

Omelettes

A tasty three egg omelette
either served plain or with a choice of fillings:

Plain Omelette	£10.50
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Add your own fillings: Cheese £1.20 Ham £1.30
Mushroom £1.20 Onion £1.20 Prawn £1.80

Served with peas, salad garnish and choice of either chips
or mashed, jacket or new potatoes OR our house salad.

PLEASE ASK IF YOU WOULD LIKE YOUR OMELETTE TO BE MADE WITH
INGREDIENTS THAT DO NOT CONTAIN GLUTEN.

Baguettes

The B.L.T. £10.25
French stick baguette filled with mixed leaves, sliced tomato and prime
back bacon.

The Steak ‘n’ Stilton £12.00
French stick baguette filled with a handful of mixed leaves and sliced 5oz
rump steak, topped with melted Stilton cheese.

The Marie Rose £10.50
French stick baguette filled with mixed leaves and juicy king prawns bound
in Marie Rose sauce.

✓ The Cheese ‘n’ Onion £9.75
French stick baguette filled with mixed leaves, grated mature cheddar and
diced red onion.

Served with a small salad and a handful of chips.

Wraps

The Piri Piri £10.50
Grilled piri piri chicken with mixed leaves, mixed salad and piri mayo

The Chicken ‘n’ Bacon £10.50
Chicken breast and bacon bound in mayonnaise with mixed leaves.

The Greek £10.50
Lamb kofta, tzatziki and mixed salad.

The BBQ £10.50
Southern fried chicken, barbecue sauce and mixed leaves.

✓ The Veggie £10.50
Grilled halloumi, sweet chilli sauce, peppers and mixed leaves.

Served with a small salad and a handful of chips.

Kids

Chicken Nuggets	£8.00
Chicken Burger	£8.00
Scampi	£8.00
Fish Fingers	£8.00
BBQ Melt	£8.00
Battered chicken, BBQ sauce and melted cheese.	
Steak Pie	£8.50
Tender pieces of braised beef in a rich gravy topped with a puff pastry lid.	
*Sausages	£8.00
✓ Available with vegetarian sausages on request.	

NOW CHOOSE FROM THE
FOLLOWING TO
COMPLETE YOUR MEAL!

CHOOSE YOUR POTATO:

Chips, New Potatoes, Mashed Potato,
Jacket Potato, Wedges, Rice or Garlic Bread

CHOOSE YOUR SIDE:

Peas, Carrots, Baked Beans, Cucumber or Salad

Spaghetti Bolognese	£8.50
Served with garlic bread.	
*Jacket Potato	£7.75
With cheese and beans.	
*✓ Pomodoro Pasta	£7.50
Penne pasta in chef’s own tomato sauce, served with garlic bread.	
*Bangers and Mash	£8.00
Two sausages, mashed potato, gravy and peas.	
✓ Available with vegetarian sausages on request.	
✓ Veggie Fish and Chips	£8.50
Battered Halloumi served with chips and garden or mushy peas.	

Fresh Hand Stretched Stonebaked Pizzas

A choice of Pepperoni £8.50

✓ Margherita £8.00 VG Available vegan on request

*PLEASE ASK IF YOU WOULD LIKE ANY OF THESE DISHES TO BE MADE
WITH INGREDIENTS THAT DO NOT CONTAIN GLUTEN.

Appleby

Inn Hotel

Restaurant, Bar & Accommodation

MENU

SCAN ME with
your smartphone
camera to order
to your table!



Should you require any allergy advice please ask a member of our team. Cooking time may vary during peak periods.

