if you don't agree with the logic, is often the

work of the "Transcendental personality", and the conclusion is often more accurate than the words and logic.

One characteristic of such cases is that the advice is often given against your wishes and will.

And your pretending personality (separation vector) that separated from the "True-self" will seduce you into a more easygoing direction according to your will. Also, in some cases, if there is a strong opposition from your surroundings to what you are trying to do, the guidance of the "Transcendental personality" may be hidden in there.

In these cases, aside from the good or bad of what you are trying to do at the time, it often indicates that the subconscious is not yet well conditioned for this action.

In other words, a destiny which does not bring good conditions for your future is more difficult and less beneficial, and the "Transcendental personality"

wants you to avoid such a destiny as much as possible.

072. Sincere motives without intention select good destiny.

We talked about the guidance of “love” of the "Transcendental personality" through a third party, but in general, the guidance of the love of the "Transcendental personality" works simultaneously on the human conscious body and the environment that surrounding the person.

For example, when you determine a big destiny such as a marriage or employment, of course there is a big approach by the "Transcendental personality". In such a case, you should listen carefully to the advice of others in order to get the guidance of the "Transcendental personality" correctly.

You should not ignore the advice of those who know you best. It is necessary to be open-minded, to pray

to the "Transcendental personality" and to leave the decision to the "Transcendental personality". Therefore, the "motive for action" is very important. The "motives for the action" are the honest expression of our personality. That is why the "motives for action" must be no intention, pure and backed by love, courage and honesty.

The result and direction chosen by that "motivation" will become your destiny.

In other words, your destiny will be changed more and more, depending on the selection of "motivation".

The subconscious is like wheat and chaff or a mixture of integrated vectors and separation vectors, and destiny has a considerable range depending on which "motivation" you choose.

And it is the freedom of human beings to choose any of them. So, in the "motives" of sincere actions and in the "motives" which have no intention, therein

lies the loving guidance of the "Transcendental personality" to bring you to the most wonderful destiny.

073. If your motive is impure, you will choose a fate that is tempted by separation vectors.

On the other hand, a fate selected by a “motivation” that comes from feelings of self-interest and vanity, will select a fate which is created by separation vectors.

And even if there is opposition from your surroundings, if the “motivation” for your actions is not self-centered but is supported by honesty, you should choose honesty and overcome the surrounding opposition.

In reality, some of the temptations of your separation vectors come directly through your conscious space

and some are through your surrounding people and environment. It is the same manner in which the integrated vectors are led by the "Transcendental personality".

To live means to overcome the temptation of these separation vectors.

It is natural that everyone wants to know whether an appearing fate is the guidance of the "Transcendental personality" or the temptation by a separation vector. The difference between them is not whether it is convenient for you. It's also not what is good or evil. Nor what is right or wrong. Because it is indistinguishable only by looking at the phenomenon.

The only difference between them, is whether your "motivation of action" comes from self-centered thinking such as self-interest, calculation and vanity, or if it comes from the unintentional action with prayer, and the love and courage that comes from

honesty. It's the only difference between them.

074. When you determine destiny, it is enough that you just “keep honesty”.

But this is enough difference isn't it? I think it's more than enough. And I'm just amazed how well the universe works.

Your choice of honesty may be a loss in real life. However, it doesn't matter if you lose. If it's a loss, just accept the loss.

What does it matter if you lose something? It's not a problem to lose anything if you can keep your honesty. Please note that there is a big fork here.

You would have understood that determining destiny is never a technique.

There is nothing better than sincerity – it is even better than having a psychic power or fortune telling. As long as you have sincerity, you don't have to have a cramped way of life that always relies on psychic

powers or fortune telling.

If you live with sincerity, you will be able to accept and affirm the flow of your destiny naturally.

You can live without inquiring about the future or messing around with your past.

Transcendental thinking is created by your sincere motivation and behavior without intention.

Even unconsciously, destiny is determined by sincere motives in behavior without intention, and these have already selected the best fate for you.

That is the essence of the transcendental thinking.

Section 2

Guidance in Culture.

075. Seeking culture, not religion.

Ultimately, suffering is a problem of the mind, and in the same way, happiness is reduced to a problem of the mind.

I like watching TV suspense dramas. They have horrible titles such as "Murder on the Riviera" or "Hakone Murder Tour".

In them there are splendid villas like palaces, or luxury cruiser boats appear, and they serve as stages for the murders.

So even if you own a gorgeous villa or a luxury cruiser boat that appears in such dramas, it would not mean you are happy if such a lovely place could become a stage for a murder case as happens in these dramas.

If a great villa or cruiser boat is a place where you can develop wonderful relationships, and if it is a place where you can practice the love of the Transcendental personality, both the magnificent villa and the luxury cruiser boat will be meaningful. But if the human relationships in the house are inharmonious and unfriendly, it is just a hotbed for separation vectors, so splendid villas or luxury cruiser boats are worthless possessions.

In that sense, culture (thought environment, value system, order system) and civilization (buildings, technology, form) are different.

As you can see, what we seek is integrated vectors like wonderful relationships, not villas or luxury cruiser boats.

To put it generally, the ultimate thing we are looking for is not the convenience of civilization, nor the religion of truth, but actually an intangible order of culture (the environment of thought).

We seek an order as culture that expresses the love of the "Transcendental personality" and requires civilization as a means of expression. We are in the process of building that culture across generations.

And the reality is that we are looking for a spiritual culture that fosters the development of a Integrated personality and wonderful human relationships. And until we build that true culture, religion has a temporary existence value. And if a true spiritual culture that expresses the idea of transcendental consciousness is built, religion will no longer be necessary. This recognition is very important. And this is the true culture that mankind is currently potentially seeking, and desperately looking for. The truth is that you are not seeking religion, but you are unconsciously seeking spiritual culture and the culture based on it, and the science, technology and civilization as its means of expression.

And I am aiming to build a true culture that builds

the future of mankind based on an absolute value system derived from universal truth. I believe you can understand that no matter how much science develops, no matter how much psychic power or spiritual ability you have, it is just a technology of convenience, it has nothing to do with happiness.

In society: the more advanced and convenient our technology becomes; the more complex and sophisticated our social systems become.

Individually: the more knowledge we have; the more special powers we develop.

So, we need a spiritual culture and thought environment based on this culture, which allows us to use them safely and in a way that leads to true happiness, so that they are not used to destroy order or commit crimes, so that the individuality of the "True-self" rather than the surface consciousness is not suppressed, and so that the multi-layered structure of order is not lost.

076. Practice the “training” in the culture in order to embody the truth.

In Chapter 2, I talked about the universal figure of the "Transcendental personality", the laws of the universe, and life activities. So, it's about time for you to master the "universal truth", and embody it based on that knowledge.

To do that, you need to practice with your own efforts to make the knowledge you have gained truly your own. And the training dojo is basically everyday life itself.

You need to decide that daily life is a training dojo and practice the “training” that is described from now in this book.

Here, everyday life means the "thought environment of culture created by your ethnic group".

The spiritual culture that the Japanese have developed over thousands of years, is an order of a vertical structure that values the “whole” delicately

projected into the language, and the "和 wa" that values the harmony. In addition to this, it is a way of deepening and improving everything as the "Do", projecting the universe onto it, finding the way of life in it, refining the personality of the "individual" by mastering the "Do", and creating a multifaceted standard of value that is not based on the bipolar opposition of "black and white, victory and defeat".

The spirituality of this Japanese culture expresses the order of the universe sufficiently from the view of the "Transcendental personality", and it has become a thought environment in which it is extremely easy to nurture an Integrated personality. the "Transcendental personality" guides you in this excellent thought environment.

Unfortunately, this excellent culture is being lost in the present day but cherish this culture in everyday life and live seriously in search of an Integrated personality while accumulating the “training” shown

in this book. Not only does it have the meaning of fulfilling the True-self mission, but it also means restoring your superior culture by incorporating your thoughts and actions into the thought environment, and the truth of your effort will be reflected in your culture.

And that is the fulfillment of life activities of you, your ethnic group and humanity.

077. Accept the guidance of the love of the "Transcendental personality" by gratitude.

The "Transcendental personality" transcends personality, and it is an absolute universal God.

The "Transcendental personality" works with the ultimate personality that is highly purified beyond personalities, and acts on the personality that cannot yet become a Transcendental personality.

So, what kind of attitude should human beings have when they accept acts from the "Transcendental

personality"?

The most appropriate attitude to accept them, is "gratitude".

In other words, the attitude from the "Transcendental personality" is love, and the attitude of human beings who accepts the love of the "Transcendental personality" is gratitude, all you can do is express nothing but gratitude.

I'd like you to remember that the "Transcendental personality" is not a machine or a computer.

“Gratitude” is the most appropriate attitude when you accept the loving guidance of Transcendental personality.

If the "Transcendental personality" and the human position can be properly positioned, the loving guidance of the "Transcendental personality" will flow into the human side without any pause.

Establishing your position by the correct positioning

with the "Transcendental personality" is exactly the same as penetrating "gratitude" toward the "Transcendental personality".

Well, various types of "training" will be introduced from here on. First you begin with a ceremony of devotion, which is to establish the attitude of learning the truth, to establish your original relationship with the "Transcendental personality", and to construct the attitude to accept the guidance of the "Transcendental personality" as much as possible.

078. Truth is always unlimited, put the truth in the center of your heart.

Here is one important advice for starting "training". Which is about the universality of the truth that I always value the most.

Please position the meaning of "universal truth" as the "unlimited truth" in the actual "training", in

order not to be arrogant towards the truth and always be humble towards the truth.

While you continue to have “training” in search of the truth, if you think “I understand”, that is the end of your understanding.

If there is something that you know in life that you stick to as "this is right", it will remain untouched and end up holding you back during your growth.

Truth is an unlimited existence, if you limit it to "I understand now" or "this is the truth", you will find yourself in a cul-de-sac and unable to move forward, and without having the courage to turn back, you will be forced to affirm yourself forcibly on the spot, which will always lead to self-righteousness.

Never hold the idea of "I understood" and never stick to "this is correct" in your common sense, or "this is correct" in religion, and do not to limit things as "this is all" or "this is only correct", and be flexible as much as you can, also pay full attention

to the self-righteousness theory that non-universal things as absolute.

In religion, it is possible to strengthen the power of faith by pursuing extreme self-righteousness in the form of “this is the only correct way”, and temporarily exert an effect on “individual salvation”, but this theory greatly sacrifices the universality of truth. Eventually, the time will come when they have to apologize to the "Transcendental personality". And of course, all the various contradictions, harmful effects and confusions that arise as a result must be dealt with fatefully at their own responsibility.

Section 3

Devotion toward the "Transcendental personality".

079. Positioning of Transcendental personality and human being.

Well, it's time to practice the "training".

"Training" is absolutely necessary for trainees in order prevent knowledge staying as merely knowledge.

Knowledge is gained through practicing the "training", and we will seek the process of embodiment that is the most direct expression of the truth.

At first, you will perform the "ceremony of devotion" which is to clearly establish the relationship between the "Transcendental

personality" and human beings, that is, between the "Transcendental personality" and yourself, going back to the time when you were given your personality and function by the "Ultimate Existence" and became a separate "True-self".

The "Transcendental personality" has prepared all the living environment for the humanity as the universe, prepared its destiny, and prepared everything to fulfill each of the life activities.

As I mentioned, the "Transcendental personality" is love itself.

The "Transcendental personality" works with us as love.

The fate and the environment that appear around us are all manifested through the "hands" of the "Transcendental personality" without exception. the "Transcendental personality" has been with us since we were born and has been with us since the time we were separated from the "Ultimate Existence" as a

single light and has been guiding and protecting us since then.

080. Ceremony of Devotion.

Now, let's take a ceremony of devotion sworn to the "Transcendental personality".

Speak aloud the words below slowly and you will complete your devotion ritual. I am a medium.

Declaration of ritual from me.

“Today, this is the ritual of devotion to the "Transcendental personality" for this person.”

“I sincerely congratulate this person on this good day that this person can swear devotion to the parents of their soul who are protecting and guiding them.”

From you to the "Transcendental personality".

“I will devote myself to you, my soul's parent”.

From me to the "Transcendental personality".

“I have confirmed that this person has devoted themselves to you today.”

From the "Transcendental personality" to you.

“You are already my child, and all of your destiny will be given you through my “hands” without any exception.”

“You are allowed to come back to me.”

End of ritual ceremony of devotion.

081. All the destiny is given from the "Transcendental personality".

..... The moment of tension is over. I will give you some induction for a while, so I would like you to

listen carefully. From the moment of devotion, you already live in a completely different world. The visible world may look the same as before, but the contents are a completely different world. What is different is that now everything is destined to be given through the “hand” of the "Transcendental personality". What could be greater? I would like you to think about it carefully. Your current position, the world you see now, the sounds you can hear, your friends, your husband, your wife, your parents, your children, your boss and your subordinates have been given the best for you by the “hand” of the "Transcendental personality" as "everything is the loving guidance of Transcendental personality". You won't get lost anymore.

All you have to do is receive the fate that appearing with gratitude to the "Transcendental personality". All you have to do is just affirm everything and accept it with gratitude.

You can do the devotional ritual as many times as you like, but really you only need to do it once. But, the most essential thing is that you have already taken refuge in the "Transcendental personality" from the beginning, whether you perform the rituals or not.

So, you don't have to worry about whether you were able to devote yourself or not. The devotion ritual reminds you of your original relationship with the "Transcendental personality" and makes you confirm it. Of course, devotion does not get canceled just because you did something wrong. This has nothing to do with your current state of mind. If you feel worried about something, just be grateful to the "Transcendental personality".

Section 4

**Everything is the loving guidance of the
"Transcendental personality".**

**082. The law of the universe and the love of
the "Transcendental personality".**

The “Law of Thought-Determined Outcome” that creates the order of the universe may seem like a cold law with no sense of personality like physical laws, but that is not the case. The "Law of Thought-Determined Outcome" works with a sense of personality, and it never works mechanically like a computer. The universe exists with a sense of personality, and the universe is not a physical sense, but an order is created by that sense of personality, and life activities are carried out within it.

For example, spiritual phenomena and paranormal

phenomena always seem to have a god, spirit, or some kind of will, that is, some personality in the background. It is not a mistake to interpret these as or to understand them to be functioning under the laws of the universe and the energy of the universe. It means that both the laws of the universe and the energy of the universe have a will and a personality. And of course, the integrated vectors and the separation vectors that humans produce exist in the universe as the energy of the universe with a will, power and personality as the Integrated personality and separation personality.

The various personalities that exist in the universe have various stages from high-class personalities to low-class personalities, each of them work on humans and act on human fate for better or worse.

So, I preach here the approach towards humanity from the highest personality, the "Transcendental

personality" who creates the universe, creates the order of the universe, governs the course of the universe, and also controls all the cosmic energy, that is, the existence which is the essence of the universe, that combines absoluteness and universality.

The "Transcendental personality" has its home in the Transcendental Consciousness, and exists as the Absolute Universal Truth, and from that standpoint, as the law of the universe, as the energy of the universe, and as the love of the "Transcendental personality", in other words, with a meaning of transcended personality, it works on us human beings who have not yet become the "Transcendental personality". The love of the "Transcendental personality" is not different to the laws of the universe; ultimately, the love of the "Transcendental personality" and the laws of the universe are the same thing.

However, from the perspective of a person who has not attained a Transcendental personality, the “Law of Thought-Determined Outcome” seems severe and negative, and the love of Transcendental personality is gentle and affirmative. It appears like this to protect us from the strict laws of the universe.

In other words, the fate that humans have created by themselves according to the “Law of Thought-Determined Outcome” is seemingly severe, and the love of the "Transcendental personality" that protects us from the painful fate seems to be gentle.

Therefore, the principle of "everything is the loving guidance of the "Transcendental personality" described here of course ultimately includes the laws of the universe, but at the stage of "individual salvation", it emphasizes the aspect of the gentle of the "Transcendental personality" who protects and guides you from the painful fate that you have created by the "Law of Thought-Determined

Outcome".

Therefore, your "Transcendental personality" is usually your guardian deity, guardian spirit, deputy guardian spirit, and "True-self". But in significant situations, please always go back to the "Transcendental personality" which includes the "law of the universe", and mastering "everything is the loving guidance of the "Transcendental personality"" which includes all of the fates that created by the "Law of Thought-Determined Outcome".

Because any hard destiny you have, is the destiny that once you have wished for yourself, and it disappears according to the laws of the universe, and all this is the destiny given to you here and now by the loving guidance of your guardian deity, guardian spirit, sub-guardian spirit and transcendental personality as "True-self".

083. Any change in destiny is a change toward true happiness.

After reading this book, it is as if your surface consciousness has been equipped with a highly sensitive antenna to receive the radio waves of the transcendental consciousness, which means that the transcendental consciousness and the surface consciousness are connected by a thick pipe, and from then on, your destiny will develop in an increasingly positive direction.

Your personality will be changing dramatically, and basically you will see better environmental changes. As I did during the spiritual training, you should accept them as “everything is loving guidance of the "Transcendental personality".

The fate that appears is meaningful in that order, and you must not complain about that order. Don't forcibly fiddle with the fate that appears. Instead of scrutinizing the future and the past, you should deal

with each fate that appears with honesty without looking into the mind of other persons.

And of course, try to be thankful for the good destiny and the environmental changes from the bottom of your heart. In the process, please deepen your sense of unity with the guardian deity and guardian spirit as the "Transcendental personality".

But even that good destiny and environment are just a temporary fate, and you should never stick to it and hold on it. If there is a person who wants to it, and if you are able to give it up, do so, then your destiny will unfold even more and improve endlessly. If you have such luck continually, and if the coincidence unfolds conveniently for you every time, it's easy to forget gratitude and become arrogant. So let gratitude always stay in your heart. Your life will basically be such a wonderful development of fate.

However sometimes, you can't get to a bright place

without passing through a tunnel.

But no matter how it looks, "any change in destiny is a change for the sake of true happiness".

That absolute conviction will give you strong courage to live your life.

Let's live without getting lost in the ups and downs of small fate that goes up and down. Even if the environmental change seems to be bad within your immediate circumstances, tell yourself that "everything is a change to improve", and accept it with gratitude, and let's overcome the difficulties in front of you with honesty.

Every fate was given through the love "hand" of Transcendental personality. That means every fate and environment that appears to be difficult in front of you is the fate that you have to overcome for the next wonderful fate that has been prepared for you after it, and at the same time, it must be the fate that you need to exceed by your own efforts. It means

that it is the fate that you can definitely exceed.

Any fate that you cannot bear will never be given to you by the "Transcendental personality". Only when you are strong enough, and you can overcome it.

There is a metaphor; the debt of 100,000 yen is a too much burden for a 10-year-old child and they cannot bear it, but if you become 40 years old and a member of society, even if it goes up to 500,000 yen with interest, you can pay back the amount with just one bonus payment. And the "Transcendental personality" has already prepared the solution (the bonus payment and payment method of debt). Your honesty will find the solution.

And these words of truth, "Everything is the loving guidance of the "Transcendental personality"", are particularly powerful when it comes to overcoming great obstacles to one's destiny and supporting oneself strongly from within.

084. The loving guidance of the "Transcendental personality" is a word of gratitude to yourself.

Here, special attention should be paid to the fact that we should not just mechanically apply this theory that 'any destiny or environment is given through the "hand" of the "Transcendental personality"'. The language of truth can easily be misused without compassion, and even if it is not wrong in theory, it can quickly become a tool to justify your selfishness or to hurt others.

In other words, the words of truth "everything is the loving guidance of the "Transcendental personality"" are words that are prepared for your own salvation as "training", so it is important to be used for your own growth.

These words of truth should not be words that we force on others, but words that help us to accept our destiny and our environment with gratitude. That is

to say, if you hurt others with unkind words or careless actions and then force them to accept your actions as a test of sincerity and gratitude, because "everything is the loving guidance of the "Transcendental personality"", to justify your own actions, this is a very arrogant way of thinking and does not make any use of the purpose for which I have prepared these words of truth. This is a very arrogant way of thinking, and the main purpose for which I have prepared these words of truth is not being used at all. And it means, you have "sinned" by using the words of truth to contradict the truth.

Moreover, these words of truth must be words for yourself, in which you accept the fact when the other person does not act as you wish, as "everything is the loving guidance of the "Transcendental personality"", before you demand from another person the sincerity that is convenient only for you.

By the way, the word "sin" in this book means to

disturb the order in which the universe is projected, to pollute the place, to bind the freedom that comes from the "True-self mission" of oneself and others, that is, to deviate from the position, the thoughts and words and deeds that generate the separation vector.

085. Transcendental personality will not save you at the expense of others.

Originally, 'everything is the loving guidance of the "Transcendental personality"' means a series of destinies that are given to us, but in reality, we have to confirm and go through each event one by one. So, let's take a few events and practice accepting them as 'everything is the loving guidance of the "Transcendental personality"'.
"Transcendental personality"

And then gradually practice accepting the series of destiny itself as 'everything is the loving guidance of the "Transcendental personality"' instead of the fragments of destiny.

Now the first example is: you were shopping in the supermarket and the cashier made a mistake in the calculation and you received a thousand yen more in change. At the exit you realize it, but you are grateful because you have already taken refuge, and "everything is the loving guidance of the "Transcendental personality"".

This is a very obvious example of a mistake, but when the situation changes a little bit, there are many times when we want to interpret this kind of thing in our own way.

Even if you can understand that it is a mistake to receive a 1 thousand yen, but there are people who do not understand this when it comes to 10 million yen.

Some people can tell you if it's about the change for a purchase, but not if it's about the assets they're involved with.

The "Transcendental personality" does not lead you

in your favor, as in this example, to the detriment or hurt of others. the "Transcendental personality" does not give you a good destiny or environment at the expense of others. You should be very careful.

This example of change is meant to be a test of your integrity by the "Transcendental personality".

086. When the guidance is in the encounter, not in the other person's words.

In the following example: you receive a phone call from someone you used to know, and he solicits you to buy an insurance policy from him. You understand that in this case you should take out the insurance policy since you are offered it, because "everything is the loving guidance of the "Transcendental personality"". This is an example of a mistake often made by honest people. This kind of narrow interpretation should not be applied to the love of the "Transcendental

personality".

What is meant is the meeting with the person who has appeared for the invitation, and there is the loving guidance of the "Transcendental personality". I am not saying that the person is right in any way. The decision to buy insurance or not should be based on whether you need it now or not.

If you can cherish the encounter with the acquaintance and "you can appreciate the "True-self" of the person and pray for the progress and harmony of the person", that will be the expression of the greatest integrity for the encounter. I will describe the prayer in detail of later.

By the way, if you wanted to get insurance, and your friend solicited insurance, you can accept it as it is. In general, however, there is often a disagreement between superficial events and the interpretation from transcendental consciousness. In other words, whether to get insurance or not is a different issue to

honesty.

The "Transcendental personality" (guardian spirit) that protects and guides the other person may have had a serious appointment with the "Transcendental personality" who protects and guides you and expresses something in some form."

It is hard to tell what kind of deep guidance of the "Transcendental personality" has hidden in meetings between people.

Therefore, it is important to meet people and always treat them with prayer.

087. Another person's words may conceal the guidance of the "Transcendental personality".

In the next example: suppose someone has protested or advised you.

It may be the type of advice to you by the "Transcendental personality" through a third party

that was mentioned earlier.

If that is advice that you really need, then this is an example that there is the loving guidance of Transcendental personality in the other person's words and meaning.

In such a case, you should accept it while listening to the other party's words with prayer. If you can be satisfied with it, you should just accept it with great appreciation.

If it is impossible, you do not have to accept it.

When it is difficult to understand, listen to another person's words with a prayer in your heart, keep the attitude of entrusting judgment to the "Transcendental personality", and do not rush to a conclusion whether or not to accept it on the spot.

If you are listening to it in prayer, whether your surface consciousness accepts it or not, if it is words you need, it will be engraved in your heart and will be remembered at the necessary timing and should

become material for an important decision.

Entrusting the judgment to a Transcendental personality is also an important attitude of devotion.

However, to be ambiguous about something that you should naturally accept is an attitude of evasion and is extremely contrary to the will of the "Transcendental personality" (the philosophy of the "Transcendental personality").

There can be truth in the words of someone who abuses you.

088. Harmonize an opponent's denunciation and slander with prayer.

In a similar but different situation to the previous example,, the other person may be complaining to you in the guise of advice. Similarly, listen intently to what they have to say with prayer.

The other person may be clearly in the wrong. They may be only focusing their energy on justifying

themselves by falling into victim hood. Or, if, as the other person says, you are at fault, but it is incidental to the necessary action to carry out your position, and you are already aware of it, have already reflected on it, and have already identified it yourself by the "self-enlightenment training" (see below). There is no need for you to change your judgment or to feel pain. Never blame yourself in this scene. Even if the opponent has pointed out your misconduct, if you have already completed the “self-enlightenment training”, you do not need to reflect on it anymore, and you do not have to have “self-enlightenment training” again.

To that end, it is necessary to accumulate “self-enlightenment training” shown below and asses yourself with honest eyes. That way, no matter what you are told by someone, your heart won't be upset. Even if you are denounced by someone, even if they have pointed out your faults brilliantly. Strangely

you will no longer be discouraged or being angry.

As long as you know yourself by the self-enlightenment training, you don't have to try to be a victim purposely or to commit a folly to protect yourself by forcible self-justification. You can deal with the other party flexibly without denying yourself.

Thus, “Everything is the loving guidance of the "Transcendental personality" always works well enough when you have practiced the “self-enlightenment training”. I will give details about "self-enlightenment training" in later chapter.

If you can listen to the opponent's words in prayer, you can always keep your heart calm, so you can simply listen to the opponent's words sufficiently and return an appropriate answer quietly.

You can also admit in a dignified manner if you have fault and if you need to admit it.

Treating that person with thorough integrity, is what the transcendental being expects from you.

In this case, first of all, sincerity is not a matter of deciding between good or bad but about harmonizing the place and the opponent quietly in prayer. If you can harmonize your mind, the place will already be harmonized.

Since your mind is a projection of the universe. You have projected harmony there and that's mean you have fulfilled your own True-self mission. Gradually the place will be harmonized in reality.

These denunciations and slander by the opponent are now coming out of what has been accumulated in the relationship between you and the opponent. And now it has disappeared.

It is not a matter of deciding who is better or worse, the other person or yourself. There is the loving guidance of the "Transcendental personality" that has chosen the time, place and circumstances to

bring this disharmonious situation into existence there.

And to take this opportunity to pray thoroughly for the other person and harmonizing them in your heart is being sincere, for your happiness and theirs.

Now that you know the person's honest feelings and have a clearer picture of who he or she is, it will be easier for you to make the next important decision before this important development in your life.

089. Sometimes, when the time is right, strict sincerity is all you need.

The next example: if you are the head of an organization or in a position to guide a person.

If you are a leader, staying honest is very different from the example earlier, and it may be necessary to do the following:

If an opponent complains or criticizes you, you must brace your mind. At this time, taking this great

opportunity given now, first listen to the opponent's words in prayer, then suddenly you must change your attitude and convince the opponent.

In that scene, capture the detail of current opponent's words, and thoroughly arrange the problems of the opponent in an easy-to-understand manner and arrange them side by side, quietly show that it is emanating from a sneaky victim consciousness, vanity or pride. In some cases, even if you speak loudly and grab the shoulders of the opponent, give a clear indication of how wrong the victim's sense of victimization and how it is an obstacle in your organization. In such a situation, seizing the right opportunity at the right moment and trying to rebirth the person will ensure your honesty in your current position.

Such situations can naturally be accompanied by intense emotions, but whatever the emotional turmoil, it is already a small matter of low priority.

When you are a Perfected Integrated personality, no matter how violent your emotions are, they are completely under the control of the transcendental consciousness, and they are utilized. However, this is not the case with the unintegrated personality. But that does not mean that you should be afraid of failing because of it.

Even if one's emotions are disturbed, this is already not the essence of the current event. In this case, this sincerity, even if it disturbs your feelings, even if it pollutes your mind, even if it gives you a bad reputation with others, is highly valued as the best you can do as an unintegrated personality.

The basis for whether to quietly harmonize the place by prayer or handle it at this time depends on whether it is most effective to do at the time.

If you can't expect a good effect right at the time, you need place a mental space to wait for that opportunity to come, even if it takes one decade. If

you have that mental leeway and the person's awareness of the victimization is a major obstacle to your organization, you should not wait for a decade. It is a problem that must be solved immediately. Because you strongly hope for a solution, so the rare opportunity for that was given as the current scene by the loving guidance of Transcendental personality. If you are influenced by the emotions, it is difficult to make that judgment. Even if your judgment is not appropriate at that time, the "Transcendental personality" supports you along the way you choose, so just don't be afraid and carry through your sincerity as much as you can. You were given such an authority as a leader. And the leader has that much responsibility.

The “sincerity” which is required of you, not only in this case, but in other important situations, is not a sincerity of heart or words alone, but must be accompanied by action.

If it means giving money, then give a little more; if it means taking the brunt of criticism, don't be afraid to hurt yourself; making some material and emotional sacrifices, can be said to be real sincerity.

Also, if there are third parties involved in the problem with you and the opponent, you may be silent without saying "what you should say", in order to protect someone, justify yourself and compromise. As a result, it tends to hurt and betray third parties who are not there. This is a great dishonesty.

It is a sneaky attitude that is contrary to sincerity to make the third person a bad guy and try to gain popularity easily. In this case, the third person's Transcendental personality (guardian spirit) is also on the spot and expects your sincerity by looking at how it goes. You should have a strong awareness for the eyes of the third person's Transcendental personality (guardian spirit).

You may also get hints for discovering the

separation vector that resides within you, in the words of the opponent who is denouncing and slandering you. However, as long as you assess yourself enough in daily life, you will no longer need to reflect on what you say, and in that case, "If you interpret viciously for your past actions through the eyes of others, you can understand your level". Knowing the reality of "yourself" is also very helpful for understanding human reality.

In organizational activities, small problems may symbolize future major problems. In particular, problems related to the organizational order must be sufficiently processed by identifying the essence of the problem within a small problem.

You have to be careful not to show too much kindness and not take any effective action, lest you leave a great deal of damage in the future. You need to be able to see whether a small problem is really a small problem, or whether it is a big problem with

big implications. In other words, there is a "loving guidance of the transcendental personality" in the fact that the big problem of the future has been revealed here and now as a small problem, and you should not miss the opportunity to reflect on your organization, to practice self-enlightenment training (see below) and to reform your organization. And when a crisis does occur, you should use it as an opportunity to make a major organizational change. If it is a widely known crisis, even it will be possible to undergo excessive reform.

090. Always act with a sincere motive at the crossroads of fate.

Thus, in any case, fate and the environment that emerges are definitely given as “everything is the loving guidance by the "Transcendental personality"”. The essence of that fate is not karma, nor is it given by any devil, nor is it a curse from a

demon, nor is it any form of punishment. The "Transcendental personality" wants you to be as sincere as you can be towards the destiny and the environment which appears in front of you.

Therefore, you have to face the destiny and the environment that appears to you as 'the loving guidance of the Transcendental personality' and never run away from it but seek the sincerest way of life for it.

At times in your life, you may have to choose to leave your environment at the cost of your own life. In such cases, the decision to leave the environment and the judgment to the most appropriate time must be based on pure, sincere and no-intentional motivation beyond your own interests. For example, while you have a high position or a privileged position, you can accurately grasp your current and future positions in the "whole", and with a humble attitude that does not stick to your current position.

In the case like, "I'd like to leave the next new job to my successor, and I would like to resign here at this opportunity."

On the other hand, the same resignation that is made in a way such as "..... I don't want to stay here anymore" or "If you don't accept my side of the story, I'll quit" is an attitude of arrogance and insolence. In this case, "quitting" is the very essence of dishonesty as "defiant way of life".

So, the most important thing in the choice of destiny is always a sincere and pure motive without any artifice. The process of building up motives and sincerity is more important than the result.

091. Integrity to keep you humble.

If your integrity causes you to become emotionally disturbed and pollutes your heart, it is to your detriment. But in this case, it doesn't matter how much you lose, because your integrity is tens of

thousands of times more important than what you lose or don't lose. Acting beyond your own gain or loss is an expression of integrity.

