



## NJIRC Health and Safety Statement

Written by: Bobbie Morgan  
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LYR organise the National Junior Indoor Rowing Championships to be a safe and enjoyable event for all involved. During a virtual event, LYR relies on the engagement of those participating, supporting and connected with the event to ensure we maintain a safe and enjoyable environment. LYR recognises that everyone is responsible for observing health and safety measures and acting in accordance with the law and best practice.

There are various important checks and duties that must be carried out to ensure that health and safety is properly assessed and risks are mitigated where possible. LYR cannot take responsibility for how those engaging with NJIRC conduct themselves away from LYR venues and via online platforms. LYR encourages everyone to be accountable and conduct themselves in a safe manner.

**Should anyone have a concern about health and safety in association with NJIRC, you should report your concern directly to LYR's Operations Team.**

**Chief Operating Officer: David Tinnion, [dtinnion@londonyouthrowing.com](mailto:dtinnion@londonyouthrowing.com), 07809 830 898**  
**Head of Operations: Bobbie Morgan, [bmorgan@londonyouthrowing.com](mailto:bmorgan@londonyouthrowing.com), 07889 691 866**

**Note: Any person or organisation running mini in-person events as part of virtual NJIRC assumes responsibility for ensuring that the in-person event runs safely.** By running an event, they are accepting accountability for carefully assessing the risks, having in place the necessary control measures, and communicating a clear safety brief that includes an emergency action plan. An event lead should be appointed and be accountable for putting together an event plan. A good event plan will include a:

1. Summary of Event:
  - i. Date
  - ii. Location
  - iii. Time
  - iv. Description
  - v. Key Contacts
2. Risk Assessment
3. First Aid Provision
4. Emergency Action Plan:
  - i. Evacuation procedures, escape routes and floor plans
  - ii. Reporting and alerting authorities
  - iii. Alerting staff and visitors of an emergency
  - iv. Accounting for people after implementing an EAP
  - v. Notifying emergency contacts
5. Safeguarding Protocol
6. Process for Incident Reporting
7. Safety Brief for:
  - i. Staff (Highlighting key parts of Event Plan)
  - ii. Participants (Housekeeping)

In addition, before the event gets underway and throughout the event, checks should be carried out by the event lead using a Health and Safety Observation Checklist.