# Newsletter



Friday 11th February 2022



This week's focus on mental health has seen some lovely creative ways for our children to develop their understanding of wellbeing. These mental health balloons have been created by Year 5. We've also had some really valuable conversations with pupils about their choices and the impact on their mental health and that of others. As always, we are impressed with how our pupils learn and grow; children make mistakes and we are here to guide them through and offer support.

The first of our football net sets has gone up creating a buzz of excitement from the children! Huge thanks to the PTFA for the continued work on increasing the opportunities for pupils outside – lots of further changes coming soon . . . The new goals, coupled with a sunny day, saw children using the field and the trim trail, as well as opening up more space to play. Year 6 took the first day with the nets and played fantastically, remembering not to hang off the cross bar! We will put a rota in place and additional time with the goals will go to classes as a reward, whether this be for attendance or behaviour.

The book hut made it outside this week for Y4 children and parents. Next week we will aim to open it to Y3 and Y2, though we may get through more year groups depending on the level of interest (and the weather).





Year 3 were full of enthusiasm when we saw them this week - out hunting for items they could use in their history lessons. We are loving the Stonehenge recreations in a variety of materials and hear there's some stone age painting coming soon . . .

Year 6 continue to be gripped by their focus on WWII and have produced some really effective writing across a range of genres. This week they've impressed with their poetry and it is

lovely to see the pride they have in their writing.

We hope you have a restful weekend ready for our final week next week – only 5 more get ups!



# Children's Mental Health Week

# GROWING



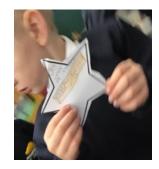
Children's mental health week is from 7<sup>th</sup> February – 13<sup>th</sup> February 2022. This week we have been using the focus of 'growing together' to explore children's emotional growth.

#### What is 'Growing Together' and why is it important?

Human beings change and grow — we do it all the time and in many different ways. Physical growth is easy to see as we grow from babies to children, teenagers to adults. But growing emotionally is also an important part of our development. Things that upset us when we were younger may no longer overwhelm us as we grow and learn to cope with life's ups and downs. Challenges and set-backs can help us to grow and adapt. Trying new things can help us to move beyond our comfort zone into a new realm of possibility and potential. However, emotional growth is often a gradual process that happens over time, and sometimes we might feel a bit 'stuck'. At these times we are reminded of how much we need others in our lives to help us to keep growing. We need our parents and carers, our teachers, our friends and others to support us to grow, especially when things get tough. We often need others to help us to believe in ourselves, to keep going, and to try doing things a bit differently. Even when we have experienced really difficult challenges in our lives, with the right support, we can continue to grow and flourish.

In school we have looked at emotional well-being through collective worships and through a number of different activities. See below for some fantastic responses we got from our children.





One of the activities this week was called reach for the stars.

The children danced to 'reach for the stars' song by S Club 7 and then had to think about a goal they wanted to set themselves. We had a lot of responses related to improving some aspects of school work but we also had a range of ambitions ranging from: being able to swim on their backs to being able to score a goal when playing football. One pupil in year 1 said their goal was to make sure everyone was being kind to the world. What a goal to set!

If you would like to talk to your child more about 'Children's mental health week', there is a parent section you can access on the following link:

https://www.childrensmentalhealthweek.org.uk/parents-and-carers/

If you are concerned about the wellbeing of your child, please make sure you speak to school. We have a wonderful nurture team who help some of our children manage feelings which are sometimes too difficult or confusing for them to manage alone. You can always speak to a member of SLT on the gates morning or afternoon if this is something you would prefer.

Ms Blackmore

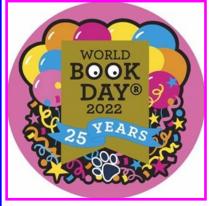
# **Meet our Local Governing Body**

Hello, my name is Lisa Mahoney and I have been co-opted to be a governor at Manston St James for the next 2 years. I have had a long history with the school as both my children attended this school; I had the pleasure of working at Manston St James for numerous years then I took the bold steps to be a mature student, attending university to become a teacher. I have taught in schools for over 15 years then retired from teaching in 2019 to be a Family Support Worker at a faith school in Hunslet, as I found I had a passion of developing home/school relationships whilst teaching.

I have attended St James' church for a very long time and through my journey of faith, I became a Licenced Lay Minister in 2014. Over the years, I have been involved and led a playschool, Brownie group, summer play scheme, fundraising events, and numerous children's activities in church bringing the love of Jesus into the hearts of both parents and children.

