



# miR **Sentinel**<sup>TM</sup>

## **PROSTATE CANCER TEST**

Specimen Collection and Shipping Instructions  
Up to 6 Specimens per box



Welcome to miR Sentinel<sup>TM</sup> Prostate  
Cancer Test: Breakthrough Liquid  
Biopsy Urine Test for Prostate Cancer



685 Route 1 S, Ste 110  
North Brunswick, NJ 08902

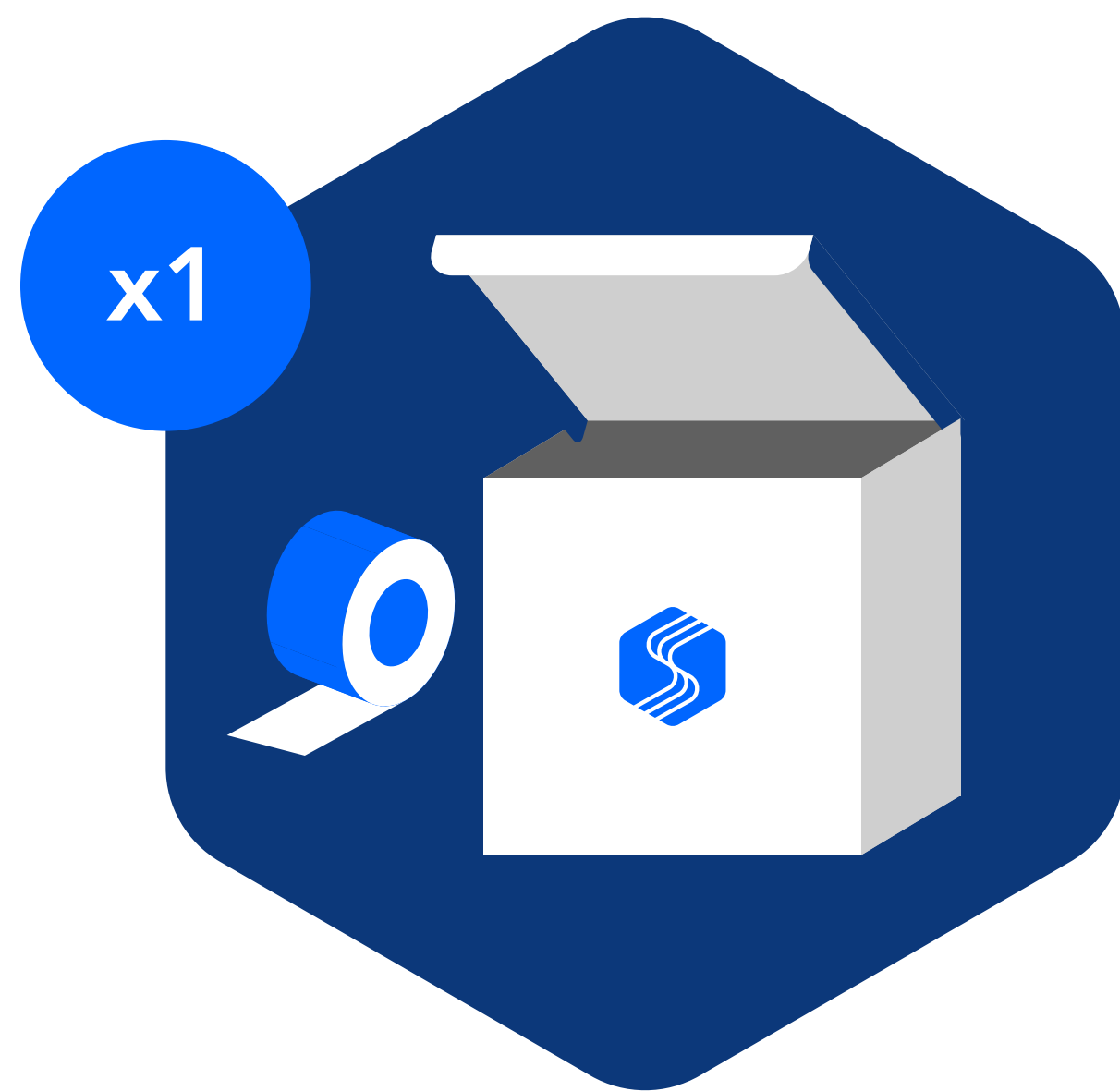
855.55.CALLMIR (855.552.2556)



