



ENTRUSTED *with a* CHILD'S HEART

TROOPERS

Overview

LESSON 1

Our Foundation: Faith in Jesus

MEMORY VERSE

Psalm 127:1

"Unless the LORD builds the house, they labor in vain who build it.
Unless the LORD guards the city the watchman keeps awake in vain."

THEME OF THE DAY

- 1) A strong foundation is the most important part of a house.
- 2) The foundation is the first thing you build in a house.
- 3) Jesus is our true and strong foundation.
- 4) House = Family according to Psalm 127:1

BIBLE HISTORY

Build Your Life on Jesus / Luke 6:47-49

The house built on the sand. The house built on the rock.



TROOPERS BIBLE ADVENTURE PASSPORT STAMP

Jesus is our true and strong foundation.

Psalm 127:1

"Unless the LORD builds the house, they labor in vain who build it.
Unless the LORD guards the city the watchman keeps awake in vain."

PRE-CLASS PREP

Read carefully through all activities/crafts for necessary pre-class prep.

1) Print:

- "Unless the Lord Builds the House" and "Building Our Foundation" coloring pages for every child
- Weekly take-home sheets for every child for every child

2) Activities:

- Opening Option 1 - Blocks, Legos®, or Lincoln Logs® (see page 2)
- Opening Option 2 - Have dry erase board and markers ready for "House on the Rock demonstration (see page 2)
- Opening Option 3 - Plastic tub, flat rock, sand, pitcher of water for "House on the Rock" live demonstration (see page 2)

3) Craft: "House on the Rock" (see page 7)

- Construction paper
- Crayons
- Glue, scissors
- Print out "House on the Rock" craft template for every child.

4) Snacks

5) Research videos, pictures, and/or other appropriate resources to include in the lesson presentation.



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LESSON 1

Our Foundation: Faith in Jesus

TEXT **Bold:** Teacher/Leader speaking to children

COLOR **Blue:** Infants / under 2 **Black:** All ages

TIME	MINUTES	STAFF
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	10	<i>MORNING OF LEADERS' PREP TIME</i>
TIME		Gather as leaders and pray for the morning and each child.
LEADER		<p><i>THEME OF THE DAY</i></p> <ol style="list-style-type: none"> 1) A strong foundation is the most important part of a house. 2) The foundation is the first thing you build in a house. 3) Our life foundation is Jesus. 4) House = Family according to Psalm 127:1

	10	<i>CHECK IN TIME</i>	<i>CHILDREN FREE PLAY</i>
TIME		<ol style="list-style-type: none"> 1) Have "Unless the Lord Builds the House" and "Building Our Foundation" coloring pages available 	Hand out coloring pages to the children.
LEADER		<ol style="list-style-type: none"> 2) Sign-in sheet, pens, name tags 3) Diaper bags 4) Special instructions 5) Toys for free play 	

	15	<i>MEET AND GREET</i>
TIME		<p>Did you know there is a polite way to make a new friend? There is! It is easy to meet someone new! I will show you how. Walk up to a someone in the class and say "Hello! My name is _____. What is your name? Hello _____, it is nice to meet you!" Now you try it.</p> <p>Call on each child and have them walk up to another child and introduce themselves. If they are shy, walk with them.</p>
LEADER		<p><i>CLASS RULES</i></p> <ol style="list-style-type: none"> 1) Don't talk when the teacher is talking. 2) Listen and obey. 3) Sit quietly, hands in lap. 4) Be kind. 5) Do your best work. <p><i>PRAYER</i> (Gather the children together and open with a prayer.)</p>

15

OPENING ACTIVITY TIME

TIME

House on the Rock

Help children build a house from blocks.

LEADER

Option 1: Have everyone build a house with blocks or Legos® and give each child a compliment about their house.

Option 2: "House on the Rock" dry erase board demonstration

The Wise and Foolish Builders

Before



After



As seen in the picture above, draw a house on a rock and a house on the sand on a dry erase board, making sure to leave some space between them. Use a spray bottle to spray only the house on the sand to simulate how easily it is destroyed.

