

Consent for Treatment

** If the patient is under the age of 18, these forms must be completed by a parent/guardian and all consents must be signed by a parent or guardian.

About Physical Therapy Treatment: The physical therapist or physical therapist assistant will use their hands or equipment to stimulate or move your muscles and joints and will ask you to assist in therapy by participating in exercises, both at the treatment facility and at home. During the evaluation, therapy, and exercises, you may feel some pain, pressure, and tenderness. In some cases, additional procedures may be recommended, such as hot/cold packs or electric muscle stimulation.

Possible Risks: As with any health care procedure, there are risks involved in undertaking physical therapy. The risks of physical therapy include bone fracture, muscle strain, ligament sprain, dislocation of joints, or injury to discs, nerves or spinal cord. Many patients notice stiffness or soreness during and after treatment. The additional procedures can produce skin irritation, burns or minor complications.

Risks of Remaining Untreated: “Doing nothing” or delaying treatment may prevent the soreness of starting physical therapy, but it also has risks. It is possible that scar tissue or adhesions can form, or that degenerative changes can occur. Your muscles can get weaker from lack of use, for example. These changes can further reduce your mobility, set off chronic pain cycles, and make future rehabilitation more difficult.

I have evaluated the risks and benefits of physical therapy, have freely decided to undergo the recommended treatment, and hereby give my full consent.

Patient Printed Name

Patient/Guardian Signature

Date

Physical Therapist's Name

Physical Therapist's Signature

Date

NAME: _____ DOB: _____

SEX: _____ PREFERRED PRONOUN(S): _____

STREET ADDRESS: _____

CITY: _____ ST: _____ ZIP: _____ EMAIL: _____

HOME PH#: _____ WORK PH#: _____ CELL PH#: _____

EMERGENCY CONTACT NAME: _____ PHONE: _____

HOW DID YOU HEAR OF OUR FACILITY? _____

EMPLOYER/ SCHOOL NAME: _____

OCCUPATION: _____

REFERRING MD: _____

PRIMARY CARE PHYSICIAN: _____

IS YOUR INJURY RELATED TO A MOTOR VEHICLE ACCIDENT OR EMPLOYMENT: Y or N

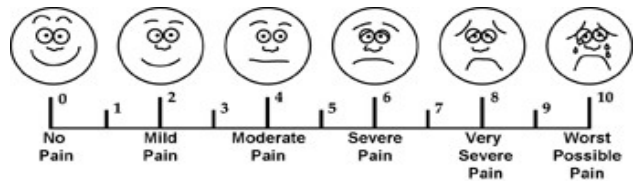
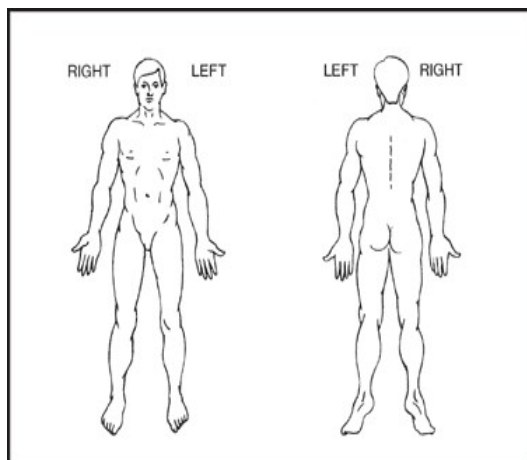
MVA OR WC INSURANCE COMPANY: _____

CLAIM NUMBER: _____ DATE OF INJURY: _____

ADJUSTOR'S NAME: _____ PH#: _____

ATTORNEY'S NAME: _____ PH#: _____

Please mark on the diagram below where you are experiencing any symptoms related to your injury:



Using a 0-10 scale to rate your pain, with 0 equaling no pain and 10 equaling the most pain imaginable, answer the following questions:

In the past 48 hours, how would you rate your pain at worst? _____ /10

In the past 48 hours, how would you rate your pain at best? _____ /10

MEDICAL & SOCIAL HISTORY INFORMATION

Please provide our physical therapists with as much personal medical information as possible. There is space provided at the bottom of this form for any additional information that you feel may be pertinent. Best estimates are fine if you cannot remember specific details. If you are uncomfortable with any question, do not answer it.