Because it's "everything is the loving guidance of the "Transcendental personality"", it makes sense to deal with these with sincerity. Also, sincerity, or practical behavior will change greatly as your understanding of the truth deepens.

Now it may seem sincere to you to take the side of the person who is being reprimanded by their boss, to excuse and protect him, but as your understanding of the truth increases, you will find the love of the Transcendental personality in the scene that the person being reprimanded, and you may decide that this form of kindness is never sincere, and that it is better for the harmony of the organization and for the well-being of the person to take this opportunity to reflect on the situation. Therefore, you need to be humble enough to remember that your current

sincerity is only that of your present understanding of the truth.

You need to be careful not to criticize or evaluate someone who has a better understanding of the truth than you at the level of your understanding.

If you lose humility, even if seemingly to do good things, if it interferes the life activities of others and you will fall into a pitfall of arrogance.

Section 5

Gratitude and gratitude training.

092. Practice gratitude toward the Transcendental Personality as a "training".

Appreciation of the Transcendental personality is something that does not need any reason or logic. It is a warm feeling that comes naturally from the bottom of the heart. That natural feeling of gratitude reaches the Transcendental personality as straight as light. If I may say so, gratitude to the Transcendental personality is the expression of the joy of being affirmed by the Transcendental personality, the expression of the joy of being at one with the Transcendental personality.

You may understand from what has been said, it is clear that everything "should" be accepted with gratitude about the destiny and the environment as

manifested through the hands of the Transcendental personality. However, it is either hasty, arrogant, ignorant or not know one's place to think that just because you know what you "should", then you think you can understand gratitude. In reality, human beings are not so simple and straightforward that they can simply follow the "..... should".

This means that it is practically impossible for us to maintain this feeling of gratitude.

So we have to adopt gratitude as a "training" and express it in every moment.

The “training” is a form, it is not gratitude from your “true-heart”. However, to express an attitude of gratitude means to declare “Among the various feelings within me, the feelings other than gratitude are not mine, the feeling of gratitude is my true feeling”.

093. Raising gratitude to the Transcendental personality to the level of prayer.

The only way to be forgiven is to somehow show gratitude for this not-so-real gratitude, which is not yet accompanied by the heart. Here are some words of gratitude to the "Transcendental personality":

Thank you very much "Transcendental personality".

Or

Thank you, God.

Let's make it into the simplest words.

Gratitude, raised to the level of prayer, is an exchange of light with the "Transcendental personality" and a supply of life energy from the "Transcendental personality". The prayer of thanksgiving prepares the field for the "Transcendental personality" to work, and also

adjusts the way for the connection between the "Transcendental personality" and the human being.

Prayer is, as we shall see, the connection of the surface self with the "True-self" of the transcendental consciousness, or the transmission of the idea of the "True-self" to the surface self for the smooth progress of its life activity. Prayer, therefore, reflects the True-self mission of the person praying it. In prayer, as in gratitude, it is practically impossible to keep the mind as it is in the prayer, so we try to express it in the form of "Prayer training" by arranging the words and the posture of the body, and in this way, we try to be forgiven as a substitute for prayer. The expression of both gratitude and prayer in form resonates with the content of the prayer, which eventually leads to real gratitude and real prayer.

094. Grateful for the life we live with given life.

There is no single thing in your life to which you can claim "this is mine".

We need to think about that very carefully.

How can you say that even the life that you now think of as your own is your own?

You have to realize that even your life is not a life of your own making.

And the environment surrounding us, the earth, the air, the grace of the sun, everything we need to live has already been given, and we human beings are existences that are being allowed to live 100% and cannot live on our own. There is no such thing as a "you" that is independent from the universe.

Your origin is, the only life being that originally fills the universe, that is, the "Ultimate Existence". It is necessary to reaffirm again and again that you are a "True-self" and a being who has been separated from

the "Transcendental personality", which is the "Ultimate Existence", and who has been entrusted with the life of the "True-self", and to position yourself humbly and live a life of gratitude.

A person who thinks he is living by himself is already arrogant. Such an arrogant person is like a person who cannot cook a single dish himself, but when he comes to a dish prepared entirely by the "Transcendental personality", he complains that he does not like the taste of it. The "Transcendental personality" may have reduced the saltiness for health reasons. Maybe you are trying to eat too much meat and he is trying to balance it out with green vegetables.

This is just a metaphor, but humans have an aspect which is less than a little child who is whining. "Less" means because children do not ignore their "parents" presence.

095. People complain because they cannot position themselves correctly.

As human beings, if something convenient thing happens, we can appreciate it. Of course, if you have someone who benefits you or is kind to you, you would be able to appreciate the person.

However, if things change a bit and something inconvenient happens to you, you will immediately complain about the same thing, and your feelings of gratitude will blow away somewhere else.

Why is it so easy for human beings to forget appreciation and be frustrated? This is because their position has not been established.

First of all, it is due to the fact that we do not properly position ourselves as being allowed to live.

When we are aware that we are 100% being allowed to live, we are humbled and our hearts are filled with gratitude, no matter how unfavorable our circumstances.

And secondly, because of the lack of establishing one's position in the family and organizational order in which we now live-in reality.

The order of our reality is a projection of the universe, and unless we can position ourselves humbly in our current position as the universe of reality, being given an important place in it and being kept alive, everything we see and hear will seem unsatisfactory.

And furthermore, they stand in a self-centered and arrogant position, criticizing and evaluating events, surroundings and people with arrogant ideas, complaining that "people around me don't do what I want", complaining that "they don't understand my feelings", and keep complaining that "no one understands my position".

And you become even more dissatisfied with those who don't understand your dissatisfaction. You will lose your loopholes, and endlessly fall into

arrogance, frustration and victim consciousness. In this manner human beings quickly forget that they are allowed to live, and deviate from their position, become arrogant, and quickly seek out the source of dissatisfaction, and accumulate it in their mind.

On the other hand, when you realize that you are being kept alive, when you establish your position in the universe and in the order of reality, you begin to see the world differently from before, you begin to see everything as something to be grateful for, even things that used to be something to complain about, even things that used to be something to criticize, and before you know it, you find that your eyes are full of things to be grateful for. And before you know it, you find that you have so much to be grateful for. You begin to understand that even the person you are trying to forgive is really a person you should be truly grateful for. As the gratitude accumulates, the atmosphere of the person becomes

more beautiful and purer.

Human beings are being supplied with life energy from the universe by their gratitude. Therefore, we can even say that we are "grateful creatures".

In order to keep your heart full of gratitude, let's do a lot of "gratitude training" so that your gratitude swells and your frustration never accumulates. Gratitude is not just a feeling or the word "thank you", but the state of mind in which you have established your position to the extent that you are able to affirm everything, the universe, your existence, your thoughts and actions, the environment around you and the events around you. And in search of that all-affirming state of mind, people seek the "Way", that is, the way to become an Integrated personality.

096. Appreciate the culture built by our ancestors.

The "Transcendental personality" guides you within culture.

The "Transcendental personality" guides you in accordance with human-creation, families, organizations, ethnic groups and nations. And even though it is imperfect in the culture, truth is certainly projected, and the protection of humans from the contradictions that arise from the imperfection is also the guidance of the "Transcendental personality". And we can say that we live by projecting the truth into the culture in multiple layers with the individuality and work of the "True-self" and projecting the order of the universe into the world where we live.

Now, to live in our daily lives means to live in an ethnic culture. And the "ethnic spirituality" that forms the foundation of that culture is the crystal of

our ancestors' life efforts.

And it exists in daily life as an advanced order, and you are allowed to live while immersed in the culture and you are supplied with most of your life energy.

Culture is so large that it is difficult to understand the significance of its existence.

If you lose the backing of your culture, you will know that the ability you have is really very small.

To imagine this, for example, imagine that as soon as you are born, you are left alone on a desert island, and that you have to survive everything on your own. Even living there alone would be almost hopeless. Even if some animals helped you to prolong your life, but inventing language and thinking about things, creating order, finding the meaning of life there, making life worthwhile and creating advanced values, would be unthinkable to obtain. From this, you should be able to imagine how huge, great and

decisive the culture that surrounds you now is.

It's only natural to appreciate such a huge ethnic culture that gives you a high degree of spirituality and keeps your living as a human being.

Ethnic culture is a huge heritage that has been created by refining all the thoughts and actions of our ancestors over thousands of, no, tens of thousands of years. And you must also build your valuable experience onto human history and pass it on to your descendants as culture.

To be grateful for this received culture is to be grateful to the ancestors who have built up the ethnic culture, which is an important "training" in the "gratitude training". And thank everyone who surrounds you in that culture. No matter how scary the person may look, if you look at the "True-self" that is the essence of that person, there should be enough reason to thank him for just being alive (described below).

And in reality, even the organization to which you belong now is not created by you, but by the efforts of others other than you, the organization is already formed, and there is the assistance from the "Transcendental personality" there.

Before you complain, you should be grateful just able to belong to it. Since the philosophy of the organization often coincides with the philosophy of its chief, I think it is better to give thanks to the chief of the organization. That is the concrete establishment of your position within your organization where the culture is projected, and at the same time it is a form of appreciation for the culture created by the principles of Transcendental personality.

[The prayer of thanks for the culture and affiliation]

Thank you for my ancestors (for creating a culture

that keeps us alive).

Thank you, Mr. Ms., □□ (name of the head of the organization) for giving me the position.

Section 6

The Prayer of Love for Human Race and prayer training.

**097. Prayer training creates your future
destiny.**

Your "True-self" is in the transcendental consciousness and has been working on you in the surface consciousness from the beginning. If the work of the True-self penetrates your subconscious and fills your surface consciousness, then you are in a state of integrated vectors and the world you live in is already heaven.

In general, the work of the "True-self" does not appear straightforwardly to the surface consciousness, because the separation vectors of the subconscious get in the way.

Purifying the subconscious by aligning it with the "True-self" in the transcendental consciousness through the will of the surface consciousness, and to smoothly manifest the "True-self's" ideas as destiny in the surface consciousness - is the "prayer training". By chanting the words of prayer, the mind of the surface consciousness resonates with the "True-self" of the transcendental consciousness, and unification of the surface consciousness with the transcendental consciousness is achieved. It is the resonance between the sound of the words on the surface consciousness and the principle of the "True-self". The "Integrated vector" of the prayer is stored in the subconscious and will eventually appear as a wonderful destiny in the future. In other words, the "prayer training" is an important step which creates your future destiny and directs your future destiny.

098. The Prayer of Love for Human Race.

Therefore, I will show the “prayer words” related to my True-self mission as “The Prayer of Love for Human Race”.

And my "True-self" allows you to pray this "prayer".

[The Prayer of Love for Human Race].

For Progress and Harmony to be fulfilled in us, the
human race,

All and everything are the Loving Guidance of The
Transcendental personality.

Transcendental personality, we express our gratitude.

Progress and Harmony is fulfilled in us,
the human race,

We are all fundamentally one.

To all and everyone I offer my gratitude.

May this, our Network of Transcendental Prayer,
Grant great progress and harmony to us, the human
race.

※May Progress and Harmony to be fulfilled in
.....,※

※ ※ can be used free form in
both words and formats. For example, let's pray for
gratitude for the following things, such as praying
for the progress and harmony of the family and the
organization to which you belong, or praying for the
progress and harmony of the partner if you have a
partner.

I wish for □□□□Co., Ltd. 's progress and harmony to
be fulfilled.

Thank you to the ancestors of □□family.

May Japan's progress and harmony be fulfilled.

When you pray, please be sure to add your request first that including "please fulfill my wish" along the philosophy of the "Transcendental personality". For example, it is better to make the following wishes in prayer.

I hope that the difficulties I face now will be resolved successfully through the guidance of the "Transcendental personality".

I hope our family can harmonize and each can fulfill their true-life mission.

I wish to have the right spouse to walk together and fulfill our True-self mission together.

I wish to have the right job to fulfill my True-self mission.

Also, when praying for a specific person, look at that person's "True-self" and pray as follows, for example.

And especially it is best to pray with many people, with that particular person in the middle of the circle.

Thank Mr. Ms.○○'s "True-self".

If you overcome this challenge, Mr. Ms.□□ will be given a significant fate related to the True-self mission.

I hope that Mr. Ms.○○ can safely overcome the difficulties you face now.

I'll support Mr. Ms.□□, so I wish you will accept the test as a guide to the love of the "Transcendental personality", fulfill the self-enlightenment training, and walk straight with us on this "way" that is shown by the "Transcendental personality".

I wish Mr. Ms.□□ 's fulfillment of True-self mission,

self-self-mission, Integrated personality.

Now, praying specifically for the Transcendental personality as the "Transcendental personality" in "The Prayer of Love for Human Race" is very good for the establishment of universality. It is also possible to replace the Transcendental personality with your familiar "God".

The Prayer of Love for Human Race has been further formalized at the end of this booklet as our common prayer.

099. Human race means transcendental consciousness. Progress and harmony represent the structure of the universe.

Let me explain the meaning of the prayer words I have presented.

We are not yet in harmony with the surface consciousness and subconsciousness, but we are

already united with the transcendental consciousness even though there appear to be conflicts and struggles.

In the world of transcendental consciousness, each of the “True-self” of ourselves have the individuality as work but are in perfect harmony as all humankind. Praying for the "Transcendental personality" as "human race ..." means praying by looking at our humanity in the world of transcendental consciousness as our essential figure.

And praying toward the opponent as " we ..." in the heart, means the mutual confirmation as, "even if it seems that there is a discord, conflict or misunderstanding between you and me, but it's not our original relationship, and we already have a complete understanding and unification in the transcendental consciousness.

Here, “human race”, “us” and “everyone”, means of course, we human race and we and you as visible

forms, but the essence of this prayer is dedicated toward the "True-self" of our human race, we and you who have individuality and live with our True-self mission in our transcendental consciousness.

In the beginning, in order to clarify the meaning. Especially it is better to pray while being aware of our human race and the we and you in the transcendental consciousness.

Praying these words of prayer means to sublimate the various problems that occur in the real life of "us" to the problems of all mankind in the transcendental consciousness as we human beings.

If you feel uncomfortable to pray to someone you don't like, pray towards the opponent's "True-self" or to the "Transcendental personality" that protects and guides the person.

When you are in a hurry, you can pray "wish for fulfillment of the progress and harmony of Mr. Ms.□□".

Now, "progress" in the prayer language means, first of all, in a general sense, an improvement towards a state beyond time, and "harmony" indicates an attitude of expanding the world of the surface consciousness.

But there is a deeper meaning hidden in these words. In the eyes of the timeless, the universe consists of a vertical structure of "progress" and a horizontal structure of "harmony". Here, all the developments of life activity in time and space are placed on the horizontal structure. And the "ascending path" and the "descending path" are the vertical structure.

In other words, "progress and harmony" indicate the vertical and horizontal structure of the universe. Therefore, they represent the principle of "Ultimate Existence", and it means the fulfillment of life activities.

Furthermore, "progress" indicates the absoluteness of the "Ultimate Existence", and "harmony"

indicates the universality of the truth.

And “progress” and “harmony” mean “cosmic integrity” and “love of the "Transcendental personality"”.

Furthermore, “fulfillment” is the “fulfillment” of the principle of “Ultimate Existence”.

Therefore, the meaning of prayer as a whole, "desire and declaration of the progress and development for the life activities of the universe that concern us and at the same time, it's the "The desire and declaration that we live together with the life activities of the universe".

And the network of “Our network ...” is what is gradually revealed in this book, it is a transcendental thinking network connected by transcendental thinking. It is a network that is strongly connected with transcendental consciousness of members who pray "The Prayer of Love for Human Race".

There, even if you have never met before, you will

be strongly connected through your transcendental consciousness and you will play a part in manifesting the aims of the Transcendental personality on earth.

It is often through the environment of your current reality that you are led to the Transcendental Thought Network.

Did you understand the depth of this prayer?

From now on, the “prayer training” will mainly pray "The Prayer of Love for Human Race".

100. Let us pray thoroughly first.

In this book, let this "The Prayer of Love for Human race" be the "prayer" that I advocate.

When you are in a hurry, it is ok to pray only part of this prayer. If the meaning doesn't change, you can change it to something easier to pray. However, changing prayer words should not be self-assertion or arrogance against the truth by losing the

unification. If you have any slight concern, the correct attitude of prayer is to try to pray without missing any words.

As you can see from the words, it also includes a prayer of thanksgiving for your devotion. Therefore, it should be possible to pray it with real feeling. There is no essential distinction between prayer and thanksgiving, so if we pray this as a prayer of thanksgiving, we are practicing two forms of "training" at the same time: the "gratitude training" and the "prayer training".

The “Way” to becoming an Integrated personality begins with the accumulation of prayer training combined with this gratitude training.

However, from now on, except where necessary, the difference between "prayer" and "prayer training" will not be clearly expressed each time, and in some cases, the phrase "chanting prayer" will be written just as "pray" or "prayer".

This prayer may or may not be voiced out loud, but it is necessary to pray it thoroughly. It is not necessary to close your eyes and pray. Whether you are walking or sitting, do it in the same way as a gratitude training, you should try it thoroughly first. Why don't you try so thoroughly that you forget to sleep and eat?

Try to be thorough enough until your mouth is full of bubbles and your head is full of prayers.

Shortly after, as the prayer accumulates in the subconscious, the afterglow of gratitude will continue throughout the day, and you will realize that warm things ooze out from the heart. That is the very first internal change on this training.

101. Don't let your attitude to prayer become arrogant.

“For Progress and Harmony to be fulfilled in us, the human race.” An appropriate posture of mind when

you pray is one in which the surface consciousness looks up to the transcendental consciousness and prays. This is the attitude of the human being who is kept alive, - looking up to the transcendental personality who gives us life and giving thanks to the transcendental personality. Please note that this is the "ascending path".

The latter, "The progress and harmony of our humanity will be fulfilled." is the mental attitude that declares the idea of the "True-self" from the transcendental consciousness to the surface consciousness. And note that this is the "descending path".

Here, it is not you, the surface consciousness, but you, the True-self of the transcendental consciousness, who declares the philosophy from the standpoint of the "descending path", and if you position yourself mistakenly in this, you are in danger of becoming extremely arrogant. This is a

very dangerous pitfall of arrogance.

So, in the beginning, it is good to continue to pray in the same way as the former, with the surface consciousness looking up to the transcendental consciousness in the posture of the "ascending path". And no matter how far you go, the surface consciousness must always remain in the humble posture of the "ascending path".

By praying over and over again, please do not lose the humble attitude of the surface consciousness, the attitude of gratitude for being kept alive, and please gain the attitude of the mind in which your "True-self" proclaims the idea to the subconscious and the surface consciousness at the same time.

In the same sense as this, even when you are praying for the other party, "Mr. □□ 's progress and harmony to be fulfilled ...". It is clearly arrogant attitude, if you are looking down on other party, and this is not good practice. You are always allowed to live, and

you should pray while looking up to the "True-self" of the other party.

In this case, while praying over and over again, you gradually learn the mind attitude of praying from your "True-self" to your opponent's "True-self", while keeping your attitude humble.

This mental attitude issue is something that I would like you to apply in everyday life.

For example, even if you are kind to another party, if you have an arrogant mind and look down on the other party while being kind to them, the other party will not be pleased, but also you may arouse the opponent's antipathy.

True kindness is, let me be kind to And of course, true pray is, let me pray for.....

Do not lose your humble attitude at any time.

Please deepen your love for others in this prayer.

Please deepen your compassionate attitude in this prayer.

And learn humility in this prayer.

Here, “human race” is we humanity of all “True-self” that have already been integrated under the “Ultimate Existence” in the transcendental consciousness. It was a unified figure of "True-self" and "True-self" with each individuality and function. And at the same time, we are human beings of surface consciousness on the earth living with the flesh.

Therefore, if you continue to pray for The Prayer of Love for the Human Race, imperceptibly your eyes for other people will soon be gentle. And you will soon note that you see the other person's "True-self" naturally, rather than the other's separation vector.

As you can see, this prayer is the ultimate prayer that fuses the “ascending path” and the “descending path”.

Section 7

Prayer by nature and prayer as a means.

102. Originally you have your own prayer.

You will now have to spend enough time creating your own prayer language in order to pray this prayer of "The prayer of love for human race" and in turn to become an Integrated personality.

It is an expression of your philosophy. And your philosophy is your personality itself.

Therefore, the words of your prayer, which express your ideas, express your True-self mission itself.

But a prayer is not a composition.

It is not a composition, so it must not be creative.

Prayer is a cry of the soul that comes out from the bottom of heart. It is a cry from the root of life. The cry through you from the "Ultimate Existence". And prayer is a declaration of your True-self mission

given from the “Ultimate Existence”.

As you get closer to becoming an Integrated personality, your surface consciousness will gradually hear your own cry as well.

Since prayer words have power and have an effect, you should not pray various prayer words carelessly. Saying a word of prayer means being allowed to pray it. We need to have that kind of humility.

Historically, there have been many prayers, and we should borrow the prayers of our ancestors with this in mind.

Until you can naturally hear the cry of your own life, which is certainly contrived. But you can borrow the words of your ancestors' prayers and pray for expecting purpose and effect.

103. In the prayer training, you let pray the prayer words for the purpose of the effect.

When I wrote: "I allow you to pray these words of

prayer", I meant the gravity of the matter.

Prayer is the cry of life, there must be no intention in its nature, and praying with a purpose and expectation of effect is not natural prayer.

However, knowing this correctly, it is possible to pray with purpose and effect in reality.

The reason I emphasize this is that I see many people who have relied solely on the effect of prayer words and compared the effects of prayer or have relied on prayer and neglected their efforts in the real world and become disconnected from reality. In addition, I often see them being connected to self-righteousness, arrogance, and exclusion.

Initially we use the words of the prayer to adjust our attitude of mind and tune into the frequency of the transcendental consciousness. In that case, according to the "Law of Thought-Determined Outcome", the "thought" of praying the prayer is the same as the "function" that is backed up by the prayer.

In other words, the actual utterance of the prayer is a superficial confirmation that the function has been switched on.

Even if we chant the prayer incorrectly, it is not a problem, because it does not destroy the confirmation.

Just by saying the prayer, or even by trying to say it, the "switch" of the Integrated Vector is turned on, and it is automatically filled with the Integrated Vector and becomes the field of life activity of the "Ultimate Existence".

104. Prayer begins with a posture of devotion and eventually becomes a cry of "True-self".

At first, the mind attitude for the prayer training is the attitude of unification to the "True-self" of the transcendental consciousness.

It is exactly the same as the attitude of "unification"

to the "Transcendental personality" that was mentioned earlier.

Integration is made from the "True-self" side in response to the prayer's willingness to rely on the "Transcendental personality". And integration from the "True-self" side is not done unilaterally, but in a form that responds to the one's will of unification. This is the human free will.

Integration doesn't happen when you don't want to have unification. As long as you want unification, the "Transcendental personality" will work towards it, and the situation will progress towards unification. The almighty Transcendental personality will not unilaterally integrate with you, because the "Transcendental personality" respects "the Law of Thought-Determined Outcome".

Prayer is the adjustment of the mind frequency to the "True-self" of transcendental consciousness. Therefore, even if you pray using a psychic power, it

will not improve its effectiveness. There is no need to apply any "force" to match the frequency. The attitude of the heart is important for prayer. Only the attitude of the praying mind determines the "resonance frequency" that resonates with the principle of "True-self" in the transcendental consciousness. If the attitude of the heart is facing toward the transcendental consciousness, it can be said that it is already in a state of prayer even without chanting any prayer words.

Since the attitude of the heart when trying to pray for a prayer is the attitude of devotion to the "Transcendental personality", it does not matter if the prayer is prayed loudly or prayed without speaking out. Just thinking of praying, the heart is already in a transcendental consciousness. In other words, "the Law of Thought-Determined Outcome" is established there.

And the true prayer is the cry of the "True-self" from

the integrated inside.

105. Your destiny is already a destiny that can only change for the better.

The words of the prayer, backed up by the philosophy of the "Ultimate Existence", implicitly correspond to a "certain function" in the life activity of the universe. This is why we need to have such a feeling when we borrow the prayers of our ancestors. If you can make a habit of praying "The prayer of love for human race", you can understand that "every change of destiny is a change for the better", so let's think that your destiny can only change for the better.

Try to live in the big picture, ignoring all immediate ups and downs and interests.

You can naturally understand the most essential way of seeing the world that "the interaction between human beings is an interaction between "True-self"

and "True-self", in which the "Ultimate Existence" is divided into number of "functions". (See Figure 2)

You and I are essentially one being, and our function is an exchange between people who are tentatively divided. Always keep this in the center of your mind. Prayer has the effect of symbolically manifesting this unity of "True-self" and "True-self" in transcendental consciousness in the world of the surface consciousness. In other words, the symbolic world is one percent of the whole, and the essence of the content of human interaction is in the transcendental consciousness.

And when we real people pray the one per cent prayer, it has the effect of the ninety-nine per cent of the world of the "Integrated Vector Field" (in the previous book I called it the "Integrated Thought Zone"), which is already unified in the transcendental consciousness, appears in this real world. To put it simply, thanksgiving and prayer

make heaven appear on earth. In other words, this prayer has the effect of confirming the unity of the whole human race, from the unity of you and me in the transcendental consciousness and bringing it to the world of the surface consciousness.

106. The ultimate goal of love is unity, the "natural love that is not conscious of love" that we get in prayer.

Oneness with the other person is the ultimate feeling of love. The common practice of "separating oneself from the other person and then doing a loving act for the other person" eventually puts the burden on someone else and is in fact the most preliminary act of love.

When you become one with the transcendental consciousness, you are already in oneness with the other person, where everything about them is about you and you don't really hate them anymore.

The suffering of the other person is your suffering, the joy of the other person is your joy. Moreover, everything is an event in the overall life activity in which you are involved. Once you have reached this state of mind, there is no need for any special explanation or rule to give love. It is just like the way a mother treats her child, without any external constraints or rules.

First of all, you should make it a habit to always be aware of the life activity of the "True-self" behind the person when you look at him. You should always be aware of the "True-self" of the other person.

Or be aware of the transcendental personality as the guardian spirit and guardian deity who guides the other person and pray to that transcendental personality. It is always better to pray with the other person's true nature in mind.

When you live with this sense of oneness in transcendental consciousness, you become less

preoccupied with what is happening in the real world, and you are naturally enveloped in a sense of oneness with yourself and others, and you are able to look warmly at the people around you.

When you have this feeling of oneness with yourself and others, you will feel that the other person is already part of you and that whatever you do with them is an act of love.

You will then be able to do more and more acts of love without being conscious of them and without hypocrisy. Sometimes you are already doing acts of love without being conscious of doing it. This is already transcendental thinking.

The love that you do with transcendental thinking is not an effort of the surface consciousness to become loving from now on, but only to prevent the surface consciousness from interfering with your originally loving "True-self" to appear and practice love in the surface consciousness. In other words, it is the

spontaneous appearance of your perfect nature.

You have always wanted to be a loving person. You wanted to be a loving person, but you felt unnatural because your heart was not in it. You never missed the fact that you were so conscious of love, that you were somewhat unnatural, that you were looking for rewards, that you were hypocritical and only tokenistic.

By this prayer training, you can unite all people in the transcendental consciousness of "us".

And when you have achieved oneness with yourself and with others, you will find that you have become a person who does heartfelt and loving acts without being conscious of love and without seeking reward.

This act of genuine love, born of a sense of oneness with oneself and others, is done spontaneously, without being aware of it, and is always guided by a transcendental thought that sees the universe and the future.

Sometimes this love is expressed as courage without fear of misunderstanding.

Sometimes it is the perseverance not to be discouraged, sometimes it is the steadfastness to see the future.

Sometimes it is the rigor for a thing which is opposed to the universal truth, a boldness with which we transcend your own interests.

And sometimes it is the tenderness and compassion of a mother for her child.

Section 8

Prayer is always the starting point for action.

107. Pray thoroughly until it stays in your heart.

In the beginning, you need to be especially thorough in your prayers. It is necessary to accumulate the prayer training until the words come naturally from the heart.

Those who have not yet experienced the act of prayer need to put special emphasis on the prayer training.

Prayer is not a form of relaxation. It is not a request to the "Transcendental personality".

There are quite a few people who think that wishes are same as prayers, but they are completely

different.

Of course, you can ask for favors as much as you like, but don't confuse them with prayer. However, the attitude of a small child asking God for something is a very beautiful figure as a pre-prayer stage.

And what seems to be a wish, or a desire can be granted if it is not harmful to others and if it is not against the will of the "Transcendental personality". So, your request is a request, and you can ask for anything in the "training" of "The Prayer of Love for Human Race".

When you do it as a "training", do it thoroughly, to the point where the words of the prayer are always ringing in your head, and you can't stop.

Whether you are walking, sitting, sleeping, eating, talking, watching TV, going to the toilet ... always keep the prayer ringing in your heart.

And be patient, even if it interferes with your daily

life a little.

As you continue to pray, a warmth will well up in your heart.

Then you will enjoy praying. You should try to pray until you reach that point.

As you accumulate your prayers, you will get a feeling of oneness with the Transcendental personality.

And you will also get the feeling of oneness with yourself and others. This first stage of accumulation of the training of prayer is very important.

The accumulation of the prayer training means that the mass of many separation vectors which we have been accumulating in our subconscious mind together with the separation vectors, are at once purified by the power of prayer.

This is to revive the light of life, which is on the verge of being extinguished, to extinguish the separating vectors and to fill the heart with the

integrated vectors.

But it is important to remember that this prayer training alone will never erase all the separation vectors. Prayer alone is not enough to live in reality; we also need the self-enlightenment training which we will talk about later.

The self-enlightenment training and prayer training is like a pair of wheels.

Prayer and self-enlightenment training are like a car's accelerator and brake.

Prayer and self-enlightenment training are like right hand and left hand.

Only when the two are balanced, can you walk through the real world with the original human way of life.

108. Let's start everything with prayer.

From now on, get in the habit of praying before you start anything, whether it's a judgment, a word, or an

actual action. Because it will then be an act within the integrated vector.

In reality, all you have to do is pray "The Prayer of love for Human Race" that I have presented before you act. Alternatively, you can act after praying for the "prayer that looks up at the "True-self" of the other party," which will be shown later.

For example, before you meet someone, you should always confirm in your heart the presence of his or her "True-self", confirm your oneness with him or her with "The Prayer of Love for Human Race", thank his or her "True-self", and pray for his or her progress and harmony before you go out. If you meet someone unexpectedly, you can of course pray for them after you have met them. If you forget to pray at that time, you can pray after you return.

Developing the habit of looking at the "True-self" of the other person, rather than their separation vector, will before long, raise the world you live into an

integrated vector.

In any case, the relationship between you and that person can always be treated as the relationship between your "True-self" and that person's "True-self".

This prayer promises that today's encounter will be meaningful to each other's life activities. It doesn't matter if it's a business negotiation or a superficial conflict. Because our "True-selves" are already one as a transcendental personality in the transcendental consciousness and express the idea of the "Ultimate Existence".

109. Pray by keeping a thorough the eye on the "True-self" of self and others.

Everyone can be at the mercy of the separation vectors in their lives, and sometimes they fall into a situation where they cannot get out of a dead end by their own power. Or we often see humans who are

already occupied by separation vectors and can barely feel the light of their "True-self" behind them. It is very effective for people in such a state not only to pray for themselves but also to receive support from people around them. And when you yourself are at the mercy of the separation vectors, and you cannot get out of the impasse even though you have struggled, you can ask people around you to pray for you in the following ways. Or if you meet some close friend who is suffering from the separation vector, you can pray for them.

Often, in resonance with your prayers, your "True-self" will offer the integrated vector of your prayers to that human "True-self", opening the way to the integrated vector via your "True-self", supplying the other person's "True-self" with life energy, giving it great power and purifying the separation vector.

You don't need to know much about such things, but you do need to be in the act of gratitude and prayer,

always praying out of compassion and sincerity towards the "True-self" of those who you are connected with.

In order to develop the habit of always treating those around you with a prayerful heart, no matter how much they are at the mercy of the separation vectors at that moment, you must be convinced of the existence of a Transcendental personality, the "True-self" of the person, and continue to look at their "True-self", and pray for them, raising your appreciation of their "True-self" in the prayer.