Starters

Garlic Mushrooms £7.00 Pan fried mushrooms in a creamy garlic sauce, served with garlic bread. VG Available vegan on request PLEASE ASK IF YOU WOULD LIKE YOUR DISH TO BE MADE WITH INGREDIENTS THAT DO NOT CONTAIN GLUTEN.	Garlic Flatbread Regular: £6.00 Large: £9.00 Stonebaked from our pizza oven.
Lamb Kofta £7.75 A Greek style lamb kofta, served with tzatziki dip, folded flatbread and a small salad.	Garlic & Mozzarella Flatbread Regular: £7.00 Large: £10.00 Stonebaked from our pizza oven.
Prawn Cocktail £7.50 Mixed leaves topped with Marie Rose bound prawns, served with sliced tomato, cucumber, a twist of lemon and brown bread and butter.. PLEASE ASK IF YOU WOULD LIKE YOUR DISH TO BE MADE WITH INGREDIENTS THAT DO NOT CONTAIN GLUTEN.	Nachos For 1: £7.75 For 2: £11.25 Flavoured tortilla chips topped with homemade chilli con carne, jalapeños, melted cheese and offered with a sour cream dip and guacamole. ✓ Available with a smoky 3 bean chilli suitable for vegetarians. PLEASE ASK IF YOU WOULD LIKE YOUR DISH TO BE MADE WITH INGREDIENTS THAT DO NOT CONTAIN GLUTEN.
Breaded Brie Wedges £7.00 Deep fried and served with a small salad and a beetroot and horseradish chutney.	Appleby Sharing Platter £15.00 Mini beef chilli nachos, breaded mushrooms, southern fried chicken strips, onion rings, seasoned wedges, cheesy jalapeño poppers. Served with chipotle mayonnaise, BBQ and guacamole dips.
Buffalo Wings Chicken: £7.50 Tossed in buffalo sauce and served with a sour cream dip. ✓ Battered Cauliflower: £7.50	Seafood Sharing Platter £15.50 Prawns, oak smoked Scottish salmon, garlic king prawns and mini cod and parsley fishcakes served with a small salad, sliced French stick, Marie Rose and lemon and dill mayonnaise.
Southern Fried Chicken Strips £7.75 A bucket of southern fried chicken strips served with ranch and BBQ dip and a small salad.	✓ Veggie Sharing Platter £15.00 Breaded mushrooms, plant based 3 bean chilli nachos, cheesy jalapeño poppers, seasoned wedges, onion rings, battered cauliflower wings. Served with chipotle mayonnaise, BBQ and guacamole dips.

From The Grill

8oz Rump	£17.50
10oz Sirloin	£24.00
10oz Fillet	£28.00
10oz Gammon Steak	£16.50
A prime d-cut gammon steak offered with fried egg or pineapple ring.	
20oz Gammon Steak (2 x 10oz Gammon)	£22.00
Two prime d-cut gammon steaks offered with fried eggs or pineapple rings.	
Steak & Gammon Combo	£22.50
A prime 10oz d-cut gammon, a prime 5oz rump cooked to your preference, topped with two fried eggs.	
Parva Mixed Grill	£25.50
5oz rump steak, 5oz gammon steak, pork loin steak, lamb cutlet, jumbo sausage and fried egg.	
PLEASE ASK IF YOU WOULD LIKE YOUR DISH TO BE MADE WITH INGREDIENTS THAT DO NOT CONTAIN GLUTEN, THE DISH WILL BE SERVED WITHOUT ONION RINGS.	
All steaks are served with fried mushrooms, beer battered onion rings, grilled tomato, garden peas and a choice of either chips, mashed, jacket or new potatoes.	
ADD A TOPPER OR A SAUCE TO YOUR STEAK . . .	
Pepper Sauce	£3.10
Garlic Butter	£0.90
Garlic King Prawns Topper	£4.50
Scampi	£4.00
Creamy Stilton Sauce	£3.10
Mushroom, Bacon and Melted Stilton Topper	£4.00
Double Fried Egg Topper	£2.50

Although dishes are declared to be without certain allergens all dishes are supplied by companies and also prepared by us
in environments that house allergens and cannot guarantee that dishes are free from allergen traces.
Should you require further allergen advice please see a member of staff who will be happy to help.
We cannot guarantee that any dishes are free from nut traces.
Fish and poultry dishes may contain bones.
All weights are approximate uncooked.
Management reserves the right to cancel, change, withdraw or withhold offers (without notice), at any time.
Prices are in pounds sterling and include VAT, at the current rate.
All products are subject to availability.

✓ Suitable for vegetarians VG Suitable for vegans

Burgers

Beefburger £13.00
A handmade half pound beefburger topped with mixed leaves and sliced tomato.

VG Vegan Burger £13.00
A vegan burger patty on a seeded bun topped with mixed leaves and sliced tomato.

Cheeseburger £13.50
A handmade half pound beefburger topped with melted cheese, mixed leaves and sliced tomato. Available vegetarian and vegan on request

Cheese and Bacon Burger £14.00
A handmade half pound beefburger topped with back bacon, melted cheese, mixed leaves and sliced tomato.

The Bird £14.00
Two 3oz battered chicken burgers topped with mixed leaves and mayonnaise. Available vegetarian on request

The Stack £15.50
A handmade half pound beefburger, a 3oz chicken burger, two slices of back bacon & melted cheese with mixed leaves, sliced tomato & sticky barbecue relish. Available vegetarian on request

The Deep South Stack £15.50
A handmade half pound beef burger, a southern fried chicken burger with bacon, melted cheese, bbq sauce, ranch mayo and mixed leaves. Available vegetarian on request

The Deep South Chicken £14.50
Two southern fried chicken burgers with bacon, melted cheese, bbq sauce, ranch mayo and mixed leaves. Available vegetarian on request

The Piri Piri Chicken £14.50
Marinated piri piri chicken breast, melted cheese, piri piri mayo, mixed leaves and sliced tomato.