# Welcome to the miR Sentinel Prostate Cancer Test specimen collection kit.

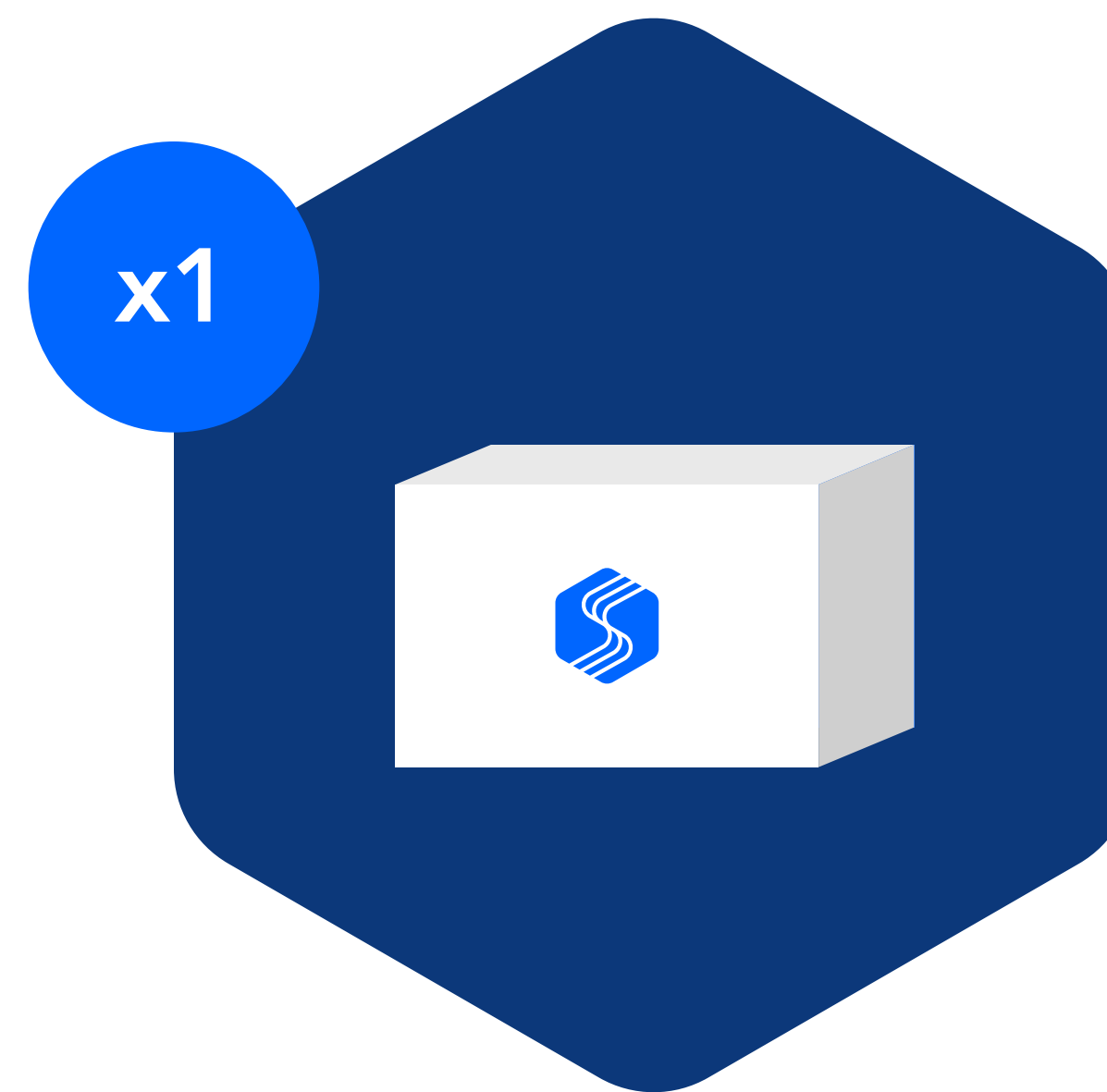
## Please read all instructions before getting started.