The important thing here is that you do not pray looking at their separation vectors, but always look up at their "True-self". If you pray looking at the separation vectors, it is easy for you to become arrogant and saying like "I will cleanse you", which will result in inviting in the separation vector of the other person.

If you keep staring at the "True-self" of the other

person and praying, the "True-self" of the other person will gradually appear in harmony with you. There is no need to choose a person to pray to. You can pray for everyone, even a person who passes you on the roadside. You can look up to the "True-self" of the person and pray as follows.

**[Prayer for looking up at the other person's
"True-self".]**

Thank for □□ 's "True-self".

□□ 's True-self mission fulfills, self-enlightenment training fulfills, Integrated personality fulfills.

Or Mr. □□ 's Progress and harmony will be fulfilled.

You can pray like that ... (the meaning of self-enlightenment will be detailed in the following chapter). And pray toward the "True-self" of the other party is same as pray to the "Transcendental personality" as the other party's guardian deity,

guardian spirit, and deputy guardian spirit.

By the way, in the same sense, looking up and praying at your own "True-self" is a very important gratitude training and the prayer training, to establish your true identity while confirming that your own essence is Transcendental personality. Whether you are at peace or at the mercy of a separation vector, always thank and pray without losing sight of your "True-self" and guardian deity. You can pray it as follows.

[The Prayer of looking up your own “True-self”]

Thank for my “True-self”.

May my True-self mission be fulfilled, may my self-enlightenment be fulfilled, may I become an Integrated personality.

Section 9

Integration training by Meditation.

110. Unify with the “True-self” through meditation.

The "integration training" is to meditate with the attitude of the mind trying to unify to one's own "True-self".

It is a meditation that unifies the surface consciousness with the transcendental consciousness only from within, away from the outer world.

When I say 'unify', it is your "True-self", your transcendental personality, that unifies. Therefore, your consciousness should not be bent on "unifying", but should be quiet and humble, trying to "wanting to unify" to your "True-self". Therefore, from the standpoint of the attitude of the mind, the “integration training” is the “unification training”.

This “training” relaxes your surface consciousness. While you are doing the meditation, the "Transcendental personality" correctly captures and positions all your daily experiences in the three-levels of conscious space.

Integration training is a time when the subconscious and transcendental consciousness are most active by resting the activities of surface consciousness.

The appropriate time of integration training is usually a twenty-minute session twice a day and a thirty-minute session twice a week.

It may seem a lot, and quite difficult to do in daily life.

But soon it will cease to be a problem, first determine the place and time of the integration training.

It doesn't mean that the place and time have a special meaning, but it's important to turn this training into a habit.

111. Prescription for the integration training.

For your body posture, sit in a seiza position, sit in a lotus position (zazen position), or sit on a firm chair with your back from your back to maintain a stable posture. Then straighten your back, relax your shoulders and relax to create a meditation posture.

You can put your hand into the "mudra" position that you know or put them lightly on your knees. Here, let's set a standard posture by connecting the thumb and the index finger to form a circle, and resting the other fingers naturally on the left and right knees with the palms up. In addition, the mudra that attaches the other thumb and forefinger around the outside of the circle made by the thumb and forefinger of one right hand matches well with the integration training.

The integration training can reach a place higher than your own ability if you are being guided by a good Master. In principle, because the integration

vector of the place is determined by the Master. Even if there is no mentor, integration training with multiple comrades will create a strong “vector resonance” that will not interfere with the subconscious, making the training much more effective and pleasant. When you integrate by yourself, in order to avoid disturbance from the subconscious as much as possible, call the "Transcendental personality" (in this case a guardian deity) strongly, enter meditation silently while chanting prayer, and chanting the gratitude for the "Transcendental personality" slowly and deepen your meditation.

Ignore anything that can be seen or heard during the integration, anything that feels strange, or anything that interferes with the integration. No matter how plausible it is, don't expect any important meaning in those things until you get to transcendental thinking. Let's treat them all as the separation vectors

appearing on the surface and disappearing with the love of the "Transcendental personality". Integration training is to ignore and pass through whatever happens in the subconscious and to reach the transcendental consciousness.

112. Learn the attitude of entrusting your mind and body to the "True-self" through the integration training.

The "Transcendental personality" acts greatly during the integration training, and the stubborn separation vectors are gradually integrated. So, integration training has a great effect on cleansing the subconscious and reviving your exhausted spirit.

The integration training is a very pleasant training, and it is an energy charging your life. And you will eventually discover that it's the best solution when you are in really difficult situation where you are swayed by intense separation vectors and occupied

by feelings and desires, you can strongly call on the guardian deity and practice the integration training thoroughly. If you are able to improve, you can quickly get out of a state of mental stability or emotional distress. Knowing for that when you are caught up in these strong separation vectors in real life, you will be freed from these suffering by taking a little time and practicing integration training. It will become a big strength for your life. When things go like this, the integration training becomes fun, and you can't wait to do integration training.

The most important thing in this training is to entrust your body and mind to the “True-self”. It leads you to the attitude of entrusting one's destiny to the “True-self”. You will thoroughly learn this attitude and apply it to your daily life.

If the integration training becomes a habit, integration training will have a big meaning in the life rhythm of your life. The "Transcendental

personality" cleanses the subconscious and the surface consciousness while the surface consciousness is not involved, remodels the inner order, creates a unified structure of consciousness, and creates a thick pipe between the transcendental consciousness and the surface consciousness.

Here, you will understand from your experience that all thoughts that come out during the integration training are naturally considered as separation vectors and are not necessary for the integration state. And by applying this experience of integration training to everyday life, you will be able to separate the separation vector and can live in the position of "True-self".

113. The world you seek is the world where you live.

It can be said that the integration training is the process of going to the future world that you are

seeking and aligning that world with your surface consciousness. It has nothing to do with whether your present state of mind is good or bad, but with the fact that the world you are seeking as an ideal is the world you live in, and you are already living in that world. You are already living in the world you want; you just haven't been able to reconcile that world with the real world yet. You can say that during integration, you are guided by the transcendental personality to go to the future world that you want, and you have a training which connects that future with the present.

Vectors of the same quality as yours will call together and, by resonating with each other, will expand their influence and create a multi-layered structure of their own ideal culture. As you establish your position in the culture, you will gradually grow as an individual and the culture itself. This is how the integration training creates your future.

Eventually it is projected onto the surface consciousness, and if I describe what this means in the real world, it would be as follows.....

Even if your love is still shallow and insincere, even if you are biased by something, even if you are attached to something, it has nothing to do with your current state of mind, you are already living in your ideal world. In other words, you are already living in the culture you want, practicing, learning the truth and living in it. In other words, you are living in the world of the personality you serve. You are already living in the world of "The Prayer of love for human race".

On the contrary, if you have no principles, if you have no personality to serve, if you have no prayer, even if you have love or faithfulness, it means you are still traveling alone, and your world is not settled yet.

Chapter4

Self-enlightenment training for self-remodeling.

Section 1

Awareness of the suffering of your lies.

From here on, I will deal with the separation vectors that are eating away at your consciousness head on. If you are uncomfortable with the idea of knowing the separation vectors that are eating away at you, and if you are repulsed by them for any reason, then you are not yet ready for the Self-enlightenment

training, and it is dangerous to read any further. If this is the case, please accumulate more prayer and gratitude training over the next few years, before reading any further.

114. The mental attitude for the self-enlightenment training.

In order to become an Integrated personality, you need a workable methodology that describes how to deal with each and every movement of your mind, every action and every environment. And that is the "training" centered on the self-enlightenment training that begins from now.

Blessed are those who are now frustrated with life and despairing of themselves. Blessed is the person who is now overwhelmed by the regret of what he has done wrong. Because such a person hates himself so much that he wants to be reborn somehow.

These personas are not you, but things that pretend to be you, and discovering these separation vectors that are roosting within you, is self-enlightenment training. It is a battle against these separation vectors that try to hide.

The first step towards salvation is to discover the separation vectors and become aware of the suffering they produce. People want to be saved when they are aware of suffering, and people who do not have an awareness of suffering, do not want to be saved.

As you read this book, the separation vectors that have been eating away at you will be exposed more and more to the loving light of the "Transcendental personality". When you are able to discover the separation vectors that have been eating away at you, and when you feel positive and happy that they are being revealed to you, then you are already living in the position of the "True-self" without being aware

of it, which means that you have the wonderful quality of being a vessel for the "Transcendental personality", and you are ready to become an Integrated personality. It means that you will soon become an Integrated personality.

Therefore, from now on, let's practice the Self-enlightenment training by separating the position of the separation vectors from yourself and practicing standing in the position of the "True-self". Even though we are talking about standing in the position of the "True-self", it would be impatient and distracting to try to grasp the reality of the "True-self's" existence in a hurry. The "True-self" is not something that can be grasped by the senses of the surface consciousness; it is something that is naturally felt through the results of one's thoughts, words and deeds.

If, on the contrary, you are uncomfortable with knowing the separation vectors that are eating away

at you, and if you feel that you are being blamed and judged when they are pointed out, then you are unconsciously standing on the separation vectors side, defending them and trying to protect them.

It means that you have been defiling your subconscious and suppressing the personality of the "True-self". If you continue to do this, it means that you do not want to become an Integrated personality, that you do not want to be happy, and that you want to have a more and more painful destiny.

115. Discover Your Lies.

Now, let's make some preparations to have an "awareness of suffering", and then go into the self-enlightenment training.

Lying is an act of spitting at the truth. A lie is treated as bad no matter where you go in the world. But then, why do so many people lie? Do people lie purposely, or do they lie unconsciously?

In conclusion, the lies that we tell or do without knowing, are many times worse than the lies that we do purposely, and actually the sins are much worse.

Therefore, let's study this lie as a separation vector that is roosting within ourselves by citing a part of my previous book (When a human being becomes a true human).

In fact, this lie doesn't reveal its true identity, it's pretty well camouflaged, and nasty.

If a lie that says something that is white is in fact black, this will not deceive you, but a lie will come out while cleverly deceiving you, so that you do not notice it. Separation vectors disguise themselves, so that they don't look like lies, and try to pull you into the position of a separation vector.

For example: -

Disguised as kindness and compassion but housing a hidden calculation. Disguised as a justice, but in fact

hiding dissatisfaction.

Pretending to be humble but in fact hiding arrogance.

Pretending to be honest but in fact hiding tactics and intentions.

Pretending to have a reasonable reason as an excuse.

Pretending to know things which you don't know. Or pretending not to know what you know.

These pretenses are all lies for self-justification.

Even if you lie about this kind of thing and you're thinking "all right, it worked", but people around you are actually seeing through your lies. Especially your leaders and superiors. But they don't pursue it because they don't have any evidence, but you are already seen as an unpleasant person by those around you.

Your lies are floating around you as your stench and as the atmosphere you have. It means that your subconscious is already heavily stained with this

kind of "lie" of separation vectors.

Separation vectors are creatures in the subconscious.

Vectors act on the human astral body with the power to create personality, will and fate. The separation vectors of "lies" try to win us over to their side and bring us into its fold. If you are deceived by the lie and drawn into it, you will forget your original position as a "True-self", you will perceive the position of the lie as your own, and you will try to protect the lie by taking on the position of the lie. This is the state of being under the spell of the separation vectors.

The power of separation vectors is so strong, and human beings are easily occupied by separation vectors and they are very vulnerable to them. Human beings who are occupied by separation vectors eventually becomes slaves to the separation vector by their own initiative, mobilizing all of their abilities and fighting for the separation vectors.

If you are dominated by a separation vector, you will be in the position of the lie, and you will say "I know myself best", or "Why don't you believe me?", and finally you will make yourself the victim and try to force your way through the lie.

By the way, there are lies that are lies in form, but not lies in content. For example, pretending not to know something when you know it in order not to hurt the other person is not the kind of lie, I am referring to here.

Section 2

The ultimate lie: victimhood.

116. Victimhood is the ultimate lie, and the most devastating to your destiny.

Victimhood is often a major problem in groups and organizations.

Some people never take responsibility for their failures in the work they have been given but try to justify them by finding any justification and using it as a shield to avoid their own responsibility and position themselves as the victim. It is clearly the result of being drawn into the temptation of a separation vector.

Victimhood is the logic of "this happened because of him", "I had to do it because someone else did it", "I failed because you didn't do what I told you to do", which means "I should always be the victim" or "I

want to be the victim". Even in court, justifying oneself by "being a victim" is considered to be a way of protecting oneself.

Victimhood, by the way, tries to do what it wants by the laws of the universe. In other words, the Law of Thought-Determined Outcome leads the person who is a victim to the fate of being a real victim, since they wish to be a victim. Victimhood is a separation vector that deliberately brings misfortune.

This is also true on an ethnic scale. Trying to unify a country by emphasizing its victimhood has the effect of bringing about national damage.

There is no shortage of examples of this in history, from the distant past to the present day.

117. Withdraw into a fictional fort of "I want you to think of me this way".

Why are we so quick to forget our "True-self" status, to take the position of a separation vector, to lie and

to play the victim? Is it to protect one's own interests?

Why, then, do people justify their own negligent behavior by making themselves out to be the victim with a lie that does not appear to be a lie in order to avoid being held responsible?

The problem in this case is that you are so intoxicated by your own lies that you yourself are completely deceived. "Yes, yes, I am a victim", you tell yourself. This is exactly the situation in which you are deliberately accepting a separation vector and deceiving yourself.

The second reason is to deceive themselves and others by shutting themselves up in a fictional fortress of vanity because of the separation vector of not wanting to admit to themselves the ugliness of their own reality.

In other words, they have a fictional self that they want people to think of them as, which is different

from their actual selves.

And, of course, this kind of lie is in you too. The false self-portrait you have built is armed with every means at your disposal. In it, you always put yourself in the right place. What you want people to think of you is also what you want to be. It is a respectable way of life, but the purpose is to make others think so, and if you are lying to yourself and don't realize it, and if others don't think so, you will think that "I have been misunderstood". In order to clear up the misunderstanding, you again act out what you want others to think of you without changing your contents and live your life deceiving yourself as well. Even so, the separation vector that is roosting within you never admits to your ugly reality.

118. It all starts with acknowledging your own ugliness.

Now, the reason why you are in the position of a separation vector, clinging to victimhood and confining yourself to your fortress of lies, is because you still do not realize that this is your suffering. You don't realize how badly it is affecting your destiny.

In this real world you live in, there are certainly times when you have to lie. I admit that. But depending on whether you think it is painful, your destiny is clearly divided into two paths. Which way do you choose? You can never say "I have never told a lie."

No matter how good you are at telling lies when you are occupied by a separation vector, your "True-self" is in the transcendental consciousness, and from the standpoint of the "True-self" it knows that you are lying from the standpoint of the separation vector.

And the self-contradiction caused by habitual lying accumulates in your subconscious and becomes a serious obstacle to the flow of destiny from the transcendental consciousness to the surface consciousness.

In order to get rid of this obstacle, you must expose this lie before the truth can appear in your destiny. This means exposing it to yourself. And as your lie is exposed, your "True-self" will shine through and will be reflected in your surface consciousness.

Therefore, salvation begins when you discover your lies, become aware of the pain you suffer from them, discover the cowardly separation vector through which you try to become a victim, and face the ugliness of the reality as you try to defend your fortress of lies. And if you avoid this path, your personality will never shine, and you will never be happy.

Section 3

From awareness of suffering in the self-enlightenment training.

110. Self-enlightenment training has been prepared for those who have learned enough reflection in the world of good and evil.

In order to reach transcendental consciousness, which transcends good and evil, the methodology for transcending the world of good and evil, is the self-enlightenment training.

Many people may say that they do self-reflection, but there is a big difference between self-enlightenment training and self-reflection. Self-reflection is within a dimension of good and evil, so eventually it is difficult to reach the essence of things, and to transcend good and evil. Also, human

beings always try to cheat on their own reflection, because they do not want to admit their own "evils". But self-enlightenment training is to position the "lie" that is not yourself as a separation vector from the standpoint of complete "True-self". The biggest advantage you have is that once you get used to it, you don't need to judge yourself, or over-strain your mind, and can practice with a full affirmation of yourself.

And of course, self-enlightenment training will not be fully utilized unless you have common sense of reflection in daily life. This practice will make a lot of hypocrites if you try ignoring the obvious "evil" in the good and evil world 'using' self-enlightenment training, or if you think "I can lie because I will do self-enlightenment training later". If you are still immersed in the world of good and evil, you should first reflect fully in the commonsense world of good and evil.

For this purpose, you need to reflect hard enough to shout at the stubborn separating vectors which sometimes drag your destiny down, even if it is only by force of will.

There is great significance in a person who has made such reflections achieving self-enlightenment training that transcends good and evil.

120. Establish your own position clearly.

Self-enlightenment training has been examined in my spiritual practice, and it has been improved effectively and shown to be systematic.

Here, "self-enlightenment" means to revealing yourself. In this case, revealing yourself is first revealing your own "True-self", which is the true nature of yourself, and the other is revealing your reality. And self-enlightenment training in this context is about revealing your reality. And, in fact, revealing your real self eventually results in

revealing your essence.

Self-enlightenment training also means establishing the position of your reality. This is equivalent to confirming your position on the map when you climb a mountain. If you can't determine your position on the map, you will surely get lost. In other words, in order to be saved, one must always correctly identify one's actual position and establish a position appropriate for it. In other words, it is all about correctly realizing the ugly reality that is hiding from yourself. People who overestimate themselves saying "I'm pretty good because I'm reading self-help books and religious books" and so on, soon fall into pitfalls and get lost in a fictional world.

Please relax, you are not required to be a perfect personality now.

All you are required to do now, is to position your incomplete self correctly.

First of all, if you can do this, you will have enough realization for the first stage salvation.

121. With the introduction of the self-enlightenment training, you will stand at the "turning point for salvation".

Self-enlightenment training means that you, as a "True-self", have to break down the "fictional fort" that the separation vector has built around you from the inside. It is painful to an extent if you are trying to protect separation vectors.

But this is nothing compared to the agony of a real destiny, where fortresses are broken down from the outside. Yet I often see some religious people who refuse to accept even this slight pain, who are not at all ready to change themselves. They are afraid to look inside themselves, and they see self-enlightenment training as uncomfortable, frightening or negative. For these people, religion is nothing

more than a kind of hobby and entertainment, and they wander in search of places that recognize their precious forts.

No matter how much they learn words of truth, it can be used as a dangerous tool only to judge others and justify themselves, and never to change themselves. Even though they always act as if they live by cherishing the words of the truth, they can even twist the words of the truth when it matters to themselves, and make forcible interpretations that suits their own convenience, and try to stay inside their own fortresses.

These people represent those who will never be saved, and I pray that you are not one of them.

Self-enlightenment training is to position the separation vector in oneself in the appropriate position and place, and to arrange the inner order. And when this is done, you can feel even more deeply saved. At that time, you have stand at the

"return point for salvation." Once you are at the return point, you can follow the path of return straight (the "way" I show) to the goal. And of course, return means to return to your "True-self", to shine your personality, and to be happy.

122. Self-portrait of a virtual image using vanity, and the "fort man".

The use of the word "severe" for some pain caused by self-enlightenment training often has the meaning of denying the guidance of the "Transcendental personality", so for the time being, I will refrain from using the word "severe".

Well, every human in reality, without exception, has built his or her own fort, more or less and let the separation vectors live in the fort that was built by the separation vectors and they justify, affirm, dress, and keep their separation vectors. This fort does not contain any integrated vectors of the "True-self" and

is, but a "virtual self-portrait" created by the separation vector called vanity. It is "the self that you want others to think you are", "the self you think that you are", or "the self that you want to be", and also the ideal self that you seek. If this is pointed out or criticized by others, they will try their best to continue to present this false self-portrait in order to make it understandable.

And your case is no exception to this, in that false image you are always justified, while trying to make yourself look good, and as long as you are in it, it is a rather exhausting way of life, but it seems livable for you.

An extremely vain person (the one who is dominated by the vanity vector), has stronger tendencies of this type, and these people try to live while acting as their pretend selves. And once this way of acting becomes habitual to you, you don't even recognize that you are acting yourself, and you won't notice

which role you are acting now.

In this way of life, you must always compare yourself to others, care about what others think about you, and that becomes your primary concern and your goal.

If you have been living this way to some extent, you should determine to stop it immediately.

This way of life is full of worries. It is difficult to be relaxed, because you have to always act intentionally. And from the outside, the awkwardness of that performance is completely visible, and no one sees the performance as you would, even if you are a good actor.

For those who have become such a "fort man", being forced out of their "fictional forts" by outside force is a terror, and it is terrifying because their existence seems to be denied." In fact, the imaginary world inside the fortress is full of contradictions, but it is designed to convince, reassure and satisfy the

individual, and they think they are armed enough to overcome the criticism of others. They are armed with religious and moral language, and they are armed with enough logic to make sense of it all. They also cherish a vain confidence that they cling to, always comparing themselves to others, relieved when they are superior or depressed when they find themselves to be inferior.

It's hard to destroy such a vanity-built fort from the outside, and once you are shut in, you rarely surrender. However, even the strongest fort is easy to break from the inside.

That is, if you notice it by yourself and try to destroy it from the inside, it is easily broken. No matter how religious you are, how much time you pray, how hard you practice love, how much you learn, and you think you grow, you are simply coating the mud with a virtual self-portrait that is created by vanity. So, the gap between that and reality only grows

larger, and even if you are unconscious about it, your suffering will continue to increase. You will never be saved with this way of life.

Destroying the strong fictional fort that you have built from inside by yourself, is your Self-enlightenment training.

123. Let's discover the “virtual self-portrait” and “fictional fort” created by vanity.

People with a strong sense of vanity (people who are obsessed by the vanity vector) think of themselves as that virtual image that is confined within their "fictional fort", while ignoring their own ugly reality. These people concentrate their efforts to try to show their own self-portrait to both themselves and others and live while acting out this image as much as they can.

It's important to note that this isn't about you as a person itself, but about the separation vectors

roosting within you, the person who is reading this book now. It is also important to remember that the real you are a complete and fully affirmed being that can never be denied as a "True-self".

In order to become an integrated being, or even to have a degree of salvation and happiness, you must destroy this fictional fort that the separation vector has built up within you by yourself. You have to come out from this fort by your own will and break from the separation vector. This is horrible for the separation vectors that roost within you.

That is because vanity's separation vector loses all the forts it has built.

To succeed in Self-enlightenment training, you now need to face the fictional fort created by the separation vectors that have roosted within you so far, you need to have the determination and the readiness to confront it from the inside. It is same as the determination to say that "I will be happy."

So, you have to be calm for a while and be especially careful to keep the separation vectors from behaving violently.

For those of you who live earnestly, you already know the importance of being a person with deep and natural love. Everyone who seeks the way and seeks salvation understands the importance of being loving. But even you understand it, you suffer and feel distress when you face the self in you who cannot be a person with deep love.

If you are only shown the "right way", you will suffer because you will not be able to follow it. This contradiction and suffering can be an unbearable barrier, especially if you are an honest person.

On the other hand, those who are vain (who are caught by the vanity separation vector) do not see this barrier as a barrier. And unknowingly try to simply ignore it and pretend to themselves, saying, "I have already achieved quite a bit of the preached

ideal".

Or we want to think of ourselves in manner like "I have grown up a lot" just by reading books and gaining knowledge, and before we know it, we believe we have achieved "what I want to be", which we have not yet achieved, and we try to convince ourselves that "this is who I am", and we try to get others to think that this is who we are. This is habitual and almost unconscious. This is done so habitually and almost unconsciously that it is quite difficult to realize that we are doing it.

And if others don't positively evaluate what "they want to be", they are seriously worried that they have been misunderstood, and try very hard to emphasize what "they want to be".

For such people, this seems to be a religion.

Then finally, they enter a world of false images without substance.

And in order to protect this false image, they build a

fortress around themselves, armed with words of truth, and never allow others to criticize them. It is a fictional stronghold of vanity and hypocrisy.

124. Face the ugly reality of yourself and admit to it.

Now, can you say, "I am not such a vain person" to yourself?

Naturally, your "True-self" knows everything about you, so if you ignore your honesty, the inconsistency will be accumulated deep in your mind.

It will definitely affect you and your destiny and will eventually afflict you from within. And this is the reality of many people, including you.

If you will have a deep understanding of yourself and human reality, you cannot ignore this reality.

And we can understand that the words of truth will not come to life unless I show in detail how to get out of that fortress of lies and how to become a

person with deep love.

And for that, you must first identify yourself, find your fictional fort that has been solidified by lies, find your helpless self, and look straight at it. Outside of the fort and facing your real-self means facing and acknowledging your ugly-self, so it's certainly terrible for you and certainly painful. However, it takes true courage to ascertain this without fear.

And recognizing this ugly self in reality is the real meaning of standing on the "return point for salvation", and this is where the first steps of your salvation begin. Whether you take this important first step or not will determine whether you can be saved. And doing that is the self-enlightenment training.

As the self-enlightenment training progresses and the fort built within you collapses, you will notice yourself that the integrated vector of the "True-self"

is reflected in the surface consciousness, and gradually you will see great hope in the future.

125. Avoid the influence of separation vectors and stare at the mind from the "True-self" position.

The surface consciousness is the screen of the mind. The antenna of your mind is receiving various conscious entities as separation vectors and integrated vectors of the subconscious, and of course, the consciousness of the "True-self", the consciousness of the guardian spirit, the consciousness of the "Transcendental personality". And projects them on the surface consciousness without any distinction and disorganized manner.

For the separation vectors that roost within you, the most comfortable place to live is in the fort, so the separation vectors barricade themselves in the fort and try to keep their own position desperately in

your surface consciousness, in an attempt to maintain the power in your subconscious. Separation vectors are truly creatures in the subconscious.

Therefore, in order to practice self-enlightenment training, it is necessary to eliminate as much as possible the influence of these separation vectors, which are roaming in the subconscious. Then, move away from the position of separation vectors, relying on the judgment of the "True-self" without the separation vectors, exposing the fictional fort and revealing it to the public. And after that, ask to the "Transcendental personality" to keep out interruption from the separation vector, to purify the surface consciousness until it can be matched to the transcendental consciousness.

So, at the very beginning, leave the judgment of "right or wrong" completely to the "Transcendental personality" and release your surface consciousness from the issue of right and wrong. The surface

consciousness keeps the attitude of the mind so as to maintain the "True-self" position as much as possible. That is, to stare at one's heart on the premise of being in the position of "True-self".

Next, premise that you are in the "True-self" position, you look down on your own surface consciousness and discover the separation vector by honestly continuing to stare at the reflected matters on the surface consciousness from that "True-self" position. This is not a judgment of good or evil, so if you train yourself to stare at yourself honestly, you will be able to find the separation vectors that have been hiding and pretending to be yourself.

Section 4

Self-enlightenment training of Lie Detection.

126. The first step is to see through the lies in the fort you've built.

Now, everything is ready for the self-enlightenment training for you. The first step is to discover the fortress that has been unwittingly built up inside you, and to look inside it to see if you are lying or not. Begin your self-enlightenment training by detecting the separation vector that is trying to roost inside this fort, a good lie that deceives even you. If you can do this, the fictional fortress that protects your false self-portrait will surely begin to fall apart with a bang. And when this happens, do not be depressed or self-loathing from the standpoint of the fortress, but

be sure to stand at the standpoint of the "True-self", and be very happy from the standpoint of the "True-self".

Look forward to the coming fall of the fort and be prepared to rejoice in it greatly from now on.

Your surface consciousness begins by deciding only whether you have just lied or not. This is the first and foremost self-enlightenment training here. I call this the "self-enlightenment training of lie detection". I would like to draw your attention to the fact that this is not a judgment of right or wrong, or good and bad. This is not what we call remorse. But if you have clearly hurt someone, if you have clearly done something "evil", then you need to apologize to them in a sensible way, apologize to your "Transcendental personality", and tell yourself firmly through reflection that you will not let that "evil" come up again. The need for common sense reflection is so obvious that it goes without saying.

127. Label the discovered lie within yourself as a separation vector.

Let's try an example.

You have been told that you are a kind person, and you think that you are. However, when you look at your surface actions and behaviors, you will find that you habitually use kind words and attitudes, but it is not because you are kind from the heart, but because things go better that way, or because you get a good evaluation from others. But in your heart, you are criticizing, judging, denying, and complaining about others, and you didn't realize it until now. In other words, you have now discovered your own lie, that there is a contrary feeling to your words, deeds and attitude. This is the basic work of self-enlightenment training.

By discovering this one lie of vanity, you have certainly grown a step and able to position yourself in that respect. So let us rejoice in the discovery of

this lie of vanity. Rejoicing in your growth is also an important practice.

Discovering this lie (the separation vector) and realizing that it is suffering, this is the first stage of training.

Now let's move on to the next task. You have now discovered the lie of vanity within yourself by the self-enlightenment training. The separation vector of vanity that was lurking within under false pretenses has been discovered by you, and the separation vector has literally been separated from you. This can be understood from the "Law of Thought-Determined Outcome".

Another very important thing here is that you have declared from the position of "True-self", by declaring that "you are not me, you are a separation vector", you yourself have left the position of the lie and returned to the position of the "True-self".

In other words, you are no longer in the position of

vanity. The lie is no longer you, and you are no longer in the lie position. How can you not be happy about this? This is something to be celebrated thing, isn't it?

The separation vector, by the way, is a subconscious creature with a lower personality will, invisible to the eye, and it will do everything in its power to prevent you from discovering your vanity, and it will try to pull you back into the world of vanity if you try to practice the self-enlightenment training.

So, by making this work into a ritual, you can eradicate the temptation of that separation vector.

This is the process of labeling the lie you have discovered as a 'separation vector'.

The task is to imagine in your mind a label with the word 'separation vector' on it, and to put it on the lie (separation vector) that you have discovered. and stick it on the lie (separation vector).

The separation vector thus labeled as a separation

vector can no longer enter you no matter how it struggles to get in. But some of the separation vectors clamor and shout that "I'm not a separation vector. I'm a part of you, so please remove the label". You may feel suspicious that that may be the case. But don't worry. No matter how much you put a label of "separation vector" on an original integrated vector, it will be completely invalid. Therefore, the labels of "separation vector" can be pasted freely and as much as you can.

You don't need to worry about making these kinds of mistakes.

The lie that is thus labeled "separation vector" will have to choose one of two ways, one is to disappear on its own, and the other is to amend its wrong attitude and unify itself to the integrated vector that leads to your "True-self body" and become a part of it.

128. At a stretch, irradiate the “light of self-enlightenment!” onto the discovered lie.

As shown in this example, you call the impostor, that is pretending to be you and nesting in you, "the separation vector". This is the second stage of the ritual of self-enlightenment training.

Once you get used to the second task, you can easily see the separation vectors without having to label them. So, the next task is declaring the “light of self-enlightenment!” in your mind and irradiate the “light of self-enlightenment!” onto the discovered separation vector at once. This is the third step.

This has the power to annihilate the separation vectors brilliantly. Please try and experiment with it.

With the effect of associating the "negative image" of the separation vector with the "extremely bright image" of "light", this Self-enlightenment training can be performed with a bright feeling without feeling dark.

The detection of lies the labeling and the illumination of the "light of the self-enlightenment!" is naturally accompanied by a desire for the separation vector not to appear again. Therefore, you can summarize the three stages in one sentence as the "light of the self-enlightenment!".

And then, gradually, your mind will shine when you irradiate the "light of the self-enlightenment!" and you will find that your mind is already transcending good and evil. And when you have mastered the meaning of the "light of self-enlightenment!", you don't need to create an image of it, you just chant "light of self-enlightenment!" to the suffering and lies that you find, and also to the distractions and disturbing thoughts that come up during integration training, whether they are yours or not, whether they are good or bad. By simply chanting in your heart, you will feel that it has now been dissipated by the love of the "Transcendental personality". And as

your practice deepens, you will be able to do all the self-enlightenment training simply by just remembering the "light of self-enlightenment!".

129. Detecting your lie must be the greatest of joys.

The most important thing for the fulfillment of your self-enlightenment training is that you, from the standpoint of the "True-self", feel the greatest joy in discovering your lies and suffering, and being sincerely grateful to the "Transcendental personality" who sublimates it. That's why I wrote in Chapter I, "I was very happy to be scolded by the guardian deity."