The Piri Piri Stack £15.50
A handmade 8oz beef burger, marinated mini piri piri chicken breast, melted cheese, piri piri mayo, mixed leaves and sliced tomato.

All served in a seeded burger bun with beer battered onion rings, chips & coleslaw*
*vegan burger not served with coleslaw

Salads

*AVAILABLE WITH PRODUCTS THAT DO NOT CONTAIN GLUTEN ON REQUEST.

Chicken Caesar £13.50
Tender chicken breast bound with Caesar dressing, mixed leaves, tomato, cucumber, croutons and Parmesan. Served with a roll and butter

*Salmon and Prawn Salad £14.00
Oak smoked Scottish salmon topped with juicy Greenland prawns bound in a tangy Marie Rose sauce, on a bed of mixed leaves, cucumber and sliced tomato. Offered with a roll and butter.

*Ham Salad £12.50
Hand carved best ham served with beetroot and horseradish chutney, our house salad and a roll and butter.

* Grilled Halloumi £13.50
Grilled Halloumi with mixed salad, drizzled chilli tomato chutney finished with cheese croutons. Served with a roll and butter.

Piri Piri Chicken Salad £14.50
Grilled marinated piri piri chicken breast on a bed of dressed mixed leaf salad with onions, cucumber, tomato, peppers and red onion. Served with garlic bread. Add Halloumi for £4.00

Don't forget to check with your server for today's Chef's Specials

Main Courses

Steak Pie £14.50
"Melt in your mouth" pieces of beef slow cooked with onions in a tasty gravy topped with a light puff pastry lid. Served with peas, carrots and choice of either chips, mashed, jacket or new potatoes.

The Sizzling Pig £18.25
Two succulent pork steaks, grilled to perfection and smothered with melted Stilton cheese, served on a sizzler with fried onions, mushrooms and bacon. Served with peas, mushrooms, onion rings and a choice of chips or seasoned wedges.

Chicken Enchiladas £15.50
Mexican spiced chicken breast with red onions and mixed peppers encased in flour tortillas, topped with Mexicana cheese and baked in the oven, served with chips or seasoned wedges, sour cream and guacamole.

Chicken Tikka Masala £15.00
Grilled tikka marinated chicken in chef's own traditional rich tomato masala sauce, served with naan bread, chips, rice or ½ and ½. PLEASE ASK IF YOU WOULD LIKE YOUR DISH TO BE MADE WITH INGREDIENTS THAT DO NOT CONTAIN GLUTEN.

VG Vegan Masala £14.50
Chickpeas, lentils, mushrooms, onions and red pepper in a dairy free traditional rich tomato masala sauce. Served with naan bread, chips, rice or ½ and ½.

Lasagne Bolognese £15.00
Rich beef bolognese sauce layered with egg pasta sheets, all topped with a smooth béchamel sauce. Served with a small salad and choice of chips or garlic bread.

VG Mediterranean Vegetable Lasagne £14.50
Vegetable lasagne of mixed peppers, aubergines, courgettes and onions in a herby tomato sauce layered with egg pasta sheets, all topped with a smooth béchamel sauce. Served with a small salad and choice of chips or garlic bread.

Lamb Cutlets £17.00
Grilled lamb cutlets on a bed of mashed potato with a red wine and mint gravy, served with peas and carrots.

Piri Piri ½ Chicken £16.00
½ chicken roast in piri piri rub seasoning, served with piri salted chips, coleslaw, small salad, piri sauce and piri mayo. PLEASE ASK IF YOU WOULD LIKE YOUR DISH TO BE MADE WITH INGREDIENTS THAT DO NOT CONTAIN GLUTEN.

Barbecue Chicken Melt £15.00
Grilled chicken breast topped with back bacon, bbq sauce and melted cheese. Served with a small salad and chips. PLEASE ASK IF YOU WOULD LIKE YOUR DISH TO BE MADE WITH INGREDIENTS THAT DO NOT CONTAIN GLUTEN.

Fish 'n' Chips £15.75
A hand beer battered cod served with chips, garden OR mushy peas.

VG Veggie Fish 'n' Chips £14.50
Generous portions of halloumi deep fried in a golden batter, served with chips and a choice of garden OR mushy peas.

Sizzling Chicken Fajitas £16.00
Fajita spiced chicken, onions and peppers on the skillet, served with flour tortillas, salsa, guacamole, sour cream and cheese. PLEASE ASK IF YOU WOULD LIKE YOUR DISH TO BE MADE WITH INGREDIENTS THAT DO NOT CONTAIN GLUTEN.