Option 3: "House on the Rock" live demonstration



Step 1

Place flat rock in tub and surround it with sand.



Step 2

Build two houses, one on the rock and one on the sand.



Step 3

Pour a pitcher of water in the sand until the house on the sand collapses.

Definitely practice this before class so that you will know the correct amounts to use.

15

SCRIPTURE MEMORY/MUSIC TIME

TIME

Review points about the Bible from last week:

LEADER

- God’s book
- Always true
- We need to listen and obey what God says in His book.

Let’s learn a Bible verse! We will be saying this verse together for the next several weeks, so let’s start learning it today! You can practice at home with your mom and dad too. Ready?

Psalm 127:1

“Unless the LORD builds the house, they labor in vain who build it. Unless the LORD guards the city the watchman keeps awake in vain.”

What does this verse mean? It means that unless we allow the Lord (which is another name for God), to be in charge of our families and homes, things might not go very well.

We have a song for that verse so let’s listen to it and learn it. Then I will play it again and we can all sing along!

Play Track 1 on the Scripture Memory CD.

15

MOVEMENT / GAME TIME

TIME

Building Houses

LEADER

Take infants on a ride on the buggy
1 year old class – playground or buggy
Point out parts of the building as you travel (floor, ceiling, walls, etc.)

Now we are going to pretend to build houses by doing things that real carpenters do when they build houses!

- 1) Saw the wood to build your house with your right hand, back and forth, back and forth, 10 times!** *(Repeat with the left hand.)*
- 2) Pick up a load of lumber and swing it to the right, to the right, 10 times!** *(Repeat by swinging to the left.)*
- 3) Climb up the ladder to the second floor! Up, up, up! Now go down, down, down! Climb up the ladder up, up, up!**

Building a house is very hard work, isn’t it?

First, you have to plan what you want it to look like and how many rooms you would like in your house. Second, you have to decide where to build it and what kind of foundation it will have.

Does anyone know what a foundation is? It is the base or lowest level of the house, it is what your house sits on, what everything is built on top of. The foundation of a house is the first thing that is built and is the most important part of the house. If the foundation is strong, the whole house will be strong. If the foundation is weak, the whole house will be weak. Most of the foundations of our houses are built out of concrete,

which is very hard rock that is very strong. Why do we need our houses to be strong? The wind and rain and lightning and hail and sun can damage our homes that we worked so hard to build! So we have to make sure the foundation is very, very strong.

15

SNACK TIME

TIME

Wash the table just before snack time even though you washed it before class. Set a napkin at each child's place - don't set food directly on the table.

LEADER

Be alert to allergies. Never serve anything that could be a potential problem for any child in the building. Each week have a different child pray for snack time to help the kids learn to pray sincerely.

15

BIBLE HISTORY TIME

TIME

Build Your Life on Jesus - Luke 6:47-49

LEADER

Have your Bible/Children's Bible open to the Bible passage so the children see that what they're learning comes from the Bible and is true.

Did you know that our lives need to have a foundation, too? Just like your home and your life need to be built on a strong foundation. Who knows what that strong foundation is? Jesus! He is our strong foundation. Our families and our work and our friendships need to be built on our love for the one true living God, Jesus Christ. The Bible tells us that Jesus is our one true foundation. Let's read it together! This Bible passage talks about a flood, so what I need from you is when you hear the word "flood," you make a "flood" sound. (Give an example of a flood sound.)

Let's pray before we read the Word of God.

These are words that Jesus Himself said to people who were with Him at the time!

Luke 6:47-49

"Everyone who comes to Me and hears My words and acts on them, I will show you whom he is like: he is like a man building a house, who dug deep and laid a foundation on the rock; and when a flood occurred, the torrent burst against that house and could not shake it, because it had been well built. But the one who has heard and has not acted accordingly, is like a man who built a house on the ground without any foundation; and the torrent burst against it and immediately it collapsed, and the ruin of that house was great."