Therefore, the training of the fourth stage is to be grateful to the "Transcendental personality", who made you discover the lie, made you aware of your suffering, gave you the opportunity of self-enlightenment training, and sublimated the

separation vector by the loving guidance of the "Transcendental personality".

And if the discovery of the separation vector does not bring you joy and you are not grateful for it, you can now realize that this "not being grateful" is your suffering and shine the "light of the self-enlightenment!" on it again. In other words, the self-enlightenment training is to be aware of suffering, to discover lies, to label the "separation vector", to irradiate the "light of the self-enlightenment!" and to be grateful to the Transcendental personality.

In short, the key to long-lasting success is to do it cheerfully, without being dark or pessimistic.

It is the "Transcendental personality" who eliminates the separation vectors here, so there is no need for you to "push" yourself to eliminate them. Your task is to discover the separation vector, switch on the illumination of the "light of self-enlightenment!" to it, and there you can confirm that the irradiation of

"light of self-enlightenment!" calmly.

By the way, if you want you can think of the meaning of the self-enlightenment training in anthropomorphic terms. For example, you can understand that the "Self-enlightenment deity" irradiates the "light of self-enlightenment!" instead of you.

In fact, this image is close to the truth, and if it is easier for you to appreciate it, then you should imagine it this way.

So, at that time, you can chant "Self-enlightenment deity", and you can invoke the "Transcendental personality" of Self-enlightenment function.

130. The "self-enlightenment training of lie detection" is the most basic of self-enlightenment training.

Here are some examples of lies:

Example 1: for example, there is a person who acts like "people pleaser" - just pleasing the other people, or who speaks badly about Mr. B in front of Mr. A, also speaks badly about Mr. A in front of Mr. B. Even if you chose words so that they are not so bad, if you have bad feelings in your mind, they will emit a separation vector much the same as bad words. However, it is not a lie if you pray and say the right and necessary criticism.

Example 2: To be concerned with appearances rather than substance - where did you study, what do you wear, what do you carry, - is a lie, it is like trying to put paint on mud, to pretend to be better than your actual self.

Furthermore, those who immediately refuse, or object the other party's words or claims are actually lies that hide their lack of self-confidence. It is a lonely pathetic lie that can only express itself by

denying another person.

If you live your life always worrying about what others think of you, you force yourself to try to be larger and more pretentious, and you all tell these lies of vanity without knowing it. No one can laugh at this.

Example 3: To evaluate political and economic issues only according to the answers prepared by the mass media, is a pathetic attempt to enslave oneself to the "pseudo-truth". The truth of the universe is always expressed in a multi-layered structure, and the truth is never in the idealism of the mass media, nor in the flat-structured Western logic that drives our times. Criticism of the world situation with statements beginning with, "The United States is ...," or "Japan is ..." is a lie of vanity that exposes one's lost identity in addition to the secondhand knowledge gained from television. Overstretching

yourself and wielding a narrow sense of justice to things that transcended your judgment is arrogance towards the truth and, sometimes, hypocrisy that only seeks to show off itself as your own knowledge.

Example 4: "I've had such a terrible time because that person did this thing" or "I couldn't do it because that person did not do that thing" is a switch of logic, a shift of blame, and the worst of all the lies called victim hood (see below). This is a lie that lives inside of you too.

Example 5: By arranging facts that you have chosen for your convenience, then you can achieve the purpose of lying completely. This is one of the dexterous lies that you should be aware of. In other words, humans can justify themselves, strengthen their forts, and tailor themselves as victims by selecting and arranging only the facts that are

convenient to them from a pool of many facts without being aware of it. And strangely they are relieved by that.

In addition, human beings can tell lies by rearranging facts and using two different, contradictory values depending on their own interests and convenience. When you push through your selfish opinion, claiming "freedom", when you want the same thing as your opponent, or when you drag down your opponent, claiming "equality". It is a big lie that is being spread in society.

Example 6: There is a lie that achieves its purpose by keeping silent without saying anything. There is a lie that just stays silent. In particular, within an organization or group, keeping silent or not saying what you should say, can be a serious lie that leads to organizational collapse.

As in some of the examples shown here, lies always come out "pretending" to be plausible. If you notice a mental attitude within yourself that is trying to show off or overstretch yourself and that is "pretending", you can discover most of your lies there. From now on, you will discover all the lies that are settling in the fort that was built without you noticing, label them all as lies, and irradiate them with the "light of self-enlightenment!".

What do you think? Don't you think it's becoming fun to discover the "lies" within you?

131. First, find the biggest lie within yourself.

One feature of self-enlightenment training is not to decide or judge the right or wrong of yourself or others.

As I say many times, please note that if you fall into the dimension of right and wrong, or judging yourself, suddenly the self-enlightenment training

will become hard to do. The problem here is that lying makes you tired of yourself, before the question of whether lying is good or bad. Lies make you suffer the most. That's why we do self-enlightenment training in search of a world where we don't need to lie.

In any case, the separation vector that roosts within you knows the lie properly, and it always appears in the direction of self-justification. So, if you try not to take a lie's side and honestly see it from the position of "True-self", you can find it out correctly.

This is also a scene where human honesty and whether your desire to seek the truth is true or not, come into question.

If you have a strong desire to seek, you can win any temptations from separation vectors.

In fact, a few intense separation vectors dominate your fate.

And this fact is the biggest thing that we need to be

aware of as soon as possible.

It's your biggest lie, but it's harder for you to discover, because it's so habitual within you.

If you can find this biggest lie, you can be reborn greatly.

The fifth and sixth lies can come later but focus your life energy on quickly discovering the biggest lie of all, the one that is controlling you and tormenting you.

132. You must not supply energy to your big lies.

This lie that is too big, too habitual, too hard for you to discover for yourself, you should discover it quickly and cut it out of your life. If you discover it, you can shine the "light of self-enlightenment!" on it as quickly as possible. And thank the "Transcendental personality" for allowing you to discover this lie.

Now, there are some people who just take the surface of the self-enlightenment meaning and say, "So I'm a vain person. So what?" They think they understand this lie, and these people are often people who are particularly clever and have a special ability to get away from their lies with their twisted logic. This is the affirmation of the lie, the invigoration of the lie, supplying energy to the lie, and as the result they dig their own graves.

If you have many lies of this kind, you must first learn to reflect on yourself in the world of good and evil and learn to say "I am sorry" fully. Then, once you have done enough of this reflection on good and evil, you can then focus on self-enlightenment training that goes beyond the world of good and evil. How badly your lie is affecting your fate, how unpleasant for the people around you, how much patience and pain you are forcing on them, all this is almost unaware to the person them-self. Isn't that

horrible? Let's make discovering this biggest lie into your most important task for a while. If you know the seriousness of the sins that this greatest lie has committed, and if you have a feeling of apology for it, this is surprisingly easy to achieve. And when you discover this greatest lie, gather your training companions and have a feast, and let them bless you greatly for being reborn.

133. People around you already know your lies.

Your biggest lie is too big, and it is difficult to be noticed by oneself.

It's too habitual and part of your daily life practices, and even you believe it is a good habit.

In that sense, here you need to discover your habitual lifestyle and practices and thoroughly examine them.

The lie is so habitual that it is hard to detect, but the

people around you smell and taste the stench day in, and day out. You are the only one who doesn't know it, and everyone around you knows it all too well. It is an abomination for which there is no excuse. If you really know who you are, you have to keep saying "I am so sorry". It is like "I wish the ground would open and swallow me".

If you really want to know it, you can ask people around you directly, or read it from others' attitudes toward you, and above all, if there is a person who gives you advice, surely you can find something in it. As already mentioned in "Everything is the loving guidance of the Transcendental personality", in this case, it is important to value the advice of a third party that has no particular interest in you. The person may be always near you and knows you well. And the "Transcendental personality" lets you discover the greatest lie through that person and through events.

134. The big picture is hidden in small problems.

The events that have now been questioned in your daily life, in the form of advice to you, may seem small or trivial to you.

However, it's not really a trivial thing, and your habitual lies and smells appear wonderfully symbolically in the events.

From the point of view of the adviser, the person is symbolically seeing your lies and smells them in that event.

In other words, no matter how trivial things may seem, humans, for better or worse, do them with their entire personality. So, the same thing can be an expression of goodness for one person, and for another it becomes an expression of a bad odor.

And if you have completed becoming an Integrated personality, whatever you do, whatever you say, all

of your actions will become a love expression of the "Transcendental personality".

What do you think? Don't you think being an Integrated personality will be really wonderful?

By the way, if you are not yet an Integrated personality and you are advised on some little thing, you don't take the event seriously and you want to think that it happened for other reasons. And you can quibble as many as you like.

You shouldn't ignore or ruin the advice you receive about small things. If you can practice self-enlightenment training in small things, you can prevent failures in big things. In other words, your experiences can be hundred times more efficient. Let's rejoice in being able to practice self-enlightenment training in small things.

135. Do not question the imperfection of the adviser.

It's easy to point out imperfections in the advice, such as one-sided statements or inaccurate facts that make you reject the advice. There are many ways to make excuses.

But that is definitely not what you do for seeking an Integrated personality. The imperfections of your opponent's advice are matters for your opponent to deal with and have nothing to do with you. You should focus your efforts on finding any information that is useful to you in the words of your advisor.

The "Transcendental personality" is protecting and guiding you is teaching you through him. You should be grateful, but you should know that it is completely wrong for you, the person being advised, to point out the imperfections of the person giving the advice, or to show displeasure or complain.

What is the use of being smart enough to come up

with a good theory at a moment's notice if you don't use it to discover your own lies rather than to escape?

In order to become an Integrated personality, you need to be serious and never run away and face your own reality. That is true courage. This is especially important at the beginning of seeking to become an Integrated personality.

It is really a fortunate thing to have someone who advises you. You need to give special thanks to that person. If you don't have gratitude, you'll accumulate criticism and pretexts to avoid the advice and the person, and you'll be doing the biggest betrayal of preparing to escape the truth. This type of lie is the greatest enemy of self-enlightenment training. In your day to day, you should thoroughly irradiate such sneaky lies with the "light of self-enlightenment!".

136. Even if you are told something unreasonable, you cannot accuse it falsehood and complain.

Even if the advice of others to you seems contrary to the facts and seems to be a false accusation or a misunderstanding, even if it seems unreasonable to you, you cannot blame it.

Because they think that you did something, then you could indeed do that. Or in the real world of the mind, in fact you are already doing that, and people around you are very annoyed by you.

So, before you raise the question of whether it is a misunderstanding or a fact, you must first be ashamed of yourself, of being thought of as such a person. And you should question yourself, "Is there enough reason for you to be thought of like that by others?" Because in fact, such a personality roosts inside you as a separation vector. It is not a story that resides in the "I said this" or "didn't say that"

dimension, it must be considered as a matter of mind. A person who often steals something will be suspected again if something disappears around him. Even if the person didn't steal the thing at that time. he can never act terribly wronged. The person should be ashamed of his own past attitude before he blames the suspicions of being a thief.

A person who always speaks ill of others will be thought of as doing it repeatedly. People who only make excuses are expected to make excuses again. People who always blame others will seem to blame others again. People who always lie will always seem to have lied again. There is a fable by Aesop story isn't there? And this applies to you too of course ...

If you come across another person's misunderstanding and make it a problem of that person, you will never be happy.

Let everything become material for your self-

enlightenment training as your own matter.

137. Once you get used to it, you can do the self-enlightenment training while humming.

Thus, only a person who can actively exploit any problem as a chance to discover separation vectors that are roosting within himself can complete the process of becoming an Integrated personality.

So, if you don't do it, you will never be an Integrated personality. In other words, you cannot be happy.

If you can't stare at your inner self, you will never reach salvation, and you will continue to get lost in your own cramped world.

Once you become accustomed to this self-enlightenment training, you will be able to do it in a moment unconsciously, with no need for psychoanalysis or judgment of yourself, and no need to punish your mind. You will be able to do it naturally while doing your daily work while

humming. It's easy because you don't have to make any analytical judgments or decide what is right or wrong.

In the beginning, before you know it, you are in the position of the separation vectors, falling into a world of good and evil, struggling to decide whether you have done well or badly, but eventually you find yourself in a tug-of-war within the world of good and evil, and immediately, through prayer, you are able to ascend the vertical structure of the world and do self-enlightenment training from the position of "True-self".

Integration (meditation) training can be very helpful there. Irradiating the "light of self-enlightenment!" from the position of the "True-self" with the posture of unification, will allow you to escape from the world of struggling at once.

Of course, deceiving people, hurting people, and claiming only your own self-interests are bound to

be bad things, seen as a matter of right and wrong, and as a matter before the self-enlightenment training. It is only natural that we make such reflections.

First of all, it is important to practice being in the position of the "True-self", to be generous and bold, and to try different ways to be happy when you discover the separation vector.

138. Human beings are created to be saved.

Astronauts and pilots have strict qualifications and aptitudes and one can rarely become one of them, but anyone can become an integrated being. It has nothing to do with performance in school. Social status and qualifications have nothing to do it. This is the game of life played with a naked heart.

As long as you are a person who seeks salvation and is not afraid to change yourself for it, anyone can become an Integrated personality. And even if you

have killed a person and have murderous past experiences, all the experiences are unified with the transcendental consciousness and affirmed in the universe, absorbed in the progress and harmony of life activities. Emotions and desires are relieved of repression by escaping the control of the subconscious, and individuality regains its original radiance.

So, how can we avoid being drawn into the illusory position of the separation vectors, that is, how can we avoid falling into arrogance and vanity? To do this, you have to show yourself your naked heart, and not hide it from yourself. You must never lie to yourself. Never make excuses for yourself.

And this, showing your naked heart to yourself, is the self-enlightenment training.

You can be a sincere person by practicing in your "True-self" position, not in the position of the separation vectors. And if this is done correctly,

salvation is just a matter of time. I emphasized these many times. Humans are created to be saved.

It can be said that human beings were born to become integrated beings. So, you can definitely reach the "return point for salvation" and eventually return to the "True-self". Please have that absolute confidence and belief in this.

I urge you to graduate early from the weird constraints and go straight on to the path to be an integrated being as soon as possible.

Be courageous and fulfill your self-enlightenment training.

Section 5

Self-enlightenment training of profit and loss.

The "self-enlightenment training of profit and loss", and all the self-enlightenment training that will be introduced from here on, can be called "self-enlightenment training of lie detection", but since a "lie" can be detected more easily by changing the angle of view, we will classify self-enlightenment training into several categories. However, it is always the "self-enlightenment training of lie detection" that is the basis.

139. It is difficult to recognize the suffering of the mind correctly.

Illness is suffering. Poverty is also suffering. But the

suffering I emphasize here is the suffering of the mind. You can be aware of suffering from disease. You can be aware of the suffering caused by poverty. However, it is very difficult to realize the suffering of the mind. This has to be explained a little. Please read below paragraph to the end as a simulated experience of your own thinking, regardless of whether it applies to you or not.

One example is: "He's a person who totally lacks common sense. Although he acts arrogantly as if he is someone special, he should really bow to me. Who does he think who I am? Even before this ... I did things for him, but he didn't say anything. I don't want to see that guy's face anymore". "At that time, he asked me to do something for him. Nevertheless, there is no word of Thanks from him. My suffering is caused by him. I'm irritable, but I'm an adult too, so I'll try to forgive him". Do any of these thoughts sound familiar?

"I've become like this ... because of ...", so it must be an inconvenient situation for you now. If you feel suffering, it would seem that you are aware of your suffering, at first glance. But this is not the "awareness of suffering" that I describe. This is "dissatisfaction" towards the opponent.

I'm referring here to the "suffering", the pain, struggle, blame, judgment, distortion, disturbance, confrontation and fighting that this "complaining" causes, not in the other person, but in your own heart. In other words, I am not saying that we are suffering because our desires are not being fulfilled, but because we are being driven by our desires. And to be aware of that suffering is to be "aware of suffering". And the most important question is whether you have the "awareness of suffering" or not.

"But he's the one who's at fault", you might say. It may be true, but what does it matter? Whether he is

bad or good, it is not he who suffers, it is you. Isn't this the worst thing that could happen to you?

This kind of "victim-hood" is the biggest and worst influence of fate that can make you unhappy.

If the person disappears, it will not solve anything. Another person will come along, and you will suffer again because of their fault. So, it's not about the other person, it's about you. There is no way out of this suffering except to change yourself.

First of all, let's work thoroughly on this "victim-hood" as your first self-enlightenment training. By freeing yourself from this kind of victimhood, you will be relieved of a great deal of suffering, and you can grow a great deal.

140. Awareness of suffering by thinking thoroughly in terms of profit and loss.

Please note that I am not yet saying that complaining is a bad thing.

First of all, I want you to understand that your dissatisfaction is a loss, measured in terms of profit and loss. Please understand that this is a loss from the point of view of the "True-self".

As long as you can aware that it is "painful" that your mind is aching, struggling, blaming, judging, hurting, distorting, disturbing, confronting and fighting, you can do this "profit and loss accounting". And once you have done this correctly, you only need to deal with it using the self-enlightenment training that I have already shown you.

I will leave the good or bad of the matter for later, and only say that it is necessary first of all to be able to account correctly for your gain and loss, and to be honest in your awareness that "you are suffering now" because of it.

Let's talk a bit more about "awareness of suffering" here.

When you say "someone is an insane person", you

are probably saying that you have common sense and "I wouldn't do that if I were in that position". This judgment is actually a cause of a great deal of suffering.

If you didn't have such a narrow sense of justice set as your common sense, you wouldn't have to suffer. You are not suffering out of consideration of the other person. In fact, you just don't like it when they don't do what you expect them to do.

But again, you are not counting your losses. You don't realize what a "loss" it is for you to hold these unpleasant emotions in your stomach and ruin your own destiny as a result.

How much "gain" does you receive from trying to make the other person's behavior conform to your common sense, even at the cost of polluting your own mind and upsetting your own destiny? You have no sense of profit and loss.

"I did it for him, but" is another pitfall that

people fall into when they have done someone a kindness and they want something in return. “I did it for him...” is a thought that is the flip side to the victim mentality of “I was ...ed by him”. A person who thinks "I did it for them", is, on the other hand, also thinks " They did this to me".

Such a person always expects the people around him to work in their favor, and if they don't, he feels betrayed.

If you expect only what is convenient for you and look only at the surface consciousness of others, you will be betrayed by everything in the world.

Therefore, to believe in a person is not to believe in their words, deeds or promises that come from the surface consciousness of the other person, but to believe in the interaction between their "True-self" and your "True-self", which is, after all, to believe in the loving guidance of the "Transcendental personality" in prayer. Therefore, whatever the other

person does to you, you need to accept it as "everything is the loving guidance of the Transcendental personality".

It's not about being happy or sad, believing or disbelieving, or being happy or betrayed depending on what the other person does.

Please note that I am not now speaking in terms of right or wrong, good or evil. I am consciously avoiding the questions of right and wrong at the moment. I am only going to talk about it in terms of "profit and loss" here. The reason for this is that when you make it a question of good and evil, you are, without exception, averse to being on the wrong side, and you are unable to make an unbiased judgment and honest awareness of your actions. In other words, when you fall into the world of good and evil, it suddenly becomes difficult to establish a position on the truth.

141. Even if you win the battle, the battlefield is in your mind.

Now let's look at the current example as an event in a multi-layered conscious space. And here again, I want you to experience the suffering consciousness of this pathetic human being as yourself.

If you can make a profit and loss calculation correctly, it can be said that you are already in the "True-self" position.

That means that you are already close to becoming an "Integrated personality in the early stages".

Now, there is always an "insane guy", a "guy who never bows down", a "guy who look haughty" living in your mind. And you are always fighting with the person in your subconscious and surface consciousness. And you should consider that the battlefield is always in your mind.

Even if you fought all night and won the battle, the battlefield of your mind would be torn to shreds.

It is your surface consciousness and subconscious that are hurt, struggling, blamed, judged, distorted, disturbed, in conflict and torn apart. The "insane guy", the "guy who doesn't bow down", the "guy who looks haughty" didn't come into your mind on their own. They didn't start the fight on their own. It's because you invited them in and let the "insane one", the "one who doesn't bow down", the "guy who looks haughty" live in your mind. And you always start the fight. It doesn't matter how wrong the other person is, you have to realize that the person who has the most to "lose" is not the other person but your yourself, at all costs.

142. You have to break the chains of the battle for profit and loss.

If another person's mind has the same elements as yours, they will resonate with and amplify each other. And because of the "Law of Thought-Determined

Outcome", what happens in the subconscious and the surface consciousness eventually becomes a phenomenon. In other words, the battle will become a reality. Isn't that an unfortunate fate?

And you accept "that insane person", "that person who doesn't bow down", "the guy who looks haughty" back into your mind.

And so, it is amplified again in your mind, and you fight, and you hurt, and you suffer, and it manifests itself again. Everyone can understand that unless we break this chain of repetition somewhere, we will never be saved. We cannot afford to say who is right and who is wrong at the moment. This is the time to break the chains of battle by the idea of profit and loss with your full effort. The same applies to organizations and international affairs.

Human beings can correctly perceive that their minds are suffering from loss and gain and will try to escape from it. What prevents this is the impostor

you that is pretending to be you that lives in your subconscious. In other words, it is the separation vectors, the nasty creatures from within the subconscious.

Just by having the right "awareness of suffering", the impostor will not be able to live in your mind, and you will be cleansed, or they will disappear.

This right "awareness of suffering" will enable you to stand at the "turning point for salvation". This is the first step towards salvation. In other words, it is the first step to true happiness.

143. It is a "great loss" to fight with your heart as the battlefield.

If, as the example shows, you are intuitively aware of how big a loss it is to use your mind as a battlefield and to fight your opponent by projecting your subconscious onto your surface consciousness, then you have already done this "self-enlightenment

training of profit and loss".

That is, even if you struggle to win the battle, the battlefield is in your mind.

It is your surface consciousness and subconscious, that has been torn apart, by blaming, judging and hurting the other person, and you hurt; you feel pain, distorted, disturbed, struggling, anxiety, doubt, sadness, anger or jealousy. What a great loss for you!

If you can have the "awareness of suffering" for those thoughts right now, irradiate the "light of self-enlightenment!" onto those thoughts (ideas) as separation vectors. And then leave it to the "Transcendental personality" to erase it. And you don't need to know if it's gone or not, because it has already gone.

And leave that place in your mind as soon as possible, and you should return to the world of prayer and gratitude. Even if it seems that the pain is

still there, it is just a remnant that has come to the surface consciousness because it has disappeared from the subconscious. You can thank the "Transcendental personality" for the fact that it has already disappeared and rejoice in it from the standpoint of the "True-self".

After some time of this "training", and as you become better at the "self-enlightenment training of profit and loss", you will gradually free yourself from these kinds of emotional thoughts, and your mind will become clearer and your future brighter.

In short, this self-enlightenment training allows you to eliminate all the inner suffering that you are now aware of with the "light of self-enlightenment!".

This practice is the very practice that leads directly to peace of mind and life.

144. The right "awareness of suffering" is necessary for self-enlightenment training.

As long as you look into your own mind and discover the suffering from the standpoint of the "True-self", you can do the Self-enlightenment training.

But even if you have an "awareness of suffering", it will be a big problem if you have "awareness of suffering" from the standpoint of the separation vector.

For example, if you admit to suffering, but you always look at the other person as the cause of your suffering, or if you say that it is "painful" to be advised by a comrade and to have your separation vectors pointed out to you, then it is clear that you are not aware of the correct "awareness of suffering", and you must first realize that there is a lie of "putting the cart before the horse" in this. In this case, it is not possible to be truly happy.

In this case, you need to ask yourself again whether you really want to be happy or unhappy. The first step is to establish a position towards this.

In other words, your "awareness of suffering" and your profit and loss must always be in line with the profit and loss from the perspective of the "True-self". So, in some cases, no matter how much it hurts, or it hurts your mind, you have to do it and be sincere.

In this respect, the proper answer to the question of gain or loss from the standpoint of the "True-self" is to always judge with sincerity.

When you are able to discover the lie in yourself from the standpoint of the "True-self", and when you become aware of the suffering, you have already reached the "return point for salvation".

Therefore, we can say that the self-enlightenment training is the "practice for the awareness of suffering".

When you look into your own mind and find a lie from the standpoint of the "True-self", you should rejoice and say, "Yes!"

Once you have discovered the suffering, the part is as good as gone, and it is only a matter of time before it is resolved.

145. You can do self-enlightenment training by observing others or by looking at your own expressions.

Furthermore, if you observe others and discover their separation vectors and turn them into your own self-enlightenment training, or if you discover your own small sufferings and make it your self-enlightenment training by having the right "awareness of suffering", then the "Transcendental personality" decides that it is no longer necessary to teach you that kind of separation vector through actual experience anymore, and can annihilate all the

rest of the big suffering elements accumulated in the subconscious, so that they won't appear as destiny.

This shows that self-enlightenment training is not only necessary to become an Integrated personality, but even if you have not yet become an Integrated personality, it is also necessary to get rid of the suffering in front of you, to release the oppression of your personality and to choose a happy destiny.

A person who says he is not suffering, is actually a very obtuse person, but he is suffering inside very much. This inner anguish can be seen in their facial expressions.

Look at your face in the mirror. Do you see an atmosphere of distress in your face? No matter how much you deny it, the "True-self body" knows the suffering and shows it in your face. And the next thing you know, it is expressing itself in your destiny. In other words, it manifests itself in the form of a bad fate, and you indirectly know the cause in the

form of suffering a fate, and the subconscious is made aware in a clearly visible way.

Only such people think that it is only the weak-minded who turn to God or religion for salvation, and that they are strong people and do not depend on God.

146. You are not qualified to forgive or judge others.

In the previous example, "I'm an adult, so I'm willing to forgive". This sounds like a good person, but is it? As I have described, judging others is a great "loss" in terms of profit and loss, because it stains and hurts your heart and tears it to shreds.

By the way, you must know that you, who are not yet integrated, who have not yet established the position of "True-self", have no right to blame and judge others. Even if you are killed, you have no right, authority or authority to judge the murderer.

And the natural consequence of this is that you have no right to blame or judge even yourself. And, of course, you are not only not qualified to judge yourself or others, but you are not even qualified to forgive yourself or others.

Think about what this means, when you say you "forgive" someone who tried to hurt you or kill you. Even if you say, "I forgive him," not only does it mean nothing, but it will make you commit the sin of arrogance.

And that's exactly the same even when you yourself have sinned. You cannot even forgive yourself unless you stand in the position of the "Transcendental personality" or the "Ultimate Existence".

So, the phrase, "I cannot forgive myself" sounds very splendid, but it is actually an arrogant idea when put before the truth.

To forgive oneself means to be forgiven by the

Transcendental personality, "True-self". To position oneself as the one who has committed the sin, in the correct position from the standpoint of the "True-self", would be to say, "I am so sorry" and to ask for forgiveness. Without an apology, you are not asking for forgiveness, and you will never be forgiven.

147. Only the "Transcendental personality" can forgive and judge a human being.

The only existence who has a qualification to forgive or judge you is...of course the "Ultimate Existence and the "Transcendental personality", the Transcendental personality who created the universe and keeps you alive.

You should know that you did not create the universe and you did not create yourself. From the very beginning, it is impossible for the created being to judge the creator.

So, I rarely judge or forgive others.

By the way, since I have perfected the Integrated personality, I do indeed judge people and forgive people sometimes, but only in serious cases when I act from the standpoint of the "Ultimate Existence".

The truth is that no human beings who are being kept alive can judge or even forgive another human being, and this is exactly the same for historical and ethnic issues.

From the beginning, modern man has no right to judge or to forgive the events of history, he cannot, and he must not do so. Furthermore, one nation can never judge another.

And only the "Transcendental personality", or the "Transcendental personality" united with the "Transcendental personality", and the Integrated personality who is embodying the philosophy of the "Transcendental personality", can judge and forgive history. If we do not know this truth, human history will continue to sin.

If we do not know the principles of international affairs correctly, we may leave a seed of issues in the history of the world.

We humans have no other way except entrusting the judgment and forgiveness in events in history to the "Transcendental personality".

Man, and mankind must recognize and humbly accept this important principle.

Section 6

The horror of unknown sin.

148. Sins committed in our thoughts.

There are a lot of people who think "I'm not breaking the law now, I've done nothing wrong", or on the other hand, "I've broken the law, I've done something I can't recover from, my life is over". But in both cases, these are examples of the arrogance of extreme ignorance.

While the problems of human society are to be dealt with by human society, it is not an exaggeration to say that "human beings are beings who live in the face of the most important truths of human nature, committing great sins in their thoughts without being aware of them". This is because, by the "Law of Thought-Determined Outcome", we are actually "striving to make bad things happen by thinking of

them without knowing".

There is no one on earth who can say that they have never sinned in their thoughts, because your thoughts have a direct effect on your destiny, and that of your partner, your nation and humanity. And it is tens of thousands of times more important for human beings to know how to live in the presence of the truth than in the presence of the law.

Those who arrogantly measure right and wrong only by laws and what they can see should feel regret that they have done so much wrong in the presence of the truth. In the presence of the truth, the excuse "I didn't know about such a law" has no meaning.

149. Without "establishment of the correct position", you will continue to commit unknown sins.

Secondly, you should know that you have lived with many sins without knowing, even in your actual

behavior.

Again, if you are unaware of a one-way street and drive down it in the opposite direction, this is a mere violation of the rules and does not mean that there is truth in the one-way street. I am not here to talk about this kind of unintentional sin. It is quite common to commit great sins while ignoring cultures and customs, even if they do not contravene the constitution or the law in many matters of general human relations.

For example, not greeting your boss, or not saying thank you to someone who has helped you, or not saying sorry to someone to whom you have caused trouble, is not a constitutional or legal violation, but it is a major cultural violation. And please remember that this kind of major cultural violation, which is neither a constitutional nor a legal violation, is a very serious offense.

We all find ourselves in different positions in our

invisible culture. You, too, naturally live in a relationship: as husband or wife, father or mother, parent or child, boss or subordinate, teacher or pupil, head of the organization or member of the organization, leader of the society or member of the society

For example, if you ignore your position as a father and do not look after your family and children, this is a great cultural negation.

Or, if you are in an important position in an organization and you are not aware of it and you are constantly complaining and feeling victimized, it means the destruction of order and your very existence is a continual sin.

In fact, the thought environment of the culture that the Japanese people have nurtured over historical time has created a strong "Integrated vector field", which projects the multi-layered structure of the universe. Therefore, the organizations within that

culture also project the order of that culture, which means that there is indeed a small multilayered universe within the organization.

So, we can say that the truth is expressed to some extent in the order within the organization and in the order created by the culture.

Living in an organization is in effect living in a universe and living hard and honestly in that small "part" of the universe leads to living hard in the universe of the "whole".

So, it is natural for people to evaluate the good or bad within events in the light of the principles of their culture.

Thus, we should be aware of the important fact that in reality the truth is projected, however imperfectly, in the environment of thought and the order of thought fostered by national cultures rather than in constitutions and laws.

And many people continue to commit sins of this

kind of cultural violation, even if they do not violate the constitution.

So, you have to live with the assumption that you are committing sins without knowing it. The “sin without knowing” is the sin that is a result of continuing to ignore your given place in the culture in which people have been nurtured. In other words, it is the sin that you continue to commit because you have not "established your position towards the truth", because you have not properly positioned yourself in the culture.

On the contrary, you will understand how important it is for you to "establish your position to the truth" in the culture.

150. Sins you commit in culture without knowing.

In culture, without exception, you must inhabit several positions. These are your positions as a

projection of the cosmic order. But it is not possible for you to establish all these positions correctly. As long as you are a human being in the flesh, it is impossible for you to do all these positions perfectly. So, in this understanding of human reality, the first, most practical and most important thing to do in order to "establish your position towards the truth" is to assume that you already have a position, whether you know it or not, and that you are still committing "unknowing sins" because you cannot establish that position correctly. The next step is to apologize to the "Transcendental personality" and to the people around you for the trouble you have caused by not expressing the truth correctly there. The next step is to carry out the positions you have been given with humility.

And it is already a great sin not to be grateful to your mentor, to the head of your organization, to your boss, to your parents, to your spouse, for all that they

do for you. You cannot just say, "I'm working for you, I'm taking care of you, so we're even, aren't we?". It's one thing to take care of a person, it's quite another to be taken care of.

