

Root Canal Therapy Post Treatment Care

After your root canal therapy appointment, you may expect that the area treated may be sore. This may be due to either the injection site (that is, the location where the syringe tip was placed to deliver the anesthetic may be sore) or the root canal, therapy in progress. The canal(s) in the tooth have been filed and irrigated and now should be "clean." Medication may have been placed in the tooth. Discomfort or pain could develop beyond the root of the tooth (in the bone) just from the manipulation of the instruments during the root canal procedure. This is not uncommon. Appropriate pain relief medication has been recommended to you.

Post-operative pain is normal, but it is common for there to be some slight to moderate residual pain. If the tooth was particularly difficult to treat or the infection that was in the tooth was serious then there could be more discomfort in the area. There should not be swelling of the gum tissues around the tooth or in your jaw. If you have been given a prescription for an antibiotic, please be sure to take it to completion. If the pain relief medication recommended does not alleviate your pain, a feeling of pressure or if there is swelling around the tooth please call the office immediately.

There is a temporary filling in the tooth. This is meant to stay in place until your next appointment. Please call the office if it comes out. Do not chew on the tooth being treated. You could fracture or crack the tooth, dislodge the temporary filling or cause yourself some aggravation/pain. The ligament that holds the tooth in place usually becomes inflamed in a tooth that requires a root canal. This inflammation does not go away immediately - it takes time to heal.

The root canal has been completed. If you have soreness or pain, an over the counter pain relief medication should be more than adequate. If there is severe pain, a feeling of pressure or swelling associated with the tooth please call the office immediately.

If you have any questions, please do not hesitate to call our office at 856-228-6688.