Prior History/Current Conditions: (Please check all that apply):

	High Blood Pressure (Hypertension)
	Osteoporosis
	Heart Attack/Heart Disease
	Pacemaker
	Lung/Respiratory Conditions (or Asthma)
	Diabetes: (Specify type): _____
	Pregnancy
	Gastric-Intestinal Problems
	Cancer: (Specify): _____

	Prior fractures: (Specify): _____
	Prior Neck and/or Back Condition
	Arthritis: (Specify): _____
	Allergies: (Specify type & reaction): _____
	Prior ligament sprain/strain: (Specify): _____
	HIV/AIDS
	Lupus
	Other: _____

Do you smoke? _____ Have you ever smoked? _____ # of yrs _____ Quit date: _____

At this time are you taking any medication? Y or N. If yes, please list below.

Do you exercise regularly? No _____ Yes _____

Any physician restrictions concerning exercise? Y or N? Please explain:

Please list below any conditions that may have required surgery in the past and the surgery dates.

Please check the following boxes if you are experiencing any of the following:

- | | | |
|---|--|---|
| <input type="checkbox"/> Unexplained weight loss | <input type="checkbox"/> Persistent pain at night | <input type="checkbox"/> Abdominal pain |
| <input type="checkbox"/> Unusual lumps/growths | <input type="checkbox"/> Unwarranted fatigue | <input type="checkbox"/> Shortness of breath |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Pain or heaviness in chest | <input type="checkbox"/> Frequent heart burn |
| <input type="checkbox"/> Constant/Severe pain in the calf | <input type="checkbox"/> Sudden weakness | <input type="checkbox"/> Bladder/bowel changes |
| <input type="checkbox"/> Fever or night sweats | <input type="checkbox"/> Frequent nausea or vomiting | <input type="checkbox"/> Recent Fall |
| <input type="checkbox"/> Severe headaches without cause | <input type="checkbox"/> Recent severe emotional disturbance | <input type="checkbox"/> Balance or coordination problems |
| <input type="checkbox"/> Faint Spells | <input type="checkbox"/> Pregnancy | |

MEDICAL & SOCIAL HISTORY INFORMATION (CONT.)

Besides the injury that you are here for, is there currently any other medical ailment or condition for which you require treatment?: Y or N? Explain below:

Please list below any other medical information you would like us to know:

CURRENT CONDITION INFORMATION

Briefly describe the current condition in which you are seeking care.

Most recent doctor visit? _____ Next doctor visit? _____ Surgery Date _____
(if applicable)

Have you had any diagnostic imaging for this condition? (e.g., X-ray, MRI, etc...) If yes, please describe any known results.

Have you had any previous treatment for this condition? Y or N? (check all that apply.)

☐ PT (Home/Outpatient) ☐ OT (Home/Outpatient) ☐ Massage ☐ Bracing ☐ Acupuncture ☐ Chiropractor

How would you describe any pain you are experiencing? (check all that apply.)

☐ Numb ☐ Tingling ☐ Dull ☐ Deep ☐ Superficial ☐ Constant ☐ Intermittent ☐ Occasional

What activities are you having difficulty with? (example: driving, walking, sitting, lifting, working)

What are your goals for Physical Therapy?

What makes the injury worse?

What makes the injury better?

FINANCIAL POLICIES AND CONSENTS

Please initial to the right of each policy below to acknowledge you have read and understand it. Then, sign and date at the bottom.

PATIENT FINANCIAL POLICY : It is the patient's responsibility to know what your health insurance company allows with regards to medical coverage and physical therapy benefits. If your insurance requires a referral for physical therapy, it is your responsibility to contact your primary care physician and ensure that a referral is processed prior to your first visit. All patient's co-pays are due at the time of service. If your insurance company does not pay the practice within a reasonable length of time, we will look to you for payment. If for any reason your insurance does not pay any portion of your bill, any balance due is your responsibility and payment is due upon receipt of a statement from our office.

It is the patient's responsibility to notify Beantown Physio, Inc. of any changes to insurance coverage or status prior to the changes taking effect. Many physical therapy services require prior-authorization and coverage cannot be backdated. It is the patient's responsibility to notify Beantown Physio, Inc., as well as the treating therapist, if an injury is related to a motor vehicle accident or employment.