And there is a crucial difference between being grateful to a colleague or a friend and being grateful to a mentor, a head of an organization or a boss. In other words, the universe is a vertical relationship preceded before the horizontal relationship, and if we ignore the vertical relationship and emphasize the horizontal relationship, we tend to ignore the multi-layered structure of the order, which in turn often has the power to destroy the order, so we must be very careful.

We forget to thank our ancestors in the most essential sense. You tend to forget to thank them for protecting you from behind and for building the culture in which you now live.

151. The sin that is committed by ignoring the obvious and predictable.

Now, when you hurt someone directly by lashing out at them with your emotions or foul language, it's easy to see it as a "sin to do something you shouldn't have done". However, when you do something that you did not do directly, when you do something that is normal or good and it ends up offending or hurting someone, it is difficult to realize that you have hurt someone.

First of all, you need to be aware that you are committing many of these sorts of "sins that committed by ignoring the obvious and predictable" (conscious neglect) or even worse "unintentional sins". And of all the "sins without awareness", the most difficult to recognize and the most serious are those which "you failed to do what you had to do".

For example, if your spouse, a friend, a colleague or a subordinate is making a mistake or claiming

something that is wrong. But if you know about it, and instead of rebuking them with advice, you keep silent or you turn a blind eye to it, or you take their side emotionally, or you justify their mistakes with the calculation of gaining popularity, then in the presence of the truth, you are committing a sin. And when you do not advise the person, you are actively approving his sinful act, which hurts the third person involved, and you do nothing but continue to sin.

Around the "sin of not doing what one ought to do" there is an irresponsibility because of this ignorance and because they think only of themselves. This type of "sin of not doing what one ought to do" often occurs.

152. The sin of unknowingly doing something you shouldn't have done.

Next, I will show you the "sins that you committed

but that you shouldn't have done" or in other words "sins committed unknowingly".

If a selfish and assertive person speaks something, his dirty atmosphere will dominate the place and make it disharmonious. This has nothing to do with the content of the words. You may think you are having a good time, but in reality, it is your own separation vector that is dominating and polluting the place extremely and the people around you. In many cases, the original purpose of the place is lost because of the selfishness of that person.

By the way, if a self-centered mind is particularly strong, it becomes a strong self-asserted separation vector that overbears and dominates the surroundings. In this case, even if the person doesn't say anything, just by staying there silently, they will irritate people, make them uncomfortable, and deprive them of liberty. And it can be a silent-compulsion, or even a threat towards others.

This means that the people around him are constantly forced to suffer and obey. However, for the person himself, it is quite enjoyable, and since the people around him do exactly what he wants, he is so proud that he says, "this is my way of life", and this has become his way of life.

At first glance, this kind of person is very nice on the outside and seems to be able to work, but he is a self-centered, violent personality who can only live by intimidating, coercing, depriving and dominating those closest to him, making him the worst kind of human being.

Have you become aware that you too have committed some of these kinds of “sins you commit without knowing”?

153. “I didn't know” doesn't cut it in the face of truth.

Even though we hurt people so much, but we don't

always realize that we are like that. This is because there are very few people who are so evil that they would go out of their way to hurt others, and most of the time they hurt others as a result of asserting themselves.

Now, when it comes to laws and rules set by human beings, the excuse "I didn't know" will certainly work at times, and it may even reduce the guilt somewhat, depending on the reason. But in the case of the unintentional and unconscious sins mentioned here, one would naturally like to say, "I did not know" or "I did not mean to", but such excuses have no place in the presence of the "Transcendental personality".

When it comes to matters of truth, we are essentially unified in the truth, so there is no excuse for doing something that went against love and then saying, "I didn't know that love was that important". It means that you did not know what you should have known

as a human being.

Also, since truth is projected onto culture to some extent, it is quite often the case that what violates culture is directly a violation of truth. However, on the other hand, since separation vectors exist very strongly at the bottom of the culture, it is also possible that "what is affirmed in the culture is contrary to the truth" where it touches on the imperfections of the culture.

Especially in the post-war period, relationships with foreign cultures have led to the emergence of such problems. And many of us continue to commit that kind of "sin with good intentions". And you have to be afraid of that kind of sin.

There are no excuses in the world of truth. (For more on cultural issues, see my previous book, "Japan Under the Spell")

154. Humans cannot live without annoying others.

Humans are the ones who, for their own reasons, carve the earth, pollute the seas, rivers and air, kill animals and plants, and in human relationships, they always bother the people around them, and live while receiving favors from the people around them.

"I don't want to be a nuisance to others, I don't want to be a burden to others, so I'm going to live on my own" is a very respectable and noble gesture, but it can be an expression of arrogance disguised as humility.

We often hear people say, "I want to bring up my child to be a person who will never cause trouble for others", or in elections, "I want to choose a clean person who will never do anything wrong". But this is also the same thing.

It is a good thing not to bother others and not to do bad things, but we are already hurting people around

us, causing a lot of trouble and doing bad things, and we cannot live by only being good or clean. Man is not a being who can live by goodness and cleanliness alone, but we are beings who have to live our lives helping each other and have to fulfill our "True-self missions", even as we take care of and cause trouble to those around us.

Sometimes you need to consider deeply for not only what you are aware of in your behavior, but also how many people you bother, and how much you hurt those around you unawares.

The lie that you told ten years ago is indeed an instant for you, and it may be a little thing you've already forgotten, but it could be serious matter for another person, it could be a whole life matter for that person, and the person may still be suffering from the consequences of your lies.

Thus, you can no longer live while ignoring the grave sins you have accumulated without knowing."

The sins that we know, and commit involve some degree of "awareness of suffering." There is some degree of the effect of self-enlightenment training accompanying them.

However, the sins that you commit without awareness have no self-enlightenment training effect, and you keep committing them without noticing it. Thus, you will hurt the surroundings and continue to stain the place.

It's like a beast released into the crowd and is extremely dangerous.

Continuing to commit sin without knowing it means that the separation vectors that remain separated from the universe accumulate more and more energy. Therefore, unconsciousness is the greatest sin above anything else. You should fear that more and more. And you must never say, "I don't have that kind of thing." You should know the fear of the sins you commit without knowing.

You also are no exception to other human beings, and you have been committed many sins without knowing it. And you are still committing a lot of this kind of "unconscious negligence".

The practical response to the "unconscious negligence" is to assume that while doing self-enlightenment training, you need to make an effort to discover your "sins you commit without knowing", and nevertheless you will continue to commit "sins you commit without knowing". In addition, there is no way except to always apologize to the "Transcendental personality" and live-in humility within your surroundings.

And that's what humans can do, and nothing more can be done by humans. If you can do that, even if you continue to commit the "sins you commit without knowing", you will be notified by the "Transcendental personality" in necessary timing.

The "sins you commit without knowing" will

emerge in front of you clearly and you will be informed of them someday.

They will either be discovered on your own through self-enlightenment training or pointed out to you by someone else. And if you keep avoiding them, you will eventually show your shameful figure in your destiny whether you want it or not.

The time comes, when the loving guidance of the "Transcendental personality" informs you of the sins you have committed so far, it is an extremely crucial moment.

There are people who have scattered many separation vectors around, stained their surroundings, and continued to bother their surroundings until now, but yet get depressed when their separation vectors are pointed out by someone, but it is too late to be depressed here and now. The most important thing the person should focus on is, he has bothered people around him so much before he will be

depressed.

In a metaphorical way, it's the same as hitting a person with your car and having no time to be depressed. In this case, whether you were at fault or not will be a matter to deal later. First and foremost, you should do as much as you can for those injured people who may have a broken leg, are bleeding, and on the ground. A person who becomes depressed in this kind of emergency is a self-centered person who thinks only of himself.

Therefore, you need to live humbly on the premise that "definitely I'm continuing to commit sins without knowing". It is to live with an apology towards the "Transcendental personality", and since this leads to gratitude, it is considered part of the gratitude training. If you continue this "apology training", it will naturally ooze out as modest humility in the atmosphere the surrounds you. It establishes your position, and you are universally

affirmed in its imperfect form.

And then, when you discover the separation vector that is the cause of the sin you committed without knowing by self-enlightenment training, admit it obediently and irradiate the "light of self-enlightenment" from the standpoint of the "True-self".

That's all we can do as imperfect human beings who have been given this life.

155. Sins committed due to an inability to do self-enlightenment training.

And in fact, most of the "sins without awareness" are caused by a lack of self-enlightenment training.

So, once again, let's investigate deeper while using this example of the "sins without awareness", from the standpoint of establishing a correct position, in order to be able to do the important act of self-enlightenment training conduct well and without

heartache.

First of all, you have the position of "True-self", which is your original position.

And then, there is the position of having received life. The position of having received life and being kept alive, is the position of the "True-self body", which consists of the spirit body and the astral body. It's a large area of your mind which you think is your actual mind.

Then there is the position of the separation vector which you perceive as yourself, but which is not yourself at all, but which is created by its own very self, and the position of the separation vector that has been brought for your work into this world since before you were born, and the position of the separation vector which has been caught in your astral body by virtue of vector resonance, and which acts on you with the power of making will and destiny.

If you understand and position these vectors correctly, you will be able to perform self-enlightenment training better.

The surface consciousness of man is like the cathode ray tube of a television set or the screen of a movie: it shows the principles of the Transcendental personality, the mind of the "True-self", the notions of the "True-self body" and the thoughts of the separation vector in the same indistinguishable way, so that you perceive all the notions projected on the surface consciousness as your own.

These thoughts are creations, they are never you.

So, if your surface consciousness is oriented straight to the "True-self" and strongly reflects the position of the "True-self", then when you discover a separation vector, you can look at it from the position of the "True-self" and position it as "not me, a disgusting creature pretending to be me and persistently feeding on my mind", and you can be

truly grateful to the person or event that triggered the discovery. Thus, if you can secure the position of "True-self", you can practice self-enlightenment training without any pain, whether pointed out by others or discovered by yourself, rejoicing in your discoveries.

However, if you stand in the position of the separation vector, you will either perceive it as yourself and fall into self-loathing and depression, or you will turn around and justify yourself. So, you must never stand in the position of the separation vectors.

And when you are confronted with a separation vector, if you complain, become depressed and negative, it is as if you have discovered a cancer cell in a medical examination, but you are not taking the position to protect your own body, you are in a position of protecting the cancer and refusing to acknowledge it, it is like trying to make excuses for

the cancer cells and to make them multiply and metastasize. There is no need to put yourself in the place of the cancer cells or feel sorry for them and fall into a state of self-loathing.

And becoming angry and complaining to the doctor who discovered the cancer cells is a terminal condition that really puts yourself in the position of the cancer cells.

You have to do whatever it takes to make sure that the cancer cells die or are replaced by normal cells. It is natural for you to apologize to the "Transcendental personality" and to your own body for not taking good care of the health of this body entrusted to you by the "Transcendental personality". And in the case of the discovery of cancer cells, it is an emergency situation, and the cancer cells have to be eliminated as soon as possible. Making excuses is not only bad for you, but it also only encourages the cancer cells, and it is clear that you will soon find

yourself in an irreversible situation.

156. The first thing to do when you discover a separation vector.

The first thing to do when confronted with a separation vector is not to rush to put a lid on it, not to try to suppress it with your will power, not to justify it forcefully of course, not to fall into self-loathing. It is also not about blaming yourself or judging yourself by investigating the cause.

The first thing you have to do is, to be in the position of "True-self" and feel very happy and grateful to the Transcendental personality, saying: 'I am very happy to have found the separation vector, I have grown up further. And then, calmly irradiate the "light of self-enlightenment!" And leave the rest of the process to the "Transcendental personality".'

The greater the separation vector you have discovered, the more you humbly acknowledge that

you have let it go and acknowledge that you have been causing trouble for those around you, and the more humbly you need to apologize to those around you, to the "True-self" and to the "Transcendental personality", from a position of having received this life and being kept alive. Then you should apologize and thank them, for example, in the following way, and raise it to a prayer. This is your "point of return for salvation" and the starting point of your new life.

[The prayer of return point]

I am very sorry that my ignorance, arrogance and selfishness have always caused you harm, stained my surroundings and caused you so much trouble, and that I have lived my life without knowing it.

I ask you to forgive me for all the wrong I have done.

I would also like to express my sincere gratitude to the "Transcendental personality" and to all of you for having allowed me to stay with you all these

years and for having placed me here.

Now I sincerely wish to be reborn as an honest and humble person.

"Transcendental personality", please take care of me.

When you are suddenly confronted with a separation vector that has been eating away at you, it can be disconcerting to think, "What am I going to do?", but you can come back to this point and this prayer. This is a new starting point, which you will often revisit. By reading the prayer out loud slowly and carefully, word by word, the prayer will sink in, and gradually the inner truth of the prayer will be brought out to the surface.

By the way, I often see people who never apologize by no means. They say that "If I apologize, I will lose face". However, such people misunderstand greatly that "apology leads to self-denial". Thus, they would never apologize, and they won't be able

to pray even this [**prayer of return point**].

If you can't pray with a real feeling when you are praying the "prayer of return point", pray the prayer shown on the next page first.

Here, the meaning of apology is to affirm yourself by positioning your real position in relation to the separation vector. It is only when you say, "Forgive me" that you are forgiven by the "Transcendental personality", that is, by your true self, that your self-affirmation is complete, and that you can have a sense of salvation surrounded by a calm peace of mind.

If you don't feel like asking for "forgiveness", then it is clear from the "Law of Thought-Determined Outcome" that the forgiveness of the "Transcendental personality" will never be completed, and you will never be forgiven, and therefore you will never be able to affirm yourself, and you will never feel saved. In other words, you

will never be happy.

If you are not forgiven by yourself, you will always feel uncomfortable, there will always be something holding you back, you will feel dark and heavy for no reason and you will be anxious about the future. In order to get rid of this anxiety, we try to justify ourselves and act as if we are confident, but this does not give us true self-affirmation.

[Prayer of self-affirmation with apology]

(You may change the words slightly to suit your real situation)

I hate to admit my wrong behavior, so I have rejected advice from others, I have quibbled and rampaged through forcible self-justification. And I have continued to expose my shameful figure.

From my terrible ignorance and arrogance and selfishness, I was always out of place, disturbed harmony in everything that I was involved in, shown

myself to be bigger than I truly was and denied the compassionate advice from those around me, hurt people and have stained the place. And I have continued to disturb the fate of those around me.

Nevertheless, I still did not feel sorry enough to apologize and say, "I'm sorry", and did not attain the humble feeling to say, "Please forgive my sins", and because I do not seek forgiveness, I am still not forgiven by the "Transcendental personality" and myself forever. So, I still cannot have sense of salvation.

I thought that I had been living thoughtfully, but I finally understood that the reason why I had been stirring up the people around me and why I myself had not been saved was because I had been "putting on a big face as if I was living alone, without realizing that I was supported by everyone, and never admitting my arrogance. The only way for me to be saved and avoid repeating my sins is to accept

the advice of those around me, to admit my faults, to ask for forgiveness by apologizing sincerely, and to establish my correct position humbly.

I am so grateful and sorry that I have been allowed to live here and not been thrown out. Please forgive me for my ignorance and arrogance.

I wish to be reborn as an honest person and live a humble life so that this time I can attain true salvation. Transcendental personality, please take care of this person that I call myself.

Section 7

Self-enlightenment training of abandoning judgment.

**157. Shine the "light of self-enlightenment!"
on your own judgment.**

If you want to keep the self-serving "pretend truth" that you have built up so far, you don't need any self-enlightenment training. But you are seeking the truth now, because you know that your pretend truth is not the truth. Let us be clear about this basic position.

So you shine the "light of self-enlightenment!" on the very value of "I am right", and to abandon your own established criteria. You have to thoroughly adhere to the mindset that the position that "I cannot judge anything yet."

That is what you need to do now, "to establish your

correct position towards the truth". If you think that "you can judge for yourself", that is the end of your development. So, you have to think that "I don't know yet". Even if you think you are right, you have to return that thought itself to the "Transcendental personality" by attributing the decision, and the values that underlie the decision. And then you shine the "light of self-enlightenment!" on all of the judgments you have made.

At this point, you should abandon your judgments to the extent that until you say, "I don't even know whether thievery, murder and war are good or bad". This is not just a mechanical renunciation, but if you can renounce your judgments so thoroughly and with such practical meaning, it will have a great self-enlightenment effect. The necessity of not grasping at one's own judgments has already been mentioned many times, but I will show this task in particular as the "self-enlightenment training of abandoning

judgment".

158. Abandon any judgments that comes out of your mind.

As you may have already noticed, the "self-enlightenment training of abandoning judgment" corresponds to the fourth course of my spiritual practice.

It is precisely the ability to accomplish this that will determine whether you are able to undergo a major transformation, to let your personality shine through and to achieve true happiness.

Human beings are always looking at things from the top down, wielding their own self-serving point of view, thinking that they are standing in a position of justice, even though they do not know all the circumstances of people and events in the world. They say, "that person is a good person", or "that person is useless", "prime minister XX did not

achieve XX, so they are useless", "that thing will surely fail", "this is because you did not do that at that time", "this is karma for that person", or "the war was started because XX was bad". Such people try to apply their own yardstick as if they are in a position of justice.

Human beings criticize people and things on a daily basis without any great reason and continue to judge people and things. Are you seeing through these noisy feelings, criticisms, and judgments in yourself without overlooking them correctly? And do you see through that part of yourself who always wields your skewed yardstick of "pseudo-truth" in a boastful manner?

You must not accept such annoying evaluations, criticisms and judgments that are coming into your mind. It's just words like those of "a stranger sitting next to you whispering". The whispering of this separation vector does not work, nor does trying to

suppress it. Just ignore it. And you shouldn't act on that premise.

In particular, those who are sensitive to spiritual things or those who live with an extra sense of intuition are strong to "feel" these vectors. So, they may tend to be convinced of the judgments and spiritual judgments that come from such thoughts in their subconscious, and say or think things like, "I saw it", "I got this from my fortune-telling", "I saw a spirit behind that person", or "I felt like this when I went to that place". And they make mistakes in their fate choices, because they will act on premises based on their senses as if it is the word of God.

If your "feelings" from your subconscious thoughts often succeed, then you may become quite confident in your intuition. However, it is a thought of an imperfect unintegrated personality who has not yet become an Integrated personality, it is just ignoring transcendental consciousness and gathering

information in connection with the subconsciousness. In other words, the judgment will never be beyond your personality. Therefore, there is no absoluteness in it, it does not work at all for anything beyond your own personality, and it makes a great mistake from the perspective of the transcendental consciousness and ends up choosing a fate of misery.

This occasional intuition of this kind is clearly subconscious thinking, not the transcendental thinking that you are seeking now. Believing in that subconscious thinking without reaching transcendental thinking is a huge loss of your life.

This "intuition" often succeeds with trifle things, so the more you try to rely on such intuition, the more you are drawn into the subconscious, and swung around by separation vectors.

You should never believe "I think," or "I felt like this" when those thoughts or feelings come into your mind disguised as transcendental thinking that

comes from transcendental consciousness. In other words, what you feel intuitively or spiritually before becoming an Integrated personality is clearly subconscious thinking, and never transcendental thinking. You should remind for yourself strongly of this again and again.

Let's process all of them as separation vectors with the "light of self-enlightenment!".

In other words, please note that the training of abandoning judgment, is completely the opposite of psychic and spiritual development in that, it denies what you feel thoroughly. From this, you can understand that the world I am trying to guide you towards is far beyond spiritual and psychic abilities.

159. Don't be seduced by the plausible temptations of the separation vectors.

Now, the reality is that most human beings live in a world of subconscious thoughts, of "I think" and "I

feel", of separation vectors coming and going from the subconscious. And it is a very bad situation to be in, because we live with the temptation of separation vectors.

Separation vectors are the conscious bodies of the subconscious, creatures of lower personality, through which the subconscious is trying to bring you into its power, to bring you into the slavery of separation vectors. Once you are drawn into the slavery of separating vectors, you will perceive it as your will, you will claim it as your freedom, you will renounce the position of the "True-self", and you will try to defend the position of the separating vector.

The separation vector of sadness tries to construct a plausible sadness from your recent experiences and bring you into a world of sadness.

The separation vector of anger also finds material for anger in your experiences and tries to seduce you

into thinking that anger is natural and to make you angry.

The separation vector of selfishness emphasizes only your convenience and tries to find various reasons to force you to take your selfishness for granted.

The separation vector of anxiety tries to lure you towards anxiety by making bad predictions and imagination in order to materialize the thoughts of anxiety.

And the separation vector of dissatisfaction goes out of its way to pick up only the inconveniences of your recent experiences, to make you into a victim, and to cover your "True-self" mind with a black cloud of dissatisfaction.

And then there is a kind of strong separation vector power, which takes advantage of the fears and doubts created by your thoughts and illusions and targets your weaknesses in the form of strong threatening thoughts. When you are occupied by

these threatening thoughts, you should try to unify to the "Transcendental personality" through integration training (meditation). This is the time when you renounce judgment of "good or bad" and leave that judgment to the "Transcendental personality". By this thorough self-enlightenment training of abandoning judgment, you can escape the domination of the strong separation vector.

And if the source of the vector is clear, and the vector has not yet gathered the material from your experience, and has not yet developed concrete content, then pray, and shine "the light of self-enlightenment!" and command it to "go away!" and it will go away.

If you can purify your subconscious of the nagging sensations, evaluations, criticisms, judgments, and these kinds of illusions and negative emotional thoughts by renouncing judgment, then you can say that your subconscious is quite clean. However,

there are many other's vectors that come from the world around you which are trying to purify themselves through your "True-self body", and in reality, these thoughts will not be disappear all.

In particular, integration training (meditation) requires a thorough renunciation of judgment, treating everything as a separation vector, even if you see God or a snake. The vector here is not the distinction between good and evil, but the distinction between what is necessary and what is unnecessary in your present state of mind that transcends good and evil. If you apply this truth of the integration training to your actual training, you can practice the "self-enlightenment training of necessity and non-necessity" with the attitude of letting the Transcendental personality judge or judge by yourself the necessity and non-necessity for the "True-self".

In other words, the integrated vectors (necessary

vectors) which were necessary in the past, are no longer necessary for you now (unnecessary vectors) and they will be treated as separation vectors.

For example, pride and the will to win, which were integrated vectors for you in the past, will become separation vectors for you in the present, when you are seeking the "Jinen" way of life.

160. Do not inquire into the meaning of phenomena appearing in vector resonance.

All phenomena appear symbolically or metaphorically in the phenomenal world with a meaning or personality due to their vector resonance. In some cases, the meaning of the vectors is clearly visible.

It may hint at your future destiny, warning you of an accident in the near future, or punish you or even congratulating you. In a sense, symbolizing your state of mind. It can even become a phenomenon in

a tiny event and within dreams and can seem very meaningful.

But, trying to find out the meaning of the vectors in dreams and events will never lead to salvation, but rather it is very dangerous and can lead you astray and could get you lost. Remember that the vectors in question disappear by becoming phenomena, and there is no need to go to the trouble of trying to find out their meaning.

Moreover, palm reading, family name reading and various forms of fortune-telling are all forms of expression based on vector resonance, but you must know that even if you try to find out the future by fortune-telling, you are only looking at the "material" of the future destiny made by the vectors of the subconscious, it is not the future in which the "Transcendental personality" is involved and it is never the main line of destiny.

However, there are certainly some vector resonances

around integrated personalities which are directly related to the "Transcendental personality", and which symbolize and indicate certain important contents, either revelatory or warning, but which are deeply engraved in your mind, whether you deny them or not. So, it's OK to interpret the meaning if it brightens your heart and encourages you. In any case, however, do not be self-righteous or restrictive in your interpretation of the meaning.

Therefore, any seemingly meaningful vector resonance should be interpreted with the complete "self-enlightenment training of abandoning judgment", abandoning the interpretation of its meaning, irradiate the "light of self-enlightenment!" and simply accept it as the "loving guidance of the "Transcendental personality".

161. After completing the abandonment of judgment, transcendental thinking will be

given.

When the subconscious is purified by the self-enlightenment training of abandoning judgment, subconscious thoughts are considerably suppressed, and transcendental thoughts gradually come to take precedence. Thus, transcendental thinking is a way of acting directly from the transcendental consciousness, through simply denying the spiritual and psychic power and any involvement of the subconscious.

Therefore, in order to attain transcendental thinking, we need only to act on the basis of sincerity, thoroughly ignoring the concepts "I think" and "I feel" by renouncing all judgment. It is a great detriment to our freedom to ask God for help to see into the future, or to rely on spiritual judgment. If you continue to live in this way, you will live in a very unnatural way, and as a result you will lose your own initiative.

Once you have achieved transcendental thinking, your sensations, feelings and judgments will come back again as auxiliary functions of the transcendental thinking, with certain support from transcendental thinking. In fact, when your subconscious is cleansed, it absorbs the surrounding separation vectors like absorbent paper, and you may feel them as noisy thoughts as they are cleansed through your "True-self body". Which means you are already doing the work of purifying the people around you under the guidance of the "Transcendental personality". It is a noble act of love done unconsciously.

But on the contrary, if your subconscious is not yet purified, various separation vectors from the dirty world will enter through your "True-self body" in resonance with your separation vectors, intensifying disharmonious thoughts, disturbing your physical body and adversely affecting your destiny. Therefore,

it is absolutely forbidden to be arrogant, to think that you are enlightened, to look down on others, to try to purify them. Arrogance is a deliberate way of attracting separation vectors, so those people who are constitutionally influenced by arrogance need to be especially humble.

162. The self-enlightenment training of abandoning judgment is required before the self-enlightenment training of lie detection.

The "self-enlightenment training of abandoning judgment" means : to separate oneself from the sensations, emotions, and judgments that persist in saying, "This is this, that is that, I like that, I don't like that", do not believe any of your own thoughts that come up in response to what others say or do, dispose of all these thoughts as "vanishing vectors of separation under the loving guidance of the Transcendental personality", and whenever you find

them, shine the "light of self-enlightenment!" onto them.

This is in fact the same process of abandoning all judgment of the superficial consciousness for the sake of self-enlightenment training that I introduced before, so for the training to be thorough we include this "self-enlightenment training of abandoning judgments".

Your own common sense always works conveniently to support your own interests. As long as you rely on this kind of common sense, you will not be able to achieve self-enlightenment training. Remember that you need to do self-enlightenment training because the common sense that you have built up so far, or your so-called "truth," is clearly mistaken.

Often, people feel comfortable assuming that what benefits them is correct common sense and what disadvantages them is wrong common sense. We see this kind of confusion in the way we look at political

and economic issues.

This self-enlightenment training naturally falls into the category of "self-enlightenment training of lie detection", but it is difficult to detect it because it is a strong separation vector, and it is easier to detect the separation vector after once abandoning judgment, so I have described it here as the "self-enlightenment training of abandoning judgment". And the self-enlightenment training required here is the training to transcend one's own interests, to abandon common sense and to entrust one's judgment thoroughly to the "Transcendental personality".

As a side note, I would add that it is not against self-enlightenment training to claim something that you see as an interest to be an interest. It is the assertion made when you claim an interest to be a matter of right and wrong that would be the lie.

163. The self-enlightenment training of abandoning judgment is required when you are being guided, and when you are engaging with the "whole".

This "self-enlightenment training of abandoning judgment" is especially necessary when you are serving people in your organization or receiving guidance from your mentor. If you are assessing the head of your organization with your own crazy yardstick, you will never establish your correct position in the organization. You must look at the True-self mission of the organization while reflecting the True-self mission of the head of the organization. If you do not look at the master's True-self mission and cannot obey it unconditionally, then guidance for you will not be possible from the beginning.

In addition, "self-enlightenment training of abandoning judgment" is especially necessary to

unleash the cultural and social spells that govern you, and to get over them all at once. You will find yourself getting stuck if you insist, "I'm right because I was told this was right," "I'm right because everyone says so," "I'm right because the media says so." Eliminating this kind of spell requires thorough "self-enlightenment training of abandoning judgment".

In other words, we are now under an intense cultural spell related to western culture. We cannot evaluate historical and social events while under this spell. We should not easily judge social and historical events when we are in the spelled situations.

And above all, we do not have enough material to evaluate history properly. No amount of artificially created or staged facts can tell the true story of history. History is a continuum, and it is pointless to divide it up and criticize only one event. You should not evaluate, criticize or judge social and historical

events. Even if you criticize historical or social events, please tell yourself "But I don't know the truth" and never believe your own assessment.

164. Be convinced of the love of the Transcendental personality and resolve to do the self-enlightenment training of abandoning judgment.

If you gain transcendental thinking, you don't have to make decisions with your surface consciousness, you can make them with transcendental consciousness as the absolute perception.

In this case, however, the judgment is not deductive judgment, but judgment made intuitively by feeling the "whole" of the universe in your own body, and in general judgment and action are simultaneous, or even a direct action from the transcendental consciousness, not through the judgment of the surface consciousness. That is why in my previous

book I called transcendental thinking also transcendental action.

In order to get transcendental judgment, you have to be ready to leave any judgments that are beyond human knowledge to the transcendental personality. This is the purpose of the "self-enlightenment training of abandoning judgment", to leave all judgments that are beyond the capacity of human beings, that is, your own judgment, to the Transcendental personality.

I won't go into historical or political issues at this time, but it is absolutely essential that you master this "self-enlightenment training of abandoning judgment" in order to engage with social, ethnic and cultural issues.

Moreover, in order to prevent the self-styled self-examination by stirring up unnecessary thoughts, and turning the training into psychoanalysis, the "self-enlightenment training of abandoning

judgment" is necessary. Psychoanalysis is not self-enlightenment training, and abandoning judgment means renunciation of psychoanalysis. If you try to decide between right and wrong or try to find the cause of the separation vectors, you will become psychoanalytic, so you must be very careful.

By the way, if I try to write about the "self-enlightenment training of abandoning judgment", the strict aspect of "Transcendental personality" comes out strongly, so my following words will be quite harsh. Are you ready? Please read the words below with your heart.

If your judgments, evaluations and criticisms, that you are always confident of are always correct, or if you live on the assumption that what you think and feel is correct, then either you have already become a "Transcendental personality" in the flesh, or you are at the height of arrogance.

And if you are already "Transcendental personality",

then you don't need any more self-enlightenment training. If your judgment is right, you don't need a mentor, you don't need to read this book. But you are definitely not an Integrated personality or a "Transcendental personality".

Please keep that in mind. In fact, when your judgment is inconsistent with the judgment of your boss or leader, or when it is different from my judgment, it is a great opportunity for you to go beyond your own limits.

That is the time when your limits are exposed and when you are informed of your limits. Therefore, the "Transcendental personality" is waiting for "the moment".

All fate and environment are given to you through the "hands" of the "Transcendental personality". If you recall that, even if the person isn't your mentor, even if it's a nasty criticism or an act of someone who isn't happy with you on a daily basis. Even

when your actions are judged by that type of person, there is the "Transcendental personality" behind it, which is your perfect chance to try the "self-enlightenment training of abandoning judgment."

The "self-enlightenment training of abandoning judgment" is the training of renouncing all that you have been and is absolutely necessary if you are to be fundamentally reborn and live a true life. Through this practice, you are reborn by abandoning yourself. The "self-enlightenment training of abandoning judgment" is the "training" of purifying the separating vector of arrogance that has been eating away at you so persistently with the "light of self-enlightenment!".

The "Transcendental personality" leads you to become a humble person by letting you practice the "self-enlightenment training of abandoning judgment".

165. Be humble, not arrogant, you are not in a position to criticize others.

Look carefully at the attitude of your heart.

For example, when you read this book, do you not read it from a position of arrogance, thinking that you know what you are doing? That is an attitude of arrogance, an attitude that has lost sight of its own position, an attitude that has not been able to establish its own position towards the truth.

You may be moved to tears when you are convinced of something, but when you come across something you don't know or understand, your high-minded judgments and criticisms come out loud and annoyingly, and you begin to offer opinions saying, "That is this, this is that", "I felt this way", "I felt that way".

If there is something in this book that you do not understand, it is OK not to understand it. It is only because you do not yet understand the depth of truth.

There will come a time when you understand it.

If you think you find imperfections in this book, it is because of your own imperfections that you see them as imperfections, and that is purely 100% your own problem.