(Explain foundation, torrent, collapsed. Ask key questions. Sample answers are provided below each question.)

To be wise Jesus tells us to do two things:

HEAR His words (The Bible!) and DO His words!

- **How do we HEAR His words?**

(We listen to what the Bible says, and ask older people to read the Bible to us. When we get old enough, we read the Bible ourselves.)

- **How do we DO His words?**

(We obey Him and what the Bible says to do!)

- **Why do we OBEY God?**

(Because God loves us and what He tells us to do is always the RIGHT thing to do! We do what He says because we love God and TRUST Him!)

Just like the flood can crash against a house, our lives can be blown and crashed around! We all have problems, don't we? People get sick, or we have a lot of work to do, or someone gets angry at us - these are all like winds and waves in our lives! If we have Jesus, our strong foundation, we can be strong and do the right things even when life gets hard! But if we don't build our life on Jesus the Rock, we will get tossed and crashed around. We won't know what to do. Then we may do the wrong things and our lives might fall apart just like the house!

- **How do we build our lives with Jesus as our true and strong foundation?**

(By having faith in Jesus! We know we are sinners - we all do bad things sometimes! When we sin or do bad things it separates us from God, so we need God to help us. Jesus saves us from our sins and when we believe that He died for us we are not separated from Him anymore. If we believe that He is God and died for us, we can live in heaven with Him forever!

We need to love and obey Him every day.

We need to read His Word so we will know Him more and more.

We need to talk to Him a lot. That is called prayer.

If we do these things, our lives will be built on the strongest foundation in the world.)

Song Time Option:

"The Wise Man Built His House Upon the Rock" (with motions)

The wise man built his house upon the rock,
The wise man built his house upon the rock,
The wise man built his house upon the rock,
And the rain came tumbling down.

Oh, the rains came down
And the floods came up,
The rains came down
And the floods came up,
The rains came down
And the floods came up,
And the wise man's house stood firm.

(Continued next page)

The foolish man built his house upon the sand,
 The foolish man built his house upon the sand,
 The foolish man built his house upon the sand,
 And the rain came tumbling down.

Oh, the rains came down
 And the floods came up,
 The rains came down
 And the floods came up,
 The rains came down
 And the floods came up,
 And the foolish man's house went "splat!" [clap hands once]

So, build your house on the Lord Jesus Christ,
 Build your house on the Lord Jesus Christ,
 Build your house on the Lord Jesus Christ,
 And the blessings will come down.

Oh, the blessings will come down
 As your prayers go up,
 The blessings will come down
 As your prayers go up,
 The blessings will come down
 As your prayers go up,
 So build your house on the Lord!

TIME

10

*TROOPERS BIBLE ADVENTURE
 PASSPORT STAMP*

Jesus is our true and strong foundation.

LEADER

Today we learned that foundations are important. A house needs to have a strong foundation so it can keep standing. The foundation of a house is very important. And when it comes to us and how we live, Jesus is very important! Jesus is our true and strong foundation. Everything in our lives should be built on our love for Jesus.



Today, our Trooper's Bible Adventure Passport Stamp is a house. This stamp can remind you that Jesus needs to be your foundation. When sad or scary things happen, Jesus is always with you. When happy and fun things happen, Jesus is always with you. He is the one you can talk to anytime! It's important that you make Jesus your foundation because no matter what happens around you, you can know that He is with you.

Allow each child to come forward one at a time to recite the Passport Stamp phrase and place the stamp in his/her passport. After the stamp is placed, the child should give you his/her passport for safe keeping. After each child has come forward and you have all the passports, review the Passport Stamp phrases and stamps from all previous weeks using one of the passports.

