Counseling with a Clinician In-Training  
Consent Addendum

You are seeing one of our team members who is in training in a practicum or internship in their professional field. Clinicians-in-training are highly skilled and have gone through a rigorous vetting process before they become a team member at Discovery Counseling Austin.

## INSURANCE

Health insurance plans do not reimburse for services provided by provisionally licensed clinicians. Be aware that you are responsible for fees not covered by insurance.

**You can use a health savings fund for services.**

***If you have a Whole Foods Insurance policy*,** services rendered by any counselor on our team are covered (according to your insurance policy).

Your insurance may cover services provided by a clinician who is a Licensed Chemical Dependency Counselor and you are seeking services for a substance use disorder (regardless of a provisional status for the clinician’s primary license).

## CONFIDENTIALITY

Information gathered in clinical sessions will be held with the same confidentiality laws of all clients at Discovery Counseling Austin. Clinical details will be discussed with your clinician’s supervisor for the purpose of training. Exceptions to confidentiality are the same as the practice policies when there is suspected child/elder abuse, imminent danger to the client or others, a court order, or when a client signs a release of information. If your clinician is utilizing video or audio recording to aide in their training, you will be informed and you will be allowed to “opt out” of recording your sessions.

What does it mean for a clinician to be “In Training” for counseling?

Clinicians who are receiving their training at Discovery Counseling Austin have undergone rigorous screening to determine that their skills and expertise fit with the needs of the clients at Discovery. These clinicians have already completed many months if not years of courses and supervision before joining Discovery for a practicum or internship at Discovery. The full timeline for transitioning from graduate education for counseling into full-licensure takes about 5 years of rigorous training.

If you have any questions about seeing a provisionally licensed clinician at Discovery Counseling Austin, you may email the Practice Director at [info@discoverycounselingaustin.com](mailto:info@discoverycounselingaustin.com)

Discovery Counseling Austin

www.discoverycounselingaustin.com