You are not in a position to criticize this book by finding mistakes in it. You are in a position to be criticized at this time. It is your humble acknowledgment of this that establishes your position towards the truth. Never forget that.

Have you noticed your arrogance towards the truth? Isn't your arrogance so comfortable in your fictional fortress and are you not afraid to lose it?

Isn't your determination to achieve a "Human Redo" wavering now? Now is the time to pull yourself together again.

166. A bitter compromise: the "self-enlightenment training of conditional

abandoning judgment".

Originally, the "self-enlightenment training of abandoning judgment" must be continued, as I did in my spiritual practice, until you have renounced all judgments and your surface and subconscious have been purified to some extent by the "Transcendental personality".

Then, once you are connected to the transcendental consciousness and have reached transcendental thinking, your judgment will come back to shine again.

But the reality is that you have a daily life to live, and if you are in an organization, you can't afford to avoid judgment.

So, as a compromise plan, you can make a clear distinction between what you should judge and what you should not judge. To do this, you must first identify the areas in which you can make decisions and those in which you cannot.

Then, during the practice of "training", you can make judgments only on those things that you must make judgments on, and for the rest, you can sit still for a while and wait until unification with the transcendental consciousness is restored.

The areas of your daily life where you have to make a decision are those where it would be irresponsible if you don't make a decision at that exact time.

The areas in which you can make a decision are those in which you have sufficient information to make a decision about the matter.

And, furthermore, it is an area within your understanding of the truth.

Conversely, the areas you shouldn't judge are those where you cannot make any judgment. Where you do not have sufficient information to make a judgment about it, and those where beyond your understanding.

The world is full of arrogant judgments, such as

those that evaluate and criticize things that are beyond one's comprehension, and those that are based on the criteria of liking and disliking, with a justification.

You should know how it pollutes the subconscious and dis-harmonizes the human relationships and the social environment around you.

Thus, while this is certainly incomplete as a "self-enlightenment training of abandoning judgment", it is sufficient effect to make a distinction of whether to judge, or to suspend judgment for a time.

Let's call this the "self-enlightenment training of conditional abandoning judgment".

Some very simplistic examples what you should not to judge are: -

Children are not allowed to interfere in the world of adults.

You should not say anything about other people's private lives.

You should not interfere in other cultures.

You should not easily criticize the decisions of your boss or supervisor.

You should not criticize categorically or give an equal opinion to someone who has a better understanding of the truth than you do.

All these are deviations from the position, which generate a separation vector of arrogance towards the truth, and which pollute the subconscious to such an extent that it has an intensely distractive effect within the order.

Section 8

Another compromise plan: The "self-enlightenment training of unreasonable reason".

167. Many people cannot renounce their judgment.

Those who want to be sure that their judgments are always correct are those who cherish the "pseudo-truth" that is convenient to them, and because of their arrogance towards the truth, they are ultimately unable to achieve self-enlightenment training.

And those who are not confident in their own judgments are humbler about the truth and can achieve self-enlightenment training.

In my experience of teaching many people, it seems to me that this "self-enlightenment training of

abandoning judgment" is the most difficult of all the self-enlightenment training.

The reason for this is that many people, until they came across this book, had been clinging to an unfounded confidence created by an arrogance that made them think they were always right, and had been living in a world of self-centered illusion that gave them a false sense of security. To think that you are always right is to say that you are God, and to lose that God now is very frightening.

Therefore, when a person is able to discard that self-centered false god, it is when he has come into contact with the universal truth, has come to know the loving guidance of the "Transcendental personality", and has grown up to the point where he is even somewhat able to entrust his destiny to that "Transcendental personality".

In other words, when we truly understand the loving guidance of the "Transcendental personality", only

then can we have the courage to give up our arrogance and illusory confidence and leave the "fortress of fiction" by ourselves.

168. Seeing the seemingly unreasonable words of a leader as purely a problem on your part.

If the words of the head of the organization or the leader seem unreasonable to you, it is simply because your criteria are wrong. Of course, there are times when this is not the case, but in order to achieve self-enlightenment training, it is necessary to accept the situation once and for all as being a problem on your part.

This is *self*-enlightenment training, not *other*-enlightenment training, and so you have to assume that the problem to be improved is always purely on your side, not on the side of the leader.

You have to constantly remind yourself of that. That

thoroughness is what makes self-enlightenment training successful.

So, when something happens and you can see that the problem lies on your side, you have done the self-enlightenment training.

Therefore, no matter how "unreasonable" the words or actions of the head or leader of the organization may seem to you, take them as your own problem, never deny them, and humbly admit that your own understanding of the truth is still limited. Then you must renounce your own judgment.

I often see people who look at the words of their heads or superiors, or their leaders, with a twisted and nasty eye, and in their narrow-mindedness, they are always looking for ways to take them down, and if they find even a flawed word or action of their leader, they rejoice as if they had taken off the head of the devil.

This is just out of the question. Such people refuse to

be guided from the beginning, it is an extreme deviation from their position, and they are choosing to isolate themselves in the universe.

169. "Unreasonable Reason", a phrase to be treasured by those being led.

The "self-enlightenment training of abandoning judgment" is difficult to explain, so let us try to make it more concrete, easier to implement and more formal. That is the self-enlightenment training of "unreasonable reason".

"Unreasonable reason" means that what may seem unreasonable to you as a non-integrated person now, actually has the reason of the universe, the reason of truth, and the reason of the "Transcendental personality" hidden behind it.

If you are seeking to become an Integrated personality, you must be convinced that the words and actions of the head of your organization, your

boss, your leader, however "unreasonable" they may seem to you, they have a true "reason" hidden behind them.

Of course, it is desirable if he is an Integrated personality, but even if he is not, it can be understood as the same. The truth is that it is the "Transcendental personality" which guides you and the "Transcendental personality" which guides him, then they are creating the destiny.

This seemingly unreasonable situation is bound to arise if you live and work in an organization and if you are under guidance. If you are quick to dismiss the words of guidance, you have not yet established your position, and you are not yet qualified to live in or receive guidance from that organization.

No matter how inconvenient it is to be told or ordered to do something, you must at once accept it head on and not tamper with it at your own discretion. In other words, without such a

relationship of trust, there can be no vertical relationship in the organization and no guidance in life.

170. The reality of your trust in your leaders is made known to you in the "unreasonable reason".

For example, if your boss asks you to do something seemingly physically impossible, such as "get this job done today", you should not immediately reject it, using common sense and your own judgment, or immediately say "I can't".

You should accept it head on and take action. If it's really impossible, then do it and then show your boss that it's impossible with the results. Or, if your boss does something in front of you that you think is a mistake, don't let it get to your head. Of course, if there is something criminal about it, you should deal with it using common sense.

This example of self-enlightenment training is an exercise to make you aware of your habitual narrow-mindedness to reject or contradict things, and to see things with openness, goodwill and many possibilities. At the same time, it is an exercise to prepare you for the most important and dangerous fork in the road that you will face in your life, when you have to accept the words of your superiors and leaders without hesitation. It's like a fire drill, for example. In an emergency situation, the words of your boss or mentor may seem to you to be completely contradictory. But there is no room for hesitation. The "Transcendental personality" who is guiding you will often give you unreasonable challenges on a daily basis and see how you react to them, in order to create your destiny.

In addition to this fire drill training element, there are other cases of "unreasonable reason", where, due to the simple lack of understanding of the truth

mentioned above, the words and actions of the leader are not properly understood, or the mind is so distorted that it can only interpret them in a bad way, and they all seem unreasonable. In the beginning, this kind of "unreasonable reason" will be much more common.

In any case, you must take the words of your superiors and leaders as the words of a "Transcendental personality" and accept their words and actions head on, convinced of their significance. You may think that you trust your superiors and leaders deeply, but it is only when you encounter an "unreasonable" situation that you are made aware of the fact that your trust in your superiors and leaders is shallow.

And if you take the attitude of "I will only accept the things that my boss or mentor says that make sense", you will soon face "unreasonableness" and your development will stop there. Abandoning judgment

only where it suits you is not the same as abandoning judgment.

There are also cunning people who try to make what is not unreasonable by anyone's standards into "unreasonable reason".

If you take "unreasonableness" as your own problem and practice the "self-enlightenment training of abandoning judgment", you can deepen your trust. Conversely, if you fail to do so, your trust will be undermined.

Another important meaning of the "self-enlightenment training of "unreasonable reason" or "self-enlightenment training of abandoning judgment" is that when you are able to do it, your subconscious will be free of obstacles, and you will be able to receive direct guidance from the transcendental consciousness. In other words, the ability to teach you without the surface consciousness means that I can guide you directly

through the transcendental consciousness from a distance.

This is the easiest way for you to be guided.

171. “Unreasonableness” is the factor that brings you out of your shell.

What seems to you to be "unreasonable" and which you do not understand is, without exception, a matter of the utmost importance and necessary for you to break out of your shell in the near future. Keep it in your mind as an "unsolved question" through abandoning judgment.

Words and actions that seem "unreasonable" can have such a profound cosmic truth behind them. The more you understand this, the more you trust and bond with your bosses and mentors.

"Unreasonableness" is not limited to the words of your superiors; it can also be a criticism or an order from the people around you in your everyday life.

However, it is the practice of the "self-enlightenment training of abandoning judgment" based on the "unreasonable reason" that allows you to feel it as a test from the "Transcendental personality" and to accept it in its entirety.

Sometimes it is a question of your willingness to accept it. The truth is that everything is the loving guidance of the "Transcendental personality", and that even "unreasonable" words from people who you don't like are words of guidance from the "Transcendental personality".

And it is not only the words that seem "unreasonable", but also the fate that appears "unreasonable" before you that you must accept as "reasonable".

Especially in these modern days, with the prevalence of social separation vectors, when people all too often lose their humility towards the truth, and wield their own judgments too absolutely, a renunciation

of judgment is desperately needed.

Chapter 5

Time for Return.

Section 1

To deepen your self-enlightenment training.

172. Self-enlightenment training shifts from thought to mind attitude.

As your self-enlightenment training progresses, you will be able to practice it for your "mind attitude" rather than on emotions, thoughts, or events.

At that point, self-enlightenment training becomes greatly simplified and becomes easier.

Here, the attitude of the mind is the origin of the emotions and thoughts, and the origin of your way of thinking in the inner order, which is also your spiritual stance.

So, let's refer to this self-enlightenment training as "self-enlightenment training of mind attitude" or "self-enlightenment training to establish one's spiritual stance".

Your "mind attitude", no matter how good or bad from the view of the spiritual stance, is already doing serious acts unawares. Therefore, "self-enlightenment training of mind attitude" does not mean what you have done, what you said, what you thought at any given time, or the dimension of such behavior or thought, but rather captures the problem in the next dimension.

In other words, there is an extremely significant fact that, the very existence of you who is living with that "mind attitude", has been influencing your surroundings as you wish, for better or worse, just because you are there.

And it is a serious act that has been quietly performed to the people who support you, the order created by you and your surroundings, and the universe that created you.

It would be great if it were all the transcendental thinking, but in general, the ratio of subconscious thinking is high. And just by being silently there, you bind, hurt, judge, and harm people.

Try to practice the "self-enlightenment training of establishing own stance" while gazing at yourself obediently and discover your mind attitude that deviates from your own position as a separation vector.

You can surely do it.

For example, if the following disharmonious mind attitude can be discovered before it is expressed as dirty thoughts or words, you can greatly delight from the standpoint of the "true-self", and irradiate the "light of self-enlightenment!", then you can ask the "Transcendental personality" to erase it.

○ If I try to give position A to the person because I thought it would benefit the person, then the person says that position B is better, and if I then, try to offer him position B, and the person then says that position A is better. The attitude of this person's mind is always for the sake of immediate convenience, always trying to do things as easily as possible, escaping as much responsibility as possible. This kind of person does not have the pure attitude

to try to stay in a given position and do one thing to the end.

On the other hand, when you select A, the person critically says that “you should have selected B”, and if you select B, the person critically says that “you should have selected A”. Such people are very strong at self-assertion and always complaining to others. This kind of person is one with a mind attitude that is not grateful for a given position and only sees others critically without love. These people will be an obstacle just by simply staying there, and the life activities will be stagnated.

○ A person who has a narrow sense of justice with their own style applies a distorted “yardstick” to the people around them, and always looks around with loveless critical eyes. A person with such a mind attitude that by only staying there quietly, and the

arrows of criticism have already pierced the chests of the people around the person, and the people around him feel cramped and hurt.

In addition, those who are trying to keep their assertions from the beginning, who have a strong mindset trying to protect their position, already refuse the other person's opinion, and force their opinions. They intimidate their surroundings, make their surroundings uncomfortable, and disrupt the order.

- Selfish people who think of everything only from their own interests will immediately show an unpleasant expression if they do not like something, and always force their own selfishness around them, and hate those who do not accept their own selfishness. That person always hurts their surroundings and has no reflection, if the person is advised by someone, the person will masquerade as

a victim, cry or scream, and rampage, trying to force his selfishness endlessly.

From the view of this selfish person, he thinks he is enjoying his life, because everything moves as he wants. Figuratively speaking, such a person is a cancer cell within humanity.

A person who habitually has such an arrogant mind attitude is, just by doing nothing, just being alive, he is hurting others, scattering the separation vector around, continuing to make great sins and staining the place. And the people around him must be in contact with him with great caution, and the people around him are always forced to bear unbearable submission.

If you have such a person around you, you have to change that person at any cost. Especially if that person is your loved one.

At that time, you should give priority to "progress" even at the expense of "harmony" and destroy the person's strong selfish fort straightaway. When you have the opportunity to do this, you should prepare to accept any result like finishing the relationship between you and that person at once and take action to make it happen.

As in this example, if you have no establishment of a position towards the truth, you are always forcing great sacrifice around you, even if you are doing something right, even though there is nothing particularly malicious it becomes so. On the other hand, if you have established your position, you just act normally with sincerity, you will harmonize with your surrounding and it will become a life of "Jinen".

Establishing a position here means a mind attitude towards the truth, never a social status or class. And

it's not a matter of comparison with others, it's your own positioning on the cosmic order.

However, in reality, and with or without awareness, you are already living in an order created by a multi-layered vertical structure of culture that projects some degree of the cosmic order. The position given to you in that culture is a partial projection of your position towards the truth. It is the process of reaching your true position, that is the position that you once wanted, given by the “Transcendental personality”.

Therefore, not only the culture or organization you belong.... whether it is a family, a company, or a nation... If you have no mind attitude to humble your position, if you try to forcibly keep it, if you try to deny it, or if you try to ignore other's position. It is a deviation of your position, and a great harmful effect is already occurring.

173. Prayer for the fulfillment of great self-enlightenment.

The "time of return" when you return to the transcendental consciousness and return to the "true-self" will come before long. It allows you to return to the "true-self" by brilliantly passing through the given key tasks by the self-enlightenment training.

It may be your "time of return" now since you've met this book.

Therefore, this important self-enlightenment training is specially called the "great self-enlightenment training" and is positioned as a very important passage point to complete the Integrated personality.

Assuming that the "great self-enlightenment training" in which you will be reborn will come at least once in your lifetime, be prepared for the great self-enlightenment training.

It starts with the simultaneous release of the separation vectors that were roosting you.

That's the biggest chance for you to be reborn all at once. It can be said that fulfillment of the great self-enlightenment at the "time of return" will determine whether or not you will be an Integrated personality. the "Transcendental personality" has chosen the most appropriate time of your life and prepared the most important "time of return". the "Transcendental personality" has prepared the least painful, most effective, and most appropriate time, considering your social position, life experience and your life after the return.

Keep the following prayers in order to succeed in your great self-enlightenment training.

[Prayer for fulfillment the great self-enlightenment training].

I really want to be reborn. When the "time of return" arrives, I will surely fulfill the great self-enlightenment training.

Please give me an honest heart and strong courage to overcome myself at that time.

174. Be humble now, because you cannot see yourself completely at this time.

The one thing I feel when I guide many people is that I often see those who reject self-enlightenment training by their own self-centered interpretation, and others who hurt themselves or deny themselves because they cannot get out from under the confrontation between good and evil.

You need to be strongly aware that "If I don't leave the strong fictional fort that I have built up throughout my life, I will never be happy or saved". And you must be prepared to destroy the fort, which is easiest to break from inside, but still a bit painful. But compared to the pain of it being destroyed from the outside, it is not so painful. If you refuse to break

from inside, it will eventually be destroyed from the outside through fate. That is the greatest suffering.

Self-enlightenment training means breaking the fort from inside with the least pain. However, when you face this mental fortress, you want to protect it no matter what, and by making excuses, by trying to escape from someone's pursuit, you yield to the temptation of the separation vectors. Eventually, you will take the separation vectors' side, run away to the easy illusion world, and try to shut yourself inside the fortress.

I've seen a lot of such realities. Therefore, we are now preparing to train and organize leaders for self-enlightenment training. However, since I have fulfilled it alone, one should be able to do it alone in principle without a leader, as long as I have a strong desire and an honest mind. So never consider yourself special or an exception, do not lose the humble attitude that "I still cannot see my reality

now", and you need the introspection of obedient feelings that want to know correctly the separation vectors roosting in yourself.

175. Separation vectors that exists in others surely exist within yourself.

In human reality, if you can see another person's separation vector clearly, the same separation vector belongs to you but is completely invisible. Therefore, in order to fulfill the self-enlightenment training, you must live on the premise that "all those others have I also have".

So, if you notice another person's separation vector, you should decide that you always have the same separation vector, and you need a serious attitude to try to figure out how the separation vector changes its shape and roosts within yourself. And if you are afraid of committing a sin without knowing,

observing the people around you and surely you will realize that you have the same sins.

On this occasion, be sure to thank them and let them be your teacher via negative example. And don't forget to thank those who helped you to discover the roosting separation vector within you.

There are plenty of dangerous pitfalls on the way to "Human Redo", one of which is trying to change your opponent without changing yourself. Some people do not notice their own separation vectors, on the other hand, try to find out the separation vector within others and point them out as a problem. They are not in a position to listen humbly, only in a position to teach, and try to help other's self-enlightenment training with an arrogant mind that just wants to show off their knowledge.

What you are required to do here is "self-enlightenment training", not "self-enlightenment training for others".

And if you happen to be in a position to teach and be asked by others, it is not for the other person, but for yourself. Be humble and talk while confirming that you are being taught what you need now with your own words.

176. If you think "I'm doing this well", it is in fact your strong odor.

Almost everyone who is said to be friendly to the people around them has a problem with their own tenderness. A person who is said to be polite has a lie in their politeness. A strong-willed person has a weakness behind their strength. People who have grown up in a favorable environment have ignorance and immaturity.

Many people fall into the trap of thinking that they are "not bad" in what they consider to be their strong points, and therefore completely missing their self-enlightenment training of these points.

Which of your character traits do you think is better than others? How are you praised by those around you? Let's take a closer look at the point that makes you think you are good and reassured.

Without self-enlightenment training, what is said to be your good points backfires and creates your own peculiar odor, which inevitably creates your unique know-how in life and creates your dirty atmosphere. Discover that separation vector, the source of the "stink" that pollutes the way you are. Your strict eyes that can discover other's separation vector should be applied for your self-enlightenment training, so that you never miss your own hypocrisy. The things that other people praise about you are certainly your good qualities, but they are still imperfect good

qualities, and you should think of them as your future good qualities.

If you are aware of your own goodness yourself, it will become artificial or hypocritical, and that goodness will turn inside out and emit a bad smell. There will be a gap between the reality of immaturity, and a separation vector will occur within that gap, a gap as wide as you mistakenly think yourself good.

Discover your blind spots to make your strengths the real thing.

177. The difficulty of self-enlightenment training is that you suddenly do not understand when it comes to yourself.

In human reality, it is possible to point out the separation vector of the other party and give advice in various ways, but when it comes to ourselves, it is difficult to be really aware of our own, and even when they are pointed out to us, we have no idea

how to deal with it. And when we face our miserable selves, we tend to betray those who have taken care of us and deny everything and run away.

When it comes to us, how do we suddenly become so blind?

That is because the separation vectors are creatures in the subconscious and parasitic on your astral body as their own living place and do not want to leave it. Therefore, they will go to great lengths to justify themselves and not admit that they are separation vectors, seducing you to the end and trying to get away with it by pretending to be you.

Interestingly, it is surprisingly easy to find if you just think "absolutely I will discover my own separation vector."

And if you do not want to know the separation vector, and you want to get along with the separation vector, then you can't fulfill your self-enlightenment training.

When you face up to the separation vectors, but you have no idea what to do, you should return to [156].

Then, switch places, remember what you used to say to the person in the same position as you are now, and deal with the separation vector that you are facing now, keeping in mind the words of your former self.

Take your time, because this is a gate that we all have to go through.

Even if you face the separation vectors and once flinch towards the temptation of self-justification, if you have done your self-enlightenment training, and you will eventually develop an apologetic feeling to your surroundings and gratitude to your transcendental personality, the stench of the separation vector will disappear from your atmosphere, and the beautiful integrated vector will emit a fragrance.

178. Modern Japanese social environment is extremely bad for self-enlightenment training.

Self-enlightenment training becomes so easy and even fun if you can clearly see yourself. So, I would like you to never give up on yourself and keep on steady introspection. At first, you may feel tired because you have hundreds or more of separation vectors in yourself, but you will gradually notice that they come out with one's "mind attitude". If you know its roots, self-enlightenment training can focus on one or two separation vectors.

The principle of "self-enlightenment training for establishing one's position" is to practice it in everyday life. In the thinking environment of everyday life that nurtured by your ethnic culture, you put yourself in various human relationships, try not to escape from the position you are given, and

live there. It can be said that it is the most appropriate environment for “self-enlightenment training”.

On the other hand, Japan's postwar thinking environment is in an extremely deviant situation controlled only by the "logic of the individual" that intentionally ignores the "whole". It is an environment that is very convenient for separation vectors, and hence modern Japan is an era where separation vectors are dominating and flourishing.

This is an era that puts the cart before the horse, where democracy, freedom, equality, justice, peace, and even love is all asserted solely for separation vectors. Separation vectors take for granted their favor and dislike the harsh eyes of the integrated vectors led by the love of the “Transcendental personality” who tries to purify them, and refuse to accept integrated vectors. And the excessive

tolerance of separation vectors has flooded society in the name of love and kindness.

In this era, even religions have lost sight of the universality of truth and fallen into self-righteousness, and the contradictions have become a social problem, and thus an obstacle to the permanent peace of mankind.

And religions, societies, organizations, and people lose sight of the "whole", turn toward the "logic of the individual", lose their position in the "whole", resonate with the separation vectors, and consequently prosper the separation vectors. In addition, with the media controlling public opinion, we have also abandoned ideas from the integrated being as obsolete, treating the assertion of the separation vector as much like justice under the name of democracy.

Such "logic of the individual" ignoring "the whole" is the grounds for argument for the separation

vectors. The power of this kind of separation vector, which society is nurturing as justice without being aware of it, always ignores transcendental consciousness and seeks to augment the separation vector for domination by the subconscious. Therefore, practice your self-enlightenment training with great care so as not to be fooled by the common sense of Western rationalism that underlies the "logic of the individual".

However, fortunately, modern Japan still has an ethnic culture in which the truth is projected, albeit imperfectly, and normal human relationships are still preserved. There, it is a beautiful thing for the "individual" to work hard for the "whole", while the "whole", with its high principles, develops the order without destroying it, and does all it can for the happiness of the "individual". And that is exactly what fulfills the truth.

You discover and accept the order that harmonizes the "individual" and "whole" raised by the ethnic culture, learn it by obeying it, master it by self-enlightenment training, and embody the truth there.

And in order to embody the truth, you can reflect your personality and age to make some changes, and you can even destroy the order if necessary. However, destroying the order without mastering it quickly disrupts the order of "whole", confuses human relationships, and is extremely dangerous. By practicing thorough prayer and self-enlightenment training, and by embodying the truth in your culture, your individuality will shine through, your True-self mission will be fulfilled, and you and your culture will grow and develop together.

179. The "Transcendental personality" restores universality in everyday life.

The acts of the "transcendental personality", which restores the universality of truth in modern times, exist and are very important tasks in our daily life and as a scene where true honesty is questioned.

One example is a person who runs off or is fired from an organization because of his insincerity, then speaks ill of those who have taken care of him, or the organization for self-justification or victim awareness without concerning himself with his own insincerity. Even if the person does not actually speak ill of others, it's the same if they live with such an attitude.

Such disloyalty to the people and organizations that have given you your position in the past is a self-denial that gets you to trip yourself up, and deny your present self, which is based on the accumulation of the past. This type of person is

always "destroying own destiny", so, they will never be happy.

In addition, leaving the organization, the person is no longer receiving the organizational restrictions, his dishonesty has not been absorbed in the organization, and now it continues to make the sin of dishonesty that is contrary to the truth as cosmic order destruction.

The "transcendental personality" particularly dislikes this kind of deviation of position, and such human beings are severely accused by the "transcendental personality". So, the "transcendental personality" strengthens the function of the law of the universe and affects such unfaithful people to return to their former affiliation to reflect on their own behavior. "Transcendental personality" creates a fate of strong reflection and self-enlightenment training, for these unfaithful people, until they clearly understand their

own self-centered thoughts like "If I leave the organization, I'll be in another world" will never be applied, until clearly see their own unfaithful figure.

By the way, of course everyone has committed such kind of unfaithful sin in the past more or less. So, look back on the past and establish your own past by returning to [156] and apologizing sincerely.

Apology to the “Transcendental personality” who is the creator of life form, parents and grandparents who have borne and raised you, an apology for the betrayal to the organizations and people who previously gave you a position. And if actual action is needed, then you do it.

However, actually, what the “Transcendental personality” hates more than this kind of dishonesty is that some other organization is willing to accept that dishonest human's excuse or victim consciousness. This is the most disliked action for

the “Transcendental personality”, it is a very serious organizational criminal offense that goes against the universality of truth.

Religious groups are rampant with this kind of problem, with believers converting to other religions without concern their unfaithfulness, and religious groups happily accepting their unfaithfulness. And not only in religious groups, but also in other organizations. Many unfaithful people negate the person or organization who had given them a position, and they are wandering from one organization to another only in search of their own convenience, on the other hand, another organization is willing to accept it. Unfortunately, this composition is circulatory.

A person belonging to an organization must not deny any other organization definitely. You should avoid sharing other organizations inside information easily. Even more so, affirming and accepting an insincere

person and their statements, that have come out from another organization is in itself a serious dishonest act against the previous organization and becomes a challenge to the truth.

Such false compassion is a serious crime that is the equivalent to nipping a self-enlightenment training opportunity that the "transcendental personality" has given to this person, it encourages dishonesty, and greatly disrupts the order of the universe.

In this case, the act of the organization that accepted the person is worse of a crime than the unfaithfulness of that person. It is denying the organization that produced and given one mission by the "transcendental personality". They will be severely judged as sins that deny universality. This is even more so in the case of dishonesty against organizations that value universal truth.

Naturally, universal truth is different from self-righteous "pseudo-truth", and it affirms all of its existence, and it should be known well that the universe no longer exists outside of the universal truth.

In other words, there is no longer a place in the universe to escape from the "transcendental personality".

However, on the contrary, if you never accept such a dishonest person as they are, and if you need to accept the person, check his dishonesty and show him how unfaithful he is and let him reflect on his behavior. And if you pursue universality including in other organizations, religions and cultures, while valuing the position of other organization, beyond religion, beyond culture and beyond the interests of your own organization, the principle of action is based on the premise that truth is only one, and as a result, the principle of the "transcendental

personality", the absoluteness and the universality of truth are fulfilled.

In other words, if you belong to an existing organization and keep sincerity for other organization from that position, it means maintaining the universality of truth.

Thus, if you try to keep sincerity thoroughly to other organizations, other religions, other cultures and other ethnics, which means you embody the principle of the "transcendental personality", and you are particularly blessed, and will be given an extraordinary power by the "transcendental personality".

To do so, you must have established your position in the affiliation beforehand. If you act for another organization without establishing a position, it will look like love but be against love, it looks like universality, but actually contrary to universality, and it will disturb order. Establish your position first,

and then pursue the universality of truth in other things.

If you try to embody the principle of the "transcendental personality" while doing these things at the same time, even if it does not perfect realistically, you will always be blessed by the "transcendental personality" and will be given a strong fateful power.

Section 2

**Self-enlightenment training holds the key
to happiness.**

**180. As long as we are human beings,
everybody lives with a "lie"**

Understand this clearly; the "lies" of "vanity" and "arrogance" that I have shown so far, are not the only ones you have. As long as we are humans, we are all live with them.

And in fact, as long as you are a human, you are living with various "lies" that are related to "vanity" and "arrogance" and also nested within them nicely. So, the only difference is whether you notice it or not. And the decisive crossroad of whether you will be saved or not, will not be whether you have lies or not, but only if you acknowledge them or not.

If you notice them and admit to them, and deal with the self-enlightenment training, and it will be erased by the "transcendental personality".

And as the self-enlightenment training becomes a habit, the self-enlightenment training thought circuit will be installed in your mind perfectly. Then the "lies" will not grow in you anymore.

And if your self-enlightenment training deepens further, even if the surface consciousness does not discover the lies one by one, your subconscious will immediately discover them as soon as the "lies" occur, and it will irradiate the "light of self-enlightenment!".

Nevertheless, what seems like a separation vector in your thoughts is actually that you are purifying the separation vector of mankind under a transcendental personality. So, you just mechanically irradiate the "light of self-enlightenment!" to the separation

vector. And there is no need to be captive of your mind at that point in time.

181. It is the greatest shame that you cannot discover the "lies" in yourself.

Self-enlightenment training requires the courage to expose your naked heart, the honest mind to see your own mind attitude, and the strength to overcome your vanity.

The worst problem here is those who do not have this honesty and courage.

There are too many people who forcibly ignore the facts of these "lies", which are always present in every human being, and which definitely exist in oneself. And also, those who really do not even notice them.

I'm often surprised that some people can say in a dignified manner, "I have no such vanity, arrogance or self-centered feeling."

It means that the person is ignorant enough to not notice the "lie" within themselves, which means that they are extremely stupid. And as much as they do not notice it, the "lie" is growing and bulging, then becomes a large separation vector in the person. It is dominating the person and upsetting fate and polluting their surroundings.

First of all, such a person must know from the bottom of the heart that "I am so stupid and ignorant that I cannot even discover a lie in myself."

So, to put it the other way around, discovering such a "lie" roosting in yourself and being honest to admit it, is never a shame, and it is especially blessed by the "Transcendental personality", and it should be really a delightful thing.

The term "smart person" or "intelligent person" should be given only to those who can discover a lie in oneself correctly. And anyone who cannot

discover this kind of "lie" which everyone has, should feel the most ashamed.

See through these kinds of lies, which surely everybody has, that is, "vanity", "arrogance", and "self-centeredness" that are roosting within you, and feel the greatest joy to discover the "lies", and when you find them, rejoice greatly, and let's thank the "Transcendental personality" from bottom of your heart.

By the way, what is the path for anyone who refuses to have self-enlightenment training and tries to run from self-enlightenment training?

First of all, that person must be aware of himself as a self-righteous person and establish their position as a person who cannot practice the self-enlightenment training.

In other words, "establish one's position towards the truth" means, when you cannot do it, honestly admit that you can't do it, and seek the appropriate mind

attitude. That is, the "self-enlightenment training of establish one's position".

It leads to attitude of the repose of souls and humility, which is in harmony with the universe by the establishment of a position, harmonized with the surroundings even it is imperfect. Establishing one's position means this.

But in many cases a person will refuse to even establish his or her position, so, in fact their self-righteousness and arrogance are out of control.

Many religious enthusiasts play with knowledge only, wield "pseudo-truths", avoid self-enlightenment training, and fall into a world of self-righteousness and illusion. They are under the illusion that they have gained the truth by gaining knowledge, and they criticize their surroundings with the "pseudo-truths", and they think they are always doing good on their own way.

No matter how much knowledge you get, you have to know from heart that the subconscious will not be purified at all. Knowledge can only be activated if it is used in daily "self-enlightenment training".

182. Learning is multiple times more difficult than teaching.

The quest for truth is multiple times more difficult to teach than to be taught. It must be good for you to guide others, but you should not become arrogant by trying to teach and do not fall short of the illusion that you are doing well by teaching. So, you should teach while practicing your self-enlightenment training.