15

CRAFT TIME

TIME

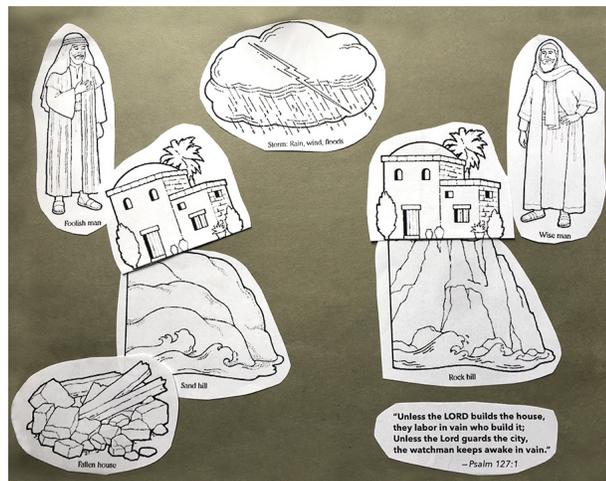
House on the Rock

LEADER

Infant class may replace craft with buggy ride / extra music time.
 "Building Our Foundation" coloring page for the under 2 class.

- See Overview page for materials needed for "House on the Rock" craft.
 - 1) Have children color the "House on the Rock" craft template (included with this lesson). Then help them cut out the houses, storm, foundations, wise and foolish men, etc.
 - 2) Help children glue all the "House on the Rock" craft pieces in the appropriate spot on the construction paper.

Continue to remind the children that Jesus is the Rock of our lives.



Finished
craft

15

CLOSING ACTIVITY TIME

TIME

House built on a rock demonstration (under 2)

LEADER

Have a child build a tower with blocks. After 5 blocks, have a different child try to blow it down (act like a storm). After 6 blocks, have a different child blow at the top of the tower to try to blow it down. Have the children continue building and blowing it until the tower falls down. Talk about how much easier it is to blow down a tall tower. Keep playing the game until all kids have been picked up.

15

CLEAN UP / PICK UP TIME

TIME

Have children help clean up any garbage and organize toys while they wait for their moms.

LEADER

Remember to pass out the weekly take-home sheet and the child's craft (if applicable).

