



Reduce the Risks, Complications, & Expenses of Diabetes with Lark's **Diabetes** **Care Program**

Lark's Diabetes Care Program is a personalized digital health solution that uses A.I coaching and smart connected devices to help your members with diabetes better manage their condition. The smartphone-based platform provides 24/7 coaching that helps your members take small steps over time to create lasting behavior change and improved health.



Clinically Effective, Cost-Efficient Care

- Similar or better clinical outcomes than competitors at 50-80% lower cost
- Instant and infinite scalability to treat your entire at-risk population
- Positive ROI within one year



Increased Engagement and Accessibility

- Multimodal campaigns to generate program awareness, enroll, and treat your at-risk members
- Demonstrated reach to typically hard-to-engage populations
- Real-time, on-demand feedback that drives successful behavior change



Pioneering Healthcare 3.0

- Lark moves beyond the cost and resource constraints of in-person therapy (Healthcare 1.0) and telephonic coaching (Healthcare 2.0)
- 24 x 7 x 365 A.I-based coaching (Healthcare 3.0) drives benefits that improve, rather than degrade, at scale

Learn more at www.lark.com or email modernizecare@lark.com

KEY OUTCOMES

1.1%

A1c reduction
over 6 months
for those with
average A1c $\geq 8^*$

THE PROGRAM INCLUDES

Diabetes-specific
educational
curriculum

Blood glucose &
weight coaching
facilitated by
connected
glucometer & scale

Unlimited testing
supplies and in-app
supply reordering

Digital Nutrition
Therapy

Personalized
guidance on sleep &
physical activity

Escalation to live
clinical resources
for out-of-range
readings

Medication
adherence counseling
& reminders to close
gaps in care

Behavioral health
screening, stress and
resilience coaching, &
escalation resources

Tobacco cessation
coaching (available
year two)

*Based on Lark program data