VG Sizzling Vegan Fajitas £16.00
Plant based imitation chicken fajita pieces with black beans, peppers and onions, served on the sizzler. Accompanied with guacamole, salsa, vegan chipotle mayo and flour tortillas. PLEASE ASK IF YOU WOULD LIKE YOUR DISH TO BE MADE WITH INGREDIENTS THAT DO NOT CONTAIN GLUTEN.

Chilli Con Carne £15.00
Tender steak mince cooked with onions, chillies, basil, cumin and tomatoes. Served with sour cream with chives, tortilla chips and choice of chips, boiled rice or ½ and ½. PLEASE ASK IF YOU WOULD LIKE YOUR DISH TO BE MADE WITH INGREDIENTS THAT DO NOT CONTAIN GLUTEN.

Grilled Sea Bass £17.00
Seasoned sea bass fillets grilled on a bed of butternut squash risotto, served with a small salad, garlic croûte and parmesan shavings.

Grilled Salmon £17.00
Grilled salmon fillet on a bed of crushed potatoes under a creamy mushroom sauce. Served with peas and carrots. PLEASE ASK IF YOU WOULD LIKE YOUR DISH TO BE MADE WITH INGREDIENTS THAT DO NOT CONTAIN GLUTEN.

Check with your server for the choice of Sunday Roasts (subject to availability)

Fresh Stonebaked Pizza & Calzone

All of our 10" pizzas are made fresh, hand stretched with chef's own pizza sauce, unless stated, and cooked in our stone-baked pizza oven.

With pizzas being made fresh, there may be a slight difference in service time compared to other meals ordered for the table.

VG Margherita £10.50
Fresh tomato, mozzarella. VG Available vegan on request

VG Veggie Supreme (Available as a Calzone) £11.00
Peppers, onions, mushrooms, sliced tomato, mozzarella. VG Available vegan on request

Pepperoni £11.00
Pepperoni, mozzarella.

Mexicana (Available as a Calzone) £12.00
Fajita spiced chicken, onions, peppers, jalapeños, mozzarella.

Mighty Meaty (Available as a Calzone) £12.00
Chicken, spicy beef, ham, pepperoni, mozzarella.

Lighter Appetites

Two Jumbo Sausages, Two Fried Eggs & Chips £10.50
Available with vegetarian sausages on request.

PLEASE ASK IF YOU WOULD LIKE YOUR DISH TO BE MADE WITH INGREDIENTS THAT DO NOT CONTAIN GLUTEN.

Battered Scampi £10.50
Served with chips and garden peas or homemade mushy peas.

VG Spinach and Ricotta Cannelloni £10.50
Cannelloni filled with spinach and ricotta with a sweet tomato sauce, topped with a creamy mature cheddar cheese sauce. Served with garlic bread.

Mini Fish 'n' Chips £11.00
A smaller portion of our beer battered cod offered with chips and mushy or garden peas.

Two Slices of Best Ham topped with Two Fried Eggs £10.50
Served with chips. PLEASE ASK IF YOU REQUIRE THIS DISH TO BE MADE WITH INGREDIENTS THAT DO NOT CONTAIN GLUTEN.

Beef & Guinness Pie £10.50
Tender pieces of beef, mushrooms and onions in a rich Guinness gravy, encased in a shortcrust pastry. Served with garden or mushy peas, chips, mashed or new potatoes.

* 5oz Rump Steak £12.00
Grilled to your preference and served with garden peas, onion rings and a choice of chips, mashed, jacket or new potatoes.

* 5oz Gammon Steak £12.00
topped with either a warm Pineapple Ring or Fried Egg served with garden peas, onion rings and a choice of chips, mashed, jacket or new potatoes. *PLEASE ASK IF YOU REQUIRE YOUR GRILL TO BE SERVED WITH INGREDIENTS THAT DO NOT CONTAIN GLUTEN, THE DISH WILL BE SERVED WITHOUT ONION RINGS.

Giant Yorkshire Pudding £10.50
Filled with mashed potato and a choice of:
Tender Braised Beef
VG Veggie Sausages
or Butchers Own Handmade Pork Sausages
served with peas and carrots and topped with a rich gravy.

S I D E O R D E R S	Chips	£3.50
	Cheesy Chips	£4.00
	Sweet Potato Fries	£4.00
	Seasoned Wedges	£4.00
	Jacket Potato	£4.00
	New Potatoes	£3.50
	Naan Bread	£3.00
	Side Salad	£4.00
	Fried Mushrooms	£3.50
	Onion Rings	£4.00
	Baked Beans	£1.20
	Coleslaw	£3.25
	Cheesy Coleslaw	£3.25
	Garlic Bread	£4.00
	Cheesy Garlic Bread	£5.00
	Roll and Butter	£1.20
	Brown Bread & Butter	£1.20