Unless the Lord Builds the House



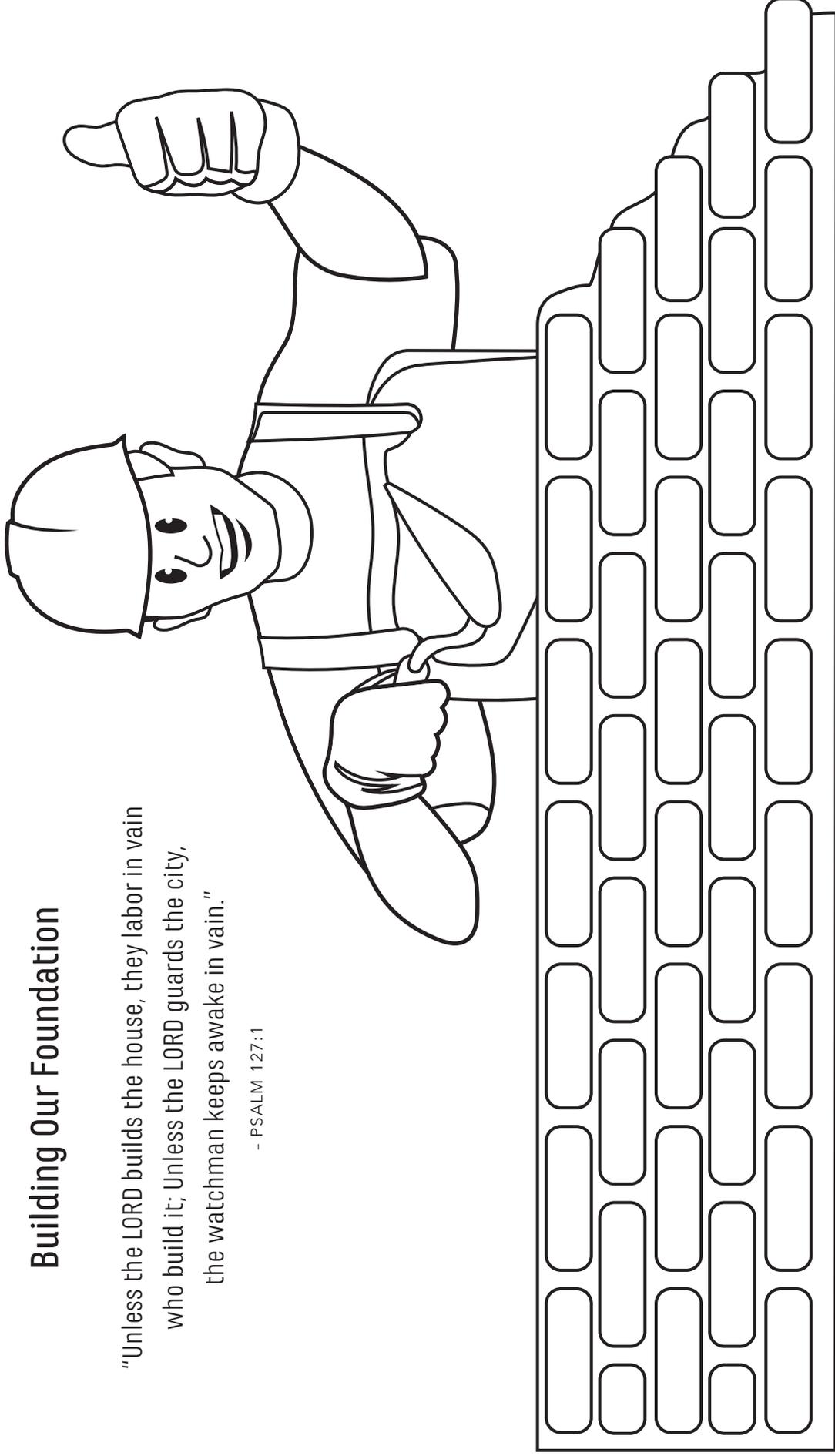
“Unless the LORD builds the house, they labor in vain who build it;
Unless the LORD guards the city, the watchman keeps awake in vain.”

- PSALM 127:1

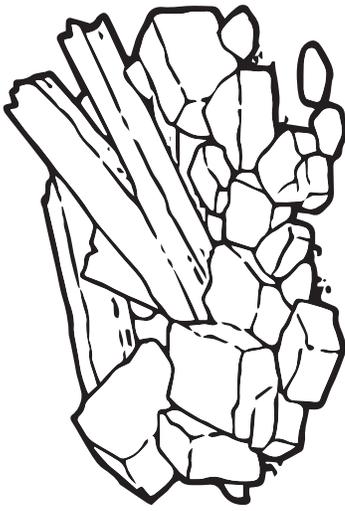
Building Our Foundation

“Unless the LORD builds the house, they labor in vain
who build it; Unless the LORD guards the city,
the watchman keeps awake in vain.”

