## **Temporary Crowns and Bridges**

You have received either a temporary restoration retained by temporary cement or a final restoration that has been cemented with temporary cement. Remember, temporary cement is meant to be temporary!

## **CHEWING:**

- The temporary cement requires about 45 minutes to set properly. Please avoid eating for the first hour after your appointment.
- Temporary crowns or bridges are not permanent. Your crown or bridge may break or come out on occasion. If this happens, please call our office immediately (856-228-6688)!
- If you cannot contact a dentist and the temporary crown or bridge comes out, please go
  to a pharmacy and purchase some FIXODENT and place it in the crown or bridge that fits
  over the prepared treated tooth or teeth. FIXODENT is denture adhesive and will hold
  the provisional restoration in place until you can return to the office for further
  treatment.
- DO NOT leave the temporary crown or bridge out of the mouth for an extended period
  of time! Your teeth can shift if the temporary is not placed back in the mouth and your
  permanent crown will not fit properly.
- Please avoid sticky foods such as gum, caramel, starbursts, etc., as they can loosen or pull the temporary crown or bridge out.
- Please brush and floss your teeth daily per usual. If you have a temporary crown or bridge in place, when you use floss, begin as usual but when it is time to remove the floss, let go of the floss with one hand and pull it from between the teeth with the other hand. This will reduce the possibility of the floss "catching" the provisional restoration and pulling it off the tooth.
- The temporary crown may not resemble the final restoration in size, color, texture, shape or in any other way.

It is NORMAL that the teeth that were prepared and are now covered by the provisional restoration will be sensitive to hot, cold, or sweets. This is not uncommon. The temporary crown may leak saliva or other fluids onto the newly prepared (cut) tooth. This will not be the case with the final restoration.

The temporary or final restorations are now held in place with an extremely weak cement. This weak cement is used in order to facilitate removal of the restoration for further procedures. Do not chew anything sticky while the provisional cement is being used. The final cement that will be used is much stronger!

If you have any questions, please do not hesitate to call our office at 856-228-6688.