### What's included in your kit:



**Insulated outer box to maintain temperature during return shipping (Do not discard)**

- Sealing Tape Included



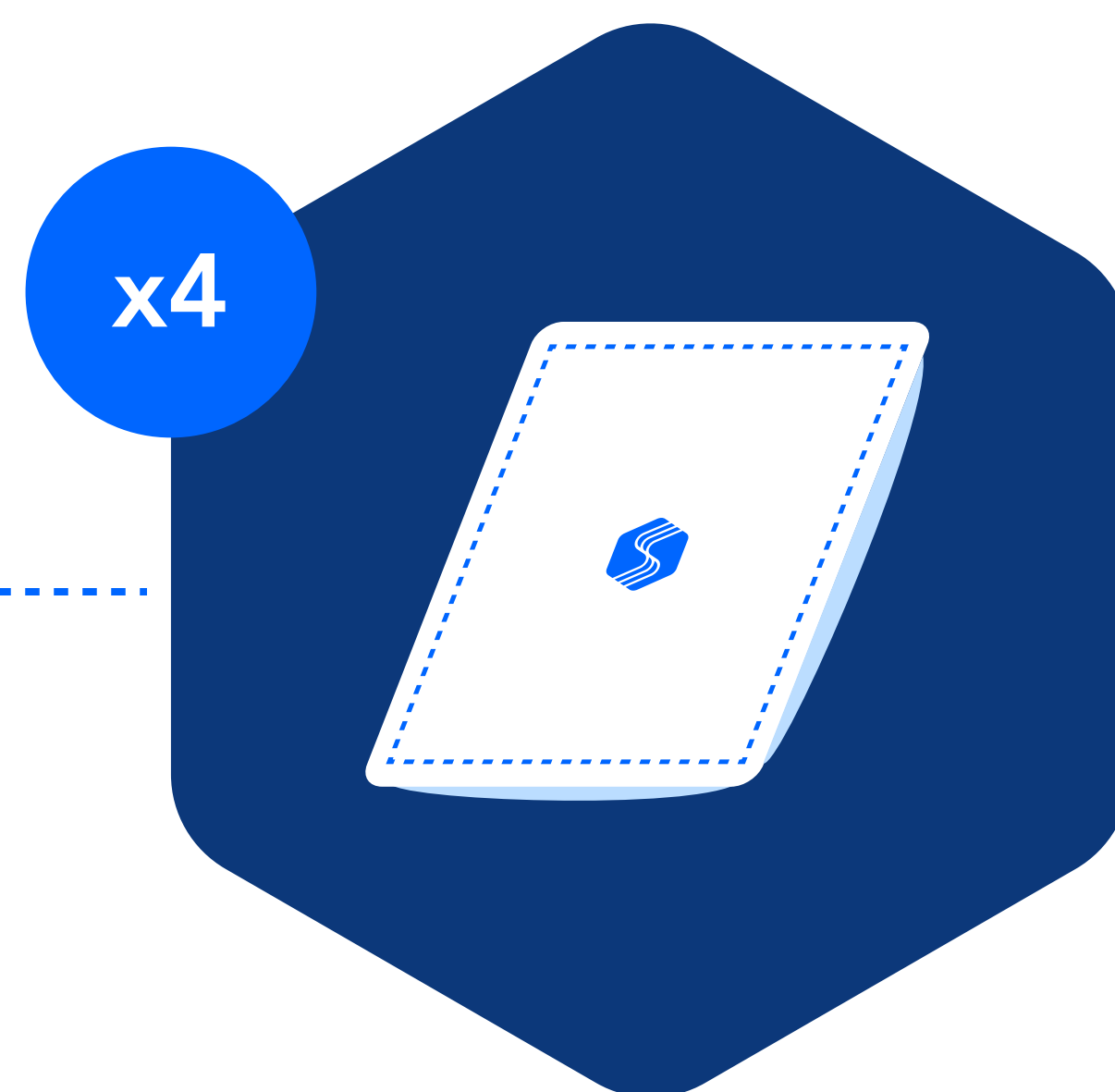
**Inner Sample Collection Box**



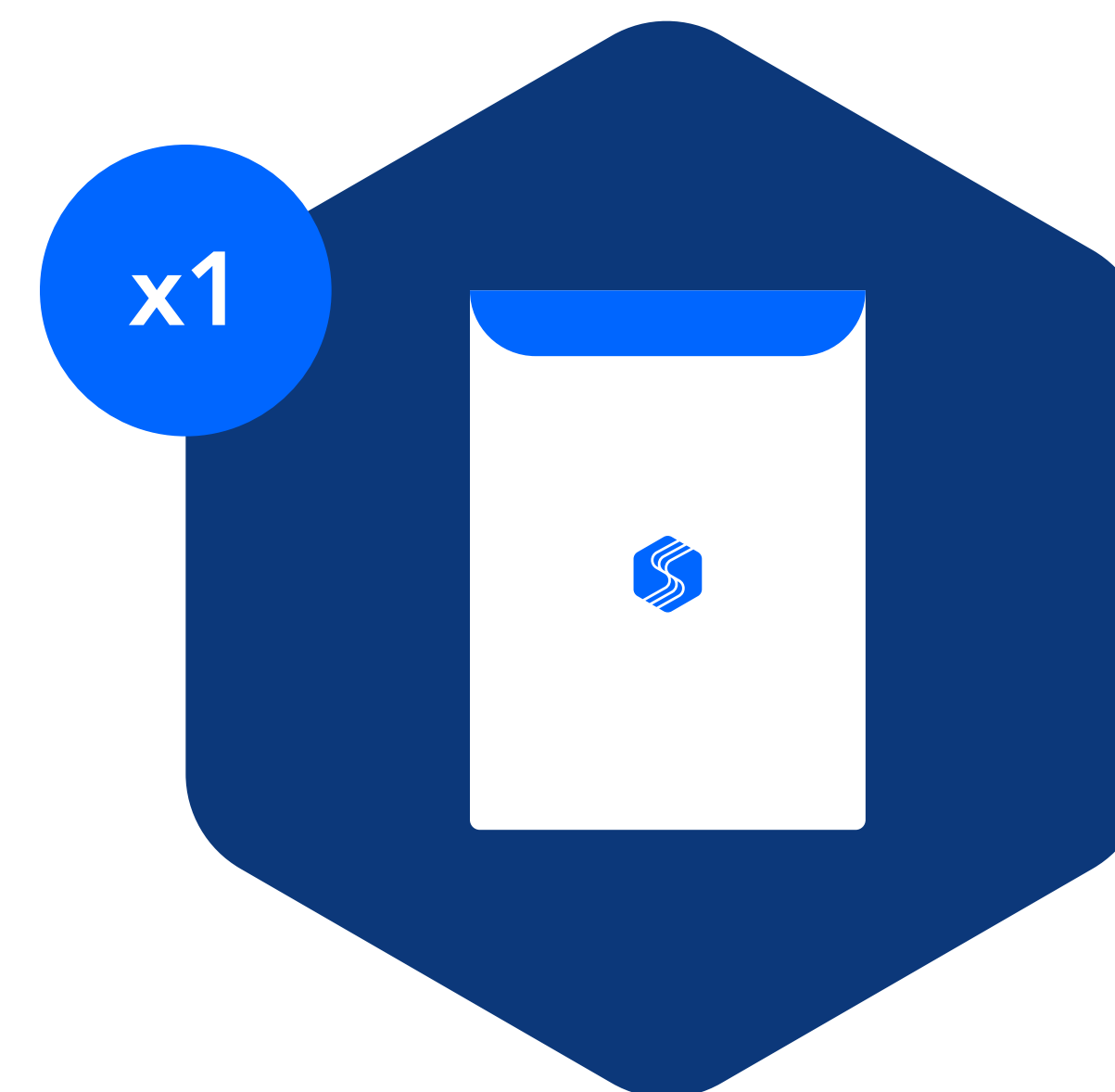
**Urine collection systems including:**

- One 60 mL urine cup (no preservative)
- One absorbent sheet
- One 4x6 zip close plastic bag

❄️ ❄️ ❄️  
**Upon Receipt: Place Ice Packs in freezer in a flat position**



**Ice packs that will need to be frozen prior to return shipment**



**Documentation pouch including:**

- Blank Test Requisition Forms
- Barcode Label Sheet
- Instructions

### Getting Started



#### Test Requisition Form

Fill out **all required fields** on the included paper Test Requisition form, and ensure it is signed by the Ordering Physician. **Missing information or signatures may cause a delay in test processing.**

For more information or additional support, reach out to miR Customer Service at:  
1-855-55-CALLMIR or 1-855-552-2556



#### Collecting Patient Specimen

Have the patient provide **at least 30 ml of voided urine** at least 1 hour since their most recent void – no Digital Rectal exam required beforehand. If a DRE was performed, please wait at least 72 hours to collect specimen. **Refrigerate urine within 2 hours of collection.**

Once the Patient has returned their collection cup, please write patient name and date of birth on one (1) supplied barcode label. Affix the barcode label to the urine collection cup, and the matching label to the patient's Test Requisition Form.



## Planning Your Shipment

Prepare the collection kit on the scheduled shipping day, and not before.

Ice Packs must remain frozen until the day of shipping.

Do NOT ship on a Friday or Saturday. Samples collected on a Friday may be refrigerated and shipped on Monday.

All samples must be shipped no later than 72 hours from original collection date and constantly stored at 4°C refrigeration.