And you are teaching yourself through the words you teach, in the form of teaching to others. The words of the wonderful truth that you say to the person at that time will eventually come back to you as necessary guiding words.

If you advise or teach someone with an attitude like "I don't have a lie like yours", that is already a serious "lie" in itself. It should be the biggest issue for you who do not notice it.

For those who read this book with the arrogance of thinking that they are special, and the self-centeredness of trying to see the world around themselves without self-enlightenment training, many words of truth written in this book will be turned around and will be used to reinforce fictitious forts only used to evaluate and judge people.

This is the thing that I am most afraid of.

And I wish you are not doing this.

In order for you to fulfill the Great self-enlightenment training, it is necessary to carefully observe where you usually escape from yourself and close all escape routes in advance.

183. The desire for self-affirmation let you come back to the "True-self" of transcendental consciousness, but

The difficulty of self-enlightenment training is that it is difficult to stand at the position of the "true-self", but easy to stand in the position of the separation vector and want to affirm the separation vector. However, why do human beings fear denying their own separation vectors, and want to justify themselves somehow and thereby self-affirm?

As a human being, if one commits theft or hurts someone, from a child to an old man, without exception, everyone tries to find a way to justify themselves even making some excuses.

The reason is that "the essence of the human being is the" true-self "of transcendental consciousness, and the" true-self" is a being that is completely affirmed in the universe". Furthermore, human beings descend from transcendental consciousness to the

surface consciousness, to fulfill their true-self mission, and need to return to the "true-self" of transcendental consciousness, which made them to acquire an extremely strong homing instinct. In other words, human beings are given an extremely strong desire for self-affirmation, as a homing instinct to return to the "true-self" of the transcendental consciousness. Because of that, humans do not lose their desire for self-affirmation in any case, whether being lost or suffering, and continue to live in search of a position in which they can fully affirm themselves. Then finally, they will discover the way back to the fully affirmed "true-self".

Therefore, if humans do not have desire for self-affirmation, they can never return to the "true-self". Homing instinct of self-affirmation is so strong and absolutely necessary. It is not a theory, it's not a self-justification, it's a path that separates the separation

vector by taking the position of the "true-self" and leads you to the full affirmation of self. That is the way to the Integrated personality that I describe in this book.

Now, a problem that always arises is when you try to affirm yourself by self-justification while being drawn into the separation vector. At first, it is difficult to take the position of the "true-self" in both self-enlightenment training and everyday life. And forcibly justifying yourself by arranging lies or becoming victim conscious while illusioned the separation vector is yourself. And that will cause a variety of problems when trying to have self-affirmation.

The important recognition here is that "there is no need for self-justification for self-affirmation".

You should believe firmly that there is a path for self-affirmation, even by deliberately

avoiding justifying yourself, or forcibly turning yourself into a good position, even if you are in an evil position.

To do so, you have to go through a self-enlightenment training tunnel to escape the illusion of protecting and affirming the separation vector. Therefore, in order to restore your original position of the "true-self", you discover the illusion of thought that trying to take the position of the separation vector, one by one from your thoughts and mind attitudes. And take it up once, then pull it apart and irradiate the "light of self-enlightenment!" and throw it away. In addition, the act of trying to practice self-enlightenment training is in itself a "descending path" and is practicing self-affirmation. Establish your own "true-self" position as soon as possible and realize true self-affirmation.

Self-enlightenment training deals mainly with the matter of the mind, but if the problem that is

occurring in front of you is a concrete event, as common sense, a matter of good and evil, you need to have enough "reflection". Without fully reflecting on the events for right or wrong and just irradiating the "light of self-enlightenment!" is a sneaky escape. It is necessary to have enough reflection on good and evil for the actual specific problem. And after that, or in parallel, deal with the mental problems related to the event by the self-enlightenment training.

Reflection on good and evil, must defeat the evil in sight by overcoming the temptation of self-justification.

184. "Light of self-enlightenment!" guides you to be a winner in life.

The "light of self-enlightenment!" was originally given as the function of a transcendental personality to purify the separation vector for self-enlightenment

training. But now, the "light of self-enlightenment!" means same as a prayer, the keyword to expands its function and emits the energy of a transcendental personality with the function of purification. That is, irradiating the "light of self-enlightenment!" means to switch on the work of the "Transcendental personality" with the function of purification. "Light of self-enlightenment!" irradiation helps not only your self-enlightenment training, but also other's self-enlightenment training, and even exerts its purifying power on the separation vector of humanity.

Furthermore, the "light of self-enlightenment!" can be used even when you have vague anxiety, dark premonition is sticking in your mind like a splinter, have a bad expectation or unfortunate imagination, when you have bad results in fortune-telling, when you are worrying about an ominous dream that cannot forget. You just irradiate the "light of self-

enlightenment!” as a separation vector and leave the rest of the processing to the “Transcendental personality”. So, let's separate the separation vector as soon as possible.

In other words, if you utter thoughts or words that would be trouble for you if actualized through the "Law of Thought-Determined Outcome", this "light of self-enlightenment!" is very effective. For example, when you remember something, you don't like, you immediately irradiate the "light of self-enlightenment!" and separate your mind from it, therefore you are always keeping your mind clear without it being cloudy. Eventually, without making any judgment and without distinguishing between the separation vector or the integrated vector, you just turn on the "light of self-enlightenment!". Because even if you think of it as a separation vector, sometimes it is actually an integrated vector.

The "light of self-enlightenment!" is a great light that removes anxiety, purifies the surroundings, and brings good luck to your life.

Section 3

An arrogant pitfall is awaiting you.

185. Humans without modesty are disqualified humans no matter what else they can do.

By reading this book, you may think that everything is understandable, but it is just surface understanding, and you should never forget that your subconscious is still the accumulation of past thoughts, and it is still stained.

Now you are in a state of losing balance with knowledge and your actual contents. You have to know that "the pitfalls of arrogance" are waiting for you now.

In other words, it is the time you abandon yourself and calm down your heart. Now is the time for required the most humility attitude. So, you need to

decide that it is a time of the requiem, thoroughly discard your judgment filled with arrogance, vanity, and self-righteousness, throw it away, throw it away, continue to throw it away. And for a few years, you will take the lower seat than the people around you, actively learn humility in the preparation for your "time of return". You are required to have nothing more than humility now.

You will not polish yourself to be an Integrated personality, but you will abandon yourself to be an Integrated personality.

A person without humility must know from the bottom of the heart that he is a disqualified person no matter what he does.

A person who is always conceited, deviates from his position, forcibly positions himself in the good position, and looks down on people with critical eyes, is an arrogant person who does not know himself and floating up from the surroundings. It can

be said that he is a low-class person who is showing his cheapness by himself. Now you should suppress yourself, purify your subconscious by self-enlightenment training until you abandon arrogance, and thoroughly learn to live as much as possible in search of humility.

186. Keep your humility by keeping yourself lower than your opponent.

The so-called know-how in life is full of intentional acts and deceptions and is often against the truth.

What you do habitually, which you believe that you are right from your poor life experience, things what you believe good, natural things what you do, things what you should do with confidence are not applied self-enlightenment training, so, the mind attitude is always higher than the opponent, and they all lead to arrogance.

And in fact, there is a peculiar "smell" for that person in what he does as natural.

If you try to get an immediate advantage, or if you try to take an advantageous position in a small event, certainly your mind attitude will be stronger, your mind and words will be intentional, and you will lose humility attitude. To avoid this, always keep your mind lower than your opponent, pray for the place is in the direction of progress and harmony, and do not impair the freedom of your opponent and surroundings. That is the humble attitude of the mind.

Also, if the person who pays, is looking down on the person who receives money, it is a serious misconception, which is just arrogant. Especially when you are in the position of command, you tend to look down on the person receiving the order, which is also serious arrogance. The people who command is never great, and the people who receive

order is not lower people. Command is necessary to determine the position to fulfill each true-self mission. That is why commands must always be done with a humble mind attitude.

So, if you need to command something, of course, confidently place your position higher than the opponent, on the other hand, the attitude of the mind should be placed lower than the opponent. And in this state, it makes sense even if you command dignifiedly and politely, and sometimes scold severely.

187. The pitfall of arrogance is the biggest obstacles for your salvation.

In the process of seeking the "way", seeking the truth, seeking happiness, and seeking salvation, the two biggest obstacles are the "fictional fort" and "the pitfalls of arrogance" that created by vanity.

And you are suffering, being swung around by this representative two separation vectors.

By the way, I have already described in detail the "fictional fort", so let me add a little explanation about the "arrogant pitfall" to learn humility.

No matter how humble, compassionate, or displaying yourself with the words of truth, if your mind attitude is assertive and self-righteous, you will criticize people and things from higher place. Even if this is the case, this is a sin of arrogance against the truth, and it is very dangerous.

Also, those who the eyes of seeing people are mean, trying to pick out only the faults of the other person, and always trying to teach others instead of learning themselves.... Those who do not establish the position for the truth, it can be said that they have fallen into a pitfall of arrogance.

As a human being, getting a higher position is generally referred to as success, and certainly it is a very fortunate position obtained through the efforts of the person himself. And a person who grows up in a blessed environment with the material and moral aspect they have is also certainly a lucky person. However, no matter how blessed it is, if he is under the illusion that he is a special person different from ordinary people. And again, if they force people treating them as special in the blessed environment, and forgetting to thank, and even finding dissatisfaction with the blessed special circumstances because it is different from others, as a result, it will become an arrogant position.

188. Don't speak negative words even if it's a joke.

If you fall into this "arrogant pitfall", of course you fall into the opposite direction to the Integrated personality.

In everyday life, these "arrogant pitfalls" are scattered all over the place, waiting for you to fall in and become a prey of the separation vector.

By the way, you may need to be most careful at the beginning of your training to be an Integrated personality, especially during the period of requiems that require humility. That is, "you should be afraid of the power of words".

Your words resonate with your thoughts and have great power to create your destiny.

Your careless words, dirty words, bad words that are intended to be a joke, words that easily deny order, especially those negative evaluation or criticism of things with your unfriendly words that are know-

how in life and habitual. It resonates strongly with the separation vector of the subconscious, exerts its mighty power, and manifests itself, creating you and other's destiny.

Be cautious enough, knowing that thoughts and words have the power to create fate.

As a result, it hurts others, and if you say, "I didn't mean that ...", it is no excuse.

There you should know that your joke was never a joke.

So, remember that in the early days when your subconscious is unclean, you should never utter arrogant or negative words, even as a joke.

In this way, words have the power to realize their contents, so even a person who becomes an Integrated personality and his subconscious is already purified, rarely utters negative words

So do even more so when you are still an unintegrated personality.

Won't the sin that you commit without knowing defile your subconscious and hurt people on such an occasion? Let's deepen your self-enlightenment training well.

Therefore, you should always monitor your mind movements carefully so that your words do not pollute your surroundings and the subconscious separation vector will not rejoice and cause vector resonance.

And the words you speak should always be especially careful, as words that know your own position, as words that let your surroundings feel alive, as words that express gratitude, and as words that are humble.

And for that, you should seek gratitude and humility until the feeling of "Thank you for let me do this" or "Thank you for doing that for me" springs out naturally with words.

Now you are learning humility. Because you were far too arrogant.

the “Transcendental personality” is guiding you along with its own program developed for you, making you aware of your arrogant reality, guiding you to the "return point for salvation," and turning your mind to the "true-self." By leading to the “early stage of becoming an Integrated personality”, you will radiate your personality and lead to the “completed Integrated personality” while fulfilling your true-self mission.

189. Apology and taking the lower seat are the "return point" for your return.

You have to know that when you are born into this world, you are already born with some kind of "debts". As already mentioned, your subconscious has accumulated "thoughts" and "behaviors" of life

activities up to the previous time and has them as "vectors" that become the "source" of fate.

The "vectors" are a mixed bag, but we are always born with a "debt", in other words, with some separation vectors. Also think, in order for one person to enter society and live in this world, how much care is taken unilaterally from society and from parents, and how many people are helping you now, how much trouble you have made, how you cause trouble for your surroundings and how many people you have stepping on, and what you have done for them. As you progress in your self-enlightenment training and reveal your actual situation to some extent, you will be able to imagine how much trouble you made in your surroundings, and how many people you hurt in your life.

From the moment you realize the significance of that, take lower seat and practice the "Apology training" for a year. By doing so, you will firmly establish a

"return point for salvation", that is, a "return point for your returning". And no one will ever be saved if one avoids this return point.

So, first, look back on your life and accumulate the "apology training" with [156] prayer.

Still, recalling is only a small part, and it is only a symbolic event. In other words, most of them are sin you committed without knowing. So that, apologize to the "Transcendental personality" about the sins you have committed without knowing.

If some people say, "I did not bother others" or "I have not sinned", it is clear evidence that the person continues to commit the most dangerous and most sinful sin, "the sin you commit without knowing".

190. The key to success in life is make atonement for one's sin and return the favor.

When you enter the world as a member of society, you should first take a lower seat in order to make

“atonement” and “repayment”. Obviously, it should be done first, but if you have not done the "atonement" and "repayment" yet, you have to do it now. Success in your life depends, first and foremost, on whether you finish the atonement" and "repayment" correctly. If whatever you do doesn't work, you have not accomplished yet the "atonement" and "repayment".

It can be done in the position given to you in principle. You can repay the benefits of society from your current position. If you've troubled others before, you are able to make atonement for the people around you now.

Specifically, while practicing the "apology training" and the "training of lower seat" shown in [156] and [189], thoroughly pursue a humble mind attitude, Pray and act for the people around you. And at work, keep your head low and take care of everyone you involved.

It is not a "I have to because there is no other way" attitude, but a bright, positive attitude. And if you do the same thing, anyway, throw away the arrogant idea of "I'm just doing this" and practice it with a humble attitude of "Let me do it". It means establishing your return point clearly and your future fate will be greatly expanded, and your growth will be extremely fast.

And the “Transcendental personality” gives you the opportunity over and over to make enough repayment. Someone who can take advantage of that opportunity to establish a humble attitude, will be a successful person in life.

Section 4

Winner's Logic, Loser's Logic.

191. Living on the premise of victory in life is "winner's logic".

The winner in life is the one who, whatever happens, never makes himself a victim, and it is this day by day, moment by moment, that has brought him victory in life.

One thing to note here is that "being a victim" and "becoming victim consciousness" are completely different things.

So, the person who wins in life knows that, even when they actually suffer damage, and becomes an actual victim, they never fall into victim consciousness.

They are people who have sought the logic of integrity and lived up to it. They have never

forgotten thanking to those who take care of them, especially those who gave them a position, like the head or the boss of the organization.

In other words, a person who can humble their position and naturally establish a position towards the truth. Winners of life are those who have always lived on the premise of victory in their lives. No matter how bad it was, they have accepted them all as a test of achieving their goals in life. They are people who affirms everything they experiences and tries to make good use of it in their life. No matter what fate they encounter, no matter how disadvantaged, they are the one who tried to use it in their life.

In my words, this is "the winner's logic" that to accept any fate with gratitude as "everything is the loving guidance of the “Transcendental personality”."

Here, the winner of life can be rephrased as "living on the premise of salvation".

The way to salvation begins with the awareness of suffering. In other words, the person being saved is, able to notice the suffering of the mind and say, "Yes I will be saved!". If you can realize your suffering, and commit to self-enlightenment training, it becomes equivalent to being saved.

After that, you just finish the self-enlightenment training calmly, and there is nothing but thanks to the "Transcendental personality" who gave the opportunity to practice the self-enlightenment training.

Throughout this book, I'm showing you a thorough "winner's logic".

Self-enlightenment training is there to drive out thoroughly the lies, victim consciousness, arrogance, vanity, and dissatisfaction separation vector that

roost within your mind and work against the "winner's logic".

And meditation training, gratitude training, and prayer training are the “training” that accumulate integrated vectors for the victory of your life.

Keep gratitude toward the person who gave you your position, accept the fate and environment that appear before you as the loving guidance of the “Transcendental personality”, thoroughly maintain the integrity, and live without intentionally; this is the way to the winner in life. And that is transcendental thinking. If you accumulate that way of life, when you realize it, you are already on the way towards winning in life.

Now, from today, you will be reborn by practicing self-enlightenment training thoroughly and determine to live by the "winner's logic". If you have decided it, you can do it. Do your best.

192. Living on the premise of defeat in life is the loser's logic.

Well, insincere and sneaky people (who are influenced by insincere and sneaky vectors) are pleased and hope that they are considered victims. Victim-conscious people love to say "... I was unhappy because of this reason", "I couldn't do it because of that reason" or "I failed because of that person". Even though they appear to be in a particularly fortunate setting from other's view, but they have no gratitude for it, and find frustration even in that fortunate environment and create victim consciousness in there. That is why they cannot use their own fortunate environment to shine their individuality and make good use of it to build up their happiness.

People who are dominated by separation vectors are dissatisfied with their current privileged environment and even their given position, listing

out the faults of those around them, interpreting the words of those around them in a nasty way, and taking even the advice given to them with a sense of victimhood.

Before complaining about the current environment, you should consider deeply what you have been done so far. If you can know your actual state well, you will understand how fortunate your current environment is. Now, can you say with confidence that "I'm not such a person"?

These sneaky people beg for sympathy by showing themselves as victims and they are thinking it is working well. They try to escape one's own responsibilities, gain one's own advantages and insist on one's own claims by that.

Most of the cases, these people are so indulged by the favors of many people, but they should in fact be in a position to thank the other person, in a position to thank the other person for their privileged

circumstances, or actually the perpetrator who has to apologize to the other person. Therefore, their acts are a series of spitting in the face of heaven.

In today's world, there is a wide spreading social separation vector that is trying to become a victim intentionally. At first glance, it is creating a distorted thinking environment in which the victim can assert themselves advantageously.

If you continue this way of life, there is nothing good ahead, your fate will only be falling due to the "Law of Thought-Determined Outcome" that governs the universe. That is, the thought, "I want to be a victim" means that the separation vector with the meaning of "I will be a victim" continues to pile up in the subconscious, and eventually, it will appear in a real environment by "vector resonance" along with the fate making that the person become a real victim. So, the "fate of being a real victim" will be self-fulfilling exactly as the person wishes.

Victim consciousness people have no remorse for invoking the damage themselves in this way, in spite of these negative damages, protect each other, help each other, warm each other with so called “compassion” and “love”, and they always beg for sympathy by showing themselves as pitiful people. Eventually, the victims' alliance is destined for collective self-realization of actual damage.

Thus, victim consciousness is exactly the "loser's logic", a way of life that presupposes the defeat of life.

"Loser's logic" is a way of life based on the premise of defeat in life, as in this way always rejoice and hope to be a victim. There, the fate that you think and choose to be "successful", results in all misfortunes, yet you do not notice your ugliness of reality. And again, you live a "life of excuse" and try to be a victim in spite of such experiences. In this way, the loser of life never accidentally fails in life

or becomes defeated, but always positions themselves as a loser of life and lives up to that end.

193. Accept the special circumstances surrounding you with gratitude and utilize it in your life.

Each person is given a unique life, and for better or worse, living in special circumstances. And you, without exception, live in a variety of special circumstances. You are not the only one who is suffering. If the social circumstances surrounding you are special, the people around you are also special, the environment in which you grew up is special, and your current parent-child relationship, sibling relationships, and marital relationships are also special.

The various special circumstances surrounding you, if you are a person who lives with the "loser's logic", will soon all become material for the idea of victim

consciousness and make yourself out to be a pitiful person.

And if you live with the "winner's logic", you should be able to thank and accept all of those special circumstances that surround you as "everything is the loving guidance of the “Transcendental personality”.”

The fate that stands in front of you right now is the fate arising from that special situation. In short, that is what you need to be grateful for and accept.

And, of course, that fate is the fate that you have accumulated in the subconscious by the "Law of Thought-Determined Outcome" that the law of the universe, and actually that is only a small part of that accumulation.

That is, the “Transcendental personality” takes only a small part of the material of fate that you have accumulated and represents all of the same kind of fate there, symbolically manifesting it as your fate.

And if you accept it with gratitude and practice your self-enlightenment training perfectly, the “Transcendental personality” will purify most of the remaining separation vectors and guide you to the great destiny of the future. Therefore, the way of the victory of life is to accept any fate with gratitude as "everything is the loving guidance of the “Transcendental personality”" and complete the self-enlightenment training.

194. To live with "winner's logic", you do not need to think anything other than gratitude.

It is the height of ungratefulness and arrogance when you criticize the head of an organization or a superior, as if it were righteous to be disobedient, ungrateful, self-serving and rebellious.

If you live with this "loser's logic", it will be clear enough that no matter what you do, you will never be happy.

On the other hand, even if you have forgotten your gratitude, your "True-self" is grateful on your behalf, since you are too blessed in your present position, to the boss and heads of the organization who have given you that position.

Your "True-self" is always telling you to live faithfully for your boss, to give back and to cherish the environment you are in. Now is the time for you to follow your "True-self's" heart.

To succeed in life, you have to thoroughly drive the lie of victim consciousness out from yourself by self-enlightenment training. To do so, as soon as you discover the victim consciousness in yourself, there is no other than thoroughly irradiating the "light of self-enlightenment!". You would have prayed so desperately in painful times that you would have

been grateful for being saved, but as soon as you get better, you forget prayers, forget thanks, lose humility, and become arrogant. It is an inevitable fact of human beings that we deviate from our own positions, jump to conclusions and start complaining, and criticize the people who take care of us.

If you hate yourself in such a state, never allow any thought but gratitude to dwell in you; look at yourself by self-enlightenment training, pray the prayer of gratitude all day long, and keep the gratitude in your heart all day. The life of gratitude is the life of winner.

Section5

Finishing touches is the self-enlightenment training without intentional act.

195. Thoroughly eliminate intentions.

If the separation vector that is roosting within you is exposed under the light, and its ugly form is exposed, you will be free from any separation vectors like "I want people to think well of me" or "I try to think of myself as a good person", and all of your hypocritical behavior will disappear, thus any attempt to hide one's ugliness will disappear. There is no longer any need for self-assertion by self-justification, or the act of pretending to be good. You will never brace or strain yourself for others or upcoming fate, your strain and over stretch in your

mind attitude will be fading out, allowing you to maintain a relief and relaxed mental state.

And you will gradually be ready to live in good faith with only the absolute evaluation of the truth. And then you will discover "how full of intentional acts you had while you have ever lived," and you will be greatly amazed at the number of intentional acts you have done without knowing it.

However, intentional thoughts and words that have become habits are not so easily cured. So, finally you have come to the process that you will practice thorough the "self-enlightenment training without intentional act" and use it as your final self-enlightenment training to thoroughly eliminate the intentional acts.

Eventually, you will be surrounded by a sense of security and peace in the non-intentional state of the mind and living in "Jinen" will lead to a wonderful destiny that will fulfill the will of the "true-self".

196 To discover you are full of intentional acts.

Even if it is an intentional act, deciding the order and proceeding with things in a planned manner is not the act that we are talking about here.

However, even if this is the case, if you stick to that plan, your destiny will not flow to "Jinen". Because any plan made by humans, can readily be altered during its progress.

Here, the intentional act that I first referred to as a problem is to intend to read the other person's thoughts, create words and play a role without noticing that it is an intentional act by you yourself, without the mind flowing towards "Jinen". To act upon your words and actions with almost no awareness, for example saying, "I don't want you to think like this" or "I want you to think like this" while searching within the subconscious of the other person. If you are thinking, "I'm going to say this

and if the other person says that I'll then say this" - it is obviously a mass of intentional acts. These acts are necessary situations sometimes, as long as you live in the real world, however, but it is always important to live with an "awareness of suffering" for such behavior.

When acting becomes a habit, it becomes impossible to think without intentional act. In other words, you will never attain transcendental thinking if you live with such intentional acts.

It is quite difficult to discover your own self that is full of intentional acts, so as an ultimate practice, try to thoroughly practice "self-enlightenment training without intentional acts" as one of the several types of self-enlightenment training. Therefore, this is a self-enlightenment training that adds a finishing touch to the initial stage of becoming an Integrated personality. It deepens transcendental thinking and completes the becoming of an Integrated personality.

In other words, "self-enlightenment training without intentional act" makes you look clearly from the perspective of the "true-self", you will gradually see through your intentional acts, and grow to dislike them. If you think that life without intentional acts, is the way of life you are seeking, I think it is good idea to practice it thoroughly. This is because it is not so an easy thing to do, "to live without intention".

197. In the ultimate state, even self-enlightenment training is an intentional act.

A state without intentional acts is a state in which you are united with the universe, and your heart is flowing without any interruption. And that state is "Jinen", the ideal form of human beings.

And as this unintentional state deepens, transcendental thinking is gained.

By the way, self-enlightenment training means to discover separation vector, to get caught in it for a

moment, and then let the heart stay there, and irradiate the "Light of self-enlightenment!". And the rest of the processing is left to the "Transcendental personality" and return to the original unified state as soon as possible.

Therefore, in self-enlightenment training, the strain of trying to eliminate separation vectors by yourself or to process it on your own is an intentional act, and you must not forget the mental attitude that it is the "Transcendental personality" that processes it.

Furthermore, self-enlightenment training means that once the mind worries about the separation vectors, that itself is already an intention, and if we say it is a captivity, it is a captivity. And strictly speaking, not only the self-enlightenment training, but also the various types of "training" are clearly intentional acts, and there will come a time when the forms of "training" themselves will no longer be necessary as intentional acts.

Eventually, by this finishing "self-enlightenment training without intentional act", there is no need for any effort to be saved or to become a Integrated personality, no need for prayer, no need for gratitude training, no need for even self-enlightenment training.

At that time, you will forget the words of training, feel oneness with the universe, oneness with the "Transcendental personality", oneness with the "true-self" and live in "Jinen", and the life itself is to deepen the transcendental thinking and deepen the Integrated personality.

It is the time, when your subconscious is sufficiently purified, even if the surface consciousness is not involved, the subconscious establishes the position of the "true-self" and unites with the "true-self", discover the separation vector instead, and catches the separation vector and irradiates the "light of self-

enlightenment!", and practice all self-enlightenment training instead of the surface consciousness.

198. Temporarily suspending of the self-enlightenment training.

Now, if you feel the need strongly for self-enlightenment training, especially if you are a person who is eager to practice self-enlightenment training, always try to sacrifice your daily life, always be introspective of your own mind, and you will pursue the separation vector thoroughly until you will discover all separation vectors. Your enthusiasm for such a self-enlightenment training will surely be admitted by the “Transcendental personality”, but as a result of that enthusiasm, you may struggle to erase the separation vectors found by the self-enlightenment training with your own will. Even you try hard, you may get no sense of it disappearing, so you may become irritated and

psycho-analytical, and become confused due to too much concentration.

In such a case, you need to devise a way to fundamentally review your self-enlightenment training from the standpoint of "self-enlightenment training without intentional act". Therefore, set a period to stop the self-enlightenment training to eliminate the intentional act from your self-enlightenment training.

For example, stop self-enlightenment training completely for three days, and then thoroughly practice it again for four days, then repeat the period of suspension and practice alternately for a while.

Actually, due to the fact that you have been practicing self-enlightenment training until now, even if you try to abort at that time, you already have a thought circuit for the self-enlightenment training. So, you will be greatly surprised to notice that you practice self-enlightenment training in the

suspended state. And it turns out that the suspended state is a more natural self-enlightenment training. So, cherishing the self-enlightenment training in the suspended state, learning the mind attitude of unintentional acts, and entrusted to transcendental personality, returning to self-enlightenment training and making new discoveries ... stop again ... and so on. By repeating, you will gradually gain a natural and reasonable self-enlightenment training.

There are differences between individuals, and there are those who will benefit from prolonged discontinuation and those who do the opposite, so find the ratio that suits you well. Eventually, the suspended state and the practice state are in perfect agreement, creating the most natural, least tiring, and ideal self-enlightenment training posture.

The trick of self-enlightenment training is to have fun from the standpoint of the "true-self", so that you should not get tired or depressed while practicing.

And practice roughly, calmly, boldly, and generously. There is a favorable time for these things. Even if you try to fulfill your self-enlightenment training as soon as possible and try to look at and study your thoughts and attitudes without missing one, actually you are still only able to see a small part. If all the "training" such as prayer training, gratitude training, meditation training and self-enlightenment training are not accumulated, and all the conditions are not in place, you will not be able to see your whole.

For example, if you are cleaning a house, you just clean only one room carefully, and the other rooms are still dirty, it's very imbalanced. First of all, you need to find the dirtiest room and start to clean it from there.

If you pursue the training alone, you will tend to practice the self-enlightenment training in your own way and become psycho analytical. Judging yourself, emphasizing some part of the self-enlightenment

training while hiding the crucial parts, due to the fact that you cannot view your entire mind. And you will misunderstand that you are fulfilling all the self-enlightenment training.

It is very difficult to find the dirtiest parts of yourself. If possible, fulfill your self-enlightenment training while receiving advice from your friends. And always keep the attitude of trying to guide yourself from the "true-self" perspective. Eventually you will notice that training is rather fun.

And the best way is to get the leader to point out. Training self-enlightenment training leaders is an urgent task for me.

Section 6

Great release of separation vectors, and loss accumulation.

199. Need for sincerity of accumulating losses.

Finally, when your upcoming "time of return" is at hand, the final challenge is the large release of separation vectors. It is, of course, the separation vectors that you have created by the "Law of Thought-Determined Outcome". the "Transcendental personality" lets you experience only an extract of that large amount of the separation vectors symbolically, choosing the most appropriate time, letting you fulfill your Great self-enlightenment training, and erasing and purifying the massive

separation vectors that have been a major obstacle to your destiny.

The great release of separation vectors is called "loss accumulation". Actually, it is never really a loss, so to speak, only from the standpoint of the separation vectors that have been sticking to it. By the way, of course the before mentioned "self-enlightenment training of profit and loss calculation" is a profit and loss from the standpoint of "true-self" and has the opposite meaning to the profit and loss from the standpoint of "loss accumulation".

For the time being, you will have to go through major internal and external order reforms, until your original integrated vectors establish a new relationship between your environment and your surroundings. And it must be your strong wish.

Depending on how much happiness you want in the future, the barriers that you pass through will be different. If your desire is large and strong enough to

seek for a fundamental and thorough "your Human Redo", the "Transcendental personality" will reshape inner order from the deepest part of your subconscious.

In that case, of course, the surrounding environment changes rapidly, and it may be necessary to go through what appears to be a "loss" in phenomenological, as the appearing environment and position become more and more difficult.

It should be noted here that the "Transcendental personality" is not just trying to create the fate to give you next difficulties. It is reassembling the difficult destiny that will appear to you, as material to complete your Integrated personality.

That means, conversely, "the guaranteed fate by the "Transcendental personality" that any difficulties will always be resolved, and that will lead to a major and best turnaround in fate."

It is not an exaggeration to say that the separation vectors that appeared as a phenomenon will be erased by the transcendental consciousness at a rate of 10,000 times more. And these small "losses" that can be symbolically experienced will be used tens of thousands of times effectively and decorate your future life. This is the "loving guidance of the "Transcendental personality"".

And no matter what kind of "loss" appears, you no longer need to worry. It is the experience of "loss" while you are fulfilling great self-enlightenment training in the "loss accumulation", with integrity, in the promise of the development of the greatest fate for you. That is the "time of return", when the veil covering your Integrated personality is opening at once and will be the most blessed moment of your life.

By the way, if you are already facing great fateful sorrow and suffering right now, it is already a large

release of the separation vectors, and it will be an extremely great purification through enduring that sadness and suffering. Furthermore, if you regard it as "loss accumulation" and practice the "training" with integrity, the problems can be solved at a more essential point and the "time of return" can be accomplished.

200. Loss accumulation and the great self-enlightenment training.

"Loss accumulation" means the "fictional fort" built by vanity will be destroyed completely, along the large release of the separation vectors that roost in your mind, by the irradiation of light from the "Transcendental personality".

And after that, a wonderful and shining figure of your essence, your "true-self" will appear from the destroyed rubble due to the "great self-enlightenment training".

So, here is a summary of some of the situations you're likely to fall into along the process of proceeding to gain success in your great self-enlightenment training.