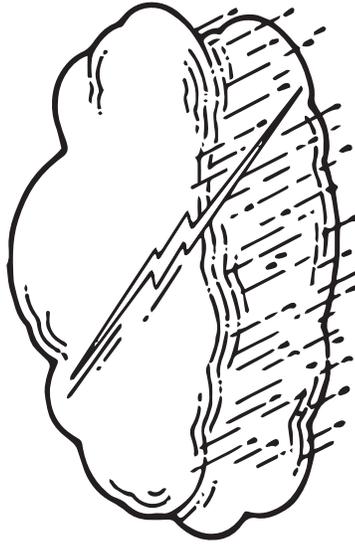
- PSALM 127:1



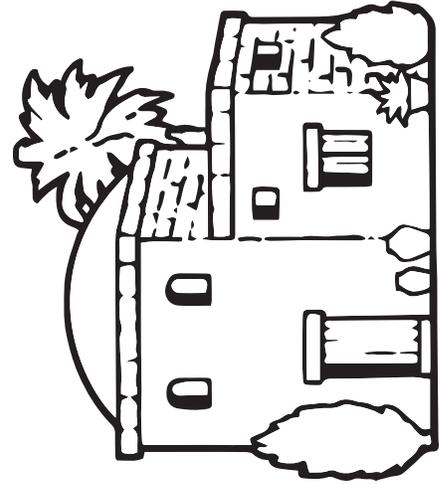
House on the Rock Craft Template



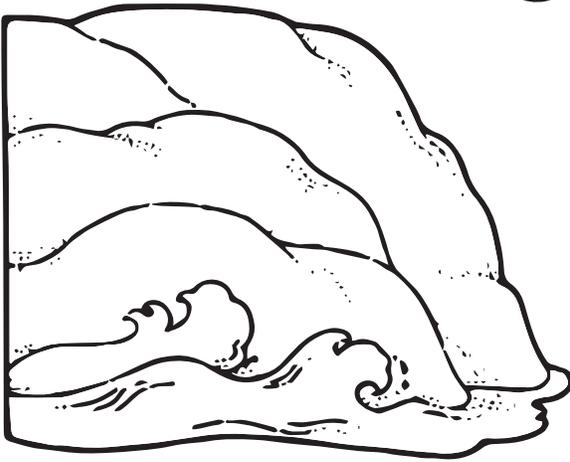
Fallen House



Storm: Rain, Wind, Floods



House



Sand Hill

“Unless the LORD builds the house,
they labor in vain who build it;
Unless the LORD guards the city,
the watchman keeps awake in vain.”

– Psalm 127:1



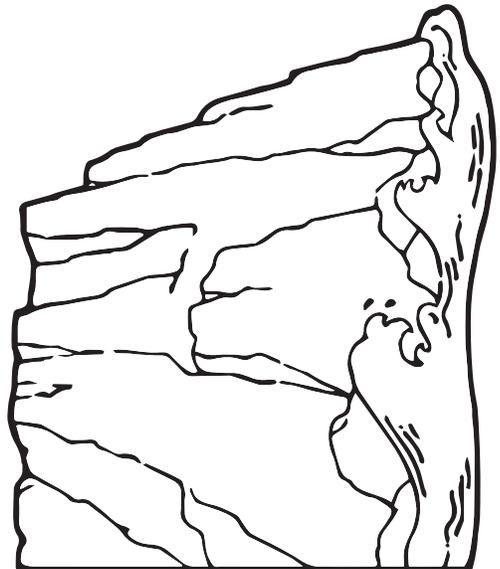
House



Foolish Man



Wise Man



Rock Hill



ENTRUSTED *with a* CHILD'S HEART

TROOPERS

Take-home Sheet

LESSON 1

Our Foundation: Faith in Jesus

MEMORY VERSE

Psalm 127:1

"Unless the LORD builds the house, they labor in vain who build it; Unless the LORD guards the city, the watchman keeps awake in vain."

REMINDERS

Childcare drop off starts at

Childcare pick up is promptly at

Thank you for letting us care for and love your child!

IN CLASS *today...*



We learned about the foundation of a house:

- 1) A strong foundation is the most important part of a house.
- 2) The foundation is the first thing you build in a house.
- 3) Jesus is our true and strong foundation.
- 4) House = Family according to Psalm 127:1

AT HOME *this week...*

- 1) Build a house with your child(ren) using simple blocks or Legos® and have them build the foundation first.
- 2) Have your child(ren) draw pictures of your house and draw arrows to show the foundation.
- 3) Play the Entrusted Scripture Memory CD and memorize Psalm 127:1 as a family at home and in the car.
- 4) Talk through the craft with your child and have them explain the difference between the two houses.
- 5) Have your child explain their Trooper Bible Adventure Passport Stamp to you - Jesus is our true and strong foundation.