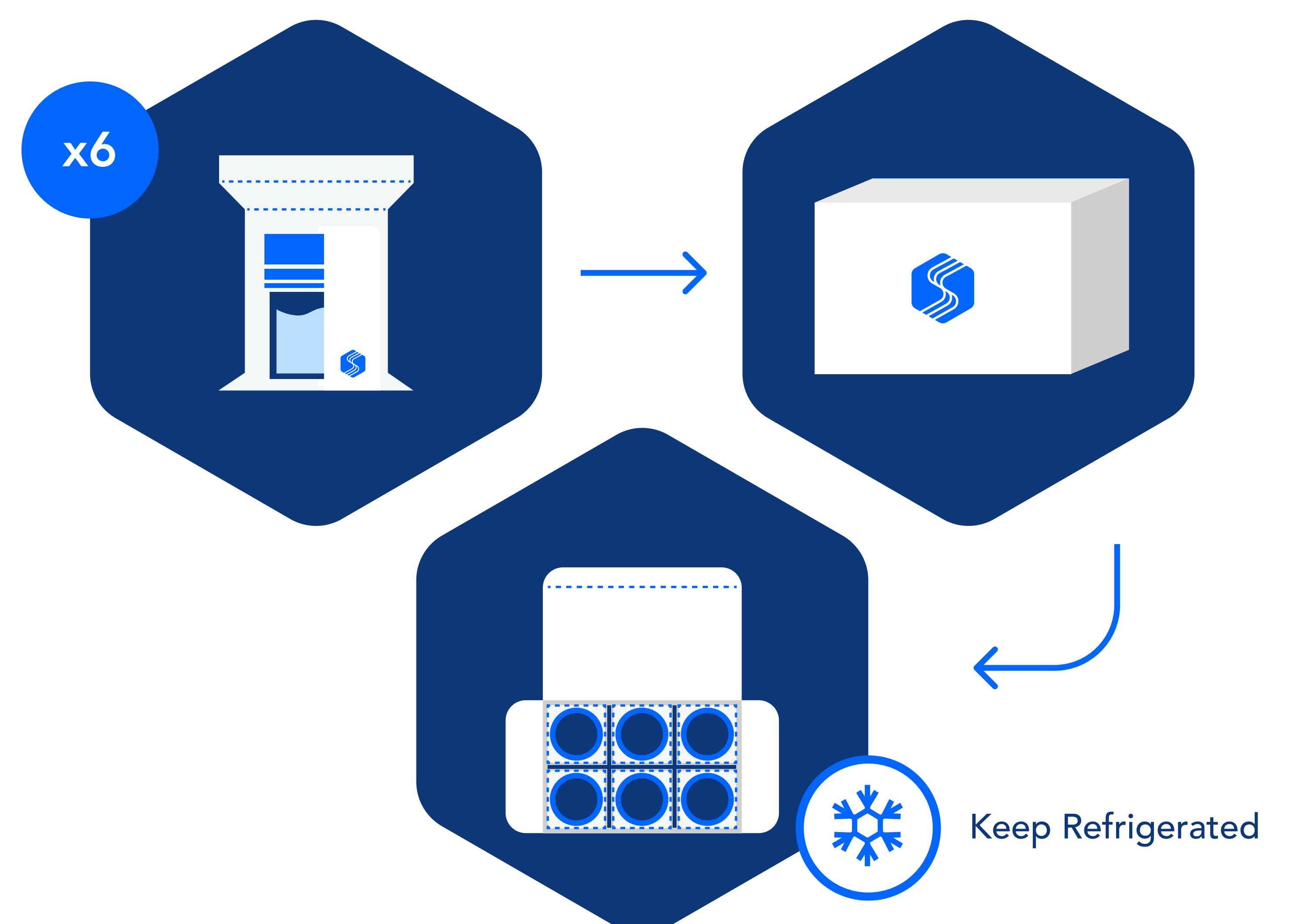
1. Identify the selected shipping carrier by looking at the pre-paid shipping label which is already affixed on the side of the Collection Kit.
2. Select your preferred method to provide the Collection Kit to the shipping carrier:
  - Call or visit the shipping carrier's website and schedule an on-call pickup.  
  
**UPS: USA: 1-844-487-7522 / Puerto Rico: 1-800-742-5877**  
**FedEx: USA / Puerto Rico: 800-463-3339**
  - If your address is residential (non-commercial), it is recommended to drop off the Collection Kit at one of the nearest drop-off locations. (Please visit the shipping carrier's website for the list of locations).
3. Provide the Shipping ID # shown on the pre-paid shipping label. The carrier will send a driver to your office to complete the pickup.

## Preparing for Shipment

Place the filled urine collection cup and the absorbent sheet back into the plastic bag, seal, and insert the sealed collection system into one of the slots of the sample collection box. If shipping fewer than six specimens, fill the slots located in the center of the box first.