I hereby authorize and direct my insurance carrier(s), including Medicare, private insurance and any other health/medical/workers compensation/motor vehicle insurance plan, to issue payment check(s) directly to Beantown Physio, Inc. for services rendered. I understand that I am responsible for any amount not covered by insurance. I hereby authorize Beantown Physio, Inc. to: (1) release any information necessary to insurance carriers regarding my illness and treatments; and (2) process insurance claims generated in the course of examination or treatment. This order will remain in effect until revoked by me in writing.

NOTICE OF CANCELLATION/ NO-SHOW POLICY: Our office reserves the right to assess a \$35.00 fee to patients who do not cancel their scheduled appointment with at least 24-hour notice prior to the appointment. One courtesy cancellation will be granted to each patient. In the event of a snow or ice storm, the fee will be waived. Please understand that our time with you is valuable; if you cannot keep an appointment we appreciate the notice ahead of time so that your time slot may be filled by another deserving patient.

Initial

HOME HEALTH/HOME PHYSICAL THERAPY WAIVER : It is the patient's responsibility to inform the office, as well as their therapist, if they are currently receiving home health care/home physical therapy. If you are not currently receiving home health care/home physical therapy, it is your responsibility to inform Beantown Physio if you begin receiving home health care/home physical therapy at any point during your treatment. If services are denied by your insurance carrier for the reason of having home health care/home physical therapy, you will be responsible for all outstanding bills.

Initial

PRIVACY PRACTICES ACKNOWLEDGEMENT: I have received the Notice of Privacy Practices and have been given an opportunity to review it.

Initial

TEACHING FACILITY ACKNOWLEDGEMENT: Beantown Physio, Inc. is proud to be a clinical teaching institution to students from many colleges and universities. If a qualified physical therapy student at any times assists with your treatment, a licensed physical therapist will always supervise and monitor your program.

Initial

Initial

I have read and understand the above referenced policies of Beantown Physio, Inc. and agree to be bound by their terms.

Signature: _____

Date: _____

NOTICE OF PRIVACY PRACTICES

We Care About Your Privacy

1. Our Pledge Regarding Medical Information

The privacy of your medical information is important to us. We understand that your medical information is personal and we are committed to protecting it. We create a record of the care and services you receive at our organization. We need this record to provide you with quality care and to comply with legal requirements. This notice will tell you about the ways we may use and share medical information about you. We also describe your rights and certain duties regarding the use and disclosure of medical information.

2. Our Legal Duty

Law Requires Us to:

1. Keep your medical information private.
2. Give you this notice describing our legal duties, privacy practices, and your rights regarding your medical information.
3. Follow the terms of the notice that is now in effect.

We Have the Right to:

1. Change our privacy practices and the terms of this notice at any time, provided that the changes are permitted by law.
2. Make the changes in our privacy practice and the new terms of our notice effective for all medical information that we keep, including information previously created or received before the changes.

Notice of Change to Privacy Practices:

1. Before we make important change in our privacy practices, we will change this notice and make the new notice available upon request.

3. Use and Disclosure of Your Medical Information

This is how we use and disclose medical information. Note: We will not use or disclose your medical information in any purpose not listed below, without your specific written authorization. Any specific written authorization you provide may be revoked at any time by writing to us.

For Treatment:

We may use medical information about you to provide you with medical treatment or services. We may disclose medical information about you to doctors, nurses, technicians, medical students, or the other people who are taking care of you. We may also share medical information about you to your new health care providers to assist them in treating you.

For Payment:

We may use and disclose your medical information for payment purposes. A bill may be sent to you or a third-party payer. The information on or accompanying the bill may include your medical information.

For Health Care Operations:

We may use and disclose your medical information for our health care operations. This might include measuring and improving quality, evaluating the performance of employees, conducting training programs, and getting the accreditation, certificates, licenses, and

credentials we need to serve you.

Additional Uses and Disclosures:

In addition to using and disclosing your medical information for treatment, payment, and health care operations, we may use and disclose medical information for the following purposes:

Facility Directory: Unless you notify us that you object, the following medical information about you will be placed in our facilities' directories: your name, your location in our facility; your condition described in general terms.

Notification: Medical information to notify or help notify: a family member, your personal representative; another person responsible for your care. We will share information about your location, general condition, or death. If you are present, we will get your permission if possible before we share, or give you the opportunity to refuse permission. In case of emergency, and if you are not able to give or refuse permission, we will share only the health information that is directly necessary for your health care, according to our professional judgment. We will also use our professional judgment to make decisions in your best interest about allowing someone to pick up medicine, medical supplies, x-ray, or medical information for you.

