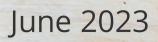
## St. Christopher's Breakfast Menu



Monday	Tuesday	Wednesday		Thursday	Friday
This institution is an equal opportunity provider. Menu is subject to change.	A Great Breakfast Select at least 3 items!  Milk Fruit Juice  2 Grains or A Grain And Protein  One must be a  Fruit Juice  AND/OR  Fruit		1	Muffin Fresh Fruit Juice cup Upstate 1 % Milk	Donut Fresh Fruit Juice cup Upstate 1 % Milk
Cereal Bar Fresh Fruit Juice cup Upstate 1 % Milk Upstate Fat Free Milk	Cinnamon Roll Fresh Fruit Juice cup Upstate 1 % Milk Upstate Fat Free Milk	Cereal,Variety Fresh Fruit Juice cup Upstate 1 % Milk Upstate Fat Free Milk	8	Muffin Fresh Fruit Juice cup Upstate 1 % Milk Upstate Fat Free Milk	Pop Tarts Fresh Fruit Juice cup Upstate 1 % Milk Upstate Fat Free Milk
Cereal Bar Fresh Fruit Juice cup Upstate 1 % Milk Upstate Fat Free Milk	13 Yogurt Fresh Fruit Juice cup Graham Crackers Upstate 1 % Milk Upstate Fat Free Milk	Cereal,Variety Fresh Fruit Juice cup Upstate 1 % Milk Upstate Fat Free Milk	15	Muffin Fresh Fruit Juice cup Upstate 1 % Milk Upstate Fat Free Milk	Bagel Fresh Fruit Juice cup Upstate 1 % Milk Upstate Fat Free Milk
JUNETEENTH	20	21	22		2 School
26	27	28	29	for people with a medical condition or fo subject to change or substitution without	aprovided in this analysis should not be used od allergy. Ingredients and menu items are notice. In planning and treating allergies and istrict regarding their individual policy for