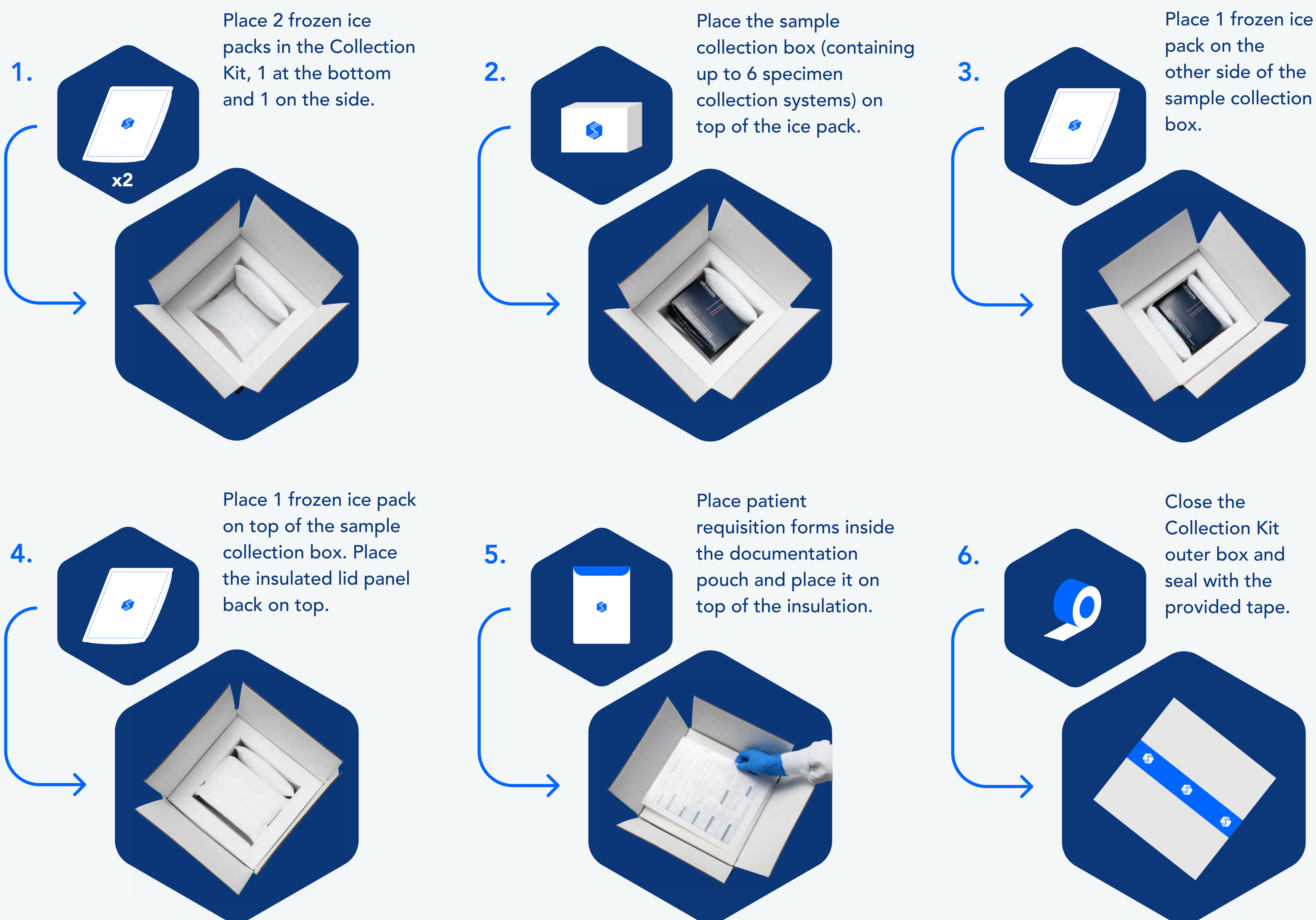
Place all completed patient Requisition Forms in the provided envelope.

**Keep the samples and inner sample collection box refrigerated until ready to ship. Ship to the lab within 72 hours of sample collection, even if this means sending an incomplete 6-pack back to the lab. Please do not pack the kit until shipping day.**





## Outer Box Packing



A  
**Breakthrough**  
is Here