Disaster Relief: Medical information with a public or private organization or person who can legally assist in disaster relief efforts.

Research in Limited Conditions: We may use medical information for research purposes in limited circumstances where the research has been approved by a review board that has reviewed the research proposal and established protocols to ensure the privacy of medical information.

Funeral Director, Coroner, Medical Examiner:

We may share the medical information about a person who has died with a coroner, medical examiner, or funeral director to help them carry out their duties.

Specialized Government Functions: Subject to certain requirements, we may disclose or use health information for military personnel or veterans, for national security and intelligence activities, for protective services for the President and others, for medically suitability determinations for the Department of State, for correctional institutions and other law enforcement custodial situations, and for government programs providing public benefits.

Court Orders and Judicial and Administrative Proceedings: We may disclose medical information in response to a court or administrative order, subpoena, discovery request, or other lawful process, under certain circumstances. Under limited circumstances, such as a court order, warrant, or grand jury subpoena, we may share your medical information with law enforcement officials. We may share limited information with a law enforcement official concerning the medical information of a suspect, fugitive, material witness, crime victim or missing person. We may share the medical information of an inmate or other person in lawful custody with a law enforcement official or correctional institution under certain circumstances.

Public Health Activities: As required by law, we may disclose your medical information to public health or legal authorities charged with preventing or controlling disease, injury or disability, including child abuse or neglect. We may also disclose your medical information to persons subject to jurisdiction of the Food and Drug Administration for purposes of reporting adverse events associated with product defects or problems to enable product recalls, repairs or replacements, to track products, or to conduct activities required by the Food and Drug Administration. We may also, when we are authorized by law to do so, notify a person who may have been exposed to a communicable disease or otherwise be at risk of contracting or spreading a disease or condition.

Victims of Abuse, Neglect, or Domestic Violence: We may use and disclose medical information to appropriate authorities if we reasonably believe that you are a possible victim of abuse, neglect, or domestic violence or the possible victim of other crimes. We may share your medical information if it is necessary to prevent a serious threat to your health or safety of others. We may share medical information when necessary to help law enforcement officials capture a person who has admitted to being part of a crime or has escaped from legal custody.

Workers Compensation: We may disclose medical information when authorized and necessary to comply with laws relating to workers compensation or other similar programs.

Health Oversight Activities: We may disclose medical information to an agency providing health oversight for oversight activities authorized by law, including audits, civil, administrative, or criminal investigations or proceedings, inspections, licensure or disciplinary actions, or other similar programs.

4. Your Individual Rights

You Have a Right to:

1. Look at or get copies of your medical information. You may request that we provide copies in a format other than photocopies. We will use the format your request unless it is not practical for us to do so. You must make your request in writing. You may ask the receptionist for the form needed to request access. There may be charges for copying and for postage if you want the copies mailed to you. Ask the receptionist about our fee structure
2. Receive a list of all the times we or our business associates shared your medical information for purposes other than treatment, payment, and health care operations, and other special exceptions.
3. Request that we place additional restrictions on our use or disclose

of our medical information. We are not required to agree to these additional restrictions, but if we do, we will abide by our agreement (except in the case of an emergency).

4. Request that we communicate with you about your medical information by different means or to different locations. Your request that we communicate your medical information to you by different means or at different locations must be made in writing to our Privacy Officer.

5. Request that we change your medical information. We may deny your request if we did not create the information that you want changed or for certain other reasons. If we deny your request, we will provide you with a written explanation. You may respond with a statement of disagreement that will be added to the information you wanted changed. If we accept your request to change the information, we will make reasonable efforts to tell others, including people you name, of the change and to include the changes in any future sharing of the information.

6. If you wish to receive a paper copy of this privacy notice, then you have the right to obtain a paper copy by making a request in writing to our Privacy Officer.

Questions and Complaints

If you have any questions about this notice, please ask the receptionist for help or ask to speak to our office manager.

If you think that we may have violated your privacy rights, contact the person named above. You may also submit a written complaint to the U.S. Department of Health and Human Services. We will provide you with the address to file your complaint with the U.S. Department of Health and Human Services. We will not retaliate in any way if you choose to file a complaint.

* These privacy practices are currently in effect and will remain in effect until further notice.