- Even though your ugly reality has already been exposed, you try to ignore it, forcibly twist the words of truth, and try to interpret it conveniently. And if that doesn't work, you suddenly, bring in other values into the argument, values like "I'm free – I am an equal -This is common sense", values that you have never thought before. And you reject self-enlightenment training and try to protect the separation vectors. Claiming, "I'm right and I don't need a self-enlightenment training" is an ugly state to be in.

- Some people are able to admit it to themselves somehow when they are shown their ugly reality, but

some are not particularly surprised. So, those people do not even want to change their ugliness. And even worse, some people find it easy to hurt others, but hard to be advised by others. This is purely the logic of a separation vector, and the logic of a person who cannot have an "awareness of suffering" from the standpoint of the "true-self".

Such a person would face a severe fate that would be reached from the accumulation of the separation vectors and would have nothing but to suffer within it. No matter how far humans run away from their self-enlightenment training, in the end, they inevitably experience the "awareness of suffering" in their actual painful destiny whether one wants to or not.

the "Transcendental personality" gives many chances of self-enlightenment training to each person, but if they don't accept it, they will never grow. In other words, they cannot be happy.

○ Just because one does not want to admit one's own fault, one just makes excuses, tries to discover a way to flee, "But ..., so that ..., because ...". Furthermore, they try to self-justify even denying self-enlightenment training.

It's the same as saying strongly, "I don't want to change myself. I don't want to be happy."

It is like abandoning the happiness that just appears in front of you yourself. It's like abandoning life itself. If you keep this way of life, you will continue your "life of excuse" and "life of defiant" for a while, until you have the right profit and loss calculation of "what is the most important".

○ If you think "I do not want to lose, I want to win" against the person who advises you, which is a refusal attitude towards the self-enlightenment training. It is a sneaky attitude to refuse self-enlightenment training by questioning the human

nature of the adviser or the imperfection of the words or method of the advice. Even if your opponent criticizes you with an evil mind, you need to have an obedient mind and aggressively discover something within that criticism and react as, "I see... That makes sense..."

Even more, if the advice of someone is given to you with compassion, you should have nothing but gratitude.

○ If you become depressed when a separation vector that roosts within you is pointed out, or if you feel sorry for yourself, or grow timid, you have your priorities backwards. If you become enraged, struggle, or feel depressed, it looks very unsightly.

You have just discovered your separation vector by another person pointing it out to you, but everyone around knew about it for a long time.

Therefore, your appearance of being enraged, struggling, or depressed to justify it seems, from the surroundings, that, "You've done a lot already... it is too late to have that sense of reflection..."

Now that you have found the biggest separation vector that has plagued you and has made you unhappy, it is time to rejoice. If you solve it, you will become happy. You should have sincere gratitude for that.

- People who have no attitude of "listening to another person" and only have the attitude of "I will teach you", which means "I have already fulfilled the truth and don't need self-enlightenment training. Therefore, I will help other's self-enlightenment training", is an arrogant way of thought that is tossed around by the separation vectors.

Of course, it is necessary to point out the separation vector of the other person compassionately, and not

from an attitude of arrogance, superiority, or vanity. However, actually you only need to point it out once out every ten times, and you can just irradiate the "light of self-enlightenment!" instead of that person.

○ Originally it should have been a simple problem. And it would have been easy to solve by self-enlightenment training. You shouldn't make it a troublesome issue by being too stubborn and taking it too seriously.

The self-enlightenment training should be done simply, with as little fiddling around as possible.

Now, if you really hate self-enlightenment training, humbly admit that you are that kind of person, and that's where your position will be established.

If you know yourself, you can respect those who strive to fulfill their self-enlightenment training, and you will never criticize them.

201. By accumulating training, you can see a multilayered structure of yourself.

By reading this book, first you may feel like you've already understood everything just by gaining that knowledge. And at some time, you may fall into an illusion of understanding the truth and become arrogant, criticizing people and things or looking down on people.

And at other times, when you face your ugly reality and being shocked, when you are advised, and you feel like your hundred percent has been denied, you may be depressed by self-mortification. And at some time, you may oppose it and try to affirm yourself by self-justification, or forcibly justify yourself at the position of separation vector.

If you are denied at that time, you will be timid and might even turn away from the “Transcendental personality”.

At that time, you should read through “Section 7” many times. Imagine you who became "Integrated personality" that ten years after you came across this book and imagine about after you will be achieved an Integrated personality that you will absolutely reach. Regain courage by imagining yourself with a wonderful future that creates the universe, or having your good points recognized by others nearby.

On the other hand, if you regain your mind, and getting over it and go forward strongly, you will again feel like one hundred percent of you have been affirmed, and you will again stretch yourself, try to hide your weakness and become arrogant again.

And once again, you will be discouraged when you are shown the reality, if you try to have reflection, your self-enlightenment training still poor and suffered by judging yourself, suffering from self-disgust and being lost self-confidence. This process

will be repeated several times. Remember you always return to [156] at that time.

And training never goes forward in one direction. Sometimes you cannot do what you could do before, so you go forward and retreat, suspend it, start again when you have forgotten about it. That is because, there are various personalities behind you who are training with you. However, as you repeatedly go up and down in this way, you can gradually understand through the experience that you have been thought of you are one personality, but actually consist of several personalities. And you will clearly recognize and feel separately the essence of your shining “true-self”, the self that is being moved by someone other than yourself, and the self of surface consciousness that is inevitably useless to be swung by the separation vector. And gradually, your inner order grows like a crystal grows, forming a multi-layer structure.

By the way, I have prepared several modes of "training" in this book, centered on the self-enlightenment training, in order to transform your inner order into a multilayer structure. These "training" modes are the ones that arranged and classified as the "training" from my experience which I have been guided by the “Transcendental personality”. The “training” in everyday life is mainly gratitude and prayer training.

In that gratitude and prayer, you look at your thoughts, look at your attitude, or practice your self-enlightenment training every time something happens, and live your daily life in good faith.

Here, as a way of maintaining honesty in everyday life, it is necessary to live on the assumption that everything that you think is transmitted to the other person and that you know everything that other person thinks. That is surely the truth. At the beginning, be sure to set a time every day and make

a habit of meditation training. If you have habit of meditation training, it is very teachable from the view of the “Transcendental personality” who guides you, and it can be expected to be very effective.

Self-enlightenment training also works greatly in the meditation training. In addition, I think that it is also good idea to practice with a strong conscious of one "training" for each day of the week, and to make your own plan to return to the original "training" in one week.

Let us make friends who follow the same “way” together, to make the training last longer. And in order to avoid falling into the "logic of individual" and the own way and avoid to becoming a smelly person who think he is awakened, praying together, encouraging together in times of distress, helping self-enlightenment training each other, and go forward straight with your friends the "way" that I have shown.

Read this book over and over again and practice the "training" without separating your everyday life from the "way". Remember that everyday life is your environment given by the "Transcendental personality", and the most suitable training Dojo for you. In addition, deeply reading this book leads to the transcendental consciousness and has the meaning of a meditation training. So, you first set the goal to read it a hundred times, and constantly reading one paragraph everyday with your voice, and reading slowly as a "training", thus "Your Human Redo" will get on track.

Now, one month and two months after you start the training, it may seem that you haven't changed at all yet, but that's completely different. Your connection to this book assures your future, so your transcendental personality feels reassured and will begin a major transformation of your inner order.

As a natural result, a lot of "chips" and "shavings" of your vector come out. That is one aspect of the large release of the separation vector. Over a year or two years, after you get over it, you will definitely find yourself growing up greatly.

202. You will be greatly purified in the course of your ugly figure becoming exposed.

Loss accumulation means that you will be faced with difficult situations in which your actual ugly figure is exposed to yourself and your surroundings and receives criticism and slander from others.

In this book, various ideas have been devised especially so as not to darken the mind, and not to have you blame yourself during self-enlightenment training.

The reason why I'm avoiding the word "reflection" as much as possible, it is a consideration that you don't suffer by falling into the bipolar structure of

"good or bad", "right or wrong", not to fall into psychoanalysis, and not to fall into blaming yourself. However, no matter how much I care to avoid the suffering by the self-enlightenment training, somewhat suffering is inevitable as long as you stand from the position of separation vector. "Somewhat ..." means, it because it is small enough as compared to suffering by fate itself.

At first, it is not easy to stand at the position of your "true-self", so that you tend to stand at the position of the separation vectors and try to protect the separation vectors, or you fall into self-disgust and blame yourself, or you may also not be able to recover for a while. However, as the accumulation of "training" progresses, your subconsciousness will be purified, your self-enlightenment training will become better along with your growth. If you can naturally maintain the position of "true-self",

discovering the separation vector that roosts within you will be a great pleasure.

Sometimes, you will see a friend who struggles because they cannot practice self-enlightenment training and cannot leave the position of a separation vector. To you, who cares for that person, the clumsy figure is really irritating for you, but that's just enough meaningful suffering. Suffering while a person walks down the "way" is meaningful enough in and of itself, that it becomes a great "loss accumulation" and that person gets greatly purified.

And let them be your role model, so that you can learn what you would do "then". And experiencing the warm, caring favors of yourself and your surroundings at that time, will be really helpful for you someday. And not only when you cannot practice self-enlightenment training, but also when you are suffering in the "way", even if it is an injury, has the effect of greatly purifying the subconscious.

Now, finally it's time for your self-enlightenment training. Even though the people around you are warmly watching you, but it is really different from your perspective. You are not admitted by anyone, you will lose your face and get slandered, your lies will be all revealed, and will be left embarrassed, it will seem very miserable. At first, you'll try to make excuses or resist it but realize that it only makes you more miserable. But you should shake off this miserable self, never fear the glance of the surroundings, never escape, never complain, and accept it as "everything is loving guidance of the “Transcendental personality”" with gratitude.

By practicing this thorough “loss accumulation” and deepening of your self-enlightenment training, you will inevitably be clearly informed of your true appearance, that is, your real ugly appearance.

However, you gradually realize that this pathetic true figure is never your own, but that it is the pathetic

form of all human beings. And it is the time when your reality will be revealed through being illuminated by the "light of self-enlightenment!", and it is an extremely important time for "Your Human Redo".

In this period in which you are searching for your true identity desperately and while your feelings go up and down, you will not care for the evaluation from the eyes of others, but you must only seek for the absolute evaluation of the "Transcendental personality" and learn how to live with sincerity as much as possible.

203. By seeing the ugliness of your reality, you can see your true wonderfulness.

As you practice the training, always be aware that you are the person that needs to be saved before you save others. If you haven't noticed it yet, you have not yet established your own return point.

Without this return point being established, you will never be saved even as you go ahead. If you have started this way, return to [156] again and again to confirm the return point, and establish the return point by [189], and always be humble in your position by following these steps, which will lead you to be a wonderful Integrated personality.

And here, instead of connecting the "way", with your values that you have built up in your life, put aside those values you have built up, it is necessary to read this book with the decision to build up new value criteria. Thus, it is possible for you to obtain the absolute value system, which is universal to humanity, and after that, everything you have ever experienced will be incorporated into your own values again without waste and will shine.

You who have completed the "loss accumulation", it can be said that, gradually you are awakening to the original form of human beings, by knowing your

own and humanity's foolishness correctly simultaneously with your body.

Until now, you've been clinging to vanity, pride, and superficial self-confidence. You have been living while stretching out and decorating yourself, so that it is unbearable for you to throw away everything of the past you who tried to protect the position of separation vectors. However, if you really determine to achieve "Your Human Redo" and really want true happiness, and if you really want to be an Integrated personality, this is an inevitable barrier.

I described the trial as "stressing", but it was "stressing" from the point of view of you who adhered to the position of the separation vectors in the past. But for you who is gradually establishing the position of your "true-self", it's nothing, and must be a great joy.

The time of that trial is a period of rather feeling a purpose of life, even when fateful difficulties appear

in front of you, when you can strongly realize that you are protected by the guidance of love of transcendental personality. In addition, there are times when you can experience strange coincidences and thankful guidance by various vector resonances, so that, you will think them to be wonders or even miracles.

the “Transcendental personality” may symbolize and show you your future form in the form of a spiritual vision or dreams and encourage you. It is by no means indicates the present state of your mind, but you can appreciate it as hope for the future. However, you should never grasp the specific contents.

There could be a test from the “Transcendental personality” mixed in, and there is also a "pitfall of vanity and arrogance". In order not to fall into that pitfall, make full use of my experience of spiritual practice as described in Chapter 1. Be careful enough going forward, so that you do not think you

are a special person, by the temptation of the separation vectors that come out as your own thoughts to the surface consciousness.

Transcendental thinking at this stage is extremely shallow, and it is quite common that dangerous subconscious thoughts are still mixed in, and the influence of separation vectors seduce likewise.

At this stage, the honesty, seriousness, and accumulation of sincerity towards the truth is your only resort.

And this is also a time of great hope for the future. You will feel that each day is full of meaningful fulfillment. And it is also a time to always feel the “Transcendental personality” close and feel the guidance of strong love throughout the body. This is when strong trust in the “Transcendental personality” will be established.

204. Live with the humbleness of the mind attitude as the most important thing.

The period of loss accumulation is also a time to learn humility. If you can see your reality by the great self-enlightenment training, you will realize that there is nothing for you to do but be humble towards the truth and be humble around you.

Accumulate losses, purified subconscious, establish the "true-self" position in the inner order, and entrusts your destiny to the "Transcendental personality" as a position who is kept alive. Your absolute confidence in being guided in everything by God's love is the most natural and genuine humility. That is, if you can position yourself correctly and establish your position to the truth, it means you are humble.

And no matter how knowledgeable you are, even if you can do something special that no one can do, or if you seem to save many people, only if you are not

humble, this means that the big gear of your destiny has gone crazy, and you are deviating from the "way" greatly.

Remember that humility means always "humility of the mind" in any case.

Humility is never a polite word and the softness of your attitude.

If you just want to be thought well by people, or to hide your arrogance, and try to pretend unconscious humble words and attitudes. This is the worst hypocritical acts.

As long as you know correctly that you are kept alive and you are still immature, your position is naturally established, full of gratitude, and there is nothing else but being humble. It is the sincere figure of a human being.

Someone who is honest towards the truth and always keeps the modesty of the mind may pass through even this great self-enlightenment training without

knowing. It will be turned out when you look back after a few years.

Section 7

You who became Integrated personality.

205. After that, your fate only improves.

In this book, I have packed all the theories and "training" that you need to complete your journey towards becoming an Integrated personality with the wishes and prayers of mankind. Therefore, if you truly seek an Integrated personality, this one book will be used as a guidebook, daily life will be used as a training dojo, and the human relations developed in it will be lived as "training", so that, the "Transcendental personality" will guide you to become an integrated being.

And if you practice in good faith without wandering away from the straight way I have shown, in several years, you will surely become an Integrated personality and gain true happiness.

I want you to be reassured that no one can do all the "training" that I have shown in order and go forward one hundred percent. So, if you finish some training, go ahead and go further, and if you get stuck there, read this book again and complete the training from where you left off before. You can practice it going back and forth, sometimes going up and down.

And for a limited time, you have to keep losing from the standpoint of separation vectors, as mentioned here. If you are determined to do so, you will throw away any silly feelings that you want to be thought well of by opponents, look and think only at the "Transcendental personality", you can live confidently without fear of any loss by opponents.

If there is a mean person, leave him be without being coward.

If there is a person who speaks badly about you, laugh and listen as if you are someone else.

If there is a person who is trying to take your position forcibly, let him take it as he likes calmly.

If the position was given by the “Transcendental personality”, it will never go away, if it does, it means that the position has already been fulfilled, and this time, another better position will be given.

If you live in the love of the “Transcendental personality”, entrust your fate to the “Transcendental personality”, practice thorough self-enlightenment training and know everything about yourself, you should be able to do it calmly.

The more you do this kind of "loss," your subconscious will be purified, and the steady foundation of the future will be constructed. And once the "loss accumulation" is over, fate can only run up at a stretch. There, your great aspirations come true. Only the destinies that get better will appear there. At this time, you should be able to feel your "true-self" prayer.

As the stage of the Integrated personality approaches, you will realize that the sincere words and actions that come out of your unintentional behavior are in harmony with the universe. It creates your mood as an integrated vector of peace of mind, honesty, brightness, liveliness, and freshness. And this is the feeling of an Integrated personality and the feeling of happiness. And it is a feeling that spiritual ability or psychic power cannot attain.

The Integrated personality is to reach the world beyond spiritual abilities, never gain by spiritual abilities.

As you complete becoming the Integrated personality while you will be completely free from grabbing the illusionary psychic abilities like seeing God, or the world of relativity that live while peeking into the fragments of the future, and from the messing with fate.

206. Accumulate "training" using self-enlightenment training as an indicator of growth.

Being fully cosmically affirmed by becoming an Integrated personality, means that the "true-self" position in the surface consciousness is established, your inner order is in place, and all past experiences are positioned correctly by the self-enlightenment training. Thereby establishing a return point for your returning, acknowledging affirmatively as "everything is the loving guidance of the "Transcendental personality"". Consequently, cosmically you are affirmed, because the separation vectors have already separated from you.

However, as long as there was an illusion that you cannot do and complete self-enlightenment training, cannot stand at a return point, stand at the position of a separation vector that the past was still denied, and

make excuses or try to escape, It becomes a factor of un-integration.

Therefore, if you don't practice the self-enlightenment training and continue to stand at the position of separation vectors without noticing, and if you say, "I'm an Integrated personality. I have no separation vectors. I'm a completely affirmed perfect being." No matter how much vast the universe, there is no lie worse than this.

In other words, while you abandon the position of the "true-self" and stick to the position of the separation vectors, you are advised and denied as a separation vector as it is. Even if you are doing good things, your surroundings will point out the separation vectors that motivate you. You are advised and scolded not as the "true-self" but as the separation vector itself. Be quick to realize that nothing is stupid enough to be scolded for an illusion that is not substance.

Therefore, if you can make a profit and loss calculation, you should want to abandon the position of separation vector as soon as possible and take the position of the "true-self". And you must want to practice self-enlightenment training and establish a return point.

Therefore, by practicing self-enlightenment training, whether you become an Integrated personality or not, is how to establish a return point, how you are at the position of the "true-self", and how long you devote yourself at the position of the "true-self".

In other words, how much deeper you returned to [156] and how surely you were able to affirm yourself through gratitude and apology, and the part you are able to affirm is the part that completed your Integrated personality.

And "whether you can establish your own position humbly in the

real environment you are given now by habitual self-enlightenment training, gratitude and prayers, is an indicator of your growth".

By the way, even after ten years, it seems that there are still ugly separation vectors in your actual thoughts, but you can gradually realize that the separation vectors are already separated from yourself.

It's no longer your responsibility that the separation vectors aren't completely disappeared from your surface consciousness. You are helping the surrounding separation vectors, what you brought as a job before birth, and those of the surrounding environment.

It is waiting for a turn to be purified as the existence that should be purified and has emerged right now as a cleansed waste. It is the guidance of the "Transcendental personality"; it is reflected in order to have it purified by you as the position of "true-

self" with the "light of self-enlightenment!". Therefore, you just mechanically irradiate the "light of self-enlightenment!".

It is a literally "separated" separation vector from you, it is not you already.

However, in order to be able to say that the "self-enlightenment training of lie detection" must be practiced perfectly.

If you attain that state, your surface consciousness projects your "true-self" position and the "true-self body" position utilized by your "true-self", and you are no longer standing at the position of separation vector.

In other words, irradiate the "light of self-enlightenment!" to the various separation vectors that reflected in your surface consciousness, is the important "work" for you who is becoming an "early stage of Integrated personality".

207. Ten years later, you are already an Integrated personality.

The recognition of, "rather than becoming an Integrated personality by eliminating the separation vectors from your surface consciousness. You will become an Integrated personality by turning the mind straight toward your true-self, through establishing a return point and practicing the self-enlightenment training perfectly" is also important.

In other words, you are released from the illusion of yourself as an accumulation of separation vectors, regaining your original form, and reach the "true-self".

In other words, the subconsciousness is somewhat purified, the position of the "true-self" is secured, the separation vector can be completely separated from oneself by self-enlightenment training, and by establishing the return point, you will become an Integrated personality.

If you can further deepen your Integrated personality and establish a "true-self" position, you are able to declare that "I am an Integrated personality. I have no separation vectors. I am a cosmically-affirmed perfect being".

There, you are already unified with the universe, all of your past experiences are cosmically affirmed, and you live in the universe as yourself. And, of course, when you look at a non-integrated person, you certainly look at the "true-self" in that person, and when you see that person who sticks to the position of the separation vectors, you look at their true appearance that separated from the separation vector.

By the way, the Integrated personality is very deep, and there are endless stages, and the transcendental thinking becomes deeper accordingly. In other words, you have now clearly confirmed your return point and have started as a "human", and there is much

more to come. Reach an "early stage of Integrated personality" and position your future life as a life for fulfilling your own true-self mission. Do not deviate from your position, do not become self-righteous and arrogant. And keep your humility in particular.

When you clearly reach the early stage of the Integrated personality or an unstable stage of the "newly made", you may get a little careless, the separation vectors of self-righteousness and arrogance may sneak in and you could become arrogant again, separation vectors will intend to stay in you. So, you must be very careful.

You've established a return point for your return, and you've become an "Integrated personality in the early stages", and you've basically established your position in the universe. You will often be tempted by the separation vectors of self-righteousness and arrogance and will sometimes get lost. But you are immediately discovering the separation vectors by

the self-enlightenment training and being able to correct your position deviation on your own. If you do not forget the self-enlightenment training, your thoughts and behaviors will already be transcendental thinking. By the time you reach this “Initial stage of an Integrated personality,” you can say that "Your Human Redo" has been accomplished successfully.

From now on, your life will begin in the true sense of fulfilling your true-self mission in the further development of the Integrated personality and your transcendental thinking. And now it's time to come close to the conclusion of what aspirations you have in your future life.

Your principle of action is already transcendental thinking, basically it is the will of the "true-self", which is coming from the universe. But transcendental thinking is much deeper, so don't be content in that area. Transcendental thinking is

infinitely deep, and it will continue to deepen with future training.

In addition, there is always the problem of alignment with the real environment around you, which is very important.

How to express the truth around you is up to your personality. In that sense, the future is the true life that will make your personality shine.

Now that you are at an "early stage of Integrated personality," proceed with the coordination of truth and reality carefully, carefully and harmoniously. And for that, go deeper into transcendental thinking and transcendental behavior.

208. Your greatness as an Integrated personality.

By following the straight path, I have shown in this book, accumulating "training" for several years in everyday life, reaching the "time of return" and

passing through it with self-enlightenment training. You will reach an "early stage of Integrated personality".

If you do not fall into self-righteousness and arrogance, do not fall in your own way, and do your best for another ten years, you will further develop your Integrated personality. Be confident and convinced of becoming this you in such a future.

Your destiny is already in the hands of the "Transcendental personality", and you will no longer leave from the "Transcendental personality" and be at the mercy of the separation vectors. Already, there is no big separation vector that will stand in your destiny. And there is no longer a fall in fate, and all changes in fate are changes to make you even happier.

At the "time of return", while practicing the Great self-enlightenment training, learning humility by sitting in a low seat, establishing a "return point for

your return". And when the "loss accumulation" is finished, you will have created the basic form of the Integrated personality.

By the way, in practicing self-enlightenment training, you will notice that you have trained to "see yourself from the" true self "standpoint." That means, as a result, another self-enlightenment training, the "self-enlightenment training that reveals the essence of yourself" is progressing greatly.

Unexpectedly, the "self-enlightenment training that reveals one's own reality" is also the "self-enlightenment training that reveals the true self."

With your self-enlightenment training that reveals yourself,

You can see your future as bright and hopeful.

Your possibilities seem endless.

Gradually you are noticing that you love everyone.

The universal love for humanity, without self-righteousness is arising in your mind.

Even those who are hostile to you, you have compassion that wishes their growth from bottom of your heart.

It turns out that there is no border or obstacle between you and the universe.

As you accumulate the training centered the self-enlightenment training, your inner order is organized in a multi-layered structure, your mind attitude is arranged, and within you, gradually the "true-self" position is established.

If you further deepen the Integrated personality and attain the “completed Integrated personality”, you have no intentional action already, and when you live, speak, it's a representation of an integrated vector, which is transcendental thinking. There is no longer a need to be conscious of even self-enlightenment training practice.

When you are in contact with people, it is not for the people, but you are wrapping up the people with your integrated vectors.

There, even though you are not even conscious of love, your very existence acts to courage, give people happiness, guide life, and guide people to become integrated personalities. And it is the greatest love that leads a people to be integrated personalities. You are now practicing it without your awareness.

Now that you have acquired transcendental thinking, you have already reconciled into the universe, are united with the universe, and are acting as a projection of the universe. You are thinking in the universe, acting in the universe, and shining your personality in the universe. What you think is a projection of the idea of the universe, and what the universe thinks is basically what you think. There, you have all your wishes come true in essence. So,

whatever your ambition, if you strive for it, it will be realized more essentially.

You don't have to think about "what you should do" now, but you just think "what you want to do".

And there is your true-self mission in this “what you want to do”.

At times, what you want will come in front of you as fate before you think.

Deepen your Integrated personality, deepen your transcendental thinking, and eventually become a “completed Integrated personality.” For you, what you want and what you should do is always in match, it is the world of "Jinen".

Moreover, all such actions do not give off odors as before, and all are fully universally affirmed. You no longer have to struggle and justify yourself for self-affirmation, and to make yourself a victim.

There, any experience of your past, even if it is a deceiving, killing, or a struggling experience, are

now all cosmically affirmed and now integrated vectors. They have gained a position and are being utilized within you.

Whether good or bad by the human yardstick, all your thoughts and actions, and your words and behavior, are blessed by the universe with cosmically affirmation beyond good and evil.

You can be fully affirmed of your very existence, while being aware of it.

What you do is what the true-self does, and what the true-self does is what you do.

Therefore, your personality has shone a hundred times more than before, sensitivity has regained its abundance, and emotions, thoughts and desires have been released from the subconscious domination and are emerging from the universe.

They no longer bind themselves and hurt others, they all work to save you and your surroundings,

work to express love and gratitude, and shine brightly, decorating your life beautifully.

You have returned to the "true-self" and become an "Integrated personality of the early stages", and now you have obtained true eternal happiness.

With eternal happiness that never goes away, you are now experiencing the true wonder of life.

Surrounding you are a beautiful integrated vectors filled with the peace and the peace you create.

If you are just silently there, the people around you will be purified and receive happiness by the integrated vector. The true confidence and true humility that comes from the conviction for the love of your transcendental personality is encouraging others just by you being there silently. And the environment around you will seem to be developed centered on you.

You further pursue the universality of the "Transcendental personality", gaining the principle

of the “Transcendental personality”, becoming a grail of the “Transcendental personality” and fulfilling your true-self life, full of progress and harmony as the environment expands further.

And the real world where universality should be established, which humanity should aim for, will gradually become visible to you.

At that time, your true-self mission will be made even greater, and in search of its universality, you will create your own original and unique world in the "Jinen" that is projected in an integrated vector domain.

It is already your unique cultural sphere, and its integrated vector will last forever as your cosmic achievement.

[Last confirmation]

I have shown in this book the principles and methodologies that will help you to be reborn and achieve true happiness.

What I wrote is extremely simple, but if you read this book and find it difficult and even think, "I can't do anything very well," please don't be timid.

"Your Human Redo" is not a technique. The universe is dominated by the "Law of Thought-Determined Outcome". And the "Transcendental personality" is working behind you to bring about your rebirth.

Remember that you do not handle prayers and self-enlightenment training yourself, but all are treated by the Transcendental personalities. You just declare "I want to be reborn" and turn the switch on.

Even the "Transcendental personality", cannot change the person who thinks "I don't want to change".

If you only wish to "change yourself". After that, the "Transcendental personality" will bring about your rebirth, with the "Transcendental personality's" power, not your own power.

I repeat. "Your Human Redo" will be fulfilled if you want it, and if you don't want it, it will not be fulfilled. Fulfill the greatest joy of your life, "Your Human Redo" brilliantly. You can do it for sure.

[Prayer of "Your Human Redo"]

Transcendental personality, I want to be greatly reborn.

Please allow me to fulfill "My Human Redo" by the loving guidance of the transcendental personality.

Thank the "Transcendental personality".

End

Conclusion.

The "way" I have explored is a system of absolute values that includes both the "individual" and the "whole", and unfortunately, I have only been able to express part of the system in this book. However, the "individual" is always placed within the "whole", and therefore, even in the case of the "salvation of the individual", we can never attain complete salvation by simply pursuing salvation while ignoring the "whole". Therefore, the future path must lead to the "salvation of the whole" even if it is the "salvation of the individual", which requires a more thorough pursuit of universality.

And humanity is in its moment.

And the "whole" here is most essentially the

universe, but the "whole" that is particularly important for living in reality is the culture, the environment of thoughts which is raised by people, and the "whole" as our human race.

In order to assimilate into the "whole", to reach transcendental consciousness, to live in the cosmic order, there is still a process of returning back to the beginning required, of quieting the mind, of embodying the universality of truth, of becoming one with the whole of humanity.

Therein lies the ultimate goal of man and humanity, the path of harmony between the "individual" and the "whole".

I can say that the function of the "individual" to the "whole" is the "ascending path", and the function of the "whole" to the "individual" is the "descending path".

In this sense, the "way" shown in this book is

basically the "ascending path".

In addition to this path, there is a "descending path", and the natural consequence of this is that the "individual" and the "whole" are in perfect harmony through the alignment of the "ascending path" and "descending path".

Only when the "individual" and the "whole" are in harmony can the individual and humanity be saved.

That is exactly what you are truly looking for in salvation.

Now that you have made up your mind through this book to pursue the "Human Redo" and are putting it into practice, you need to be aware that you have already been given a True-self mission in relation to the "whole", such as the nation, the people and humanity.

This is why you are especially called upon to establish a more concrete position in the "whole".

Having sought the Integrated personality and having

already become the "Initial stage of Integrated personality", what you should seriously seek is the order of the "whole" and your specific place in it.

If there was no such thing, people would act in isolation, each on their own, and this would lead to contradictions and conflicts, which will be laborious and fruitless.

This is where transcendental thinking comes into play.

You are guided by inner unity in the cosmic order and given power and concreteness in the "Integrated vector field" from the transcendental consciousness.

In this way, members who are firmly united by the network of transcendental consciousness build an order in which they can act harmoniously, without conflict and without contradiction. This principle of action is the very essence of transcendental thinking.

When we are one with the "whole", embodying universality and absoluteness, and have a high level

of transcendental thinking, we do not necessarily need a formal organization.

By sharing an integrated vector, by working from the "integrated vector field" of advanced transcendental thinking, each of us can work in unity without the need for a formal organization. But it would be impractical to demand this of many people, and the meaning of our living in the world of form, in the flesh, is also to express in form the order of the universe.

Therefore, when the function reaches a concrete stage, it is inevitable that it will be organized, and that the order will be projected onto that organization.

So, it is necessary for you now to keep in mind this specific stage and to always return your present position to the Transcendental personality.

It is also a way of humbly placing yourself, who is

already an Integrated personality, in the "whole".

It is not a path of coercion, but a path of return that respects the will of the "True-self".

It must be the unfolding of the destiny which is given to us by "Jinen", by the alignment of the "ascending path" and the "descending path", which is the truth of the universe.

If, by the way, you have no one to serve, no universal idea to return to, then you are isolated in the universe and have not yet established yourself in the order of reality in which the "whole" is projected. So, you need to be ready and have a concrete plan, to return your position at any time to the personality you are supposed to serve, although you have not yet found it.

The person who says, "No, I serve God directly, I do not need to serve a human personality," must first of all, as I described in Chapter 2, ensure that the God whom they serve is free from all self-righteousness

and has recovered their perfect universality, and it is necessary that the person them-self embodies the high principles of the Transcendental personality.

The structure of human consciousness is multi-layered.

In other words, you see a projection of the "Transcendental personality" within the person you are serving.

And the person who can project the Transcendental personality onto himself is the "man" who embodies the idea of the absolute universal "Transcendental personality."

You must unify to the "Transcendental personality" and, as a concrete expression of this identification, maintain the attitude of mind to serve that "person".

This is the humility of truth in relation to the "individual" and the "whole".

20 September 1992

On the hill overlooking Lake Toya.

Kuu Fudo.