It is a privilege to be a governor at Manston St James as here was the start of my journey in the spirit Jesus and discipleship. I believe that children are the central focal point of the school, able to achieve the very best academically but most importantly to be nurtured, loved, and guided with life skills for our ever-changing world.

# **World Book Day**



# WORLD BOOK DAY – 3<sup>RD</sup> MARCH 2022

In school we are going to be celebrating World Book Day by dressing up as a character from our favourite book. Let your child's imagination run wild.

Please do not feel any pressure to buy a costume, get creative and see what things you already have at home. On the day we are asking for your child to bring the book to school, which the character is from.

We also have a World Book Day menu for those children already on school meals.

Horrid Henry's Sausage Dog (red) or Harry Potter's Magical Pizza (green) Served with

Where's Wally's Potato Wedges, Gangsta Granny Greens (peas, brocolli, salad)

&

Matilda's Marvellous Mousse with Tracy Beaker's Beaker of fruit juice



#### **Coronavirus Information**

In response to the outbreak of the Coronavirus (COVID-19) we ask all staff, students, visitors and contractors to self-screen before entering the building to help lesson the spread of the virus.

#### DO NOT ENTER IF:

- 1) You have signs of a fever or high temperature (above 38C)
- 2) You have a persistent cough or respiratory problems
- 3) You have loss of, or change in, your normal sense of taste or smell If you have met any of the above criteria you should return home and contact 111 for advice.

#### IF YOU'RE SAFE TO ENTER PLEASE FOLLOW THE GUIDANCE BELOW:

- 1) Maintain social distancing whilst on site (2 metres)
- 2) Wash your hands thoroughly with soap and water or alcohol based hand sanitiser
- 3) Avoid touching your face with your hands
- 4) If you need to cough or sneeze, do so into a tissue and bin it after using
- 5) Please still wear a face covering in our building

#### HELP STOP THE SPREAD AND KEEP EVERYONE SAFE

If your child becomes symptomatic or has a positive lateral flow or PCR test over the weekend, please email school with this information. This is because we will need to inform staff and children in their class that they are close contacts. Please email info@manstonstjames.co.uk

# Attendance

Well done to the following 4 classes with the best attendance for week 07.02.22—11.02.22

6W-97.1% 5C -97.2% RH-97%

# **PTFA**



**Pre-loved uniform** Our pre-loved uniform items are all washed and available to buy in the playground on Monday 14th February from 3.05pm.

Suggested donation for the items is 50p.

**Book sale** We have lots of lovely books for all ages to enjoy. These books will be available to view and purchase on Monday 14th February too. Suggested donation 20p.



Meeting date Our next meeting is Tuesday 1st March at 6pm in school. Please come and join us, we will be discussing crazy hair day, Mr Shuffles disco and the pop up circus.

E-mail us at fomsjames@gmail.com Follow us on Facebook 'Manston St James PTFA.

#### **Notices**

School Ties & Book Bags —please purchase school ties & replacement book bags via Parentpay. Just log in to your child's account, purchase the tie(s) or book bag(s) and then email info@manstonstjames.co.uk to let us know who the item is for and whether they require a standard or elastic tie. Please note we are now a cashless school and are unable to accept cash.

**Name your uniform**—please name your child's uniform. We have an increasing amount of jumpers, cardigans, coats, hoodies etc. that are going missing and are often un-named. A sharpie works well or you can purchase long lasting labels from www.stikins.co.uk and our school code is 12872.

**School Uniform**—with the exception of our reception classes, all children should now be wearing winter uniform. Please also make sure you send a warm coat as we go outside every day regardless of the weather.

**School Dinners**— please remember to let us know before we break up if your child wishes to change their lunchtime arrangements. Children should be on either packed lunches or school meals.

# Christian Value—Hope (peace)

"Peace I leave with you; my peace I give to you. Let not your heart be troubled, neither let them be afraid." John 14:27

We create peace at Manston St James Primary School by:



- respectfully disagreeing
- accepting others opinions
- thinking positively
- advocating equality
- collaborating with others
  - encouraging and supporting our friends

## **Diary Dates**

Friday 18th February—break up for half term (1 week) Monday 28th February—return to school Tuesday 1st March—Pancake Pandemonium Thursday 3rd March—World Book Day

### Safety

<u>We take safety very seriously at our school.</u> If you have any concerns or observations regarding health and safety please contact: *Mrs Owen or Mrs Cockerham.* 

If you have any concerns or questions regarding Child Protection issues contact: *Mrs Spofforth or Mrs Blackmore*